



SUPERMARATON GÓR STOŁOWYCH 2018

B4SPORT

Event:
Organiser:
Date:
Place:
Distance:

Maraton Gór Stołowych 2018
Fundacja Maratony Górskie
2018-06-30
Karłów
50 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	CzechyEar					Penalty/ bonus	Net time		Pace min/km	Pace km/h	
						13.9km	22.9km	PasterkaEar 33.7km	ParkingEar 40.9km	Skaly 47.7km		54km	Czas brutto 54km			Gap
1	DOMBROWSKI Maciej	274	RUNNING.CHEF - PTC PRZEMYŚL	M-20	1	01:08:38	01:57:56	02:51:53	03:39:50	04:23:35		05:07:33.15	05:07:34.20		5:41	10.5 (100%)
2	MAJER Janusz	361		M-40	1	01:13:27	02:09:16	03:08:13	04:00:59	04:46:15		05:30:39.00	05:30:41.00	+00:23:06 (7.0%)	6:07	9.8 (93.3%)
3	MCCONNELL Andrew	538		M-30	1	01:21:09	02:20:43	03:20:37	04:14:16	04:57:18		05:40:30.95	05:40:32.65	+00:32:58 (9.7%)	6:18	9.5 (90.5%)
4	NOVOTNY Petr	536	TAIWAN BEAST RUNNERS	M-30	2	01:13:37	02:08:29	03:11:14	04:10:35	04:59:12		05:44:34.75	05:44:44.40	+00:37:10 (10.8%)	6:22	9.4 (89.5%)
5	KOSTERKIEWICZ Marcin	103	RYBAK PERSONAL TRAINER PTC PRZEMYŚL	M-40	2	01:18:18	02:19:04	03:21:18	04:15:48	05:00:27		05:45:57.10	05:45:58.00	+00:38:23 (11.1%)	6:24	9.4 (89.5%)
6	KORPALSKI Tomasz	209	BIEGAJ Z GŁOWĄ	M-30	3	01:23:15	02:22:33	03:22:37	04:15:58	05:00:34		05:46:27.75	05:46:57.40	+00:39:23 (11.4%)	6:24	9.4 (89.5%)
7	ŁYJAK Błażej	434	CHATA BIEGACZA K34	M-30	4	01:16:48	02:17:07	03:19:16	04:14:46	05:02:39		05:47:28.00	05:47:32.15	+00:39:57 (11.5%)	6:26	9.3 (88.6%)
8	STOLARZ Piotr	170		M-40	3	01:14:34	02:11:52	03:13:34	04:13:42	05:01:08		05:48:58.70	05:49:03.15	+00:41:28 (11.9%)	6:27	9.3 (88.6%)
9	LANGNER Radosław	215	VEGE RUNNERS	M-30	5	01:17:18	02:18:19	03:18:41	04:16:47	05:06:03		05:51:47.95	05:51:57.60	+00:44:23 (12.6%)	6:30	9.2 (87.6%)
10	PLOCH Jakub	401	NIGHT RUNNERS ZABRZE	M-20	2	01:16:39	02:18:07	03:20:22	04:18:51	05:07:17		05:56:35.60	05:56:36.80	+00:49:02 (13.8%)	6:36	9.1 (86.7%)
11	WINIARSKA Katarzyna	314	PKB/HRT	K-30	1	01:20:04	02:20:41	03:22:39	04:18:06	05:07:10		05:56:42.85	05:56:44.95	+00:49:10 (13.8%)	6:36	9.1 (86.7%)
12	RAZIM Mateusz	410	6 BPD	M-20	3	01:21:59	02:23:08	03:24:48	04:21:23	05:09:39		05:57:06.75	05:57:17.45	+00:49:43 (13.9%)	6:36	9.1 (86.7%)
13	FUDAŁA Patrycjusz	511	KM PSP SOSNOWIEC	M-40	4	01:19:30	02:20:24	03:21:26	04:20:04	05:11:19		05:59:24.60	05:59:27.70	+00:51:53 (14.4%)	6:39	9 (85.7%)
14	WOLBACH Tomasz	247	WOLNE ŚLIMAKI	M-30	6	01:21:43	02:23:22	03:25:01	04:22:20	05:12:48		06:00:45.75	06:00:52.95	+00:53:18 (14.8%)	6:40	9 (85.7%)
15	WASZEK Sławomir	254	KARKONOSZ RUNNING TEAM	M-30	7	01:13:32	02:13:37	03:14:34	04:16:24	05:12:49		06:01:35.05	06:01:45.30	+00:54:11 (15.0%)	6:41	9 (85.7%)
16	SZCZEPANIAK Marcin	50	XRUNNERS	M-30	8	01:14:28	02:15:27	03:19:46	04:20:12	05:13:35		06:01:58.45	06:02:00.15	+00:54:25 (15.0%)	6:42	9 (85.7%)
17	MACULEWICZ Mateusz	61		M-30	9	01:21:38	02:23:42	03:27:24	04:27:19	05:18:21		06:09:45.55	06:09:50.30	+01:02:16 (16.8%)	6:50	8.8 (83.8%)
18	TOPOLSKI Marcin	524		M-40	5	01:20:22	02:21:09	03:24:41	04:26:29	05:20:47		06:10:07.90	06:10:11.80	+01:02:37 (16.9%)	6:51	8.8 (83.8%)
19	KONVALINA Matěj	399	ULTRA MOST	M-30	10	01:25:16	02:31:40	03:38:28	04:38:18	05:28:42		06:16:30.90	06:16:37.95	+01:09:03 (18.3%)	6:58	8.6 (81.9%)
20	OLKIS Rafał	155	PRZEBIEGA.PL	M-30	11	01:17:17	02:19:27	03:28:49	04:31:42	05:26:39		06:17:41.15	06:17:45.60	+01:10:11 (18.6%)	6:59	8.6 (81.9%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
21	MYSZCZYSZYŃ Łukasz	172	KUDOWA BIEGA	M-30	12	01:19:09	02:23:56	03:34:08	04:36:11	05:28:33		06:18:27.20	06:18:36.10	+01:11:01 (18.8%)	7:00	8.6 (81.9%)
22	ZALEWSKI Dariusz	342	KWT	M-40	6	01:21:00	02:28:13	03:37:54	04:43:27	05:34:00		06:22:18.45	06:22:20.75	+01:14:46 (19.6%)	7:04	8.5 (81.0%)
23	KOLMAJER Rafał	244		M-30	13	01:18:41	02:22:55	03:32:38	04:41:09	05:35:30		06:25:21.70	06:25:25.35	+01:17:51 (20.2%)	7:08	8.4 (80.0%)
24	KAŹMIERCZAK Marta	505		K-30	2	01:20:05	02:23:36	03:33:20		05:32:11		06:25:32.95	06:25:49.10	+01:18:14 (20.3%)	7:08	8.4 (80.0%)
25	ZAWORSKI Tomasz	226		M-30	14	01:24:58	02:32:04	03:40:05	04:45:30	05:35:47		06:25:48.00	06:25:53.80	+01:18:19 (20.3%)	7:08	8.4 (80.0%)
26	HEŁMECKI Artur	400		M-40	7	01:21:42	02:26:32	03:34:37	04:41:34	05:36:14		06:25:59.90	06:26:09.25	+01:18:35 (20.4%)	7:08	8.4 (80.0%)
27	SZYDLIK Arkadiusz	129	DOGOŃ GRODZISK MAZOWIECKI	M-30	15	01:19:38	02:22:29	03:32:06	04:35:45	05:35:07		06:26:09.15	06:26:30.30	+01:18:56 (20.4%)	7:09	8.4 (80.0%)
28	MIKEŠOVÁ Jana	158	BAKAKO RUNNING TEAM	K-20	1	01:24:54	02:31:43	03:41:22	04:45:22	05:36:29		06:26:46.40	06:26:49.30	+01:19:15 (20.5%)	7:09	8.4 (80.0%)
29	ROPELEWSKI Tomasz	147		M-20	4	01:26:29	02:35:29	03:44:39	04:49:47			06:28:41.80	06:28:59.70	+01:21:25 (20.9%)	7:11	8.3 (79.0%)
30	NIEZGÓDKA Tomasz	528		M-40	8	01:29:49	02:36:16	03:45:50	04:49:43	05:39:49		06:28:51.95	06:29:04.05	+01:21:29 (20.9%)	7:12	8.3 (79.0%)
31	BENDIG Wojciech	306		M-40	9	01:30:38	02:36:05	03:39:30	04:44:57	05:37:39		06:29:51.15	06:30:23.20	+01:22:49 (21.2%)	7:13	8.3 (79.0%)
32	STEFANIAK Łukasz	460		M-40	10	01:20:21	02:21:45	03:25:56	04:25:39	05:36:41		06:30:33.35	06:30:38.90	+01:23:04 (21.3%)	7:13	8.3 (79.0%)
33	DOMBROWSKI Jakub	389	KRWAWE SUTY RUN&BIKE	M-30	16	01:26:36	02:33:59	03:41:49	04:42:25	05:36:00		06:31:40.20	06:31:48.05	+01:24:13 (21.5%)	7:15	8.3 (79.0%)
34	ŚWIERAD Dariusz	35	ASICS FRONTRUNNER POLSKA	M-30	17	01:19:55	02:21:07	03:25:59	04:33:53	05:33:45		06:32:03.75	06:32:06.50	+01:24:32 (21.6%)	7:15	8.3 (79.0%)
35	MARGASIŃSKI Jacek	173	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M-30	18	01:21:51	02:26:08	03:35:43	04:44:04	05:40:21		06:33:17.05	06:33:20.95	+01:25:46 (21.8%)	7:16	8.2 (78.1%)
36	JARMOLIŃSKI Piotr	258	WIECZORNE BIEGANIE W SZCZECINIE	M-40	11	01:30:15	02:38:32	03:49:17	04:51:44	05:44:07		06:35:34.70	06:35:42.85	+01:28:08 (22.3%)	7:19	8.2 (78.1%)
37	ZIĘBORAK Szymon	166		M-30	19	01:20:25	02:29:43	03:37:52	04:46:09	05:44:15		06:36:59.25	06:37:01.85	+01:29:27 (22.5%)	7:21	8.2 (78.1%)
38	JANIK Rafał	275	GMINA STRZELCE OPOLSKIE	M-40	12	01:18:56	02:23:02	03:35:14	04:41:23	05:37:43		06:37:50.00	06:37:53.80	+01:30:19 (22.7%)	7:22	8.1 (77.1%)
39	MALINOWSKI Łukasz	201	SZCZYTOGRAFIA	M-20	5	01:42:13	02:51:41	04:04:32	05:03:15	05:51:07		06:37:35.80	06:38:05.75	+01:30:31 (22.7%)	7:21	8.1 (77.1%)
40	MIKRUT Remigiusz	331	CHEŁMNO BIEGA	M-30	20	01:30:24	02:40:10	03:50:12	04:55:29	05:46:41		06:38:26.55	06:38:37.30	+01:31:03 (22.8%)	7:22	8.1 (77.1%)
41	KRZYSZTOŃ Tomasz	327	AMBITNI AMATORZY	M-40	13	01:30:30	02:40:03	03:50:06	04:55:40	05:47:58		06:38:46.05	06:38:51.80	+01:31:17 (22.9%)	7:23	8.1 (77.1%)
42	BLUMENFELD Jacek	49		M-20	6	01:26:19	02:33:17	03:46:01	04:54:52	05:48:41		06:40:37.50	06:40:46.25	+01:33:12 (23.3%)	7:25	8.1 (77.1%)
43	KUCHARSKI Przemysław	382	ROKIETNICA BIEGA	M-30	21	01:30:08	02:35:22	03:37:46	04:05:52	04:51:28	00:59:00	06:40:19.85	06:41:03.00	+01:33:28 (23.3%)	6:19	9.5 (90.5%)
44	RYNKIEWICZ Agnieszka	87	TEAM FIT TEST FAMILY	K-30	3	01:30:46	02:41:15	03:53:46	04:55:44	05:48:42		06:40:59.45	06:41:04.20	+01:33:30 (23.3%)	7:25	8.1 (77.1%)
45	DANIELAK Michał	451	ORKIESTRA WOJSKOWA W TORUNIU	M-40	14	01:30:22	02:38:13	03:48:17	04:54:25	05:47:08		06:41:12.80	06:41:43.90	+01:34:09 (23.4%)	7:25	8.1 (77.1%)
46	GOLIŃSKI Michał	168		M-30	22	01:24:42	02:35:50	03:49:20	04:57:58	05:50:58		06:42:25.00	06:42:34.30	+01:35:00 (23.6%)	7:27	8.1 (77.1%)
47	KORCZ Daniel	521	KB MCKIS JAWORZNO	M-30	23	01:28:32	02:36:20	03:45:44	04:54:29			06:42:11.50	06:42:34.30	+01:35:00 (23.6%)	7:26	8.1 (77.1%)
48	GARCZYŃSKI Darek	136		M-40	15	01:28:47	02:39:13	03:50:28	04:55:31	05:51:50		06:43:03.05	06:43:09.95	+01:35:35 (23.7%)	7:27	8 (76.2%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net time	Czas brutto	Pace min/km	Pace km/h	
						13.9km	22.9km	33.7km	40.9km	47.7km		54km	54km			Gap
49	MACIĄG Grzegorz	81		M-30	24	01:28:48	02:38:11	03:45:07	04:43:12	05:37:49		06:43:02.55	06:43:14.40	+01:35:40 (23.7%)	7:27	8 (76.2%)
50	NOWAK Wojtek	10	EXPLORADOR	M-40	16	01:30:26	02:37:55	03:47:36	04:54:30	05:48:43		06:42:48.10	06:43:17.15	+01:35:42 (23.7%)	7:27	8 (76.2%)
51	KULESZA Artur	167	BESKIDZKA 160	M-50	1	01:30:23	02:34:54	03:44:17	04:52:58	05:47:47		06:43:28.75	06:43:41.20	+01:36:07 (23.8%)	7:28	8 (76.2%)
52	KUCIEL Paweł	203	KOPALNIA WAPIENIA CZATKOWICE	M-20	7	01:23:15	02:30:41	03:43:16	04:50:55	05:48:08		06:43:07.80	06:43:52.95	+01:36:18 (23.8%)	7:27	8 (76.2%)
53	KUNA Wojciech	26		M-20	8	01:30:31	02:38:43	03:49:03	04:55:47	05:51:08		06:44:47.50	06:44:53.00	+01:37:18 (24.0%)	7:29	8 (76.2%)
54	GAJDA Sebastian	194	WIECZORNE BIEGANIE W SZCZECINIE	M-30	25	01:24:08	02:36:28	03:50:02	04:57:01	05:52:43		06:45:05.10	06:45:11.20	+01:37:37 (24.1%)	7:30	8 (76.2%)
55	JANIAK Przemysław	13		M-30	26	01:20:22	02:26:44	03:34:30	04:51:58	05:50:19		06:46:05.90	06:46:12.90	+01:38:38 (24.3%)	7:31	8 (76.2%)
56	PLUTA Daniel	404	TEAM PLUTT	M-30	27	01:30:15	02:41:34	03:52:33	04:59:56	05:54:11		06:46:04.05	06:46:18.10	+01:38:43 (24.3%)	7:31	8 (76.2%)
