

SURVIVAL RACE 6KM

B4SPORT

Wydarzenie: Survival Race
Organizator: Brento Productions
Data: 2019-09-22
Miejsce: Wrocław
Dystans: 6 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	GRUETZMACHER Katarzyna	3278		13:30	3	13:30		00:57:11.85	00:57:11.85		9:31	6.3 (100%)
2	TUŁA Magdalena	2619	DALEKO JESZCZE? WROCŁAW	12:00	5	12:00		00:58:42.05	00:58:42.05	+00:01:30 (2.6%)	9:47	6.1 (96.8%)
3	GUMUŁKA Kornela	1393	JELDINA-ZDRÓJ	9:15	3	9:15		00:58:59.90	00:58:59.90	+00:01:48 (3.1%)	9:49	6.1 (96.8%)
4	IRLA Dominika	2999	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	1	12:45		01:03:53.15	01:03:53.15	+00:06:41 (10.5%)	10:38	5.6 (88.9%)
5	WOJCIECHOWSKA Olga	3001	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	2	12:45		01:03:59.15	01:03:59.15	+00:06:47 (10.6%)	10:39	5.6 (88.9%)
6	KMIECIK Małgorzata	3007	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	3	12:45		01:04:25.85	01:04:25.85	+00:07:14 (11.2%)	10:44	5.6 (88.9%)
7	KRYSZAK Iwona	3009	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	4	12:45		01:04:48.90	01:04:48.90	+00:07:37 (11.8%)	10:48	5.6 (88.9%)
8	JĘDRZEJCZYK Aleksandra	3005	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	5	12:45		01:05:01.90	01:05:01.90	+00:07:50 (12.0%)	10:50	5.5 (87.3%)
9	SZYMAŃSKA Wiktoria	3124	CALISIA KALISZ	13:00	1	13:00		01:05:17.35	01:05:17.35	+00:08:05 (12.4%)	10:52	5.5 (87.3%)
10	KALINOWSKA Wioleta	3016	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	6	12:45		01:06:05.65	01:06:05.65	+00:08:53 (13.5%)	11:00	5.4 (85.7%)
11	MURZICZ Agata	1179	WROCŁAW	8:45	1	8:45		01:06:08.30	01:06:08.30	+00:08:56 (13.5%)	11:01	5.4 (85.7%)
12	ROKICKA Julia	1619	PEACEFUL WARRIORS WROCŁAW	9:30	8	9:30		01:06:57.35	01:06:57.35	+00:09:45 (14.6%)	11:09	5.4 (85.7%)
13	KAMIŃSKA Ewelina	3433		10:00	9	10:00		01:09:06.55	01:09:06.55	+00:11:54 (17.2%)	11:31	5.2 (82.5%)
14	OLEJNIK Monika	3189	AMREST	13:15	3	13:15		01:09:06.80	01:09:06.80	+00:11:54 (17.2%)	11:31	5.2 (82.5%)
15	CHARLICKA Małgorzata	1258	MY TU TYLKO PRZYPADKIEM BIERUTÓW	9:00	15	9:00		01:09:07.50	01:09:07.50	+00:11:55 (17.3%)	11:31	5.2 (82.5%)

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16	SERGEIEVA Viktoria	1663	WROCLAW	9:45	6	9:45		01:09:59.40	01:09:59.40	+00:12:47 (18.3%)	11:39	5.1 (81.0%)
17	ROMANIAK Joanna	1197	ARTGEISTTEAM WROCLAW	8:45	5	8:45		01:10:02.25	01:10:02.25	+00:12:50 (18.3%)	11:40	5.1 (81.0%)
18	DYJA Magdalena	2863	POLANICA ZDRÓJ	12:30	12	12:30		01:10:30.55	01:10:30.55	+00:13:18 (18.9%)	11:45	5.1 (81.0%)
19	KOPCIUCH Anna	1228	RUBE STARE BABY KATOWICE	8:45	9	8:45		01:11:03.10	01:11:03.10	+00:13:51 (19.5%)	11:50	5.1 (81.0%)
20	MOSKOWSKAJA Masza	1300	OSTRE SAJGONKI	9:00	19	9:00		01:11:35.85	01:11:35.85	+00:14:24 (20.1%)	11:55	5 (79.4%)
21	CHMIELARCZYK Milena	2202	BAJKA I BRAWURKA DZIERŻONIÓW	10:45	2	10:45		01:11:40.45	01:11:40.45	+00:14:28 (20.2%)	11:56	5 (79.4%)
22	SYGULKA Agata	2638	PSY BUKOWO	12:00	19	12:00		01:11:52.65	01:11:52.65	+00:14:40 (20.4%)	11:58	5 (79.4%)
23	DERNOWSKA Natalia	3077	JAŚ I MAŁGOSIA	12:45	12	12:45		01:12:15.85	01:12:15.85	+00:15:04 (20.8%)	12:02	5 (79.4%)
24	MORAS Daria	1810	MATECZKA WROCLAW	10:00	13	10:00		01:12:36.45	01:12:36.45	+00:15:24 (21.2%)	12:06	5 (79.4%)
25	DZIURSKA Marta	3004	AKADEMIA RUCHU WAŁBRZYCH SZCZAWNO - ZDROJ	12:45	13	12:45		01:12:44.00	01:12:44.00	+00:15:32 (21.4%)	12:07	4.9 (77.8%)
26	KRATA Agnieszka	2993	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	14	12:45		01:13:19.75	01:13:19.75	+00:16:07 (22.0%)	12:13	4.9 (77.8%)
27	DECHNIK Natalia	3003	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	16	12:45		01:13:20.35	01:13:20.35	+00:16:08 (22.0%)	12:13	4.9 (77.8%)
28	BASIURA Patrycja	3006	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	17	12:45		01:13:52.30	01:13:52.30	+00:16:40 (22.6%)	12:18	4.9 (77.8%)
29	WASZAK Beata	1021	DEBILE POZNAŃ	8:15	6	8:15		01:13:55.10	01:13:55.10	+00:16:43 (22.6%)	12:19	4.9 (77.8%)
30	KOŚCIELNA Monika	1047	BERBELUCHY WROCLAW	8:30	23	8:30		01:14:11.55	01:14:11.55	+00:16:59 (22.9%)	12:21	4.9 (77.8%)
31	MAĆZKA Sylwia	2790	HYSEN TEAM MIŁOCHOWICE	12:15	6	12:15		01:14:32.20	01:14:32.20	+00:17:20 (23.3%)	12:25	4.8 (76.2%)
32	BARTOLEWSKA Magdalena	1210	CZĘSTOCHOWA	8:45	12	8:45		01:14:46.70	01:14:46.70	+00:17:34 (23.5%)	12:27	4.8 (76.2%)
33	MITORAJ Jolanta	1002	ZUMBA YOLO BIELANY WROCLAWSKIE	8:15	9	8:15		01:14:47.40	01:14:47.40	+00:17:35 (23.5%)	12:27	4.8 (76.2%)
34	LEBIEDŹ Joanna	1923	NOSACZE WROCLAW	10:15	3	10:15		01:15:30.15	01:15:30.15	+00:18:18 (24.2%)	12:35	4.8 (76.2%)
35	SOKOŁOWSKA Małgorzata	3213	AMREST	13:15	8	13:15		01:16:04.40	01:16:04.40	+00:18:52 (24.8%)	12:40	4.7 (74.6%)
36	MATERNA Agata	3212	AMREST	13:15	9	13:15		01:16:08.70	01:16:08.70	+00:18:56 (24.9%)	12:41	4.7 (74.6%)
37	CIEPŁUCHA Ewelina	788		10:15	4	10:15		01:16:26.65	01:16:26.65	+00:19:14 (25.2%)	12:44	4.7 (74.6%)
38	MACIEJEWSKA Katarzyna	1025	ONE WROCLAW	8:15	10	8:15		01:16:38.55	01:16:38.55	+00:19:26 (25.4%)	12:46	4.7 (74.6%)

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39	KISIELA Magdalena	2579	GŁOGÓW	12:00	25	12:00		01:16:43.65	01:16:43.65	+00:19:31 (25.5%)	12:47	4.7 (74.6%)
40	MACIEJEWSKA Dorota	1139	SURVIVAL FREAKS SOCHACZEW	8:45	13	8:45		01:16:50.45	01:16:50.45	+00:19:38 (25.6%)	12:48	4.7 (74.6%)
41	TERLECKA Katarzyna	1265	CENTRUM KETTLEBELL ZĄBKOWICE ŚLĄSKIE ZĄBKOWICE ŚLĄSKIE	9:00	24	9:00		01:17:31.00	01:17:31.00	+00:20:19 (26.2%)	12:55	4.6 (73.0%)
42	WARUSZYNSKA Beata	3133	WROCŁAW	13:00	11	13:00		01:17:49.70	01:17:49.70	+00:20:37 (26.5%)	12:58	4.6 (73.0%)
