

Organizator: Gmina Mielno, Centrum Kultury w Mielnie
Data: 2018-08-11
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PIETRUCZUK Christopher	114	MBC TEAM	M-18	1	00:20:37.05		4:07	14.6 (100%)
2	ORZECHOWSKI Kamil	58	TKKF KOSZALIN	M-30	1	00:21:40.70	+00:01:03 (4.9%)	4:20	13.8 (94.5%)
3	GRELA Wojciech	20	(Z)WARTY	M-18	2	00:21:50.50	+00:01:13 (5.6%)	4:22	13.7 (93.8%)
4	ROĆKO Krzysztof	107	CZAPLA	M-30	2	00:21:55.30	+00:01:18 (5.9%)	4:23	13.7 (93.8%)
5	GUZOWSKI Denis	22	PRAWIE JAK HERMES	M-18	3	00:22:41.15	+00:02:04 (9.1%)	4:32	13.2 (90.4%)
6	STACHOWICZ Marcin	99	AZS SGH	M-30	3	00:23:01.95	+00:02:24 (10.5%)	4:36	13 (89.0%)
7	KOZIOŁ Sylwester	101		M-40	1	00:23:31.00	+00:02:53 (12.3%)	4:42	12.8 (87.7%)
8	SENGER Michał	71	SOKÓŁ GAŚAWA	M-30	4	00:23:39.25	+00:03:02 (12.8%)	4:43	12.7 (87.0%)
9	ZYCH Marcin	97	#SOBASTEAM	M-30	5	00:23:42.85	+00:03:05 (13.1%)	4:44	12.6 (86.3%)
10	PRZEWŁOCKI Michał	64	TKKF KOSZALIN	M-30	6	00:23:55.95	+00:03:18 (13.9%)	4:47	12.5 (85.6%)
11	GRZESIK Eugeniusz	21	TKKF KOSZALIN	M-50	1	00:24:14.75	+00:03:37 (15.0%)	4:51	12.4 (84.9%)
12	SURKÓW Adrian	76	NIE MA LIPY SWARZĘDZ TEAM	M-30	7	00:24:30.15	+00:03:53 (15.9%)	4:54	12.2 (83.6%)
13	OBOLEWICZ Kuba	54	MLKS SOKÓŁ LUBIN	M-18	4	00:24:42.55	+00:04:05 (16.6%)	4:56	12.1 (82.9%)
14	KALKOWSKI Paweł	27	JW1223	M-30	8	00:24:44.15	+00:04:07 (16.6%)	4:56	12.1 (82.9%)
15	HOREGLAD Paweł	24	SPEEDY GONZALES	M-18	5	00:24:53.65	+00:04:16 (17.2%)	4:58	12 (82.2%)
16	PIETRZAK Artur	110	KB SZERSZEŃ OLEŚNICA	M-30	9	00:25:04.15	+00:04:27 (17.8%)	5:00	12 (82.2%)
17	MOSZYŃSKI Jacek	51	TKKF KOSZALIN	M-50	2	00:25:06.80	+00:04:29 (17.9%)	5:01	11.9 (81.5%)
18	SITOWSKI Marcin	72	PROMED SZCZECINEK	M-18	6	00:25:11.95	+00:04:34 (18.2%)	5:02	11.9 (81.5%)
19	BRZEZIŃSKI Jan	8	TEAM PIOTRUŚ	M-50	3	00:25:16.10	+00:04:39 (18.4%)	5:03	11.9 (81.5%)
20	KUBIT Piotr	37	KROSNO GLASS RUNNING TEAM	M-30	10	00:25:18.25	+00:04:41 (18.5%)	5:03	11.9 (81.5%)
21	PICK Tomasz	61	DEAF KOSZALIN	M-40	2	00:25:25.65	+00:04:48 (18.9%)	5:05	11.8 (80.8%)
22	BIENKOWSKI Tomasz	5		M-30	11	00:25:37.80	+00:05:00 (19.6%)	5:07	11.7 (80.1%)
