



# SŁAWNO - PUCHAR POMORZA NORDIC WALKING - 10 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2016-04-30  
**Place:** Sławno  
**Distance:** 9.4 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.35km	4.7km	7.05km	Net time 9.4km	Czas brutto 9.4km	Gap	Pace min/km	Pace km/h
1	<b>ŻYWICKI Marcin</b>	<b>208</b>	BŁĘKITNI DZIEMIANY	M30-39	1			00:00:08	00:14:41	00:15:15	00:30:33	<b>01:03:04.00</b>	<b>01:03:12.45</b>		6:18	9.5 (100%)
2	<b>ROSZMAN Maciej</b>	<b>192</b>	PENDOLINO	M30-39	2			00:00:08	00:15:01	00:15:39	00:30:59	<b>01:03:26.40</b>	<b>01:03:34.70</b>	+00:00:22 (0.6%)	6:20	9.5 (100%)
3	<b>PRAWUCKI Krzysztof</b>	<b>191</b>	JEZIORKI - AKTYWNA WIEŚ	M30-39	3			00:00:07	00:16:46	00:17:27	00:33:53	<b>01:08:03.95</b>	<b>01:08:11.80</b>	+00:04:59 (7.3%)	6:48	8.8 (92.6%)
4	<b>BOROWSKI Marcin</b>	<b>210</b>	FACE NORDIC WALKING TEAM	M30-39	4			00:00:08	00:17:22	00:18:04	00:35:38	<b>01:13:00.80</b>	<b>01:13:09.30</b>	+00:09:56 (13.6%)	7:18	8.2 (86.3%)

Total 4 results.