43	CIEŚLARCZYK Monika	2974	M.I.A. WROCŁAW	12:45	21	12:45		01:17:53.95	01:17:53.95	+00:20:42 (26.6%)	12:58	4.6 (73.0%)
44	MACIOCHA Alicja	2973	M.I.A. WROCŁAW	12:45	22	12:45		01:17:55.15	01:17:55.15	+00:20:43 (26.6%)	12:59	4.6 (73.0%)
45	KRUKIEWICZ Maja	1471	SMOKI I OSTRE BABY	9:15	12	9:15		01:18:08.55	01:18:08.55	+00:20:56 (26.8%)	13:01	4.6 (73.0%)
46	PIRECKA Olga	1467	SMOKI I OSTRE BABY BIENIOWICE	9:15	13	9:15		01:18:08.70	01:18:08.70	+00:20:56 (26.8%)	13:01	4.6 (73.0%)
47	LEWICKA Magdalena	3419		12:15	14	12:15		01:18:41.70	01:18:41.70	+00:21:29 (27.3%)	13:06	4.6 (73.0%)
48	ZIĘTA Oskar	3404		12:15	15	12:15		01:18:41.75	01:18:41.75	+00:21:29 (27.3%)	13:06	4.6 (73.0%)
49	ŚWIDERSKA-ZIĘTA Agata	3403		12:15	17	12:15		01:18:42.00	01:18:42.00	+00:21:30 (27.3%)	13:07	4.6 (73.0%)
50	PHAN Emilia	1273	KUNG FU	9:00	26	9:00		01:18:48.15	01:18:48.15	+00:21:36 (27.4%)	13:08	4.6 (73.0%)
51	MACIEJEWSKA Nicola	3420		9:00	28	9:00		01:18:54.90	01:18:54.90	+00:21:43 (27.5%)	13:09	4.6 (73.0%)
52	SIKORA Katarzyna	3422		9:00	29	9:00		01:18:55.20	01:18:55.20	+00:21:43 (27.5%)	13:09	4.6 (73.0%)
53	GÓRALSKA Agnieszka	2665	PIĘKNE I BESTIE ZAJĄCZKÓW	12:00	26	12:00		01:18:55.80	01:18:55.80	+00:21:43 (27.5%)	13:09	4.6 (73.0%)
54	PAWŁOWSKA Aleksandra	2609	PIĘKNE I BESTIE SZEWCZE	12:00	30	12:00		01:18:57.00	01:18:57.00	+00:21:45 (27.6%)	13:09	4.6 (73.0%)
55	SZELAĞ Monika	3167	RAWICZ	13:00	13	13:00		01:18:59.55	01:18:59.55	+00:21:47 (27.6%)	13:09	4.6 (73.0%)
56	KUCHARSKA Lidia	3129	CALISIA OPATOWEK	13:00	14	13:00		01:19:02.90	01:19:02.90	+00:21:51 (27.6%)	13:10	4.6 (73.0%)
57	MAŁEK Małgorzata	2005	PGR NA START PISARZOWICE	10:15	8	10:15		01:19:14.40	01:19:14.40	+00:22:02 (27.8%)	13:12	4.5 (71.4%)
58	TRELA Magdalena	2634	MECALAC WROCLAW	12:00	33	12:00		01:19:16.65	01:19:16.65	+00:22:04 (27.9%)	13:12	4.5 (71.4%)
59	KŁOSOWICZ Monika	1200		8:45	17	8:45		01:19:42.00	01:19:42.00	+00:22:30 (28.2%)	13:17	4.5 (71.4%)
60	ADAMCZAK Ewa	1284	OSTRE SAJGONKI WROCŁAW	9:00	30	9:00		01:19:54.70	01:19:54.70	+00:22:42 (28.4%)	13:19	4.5 (71.4%)
61	KUBIAK Dorota	2883	GRUPA WROCŁAW OLEŚNICA	12:30	29	12:30		01:19:54.85	01:19:54.85	+00:22:43 (28.4%)	13:19	4.5 (71.4%)

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62	ROMEJKO Karolina	1142	RUDA ŚLĄSKA	8:45	19	8:45		01:19:59.05	01:19:59.05	+00:22:47 (28.5%)	13:19	4.5 (71.4%)
63	KOZERA Ela	2996	AKADEMIA RUCHU WAŁBRZYCH	12:45	25	12:45		01:20:20.65	01:20:20.65	+00:23:08 (28.8%)	13:23	4.5 (71.4%)
64	PIECHUR-GÓRNIAK Iwona	3015	AKADEMIA RUCHU WAŁBRZYCH WAŁBRZYCH	12:45	26	12:45		01:20:20.85	01:20:20.85	+00:23:09 (28.8%)	13:23	4.5 (71.4%)
65	RUDA Daria	2878	GRUPA WROCŁAW WROCŁAW	12:30	31	12:30		01:20:29.40	01:20:29.40	+00:23:17 (28.9%)	13:24	4.5 (71.4%)
66	SŁOWIK Kamila	1131	TEAM PAZDAN	8:30	27	8:30		01:20:34.75	01:20:34.75	+00:23:22 (29.0%)	13:25	4.5 (71.4%)
67	KUBALA Małgorzata	1594	PSZCZOŁY WAŁBRZYCH	9:30	16	9:30		01:20:52.80	01:20:52.80	+00:23:40 (29.3%)	13:28	4.5 (71.4%)
68	DRZEWIECKA Sylwia	1571	PSZCZOŁY WAŁBRZYCH	9:30	17	9:30		01:20:53.10	01:20:53.10	+00:23:41 (29.3%)	13:28	4.5 (71.4%)
69	DRAGANEK Ewelina	2492	WROCŁAW	11:15	8	11:15		01:21:11.45	01:21:11.45	+00:23:59 (29.6%)	13:31	4.4 (69.8%)
70	SOBIERAJ Jola	3113	226825 WROCŁAW	13:00	19	13:00		01:21:11.95	01:21:11.95	+00:24:00 (29.6%)	13:31	4.4 (69.8%)
71	SZYMCZAK Agata	2148	ŚLĄSK WROCŁAW WROCŁAW	10:30	20	10:30		01:21:25.95	01:21:25.95	+00:24:14 (29.8%)	13:34	4.4 (69.8%)
72	BOROWSKA Beata	1318	WARIATY WROCŁAW	9:00	33	9:00		01:21:26.10	01:21:26.10	+00:24:14 (29.8%)	13:34	4.4 (69.8%)
73	CIEPŁUCHA Ewelina	2006	PGR NA START PISARZOWICE	10:15	10	10:15		01:21:44.05	01:21:44.05	+00:24:32 (30.0%)	13:37	4.4 (69.8%)
74	WIDZIAK-JĘDRZEJCZAK Justyna	2161	WROCŁAW	10:30	23	10:30		01:21:46.80	01:21:46.80	+00:24:34 (30.1%)	13:37	4.4 (69.8%)
75	KUŚMIEEK Agnieszka	1093	WROCŁAW	8:30	30	8:30		01:21:46.90	01:21:46.90	+00:24:35 (30.1%)	13:37	4.4 (69.8%)
76	KUPRASZ Marta	1095	WROCLAW	8:30	31	8:30		01:21:47.05	01:21:47.05	+00:24:35 (30.1%)	13:37	4.4 (69.8%)
77	KURA Izabela	1094	WROCŁAW	8:30	32	8:30		01:21:47.35	01:21:47.35	+00:24:35 (30.1%)	13:37	4.4 (69.8%)
78	FYDA Anna	2159	BANDA WROCŁAW	10:30	26	10:30		01:21:48.00	01:21:48.00	+00:24:36 (30.1%)	13:38	4.4 (69.8%)
79	HOEFT Weronika	2153	BANDA WROCŁAW	10:30	27	10:30		01:21:48.05	01:21:48.05	+00:24:36 (30.1%)	13:38	4.4 (69.8%)
80	GORYŚ Klaudia	3063	LIMANGO WROCŁAW	12:45	32	12:45		01:21:48.70	01:21:48.70	+00:24:36 (30.1%)	13:38	4.4 (69.8%)
81	TATAR Izabela	3210	AMREST	13:15	20	13:15		01:22:01.00	01:22:01.00	+00:24:49 (30.3%)	13:40	4.4 (69.8%)
82	LEMBKE Marta	5519		13:00	22	13:00		01:22:07.10	01:22:07.10	+00:24:55 (30.3%)	13:41	4.4 (69.8%)
83	NOWAK Izabela	1049	TWARDZIELE TEAM BOGATYNIA WROCLAW	8:30	33	8:30		01:22:09.05	01:22:09.05	+00:24:57 (30.4%)	13:41	4.4 (69.8%)
84	JASKUŁA Joanna	1056	TWARDZIELE TEAM BOGATYNIA IWNO	8:30	34	8:30		01:22:09.35	01:22:09.35	+00:24:57 (30.4%)	13:41	4.4 (69.8%)

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85	STEFAŃSKA Anna	1053	TWARDZIELE TEAM BOGATYNIA BOGATYNIA	8:30	38	8:30		01:22:09.95	01:22:09.95	+00:24:58 (30.4%)	13:41	4.4 (69.8%)
86	CICHOSZ Edyta	1054	TWARDZIELE TEAM BOGATYNIA KRZEWINA	8:30	40	8:30		01:22:10.15	01:22:10.15	+00:24:58 (30.4%)	13:41	4.4 (69.8%)
87	SKOWROŃSKA Justyna	2179	SPINNING_TITANS WROCŁAW	10:45	4	10:45		01:22:16.70	01:22:16.70	+00:25:04 (30.5%)	13:42	4.4 (69.8%)
88	JĘDRYCH Monika	2180	SPINNING_TITANS WROCŁAW	10:45	5	10:45		01:22:16.75	01:22:16.75	+00:25:04 (30.5%)	13:42	4.4 (69.8%)
89	FRYSZTACKA Andżelika	1262	JAK PIJE TO NIE RZYGAM ZABRZE	9:00	40	9:00		01:22:24.55	01:22:24.55	+00:25:12 (30.6%)	13:44	4.4 (69.8%)
