



**SUPERMARATON
GÓR
STOŁOWYCH**

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

SUPERMARATON GÓR STOŁOWYCH 2017

Maraton Gór Stołowych
Stowarzyszenie TKKF Kompas
2017-07-01
Pasterka
50 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: OPEN KOBIEC

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czechy 8.4km	Czechy 17.4km	Pasterka 28km	Parking 35km	Skaly 42km	Czas netto 50km	Czas brutto 50km	Różn	Tempo min/km	Tempo km/h
1	WINIARSKA Katarzyna	22	PRZEMYSKI KLUB BIEGACZA	K-30	1	00:52:18	01:55:38	03:03:13	04:05:49	04:55:32	05:47:15.10	05:47:19.50		6:56	8.6 (100%)
2	LANGE Beata	315		K-40	1	00:53:00	02:00:19	03:11:52	04:19:25	05:14:24	06:05:16.95	06:05:21.00	+00:18:01 (4.9%)	7:18	8.2 (95.3%)
3	DETLAFF Patrycja	457	DREAM RUN	K-30	2	00:55:22	02:07:00	03:18:25	04:26:21	05:17:04	06:06:52.50	06:06:59.30	+00:19:39 (5.4%)	7:20	8.2 (95.3%)
4	NOWACKA Marlena	159	JAN-MAR	K-40	2	00:56:52	02:08:50	03:20:55	04:26:35	05:18:21	06:10:30.75	06:10:35.25	+00:23:15 (6.3%)	7:24	8.1 (94.2%)
5	PICHETA Magdalena	318		K-30	3	00:55:27	02:03:57	03:17:58	04:23:54	05:19:12	06:13:52.20	06:13:58.90	+00:26:39 (7.1%)	7:28	8 (93.0%)
6	LEWANDOWSKA Karolina	471	DREAM RUN	K-40	3	00:55:20	02:03:49	03:14:21	04:23:21	05:16:03	06:15:15.70	06:15:23.00	+00:28:03 (7.5%)	7:30	8 (93.0%)
7	PIECUCH Karolina	90	LACHO TEAM/SKLEPBIEGOWY.COM	K-30	4	00:59:37	02:14:25	03:28:52	04:38:57	05:35:27	06:31:33.50	06:31:43.25	+00:44:23 (11.3%)	7:49	7.7 (89.5%)
8	NIEMIRO Dominika	443	JAGODOWO-KALINOWY TEAM	K-30	5	01:00:14	02:12:02	03:28:43	04:38:43	05:37:15	06:36:53.90	06:37:05.90	+00:49:46 (12.5%)	7:56	7.6 (88.4%)
9	REGLIŃSKA Joanna	193	KB GOCH BYTÓW	K-20	1	00:58:53	02:12:28	03:28:58	04:40:08	05:38:13	06:39:58.15	06:40:09.30	+00:52:49 (13.2%)	7:59	7.5 (87.2%)
10	PRUGAR FUKOWSKA Paulina	455	DREAM RUN	K-30	6	00:56:50	02:10:01	03:25:11	04:41:12	05:41:34	06:40:28.10	06:40:35.60	+00:53:16 (13.3%)	8:00	7.5 (87.2%)
11	RANGL Jowita	155		K-40	4	01:02:16	02:18:48	03:33:56	04:47:43	05:45:41	06:43:29.85	06:43:47.25	+00:56:27 (14.0%)	8:04	7.4 (86.0%)
12	KRUŻOŁEK Monika	52	TURBOPTYSIE	K-30	7	01:09:52	02:25:55	03:42:07	04:53:17	05:51:48	06:48:17.00	06:48:50.85	+01:01:31 (15.0%)	8:09	7.3 (84.9%)
13	MOLTZAN-MAŁKOWSKA Magdalena	166		K-40	5	01:03:21	02:21:52	03:41:17	04:53:33	05:51:43	06:48:59.70	06:49:13.40	+01:01:53 (15.1%)	8:10	7.3 (84.9%)
