



SUPERMARATON GÓR STOŁOWYCH 2018

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Maraton Gór Stołowych 2018
Fundacja Maratony Górskie
2018-06-30
Karłów
50 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	CzechyEar 13.9km	CzechyEar 22.9km	PasterkaEar 33.7km	ParkingEar 40.9km	Skaly 47.7km	Czas netto 54km	Czas brutto 54km	Różn	Tempo min/km	Tempo km/h
1	GÓRNIAK- ANTKOWIAK Agnieszka	517	OBORYGENI	K-40	1	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19	06:51:47.60	06:51:53.25		7:37	7.9 (100%)
2	LEWANDOWSKA Karolina	539	DREAM RUN	K-40	2	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23	07:03:22.75	07:03:40.80	+00:11:47 (2.8%)	7:50	7.7 (97.5%)
3	WÓJCIK Małgorzata	220	BESKIDZKA 160	K-40	3	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53	07:18:53.80	07:19:06.80	+00:27:13 (6.2%)	8:07	7.4 (93.7%)
4	USS Agnieszka	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K-40	4	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52	07:28:19.70	07:28:41.90	+00:36:48 (8.2%)	8:18	7.2 (91.1%)
5	SZCZOTKA Katarzyna	84		K-40	5	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02	07:31:34.95	07:31:49.80	+00:39:56 (8.8%)	8:21	7.2 (91.1%)
6	KONDZIELNIK Magdalena	76		K-40	6	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14	07:35:16.70	07:35:32.05	+00:43:38 (9.6%)	8:25	7.1 (89.9%)
7	MALIK Agnieszka	541	ZUMBA	K-40	7	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44	07:49:22.40	07:49:39.70	+00:57:46 (12.3%)	8:41	6.9 (87.3%)
8	SZCZUPAKOWSKA Izabela	78		K-40	8	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24	07:49:36.00	07:50:06.45	+00:58:13 (12.4%)	8:41	6.9 (87.3%)
9	PLATA Marta	7		K-40	9	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47	07:51:33.00	07:51:59.75	+01:00:06 (12.7%)	8:43	6.9 (87.3%)
10	BRZOWOWSKA Anna	96	PKS GALOPUJĄCA SOCZEWICA/KRASNYSTAW BIEGA	K-40	10	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39	07:53:29.30	07:54:13.40	+01:02:20 (13.1%)	8:46	6.8 (86.1%)
11	ORONOWICZ Marta	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K-40	11	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17	07:58:11.35	07:58:23.90	+01:06:30 (13.9%)	8:51	6.8 (86.1%)
12	PASECKA Sylwia	181		K-40	12	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41	08:05:37.30	08:05:53.95	+01:14:00 (15.2%)	8:59	6.7 (84.8%)
13	WOJTKOWIAK Kamilla	375	WWW.KAMILASUKNIE.PL	K-40	13	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24	08:17:34.75	08:18:09.75	+01:26:16 (17.3%)	9:12	6.5 (82.3%)
14	HANYSZ Magda	6		K-40	14	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51	08:23:30.00	08:24:16.95	+01:32:23 (18.3%)	9:19	6.4 (81.0%)
15	CIOSEK Beata	509	AUGUSTEAM	K-40	15	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02	08:33:16.10	08:33:59.50	+01:42:06 (19.9%)	9:30	6.3 (79.7%)
16	STAJNIAK- STELIGA Izabela	463	OBORYGENI	K-40	16	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33	08:43:32.70	08:43:43.45	+01:51:50 (21.4%)	9:41	6.2 (78.5%)
17	KRÓL-PIDANTY Marzena	165	STRZEGOMSKA DWUNASTKA	K-40	17	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02	08:50:08.85	08:50:33.90	+01:58:40 (22.4%)	9:49	6.1 (77.2%)