90	MOTYL Patrycja	2578	ŁOZINA	12:00	35	12:00		01:22:32.15	01:22:32.15	+00:25:20 (30.7%)	13:45	4.4 (69.8%)
91	MYŚLIŃSKA Ramona	5222		10:45	10	10:45		01:23:18.20	01:23:18.20	+00:26:06 (31.3%)	13:53	4.3 (68.3%)
92	ZĄBEK Joanna	1961	WROCŁAW, POLSKA	10:15	13	10:15		01:23:26.80	01:23:26.80	+00:26:14 (31.5%)	13:54	4.3 (68.3%)
93	GIERCZYK Estera	2830	JUDO TEAM WROCŁAW	12:15	24	12:15		01:23:35.55	01:23:35.55	+00:26:23 (31.6%)	13:55	4.3 (68.3%)
93	RACEK Katarzyna	2819	JUDO TEAM WROCŁAW	12:15	24	12:15		01:23:35.55	01:23:35.55	+00:26:23 (31.6%)	13:55	4.3 (68.3%)
95	ŚNIEŻAWSKA Gabriela	2823	JUDO TEAM WROCŁAW	12:15	27	12:15		01:23:35.90	01:23:35.90	+00:26:24 (31.6%)	13:55	4.3 (68.3%)
96	STANKIEWICZ Edyta	2046	STANKIEWICZ TEAM SMOLEC	10:30	28	10:30		01:23:39.45	01:23:39.45	+00:26:27 (31.6%)	13:56	4.3 (68.3%)
97	TORBA Agnieszka	1345	BUK	9:00	47	9:00		01:23:54.90	01:23:54.90	+00:26:43 (31.8%)	13:59	4.3 (68.3%)
98	ŁAZAREK Kinga	3122	CALISIA SZCZYTNIKI	13:00	23	13:00		01:24:06.50	01:24:06.50	+00:26:54 (32.0%)	14:01	4.3 (68.3%)
99	RESZELEWSKA Aleksandra	1016	DEBILE POZNAŃ	8:15	13	8:15		01:24:06.95	01:24:06.95	+00:26:55 (32.0%)	14:01	4.3 (68.3%)
100	WÓJCIK Magdalena	1710	W3 WROCŁAW	9:45	20	9:45		01:24:18.45	01:24:18.45	+00:27:06 (32.2%)	14:03	4.3 (68.3%)
101	OCHA Beata	1259	WATAHA WROCŁAW	12:30	34	12:30		01:24:47.95	01:24:47.95	+00:27:36 (32.5%)	14:07	4.2 (66.7%)
102	LISIŃSKA Karolina	2668	CA VA WROCŁAW	12:00	40	12:00		01:24:49.85	01:24:49.85	+00:27:38 (32.6%)	14:08	4.2 (66.7%)
103	PASZAK Paulina	2669	CA VA WROCŁAW	12:00	41	12:00		01:24:50.95	01:24:50.95	+00:27:39 (32.6%)	14:08	4.2 (66.7%)
104	KRZYSTANEK Magdalena	2854	KIEŁCZÓWEK	12:30	36	12:30		01:24:51.25	01:24:51.25	+00:27:39 (32.6%)	14:08	4.2 (66.7%)
105	CZOP Maria	2613	CA VA WROCŁAW	12:00	43	12:00		01:24:53.50	01:24:53.50	+00:27:41 (32.6%)	14:08	4.2 (66.7%)
106	FREILICH Ewelina	2788	TECHNICY MAGICY WROCŁAW	12:15	29	12:15		01:24:59.75	01:24:59.75	+00:27:47 (32.7%)	14:09	4.2 (66.7%)
107	JUCHA Oliwia	1582	KFB ACOUSTICS SIECHNICE	9:30	18	9:30		01:25:02.55	01:25:02.55	+00:27:50 (32.7%)	14:10	4.2 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	BIERNACKA Paulina	3058	LIMANGO MARCINOWICE	12:45	34	12:45		01:25:05.30	01:25:05.30	+00:27:53 (32.8%)	14:10	4.2 (66.7%)
109	WILCZAK Marlena	3060	LIMANGO WROCŁAW	12:45	35	12:45		01:25:05.35	01:25:05.35	+00:27:53 (32.8%)	14:10	4.2 (66.7%)
110	ULATOWSKA Anna	1220	LOOMBARD WROCŁAW	8:45	24	8:45		01:25:12.30	01:25:12.30	+00:28:00 (32.9%)	14:12	4.2 (66.7%)
111	KACZOR Katarzyna	3178	AMREST	13:15	29	13:15		01:25:16.55	01:25:16.55	+00:28:04 (32.9%)	14:12	4.2 (66.7%)
112	ŁODZIAREK Patrycja	3181	AMREST	13:15	30	13:15		01:25:17.10	01:25:17.10	+00:28:05 (32.9%)	14:12	4.2 (66.7%)
113	KOSTAŃSKA Luiza	3410		12:30	37	12:30		01:25:29.90	01:25:29.90	+00:28:18 (33.1%)	14:14	4.2 (66.7%)
114	GŁĄB Dominika	1212	LOOMBARD WROCLAW	8:45	27	8:45		01:25:33.60	01:25:33.60	+00:28:21 (33.1%)	14:15	4.2 (66.7%)
115	ŁUBIŃSKA Sandra	2859	SPORTOWE ŚWIRY LUBIN	12:30	39	12:30		01:25:36.85	01:25:36.85	+00:28:25 (33.2%)	14:16	4.2 (66.7%)
116	PRÓCHNIAK Iga	1156	IGA ZACZEKAJ NA NAS! SIECHNICE	8:45	28	8:45		01:25:44.30	01:25:44.30	+00:28:32 (33.3%)	14:17	4.2 (66.7%)
117	KULIG-TROSKA Kamila	1342	SOLONEAPOLO WROCŁAW	9:00	49	9:00		01:25:45.70	01:25:45.70	+00:28:33 (33.3%)	14:17	4.2 (66.7%)
118	DYBA Marta	2534	DYBSONEK GŁOGÓW	11:15	17	11:15		01:25:53.10	01:25:53.10	+00:28:41 (33.4%)	14:18	4.2 (66.7%)
119	NIENAJDŁO Natalia	2533	DYBSONEK GŁOGÓW	11:15	18	11:15		01:25:54.15	01:25:54.15	+00:28:42 (33.4%)	14:19	4.2 (66.7%)
120	MAŁEK Ewa	2623	NINJAS TEAM OŁAWA	12:00	46	12:00		01:25:57.80	01:25:57.80	+00:28:45 (33.5%)	14:19	4.2 (66.7%)
121	DZIURA Aneta	1079	RÓŻOWE PANTERKI WROCŁAW	8:30	46	8:30		01:26:10.25	01:26:10.25	+00:28:58 (33.6%)	14:21	4.2 (66.7%)
122	KALETA Iwona	1303	TELFORCEONE WROCŁAW	9:00	50	9:00		01:26:26.55	01:26:26.55	+00:29:14 (33.8%)	14:24	4.2 (66.7%)
123	SIENIAWSKA-NOWAK Magdalena	1160	MATKI_WARIATKI KIEŁCZÓW	8:45	32	8:45		01:26:47.55	01:26:47.55	+00:29:35 (34.1%)	14:27	4.1 (65.1%)
124	STEPIEŃ Magdalena	1161	MATKI_WARIATKI KSIĄŻENICE	8:45	33	8:45		01:26:47.60	01:26:47.60	+00:29:35 (34.1%)	14:27	4.1 (65.1%)
125	BLICHARZ Kamila	2163	WROCŁAW	10:30	36	10:30		01:26:49.25	01:26:49.25	+00:29:37 (34.1%)	14:28	4.1 (65.1%)
126	KONDZIOŁKA Monika	1196	ARTGEISTTEAM WROCŁAW	8:45	34	8:45		01:26:55.95	01:26:55.95	+00:29:44 (34.2%)	14:29	4.1 (65.1%)
127	KRZYSZCZUK Agata	3173	AMREST	13:15	34	13:15		01:27:15.70	01:27:15.70	+00:30:03 (34.5%)	14:32	4.1 (65.1%)
128	PARKITNA Sylwia	3172	AMREST	13:15	35	13:15		01:27:15.85	01:27:15.85	+00:30:04 (34.5%)	14:32	4.1 (65.1%)
129	TARASIEWICZ Ewelina	3247	AMREST	13:15	37	13:15		01:27:27.00	01:27:27.00	+00:30:15 (34.6%)	14:34	4.1 (65.1%)
130	HAN Kamilla	1612	GŁODOMOR	9:30	24	9:30		01:27:33.90	01:27:33.90	+00:30:22 (34.7%)	14:35	4.1 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	TOMCZAK Magdalena	1176	SZWADRON WILKÓW ALFA LUBIN	8:45	38	8:45		01:27:38.75	01:27:38.75	+00:30:26 (34.7%)	14:36	4.1 (65.1%)
132	BŁOTNICKA Katarzyna	1174	SZWADRON WILKÓW ALFA MIRSK	8:45	39	8:45		01:27:38.95	01:27:38.95	+00:30:27 (34.7%)	14:36	4.1 (65.1%)
133	JARCZEWSKA Ewa	3227	AMREST	13:15	39	13:15		01:27:40.25	01:27:40.25	+00:30:28 (34.8%)	14:36	4.1 (65.1%)
134	POREMBA Karolina	1168	DZIKIE MORSY	8:45	41	8:45		01:27:44.95	01:27:44.95	+00:30:33 (34.8%)	14:37	4.1 (65.1%)
135	NADLER Zdzisława	1169	DZIKIE MORSY	8:45	42	8:45		01:27:45.00	01:27:45.00	+00:30:33 (34.8%)	14:37	4.1 (65.1%)