57	STRYCHARSKI Krystian	492	AVE MARIA KIDS	M-30	28	01:26:56	02:38:07	03:55:00	05:02:42	05:56:10		06:48:51.30	06:48:55.45	+01:41:21 (24.8%)	7:34	7.9 (75.2%)
58	JAROSZ Anna	179		K-20	2	01:29:25	02:38:39	03:51:19	04:54:37	05:51:29		06:49:52.05	06:50:28.40	+01:42:54 (25.1%)	7:35	7.9 (75.2%)
59	MATEJA Mariusz	250	RAT TEAM	M-30	29	01:27:14	02:40:37	03:54:14	05:02:10	05:58:24		06:50:33.40	06:50:44.15	+01:43:09 (25.1%)	7:36	7.9 (75.2%)
60	KACZMAREK Magdalena	132	STREFA PSYCHOLOGII SPORTU	K-30	4	01:32:28	02:41:52	03:57:54	05:04:59	05:59:32		06:50:36.50	06:50:54.70	+01:43:20 (25.1%)	7:36	7.9 (75.2%)
61	GÓRNIAK-ANTKOWIAK Agnieszka	517	OBORYGENI	K-40	1	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19		06:51:47.60	06:51:53.25	+01:44:19 (25.3%)	7:37	7.9 (75.2%)
62	PRYSTASZ Krzysztof	487	OŁAWSKA GRUPA BIEGOWA	M-40	17	01:20:25	02:30:28	03:43:41	04:58:15	05:56:15		06:51:49.20	06:51:55.15	+01:44:20 (25.3%)	7:37	7.9 (75.2%)
63	KUSZTEŁAK Jacek	328		M-30	30	01:28:57	02:41:20	03:53:58	05:03:37	06:01:00		06:52:44.65	06:52:53.05	+01:45:18 (25.5%)	7:38	7.8 (74.3%)
64	RÓŻANOWSKI Łukasz	139		M-30	31	01:27:21	02:37:08	03:50:29	04:57:57	05:57:50		06:52:43.20	06:53:11.70	+01:45:37 (25.6%)	7:38	7.9 (75.2%)
65	MURAWSKI Maciej	318	MIKI TEAM	M-40	18	01:30:19	02:38:47	03:51:26	05:00:40	05:58:19		06:52:50.90	06:53:14.15	+01:45:39 (25.6%)	7:38	7.8 (74.3%)
66	ORUBA Dawid	2		M-20	9	01:28:48	02:39:11	03:54:44	05:03:43	06:00:45		06:53:58.50	06:54:12.10	+01:46:37 (25.7%)	7:39	7.8 (74.3%)
67	SZAPORÓW Łukasz	337	SPARTAN RACE TEAM GROUP PROSZOWICE	M-30	32	01:25:06	02:29:45	03:43:53	04:56:54	05:58:18		06:54:40.75	06:54:42.90	+01:47:08 (25.8%)	7:40	7.8 (74.3%)
68	PIECUCH Marcin	164	LACHO TEAM	M-30	33	01:28:09	02:39:56	03:56:17	05:02:39	05:59:23		06:54:52.05	06:54:58.10	+01:47:23 (25.9%)	7:40	7.8 (74.3%)
69	WALCZAK Patryk	178	XRUNNERS	M-20	10	01:25:26	02:38:11	03:53:35	05:02:14	06:00:55		06:55:14.30	06:55:15.70	+01:47:41 (25.9%)	7:41	7.8 (74.3%)
70	BUCHLA Marcin	301	GT RAT	M-40	19	01:30:05	02:44:11	03:58:14	05:05:45	06:02:22		06:56:54.00	06:56:57.35	+01:49:23 (26.2%)	7:43	7.8 (74.3%)
71	KOMISARCZYK Anna	3		K-30	5	01:33:03	02:47:25	04:00:50	05:07:57	06:01:26		06:57:02.20	06:57:10.20	+01:49:36 (26.3%)	7:43	7.8 (74.3%)
72	RATYŃSKI Marek	117	OTWOCKI TUPTACZ	M-40	20	01:25:05	02:38:21	03:50:14	05:07:16	06:00:15		06:57:26.30	06:57:35.45	+01:50:01 (26.3%)	7:43	7.8 (74.3%)
73	SOKOŁOWSKI Grzegorz	394		M-40	21	01:26:57	02:36:35	03:50:54	05:02:07	05:59:57		06:58:00.25	06:58:02.55	+01:50:28 (26.4%)	7:44	7.8 (74.3%)
74	CWOJDZIŃSKI Piotr	469	NIGHT RUNNERS	M-40	22	01:30:26	02:42:11	03:57:58	05:07:43	06:04:27		06:57:48.20	06:58:03.85	+01:50:29 (26.4%)	7:44	7.8 (74.3%)
75	THIER Dominik	119	KS KANDAHAR	M-40	23	01:31:00	02:43:29	03:58:55	05:07:39	06:05:02		07:00:11.95	07:00:16.70	+01:52:42 (26.8%)	7:46	7.7 (73.3%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Pace	Pace	
						13.9km	22.9km	33.7km	40.9km	47.7km		time	brutto			Gap
76	LEWANDOWSKI Filip	176		M-30	34	01:30:43	02:40:50	03:56:14	05:07:43	06:04:43		07:01:00.10	07:01:21.65	+01:53:47 (27.0%)	7:47	7.7 (73.3%)
77	KOWALSKI Andrzej	452		M-50	2	01:29:47	02:40:32	03:54:45	05:07:01	06:04:42		07:01:57.20	07:02:05.05	+01:54:30 (27.1%)	7:48	7.7 (73.3%)
78	LEWANDOWSKA Karolina	539	DREAM RUN	K-40	2	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23		07:03:22.75	07:03:40.80	+01:56:06 (27.4%)	7:50	7.7 (73.3%)
79	KOCHANOWSKI Michał	193	NR	M-20	11	01:32:02	02:44:52	04:01:51	05:10:27	06:08:43		07:04:48.65	07:05:17.15	+01:57:42 (27.7%)	7:52	7.6 (72.4%)
80	CHECHELSKI Przemysław	200	TAURON TEAM	M-30	35	01:30:57	02:40:19	03:56:16	05:08:38	06:08:52		07:06:29.45	07:06:51.30	+01:59:17 (27.9%)	7:53	7.6 (72.4%)
81	KWOLIK Daniel	491		M-40	24	01:24:20	02:35:35	03:52:18	05:04:49	06:07:18		07:06:44.25	07:06:57.40	+01:59:23 (28.0%)	7:54	7.6 (72.4%)
82	NOWAK Paweł	448	SUPERMARATON KALISZ	M-50	3	01:31:55	02:44:44	03:59:48	05:10:53	06:09:07		07:07:05.75	07:07:07.30	+01:59:33 (28.0%)	7:54	7.6 (72.4%)
83	SZYL Marek	105	RUNNERS TEAM QUIBL	M-40	25	01:32:10	02:49:05	04:08:50	05:19:22	06:12:11		07:06:51.50	07:07:10.20	+01:59:36 (28.0%)	7:54	7.6 (72.4%)
84	LAMPARSKI Łukasz	308		M-30	36	01:32:12	02:48:33	04:00:46	05:12:23	06:11:40		07:07:13.20	07:07:23.35	+01:59:49 (28.0%)	7:54	7.6 (72.4%)
85	OBIDOWSKI Łukasz	8	NARAMOWICE BIEGAJĄ	M-30	37	01:29:27	02:42:21	03:58:35	05:09:46	06:09:36		07:07:33.15	07:07:36.25	+02:00:02 (28.1%)	7:55	7.6 (72.4%)
86	PIECUCH Karolina	141	LACHO TEAM/SKLEP BIEGACZA	K-30	6	01:31:11	02:45:00	04:09:07	05:17:41	06:13:20		07:07:33.70	07:07:40.05	+02:00:05 (28.1%)	7:55	7.6 (72.4%)
87	MROWCA Joanna	95		K-20	3	01:38:15	02:52:49	04:07:05	05:16:18	06:13:30		07:07:43.35	07:07:58.90	+02:00:24 (28.1%)	7:55	7.6 (72.4%)
88	EWERT-KRZEMIENIEWSKI Stanisław	504		M-30	38	01:34:14	02:52:04	04:05:37	05:15:44	06:11:33		07:08:20.60	07:09:09.45	+02:01:35 (28.3%)	7:55	7.6 (72.4%)
89	STROBIN Filip	449		M-30	39	01:38:32	02:53:21	04:09:06	05:17:36	06:14:05		07:08:53.55	07:09:15.75	+02:01:41 (28.3%)	7:56	7.6 (72.4%)
90	DEMYDA Michał	282		M-30	40	01:27:41	02:36:58	03:51:10	05:02:54	06:08:42		07:09:42.90	07:09:48.45	+02:02:14 (28.4%)	7:57	7.5 (71.4%)
91	RYNKIEWICZ Mateusz	67	TEAM FIT TEST FAMILY	M-30	41	01:30:46	02:41:27	03:55:37	05:11:11	06:12:26		07:11:35.60	07:11:40.95	+02:04:06 (28.8%)	7:59	7.5 (71.4%)
92	KOWALIK Mariusz	80	NGB KŁOBUCK	M-30	42	01:24:39	02:37:41	03:57:39	05:11:08	06:11:58		07:11:59.95	07:12:05.10	+02:04:30 (28.8%)	8:00	7.5 (71.4%)
93	MAKAREWICZ Wiktor	60	ADIDAS RUNNERS WARSAW	M-30	43	01:34:58	02:49:13	04:04:01	05:14:28	06:10:43		07:16:12.80	07:16:56.45	+02:09:22 (29.6%)	8:04	7.4 (70.5%)
94	KONRAD Artur	27	BRACIA TEAM ZAWIERCIE	M-40	26	01:34:14	02:53:20	04:08:24	05:19:24	06:21:17		07:17:16.25	07:17:28.95	+02:09:54 (29.7%)	8:05	7.4 (70.5%)
95	KONRAD Marcin	29	BRACIA TEAM ZAWIERCIE	M-30	44	01:34:14	02:53:20	04:08:29	05:19:33	06:21:18		07:18:29.05	07:18:42.25	+02:11:08 (29.9%)	8:07	7.4 (70.5%)
96	SKROK Krzysztof	339	RYKOWISKO	M-40	27	01:38:16	02:57:41	04:13:35	05:25:18	06:22:29		07:18:03.95	07:18:44.80	+02:11:10 (29.9%)	8:06	7.4 (70.5%)
97	KŁOSOWSKI Piotr	313	STRZEGOMSKA DWUNASTKA	M-40	28	01:29:10	02:37:55	03:58:15	05:16:14	06:20:47		07:18:32.65	07:18:55.30	+02:11:21 (29.9%)	8:07	7.4 (70.5%)
98	GRUCA Kornel	299		M-20	12	01:31:38	02:42:29	04:04:18	05:18:03			07:18:54.60	07:19:05.90	+02:11:31 (30.0%)	8:07	7.4 (70.5%)
99	WÓJCIK Małgorzata	220	BESKIDZKA 160	K-40	3	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53		07:18:53.80	07:19:06.80	+02:11:32 (30.0%)	8:07	7.4 (70.5%)
100	PAPROCKI Krzysztof	52		M-40	29	01:33:33	02:50:00	04:11:53	05:24:27	06:23:15		07:18:49.85	07:19:10.70	+02:11:36 (30.0%)	8:07	7.4 (70.5%)
101	NIEMCZYK Damian	391	DREAM RUN	M-30	45	01:29:45	02:43:11	03:57:43	05:14:13	06:20:49		07:19:13.55	07:19:36.65	+02:12:02 (30.0%)	8:08	7.4 (70.5%)
102	PIĄTEK Karolina	146	NOGAMIDOGORY.PL	K-30	7	01:32:07	02:42:23	04:00:02	05:15:28	06:19:38		07:19:19.90	07:19:45.25	+02:12:11 (30.1%)	8:08	7.4 (70.5%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
103	GÓRAL Grzesiek	520	KB MCKIS JAWORZNO	M-30	46	01:32:33	02:42:50	04:00:27	05:15:55	06:19:48		07:19:45.35	07:19:45.35	+02:12:11 (30.1%)	8:08	7.4 (70.5%)
104	GOŁĄB Mateusz	222		M-30	47	01:33:11	02:46:59	04:05:10	05:19:38	06:22:10		07:20:42.40	07:20:46.35	+02:13:12 (30.2%)	8:09	7.4 (70.5%)
105	BEDNARZ Sebastian	54		M-40	30	01:35:33	02:49:15	04:06:47	05:19:52	06:21:30		07:20:29.95	07:20:49.45	+02:13:15 (30.2%)	8:09	7.4 (70.5%)
106	KAŻMIERCZAK Piotr	346	FILIPPIDES	M-30	48	01:35:08	02:50:11	04:10:27	05:23:14	06:24:29		07:20:37.65	07:21:14.20	+02:13:40 (30.3%)	8:09	7.4 (70.5%)
107	DUDA Dawid	383	REHAU TEAM	M-30	49	01:30:58	02:47:20	04:10:25	05:26:41	06:26:08		07:21:07.30	07:21:26.00	+02:13:51 (30.3%)	8:10	7.3 (69.5%)
108	ROJEWSKI Paweł	225		M-30	50	01:24:55	02:40:16	04:01:55		06:20:05		07:21:31.30	07:21:34.80	+02:14:00 (30.3%)	8:10	7.3 (69.5%)
109	BADURA Wojtek	503	ZIELONA TRAFFFKA	M-50	4	01:37:48	02:56:35	04:13:31	05:27:31	06:26:19		07:21:42.05	07:22:13.30	+02:14:39 (30.4%)	8:10	7.3 (69.5%)
110	NOWAK Marcin	206	BIEGNAŹY ZA PABLEM	M-30	51	01:36:19	02:53:20	04:13:23	05:28:19	06:27:55		07:22:30.55	07:23:12.30	+02:15:38 (30.6%)	8:11	7.3 (69.5%)
111	IGNASZEWSKI Krzysztof	289	RUNNER'S POWER	M-30	52	01:30:45	02:47:21	04:10:27	05:26:35	06:26:11		07:23:12.65	07:23:30.55	+02:15:56 (30.7%)	8:12	7.3 (69.5%)
112	MATUSZEWSKI Marek	196	RUNNER'S POWER	M-40	31	01:30:57	02:46:08	04:10:22	05:26:38	06:26:15		07:23:13.60	07:23:30.90	+02:15:56 (30.7%)	8:12	7.3 (69.5%)
113	MATYJASEK Paulina	349		K-30	8	01:41:23	03:03:15	04:20:31	05:31:54	06:27:53		07:23:34.35	07:24:02.35	+02:16:28 (30.7%)	8:12	7.3 (69.5%)
114	SIKORA Michał	326		M-40	32	01:35:02	02:53:14	04:11:28	05:26:31	06:29:04		07:24:12.95	07:24:54.10	+02:17:19 (30.9%)	8:13	7.3 (69.5%)
115	KOCOŃ Mariusz	376	BOLKO OPOLE	M-50	5	01:37:47	02:59:12	04:18:27	05:32:59	06:29:37		07:24:55.60	07:25:33.45	+02:17:59 (31.0%)	8:14	7.3 (69.5%)