14	RAKOWSKA Magdalena	1	DRUŻYNA TVN	K-40	6	01:06:30	02:22:59	03:42:22	04:57:22	05:55:23	06:53:09.15	06:53:50.25	+01:06:30 (16.1%)	8:15	7.3 (84.9%)
15	KSIĘŻNIK Dorota	391		K-50	1	01:04:45	02:23:23	03:43:37	04:58:29	05:57:52	06:56:10.20	06:56:30.15	+01:09:10 (16.6%)	8:19	7.2 (83.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.4km	17.4km	Pasterka 28km	Parking 35km	Skaly 42km	50km	50km			
16	SZCZEŚNIAK Dorota	211	RANKOR	K-30	8	01:04:44	02:26:36	03:50:06	05:09:00	06:10:49	07:05:23.05	07:05:47.10	+01:18:27 (18.4%)	8:30	7.1 (82.6%)
17	GRĘZIAK Magdalena	415	BIĄŁOSTOCKA SEKTA BIEGACZY	K-20	2	01:08:49	02:33:45	03:56:20	05:13:08	06:13:58	07:11:33.75	07:11:49.85	+01:24:30 (19.6%)	8:37	7 (81.4%)
18	WÓJCIK Małgorzata	60	BESKIDZKA 160 NA RATY	K-40	7	01:05:18	02:29:21	03:54:08	05:12:08	06:14:00	07:13:00.95	07:13:17.00	+01:25:57 (19.8%)	8:39	6.9 (80.2%)
19	LEMIESZKA Marta	75	ROZBIEGANY SULEJÓWEK	K-20	3	01:05:36	02:27:49	03:50:56	05:12:08	06:16:16	07:17:30.60	07:17:50.85	+01:30:31 (20.7%)	8:45	6.9 (80.2%)
20	KOWALCZYK Joanna Joko	395	BIEGANIZM/DYNAFIT	K-30	9	01:05:51	02:29:08	03:53:46	05:12:52	06:16:33	07:20:32.85	07:20:47.00	+01:33:27 (21.2%)	8:48	6.8 (79.1%)
21	CZOSTKÓW Wiola	372	ACCENTURE	K-20	4	01:05:09	02:30:19	03:55:43	05:21:36	06:21:50	07:22:19.00	07:22:33.50	+01:35:14 (21.5%)	8:50	6.8 (79.1%)
22	PIWOWARCZYK Magdalena	30	SZKOŁA WSPINANIA KLAMA	K-40	8	01:06:12	02:30:01	04:00:35	05:21:33	06:24:31	07:23:40.45	07:23:55.25	+01:36:35 (21.8%)	8:52	6.8 (79.1%)
23	BRZYSKA Marcelina	313		K-20	5	01:07:26	02:36:15	04:01:49	05:22:46	06:27:23	07:24:36.15	07:24:46.50	+01:37:27 (21.9%)	8:53	6.7 (77.9%)
24	KUMKOWSKA Irena	329		K-40	9	01:05:39	02:25:40	03:54:28	05:13:41	06:19:34	07:24:48.00	07:25:08.70	+01:37:49 (22.0%)	8:53	6.7 (77.9%)
25	SZPAK Monika	382		K-40	10	01:09:14	02:40:50	04:04:20	05:21:51	06:24:20	07:25:43.10	07:26:07.65	+01:38:48 (22.1%)	8:54	6.7 (77.9%)
26	GAJEWSKA Izabella	257	KOBIETYBIEGAJA.PL	K-30	10	01:07:38	02:32:57	03:58:48	05:21:01	06:23:03	07:26:44.10	07:26:54.65	+01:39:35 (22.3%)	8:56	6.7 (77.9%)
27	RAFAŁ Eliza	314		K-30	11	01:07:27	02:36:14	04:01:49	05:23:02	06:27:24	07:28:22.70	07:28:33.45	+01:41:13 (22.6%)	8:58	6.7 (77.9%)
28	BIĄŁAS Aldona	76	NIE MA LIPY SWARZĘDZ TEAM	K-40	11	01:05:29	02:26:25	03:50:48	05:14:54	06:24:44	07:31:00.70	07:31:22.55	+01:44:03 (23.1%)	9:01	6.7 (77.9%)