136	STASIAK Monika	1170	DZIKIE MORSY	8:45	43	8:45		01:27:45.20	01:27:45.20	+00:30:33 (34.8%)	14:37	4.1 (65.1%)
137	BODZIOCH Kinga	3162	MARTA I KINGA BUK	13:00	26	13:00		01:27:53.75	01:27:53.75	+00:30:41 (34.9%)	14:38	4.1 (65.1%)
138	ZYŚK Martyna	3235	AMREST	13:15	43	13:15		01:27:56.00	01:27:56.00	+00:30:44 (35.0%)	14:39	4.1 (65.1%)
138	HEROK Katarzyna	2386	SPOCENI W LODÓWCE 5 JAWOR	11:00	20	11:00		01:27:56.00	01:27:56.00	+00:30:44 (35.0%)	14:39	4.1 (65.1%)
140	PSZCZÓŁKOWSKA Patrycja	3244	AMREST	13:15	44	13:15		01:28:00.75	01:28:00.75	+00:30:48 (35.0%)	14:40	4.1 (65.1%)
141	ŁUKASIŃSKA Monika	3463		10:30	39	10:30		01:28:06.15	01:28:06.15	+00:30:54 (35.1%)	14:41	4.1 (65.1%)
142	FILIPÓW Samantha	2057	21:37 WROCŁAW	10:30	41	10:30		01:28:26.00	01:28:26.00	+00:31:14 (35.3%)	14:44	4.1 (65.1%)
143	OCHMAN Sylwia	1992	GANG DZIKICH CIASTECZEK WROCŁAW	10:15	20	10:15		01:28:38.30	01:28:38.30	+00:31:26 (35.5%)	14:46	4.1 (65.1%)
144	GÓRAL Oliwia	3105	EKIPAZNAKOMITA WROCŁAW	13:00	29	13:00		01:28:45.10	01:28:45.10	+00:31:33 (35.6%)	14:47	4.1 (65.1%)
145	MYŚLICKA Karolina	3460		11:15	19	11:15		01:28:49.65	01:28:49.65	+00:31:37 (35.6%)	14:48	4.1 (65.1%)
146	KULESZA Monika	1897	TIETOACTIVE WROCŁAW	10:15	24	10:15		01:29:03.65	01:29:03.65	+00:31:51 (35.8%)	14:50	4 (63.5%)
147	ROURE Anna	1045	BAGUETTE WROCLAW	8:30	48	8:30		01:29:04.05	01:29:04.05	+00:31:52 (35.8%)	14:50	4 (63.5%)
148	URBANIK Ewelina	2475	DECATHLON	13:30	6	13:30		01:29:09.75	01:29:09.75	+00:31:57 (35.9%)	14:51	4 (63.5%)
149	KOZINA Katarzyna	2384	DECATHLON	13:30	7	13:30		01:29:12.70	01:29:12.70	+00:32:00 (35.9%)	14:52	4 (63.5%)
150	ZALEWSKA Ewa	1097	MAMA_NIE_WIE_ŻE_TU_JESTEM WROCŁAW	8:30	50	8:30		01:29:13.40	01:29:13.40	+00:32:01 (35.9%)	14:52	4 (63.5%)
151	TURCZYŃSKA Julia	1101	MAMA_NIE_WIE_ŻE_TU_JESTEM WROCŁAW	8:30	52	8:30		01:29:13.70	01:29:13.70	+00:32:01 (35.9%)	14:52	4 (63.5%)
152	ROKITNICKA Jessica	1901	BŁOCIARZE WROCŁAW	10:15	26	10:15		01:29:15.55	01:29:15.55	+00:32:03 (35.9%)	14:52	4 (63.5%)
153	TROSKA Dominika	1561	KFB ACOUSTICS WROCŁAW	9:30	27	9:30		01:29:25.15	01:29:25.15	+00:32:13 (36.0%)	14:54	4 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
154	SZAMPERA Wiktoria	1092	WOJCIESZÓW	8:30	57	8:30		01:29:26.55	01:29:26.55	+00:32:14 (36.1%)	14:54	4 (63.5%)
155	REJKOWICZ Klaudia	2783	BIAŁE KRUKI WROCŁAW	12:15	34	12:15		01:29:27.85	01:29:27.85	+00:32:16 (36.1%)	14:54	4 (63.5%)
156	KUCZERKA Malwina	1470	SMOKI I OSTRE BABY LEGNICA	9:15	20	9:15		01:29:30.40	01:29:30.40	+00:32:18 (36.1%)	14:55	4 (63.5%)
157	SZYMCZAK Martyna	1900	BŁOCIARZE WROCŁAW	10:15	28	10:15		01:29:31.60	01:29:31.60	+00:32:19 (36.1%)	14:55	4 (63.5%)
158	NOWOPOLSKA Marta	1469	SMOKI I OSTRE BABY LEGNICA	9:15	21	9:15		01:29:32.20	01:29:32.20	+00:32:20 (36.1%)	14:55	4 (63.5%)
159	KARAŚ-REDER Dorota	2660	DEVASTADORES WROCŁAW	12:00	51	12:00		01:29:33.40	01:29:33.40	+00:32:21 (36.1%)	14:55	4 (63.5%)
160	TRZNADEL Patrycja	2635	DEVASTADORES OPOLE	12:00	52	12:00		01:29:33.75	01:29:33.75	+00:32:21 (36.1%)	14:55	4 (63.5%)
161	BLAUTH Sandra	2606	DEVASTADORES WROCLAW	12:00	53	12:00		01:29:34.35	01:29:34.35	+00:32:22 (36.1%)	14:55	4 (63.5%)
162	KUBIS Kornelia	2661	DEVASTADORES DOBRZEŃ WIELKI	12:00	54	12:00		01:29:34.85	01:29:34.85	+00:32:23 (36.1%)	14:55	4 (63.5%)
162	DROBNIAK Justyna	2662	DEVASTADORES DOBRZEŃ WIELKI	12:00	54	12:00		01:29:34.85	01:29:34.85	+00:32:23 (36.1%)	14:55	4 (63.5%)
164	RYKIEL-HAJDUK Katarzyna	1474	SMOKI I OSTRE BABY LEGNICA	9:15	22	9:15		01:29:39.15	01:29:39.15	+00:32:27 (36.2%)	14:56	4 (63.5%)
165	KOWALCZYK Edyta	1476	SMOKI I OSTRE BABY LEGNICA	9:15	23	9:15		01:29:41.10	01:29:41.10	+00:32:29 (36.2%)	14:56	4 (63.5%)
166	KACZMARSKA Monika	1472	SMOKI I OSTRE BABY LEGNICA	9:15	24	9:15		01:29:43.60	01:29:43.60	+00:32:31 (36.3%)	14:57	4 (63.5%)
167	BOCIAN Katarzyna	1458	TRICK AND JUMP TUREK	9:15	25	9:15		01:29:48.30	01:29:48.30	+00:32:36 (36.3%)	14:58	4 (63.5%)
168	KUPROWSKA Joanna	2277	EFL WROCŁAW	10:45	14	10:45		01:29:54.70	01:29:54.70	+00:32:42 (36.4%)	14:59	4 (63.5%)
169	JAKL Bogumiła	1250	PRIMUS KĄTY WROCŁAWSKIE	9:00	59	9:00		01:29:55.55	01:29:55.55	+00:32:43 (36.4%)	14:59	4 (63.5%)
170	KASZUBA Agnieszka	3126	CALISIA KALISZ	13:00	32	13:00		01:29:59.10	01:29:59.10	+00:32:47 (36.4%)	14:59	4 (63.5%)
171	RUTKOWSKA Katarzyna	1151	BEERWALKING CHAMPIONS WROCLAW	8:45	45	8:45		01:30:01.60	01:30:01.60	+00:32:49 (36.5%)	15:00	4 (63.5%)
172	SOKOŁOWSKA Ewa	1762	EFKA WROCŁAW	10:00	28	10:00		01:30:05.65	01:30:05.65	+00:32:53 (36.5%)	15:00	4 (63.5%)
173	CIEBIERA Kasia	1761	KAŚKA WROCŁAW	10:00	29	10:00		01:30:06.05	01:30:06.05	+00:32:54 (36.5%)	15:01	4 (63.5%)
174	KARCZYŃSKA Alina	1320	MY TU TYLKO PRZYPADKIEM SOLNIKI WIELKIE 59	9:00	60	9:00		01:30:14.10	01:30:14.10	+00:33:02 (36.6%)	15:02	4 (63.5%)
175	FRAÇKOWIAK Kinga	2257	KĘDZIERZYN-KOŹŁE	10:45	20	10:45		01:30:17.20	01:30:17.20	+00:33:05 (36.6%)	15:02	4 (63.5%)
176	PIETRASZEWSKA Oliwia	1152	BEERWALKING CHAMPIONS WROCŁAW	8:45	48	8:45		01:30:17.65	01:30:17.65	+00:33:05 (36.7%)	15:02	4 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
177	GONCARZ Ilona	3055	LIMANGO WROCLAW	12:45	36	12:45		01:30:24.75	01:30:24.75	+00:33:12 (36.7%)	15:04	4 (63.5%)
178	MALCZYŃSKA Justyna	3061	LIMANGO WROCLAW	12:45	37	12:45		01:30:28.70	01:30:28.70	+00:33:16 (36.8%)	15:04	4 (63.5%)
179	SIENKIEWICZ-KIDA Joanna	5549		12:30	46	12:30		01:30:34.05	01:30:34.05	+00:33:22 (36.8%)	15:05	4 (63.5%)
180	SZCZEPAŃSKA Aleksandra	3066	LIMANGO	12:45	38	12:45		01:30:41.95	01:30:41.95	+00:33:30 (36.9%)	15:06	4 (63.5%)
181	DZIEDZIC Dorota	1040	RÓŻOWE PANTERKI SOBÓTKA	8:30	63	8:30		01:30:44.50	01:30:44.50	+00:33:32 (37.0%)	15:07	4 (63.5%)