116	NOWINOWSKI Andrzej	38	KB MARATON TUREK	M-40	33	01:24:50	02:35:10	03:51:48	05:10:10	06:18:38		07:25:54.00	07:25:58.25	+02:18:24 (31.0%)	8:15	7.3 (69.5%)
117	GÓRNICKI Tomasz	228		M-30	53	01:36:30	02:57:38	04:15:51	05:28:36	06:29:26		07:26:29.60	07:27:15.40	+02:19:41 (31.2%)	8:16	7.3 (69.5%)
118	SZCZEŚNIAK Dorota	356	RANKOR	K-30	9	01:38:49	03:00:04	04:20:57	05:33:14	06:32:48		07:27:12.65	07:27:24.80	+02:19:50 (31.3%)	8:16	7.2 (68.6%)
119	PAPIEWSKA Natalia	303		K-20	4	01:44:10	03:01:00	04:19:17	05:29:49	06:26:36		07:27:17.85	07:27:50.50	+02:20:16 (31.3%)	8:17	7.2 (68.6%)
120	USS Agnieszka	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K-40	4	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52		07:28:19.70	07:28:41.90	+02:21:07 (31.5%)	8:18	7.2 (68.6%)
121	MACKIEWICZ Artur	295	DŁUGOBIEGANIE	M-40	34	01:34:38	02:59:43	04:15:10	05:32:00	06:29:18		07:28:22.10	07:28:47.00	+02:21:12 (31.5%)	8:18	7.2 (68.6%)
122	SKRZYPCZAK Maciej	530	RUNNER'S POWER	M-30	54	01:30:56	02:47:21	04:10:23	05:28:02	06:29:20		07:28:42.85	07:29:01.10	+02:21:26 (31.5%)	8:18	7.2 (68.6%)
123	HORYNA Daniel	461	OPOLANY	M-40	35	01:37:53	02:52:19	04:09:44	05:25:42	06:29:06		07:28:33.75	07:29:21.00	+02:21:46 (31.6%)	8:18	7.2 (68.6%)
124	JACH Paweł	253		M-50	6	01:32:02	02:45:06	04:01:43	05:17:48	06:22:09		07:29:39.65	07:29:48.75	+02:22:14 (31.6%)	8:19	7.2 (68.6%)
125	GOLEC Tomasz	455		M-30	55	01:37:42	02:59:29	04:19:18	05:35:58	06:35:08		07:30:15.00	07:30:48.65	+02:23:14 (31.8%)	8:20	7.2 (68.6%)
126	GRUNTOWSKI Mateusz	15		M-30	56	01:36:30	02:57:48	04:23:20	05:36:06	06:34:03		07:30:27.40	07:30:54.60	+02:23:20 (31.8%)	8:20	7.2 (68.6%)
127	ZIMKOWSKI Marcin	535	KGHM ZG RUN	M-30	57	01:28:52	02:43:46	04:09:11	05:27:44	06:29:25		07:30:50.35	07:31:01.30	+02:23:27 (31.8%)	8:20	7.2 (68.6%)
128	SZCZOTKA Katarzyna	84		K-40	5	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02		07:31:34.95	07:31:49.80	+02:24:15 (31.9%)	8:21	7.2 (68.6%)
129	KOWALCZYK Marek	352	KB TKKF PROMYK CIECHANÓW	M-40	36	01:38:46	02:53:23	04:12:14	05:29:25	06:31:36		07:32:08.80	07:32:49.20	+02:25:15 (32.1%)	8:22	7.2 (68.6%)
130	DZIUBA Piotr	99		M-40	37	01:32:21	02:52:20	04:16:54	05:32:08	06:35:53		07:34:06.25	07:34:20.55	+02:26:46 (32.3%)	8:24	7.1 (67.6%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Pace	Pace	
						13.9km	22.9km	33.7km	40.9km	47.7km		time	brutto			Gap
131	MICHALSKI Piotr	174		M-30	58	01:36:42	02:55:00	04:15:34	05:30:32	06:33:50		07:34:00.90	07:34:21.75	+02:26:47 (32.3%)	8:24	7.1 (67.6%)
132	JACHYMSKI Jacek	435	AKG ŁÓDŹ	M-50	7	01:41:37	03:04:43	04:24:46	05:35:09	06:36:12		07:34:12.20	07:34:30.10	+02:26:55 (32.3%)	8:24	7.1 (67.6%)
133	GRYSKA Piotr	508		M-40	38	01:37:50	02:58:25	04:15:47	05:35:37	06:35:08		07:34:29.45	07:34:34.50	+02:27:00 (32.3%)	8:24	7.1 (67.6%)
134	KRZEMIELNIEWSKI Adam	507		M-20	13	01:31:09	02:44:36	04:19:42	05:45:42	06:38:25		07:34:01.40	07:34:50.80	+02:27:16 (32.4%)	8:24	7.1 (67.6%)
135	KONDZIELNIK Magdalena	76		K-40	6	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14		07:35:16.70	07:35:32.05	+02:27:57 (32.5%)	8:25	7.1 (67.6%)
136	KOZIEŁ Tomasz	240	KUDOWSCY MIŁOŚNICY BIEGANIA	M-30	59	01:30:15	02:45:17	04:04:21	05:24:44	06:33:10		07:36:04.05	07:36:34.60	+02:29:00 (32.6%)	8:26	7.1 (67.6%)
137	SZMAJ Michał	412	AKTYWNY OSTRZESZÓW	M-20	14	01:31:02	02:47:00	04:13:58	05:38:41	06:41:25		07:36:16.55	07:36:35.35	+02:29:01 (32.6%)	8:26	7.1 (67.6%)
138	ADAMCZEWSKI Jakub	468	NIGHT RUNNERS	M-30	60	01:37:22	02:58:08	04:25:34	05:45:11	06:41:36		07:37:01.45	07:37:20.60	+02:29:46 (32.7%)	8:27	7.1 (67.6%)
139	PLEWA Tomasz	83		M-40	39	01:34:17	02:59:19	04:20:39	05:34:15	06:37:48		07:37:48.85	07:38:11.40	+02:30:37 (32.9%)	8:28	7.1 (67.6%)
140	KILIŃSKI Jacek	364	ELITE SPORTS	M-40	40	01:29:05	02:47:14	04:11:32	05:34:05	06:37:49		07:38:43.30	07:38:45.00	+02:31:10 (33.0%)	8:29	7.1 (67.6%)
141	OLSZAK Dariusz	276		M-30	61	01:32:55	02:50:04	04:15:21	05:37:01	06:39:02		07:37:57.95	07:38:56.20	+02:31:22 (33.0%)	8:28	7.1 (67.6%)
142	CIRKO Arkadiusz	189	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M-40	41	01:33:49	02:50:08	04:15:27	05:37:08	06:39:15		07:38:05.10	07:38:58.45	+02:31:24 (33.0%)	8:28	7.1 (67.6%)
143	PAROL Artur	424	RAD	M-40	42	01:34:42	02:55:04	04:14:59	05:32:10	06:42:34		07:38:42.70	07:38:59.35	+02:31:25 (33.0%)	8:29	7.1 (67.6%)
144	RÓŻAŃSKI Mateusz	266		M-30	62	01:34:48	02:48:59	04:06:41	05:31:09	06:37:03		07:38:38.25	07:39:06.90	+02:31:32 (33.0%)	8:29	7.1 (67.6%)
145	NOWOROLNIK Paweł	108	PĘDZĄCE MISIE	M-30	63	01:42:12	02:59:49	04:22:10	05:36:15	06:40:54		07:38:49.00	07:39:28.00	+02:31:53 (33.1%)	8:29	7.1 (67.6%)
146	STARUCH Robert	65	DABEX - BOLT	M-30	64	01:34:01	02:53:29	04:16:28	05:37:30	06:40:53		07:39:37.20	07:39:49.90	+02:32:15 (33.1%)	8:30	7 (66.7%)
147	HICKIEWICZ Ludwik	120	BB RUNNERS	M-40	43	01:45:07	03:02:22	04:20:07	05:39:41	06:42:23		07:37:02.30	07:39:56.30	+02:32:22 (33.1%)	8:27	7.1 (67.6%)
148	KOŁODZIEJ Paweł	236		M-40	44	01:42:07	03:06:33	04:25:52	05:41:43	06:43:52		07:39:00.00	07:39:57.45	+02:32:23 (33.1%)	8:30	7.1 (67.6%)
149	PORĘBSKI Łukasz	242		M-30	65	01:40:29	03:03:24	04:23:04	05:36:40	06:40:03		07:38:24.95	07:40:03.85	+02:32:29 (33.1%)	8:29	7.1 (67.6%)
150	TRZEPIZUR Dominik	91	NGB KŁOBUCK	M-30	66	01:34:21	02:57:43	04:21:26	05:40:05	06:40:57		07:41:42.50	07:41:56.75	+02:34:22 (33.4%)	8:33	7 (66.7%)
151	MALEC Arkadiusz	212		M-20	15	01:36:53	02:54:15	04:14:54	05:32:35	06:35:33		07:41:49.00	07:42:18.10	+02:34:43 (33.5%)	8:33	7 (66.7%)
152	KABACIŃSKI Marcin	441		M-20	16	01:30:07	02:50:56	04:12:12	05:33:07	06:39:52		07:42:14.40	07:42:25.70	+02:34:51 (33.5%)	8:33	7 (66.7%)
153	DROZDZIK Magdalena	290	WKB META LUBLINIEC	K-30	10	01:31:58	02:55:41	04:17:34	05:36:22	06:39:00		07:42:33.55	07:42:40.15	+02:35:05 (33.5%)	8:33	7 (66.7%)
154	ŻMIJEWSKI Tomasz	294		M-30	67	01:34:19	02:55:41	04:17:48	05:35:39	06:41:24		07:42:56.75	07:43:04.55	+02:35:30 (33.6%)	8:34	7 (66.7%)
155	ZAŁUSTOWICZ Maciej	106		M-30	68	01:45:10	03:09:01	04:29:44	05:44:37	06:47:17		07:42:57.05	07:43:43.45	+02:36:09 (33.7%)	8:34	7 (66.7%)
156	SZCZĘŚNIAK Piotr	338	MASARNIA POZNAŃ	M-30	69	01:32:16	02:58:32	04:15:31	05:35:31	06:41:31		07:43:34.60	07:43:54.75	+02:36:20 (33.7%)	8:35	7 (66.7%)
157	LIZAKOWSKI Piotr	251	NYHA IV SZCZECIN	M-40	45	01:41:18	03:01:48	04:24:48	05:39:19	06:44:44		07:43:30.80	07:44:18.65	+02:36:44 (33.8%)	8:35	7 (66.7%)
158	FALKOWSKA Sandra	495	MOTIVE HOME TEAM/ NIGHT RUNNERS	K-30	11	01:33:30	02:55:46	04:15:21	05:34:49	06:41:33		07:44:17.35	07:44:32.20	+02:36:58 (33.8%)	8:35	7 (66.7%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
159	WOJEWODA Maciej	464	VEGE RUNNERS	M-30	70	01:46:27	03:08:49	04:29:59	05:44:36	06:47:21		07:43:56.05	07:44:41.65	+02:37:07 (33.8%)	8:35	7 (66.7%)
160	RODAK Zbigniew	116		M-30	71	01:34:00	02:51:54	04:16:39	05:34:50	06:39:32		07:44:42.60	07:45:06.30	+02:37:32 (33.9%)	8:36	7 (66.7%)
161	LESZCZYŃSKI Michał	369	SYBERIAN HUSKY TEAM	M-40	46	01:40:37	03:05:39	04:28:33	05:41:05	06:45:17		07:44:34.75	07:45:24.30	+02:37:50 (33.9%)	8:36	7 (66.7%)
162	WOŁCZEK Przemysław	259	GRUPA BIEGOWA BEZ GRANIC	M-30	72	01:37:25	03:05:39	04:33:25	05:47:23	06:48:10		07:45:56.55	07:46:18.60	+02:38:44 (34.0%)	8:37	7 (66.7%)
163	LESZCZYŃSKI Mateusz	362		M-30	73	01:34:51	02:52:40	04:18:31	05:33:12	06:41:12		07:46:04.80	07:46:20.25	+02:38:46 (34.0%)	8:37	7 (66.7%)
164	MAJCHROWSKI Jacek	41	CKB TARNOBRZEG	M-40	47	01:37:51	03:00:42	04:25:17	05:42:20	06:48:18		07:46:03.45	07:46:22.65	+02:38:48 (34.1%)	8:37	7 (66.7%)
165	ŁUCZAK Paweł	125		M-40	48	01:42:00	02:58:39	04:22:31	05:42:24	06:48:22		07:46:28.40	07:46:37.10	+02:39:02 (34.1%)	8:38	6.9 (65.7%)
166	PIERNIK Radosław	219	6300	M-40	49	01:34:09	02:52:59	04:14:36	05:33:30	06:39:10		07:46:57.25	07:47:36.55	+02:40:02 (34.2%)	8:38	6.9 (65.7%)
167	MUSIAŁ Szymon	59	PRZEBIEGLI UNISŁAW	M-30	74	01:33:49	02:58:32	04:18:14	05:40:06	06:48:06		07:47:28.85	07:47:39.85	+02:40:05 (34.2%)	8:39	6.9 (65.7%)
168	SZPINEK Marcin	243	TUTU TEAM	M-30	75	01:34:14	02:55:10	04:16:53	05:38:52	06:45:35		07:47:26.95	07:47:42.85	+02:40:08 (34.2%)	8:39	6.9 (65.7%)
169	GRZEGORCZYK Mateusz	20	ZAKOCHAJ SIĘ W BIEGANIU (WROCŁAW)	M-20	17	01:47:57	03:08:58	04:29:35	05:40:59	06:47:28		07:47:11.10	07:47:43.80	+02:40:09 (34.2%)	8:39	6.9 (65.7%)
170	GIBALSKI Tomasz	493	OBORYGENI	M-40	50	01:43:15	03:05:37	04:24:41	05:44:49	06:48:48		07:47:50.70	07:47:58.05	+02:40:23 (34.3%)	8:39	6.9 (65.7%)
171	WŁOCH Sławomir	145		M-40	51	01:32:11	02:53:32	04:16:21	05:36:31	06:43:10		07:47:52.20	07:48:00.95	+02:40:26 (34.3%)	8:39	6.9 (65.7%)
172	KARP Paweł	501		M-30	76	01:31:10	02:45:39	04:16:12	05:40:47	06:46:42		07:47:36.60	07:48:17.00	+02:40:42 (34.3%)	8:39	6.9 (65.7%)
173	KOCIUMBAS Bartosz	373		M-40	52	01:48:32	03:09:34	04:34:44	05:46:21	06:48:21		07:47:32.40	07:48:22.40	+02:40:48 (34.3%)	8:39	6.9 (65.7%)
174	KAYSIEWICZ Maciej	532	NATURAL BORN RUNNERS TEAM	M-40	53	01:33:28	02:56:52	04:18:10	05:37:14	06:43:48		07:48:38.25	07:48:51.55	+02:41:17 (34.4%)	8:40	6.9 (65.7%)
