



ŚREM - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-08-21
Miejsce: Śrem
Dystans: 5 km



Klasyfikacja: K60-64

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|-------------------------------|-----------|------|----------------|-----------------|----------------|----------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 1 | LESZCZYSZYN Krystyna | 387 | | K60-64 | 1 | | | 00:10:25 | 00:18:50 | 00:38:20.80 | 00:48:45.85 | | 7:40 | 7.8 (100%) |
| 2 | DANA Kazimiera | 319 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | K60-64 | 2 | | | 00:10:25 | 00:19:37 | 00:39:24.55 | 00:49:49.75 | +00:01:03 (2.7%) | 7:52 | 7.6 (97.4%) |
| 3 | MULKOWSKA Mariola | 400 | UKS GIMNAZJON SUCHY LAS | K60-64 | 3 | | | 00:10:26 | 00:20:22 | 00:40:57.45 | 00:51:23.55 | +00:02:36 (6.4%) | 8:11 | 7.3 (93.6%) |
| 4 | STARZYŃSKA Ewa | 443 | KS METRACO POLKOWICE | K60-64 | 4 | | | 00:10:26 | 00:20:45 | 00:41:44.50 | 00:52:10.55 | +00:03:23 (8.1%) | 8:20 | 7.2 (92.3%) |
| 5 | HORIACZEK Małgorzata | 347 | UKS GIMNAZJON SUCHY LAS | K60-64 | 5 | | | 00:10:26 | 00:21:34 | 00:43:22.95 | 00:53:49.45 | +00:05:02 (11.6%) | 8:40 | 6.9 (88.5%) |
| 6 | CHOLEWKA Jolanta | 317 | MARSZ PO ZDROWIE | K60-64 | 6 | | | 00:10:25 | 00:21:32 | 00:43:33.40 | 00:53:58.75 | +00:05:12 (12.0%) | 8:42 | 6.9 (88.5%) |
| 7 | WYRWA Ewa | 481 | RUCH PO ZDROWIE WŁOCŁAWEK | K60-64 | 7 | | | 00:10:27 | 00:22:57 | 00:47:25.70 | 00:57:53.25 | +00:09:04 (19.1%) | 9:29 | 6.3 (80.8%) |

Znaleziono 7 wynik(ów)