29	RYBUS Agata	289		K-30	12	01:10:56	02:34:43	03:59:23	05:18:28	06:26:49	07:31:27.30	07:31:48.60	+01:44:29 (23.1%)	9:01	6.6 (76.7%)
30	KOBUSIŃSKA Adrianna	307	RAJD KONWALII TEAM	K-20	6	01:05:50	02:23:56	03:49:49	05:15:11		07:34:02.30	07:34:32.15	+01:47:12 (23.6%)	9:04	6.6 (76.7%)
31	PASECKA Sylwia	171		K-40	12	01:09:45	02:34:55	04:03:25	05:32:58	06:39:54	07:40:50.95	07:41:30.80	+01:54:11 (24.7%)	9:13	6.5 (75.6%)
32	DORDZIK Katarzyna	118		K-30	13	01:11:29	02:35:41	04:00:24	05:28:46	06:42:00	07:45:20.00	07:45:36.95	+01:58:17 (25.4%)	9:18	6.4 (74.4%)
33	MURAWIEC Izabela	450		K-30	14	01:10:14	02:35:20	03:55:31	05:22:35	06:34:46	07:48:50.00	07:48:58.35	+02:01:38 (25.9%)	9:22	6.4 (74.4%)
34	BARAŃSKA Celestyna	364	ACCENTURE	K-30	15	01:12:55	02:48:03	04:19:14	05:40:14	06:45:10	07:49:12.65	07:49:28.50	+02:02:09 (26.0%)	9:23	6.4 (74.4%)
35	GEMZA Anna	191	BALANS TEAM	K-30	16	01:11:25	02:42:18	04:07:25	05:36:58	06:39:52	07:50:59.70	07:51:27.90	+02:04:08 (26.3%)	9:25	6.4 (74.4%)
36	PANEK Aleksandra	334		K-40	13	01:12:29	02:46:22	04:13:27	05:42:42	06:56:18	08:09:10.60	08:09:35.80	+02:22:16 (29.1%)	9:47	6.1 (70.9%)
37	HARĘŻLAK Dorota	259	4 ŁAPY PSA ŁÓDŹ	K-30	17	01:12:48	02:51:22	04:22:27	05:49:39	06:56:02	08:09:26.45	08:09:43.10	+02:22:23 (29.1%)	9:47	6.1 (70.9%)
38	SZYDŁOWSKA Paulina	177		K-20	7	01:13:45	02:47:22	04:16:17	05:47:40	06:55:47	08:10:14.45	08:10:43.40	+02:23:23 (29.2%)	9:48	6.1 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Czechy 8.4km	Czechy 17.4km	Pasterka 28km	Parking 35km	Skaly 42km	50km	50km			
39	JURA Dorota	306	ULTRA BESKID SPORT	K-30	18	01:07:31	02:49:37	04:29:23	05:56:29	07:04:47	08:16:16.60	08:16:37.30	+02:29:17 (30.1%)	9:55	6 (69.8%)
40	LECH Agnieszka	456	STRZEGOMSKA DWUNASTKA	K-30	19	01:14:08	02:48:26	04:21:31	05:50:15	07:05:49	08:20:33.05	08:21:12.05	+02:33:52 (30.7%)	10:00	6 (69.8%)
41	RADZIWOŃ Anna	146	SKAZANI NA GÓRY	K-40	14	01:15:24	02:47:55	04:27:36	06:02:48	07:13:25	08:21:12.35	08:21:45.05	+02:34:25 (30.8%)	10:01	6 (69.8%)
42	ŻOŁĄDEK Anna	218		K-30	20	01:18:12	02:56:21	04:33:48	06:00:47	07:10:34	08:24:17.90	08:24:40.30	+02:37:20 (31.2%)	10:05	5.9 (68.6%)
43	ZYGRY-WIŚNIEWSKA Karolina	275	GEMINI SOPOT TEAM	K-30	21	01:17:12	03:02:24	04:36:15	06:09:21	07:12:02	08:26:01.75	08:26:38.60	+02:39:19 (31.4%)	10:07	5.9 (68.6%)
44	BURDAJEWICZ Magdalena	224	PAJĄCZEK	K-30	22	01:13:25	02:44:41	04:16:14	05:51:31	07:11:43	08:27:34.35	08:28:01.65	+02:40:42 (31.6%)	10:09	5.9 (68.6%)