182	WOLIKOWSKA Joanna	2682	LIPNO	12:00	70	12:00		01:30:51.25	01:30:51.25	+00:33:39 (37.0%)	15:08	4 (63.5%)
183	KUROWSKA Anna	1080	RÓŻOWE PANTERKI WROCLAW	8:30	64	8:30		01:30:51.85	01:30:51.85	+00:33:40 (37.1%)	15:08	4 (63.5%)
184	PIWKO Marzena	2864	BEBOKI I STRZIGI MYSLAKÓW	12:30	47	12:30		01:30:55.05	01:30:55.05	+00:33:43 (37.1%)	15:09	4 (63.5%)
185	BUCIOR Kaja	2029	SMOLEC	10:30	46	10:30		01:31:46.50	01:31:46.50	+00:34:34 (37.7%)	15:17	3.9 (61.9%)
186	STASZAK Helena	1136	FAMILIA STASZAKÓW	8:30	69	8:30		01:31:53.30	01:31:53.30	+00:34:41 (37.8%)	15:18	3.9 (61.9%)
187	ZOMMER Katarzyna	2596	FRYZJER POLSKI WROCLAW	12:00	78	12:00		01:31:54.65	01:31:54.65	+00:34:42 (37.8%)	15:19	3.9 (61.9%)
188	PĘCIAK Agata	2723	AFLOFARM ACTIVE TEAM PABIANICE	12:00	80	12:00		01:31:56.50	01:31:56.50	+00:34:44 (37.8%)	15:19	3.9 (61.9%)
189	SYKUŁA Monika	1076	RÓŻOWE PANTERKI WROCLAW	8:30	72	8:30		01:32:05.25	01:32:05.25	+00:34:53 (37.9%)	15:20	3.9 (61.9%)
190	BOŁDA Paulina	2653	FRYZJER POLSKI WROCLAW	12:00	87	12:00		01:32:05.35	01:32:05.35	+00:34:53 (37.9%)	15:20	3.9 (61.9%)
191	DOMAŃSKA Anna	2831	PRZEMO WROCLAW	12:15	41	12:15		01:32:17.55	01:32:17.55	+00:35:05 (38.0%)	15:22	3.9 (61.9%)
192	MATUSZEWSKA-JÓZEFIAK Karolina	2681	LESZNO	12:00	91	12:00		01:32:20.40	01:32:20.40	+00:35:08 (38.1%)	15:23	3.9 (61.9%)
193	PIEKARSKA Grażyna	2399	SPOCENI W LODÓWCE 5 WROCLAW	11:00	31	11:00		01:32:22.75	01:32:22.75	+00:35:10 (38.1%)	15:23	3.9 (61.9%)
194	TRACZ Dagmara	2840	DAWCY ENERGII WROCLAW	12:15	43	12:15		01:32:25.75	01:32:25.75	+00:35:13 (38.1%)	15:24	3.9 (61.9%)
195	RYCHEL Mariola	1659	E-DZIEWIARKA	9:45	23	9:45		01:32:27.80	01:32:27.80	+00:35:15 (38.1%)	15:24	3.9 (61.9%)
196	MICHALSKA Klaudia	1568	WESOŁE PĄCZKI WROCLAW	9:30	33	9:30		01:32:34.05	01:32:34.05	+00:35:22 (38.2%)	15:25	3.9 (61.9%)
197	STASZAK Anna	1137	FAMILIA STASZAKÓW	8:30	73	8:30		01:32:35.85	01:32:35.85	+00:35:24 (38.2%)	15:25	3.9 (61.9%)
198	TOMKÓW Małgorzata	3137	ADSYSTEM TEAM WROCLAW	13:00	44	13:00		01:32:44.15	01:32:44.15	+00:35:32 (38.3%)	15:27	3.9 (61.9%)
199	ZDANOWICZ Maria	1737	WROCLAW	9:45	24	9:45		01:32:49.90	01:32:49.90	+00:35:38 (38.4%)	15:28	3.9 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
200	PRUS Ewa	2238	WROCLAW	10:45	24	10:45		01:32:50.20	01:32:50.20	+00:35:38 (38.4%)	15:28	3.9 (61.9%)
201	PUSTOVÁR Magda	1738	WROCLAW	9:45	25	9:45		01:32:51.50	01:32:51.50	+00:35:39 (38.4%)	15:28	3.9 (61.9%)
202	SZATKIEWICZ Anna	3081	MROZY SIECHNICE	13:00	54	13:00		01:33:05.15	01:33:05.15	+00:35:53 (38.6%)	15:30	3.9 (61.9%)
203	KNYSAK Monika	3116	MT OLEŚNICA	13:00	55	13:00		01:33:05.30	01:33:05.30	+00:35:53 (38.6%)	15:30	3.9 (61.9%)
204	BOROWY Basia	3155	ADSYSTEM TEAM	13:00	56	13:00		01:33:06.80	01:33:06.80	+00:35:54 (38.6%)	15:31	3.9 (61.9%)
205	BRYK Agnieszka	1664	BETONOWE HARPAGANY OPOLE	9:45	26	9:45		01:33:07.20	01:33:07.20	+00:35:55 (38.6%)	15:31	3.9 (61.9%)
206	WOŁOWSKA Magda	1690	BETONOWE HARPAGANY OPOLE	9:45	28	9:45		01:33:07.45	01:33:07.45	+00:35:55 (38.6%)	15:31	3.9 (61.9%)
207	MRÓZ Maja	3083	MROZY WROCLAW	13:00	57	13:00		01:33:07.90	01:33:07.90	+00:35:56 (38.6%)	15:31	3.9 (61.9%)
208	ŻUK Anna	2636	PIĘKNE I BESTIE SZEWCZE	12:00	92	12:00		01:33:12.65	01:33:12.65	+00:36:00 (38.6%)	15:32	3.9 (61.9%)
209	WASIK Ewa	2664	PIĘKNE I BESTIE GDYNIA	12:00	94	12:00		01:33:13.50	01:33:13.50	+00:36:01 (38.6%)	15:32	3.9 (61.9%)
210	ZAGÓRSKA Izabela	3471		10:15	33	10:15		01:33:16.15	01:33:16.15	+00:36:04 (38.7%)	15:32	3.9 (61.9%)
211	ZAGÓRSKA Zuzanna	2667	ZAGORKI WROCLAW	12:00	95	12:00		01:33:17.05	01:33:17.05	+00:36:05 (38.7%)	15:32	3.9 (61.9%)
212	BORONOWSKA Karolina	1734	BETONOWE HARPAGANY	9:45	31	9:45		01:33:19.45	01:33:19.45	+00:36:07 (38.7%)	15:33	3.9 (61.9%)
213	GRABARZ Klaudia	2622	NINJAS TEAM OŁAWA	12:00	97	12:00		01:33:24.70	01:33:24.70	+00:36:12 (38.8%)	15:34	3.9 (61.9%)
214	HALAT Kamila	2641	NINJAS TEAM OŁAWA	12:00	99	12:00		01:33:24.95	01:33:24.95	+00:36:13 (38.8%)	15:34	3.9 (61.9%)
215	WOŹNICZKA Małgorzata	2617	NINJAS TEAM OŁAWA	12:00	100	12:00		01:33:25.15	01:33:25.15	+00:36:13 (38.8%)	15:34	3.9 (61.9%)
215	RAKOWSKA Monika	2644	NINJAS TEAM OŁAWA	12:00	100	12:00		01:33:25.15	01:33:25.15	+00:36:13 (38.8%)	15:34	3.9 (61.9%)
217	PACHOLSKA Izabela	1942	THE RUN WAY	10:15	37	10:15		01:33:30.25	01:33:30.25	+00:36:18 (38.8%)	15:35	3.9 (61.9%)
218	RYDZEWSKA Emilia	2536	XYZ	11:15	21	11:15		01:33:34.65	01:33:34.65	+00:36:22 (38.9%)	15:35	3.8 (60.3%)
219	DZIEKAŃSKA Luiza	1893	PIERWSZA MOC WROCLAW	10:15	40	10:15		01:33:41.55	01:33:41.55	+00:36:29 (39.0%)	15:36	3.8 (60.3%)
220	LIPOWSKA Izabela	3475		10:15	41	10:15		01:33:43.75	01:33:43.75	+00:36:31 (39.0%)	15:37	3.8 (60.3%)
221	MISZKURKA Joanna	2541	XYZ	11:15	22	11:15		01:33:45.05	01:33:45.05	+00:36:33 (39.0%)	15:37	3.8 (60.3%)
221	FALKIEWICZ Sylwia	2535	XYZ KRAKÓW	11:15	22	11:15		01:33:45.05	01:33:45.05	+00:36:33 (39.0%)	15:37	3.8 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
223	MŁODZIKOWSKA Aneta	1911	PIERWSZA MOC WROCŁAW	10:15	44	10:15		01:33:53.10	01:33:53.10	+00:36:41 (39.1%)	15:38	3.8 (60.3%)
224	SUPKOWSKA Katarzyna	2937	ZIOME CZKI BIELANY WROCŁAWSKIE	12:30	53	12:30		01:33:57.40	01:33:57.40	+00:36:45 (39.1%)	15:39	3.8 (60.3%)
225	BŁYSZ Julita	2934	ZIOME CZKI BIELANY WROCŁAWSKIE	12:30	54	12:30		01:33:57.55	01:33:57.55	+00:36:45 (39.1%)	15:39	3.8 (60.3%)
226	SOBOLEWSKA Agata	3096	WROCŁAWSKIE SŁOIKI I WOJTEK WROCŁAW	13:00	60	13:00		01:34:05.45	01:34:05.45	+00:36:53 (39.2%)	15:40	3.8 (60.3%)