175	BARAŃSKI Piotr	185	DELOITTE ADVENTURE TEAM	M-30	77	01:44:03	03:09:03	04:37:01	05:47:39	06:48:56		07:48:10.50	07:48:53.35	+02:41:19 (34.4%)	8:40	6.9 (65.7%)
176	LATANOWICZ Bernard	302		M-30	78	01:32:35	02:53:17	04:12:09	05:38:48	06:44:24		07:49:11.95	07:49:22.50	+02:41:48 (34.5%)	8:41	6.9 (65.7%)
177	WIŚNIEWSKI Artur	423	INTRO	M-40	54	01:41:34	02:58:13	04:20:20	05:39:47	06:48:25		07:48:50.80	07:49:31.50	+02:41:57 (34.5%)	8:40	6.9 (65.7%)
178	MALIK Agnieszka	541	ZUMBA	K-40	7	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44		07:49:22.40	07:49:39.70	+02:42:05 (34.5%)	8:41	6.9 (65.7%)
179	SZCZUPAKOWSKA Izabela	78		K-40	8	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24		07:49:36.00	07:50:06.45	+02:42:32 (34.6%)	8:41	6.9 (65.7%)
180	JADACH Grzegorz	283		M-30	79	01:30:00	02:49:00	04:15:32	05:35:03	06:41:32		07:50:02.30	07:50:08.10	+02:42:33 (34.6%)	8:42	6.9 (65.7%)
181	DUDEK Remigiusz	312	ZIĘBICE	M-30	80	01:40:30	02:59:49	04:23:35	05:42:18	06:44:44		07:49:53.45	07:50:08.90	+02:42:34 (34.6%)	8:42	6.9 (65.7%)
182	GOLA Radek	353		M-30	81	01:41:11	03:06:30	04:30:36	05:47:19	06:48:34		07:51:22.15	07:51:33.60	+02:43:59 (34.8%)	8:43	6.9 (65.7%)
183	TOMASZYK Klara	131	KOBIETY BIEGAJĄ	K-30	12	01:45:19	03:07:18	04:30:52	05:48:50	06:48:41		07:51:02.40	07:51:35.00	+02:44:00 (34.8%)	8:43	6.9 (65.7%)
184	STACHOWIAK Marek	21	ROKIETNICA BIEGA	M-40	55	01:37:43	02:59:29	04:19:34	05:40:01	06:44:26		07:50:52.75	07:51:36.45	+02:44:02 (34.8%)	8:43	6.9 (65.7%)
185	PODLEWSKI Rafał	409		M-30	82	01:53:22	03:19:03	04:36:12	05:51:19	06:51:01		07:50:57.00	07:51:51.40	+02:44:17 (34.8%)	8:43	6.9 (65.7%)
186	PLATA Marta	7		K-40	9	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47		07:51:33.00	07:51:59.75	+02:44:25 (34.8%)	8:43	6.9 (65.7%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
187	BUDZICH Wojciech	288	TKKF PROMYK CIECHANÓW	M-40	56	01:33:08	02:50:38	04:14:41	05:38:45	06:47:47		07:52:20.50	07:52:25.85	+02:44:51 (34.9%)	8:44	6.9 (65.7%)
188	PASIECZNIK Miłosz	265	MUAY RUNNING TEAM	M-30	83	01:54:01	03:18:05	04:39:06	05:59:44	06:57:04		07:52:04.40	07:52:48.30	+02:45:14 (34.9%)	8:44	6.9 (65.7%)
189	PIETRUCHA Maciej	261	SZWAGRY TEAM	M-30	84	01:46:03	03:09:00	04:30:16	05:48:13	06:51:45		07:52:38.45	07:53:26.80	+02:45:52 (35.0%)	8:45	6.9 (65.7%)
190	ŻEBRACKI Wojtek	444		M-30	85	01:46:57	03:09:38	04:39:04	05:51:01	06:52:24		07:53:27.05	07:53:42.10	+02:46:07 (35.1%)	8:46	6.8 (64.8%)
191	BRZOWSKA Anna	96	PKS GALOPUJĄCA SOCZEWICA/KRASNYSTAW BIEGA	K-40	10	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39		07:53:29.30	07:54:13.40	+02:46:39 (35.1%)	8:46	6.8 (64.8%)
192	GUZIK Robert	432	PEDRAFORCA	M-40	57	01:41:48	03:06:29	04:27:03	05:42:23	06:52:17		07:54:53.90	07:55:06.40	+02:47:32 (35.3%)	8:47	6.8 (64.8%)
193	SEWIOŁO Artur	466		M-40	58	01:36:20	02:53:41	04:19:54	05:41:39	06:54:59		07:55:34.00	07:56:19.60	+02:48:45 (35.4%)	8:48	6.8 (64.8%)
194	ŚWIDER Mariusz	74	#CZELADZBIEGA	M-30	86	01:49:09	03:17:53	04:37:44	05:53:08	06:55:32		07:56:02.50	07:56:36.30	+02:49:02 (35.5%)	8:48	6.8 (64.8%)
195	LACHOWSKI Robert	216		M-30	87	01:26:23	02:50:40	04:18:17	05:39:48	06:48:07		07:56:36.80	07:56:40.15	+02:49:05 (35.5%)	8:49	6.8 (64.8%)
196	KOZA Rafał	248	6300	M-40	59	01:36:21	03:03:41	04:30:13	05:50:13	06:55:09		07:56:42.45	07:57:20.95	+02:49:46 (35.6%)	8:49	6.8 (64.8%)
197	ŚPICA Leszek	43	RECEPTA NA ZDROWIE	M-40	60	01:44:08	03:03:11	04:23:53		06:52:48		07:57:20.25	07:58:23.00	+02:50:48 (35.7%)	8:50	6.8 (64.8%)
198	ORONOWICZ Marta	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K-40	11	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17		07:58:11.35	07:58:23.90	+02:50:49 (35.7%)	8:51	6.8 (64.8%)
199	GOLOVATIUK Sergii	264		M-30	88	01:39:29	03:03:13	04:22:57	05:43:56	06:50:04		07:57:51.50	07:58:47.80	+02:51:13 (35.8%)	8:50	6.8 (64.8%)
200	MIKUŁA Grzegorz	205		M-30	89	01:30:07	02:53:22	04:21:28	05:44:56	06:53:42		07:58:46.25	07:58:58.15	+02:51:23 (35.8%)	8:51	6.8 (64.8%)
201	SIEROCIN Agata	123		K-30	13	01:43:39	03:07:41	04:31:31	05:49:42	06:56:11		07:58:39.35	07:59:09.60	+02:51:35 (35.8%)	8:51	6.8 (64.8%)
202	MAZUREK Piotr	523	KB MCKIS JAWORZNO	M-30	90	01:29:10	02:41:55	04:10:11	05:29:37	06:33:25		07:59:09.25	07:59:31.50	+02:51:57 (35.9%)	8:52	6.8 (64.8%)
203	TOMASZEK Sebastian	12	RUNNING ACADEMY	M-40	61	01:48:36	03:13:53	04:35:51	05:53:06	06:58:11		07:59:30.45	08:00:04.70	+02:52:30 (35.9%)	8:52	6.8 (64.8%)
204	SZYGENDA Sebastian	16	TIGER TEAM	M-40	62	01:44:11	03:06:30	04:28:49	05:45:35	06:51:40		07:59:32.35	08:00:13.15	+02:52:38 (36.0%)	8:52	6.8 (64.8%)
205	CYNIAK Marek	40	EVERRUN	M-40	63	01:34:57	03:02:18	04:29:40	05:46:26	06:51:06		08:02:19.10	08:02:33.40	+02:54:59 (36.3%)	8:55	6.7 (63.8%)
206	SUROWIEC Paweł	101	JURA.PL	M-40	64	01:39:56	03:07:45	04:31:15	05:53:28	07:02:10		08:02:23.40	08:02:37.50	+02:55:03 (36.3%)	8:55	6.7 (63.8%)
207	SADOWSKI Mieczysław	252	BIEGAJ RAZEM Z NAMI	M-40	65	01:39:58	03:07:47	04:31:16	05:53:29	07:02:16		08:02:23.95	08:02:37.55	+02:55:03 (36.3%)	8:56	6.7 (63.8%)
208	MATYJA Rafał	213	LESZNOLIMITS RUNNERS	M-30	91	01:57:17	03:29:41	04:47:00	06:00:09	07:01:53		08:02:19.30	08:03:02.15	+02:55:27 (36.3%)	8:55	6.7 (63.8%)
209	ŁOCH Kasper	456		M-20	18	01:44:01	03:10:56	04:34:21	05:56:04	07:01:05		08:02:33.30	08:03:27.00	+02:55:52 (36.4%)	8:56	6.7 (63.8%)
210	FIGEL Michał	323	MIKI TEAM	M-40	66	01:44:42	03:08:08	04:33:50	05:54:46	07:00:32		08:03:25.85	08:03:50.05	+02:56:15 (36.4%)	8:57	6.7 (63.8%)
211	NATKANIEC Krystian	348	JANJUL	M-40	67	01:41:12	03:10:21	04:37:03	05:57:38	07:01:43		08:04:10.95	08:04:30.70	+02:56:56 (36.5%)	8:57	6.7 (63.8%)
212	SZMAGAJ Marcin	70	SZWLA	M-40	68	01:48:38	03:15:01	04:39:34	05:59:06	07:06:09		08:04:10.20	08:04:44.95	+02:57:10 (36.6%)	8:57	6.7 (63.8%)
213	MNICH Tomasz	204		M-40	69	01:47:10	03:13:58	04:39:13	05:58:34	07:04:46		08:04:42.35	08:05:27.75	+02:57:53 (36.6%)	8:58	6.7 (63.8%)
214	PASECKA Sylwia	181		K-40	12	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41		08:05:37.30	08:05:53.95	+02:58:19 (36.7%)	8:59	6.7 (63.8%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Pace	Pace	
						13.9km	22.9km	33.7km	40.9km	47.7km		time	brutto			Gap
215	BALCERZAK Robert	23	KLUB BIEGACZA WARTA	M-40	70	01:43:05	03:12:12	04:40:20	05:56:27	07:01:57		08:05:49.60	08:06:13.35	+02:58:39 (36.7%)	8:59	6.7 (63.8%)
216	GUTOWSKI Dariusz	73	NGB KŁOBUCK	M-50	8	01:40:23	03:07:05	04:36:54	05:58:54	07:02:26		08:08:03.45	08:08:15.95	+03:00:41 (37.0%)	9:02	6.6 (62.9%)
217	KOPACKI Grzegorz	90	FOLLOWME - ZMIENIAMYFINANSE.PL	M-30	92	01:47:37	03:13:05	04:39:57	06:02:53	07:06:31		08:07:30.70	08:08:18.55	+03:00:44 (37.0%)	9:01	6.6 (62.9%)
218	BOROWCZYK Marcin	446		M-40	71	01:49:42	03:19:25	04:39:41	05:58:40	07:06:36		08:08:05.90	08:08:44.40	+03:01:10 (37.1%)	9:02	6.6 (62.9%)
219	KĄDZIOŁKA Beata	180		K-30	14	01:36:44	03:05:48	04:32:18	05:54:28	07:00:48		08:09:31.70	08:09:48.15	+03:02:13 (37.2%)	9:03	6.6 (62.9%)
220	NOWAK Dorota	198	WIECZORNE BIEGANIE W SZCZECINIE	K-30	15	01:47:29	03:14:25	04:44:56	06:02:54	07:06:45		08:09:28.70	08:09:53.20	+03:02:19 (37.2%)	9:03	6.6 (62.9%)
221	CZERWIŃSKI Wojciech	207		M-20	19	01:41:06	03:08:43	04:37:43	05:59:32	07:05:00		08:09:31.45	08:09:54.00	+03:02:19 (37.2%)	9:03	6.6 (62.9%)
222	JARZYŃKA Krzysztof	330		M-50	9	01:43:47	03:09:06	04:34:32	06:00:44	07:06:40		08:10:00.80	08:10:07.40	+03:02:33 (37.2%)	9:04	6.6 (62.9%)
223	MACIEJEWICZ Krzysztof	333		M-50	10	01:43:49	03:09:33	04:34:39	06:00:46	07:06:43		08:10:04.05	08:10:10.30	+03:02:36 (37.3%)	9:04	6.6 (62.9%)
224	CALLAWAY John	490		M-30	93	01:47:38	03:21:53	04:44:40	06:01:07	07:07:02		08:09:41.95	08:10:11.50	+03:02:37 (37.3%)	9:04	6.6 (62.9%)
225	HOFFMANN Grzegorz	94		M-40	72	01:59:25	03:36:38	05:19:12	07:07:12			08:10:34.00	08:11:18.40	+03:03:44 (37.4%)	9:05	6.6 (62.9%)
226	KOSIN Paweł	489	KLUB BIEGAJĄCYCH LEŚNIKÓW	M-30	94	01:47:28	03:13:47	04:37:09	06:00:11	07:06:17		08:11:10.05	08:11:31.00	+03:03:56 (37.4%)	9:05	6.6 (62.9%)
227	FOGIEL-PAWŁOWSKA Agnieszka	69	LOS BIEGANEROS	K-30	16	01:40:50	03:06:10	04:32:16	06:01:34	07:11:09		08:11:28.80	08:11:38.50	+03:04:04 (37.4%)	9:06	6.6 (62.9%)
228	SPRYCHA Sławomir	82	#CZELADZBIEGA	M-30	95	01:51:34	03:20:38	04:45:33	06:04:55	07:08:55		08:11:06.80	08:11:39.85	+03:04:05 (37.4%)	9:05	6.6 (62.9%)
229	GALUSKIN Alexey	257	GRUPA NOMAX	M-30	96	01:44:40	03:12:17	04:39:24	06:03:26	07:11:47		08:13:13.55	08:13:41.90	+03:06:07 (37.7%)	9:08	6.6 (62.9%)
230	BRESZKA Tomek	11	CAPTAIN AMERICA	M-30	97	01:49:11	03:11:55	04:35:05	06:03:02	07:12:06		08:13:49.60	08:14:26.05	+03:06:51 (37.8%)	9:08	6.6 (62.9%)
231	PASZKIEWICZ Maciej	358		M-50	11	01:47:04	03:05:32	04:29:30	05:56:18	07:04:59		08:13:59.70	08:14:27.10	+03:06:52 (37.8%)	9:08	6.6 (62.9%)
232	WOJTKOWIAK Mariusz	374	WWW.KAMILASUKNIE.PL	M-40	73	01:47:58	03:14:49	04:40:03	06:02:32	07:09:20		08:13:56.50	08:14:30.20	+03:06:56 (37.8%)	9:08	6.6 (62.9%)
233	RATAJ Zuzanna	210	POLONIA BYDGOSZCZ SLA/KOBIETY BIEGAJĄ	K-30	17	01:45:18	03:07:17	04:30:51	05:53:04	07:05:01		08:14:45.70	08:15:18.70	+03:07:44 (37.9%)	9:09	6.5 (61.9%)