23	MUCHA Krzysztof	52		M-40	3	00:25:43.60	+00:05:06 (19.9%)	5:08	11.7 (80.1%)
24	ROMANOWICZ Łukasz	68	NO SUGAR CAFE ŚWIDNICA	M-30	12	00:25:45.45	+00:05:08 (20.0%)	5:09	11.7 (80.1%)
25	ZYCH Adam	98	ZYCHUTEAM	M-60+	1	00:26:38.50	+00:06:01 (22.6%)	5:19	11.3 (77.4%)
26	LECH Robert	44	POZYTYWNE ZAKRĘCENI	M-40	4	00:26:54.50	+00:06:17 (23.4%)	5:23	11.1 (76.0%)
27	HUSYK Jakub	96	NOA	M-30	13	00:27:07.00	+00:06:29 (24.0%)	5:25	11.1 (76.0%)

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28	PAŃKOW Maciej	95		M-40	5	00:27:13.30	+00:06:36 (24.3%)	5:26	11 (75.3%)
29	ZBYRYT Marek	105	AKTYWNA NOWA RUDA	M-50	4	00:27:17.30	+00:06:40 (24.4%)	5:27	11 (75.3%)
30	BAGIEŃSKI Mateusz	1	STC STARGARD	M-18	7	00:27:18.80	+00:06:41 (24.5%)	5:27	11 (75.3%)
31	BRODA Adam	91		M-40	6	00:27:34.75	+00:06:57 (25.2%)	5:30	10.9 (74.7%)
32	KRAJEWSKI Witold	90	KEMBIA JOGGERS	M-60+	2	00:27:40.60	+00:07:03 (25.5%)	5:32	10.8 (74.0%)
33	RÓG Michał	70		M-30	14	00:27:44.60	+00:07:07 (25.7%)	5:32	10.8 (74.0%)
34	KUFEL Dariusz	38	PYRZYCE BIEGAJĄ	M-50	5	00:27:55.75	+00:07:18 (26.2%)	5:35	10.7 (73.3%)
35	JABŁOŃSKI Andrzej	25		M-40	7	00:28:03.05	+00:07:26 (26.5%)	5:36	10.7 (73.3%)
36	STAŃCZYK Sławomir	73	STARGARD. JA SIĘ NIE ŚCIGAM	M-30	15	00:28:09.65	+00:07:32 (26.8%)	5:37	10.7 (73.3%)
37	OLCZAK Krzysztof	55		M-30	16	00:28:36.80	+00:07:59 (27.9%)	5:43	10.5 (71.9%)
38	SKOWYRSKI Janusz	108	TKKF KOSZALIN	M-50	6	00:28:56.00	+00:08:18 (28.7%)	5:47	10.4 (71.2%)
39	ZDUNIEWICZ Marcin	84		M-40	8	00:28:58.75	+00:08:21 (28.9%)	5:47	10.4 (71.2%)
40	KUKUŁA Janusz	109	BIEGAJĄCY TCZEW	M-50	7	00:29:17.60	+00:08:40 (29.6%)	5:51	10.2 (69.9%)
41	KOWALCZYK Marcin	33		M-30	17	00:29:26.95	+00:08:49 (30.0%)	5:53	10.2 (69.9%)
42	DEL VALLE Luis Enrique	15		M-30	18	00:29:28.85	+00:08:51 (30.1%)	5:53	10.2 (69.9%)
43	NIEDBAŁA Michał	53		M-40	9	00:29:49.90	+00:09:12 (30.9%)	5:58	10.1 (69.2%)
44	BLIZAŁA Walenty	92	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWA	M-50	8	00:29:50.95	+00:09:13 (30.9%)	5:58	10.1 (69.2%)
45	GAŁECKI Jacek	103		M-50	9	00:29:58.30	+00:09:21 (31.2%)	5:59	10 (68.5%)
46	WINIARSKI Kacper	81		M-13	1	00:29:58.35	+00:09:21 (31.2%)	5:59	10 (68.5%)