227	SERAFINIAK Katarzyna	3093	WROCŁAWSKIE SŁOIKI I WOJTEK KROTOSZYN	13:00	61	13:00		01:34:05.55	01:34:05.55	+00:36:53 (39.2%)	15:40	3.8 (60.3%)
228	SERAFINIAK Eliza	3097	WROCŁAWSKIE SŁOIKI I WOJTEK BRZOZA	13:00	62	13:00		01:34:05.60	01:34:05.60	+00:36:53 (39.2%)	15:40	3.8 (60.3%)
229	GALEK Agnieszka	3099	WROCŁAWSKIE SŁOIKI I WOJTEK POSTOMINO	13:00	64	13:00		01:34:05.65	01:34:05.65	+00:36:53 (39.2%)	15:40	3.8 (60.3%)
230	KALKA Aleksandra	2549	DREAM TEAM ZGORZELEC GÖRLITZ	11:15	25	11:15		01:34:34.05	01:34:34.05	+00:37:22 (39.5%)	15:45	3.8 (60.3%)
231	NOWAK Marlena	2924	WROCŁAW	12:30	58	12:30		01:34:38.15	01:34:38.15	+00:37:26 (39.6%)	15:46	3.8 (60.3%)
232	POLGERT Anna	2938	KUŹNIA POZNAŃ	12:30	59	12:30		01:34:39.05	01:34:39.05	+00:37:27 (39.6%)	15:46	3.8 (60.3%)
233	DRZAZGA- SUCHECKA Joanna	2548	DREAM TEAM ZGORZELEC ZGORZELEC	11:15	27	11:15		01:34:42.40	01:34:42.40	+00:37:30 (39.6%)	15:47	3.8 (60.3%)
234	MICHALSKA Kamila	2872	GRUPA WROCŁAW	12:30	61	12:30		01:34:45.15	01:34:45.15	+00:37:33 (39.6%)	15:47	3.8 (60.3%)
235	GLEŃ Sabina	2544	DREAM TEAM ZGORZELEC ZAWIDÓW	11:15	30	11:15		01:34:45.20	01:34:45.20	+00:37:33 (39.6%)	15:47	3.8 (60.3%)
236	BEDNAREK Joanna	2897	GRUPA WROCŁAW SIECHNICE	12:30	62	12:30		01:34:45.40	01:34:45.40	+00:37:33 (39.6%)	15:47	3.8 (60.3%)
237	POLOWY Anna	1883	A WROCŁAW	10:00	37	10:00		01:34:59.95	01:34:59.95	+00:37:48 (39.8%)	15:49	3.8 (60.3%)
238	CZUBAK Agata	1882	A WROCŁAW	10:00	38	10:00		01:35:01.35	01:35:01.35	+00:37:49 (39.8%)	15:50	3.8 (60.3%)
239	GAWRON Karolina	1885	A WROCŁAW	10:00	39	10:00		01:35:02.60	01:35:02.60	+00:37:50 (39.8%)	15:50	3.8 (60.3%)
240	ZAGÓRDA Katarzyna	3357	DECATHLON	13:15	46	13:15		01:35:09.40	01:35:09.40	+00:37:57 (39.9%)	15:51	3.8 (60.3%)
241	KUCHARCZYK Agata	1511	ZABRZE	9:30	37	9:30		01:35:09.65	01:35:09.65	+00:37:57 (39.9%)	15:51	3.8 (60.3%)
242	KUCHARCZYK Agnieszka	1578	ZABRZE	9:30	38	9:30		01:35:10.05	01:35:10.05	+00:37:58 (39.9%)	15:51	3.8 (60.3%)
243	MARMOL Dominika	2343	SIMPSONOWIE WROCŁAW	11:00	37	11:00		01:35:16.65	01:35:16.65	+00:38:04 (40.0%)	15:52	3.8 (60.3%)
244	SZEWEKA Klaudia	2828	JUDO TEAM	12:15	45	12:15		01:35:16.75	01:35:16.75	+00:38:04 (40.0%)	15:52	3.8 (60.3%)
244	GAWEŁ Dominika	2373	TOCZYMY SIĘ DO METY WROCŁAW	11:00	38	11:00		01:35:16.75	01:35:16.75	+00:38:04 (40.0%)	15:52	3.8 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	PALUS Anna	2756	MATKA Z DZIECINĄ PRZEMYŚL	12:15	47	12:15		01:35:19.70	01:35:19.70	+00:38:07 (40.0%)	15:53	3.8 (60.3%)
247	PALUS Patrycja	2729	MATKA Z DZIECINĄ WROCLAW	12:15	48	12:15		01:35:20.30	01:35:20.30	+00:38:08 (40.0%)	15:53	3.8 (60.3%)
248	PODLEWSKA Joanna	1235	RYBY PTAKI I OGRZAKI WROCLAW	9:00	65	9:00		01:35:29.45	01:35:29.45	+00:38:17 (40.1%)	15:54	3.8 (60.3%)
249	KANAK Patrycja	1246	RYBY PTAKI I OGRZAKI WROCLAW	9:00	68	9:00		01:35:30.40	01:35:30.40	+00:38:18 (40.1%)	15:55	3.8 (60.3%)
250	SPROT Monika	1299	RYBY PTAKI I OGRZAKI WROCLAW	9:00	70	9:00		01:35:31.00	01:35:31.00	+00:38:19 (40.1%)	15:55	3.8 (60.3%)
251	ZWYDAK Anna	1595	WKURW_TEAM KIEŁCZÓW	9:30	40	9:30		01:35:33.65	01:35:33.65	+00:38:21 (40.1%)	15:55	3.8 (60.3%)
252	ZAHUTA Magdalena	1162	SUPER5 WROCLAW	8:45	52	8:45		01:35:34.45	01:35:34.45	+00:38:22 (40.2%)	15:55	3.8 (60.3%)
253	DOBROSZ Jagoda	1165	SUPER5 WROCLAW	8:45	54	8:45		01:35:35.25	01:35:35.25	+00:38:23 (40.2%)	15:55	3.8 (60.3%)
254	HYCINAR Jowita	1163	SUPER5 WROCLAW	8:45	55	8:45		01:35:35.75	01:35:35.75	+00:38:23 (40.2%)	15:55	3.8 (60.3%)
255	GŁOGOWSKA Weronika	1164	SUPER5 WROCLAW	8:45	56	8:45		01:35:36.10	01:35:36.10	+00:38:24 (40.2%)	15:56	3.8 (60.3%)
256	KUŹMIŃSKA Anna	1538	BYLE DO PRZODU WROCLAW	9:30	43	9:30		01:35:39.10	01:35:39.10	+00:38:27 (40.2%)	15:56	3.8 (60.3%)
257	MISIOREK Alicja	1536	BYLE DO PRZODU WROCLAW	9:30	44	9:30		01:35:39.50	01:35:39.50	+00:38:27 (40.2%)	15:56	3.8 (60.3%)
258	KUTYŁKO Marlena	3395		11:15	32	11:15		01:35:43.90	01:35:43.90	+00:38:32 (40.3%)	15:57	3.8 (60.3%)
259	MIERZEJEWSKA Mieczysława	2576	WAŁBRZYCH	11:15	33	11:15		01:35:44.50	01:35:44.50	+00:38:32 (40.3%)	15:57	3.8 (60.3%)
260	SZERMACH Aleksandra	2493	OLA	11:15	35	11:15		01:35:45.30	01:35:45.30	+00:38:33 (40.3%)	15:57	3.8 (60.3%)
261	PANSTER Eryka	1730	ERYKA WROCLAW	9:45	34	9:45		01:35:50.65	01:35:50.65	+00:38:38 (40.3%)	15:58	3.8 (60.3%)
262	JĘDRZEJEWSKA Zuzanna	3056	LIMANGO WROCLAW	12:45	41	12:45		01:35:57.45	01:35:57.45	+00:38:45 (40.4%)	15:59	3.8 (60.3%)
263	WIELOSİK Natalia	2904	GRUPA WROCLAW WROCLAW	12:30	66	12:30		01:36:04.90	01:36:04.90	+00:38:53 (40.5%)	16:00	3.7 (58.7%)
264	CZAJKOWSKA Agnieszka	1731	ERYKA WROCLAW	9:45	36	9:45		01:36:05.60	01:36:05.60	+00:38:53 (40.5%)	16:00	3.7 (58.7%)
265	MAĆKÓW Kaja	2266	KAMIENNA GÓRA	10:45	29	10:45		01:36:08.95	01:36:08.95	+00:38:57 (40.5%)	16:01	3.7 (58.7%)
266	FILOCHA Monika	2498	ANCYMONKI	11:15	40	11:15		01:36:10.90	01:36:10.90	+00:38:59 (40.5%)	16:01	3.7 (58.7%)
267	KUBERA Patrycja	1599	WATASZKA WROCLAW	9:30	49	9:30		01:36:11.85	01:36:11.85	+00:39:00 (40.5%)	16:01	3.7 (58.7%)
268	JACHOWICZ-GRZYCH Magda	1740	FENIKSY WROCLAW	9:45	39	9:45		01:36:16.65	01:36:16.65	+00:39:04 (40.6%)	16:02	3.7 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
269	FALKOWSKA-WILCZYŃSKA Agnieszka	1743	FENIKSY	9:45	41	9:45		01:36:17.35	01:36:17.35	+00:39:05 (40.6%)	16:02	3.7 (58.7%)
270	RUSZLEWICZ Marta	3057	LIMANGO WROCLAW	12:45	42	12:45		01:36:28.95	01:36:28.95	+00:39:17 (40.7%)	16:04	3.7 (58.7%)
271	ZOFIŃSKA Olga	3062	LIMANGO	12:45	43	12:45		01:36:29.30	01:36:29.30	+00:39:17 (40.7%)	16:04	3.7 (58.7%)
272	KRĘGIEL Kamila	3408		12:00	104	12:00		01:36:37.00	01:36:37.00	+00:39:25 (40.8%)	16:06	3.7 (58.7%)