234	LIK Marek	114		M-50	12	01:41:52	03:07:23	04:47:20	06:11:20	07:14:00		08:16:01.70	08:16:09.25	+03:08:35 (38.0%)	9:11	6.5 (61.9%)
235	NĘDZUSIAK Dariusz	102	POLKRYŚ KLUB	M-50	13	01:47:38	03:10:15	04:34:57	06:03:13	07:13:14		08:16:01.30	08:16:33.05	+03:08:58 (38.1%)	9:11	6.5 (61.9%)
236	URBASEK Łukasz	500		M-30	98	01:49:03	03:24:17	04:51:13	06:07:09	07:13:26		08:16:12.00	08:16:38.85	+03:09:04 (38.1%)	9:11	6.5 (61.9%)
237	ZAWADA Mateusz	429	ZARAŻENI BÓLEM	M-20	20	01:46:12	03:16:55	04:43:03	06:04:13	07:16:22		08:17:21.45	08:17:30.30	+03:09:56 (38.2%)	9:12	6.5 (61.9%)
238	WOJTKOWIAK Kamilla	375	WWW.KAMILASUKNIE.PL	K-40	13	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24		08:17:34.75	08:18:09.75	+03:10:35 (38.3%)	9:12	6.5 (61.9%)
239	WROBLEWSKI Tomasz	224	POLKRYŚ TEAM	M-30	99	01:39:35	03:06:40	04:34:58	06:03:09	07:13:10		08:18:41.85	08:19:12.90	+03:11:38 (38.4%)	9:14	6.5 (61.9%)
240	WAŚ Grzegorz	144	RUNNERS CLUB WARSZAWA	M-40	74	01:48:49	03:12:27	04:39:34	06:04:36	07:15:10		08:18:34.40	08:19:25.40	+03:11:51 (38.4%)	9:13	6.5 (61.9%)
241	BŁACHNO Marcin	160		M-40	75	01:53:53	03:24:48	04:46:14	06:08:32	07:17:29		08:18:39.55	08:19:32.15	+03:11:57 (38.4%)	9:14	6.5 (61.9%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
242	KAJUT Wojtek	354	PADŁ NA RYJ TEAM	M-30	100	01:59:59	03:29:59	04:54:34	06:12:21	07:15:58		08:19:25.35	08:20:17.80	+03:12:43 (38.5%)	9:14	6.5 (61.9%)
243	CZUBIEL Konrad	58	PKS GALOPUJĄCA SOCZEWICA	M-40	76	01:53:25	03:23:20	04:48:44	06:09:29	07:16:27		08:19:42.55	08:20:27.35	+03:12:53 (38.5%)	9:15	6.5 (61.9%)
243	BRZOZOWSKI Armand	89	PKS GALOPUJĄCA SOCZEWICA	M-40	77	01:53:25	03:23:18	04:48:43	06:09:29	07:16:30		08:19:41.50	08:20:27.35	+03:12:53 (38.5%)	9:15	6.5 (61.9%)
245	LEŚNIAK Marcin	428	ZARAŻENI BÓLEM	M-30	101	01:46:13	03:16:56	04:43:06	06:04:27	07:16:27		08:20:18.60	08:20:28.30	+03:12:54 (38.5%)	9:15	6.5 (61.9%)
246	MOSZKOWSKI Bogdan	44		M-50	14	01:44:58	03:12:22	04:38:44	06:00:22	07:09:42		08:20:05.45	08:20:31.60	+03:12:57 (38.6%)	9:15	6.5 (61.9%)
247	POLICKÝ Tomáš	234	POLIČÁTKA	M-30	102	01:41:33	03:09:19	04:35:55	05:57:40	07:11:46		08:19:58.55	08:20:32.40	+03:12:58 (38.6%)	9:15	6.5 (61.9%)
248	SALWA Krzysztof	92	SALCLAN-TEAM	M-40	78	01:41:11	03:07:07	04:36:57	06:02:45	07:11:51		08:20:29.90	08:20:48.85	+03:13:14 (38.6%)	9:16	6.5 (61.9%)
249	ZAMBRZYCKA-ROZNER Ewa	153		K-30	18	01:49:07	03:20:32	04:49:59	06:12:24	07:17:42		08:20:12.10	08:20:49.25	+03:13:15 (38.6%)	9:15	6.5 (61.9%)
250	JAZY Szymon	177		M-30	103	01:46:33	03:19:30	04:48:22	06:11:24	07:16:23		08:20:43.00	08:21:13.55	+03:13:39 (38.6%)	9:16	6.5 (61.9%)
251	ROŚLICKI Jarosław	426	TMTEAM	M-30	104	01:42:42	03:07:38	04:40:36	06:04:28	07:17:52		08:21:08.65	08:21:16.15	+03:13:41 (38.6%)	9:16	6.5 (61.9%)
252	SKAŁECKI Przemysław	4		M-30	105	01:38:43	03:06:52	04:38:13	06:04:33	07:16:55		08:21:13.90	08:21:17.45	+03:13:43 (38.6%)	9:16	6.5 (61.9%)
253	PODLEŚ Robert	482	COBI	M-50	15	01:32:27	02:47:39	04:15:55	05:41:13	06:58:45		08:21:30.80	08:21:33.45	+03:13:59 (38.7%)	9:17	6.5 (61.9%)
254	STEFANOWSKI Marcin	32		M-40	79	01:41:07	03:09:37	04:39:41	06:04:42	07:16:01		08:21:14.35	08:21:35.00	+03:14:00 (38.7%)	9:16	6.5 (61.9%)
255	ROSZYK Przemek	51		M-40	80	01:49:17	03:21:06	04:46:58	06:08:54	07:15:56		08:21:19.25	08:22:06.50	+03:14:32 (38.7%)	9:17	6.5 (61.9%)
256	MURAWICZ Paweł	531		M-40	81	01:50:38	03:22:18	04:47:41	06:07:41	07:15:02		08:21:25.00	08:22:16.85	+03:14:42 (38.8%)	9:17	6.5 (61.9%)
257	HANYSZ Magda	6		K-40	14	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51		08:23:30.00	08:24:16.95	+03:16:42 (39.0%)	9:19	6.4 (61.0%)
258	PIOSIK Paweł	526		M-30	106	01:40:13	03:12:40	04:40:09	06:06:35	07:16:37		08:23:49.25	08:24:18.35	+03:16:44 (39.0%)	9:19	6.4 (61.0%)
259	OCHMAŃSKI Adam	9	EVERRUN	M-40	82	01:44:48	03:11:54	04:42:21	06:05:10	07:22:45		08:25:48.10	08:26:04.15	+03:18:29 (39.2%)	9:22	6.4 (61.0%)
260	RZEPKA Nikodem	393	GREENBUD	M-20	21	01:41:39	03:06:22	04:37:49	06:08:05	07:21:13		08:26:12.85	08:26:38.10	+03:19:03 (39.3%)	9:22	6.4 (61.0%)
261	RZEPKA Remigiusz	392	GREENBUD	M-40	83	01:41:43	03:06:26	04:37:54	06:07:44	07:21:08		08:26:17.35	08:26:39.05	+03:19:04 (39.3%)	9:22	6.4 (61.0%)
262	BŁACH Piotr	142	EFIORITEAM	M-30	107	01:49:21	03:15:09	04:44:11	06:11:09	07:18:59		08:26:41.40	08:27:18.55	+03:19:44 (39.4%)	9:22	6.4 (61.0%)
263	WOŹNIAK Piotr	143		M-30	108	01:56:25	03:23:38	04:52:36	06:17:47	07:22:39		08:26:48.70	08:27:39.45	+03:20:05 (39.4%)	9:23	6.4 (61.0%)
264	SUSŁOWSKI Paweł	34		M-20	22	01:48:15	03:21:33	04:48:26	06:10:56	07:21:56		08:27:26.45	08:28:19.35	+03:20:45 (39.5%)	9:23	6.4 (61.0%)
265	PUDŁO Kamila	459	OBORYGENI / NOA	K-30	19	01:49:30	03:19:51	04:51:05	06:14:24	07:18:31		08:28:29.10	08:28:39.35	+03:21:05 (39.5%)	9:24	6.4 (61.0%)
266	ANDRZEJEWSKI Marek	371		M-40	84	01:51:33	03:26:56	04:53:37	06:16:18	07:21:26		08:28:45.65	08:29:30.35	+03:21:56 (39.6%)	9:25	6.4 (61.0%)
267	LESZCZYŃSKI Wacław	437		M-50	16			04:52:38	06:16:21	07:22:18		08:29:40.80	08:29:40.80	+03:22:06 (39.7%)	9:26	6.4 (61.0%)
268	RUTKOWSKI Konrad	340		M-20	23	01:35:35	03:07:39	04:42:15	06:12:36	07:22:15		08:31:34.95	08:31:42.65	+03:24:08 (39.9%)	9:28	6.3 (60.0%)
269	ZUBOWICZ Jakub	246	ŻWAVE ŻUBRY/BZ WBK FAKTOR	M-30	109	01:50:49	03:23:33	04:52:28	06:16:51	07:24:25		08:31:20.55	08:31:57.90	+03:24:23 (39.9%)	9:28	6.3 (60.0%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
270	ŻURAWSKI Arkadiusz	68		M-40	85	01:43:05	03:11:00	04:38:38	06:07:48	07:18:29		08:31:16.10	08:32:02.50	+03:24:28 (39.9%)	9:28	6.3 (60.0%)
271	KARANOS Tadeusz	417	RKB HAJNÓWKA	M-50	17	01:44:07	03:27:04	04:53:57	06:19:28	07:27:37		08:32:12.85	08:32:33.70	+03:24:59 (40.0%)	9:29	6.3 (60.0%)
272	KOWALCZYK Bartłomiej	447		M-20	24	01:49:13	03:23:29	04:48:48	06:11:13	07:24:05		08:32:28.95	08:33:07.65	+03:25:33 (40.1%)	9:29	6.3 (60.0%)
273	KRZOS Piotr	320		M-30	110	01:54:24	03:26:11	04:55:32	06:18:58	07:25:46		08:32:15.45	08:33:09.15	+03:25:34 (40.1%)	9:29	6.3 (60.0%)
274	CIOSEK Beata	509	AUGUSTEAM	K-40	15	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02		08:33:16.10	08:33:59.50	+03:26:25 (40.2%)	9:30	6.3 (60.0%)
275	MIKOŁAJCZYK Tomasz	148		M-30	111	01:54:28	03:31:27	05:01:29	06:28:28	07:32:49		08:33:31.95	08:34:00.40	+03:26:26 (40.2%)	9:30	6.3 (60.0%)
276	MARCZEWSKI Sławomir	149	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	M-40	86	01:49:54	03:21:45	04:48:46	06:15:16	07:26:54		08:34:02.65	08:34:38.60	+03:27:04 (40.2%)	9:31	6.3 (60.0%)
277	SZWEDA Tomasz	372	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	M-30	112	01:50:03	03:21:46	04:48:55	06:15:07	07:27:09		08:34:10.75	08:34:45.85	+03:27:11 (40.3%)	9:31	6.3 (60.0%)
278	STASIK Aleksander	476		M-30	113	01:49:07	03:17:52	04:41:46	06:13:28	07:26:22		08:34:26.70	08:35:06.30	+03:27:32 (40.3%)	9:31	6.3 (60.0%)
279	FAERBER Marcin	436		M-30	114	01:41:41	03:06:04	04:39:46	06:09:29	07:18:27		08:34:54.60	08:35:19.50	+03:27:45 (40.3%)	9:32	6.3 (60.0%)
280	NAWARA Katarzyna	280		K-20	5	01:55:14	03:30:05	05:03:54	06:28:05	07:35:26		08:34:30.30	08:35:20.60	+03:27:46 (40.3%)	9:31	6.3 (60.0%)
281	SZYDŁOWSKI Adrian	527		M-30	115	01:39:40	03:06:58	04:43:52	06:11:04	07:26:14		08:35:28.50	08:35:51.05	+03:28:16 (40.4%)	9:32	6.3 (60.0%)
282	GRZEGORCZYK Wojciech	322	KONDYCJA	M-50	18	01:53:32	03:27:39	05:00:13	06:21:23	07:28:52		08:35:22.10	08:35:59.95	+03:28:25 (40.4%)	9:32	6.3 (60.0%)
283	FLIŚNIK Mirek	110	PKS GALOPUJĄCA SOCZEWICA	M-30	116	01:48:56	03:20:12	04:50:00	06:12:16	07:27:19		08:35:53.85	08:36:42.15	+03:29:07 (40.5%)	9:33	6.3 (60.0%)
284	JANUSZ Tomasz	390		M-40	87	01:45:23	03:09:47	04:42:02	06:06:27	07:17:28		08:36:12.20	08:36:46.50	+03:29:12 (40.5%)	9:33	6.3 (60.0%)
285	STARZYŃSKI Tomek	465		M-30	117	01:52:05	03:20:30	04:47:23	06:13:51	07:24:27		08:36:05.85	08:36:47.60	+03:29:13 (40.5%)	9:33	6.3 (60.0%)
286	JAWORSKI Paweł	269		M-30	118	01:39:52	03:12:00	04:42:17	06:09:33	07:26:27		08:36:45.05	08:36:51.70	+03:29:17 (40.5%)	9:34	6.3 (60.0%)
287	ZIMNIAK Łukasz	175	KB SZERSZEŃ OELŚNICA	M-30	119	01:51:32	03:28:31	05:03:11	06:28:49	07:35:23		08:36:16.60	08:37:02.45	+03:29:28 (40.5%)	9:33	6.3 (60.0%)
288	KUPCZYK Rafał	121	ROZBIEGANY RAWICZ	M-30	120	01:42:35	03:12:42	04:45:07	06:13:27	07:21:07		08:36:32.60	08:37:05.00	+03:29:30 (40.5%)	9:33	6.3 (60.0%)
289	WOŹNIAK Sebastian	71	MOTOINTEGRATOR RUNNING TEAM	M-30	121	01:45:01	03:27:18	04:55:12	06:21:47	07:31:52		08:37:44.05	08:37:51.85	+03:30:17 (40.6%)	9:35	6.3 (60.0%)
290	KLICHOWSKI Marek	30	NAPIERACZE	M-30	122	01:45:00	03:27:18	04:55:12	06:21:41	07:31:44		08:37:45.10	08:37:52.10	+03:30:17 (40.6%)	9:35	6.3 (60.0%)
291	PILUJSKI Michał	297		M-30	123	01:53:23	03:23:50	04:54:44	06:19:18	07:28:18		08:37:10.25	08:38:02.00	+03:30:27 (40.6%)	9:34	6.3 (60.0%)
292	GŁUSZKO Krzysztof	421	MIRA TEAM	M-60	1	01:40:11	03:06:18	04:37:10	06:18:02	07:29:02		08:37:59.50	08:38:09.85	+03:30:35 (40.6%)	9:35	6.3 (60.0%)