47	KOSSOWSKI Mariusz	32	PIĄTKOWO NA BIEGOWO	M-40	10	00:30:31.80	+00:09:54 (32.5%)	6:06	9.8 (67.1%)
48	URLICH Łukasz	78	WKB MARATOŃCZYK WŁOCŁAWEK	M-30	19	00:30:52.00	+00:10:14 (33.2%)	6:10	9.7 (66.4%)
49	WINIARSKI Hieronim	80		M-40	11	00:31:01.40	+00:10:24 (33.5%)	6:12	9.7 (66.4%)
50	MASTALERZ Rafał	49		M-30	20	00:31:07.00	+00:10:29 (33.7%)	6:13	9.6 (65.8%)
51	MAĆKOWIAK Adrian	48	ANONIMOWI BIEGACZE	M-30	21	00:31:13.85	+00:10:36 (34.0%)	6:14	9.6 (65.8%)
52	MILIŃSKI Kamil	50		M-30	22	00:31:16.15	+00:10:39 (34.1%)	6:15	9.6 (65.8%)
53	KRASIŃSKI Witold	34		M-40	12	00:31:28.90	+00:10:51 (34.5%)	6:17	9.5 (65.1%)
54	LENARTOWICZ Stanisław	45		M-50	10	00:31:42.90	+00:11:05 (35.0%)	6:20	9.5 (65.1%)
55	ORYSZCZYN Arkadiusz	57		M-30	23	00:32:07.45	+00:11:30 (35.8%)	6:25	9.3 (63.7%)
56	MATALERZ Konrad	112	DECATHLON KOSZALIN	M-18	8	00:32:09.50	+00:11:32 (35.9%)	6:25	9.3 (63.7%)
57	PODSIADŁO Marcin	63		M-40	13	00:32:16.85	+00:11:39 (36.1%)	6:27	9.3 (63.7%)
58	LARA Mirosław	42	EASY RUN	M-50	11	00:32:43.15	+00:12:06 (37.0%)	6:32	9.2 (63.0%)
59	WIATRZYK Krzysztof	79		M-40	14	00:32:53.05	+00:12:16 (37.3%)	6:34	9.1 (62.3%)
60	ZARBOCK Krzysztof	113		M-50	12	00:33:39.85	+00:13:02 (38.8%)	6:44	8.9 (61.0%)
61	KORYTO Dariusz	31		M-30	24	00:33:56.05	+00:13:19 (39.2%)	6:47	8.8 (60.3%)
62	JANUSZEWSKI Jacek	26	17 WOG KOSZALIN	M-50	13	00:33:59.20	+00:13:22 (39.3%)	6:47	8.8 (60.3%)
63	PUŚCIAN Krzysztof	66	SZKOŁA PODSTAWOWA W MANOWIE	M-40	15	00:34:06.85	+00:13:29 (39.6%)	6:49	8.8 (60.3%)
64	ZIMNY Rafał	86		M-18	9	00:34:14.60	+00:13:37 (39.8%)	6:51	8.8 (60.3%)
65	BANYŚ Damian	2		M-30	25	00:36:33.55	+00:15:56 (43.6%)	7:18	8.2 (56.2%)
66	WOJTASZEK Mieczysław	43	EASY RUN	M-60+	3	00:37:52.75	+00:17:15 (45.6%)	7:34	7.9 (54.1%)
67	GŁOWACKI Jerzy	16		M-18	10	00:37:59.00	+00:17:21 (45.7%)	7:35	7.9 (54.1%)
68	NAPIERAŁA Jarosław	111		M-30	26	00:40:34.40	+00:19:57 (49.2%)	8:07	7.4 (50.7%)
69	PASEK Jan	60	KLUB BIEGOWY JANTAR ŚWIESZYNO	M-60+	4	00:42:27.10	+00:21:50 (51.4%)	8:29	7.1 (48.6%)
70	ŁĘŻNIAK Arkadiusz	47		M-40	16	00:42:44.75	+00:22:07 (51.8%)	8:33	7 (47.9%)