273	KOZIARZ Aleksandra	1692	LAMA WARSZAWA	9:45	42	9:45		01:36:37.70	01:36:37.70	+00:39:25 (40.8%)	16:06	3.7 (58.7%)
274	LEWENDA Asia	1693	LAMA	9:45	43	9:45		01:36:37.90	01:36:37.90	+00:39:26 (40.8%)	16:06	3.7 (58.7%)
275	KACZMAREK Małgorzata	2884	GRUPA WROCLAW WROCLAW	12:30	71	12:30		01:36:55.35	01:36:55.35	+00:39:43 (41.0%)	16:09	3.7 (58.7%)
276	ŁASISZ Aleksandra	2876	GRUPA WROCLAW WROCLAW	12:30	72	12:30		01:36:55.40	01:36:55.40	+00:39:43 (41.0%)	16:09	3.7 (58.7%)
277	BRATKOWSKA Aleksandra	1922	WROCLAW	10:15	47	10:15		01:36:57.85	01:36:57.85	+00:39:46 (41.0%)	16:09	3.7 (58.7%)
278	STACH Katarzyna	2114	IDEA GETIN LEASING WROCLAW	10:30	51	10:30		01:37:04.05	01:37:04.05	+00:39:52 (41.1%)	16:10	3.7 (58.7%)
279	WALESZCZAK Paulina	2015	BD WARRIORS	10:15	48	10:15		01:37:07.95	01:37:07.95	+00:39:56 (41.1%)	16:11	3.7 (58.7%)
280	KUBISIAK Klaudia	2011	BD WARRIORS WROCLAW	10:15	50	10:15		01:37:08.55	01:37:08.55	+00:39:56 (41.1%)	16:11	3.7 (58.7%)
281	KOWALCZYK Róża	2012	BD WARRIORS WROCLAW	10:15	51	10:15		01:37:08.80	01:37:08.80	+00:39:56 (41.1%)	16:11	3.7 (58.7%)
282	ŻYLAK Monika	2915	IDEA GETIN LEASING WROCLAW	10:30	53	10:30		01:37:11.85	01:37:11.85	+00:40:00 (41.2%)	16:11	3.7 (58.7%)
283	CHAMIELEC Agata	1958	PLAN BEEE	10:15	54	10:15		01:37:12.15	01:37:12.15	+00:40:00 (41.2%)	16:12	3.7 (58.7%)
284	ZĘBIK Agata	1934	LUBLINIEC	10:15	56	10:15		01:37:21.00	01:37:21.00	+00:40:09 (41.2%)	16:13	3.7 (58.7%)
285	MAJCHRZAK Agnieszka	2726	DZIKI Z JAGODNA WROCLAW	12:00	106	12:00		01:37:32.50	01:37:32.50	+00:40:20 (41.4%)	16:15	3.7 (58.7%)
286	PACZEŚNIAK Anna	1413	ZUCHWALCY WROCLAW	9:15	42	9:15		01:37:34.95	01:37:34.95	+00:40:23 (41.4%)	16:15	3.7 (58.7%)
287	BERDYŚ Marta	2643	NINJAS TEAM OŁAWA	12:00	107	12:00		01:37:35.05	01:37:35.05	+00:40:23 (41.4%)	16:15	3.7 (58.7%)
288	CHWALEBA Paulina	5535		12:30	74	12:30		01:37:41.00	01:37:41.00	+00:40:29 (41.4%)	16:16	3.7 (58.7%)
289	KRUSZELNICKA Monika	5532		12:30	76	12:30		01:37:41.95	01:37:41.95	+00:40:30 (41.5%)	16:16	3.7 (58.7%)
290	GROBELNY Karina	5536		12:30	78	12:30		01:37:42.15	01:37:42.15	+00:40:30 (41.5%)	16:17	3.7 (58.7%)
291	ŁAŃSKA Marcelina	5537		12:30	80	12:30		01:37:42.85	01:37:42.85	+00:40:31 (41.5%)	16:17	3.7 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
292	OSTROWSKA Katarzyna	5531		12:30	82	12:30		01:37:43.15	01:37:43.15	+00:40:31 (41.5%)	16:17	3.7 (58.7%)
293	SOWA Aleksandra	1546	MINI PATOLOGIA SZYMANÓW	9:30	52	9:30		01:37:48.65	01:37:48.65	+00:40:36 (41.5%)	16:18	3.7 (58.7%)
294	PATERMAN Ala	1570	MINI PATOLOGIA WROCŁAW	9:30	53	9:30		01:37:48.70	01:37:48.70	+00:40:36 (41.5%)	16:18	3.7 (58.7%)
295	ZAMORA Gosia	2060	JA NIE DOBIEGNĘ?! KOŃCZYCE MAŁE	10:30	55	10:30		01:37:52.20	01:37:52.20	+00:40:40 (41.6%)	16:18	3.7 (58.7%)
296	MIELNICZEK Agata	2067	JA NIE DOBIEGNĘ?! KŁODZKO	10:30	58	10:30		01:37:52.85	01:37:52.85	+00:40:41 (41.6%)	16:18	3.7 (58.7%)
297	MAJCHRZAK Marta	2062	JA NIE DOBIEGNĘ?! WROCŁAW	10:30	59	10:30		01:37:52.95	01:37:52.95	+00:40:41 (41.6%)	16:18	3.7 (58.7%)
298	HIRKOWSKA Aleksandra	2061	JA NIE DOBIEGNĘ?! WROCŁAW	10:30	60	10:30		01:37:53.40	01:37:53.40	+00:40:41 (41.6%)	16:18	3.7 (58.7%)
299	KLEPACZ Natalia	2058	JA NIE DOBIEGNĘ?! WROCŁAW	10:30	61	10:30		01:37:53.80	01:37:53.80	+00:40:41 (41.6%)	16:18	3.7 (58.7%)
300	PRYSTROM Laura	2066	JA NIE DOBIEGNĘ?! JELENIA GÓRA	10:30	62	10:30		01:37:54.05	01:37:54.05	+00:40:42 (41.6%)	16:19	3.7 (58.7%)
301	SAWICKA-RUSZAŁA Monika	2321	WROCŁAW	11:00	41	11:00		01:37:54.60	01:37:54.60	+00:40:42 (41.6%)	16:19	3.7 (58.7%)
302	KOCHMAŃSKA Hania	1547	MINI PATOLOGIA WROCŁAW	9:30	54	9:30		01:37:54.85	01:37:54.85	+00:40:43 (41.6%)	16:19	3.7 (58.7%)
303	ANDRZEJEWSKA Monika	1859	ZIELONE ŻABKI MROZÓW	10:00	41	10:00		01:37:54.90	01:37:54.90	+00:40:43 (41.6%)	16:19	3.7 (58.7%)
304	JAS Beata	1856	ZIELONE ŻABKI JELCZ-LASKOWICE	10:00	42	10:00		01:37:55.10	01:37:55.10	+00:40:43 (41.6%)	16:19	3.7 (58.7%)
304	KUKIEŃ Roksana	1857	ZIELONE ŻABKI BRZEG DOLNY	10:00	42	10:00		01:37:55.10	01:37:55.10	+00:40:43 (41.6%)	16:19	3.7 (58.7%)
306	POTOCKA Dominika	1855	ZIELONE ŻABKI RADWANICE	10:00	45	10:00		01:37:55.50	01:37:55.50	+00:40:43 (41.6%)	16:19	3.7 (58.7%)
307	BYSTRANOWSKA Magdalena	2856	BYSTRY TEAM WROCŁAW	12:30	84	12:30		01:38:02.10	01:38:02.10	+00:40:50 (41.7%)	16:20	3.7 (58.7%)
308	KAZULA Daria	3267	DECATHLON	13:30	8	13:30		01:38:10.45	01:38:10.45	+00:40:58 (41.7%)	16:21	3.7 (58.7%)
309	CIURA Alicja	1697	STRATEGICZNI	9:45	52	9:45		01:38:12.05	01:38:12.05	+00:41:00 (41.8%)	16:22	3.7 (58.7%)
310	ROZMUS-OGIŃSKA Maria	2761	MEGA TEAM WROCŁAW	12:15	53	12:15		01:38:15.55	01:38:15.55	+00:41:03 (41.8%)	16:22	3.7 (58.7%)
311	KOZŁOWSKA Katarzyna	1550	MINI PATOLOGIA PSARY	9:30	55	9:30		01:38:21.70	01:38:21.70	+00:41:09 (41.8%)	16:23	3.7 (58.7%)
312	KOZŁOWSKA Dobrusia	1545	MINI PATOLOGIA PSARY	9:30	56	9:30		01:38:28.35	01:38:28.35	+00:41:16 (41.9%)	16:24	3.7 (58.7%)
312	GINTER Monika	1825	NIE WIDZĘ PRZESZKÓD! LESZNO	10:00	51	10:00		01:38:28.35	01:38:28.35	+00:41:16 (41.9%)	16:24	3.7 (58.7%)
314	LASZKIEWICZ Karolina	1826	NIE WIDZĘ PRZESZKÓD! WROCŁAW	10:00	52	10:00		01:38:28.45	01:38:28.45	+00:41:16 (41.9%)	16:24	3.7 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
315	GARBACZ Magdalena	3455		8:30	74	8:30	Axiom	01:38:31.95	01:38:31.95	+00:41:20 (42.0%)	16:25	3.7 (58.7%)
316	KRAŚNICKA Weronika	1019	DEBILE POBIEDZISKA	8:15	15	8:15		01:38:45.55	01:38:45.55	+00:41:33 (42.1%)	16:27	3.6 (57.1%)
317	SOWA Dagmara	1551	MINI PATOLOGIA SZYMANÓW	9:30	58	9:30		01:38:49.65	01:38:49.65	+00:41:37 (42.1%)	16:28	3.6 (57.1%)