293	GWÓDŹ Michał	202	#CZELADZBIEGA	M-40	88	01:49:14	03:20:41	04:47:54	06:08:10	07:21:35		08:38:39.90	08:39:11.85	+03:31:37 (40.8%)	9:36	6.2 (59.0%)
294	JACHYMSKI Ignacy	443	AKG ŁÓDŹ	M-20	25	01:48:18	03:19:20	04:54:27	06:19:59	07:33:03		08:39:32.40	08:39:43.55	+03:32:09 (40.8%)	9:37	6.2 (59.0%)
295	WOJNAR Radek	159	PUNK PARROT	M-40	89	01:59:18	03:37:50	05:03:16	06:34:39	07:37:33		08:40:33.95	08:40:54.60	+03:33:20 (41.0%)	9:38	6.2 (59.0%)
296	MESJASZ Marek	57	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M-30	124	01:53:42	03:30:52	04:52:23	06:22:45	07:31:54		08:40:51.85	08:41:50.00	+03:34:15 (41.1%)	9:38	6.2 (59.0%)
297	GODLEWSKI Jakub	262	RUNNERS TEAM QUIBL.	M-30	125	01:42:53	03:10:56	04:50:46	06:18:57	07:34:10		08:42:35.70	08:42:55.55	+03:35:21 (41.2%)	9:40	6.2 (59.0%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
298	MURCHA Paweł	510		M-40	90	01:52:26	03:18:32	04:52:06	06:19:07	07:31:04		08:42:53.70	08:43:36.05	+03:36:01 (41.3%)	9:41	6.2 (59.0%)
299	STAJNIAK-STELIGA Izabela	463	OBORYGENI	K-40	16	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33		08:43:32.70	08:43:43.45	+03:36:09 (41.3%)	9:41	6.2 (59.0%)
300	SIOMA Konrad	88	ROKIETNICA BIEGA	M-30	126					07:28:47		08:44:41.00	08:44:41.00	+03:37:06 (41.4%)	9:42	6.2 (59.0%)
301	DUDEK Konrad	416	BIEGANIEPOGODZINACH	M-40	91	01:53:41	03:26:58	05:04:02	06:29:36	07:39:28		08:46:30.05	08:47:02.95	+03:39:28 (41.6%)	9:45	6.2 (59.0%)
302	GRZELKA Tomasz	150	RUNNER'S POWER	M-40	92	01:53:48	03:34:54	05:03:27	06:30:43	07:44:01		08:47:14.20	08:47:41.60	+03:40:07 (41.7%)	9:45	6.1 (58.1%)
303	WYRZYKOWSKI Andrzej	118		M-50	19	01:52:31	03:23:27	04:52:57	06:21:17	07:32:23		08:47:30.00	08:48:04.60	+03:40:30 (41.8%)	9:46	6.1 (58.1%)
304	KULIŃSKI Wojciech	317	FC MI SIĘ NIE CHCE	M-30	127	01:56:54	03:25:12	04:57:19	06:27:09	07:38:09		08:47:39.30	08:48:06.20	+03:40:32 (41.8%)	9:46	6.1 (58.1%)
305	MURAWICZ Grzegorz	519	PODLESIE	M-50	20	01:48:49	03:21:19	04:58:46	06:27:39	07:38:53		08:47:23.30	08:48:14.60	+03:40:40 (41.8%)	9:45	6.1 (58.1%)
306	DOMURAD Sebastian	473		M-40	93	01:41:14	03:25:54	04:52:43	06:26:17	07:41:53		08:47:48.95	08:48:15.40	+03:40:41 (41.8%)	9:46	6.1 (58.1%)
307	GRABIŃSKI Waldemar	191	ROGOZIŃSKI KLUB BIEGACZA	M-40	94	01:44:25	03:23:17	05:03:39	06:32:13	07:44:12		08:48:07.00	08:48:57.70	+03:41:23 (41.9%)	9:46	6.1 (58.1%)
308	BOROWIECKI Łukasz	187	BIEGAMY.PRO	M-20	26	01:52:27	03:28:59	04:57:25	06:27:20	07:40:44		08:47:51.50	08:49:05.55	+03:41:31 (41.9%)	9:46	6.1 (58.1%)
309	BOROWIECKI Piotr	188	APIWAST KRAKÓW	M-50	21	01:54:31	03:30:49	04:57:40	06:27:21	07:41:01		08:48:05.05	08:49:05.65	+03:41:31 (41.9%)	9:46	6.1 (58.1%)
310	ROGÓRZ Andrzej	472		M-30	128	01:38:52	03:14:25	04:51:48	06:21:55	07:37:15		08:48:56.40	08:49:11.95	+03:41:37 (41.9%)	9:47	6.1 (58.1%)
311	NIESPODZIANA Anna	190	ROGOZIŃSKI KLUB BIEGACZA	K-30	20	01:49:55	03:23:17	05:03:43	06:32:11	07:43:58		08:49:13.15	08:50:04.35	+03:42:30 (42.0%)	9:48	6.1 (58.1%)
312	KRÓL-PIDANTY Marzena	165	STRZEGOMSKA DWUNASTKA	K-40	17	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02		08:50:08.85	08:50:33.90	+03:42:59 (42.0%)	9:49	6.1 (58.1%)
313	DUDEK Krzysztof	36	STRZEGOMSKA DWUNASTKA	M-40	95	01:48:17	03:23:55	04:57:06	06:28:06	07:36:10		08:50:10.85	08:50:34.25	+03:43:00 (42.0%)	9:49	6.1 (58.1%)
314	GNIADK Tomasz	134	DABEX-BOLT	M-40	96	01:41:08	03:09:29	04:55:51	06:28:34	07:42:13		08:50:22.85	08:50:36.00	+03:43:01 (42.0%)	9:49	6.1 (58.1%)
315	JANKOWIAK Krzysztof	112	MARCO	M-40	97	01:53:48	03:34:53	05:03:36	06:30:41	07:44:15		08:50:08.45	08:50:36.30	+03:43:02 (42.0%)	9:49	6.1 (58.1%)
316	NIELIPIŃSKI Mateusz	422		M-30	129	01:54:45	03:25:52	05:01:59	06:28:43	07:39:53		08:49:54.65	08:50:36.80	+03:43:02 (42.0%)	9:48	6.1 (58.1%)
317	BARTKOWIAK Grzegorz	347	TKKF MPK POZNAŃ	M-50	22	01:59:06	03:36:38	05:09:02	06:34:06	07:43:11		08:50:06.15	08:50:49.80	+03:43:15 (42.1%)	9:49	6.1 (58.1%)
318	CZAPIGA Robert	46	PRORITA TEAM	M-40	98	01:57:06	03:32:26	05:04:05	06:32:43	07:42:13		08:50:43.75	08:51:23.35	+03:43:49 (42.1%)	9:49	6.1 (58.1%)
319	MOSKAL Izabella	18	TKKF MPK POZNAŃ	K-40	18	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35		08:50:56.50	08:51:30.90	+03:43:56 (42.1%)	9:49	6.1 (58.1%)
320	ŚWINIARSKI Michał	1	KWAŚNE ŻELKI	M-20	27	01:59:09	03:38:18	05:09:36	06:32:36	07:43:21		08:51:08.10	08:51:56.65	+03:44:22 (42.2%)	9:50	6.1 (58.1%)
321	BICZKOWSKA Magdalena	245	RUN BYDGOSZCZ	K-30	21	01:50:19	03:28:20	04:57:34	06:28:48	07:42:17		08:52:44.65	08:52:49.70	+03:45:15 (42.3%)	9:51	6.1 (58.1%)
322	KANIOWSKI Wojciech	405		M-40	99	01:52:10	03:27:48	04:59:48	06:32:29	07:46:59		08:52:14.50	08:52:51.05	+03:45:16 (42.3%)	9:51	6.1 (58.1%)
323	SYGIET Andrzej	171		M-40	100	01:53:06	03:31:39	05:08:31	06:39:32	07:48:31		08:52:15.35	08:52:54.70	+03:45:20 (42.3%)	9:51	6.1 (58.1%)
324	KORBUT Radosław	453	KONIUCHY OCR	M-30	130	01:47:52	03:25:14	05:00:13	06:27:15	07:39:41		08:52:55.85	08:53:12.00	+03:45:37 (42.3%)	9:52	6.1 (58.1%)
325	ŚWISTUŃ Eugeniusz	184	RAJSPOORT ACTIVE	M-20	28	01:52:00	03:19:27	04:49:53	06:14:51	07:33:41		08:52:53.30	08:53:50.55	+03:46:16 (42.4%)	9:52	6.1 (58.1%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		54km	54km			
326	BOHM Jacek	445		M-50	23	01:49:07	03:22:38	04:54:30	06:26:40	07:41:04		08:53:45.75	08:54:08.65	+03:46:34 (42.4%)	9:53	6.1 (58.1%)
327	POWAŁOWSKI Marcin	273	SŁYNNI KENIJCZYCY	M-30	131	01:52:34	03:28:58	05:04:40	06:38:04	07:45:10		08:53:38.80	08:54:14.25	+03:46:40 (42.4%)	9:52	6.1 (58.1%)
328	POWAŁOWSKA Danka	272	SŁYNNI KENIJCZYCY	K-40	19	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12		08:53:38.35	08:54:14.60	+03:46:40 (42.4%)	9:52	6.1 (58.1%)
329	LEMIESZKA Marta	430	ZARAŻENI BÓLEM	K-20	6	01:54:52	03:38:25	05:07:34	06:36:40	07:47:19		08:54:23.30	08:54:35.10	+03:47:00 (42.5%)	9:53	6.1 (58.1%)
330	CWOJDZIŃSKI Michał	439	GB WIELKOPOLSCY BIEGACZE	M-40	101	01:51:33	03:28:50	04:55:51	06:28:19	07:37:07		08:54:04.05	08:54:36.40	+03:47:02 (42.5%)	9:53	6.1 (58.1%)
331	TERLECKI Marcin	413		M-40	102			05:03:15	06:35:15	07:48:00		08:55:15.00	08:55:15.00	+03:47:40 (42.5%)	9:54	6.1 (58.1%)
332	ŚWIĄTCZAK Adam	239	GOŃ BLIŻNIAKI!	M-40	103	01:52:46	03:28:09	05:03:58	06:28:47	07:43:37		08:54:36.15	08:55:16.75	+03:47:42 (42.5%)	9:54	6.1 (58.1%)
333	ŚWIĄTCZAK Maciej	241	GOŃ BLIŻNIAKI!	M-40	104	01:52:36	03:28:09	04:54:49	06:22:20	07:31:25		08:54:37.10	08:55:16.90	+03:47:42 (42.5%)	9:54	6.1 (58.1%)
334	RAJZER Mariusz	415	BODYKINETIC	M-40	105	01:40:33	03:15:44	04:52:17	06:27:47	07:43:44		08:55:15.50	08:55:20.00	+03:47:45 (42.5%)	9:54	6.1 (58.1%)
335	WOJTANOWICZ Marcin	534		M-40	106	01:50:51	03:26:48	04:53:21	06:29:01	07:45:57		08:55:24.90	08:55:59.75	+03:48:25 (42.6%)	9:54	6.1 (58.1%)
336	OŚRÓDEK Piotr	533	BBL ZDUŃSKA WOLA	M-40	107	01:50:51	03:27:01	04:53:27	06:29:00	07:45:53		08:55:23.15	08:56:00.00	+03:48:25 (42.6%)	9:54	6.1 (58.1%)
337	IWANOWICZ Anna	378	PARKRUN CHRZANÓW	K-30	22	01:49:31	03:30:59	05:02:56	06:32:36	07:45:58		08:56:54.35	08:57:04.05	+03:49:29 (42.7%)	9:56	6 (57.1%)
338	KUSIO Barbara	296		K-30	23	01:49:32	03:31:00	05:02:57	06:32:39	07:46:01		08:56:54.60	08:57:04.55	+03:49:30 (42.7%)	9:56	6 (57.1%)
339	WIELICZKO Anna	304		K-30	24	02:06:42	03:50:44	05:23:32	06:50:36	07:54:27		08:56:59.80	08:57:35.00	+03:50:00 (42.8%)	9:56	6 (57.1%)
340	MIREK Waldemar	438	CZE-MI	M-50	24	01:46:51	03:22:54	05:03:37	06:32:31	07:44:29		08:57:27.10	08:57:54.00	+03:50:19 (42.8%)	9:57	6 (57.1%)
341	MUSIAL Radosław	115	DOLBY	M-30	132	01:49:42	03:22:37	05:03:11	06:37:11	07:48:10		08:58:38.90	08:59:18.85	+03:51:44 (43.0%)	9:58	6 (57.1%)
342	NIEWIADA Maciej	66	EXPLORADOR	M-30	133	01:54:34	03:31:19	05:03:10	06:36:22	07:50:04		08:59:44.75	09:00:13.05	+03:52:38 (43.1%)	9:59	6 (57.1%)
343	GAŁKA Małgosia	478		K-40	20	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22		08:59:50.75	09:00:23.35	+03:52:49 (43.1%)	9:59	6 (57.1%)
344	KOZŁOWSKI Rafał	336	1977	M-40	108	01:54:38	03:37:48	05:09:13	06:38:42	07:49:33		08:59:45.05	09:00:41.00	+03:53:06 (43.1%)	9:59	6 (57.1%)
345	ORDZIEJEWSKI Dominik	42		M-30	134	01:51:22	03:36:35	05:15:08	06:44:21	07:54:12		09:01:32.90	09:02:17.60	+03:54:43 (43.3%)	10:01	6 (57.1%)
346	ROZNER Artur	154		M-30	135	01:57:58	03:36:51	05:06:12	06:34:45	07:48:04		09:01:57.80	09:02:36.00	+03:55:01 (43.3%)	10:02	6 (57.1%)
347	BRUSZEWSKA-GŁOMBIOWSKA Monika	64		K-40	21	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50		09:05:06.65	09:05:25.60	+03:57:51 (43.6%)	10:05	5.9 (56.2%)
348	STOLPE Maciej	31		M-50	25	02:00:50	03:37:15	05:14:18	06:43:37	07:56:13		09:05:17.75	09:06:02.25	+03:58:28 (43.7%)	10:05	5.9 (56.2%)
349	RESPONDEK Dariusz	14		M-40	109	01:51:45	03:29:10	05:03:00	06:37:46	07:52:09		09:05:52.70	09:06:20.75	+03:58:46 (43.7%)	10:06	5.9 (56.2%)
350	WOJDAT Katarzyna	230		K-30	25	01:53:17	03:34:52	05:06:57	06:37:27	07:51:49		09:06:02.65	09:06:49.20	+03:59:15 (43.8%)	10:06	5.9 (56.2%)
351	MATUSZAK Krzysztof	28		M-30	136	01:33:40	03:08:01	04:45:39	06:22:51	07:43:18		09:06:37.80	09:06:54.80	+03:59:20 (43.8%)	10:07	5.9 (56.2%)
