



# SKRWILNO - RAJD NORDIC WALKING - 2.5 KM

B4SPORT

**Wydarzenie:** SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING  
**Organizator:** PFNW  
**Data:** 2017-07-30  
**Miejsce:** Okonek  
**Dystans:** 2.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 2.5km	Różn	Tempo min/km	Tempo km/h
1	SZPILMAN Janusz	326	FACE NORDIC WALKING TEAM					00:20:19.10		8:07	7.4 (100%)
2	KLONOWSKI Bartłomiej	74	UKS SKRWILNO					00:20:29.10	+00:00:10 (0.8%)	8:11	7.3 (98.6%)
3	KOLCZYŃSKI Jan	78	UKS SKRWILNO					00:20:35.80	+00:00:16 (1.4%)	8:14	7.3 (98.6%)
4	BUKOWSKI Dominik	17	UKS SKRWILNO					00:20:55.10	+00:00:36 (2.9%)	8:22	7.2 (97.3%)
5	KAŹMIERCZAK Sylwia	68	UKS SKRWILNO					00:20:56.80	+00:00:37 (3.0%)	8:22	7.2 (97.3%)
6	KLONOWSKI Hubert	73	UKS SKRWILNO					00:20:57.65	+00:00:38 (3.1%)	8:23	7.2 (97.3%)
7	NARODZONEK Weronika	121	UKS SKRWILNO					00:21:02.15	+00:00:43 (3.4%)	8:24	7.1 (95.9%)
8	NARODZONEK Sebastian	120	UKS SKRWILNO					00:21:08.75	+00:00:49 (3.9%)	8:27	7.1 (95.9%)
9	RYBINKOWSKA Karina	214						00:21:10.65	+00:00:51 (4.1%)	8:28	7.1 (95.9%)
10	GRACZYK Szymon	49	UKS SKRWILNO					00:21:39.70	+00:01:20 (6.2%)	8:40	6.9 (93.2%)
11	CICHOREK Mateusz	29	UKS SKRWILNO					00:21:47.85	+00:01:28 (6.8%)	8:43	6.9 (93.2%)
12	CELEBUCKI Michał	19	UKS SKRWILNO					00:21:50.60	+00:01:31 (7.0%)	8:44	6.9 (93.2%)
13	GĘBSKA Barbara	291	MOSIR RYPIN					00:21:57.05	+00:01:37 (7.4%)	8:46	6.8 (91.9%)
14	SZCZEPAŃSKI Paweł	166	UKS SKRWILNO					00:22:27.20	+00:02:08 (9.5%)	8:58	6.7 (90.5%)
15	MICHAŁSKI Przemysław	114	UKS SKRWILNO					00:22:51.85	+00:02:32 (11.1%)	9:08	6.6 (89.2%)
16	KOSOBUDZKI Tymoteusz	82	UKS SKRWILNO					00:23:23.85	+00:03:04 (13.2%)	9:21	6.4 (86.5%)
17	POCZWARDOWSKI Damian	138	UKS SKRWILNO					00:23:24.65	+00:03:05 (13.2%)	9:22	6.4 (86.5%)
18	WIŚNIEWSKA Janina	329	MOSIR RYPIN				TAK	00:24:20.95	+00:04:01 (16.6%)	9:44	6.2 (83.8%)
19	NOWALIŃSKA Maria	338	FNWT					00:24:23.95	+00:04:04 (16.7%)	9:45	6.1 (82.4%)
20	KOZŁOWSKA Agnieszka	334	DYNAMIC					00:24:25.00	+00:04:05 (16.8%)	9:46	6.1 (82.4%)
21	SADOWSKI Jakub	151	UKS SKRWILNO					00:24:31.80	+00:04:12 (17.2%)	9:48	6.1 (82.4%)
22	KOWALCZYK Tomasz	342						00:24:32.85	+00:04:13 (17.2%)	9:49	6.1 (82.4%)
23	MICHAŁSKA Jagoda	113	UKS SKRWILNO					00:24:48.85	+00:04:29 (18.1%)	9:55	6 (81.1%)
24	ŁASZEWSKA Marianna	336						00:25:02.85	+00:04:43 (18.9%)	10:01	6 (81.1%)
25	KARPIŃSKA Maryla	298	MOSIR RYPIN					00:25:23.25	+00:05:04 (20.0%)	10:09	5.9 (79.7%)
26	ORZECHOWSKA Adela	314	MOSIR RYPIN					00:26:11.70	+00:05:52 (22.4%)	10:28	5.7 (77.0%)