18	MOSKAL Izabella	18	TKKF MPK POZNAŃ	K-40	18	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35	08:50:56.50	08:51:30.90	+01:59:37 (22.5%)	9:49	6.1 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	CzechyEar 13.9km	CzechyEar 22.9km	PasterkaEar 33.7km	ParkingEar 40.9km	Skaly 47.7km	Czas netto 54km	Czas brutto 54km	Różn	Tempo min/km	Tempo km/h
19	POWAŁOWSKA Danka	272	SŁYNNI KENIJCZYCY	K-40	19	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12	08:53:38.35	08:54:14.60	+02:02:21 (22.9%)	9:52	6.1 (77.2%)
20	GĄŁKA Małgosia	478		K-40	20	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22	08:59:50.75	09:00:23.35	+02:08:30 (23.8%)	9:59	6 (75.9%)
21	BRUSZEWSKA- GŁOMBIOWSKA Monika	64		K-40	21	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50	09:05:06.65	09:05:25.60	+02:13:32 (24.5%)	10:05	5.9 (74.7%)
22	OSTAPIŃSKA Magda	122	OSTRESROKI	K-40	22	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00	09:06:10.25	09:06:57.90	+02:15:04 (24.7%)	10:06	5.9 (74.7%)
23	CZAPIGA Magdalena	138		K-40	23	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28	09:10:13.30	09:10:54.35	+02:19:01 (25.2%)	10:11	5.9 (74.7%)
24	NAPIERAŁSKA Natalia	479	ŻYGLIŃSKIE CHARTY	K-40	24	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43	09:19:52.20	09:20:44.65	+02:28:51 (26.5%)	10:22	5.8 (73.4%)
25	FIGEL Monika	324	MIKI TEAM	K-40	25	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37	09:23:04.00	09:23:30.15	+02:31:36 (26.9%)	10:25	5.8 (73.4%)
26	ŁANGE Monika	398		K-40	26	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12	09:23:34.70	09:24:30.20	+02:32:36 (27.0%)	10:26	5.7 (72.2%)
27	MATUSZEWSKA Małgorzata	195	RUNNER'S POWER	K-40	27	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21	09:25:16.85	09:25:42.80	+02:33:49 (27.2%)	10:28	5.7 (72.2%)
28	GIBALSKA Marzena	494	OBORYGENI	K-40	28	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30	09:29:51.65	09:30:08.00	+02:38:14 (27.8%)	10:33	5.7 (72.2%)
29	MURAWSKA Joanna	319	MIKI TEAM	K-40	29	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32	09:30:28.35	09:30:53.05	+02:38:59 (27.9%)	10:33	5.7 (72.2%)
30	ZAWADZKA Marzena	298		K-40	30	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27	09:31:52.30	09:32:03.60	+02:40:10 (28.0%)	10:35	5.7 (72.2%)
31	ONAK Iza	525		K-40	31	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33	09:35:21.70	09:36:09.40	+02:44:16 (28.5%)	10:39	5.6 (70.9%)
32	WALENTA Hanna	163		K-40	32	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46	09:42:16.15	09:42:47.95	+02:50:54 (29.3%)	10:46	5.6 (70.9%)
33	MICHALAK Joanna	113		K-40	33	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30	09:44:51.95	09:45:46.85	+02:53:53 (29.7%)	10:49	5.5 (69.6%)
34	BARAŃSKA Aneta	62	GALOPUJĄCA SOCZEWICA	K-40	34	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38	09:48:46.85	09:48:55.25	+02:57:02 (30.1%)	10:54	5.5 (69.6%)
35	KRYPCZYK Katarzyna	506	AUGUSTEAM	K-40	35	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10	09:51:44.95	09:52:29.60	+03:00:36 (30.5%)	10:57	5.5 (69.6%)
	ZIEMKOWSKA Monika	75	ŻARÓW BIEGA	K-40		02:18:15 DNF	04:09:07 DNF	05:49:41	DNF DNF	DNF	DNF	DNF		-	- (0.0%)
	SZELER Joanna	151	BIEGAJĄCA Z PSAMI	K-40		02:40:30 DNF	04:35:57 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 37 wynik(ów)