352	OSTAPIŃSKA Magda	122	OSTRESROKI	K-40	22	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00		09:06:10.25	09:06:57.90	+03:59:23 (43.8%)	10:06	5.9 (56.2%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net time	Czas brutto	Pace min/km	Pace km/h	
						13.9km	22.9km	33.7km	40.9km	47.7km		54km	54km			Gap
353	OSTAPIŃSKI Wojtek	111	OSTRESROKI	M-40	110	01:53:53	03:33:46	05:11:13	06:35:29	07:51:02		09:06:10.25	09:06:58.40	+03:59:24 (43.8%)	10:06	5.9 (56.2%)
354	SULIKOWSKI Rafał	334		M-20	29	02:05:14	03:51:05	05:20:49	06:41:53	07:58:49		09:06:50.00	09:07:48.40	+04:00:14 (43.9%)	10:07	5.9 (56.2%)
355	ZDYB Grzegorz	233	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	M-40	111	01:49:21	03:24:15	04:57:54	06:29:22	07:43:50		09:07:18.45	09:07:54.10	+04:00:19 (43.9%)	10:08	5.9 (56.2%)
356	TEKIELE Jacek	137	ŁĄCZKA TEAM LEGNICA	M-40	112	01:48:13	03:23:49	04:56:34	06:31:48	07:54:11		09:08:22.65	09:08:41.95	+04:01:07 (43.9%)	10:09	5.9 (56.2%)
357	ŁĄKOWSKI Zbigniew	238	SEKIERKAOGRODY.PL	M-40	113	02:05:58	03:49:30	05:17:26	06:44:46	07:55:11		09:08:28.30	09:09:22.30	+04:01:48 (44.0%)	10:09	5.9 (56.2%)
358	GRZENKOWICZ Jacek	440	WYMIATACZE	M-50	26	01:50:53	03:23:22	05:02:42	06:37:03	07:52:39		09:10:16.25	09:10:33.25	+04:02:59 (44.1%)	10:11	5.9 (56.2%)
359	CZAPIGA Magdalena	138		K-40	23	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28		09:10:13.30	09:10:54.35	+04:03:20 (44.2%)	10:11	5.9 (56.2%)
360	KRZEMIŃSKI Jacek	381	POLDEK TEAM	M-30	137	01:47:53	03:27:53	04:59:50	06:34:44	07:52:23		09:11:51.30	09:11:55.75	+04:04:21 (44.3%)	10:13	5.9 (56.2%)
361	KRZEMIŃSKA Aleksandra	380	POLDEK TEAM	K-30	26	01:47:52	03:27:53	04:59:53	06:34:42	07:52:25		09:11:50.95	09:11:55.80	+04:04:21 (44.3%)	10:13	5.9 (56.2%)
362	KRÓL Franciszek	458		M-30	138	01:47:56	03:25:26	05:03:56	06:43:37	08:02:49		09:13:43.55	09:14:05.20	+04:06:31 (44.5%)	10:15	5.9 (56.2%)
363	ŁAZAROWICZ Mateusz	169	KLUB KOLARSKI ZIEMI KŁODZKIEJ	M-20	30	02:01:33	03:40:56	05:21:35	06:48:59	08:04:45		09:14:59.15	09:15:38.90	+04:08:04 (44.6%)	10:16	5.8 (55.2%)
364	CHROMICZ Krzysztof	157		M-30	139	01:54:00	03:31:33	05:07:36	06:41:52	07:57:08		09:14:50.85	09:15:50.05	+04:08:15 (44.7%)	10:16	5.8 (55.2%)
365	CETLIN Maciej	345	DREAM RUN	M-40	114	01:52:02	03:28:50	05:04:12	06:39:35	08:00:02		09:15:16.00	09:16:02.40	+04:08:28 (44.7%)	10:16	5.8 (55.2%)
366	NAPIERALSKA Natalia	479	ŻYGLIŃSKIE CHARTY	K-40	24	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43		09:19:52.20	09:20:44.65	+04:13:10 (45.1%)	10:22	5.8 (55.2%)
367	NAPIERALSKI Michał	480	ŻYGLIŃSKIE CHARTY	M-40	115	01:55:12	03:36:57	05:16:39	06:48:08	08:04:38		09:19:53.10	09:20:45.65	+04:13:11 (45.2%)	10:22	5.8 (55.2%)
368	SZAMBELAŃCZYK Maciej	396	POSNANIA TRI TEAM	M-40	116	01:58:46	03:35:41	05:04:46	06:37:12	08:00:12		09:20:55.55	09:21:37.30	+04:14:03 (45.2%)	10:23	5.8 (55.2%)
369	FIGEL Monika	324	MIKI TEAM	K-40	25	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37		09:23:04.00	09:23:30.15	+04:15:55 (45.4%)	10:25	5.8 (55.2%)
370	LANGE Monika	398		K-40	26	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12		09:23:34.70	09:24:30.20	+04:16:56 (45.5%)	10:26	5.7 (54.3%)
371	KOWALCZYK Mariusz	109	TIGER TEAM	M-40	117	02:01:07	03:43:42	05:22:41	06:55:35	08:09:32		09:23:50.00	09:24:31.85	+04:16:57 (45.5%)	10:26	5.7 (54.3%)
372	TARNAWSKI Andrzej	522	KB MCKIS JAWORZNO	M-40	118	02:02:38	03:55:08	05:26:38	07:00:05			09:23:37.40	09:24:35.25	+04:17:01 (45.5%)	10:26	5.7 (54.3%)
373	ŁUGOWSKI Karol	402	MGR - MIŃSK GRUPA ROWEROWA	M-30	140	01:49:41	03:28:18	05:09:34	06:43:25	08:02:10		09:24:56.85	09:25:30.85	+04:17:56 (45.6%)	10:27	5.7 (54.3%)
374	MATUSZEWSKA Małgorzata	195	RUNNER'S POWER	K-40	27	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21		09:25:16.85	09:25:42.80	+04:18:08 (45.6%)	10:28	5.7 (54.3%)
375	KACZMAREK Mirosław	235		M-20	31	02:02:42	03:48:28	05:25:04	06:57:45	08:13:24		09:25:17.00	09:25:42.85	+04:18:08 (45.6%)	10:28	5.7 (54.3%)
376	SETA Michał	355	PADŁ NA RYJ TEAM	M-30	141	02:04:19	03:45:46	05:21:48	06:53:13	08:09:03		09:26:08.20	09:27:01.25	+04:19:27 (45.8%)	10:29	5.7 (54.3%)
377	KOPYCZYŃSKA Aleksandra	477		K-30	27	01:54:21	03:24:06	04:59:45	06:21:21	08:15:05		09:27:07.55	09:27:45.50	+04:20:11 (45.8%)	10:30	5.7 (54.3%)
378	BIECHOŃSKI Jarosław	385	FUNDACJA LAF	M-40	119	01:58:52	03:28:52	05:03:17	06:35:43			09:28:16.20	09:29:12.40	+04:21:38 (46.0%)	10:31	5.7 (54.3%)
379	MIERZEJEWSKI Robert	270	CENTRUM SZKOLENIA WOJSK LĄDOWYCH	M-40	120	01:58:52	03:28:52	05:03:19	06:36:48	08:03:42		09:28:20.10	09:29:15.60	+04:21:41 (46.0%)	10:31	5.7 (54.3%)
380	GIBALSKA Marzena	494	OBORYGENI	K-40	28	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30		09:29:51.65	09:30:08.00	+04:22:33 (46.1%)	10:33	5.7 (54.3%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km	54km	54km				
381	MURAWSKA Joanna	319	MIKI TEAM	K-40	29	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32		09:30:28.35	09:30:53.05	+04:23:18 (46.1%)	10:33	5.7 (54.3%)
382	WASZAK Bartosz	351		M-20	32	01:44:47	03:24:33	05:07:48	06:42:26	08:04:19		09:30:40.05	09:30:56.40	+04:23:22 (46.1%)	10:34	5.7 (54.3%)
383	WASZAK Rafał	341		M-30	142	01:44:52	03:24:33	05:07:47	06:42:22	08:04:13		09:30:40.75	09:30:57.30	+04:23:23 (46.1%)	10:34	5.7 (54.3%)
384	ZAWADZKA Marzena	298		K-40	30	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27		09:31:52.30	09:32:03.60	+04:24:29 (46.2%)	10:35	5.7 (54.3%)
385	BLAJCHERT Adam	403		M-40	121	01:59:01	03:49:51	05:24:26	06:57:27	08:13:50		09:31:49.95	09:32:03.75	+04:24:29 (46.2%)	10:35	5.7 (54.3%)
386	PYTLARZ Waldemar	300		M-50	27	01:59:02	03:49:52	05:24:24	06:59:01	08:13:58		09:31:50.25	09:32:03.90	+04:24:29 (46.2%)	10:35	5.7 (54.3%)
387	WYSOKIŃSKI Dariusz	486	OBORYGENI	M-40	122	01:58:47	03:43:48	05:20:33	06:57:24	08:15:02		09:33:35.55	09:33:50.15	+04:26:15 (46.4%)	10:37	5.6 (53.3%)
388	GÓRNICKI Wojciech	208	ROAD RUNNER PIPI	M-40	123	01:53:24	03:27:51	05:15:59	06:53:23	08:14:37		09:35:23.00	09:36:06.40	+04:28:32 (46.6%)	10:39	5.6 (53.3%)
389	ONAK Iza	525		K-40	31	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33		09:35:21.70	09:36:09.40	+04:28:35 (46.6%)	10:39	5.6 (53.3%)
390	SKRZYPCZAK Radosław	433	ROUNDSPACE.PL	M-40	124	02:00:27	03:40:59	05:27:42	07:01:18	08:20:20		09:38:16.95	09:38:36.85	+04:31:02 (46.8%)	10:42	5.6 (53.3%)
391	KRAWCZYK Jakub	140		M-20	33	01:56:57	03:38:19	05:20:16	06:57:38	08:16:07		09:39:07.25	09:40:00.70	+04:32:26 (47.0%)	10:43	5.6 (53.3%)
392	WITKOWSKI Marek	425	1971	M-40	125	01:54:00	03:42:40	05:20:25	06:58:10	08:16:58		09:39:49.80	09:40:39.80	+04:33:05 (47.0%)	10:44	5.6 (53.3%)
393	GOŁĘBIEWSKI Piotrek	498	BĘDZIN TEAM	M-30	143	01:59:56	03:49:26	05:23:51	07:00:56	08:19:46		09:40:07.40	09:40:58.00	+04:33:23 (47.1%)	10:44	5.6 (53.3%)
394	WALENTA Hanna	163		K-40	32	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46		09:42:16.15	09:42:47.95	+04:35:13 (47.2%)	10:46	5.6 (53.3%)
395	CHODKIEWICZ Urszula	411		K-30	28	02:00:15	03:48:54	05:27:00	07:02:56	08:19:38		09:44:07.00	09:44:58.85	+04:37:24 (47.4%)	10:49	5.5 (52.4%)
396	MICHALAK Piotr	104		M-40	126	02:10:04	03:54:02	05:28:01	07:02:55	08:19:02		09:44:51.90	09:45:46.80	+04:38:12 (47.5%)	10:49	5.5 (52.4%)
397	MICHALAK Joanna	113		K-40	33	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30		09:44:51.95	09:45:46.85	+04:38:12 (47.5%)	10:49	5.5 (52.4%)
398	JUDKOWIAK Michał	85		M-30	144	01:59:00	03:45:06	05:25:43	07:06:05	08:23:15		09:44:53.40	09:45:49.90	+04:38:15 (47.5%)	10:49	5.5 (52.4%)
399	SROKA Jacek	499		M-40	127	02:08:31	03:57:32	05:39:50	07:11:53	08:30:33		09:46:32.50	09:47:03.65	+04:39:29 (47.6%)	10:51	5.5 (52.4%)
400	ŚLIWIŃSKI Paweł	133	BIEGAJĄCY ŚWIDNIK	M-30	145	01:54:08	03:39:56	05:24:38	07:01:22	08:19:37		09:46:10.00	09:47:05.10	+04:39:30 (47.6%)	10:51	5.5 (52.4%)
401	WRÓBLEWSKA Katarzyna	260		K-30	29	01:58:23	03:55:41	05:31:56	07:11:57	08:30:33		09:47:37.30	09:47:54.60	+04:40:20 (47.7%)	10:52	5.5 (52.4%)
402	MICHNIEWICZ Piotr	540	GIT EKIPA	M-30	146	01:58:30	03:55:42	05:32:16	07:11:58	08:30:40		09:47:36.85	09:47:55.10	+04:40:20 (47.7%)	10:52	5.5 (52.4%)
403	KADECKI Marek	287		M-40	128	02:06:44	03:56:22	05:34:03	07:16:31	08:34:28		09:47:54.90	09:48:30.30	+04:40:56 (47.7%)	10:53	5.5 (52.4%)
404	KAZIMIERCZAK Zbyszek	77	GALOPUJĄCA SOCZEWICA	M-50	28	02:07:14	03:55:26	05:33:16	07:02:43	08:20:34		09:48:46.65	09:48:55.05	+04:41:20 (47.8%)	10:54	5.5 (52.4%)
405	BARAŃSKA Aneta	62	GALOPUJĄCA SOCZEWICA	K-40	34	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38		09:48:46.85	09:48:55.25	+04:41:21 (47.8%)	10:54	5.5 (52.4%)
406	STRÓJWAS Magdalena	357		K-30	30	03:51:00		05:28:42	07:07:00	08:28:19		09:49:21.80	09:49:21.80	+04:41:47 (47.8%)	10:54	5.5 (52.4%)
407	MAJCHERCZYK Mateusz	359	CROSS BOX EVOLUTION	M-30	147	03:50:19		05:28:40	07:06:07	08:28:23		09:50:08.00	09:50:08.00	+04:42:33 (47.9%)	10:55	5.5 (52.4%)
