

**Organizator:** Gmina Mielno, Centrum Kultury w Mielnie  
**Data:** 2018-08-11  
**Miejsce:** Mielno  
**Dystans:** 5 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>ORZECHOWSKI Kamil</b>	<b>58</b>	TKKF KOSZALIN	M-30	1	<b>00:21:40.70</b>		4:20	13.8 (100%)
2	<b>ROĆKO Krzysztof</b>	<b>107</b>	CZAPLA	M-30	2	<b>00:21:55.30</b>	+00:00:14 (1.1%)	4:23	13.7 (99.3%)
3	<b>STACHOWICZ Marcin</b>	<b>99</b>	AZS SGH	M-30	3	<b>00:23:01.95</b>	+00:01:21 (5.9%)	4:36	13 (94.2%)
4	<b>SENGER Michał</b>	<b>71</b>	SOKÓŁ GAŚAWA	M-30	4	<b>00:23:39.25</b>	+00:01:58 (8.4%)	4:43	12.7 (92.0%)
5	<b>ZYCH Marcin</b>	<b>97</b>	#SOBASTEAM	M-30	5	<b>00:23:42.85</b>	+00:02:02 (8.6%)	4:44	12.6 (91.3%)
6	<b>PRZEWŁOCKI Michał</b>	<b>64</b>	TKKF KOSZALIN	M-30	6	<b>00:23:55.95</b>	+00:02:15 (9.4%)	4:47	12.5 (90.6%)
7	<b>SURKÓW Adrian</b>	<b>76</b>	NIE MA LIPY SWARZĘDZ TEAM	M-30	7	<b>00:24:30.15</b>	+00:02:49 (11.5%)	4:54	12.2 (88.4%)
8	<b>KALKOWSKI Paweł</b>	<b>27</b>	JW1223	M-30	8	<b>00:24:44.15</b>	+00:03:03 (12.4%)	4:56	12.1 (87.7%)
9	<b>PIETRZAK Artur</b>	<b>110</b>	KB SZERSZEŃ OLEŚNICA	M-30	9	<b>00:25:04.15</b>	+00:03:23 (13.5%)	5:00	12 (87.0%)
10	<b>KUBIT Piotr</b>	<b>37</b>	KROSNO GLASS RUNNING TEAM	M-30	10	<b>00:25:18.25</b>	+00:03:37 (14.3%)	5:03	11.9 (86.2%)
11	<b>BIEŃKOWSKI Tomasz</b>	<b>5</b>		M-30	11	<b>00:25:37.80</b>	+00:03:57 (15.4%)	5:07	11.7 (84.8%)
12	<b>ROMANOWICZ Łukasz</b>	<b>68</b>	NO SUGAR CAFE ŚWIDNICA	M-30	12	<b>00:25:45.45</b>	+00:04:04 (15.8%)	5:09	11.7 (84.8%)
13	<b>HUSYK Jakub</b>	<b>96</b>	NOA	M-30	13	<b>00:27:07.00</b>	+00:05:26 (20.1%)	5:25	11.1 (80.4%)
14	<b>RÓG Michał</b>	<b>70</b>		M-30	14	<b>00:27:44.60</b>	+00:06:03 (21.9%)	5:32	10.8 (78.3%)
15	<b>STAŃCZYK Sławomir</b>	<b>73</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M-30	15	<b>00:28:09.65</b>	+00:06:28 (23.0%)	5:37	10.7 (77.5%)
16	<b>OLCZAK Krzysztof</b>	<b>55</b>		M-30	16	<b>00:28:36.80</b>	+00:06:56 (24.2%)	5:43	10.5 (76.1%)
17	<b>KOWALCZYK Marcin</b>	<b>33</b>		M-30	17	<b>00:29:26.95</b>	+00:07:46 (26.4%)	5:53	10.2 (73.9%)
18	<b>DEL VALLE Luis Enrique</b>	<b>15</b>		M-30	18	<b>00:29:28.85</b>	+00:07:48 (26.5%)	5:53	10.2 (73.9%)
19	<b>URLICH Łukasz</b>	<b>78</b>	WKB MARATOŃCZYK WŁOCŁAWEK	M-30	19	<b>00:30:52.00</b>	+00:09:11 (29.8%)	6:10	9.7 (70.3%)
20	<b>MASTALERZ Rafał</b>	<b>49</b>		M-30	20	<b>00:31:07.00</b>	+00:09:26 (30.3%)	6:13	9.6 (69.6%)
21	<b>MAĆKOWIAK Adrian</b>	<b>48</b>	ANONIMOWI BIEGACZE	M-30	21	<b>00:31:13.85</b>	+00:09:33 (30.6%)	6:14	9.6 (69.6%)
22	<b>MILIŃSKI Kamil</b>	<b>50</b>		M-30	22	<b>00:31:16.15</b>	+00:09:35 (30.7%)	6:15	9.6 (69.6%)
23	<b>ORYSZCZYN Arkadiusz</b>	<b>57</b>		M-30	23	<b>00:32:07.45</b>	+00:10:26 (32.5%)	6:25	9.3 (67.4%)
24	<b>KORYTO Dariusz</b>	<b>31</b>		M-30	24	<b>00:33:56.05</b>	+00:12:15 (36.1%)	6:47	8.8 (63.8%)
25	<b>BANYŚ Damian</b>	<b>2</b>		M-30	25	<b>00:36:33.55</b>	+00:14:52 (40.7%)	7:18	8.2 (59.4%)
26	<b>NAPIERAŁA Jarosław</b>	<b>111</b>		M-30	26	<b>00:40:34.40</b>	+00:18:53 (46.6%)	8:07	7.4 (53.6%)