45	KRAUSE Ania	53	NATURAL BORN RUNNERS	K-30	23	01:13:37	02:49:44	04:26:23	06:03:49	07:13:23	08:28:12.55	08:28:38.45	+02:41:18 (31.7%)	10:09	5.9 (68.6%)
46	RETMANIAK Sylwia Ewa	380	DRUŻYNA TVN MEDIA	K-30	24	01:05:01	02:34:21	04:03:45	05:49:32	07:06:01	08:31:11.65	08:31:21.10	+02:44:01 (32.1%)	10:13	5.9 (68.6%)
47	BICZKOWSKA Magdalena	46	RUN BYDGOSZCZ	K-30	25	01:11:59	02:50:28	04:32:48	06:02:57	07:11:45	08:31:13.10	08:31:21.80	+02:44:02 (32.1%)	10:13	5.9 (68.6%)
48	DOBAJ Katarzyna	298		K-40	15	01:12:55	02:49:00	04:25:40	05:59:48	07:11:57	08:33:07.95	08:33:40.15	+02:46:20 (32.4%)	10:15	5.8 (67.4%)
49	NIEKRASZ Justyna	83		K-40	16	01:08:54	02:35:03	04:12:49	05:57:54	07:10:13	08:34:46.40	08:35:14.60	+02:47:55 (32.6%)	10:17	5.8 (67.4%)
50	RÓŻOWICZ Eliza	309	SPARTANIE DZIECIOM	K-30	26	01:16:24	03:00:39	04:32:41	06:02:54	07:12:02	08:35:29.10	08:35:58.55	+02:48:39 (32.7%)	10:18	5.8 (67.4%)
51	STRUŻYNA Agata	271		K-30	27	01:14:44	03:01:41	04:41:57	06:25:32	07:35:16	08:48:28.90	08:49:01.90	+03:01:42 (34.3%)	10:34	5.7 (66.3%)
52	PODLASIŃSKA Paulina	143		K-30	28	01:16:40	02:55:07	04:33:02	06:10:03	07:33:48	08:48:31.20	08:49:09.50	+03:01:50 (34.4%)	10:34	5.7 (66.3%)
53	KUCNER Monika	202	ALBERTS SP Z O.O.	K-40	17	01:16:51	03:03:46	04:45:46	06:27:23	07:41:02	08:54:56.25	08:55:12.85	+03:07:53 (35.1%)	10:41	5.6 (65.1%)
54	JEDYNAK Magda	454		K-40	18	01:24:14	03:13:11	04:52:27	06:27:05	07:40:54	08:59:49.65	09:00:01.85	+03:12:42 (35.7%)	10:47	5.6 (65.1%)
55	JUCHA Lidia	437	RYSIOTEAM	K-40	19	01:20:07	03:05:09	04:55:48	06:36:09	07:47:51	09:02:59.65	09:03:26.15	+03:16:06 (36.1%)	10:51	5.5 (64.0%)
	ZWĘGLIŃSKA Anna	33		K-30		01:12:54 DNF	02:48:18 DNF	04:21:31 DNF	05:57:47 DNF	DNF	DNF	DNF		-	- (0.0%)
	WITKOWSKA Jolanta	404	ŻIMBAKI	K-40		01:17:52 DNF	03:02:30 DNF	04:41:00 DNF	06:24:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	SUJAK Renata	105	RUNSKI	K-30		01:04:45 DNF	02:26:29 DNF	04:03:30 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MACHUL Ewa	421	DREAM RUN	K-30		00:58:57 DNF	02:30:32 DNF	04:06:31 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOZŁOWSKA Joanna	356	DRUŻYNA WILKA	K-30		01:10:34 DNF	02:49:56 DNF	04:23:41 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOWALEWSKA Dorota	338	SPARTANIE DZIECIOM	K-50		01:29:39 DNF	03:37:34 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 61 wynik(ów)