27	POCZTARSKA Daniela	317	MOSIR RYPIN					00:26:14.45	+00:05:55 (22.6%)	10:30	5.7 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 2.5km	Różn	Tempo min/km	Tempo km/h
28	<b>BUJNOWSKA Krystyna</b>	<b>286</b>	MOSIR RYPIN					<b>00:26:48.30</b>	+00:06:29 (24.2%)	10:43	5.6 (75.7%)
29	<b>LIPKA Zdzisława</b>	<b>304</b>	MOSIR RYPIN					<b>00:27:48.40</b>	+00:07:29 (26.9%)	11:07	5.4 (73.0%)
30	<b>KOLASIŃSKA Wiktoria</b>	<b>76</b>	UKS SKRWILNO					<b>00:27:51.00</b>	+00:07:31 (27.0%)	11:08	5.4 (73.0%)
31	<b>GRACZYK Tomasz</b>	<b>52</b>	UKS SKRWILNO					<b>00:28:00.10</b>	+00:07:41 (27.4%)	11:12	5.4 (73.0%)
32	<b>KĄŁAMAJSKA Barbara</b>	<b>349</b>	PATYCZAKI GRUDZIĄDZ					<b>00:28:11.50</b>	+00:07:52 (27.9%)	11:16	5.3 (71.6%)
33	<b>BUCHALSKA Barbara</b>	<b>283</b>	MOSIR RYPIN					<b>00:28:12.85</b>	+00:07:53 (28.0%)	11:17	5.3 (71.6%)
34	<b>JASIULEWICZ Sebastian</b>	<b>337</b>						<b>00:28:34.00</b>	+00:08:14 (28.9%)	11:25	5.3 (71.6%)
35	<b>ZALEWSKA Zofia</b>	<b>332</b>	MOSIR RYPIN					<b>00:28:50.15</b>	+00:08:31 (29.5%)	11:32	5.2 (70.3%)
36	<b>KUŹMIŃSKA Zofia</b>	<b>301</b>	MOSIR RYPIN					<b>00:29:04.75</b>	+00:08:45 (30.1%)	11:38	5.2 (70.3%)
37	<b>OLENDER Irena</b>	<b>313</b>	MOSIR RYPIN					<b>00:29:15.55</b>	+00:08:56 (30.6%)	11:42	5.1 (68.9%)
38	<b>ROSPIRSKA Wiesława</b>	<b>318</b>	MOSIR RYPIN					<b>00:29:24.60</b>	+00:09:05 (30.9%)	11:46	5.1 (68.9%)
39	<b>SOSNOWSKA Ryszarda</b>	<b>323</b>	MOSIR RYPIN					<b>00:29:49.15</b>	+00:09:30 (31.9%)	11:55	5 (67.6%)
40	<b>ARSZYŃSKA Genowefa</b>	<b>350</b>	MOSIR RYPIN					<b>00:30:16.55</b>	+00:09:57 (32.9%)	12:06	5 (67.6%)
41	<b>MIKOŁAJUN Krystyna</b>	<b>311</b>	MOSIR RYPIN					<b>00:30:17.40</b>	+00:09:58 (32.9%)	12:06	5 (67.6%)
42	<b>KALISZEWSKA Elżbieta</b>	<b>297</b>	MOSIR RYPIN					<b>00:30:42.55</b>	+00:10:23 (33.8%)	12:17	4.9 (66.2%)
43	<b>LEWANDOWSKI Mieczysław</b>	<b>303</b>	MOSIR RYPIN					<b>00:31:03.15</b>	+00:10:44 (34.6%)	12:25	4.8 (64.9%)
44	<b>CIUCHTA Maria</b>	<b>287</b>	MOSIR RYPIN					<b>00:31:09.45</b>	+00:10:50 (34.8%)	12:28	4.8 (64.9%)
45	<b>MIŁOSZEWSKA Stanisława</b>	<b>312</b>	MOSIR RYPIN					<b>00:31:09.65</b>	+00:10:50 (34.8%)	12:28	4.8 (64.9%)
46	<b>DOMAGALSKA Zofia</b>	<b>289</b>	MOSIR RYPIN					<b>00:31:19.65</b>	+00:11:00 (35.1%)	12:32	4.8 (64.9%)
47	<b>KAŚLEWICZ Irena</b>	<b>299</b>	MOSIR RYPIN					<b>00:31:21.15</b>	+00:11:02 (35.2%)	12:32	4.8 (64.9%)
48	<b>SIEKLIĆKA Teresa</b>	<b>320</b>	MOSIR RYPIN					<b>00:32:24.60</b>	+00:12:05 (37.3%)	12:58	4.6 (62.2%)