408	ŻOCHOWSKI Piotr	292		M-50	29	02:03:18	03:56:16	05:34:08	07:18:28	08:34:24		09:49:48.90	09:50:26.05	+04:42:51 (47.9%)	10:55	5.5 (52.4%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
						13.9km	22.9km	33.7km	40.9km	47.7km		time 54km	brutto 54km			
409	OLESZEK Magdalena	232	#CZELADZBIEGA	K-30	31	01:59:17	03:49:19	05:31:27	07:02:08	08:27:16		09:50:07.15	09:50:36.70	+04:43:02 (47.9%)	10:55	5.5 (52.4%)
410	PAJAŁ Krzysztof	365		M-50	30	01:59:49	03:49:47	05:31:57	07:02:44	08:27:47		09:50:37.40	09:50:37.40	+04:43:03 (47.9%)	10:56	5.5 (52.4%)
411	KRUPCZYŃSKI Mariusz	47	KRUPOLS TEAM	M-50	31	01:51:30	03:35:52	05:21:27	07:00:59	08:26:33		09:50:51.25	09:51:28.70	+04:43:54 (48.0%)	10:56	5.5 (52.4%)
412	KASTNER Yvonne	484	LT BOBENHEIM AM BERG	K-30	32	02:10:34	03:57:59	05:42:22	07:15:39	08:33:22		09:50:48.75	09:51:30.80	+04:43:56 (48.0%)	10:56	5.5 (52.4%)
413	KASTNER Jochen	485	LT WEISENHEIM AM BERG	M-40	129	02:10:27	03:57:47	05:42:18	07:15:27	08:33:17		09:50:48.85	09:51:32.00	+04:43:57 (48.0%)	10:56	5.5 (52.4%)
414	KRYPCZYK Katarzyna	506	AUGUSTEAM	K-40	35	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10		09:51:44.95	09:52:29.60	+04:44:55 (48.1%)	10:57	5.5 (52.4%)
415	STUDNICKI Paweł	379		M-40	130	01:53:47	03:45:10	05:26:08	07:15:17	08:37:39		09:52:00.65	09:52:30.50	+04:44:56 (48.1%)	10:57	5.5 (52.4%)
416	MACIĄG Monika	360		K-30	33	02:04:26	04:00:45	05:39:54	07:20:45	08:37:37		09:54:52.95	09:55:09.10	+04:47:34 (48.3%)	11:00	5.4 (51.4%)
417	SAMOLAK Łukasz	316	MILITARIA TWIERDZA KŁODZKA	M-30	148	02:03:54	03:57:53	05:39:13	07:15:20	08:39:51		09:54:13.85	09:55:10.40	+04:47:36 (48.3%)	11:00	5.5 (52.4%)
418	ZŁOTOŚ Mariusz	211	6300	M-50	32	01:53:54	03:36:12	05:18:30	07:00:00	08:33:47		09:56:13.70	09:56:59.95	+04:49:25 (48.5%)	11:02	5.4 (51.4%)
419	KOWALEWSKI Łukasz	55		M-30	149	02:06:15	03:54:00	05:33:19	07:11:10	08:31:44		09:56:50.20	09:57:39.65	+04:50:05 (48.5%)	11:03	5.4 (51.4%)
420	KOWALEWSKA Claudia	39		K-20	7	02:06:15	03:54:00	05:33:21	07:11:15	08:31:42		09:56:50.70	09:57:40.45	+04:50:06 (48.5%)	11:03	5.4 (51.4%)
421	TKACZEW Paweł	271	OBORYGENI	M-40	131	01:59:05	03:45:12	05:29:46	07:08:05	08:27:04		09:57:25.25	09:57:44.85	+04:50:10 (48.5%)	11:03	5.4 (51.4%)
422	OZIMINA Hubert	214	OBORYGENI	M-40	132	01:59:05	03:45:11	05:29:43	07:08:51	08:26:56		09:57:24.45	09:57:45.10	+04:50:10 (48.5%)	11:03	5.4 (51.4%)
423	FRĄCKOWIAK Jacek	537	RUNNER'S POWER	M-40	133	02:02:15	03:47:13	05:25:18	07:11:26	08:38:00		09:58:15.30	09:58:41.60	+04:51:07 (48.6%)	11:04	5.4 (51.4%)
424	MAŚLANIK Piotr	350	WIECZORNE BIEGANIE W SZCZECINIE	M-40	134	01:59:24	03:46:15	05:32:14	07:09:47	08:29:39		10:01:57.25	10:02:29.30	+04:54:55 (49.0%)	11:08	5.4 (51.4%)
425	SAMOLAK Maciek	363	MILITARIA TWIERDZA KŁODZKA	M-40	135	02:03:51	03:45:39	05:31:38	07:13:59	08:36:27		10:01:42.05	10:02:39.50	+04:55:05 (49.0%)	11:08	5.4 (51.4%)
426	OLESAK Grzegorz	24		M-30	150	02:33:52	04:15:47	06:01:34	07:26:39	08:43:04		10:02:20.75	10:03:10.50	+04:55:36 (49.0%)	11:09	5.4 (51.4%)
427	BORCUCH Ewelina	335		K-30	34	02:04:06	03:57:52	05:39:24	07:21:39	08:42:09		10:04:52.50	10:05:49.65	+04:58:15 (49.2%)	11:12	5.4 (51.4%)
428	DOMŻALSKI Marek	135		M-50	33	02:01:09	03:45:06	05:29:08	07:11:12	08:37:31		10:05:42.40	10:06:45.00	+04:59:10 (49.3%)	11:13	5.3 (50.5%)
429	WAŁEK Piotr	33	RUNNERS TEAM QUIBL	M-40	136	02:10:24	03:58:27	05:43:18	07:22:21	08:42:10		10:09:06.55	10:09:24.25	+05:01:50 (49.5%)	11:16	5.3 (50.5%)
430	DĄBROWSKI Ireneusz	98	RAJSPOORT ACTIVE	M-40	137	02:13:42	04:17:40	05:48:21	07:34:33	08:55:50		10:11:06.25	10:11:42.50	+05:04:08 (49.7%)	11:19	5.3 (50.5%)
431	DOBREK Wojciech	281	WIECZORNE BIEGANIE W SZCZECINIE	M-50	34	02:11:32	03:59:02	05:38:35	07:21:25	08:41:22		10:11:09.60	10:12:05.30	+05:04:31 (49.8%)	11:19	5.3 (50.5%)
432	KOLASIŃSKI Krzysztof	395		M-40	138	01:59:54	03:53:34	05:36:24	07:19:26	08:50:30		10:11:39.65	10:12:42.80	+05:05:08 (49.8%)	11:19	5.3 (50.5%)
433	PAROL Grzegorz	284		M-40	139	01:53:27	03:42:07	05:31:59	07:11:43	08:39:16		10:12:44.50	10:12:57.05	+05:05:22 (49.8%)	11:20	5.3 (50.5%)
434	RYCHLIKOWSKI Paweł	442		M-40	140	02:16:06	04:03:29	05:46:31	07:28:31	08:52:09		10:13:17.45	10:14:04.55	+05:06:30 (49.9%)	11:21	5.3 (50.5%)
435	GŁUSZCZAK Jerzy	420		M-60	2	01:55:49	03:53:28	05:40:06	07:23:37	08:47:43		10:14:12.35	10:14:26.25	+05:06:52 (49.9%)	11:22	5.3 (50.5%)
436	RZEPNIKOWSKI Michał	56		M-40	141	02:16:56	04:20:51	05:56:31	07:32:02	08:55:55		10:14:25.40	10:15:23.65	+05:07:49 (50.0%)	11:22	5.3 (50.5%)

Place	Participant	Number	Club	Category	MCat	CzechyEar	CzechyEar	PasterkaEar	ParkingEar	Skaly	Penalty/ bonus	Net time	Czas brutto	Pace min/km	Pace km/h	
						13.9km	22.9km	33.7km	40.9km	47.7km		54km	54km			Gap
437	MAJKOWSKI Tomasz	512		M-40	142	02:11:14	04:11:18	05:50:20	07:34:03	08:55:59		10:15:49.45	10:16:20.00	+05:08:45 (50.1%)	11:24	5.3 (50.5%)
438	RZEPKA Daniel	408	GREENBUD	M-30	151	02:10:15	03:59:09	05:50:57	07:34:39	08:56:57		10:18:58.00	10:19:22.20	+05:11:48 (50.3%)	11:27	5.2 (49.5%)
439	KITA Ewa	48	BIEGAMDLAZDROWIA.PL	K-50	1	02:12:58	04:09:41	05:54:41	07:36:33	08:56:24		10:19:49.10	10:19:57.50	+05:12:23 (50.4%)	11:28	5.2 (49.5%)
440	SZUMLAS Marcin	293	#SZUMITEAM	M-30	152	02:04:15	03:56:42	05:43:01	07:23:06	08:51:56		10:20:50.10	10:21:07.10	+05:13:32 (50.5%)	11:29	5.2 (49.5%)
441	PASIERBEK Witek	329		M-40	143	02:01:35	03:43:34	05:30:32	07:20:21	08:47:13		10:20:52.50	10:21:41.10	+05:14:06 (50.5%)	11:29	5.2 (49.5%)
442	BARAŃSKI Grzegorz	462		M-50	35	02:18:05	04:18:15	05:57:01	07:38:23	08:58:31		10:21:47.80	10:22:33.20	+05:14:59 (50.6%)	11:30	5.2 (49.5%)
443	JABŁOŃSKI Kazimierz	457		M-60	3	02:17:09	04:10:36	06:01:47	07:44:00	09:06:08		10:26:37.15	10:26:43.75	+05:19:09 (50.9%)	11:36	5.2 (49.5%)
444	GMEREK Paweł	471		M-40	144	02:33:25	04:26:07	06:04:58	07:42:46	09:05:10		10:27:13.10	10:27:38.00	+05:20:03 (51.0%)	11:36	5.2 (49.5%)
445	KLIKS Adam	470		M-40	145	02:33:25	04:26:07	06:04:58	07:42:48	09:05:05		10:27:13.75	10:27:38.75	+05:20:04 (51.0%)	11:36	5.2 (49.5%)
446	MOŻEJKO Artur	311	POCANCEROWANI	M-40	146	01:58:17	04:00:47	05:54:38	07:45:39	09:10:09		10:39:25.40	10:39:40.30	+05:32:06 (51.9%)	11:50	5.1 (48.6%)
447	MACIĄG Grzegorz	367		M-30	153	02:11:29	04:11:34	05:54:45	07:45:35	09:10:06		10:39:26.45	10:39:41.90	+05:32:07 (51.9%)	11:50	5.1 (48.6%)
448	JAKUBOWSKI Wojciech	221	KB GEOTERMIA UNIEJÓW	M-40	147	02:01:53	03:54:41	05:47:50	07:43:36	09:12:18		10:40:58.05	10:41:55.00	+05:34:20 (52.1%)	11:52	5.1 (48.6%)
	KOCZEWSKI Paweł	285	MALTAŃSKA GRUPA BIEGOWA	M-50		DNF	DNF	DNF	DNF	08:04:43 DNF		DNF	DNF	-	-	(0.0%)
	SYPNIEWSKI Marcin	286	CSWŁĄD POZNAŃ	M-30		01:28:49 DNF	02:38:27 DNF	03:51:07 DNF	05:09:20 DNF	DNF		DNF	DNF	-	-	(0.0%)
	LASOTA Arkadiusz	37		M-40		01:48:19 DNF	03:22:23 DNF	05:09:49 DNF	05:45:54 DNF	DNF		DNF	DNF	-	-	(0.0%)
	ORŁOWSKI Daniel	310	BESTWHISKYMARKET.COM	M-40		01:52:16 DNF	03:36:38 DNF	05:20:07 DNF	07:01:50 DNF	DNF		DNF	DNF	-	-	(0.0%)
	ZARODA Zbyszek	100	BIEGAM BO MNIE LUDZKOŚĆ WQRWIA	M-40		01:33:00 DNF	02:48:57 DNF	04:25:03 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	POTOCKI Michał	279	BIEG OPOLSKI	M-30		01:46:39 DNF	03:24:07 DNF	05:10:36 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	MANEL Mariusz	45	NETBOX BIEGA/ LESZNO LIMITS RUNNERS	M-40		01:49:11 DNF	03:38:32 DNF	05:24:18 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	LEŚNIAK Tomasz	427	THE FLASH IS COMING	M-30		01:46:44 DNF	03:29:44 DNF	05:49:15 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	ZIEMKOWSKA Monika	75	ŻARÓW BIEGA	K-40		02:18:15 DNF	04:09:07 DNF	05:49:41 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	GAWRYSZEWSKI Michał	162		M-40		02:03:58 DNF	03:58:20 DNF	05:53:03 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	GÓRNIAK Łukasz	17		M-40		02:33:52 DNF	04:15:47 DNF	06:08:38 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	NOWAK Justyna	63	OBORYGENI	K-30		02:08:26 DNF	04:11:58 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZCZERBIAK Marcin	22	DRUŻYNA BSS	M-40		02:17:20 DNF	04:27:03 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	MOLSKA Małgorzata	407	BBL GORZÓW	K-50		02:27:02 DNF	04:27:26 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZELER Joanna	151	BIEGAJĄCA Z PSAMI	K-40		02:40:30 DNF	04:35:57 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	WYRĄBKIEWICZ Janusz	418	APTEKA MIKSTURA CIECHOCINEK	M-60		02:41:37 DNF	04:36:01 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)

Place	Participant	Number	Club	Category	MCat	CzechyEar 13.9km	CzechyEar 22.9km	PasterkaEar 33.7km	ParkingEar 40.9km	Skaly 47.7km	Penalty/ bonus	Net time 54km	Czas brutto 54km	Gap	Pace min/km	Pace km/h
	ZAJĄC Krzysztof	218	ZP SZPIKI\WKURW_TEAM\BEZULTRADZIKI	M-40		02:15:38 DNF	04:38:39 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	OSAKOWICZ Mateusz	268	MATEUSZ OSAKOWICZ	M-30		01:35:02 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WIESZACZEWSKA Agnieszka	186	NIGHT RUNNERS WROCŁAW	K-30		02:32:42 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Total 467 results.