



**SUPERMARATON
GÓR
STOŁOWYCH**

SUPERMARATON GÓR STOŁOWYCH 2017

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Maraton Gór Stołowych
Stowarzyszenie TKKF Kompas
2017-07-01
Pasterka
50 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czechy 8.4km	Czechy 17.4km	Pasterka 28km	Parking 35km	Skaly 42km	Czas netto 50km	Czas brutto 50km	Różn	Tempo min/km	Tempo km/h
1	LANGE Beata	315		K-40	1	00:53:00	02:00:19	03:11:52	04:19:25	05:14:24	06:05:16.95	06:05:21.00		7:18	8.2 (100%)
2	NOWACKA Marlena	159	JAN-MAR	K-40	2	00:56:52	02:08:50	03:20:55	04:26:35	05:18:21	06:10:30.75	06:10:35.25	+00:05:14 (1.4%)	7:24	8.1 (98.8%)
3	LEWANDOWSKA Karolina	471	DREAM RUN	K-40	3	00:55:20	02:03:49	03:14:21	04:23:21	05:16:03	06:15:15.70	06:15:23.00	+00:10:02 (2.7%)	7:30	8 (97.6%)
4	RANGL Jowita	155		K-40	4	01:02:16	02:18:48	03:33:56	04:47:43	05:45:41	06:43:29.85	06:43:47.25	+00:38:26 (9.5%)	8:04	7.4 (90.2%)
5	MOLTZAN-MAŁKOWSKA Magdalena	166		K-40	5	01:03:21	02:21:52	03:41:17	04:53:33	05:51:43	06:48:59.70	06:49:13.40	+00:43:52 (10.7%)	8:10	7.3 (89.0%)
6	RAKOWSKA Magdalena	1	DRUŻYNA TVN	K-40	6	01:06:30	02:22:59	03:42:22	04:57:22	05:55:23	06:53:09.15	06:53:50.25	+00:48:29 (11.7%)	8:15	7.3 (89.0%)
7	WÓJCIK Małgorzata	60	BESKIDZKA 160 NA RATY	K-40	7	01:05:18	02:29:21	03:54:08	05:12:08	06:14:00	07:13:00.95	07:13:17.00	+01:07:56 (15.7%)	8:39	6.9 (84.1%)
8	PIWOWARCZYK Magdalena	30	SZKOŁA WSPINANIA KLAMA	K-40	8	01:06:12	02:30:01	04:00:35	05:21:33	06:24:31	07:23:40.45	07:23:55.25	+01:18:34 (17.7%)	8:52	6.8 (82.9%)
9	KUMKOWSKA Irena	329		K-40	9	01:05:39	02:25:40	03:54:28	05:13:41	06:19:34	07:24:48.00	07:25:08.70	+01:19:47 (17.9%)	8:53	6.7 (81.7%)
10	SZPAK Monika	382		K-40	10	01:09:14	02:40:50	04:04:20	05:21:51	06:24:20	07:25:43.10	07:26:07.65	+01:20:46 (18.1%)	8:54	6.7 (81.7%)
11	BIAŁAS Aldona	76	NIE MA LIPY SWARZĘDZ TEAM	K-40	11	01:05:29	02:26:25	03:50:48	05:14:54	06:24:44	07:31:00.70	07:31:22.55	+01:26:01 (19.1%)	9:01	6.7 (81.7%)
12	PASECKA Sylwia	171		K-40	12	01:09:45	02:34:55	04:03:25	05:32:58	06:39:54	07:40:50.95	07:41:30.80	+01:36:09 (20.8%)	9:13	6.5 (79.3%)
13	PANEK Aleksandra	334		K-40	13	01:12:29	02:46:22	04:13:27	05:42:42	06:56:18	08:09:10.60	08:09:35.80	+02:04:14 (25.4%)	9:47	6.1 (74.4%)
14	RADZIWOŃ Anna	146	SKAZANI NA GÓRY	K-40	14	01:15:24	02:47:55	04:27:36	06:02:48	07:13:25	08:21:12.35	08:21:45.05	+02:16:24 (27.2%)	10:01	6 (73.2%)
15	DOBAJ Katarzyna	298		K-40	15	01:12:55	02:49:00	04:25:40	05:59:48	07:11:57	08:33:07.95	08:33:40.15	+02:28:19 (28.9%)	10:15	5.8 (70.7%)

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16	NIEKRASZ Justyna	83		K-40	16	01:08:54	02:35:03	04:12:49	05:57:54	07:10:13	08:34:46.40	08:35:14.60	+02:29:53 (29.1%)	10:17	5.8 (70.7%)
17	KUCNER Monika	202	ALBERTS SP Z O.O.	K-40	17	01:16:51	03:03:46	04:45:46	06:27:23	07:41:02	08:54:56.25	08:55:12.85	+02:49:51 (31.7%)	10:41	5.6 (68.3%)
18	JEDYNAK Magda	454		K-40	18	01:24:14	03:13:11	04:52:27	06:27:05	07:40:54	08:59:49.65	09:00:01.85	+02:54:40 (32.3%)	10:47	5.6 (68.3%)
19	JUCHA Lidia	437	RYSIOTEAM	K-40	19	01:20:07	03:05:09	04:55:48	06:36:09	07:47:51	09:02:59.65	09:03:26.15	+02:58:05 (32.8%)	10:51	5.5 (67.1%)
	WITKOWSKA Jolanta	404	ŻIMBAKI	K-40		01:17:52 DNF	03:02:30 DNF	04:41:00 DNF	06:24:48 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 20 wynik(ów)