49	<b>ZALEWSKI Kazimierz</b>	<b>333</b>	MOSIR RYPIN					<b>00:32:28.40</b>	+00:12:09 (37.4%)	12:59	4.6 (62.2%)
50	<b>HAŃCZYK Irena</b>	<b>296</b>	MOSIR RYPIN					<b>00:32:47.20</b>	+00:12:28 (38.0%)	13:06	4.6 (62.2%)
51	<b>BOROWSKA Jadwiga</b>	<b>282</b>	MOSIR RYPIN					<b>00:32:52.85</b>	+00:12:33 (38.2%)	13:09	4.6 (62.2%)
52	<b>BUDZANOWSKA Elżbieta</b>	<b>284</b>	MOSIR RYPIN					<b>00:33:09.40</b>	+00:12:50 (38.7%)	13:15	4.5 (60.8%)
53	<b>PŁOSZYŃSKI Marian</b>	<b>316</b>	MOSIR RYPIN					<b>00:33:11.20</b>	+00:12:52 (38.8%)	13:16	4.5 (60.8%)
54	<b>PŁOSZYŃSKA Renata</b>	<b>315</b>	MOSIR RYPIN					<b>00:33:12.20</b>	+00:12:53 (38.8%)	13:17	4.5 (60.8%)
55	<b>TOBOŁA Mirosława</b>	<b>327</b>	MOSIR RYPIN					<b>00:33:17.20</b>	+00:12:58 (39.0%)	13:18	4.5 (60.8%)
56	<b>LEWANDOWSKA Halina</b>	<b>335</b>						<b>00:33:42.50</b>	+00:13:23 (39.7%)	13:28	4.5 (60.8%)
57	<b>MATUSZAK Alfreda</b>	<b>309</b>	MOSIR RYPIN					<b>00:33:47.35</b>	+00:13:28 (39.9%)	13:31	4.4 (59.5%)
58	<b>MICHALSKA Teresa</b>	<b>310</b>	MOSIR RYPIN					<b>00:34:25.10</b>	+00:14:06 (41.0%)	13:46	4.4 (59.5%)
59	<b>DĄBKOWSKA Urszula</b>	<b>288</b>	MOSIR RYPIN					<b>00:34:34.20</b>	+00:14:15 (41.2%)	13:49	4.3 (58.1%)
60	<b>MATUSZAK Ryszard</b>	<b>308</b>	MOSIR RYPIN					<b>00:34:54.90</b>	+00:14:35 (41.8%)	13:58	4.3 (58.1%)
61	<b>BORZESZKOWSKA Małgorzata</b>	<b>220</b>	PFNW					<b>00:37:08.85</b>	+00:16:49 (45.3%)	14:51	4 (54.1%)
62	<b>BOJKE Olgierd</b>	<b>219</b>	PFNW					<b>00:37:09.45</b>	+00:16:50 (45.3%)	14:51	4 (54.1%)
63	<b>RUMOCKI Jan</b>	<b>319</b>	MOSIR RYPIN					<b>00:37:20.50</b>	+00:17:01 (45.6%)	14:56	4 (54.1%)
64	<b>GRUNWALD-LEWANDOWSKA Irena</b>	<b>294</b>	MOSIR RYPIN					<b>00:41:12.85</b>	+00:20:53 (50.7%)	16:29	3.6 (48.6%)
65	<b>GROCHOWSKI Henryk</b>	<b>293</b>	MOSIR RYPIN					<b>00:59:43.40</b>	+00:39:24 (66.0%)	23:53	2.5 (33.8%)
66	<b>LISZEWSKA Halina</b>	<b>305</b>	MOSIR RYPIN					<b>00:59:48.65</b>	+00:39:29 (66.0%)	23:55	2.5 (33.8%)
67	<b>KALINOWSKI Mateusz</b>	<b>63</b>	UKS SKRWILNO	M-Dzieci	1				+00:03:08	9:22	6.4 (86.5%)
68	<b>MOCZARSKI Adam</b>	<b>117</b>		M-Niepełnosprawni(B)	1	B					(0.0%)
69	<b>MARCINKOWSKI Roman</b>	<b>307</b>	MOSIR RYPIN								(0.0%)
70	<b>KARWICKA Urszula</b>	<b>67</b>	MOSIR RYPIN	K-Niepełnosprawni(B)	1	B					(0.0%)
71	<b>CHUDZIŃSKA Grażyna</b>	<b>25</b>		K65-69	1						(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 2.5km	Różn	Tempo min/km	Tempo km/h
72	<b>FOREMBSKI Władysław</b>	<b>290</b>	MOSIR RYPIN								(0.0%)
73	<b>SZLUFIK Halina</b>	<b>325</b>	MOSIR RYPIN								(0.0%)

Znaleziono 73 wynik(ów)