

ŚREM - PUCHARY REGIONALNE NORDIC WALKING - 10 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Puchary Regionalne Nordic Walking 2019
Organizator: Śrem
Data: 2019-08-18
Miejsce: Śrem
Dystans: 10 km



Klasyfikacja: K50-59

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 2.5km | Start_All 5km | Start_All 7.5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|--------------------------------|-----------|------|-------------|--------------|-----------------|---------------|-----------------|--------------------|-------------------|--------------|-------------|
| 1 | ZIELIŃSKA Iwona | 248 | SERCE NORDICA WŁOCŁAWEK | K50-59 | 1 | | | 00:17:29 | 00:35:24 | 00:53:19 | 01:11:18.25 | | 7:07 | 8.4 (100%) |
| 2 | CZEMPIK Kornelia | 188 | STADION ŚLĄSKI | K50-59 | 2 | | | 00:17:36 | 00:35:53 | 00:54:31 | 01:13:42.25 | +00:02:24 (3.3%) | 7:22 | 8.1 (96.4%) |
| 3 | POSTEK Danuta | 221 | MARSZ PO ZDROWIE | K50-59 | 3 | | | 00:18:05 | 00:36:47 | 00:55:38 | 01:14:17.90 | +00:02:59 (4.0%) | 7:25 | 8.1 (96.4%) |
| 4 | DĄBROWA Dorota | 246 | CHODŹ Z NAMI | K50-59 | 4 | | | 00:18:29 | 00:37:01 | 00:55:37 | 01:14:36.90 | +00:03:18 (4.4%) | 7:27 | 8 (95.2%) |
| 5 | BACHANEK Katarzyna | 183 | TORUŃ - IDZIEMY BEZ RYZYKA | K50-59 | 5 | | | 00:18:10 | 00:36:53 | 00:56:02 | 01:15:15.80 | +00:03:57 (5.3%) | 7:31 | 8 (95.2%) |
| 6 | KACZMAREK Zofia | 196 | SERCE NORDIC WALKING WŁOCŁAWEK | K50-59 | 6 | | | 00:18:31 | 00:37:22 | 00:56:39 | 01:16:06.40 | +00:04:48 (6.3%) | 7:36 | 7.9 (94.0%) |
| 7 | MOSTOWSKA-NOWAK Elżbieta | 212 | LESZNO :) | K50-59 | 7 | | | 00:20:30 | 00:40:38 | 01:00:12 | 01:20:08.40 | +00:08:50 (11.0%) | 8:00 | 7.5 (89.3%) |
| 8 | PRACKA Katarzyna | 92 | SERCE NORDICA WŁOCŁAWEK | K50-59 | 8 | | | 00:21:53 | 00:43:33 | 01:04:59 | 01:26:08.90 | +00:14:50 (17.2%) | 8:36 | 7 (83.3%) |

Znaleziono 8 wynik(ów)