318	CIEŚLAR-KUTNY Karolina	1549	MINI PATOLOGIA WROCŁAW	9:30	59	9:30		01:38:50.75	01:38:50.75	+00:41:38 (42.1%)	16:28	3.6 (57.1%)
319	BANACH Monika	791		9:30	60	9:30		01:38:51.65	01:38:51.65	+00:41:39 (42.1%)	16:28	3.6 (57.1%)
320	PATERMAN Monika	1542	MINI PATOLOGIA WROCŁAW	9:30	61	9:30		01:38:52.70	01:38:52.70	+00:41:40 (42.2%)	16:28	3.6 (57.1%)
321	JURKOWSKA Katarzyna	2417	WROPACZKI OLEŚNICA	11:00	43	11:00		01:39:08.80	01:39:08.80	+00:41:56 (42.3%)	16:31	3.6 (57.1%)
322	MALEWSKA Kamila	2416	WROPACZKI WROCŁAW	11:00	44	11:00		01:39:09.05	01:39:09.05	+00:41:57 (42.3%)	16:31	3.6 (57.1%)
323	MAKOWSKA Anna	2421	WROPACZKI WROCŁAW	11:00	46	11:00		01:39:10.05	01:39:10.05	+00:41:58 (42.3%)	16:31	3.6 (57.1%)
324	SUDOŁ Katarzyna	2418	WROPACZKI WROCŁAW	11:00	49	11:00		01:39:12.05	01:39:12.05	+00:42:00 (42.3%)	16:32	3.6 (57.1%)
325	STAWICKA Klaudia	2423	WROPACZKI WROCŁAW	11:00	50	11:00		01:39:20.30	01:39:20.30	+00:42:08 (42.4%)	16:33	3.6 (57.1%)
326	NAWROT Oliwia	1867	MURÓW	10:00	57	10:00		01:39:32.00	01:39:32.00	+00:42:20 (42.5%)	16:35	3.6 (57.1%)
327	PĘCIAK Amelia	2109	PFEIFER 6KM WILCZKÓW	10:30	64	10:30		01:39:44.70	01:39:44.70	+00:42:32 (42.7%)	16:37	3.6 (57.1%)
328	PRZYTOCKA Dorota	1517	RISKBUSTERS WOŁÓW	9:30	63	9:30		01:39:48.75	01:39:48.75	+00:42:36 (42.7%)	16:38	3.6 (57.1%)
329	PAWŁOWSKA Dorota	2740	LUBUSCY WOJOWNICY WROCŁAW	12:15	54	12:15		01:40:05.00	01:40:05.00	+00:42:53 (42.9%)	16:40	3.6 (57.1%)
330	AKONOM Aleksandra	2327	S&I SKARBIMIERZ OSIEDLE	11:00	54	11:00		01:40:05.25	01:40:05.25	+00:42:53 (42.9%)	16:40	3.6 (57.1%)
331	SZYMKOWIAK Małgorzata	1316	SZYMKI RAWICZ	9:00	72	9:00		01:40:05.75	01:40:05.75	+00:42:53 (42.9%)	16:40	3.6 (57.1%)
332	WUŻYŃSKA Barbara	2777	LUBUSCY WOJOWNICY PŁOTY	12:15	57	12:15		01:40:06.65	01:40:06.65	+00:42:54 (42.9%)	16:41	3.6 (57.1%)
333	KOZIOŁ Barbara	2680	WARIATKA WROCŁAW	12:00	109	12:00		01:40:12.45	01:40:12.45	+00:43:00 (42.9%)	16:42	3.6 (57.1%)
334	SZCZYPKOWSKA Weronika	1662	LASKI RACE WROCŁAW	9:45	55	9:45		01:40:13.40	01:40:13.40	+00:43:01 (42.9%)	16:42	3.6 (57.1%)
335	ŁASKAWIEC Paulina	2778	LUBUSCY WOJOWNICY WROCŁAW	12:15	59	12:15		01:40:17.20	01:40:17.20	+00:43:05 (43.0%)	16:42	3.6 (57.1%)
336	WIECHOWSKA Natalia	2106	PFEIFER 6KM WROCŁAW	10:30	65	10:30		01:40:30.00	01:40:30.00	+00:43:18 (43.1%)	16:45	3.6 (57.1%)
337	PŁASZEWSKA Anastazja	1194	ARTGEISTTEAM WROCŁAW	8:45	59	8:45		01:40:30.15	01:40:30.15	+00:43:18 (43.1%)	16:45	3.6 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
338	FRANIECZEK Karolina	1208	ARTGEISTTEAM WROCŁAW	8:45	60	8:45		01:40:31.35	01:40:31.35	+00:43:19 (43.1%)	16:45	3.6 (57.1%)
339	ZAIONTS Waleria	3354	DECATHLON	13:15	48	13:15		01:40:36.60	01:40:36.60	+00:43:24 (43.1%)	16:46	3.6 (57.1%)
340	GZOWSKA Monika	1516	RISKBUSTERS WROCŁAW	9:30	65	9:30		01:40:36.90	01:40:36.90	+00:43:25 (43.2%)	16:46	3.6 (57.1%)
341	NIERÓDKIEWICZ-LUBCZYŃSKA Alicja	1997	ORKI Z MAJORKI GOCZAŁKÓW	10:15	63	10:15		01:40:39.20	01:40:39.20	+00:43:27 (43.2%)	16:46	3.6 (57.1%)
342	PODGÓRSKA Martyna	2000	ORKI Z MAJORKI WROCŁAW	10:15	64	10:15		01:40:39.25	01:40:39.25	+00:43:27 (43.2%)	16:46	3.6 (57.1%)
343	KMIEĆ Justyna	3393		10:45	36	10:45		01:40:47.75	01:40:47.75	+00:43:35 (43.3%)	16:47	3.6 (57.1%)
344	IWANKOWSKA Aleksandra	2270	ZOZO TEAM WROCŁAW	10:45	38	10:45		01:40:48.90	01:40:48.90	+00:43:37 (43.3%)	16:48	3.6 (57.1%)
345	STACHURA Sonia	3356	DECATHLON	13:15	50	13:15		01:40:53.00	01:40:53.00	+00:43:41 (43.3%)	16:48	3.6 (57.1%)
346	STACHURA Wiktoria	3353	DECATHLON WROCŁAW	13:15	51	13:15		01:40:53.35	01:40:53.35	+00:43:41 (43.3%)	16:48	3.6 (57.1%)
347	BARTOSIEWICZ Magdalena	2237	GUMMY BOARS STRZELCE OPOLSKIE	10:45	43	10:45		01:41:20.60	01:41:20.60	+00:44:08 (43.6%)	16:53	3.6 (57.1%)
348	WODZINSKA Marta	1879	NEWVOICEMEDIA WROCŁAW	10:00	59	10:00		01:41:23.55	01:41:23.55	+00:44:11 (43.6%)	16:53	3.6 (57.1%)
348	WÓJCIK Agnieszka	2070	BLACK RABBIT WROCŁAW	10:30	66	10:30		01:41:23.55	01:41:23.55	+00:44:11 (43.6%)	16:53	3.6 (57.1%)
350	PODGÓRSKA Monika	2071	BLACK RABBIT PASIKUROWICE	10:30	67	10:30		01:41:23.60	01:41:23.60	+00:44:11 (43.6%)	16:53	3.6 (57.1%)
351	CZAJKA Kornelia	2552	ŻMIGRÓD	11:15	42	11:15		01:41:26.90	01:41:26.90	+00:44:15 (43.6%)	16:54	3.5 (55.6%)
352	MROZKOWSKA Marta	2600	NINJAS TEAM OŁAWA	12:00	110	12:00		01:41:27.65	01:41:27.65	+00:44:15 (43.6%)	16:54	3.5 (55.6%)
353	NAJGEBUR Małgorzata	2672	NINJAS TEAM OŁAWA	12:00	111	12:00		01:41:29.35	01:41:29.35	+00:44:17 (43.6%)	16:54	3.5 (55.6%)
354	STEFANOWICZ Vanessa	1030	FITARENA TEAM	8:15	16	8:15		01:41:38.35	01:41:38.35	+00:44:26 (43.7%)	16:56	3.5 (55.6%)
355	RAKOWSKA Joanna	1036	FITARENA TEAM	8:15	18	8:15		01:41:38.65	01:41:38.65	+00:44:26 (43.7%)	16:56	3.5 (55.6%)
356	WISNIEWSKA Marzena	1032	FITARENA TEAM	8:15	19	8:15		01:41:38.95	01:41:38.95	+00:44:27 (43.7%)	16:56	3.5 (55.6%)
357	SUSZKA Natalia	1035	FITARENA TEAM	8:15	20	8:15		01:41:39.45	01:41:39.45	+00:44:27 (43.7%)	16:56	3.5 (55.6%)
358	ŁAPOT Karolina	1027	FITARENA TEAM LUBIN	8:15	22	8:15		01:41:40.00	01:41:40.00	+00:44:28 (43.7%)	16:56	3.5 (55.6%)
359	STEFANOWICZ Vanessa	1031	FITARENA TEAM LUBIN	8:15	23	8:15		01:41:40.10	01:41:40.10	+00:44:28 (43.7%)	16:56	3.5 (55.6%)
360	MAJKOWSKA Marta	1026	FITARENA TEAM	8:15	24	8:15		01:41:40.30	01:41:40.30	+00:44:28 (43.7%)	16:56	3.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	TUCHOLSKA Agnieszka	2852	WATAHA TORI SIECHNICE	12:30	88	12:30		01:41:41.00	01:41:41.00	+00:44:29 (43.7%)	16:56	3.5 (55.6%)
362	HOUNKPATIN Amanda	3183	AMREST	13:15	56	13:15		01:41:45.90	01:41:45.90	+00:44:34 (43.8%)	16:57	3.5 (55.6%)
363	MAĆKOWIAK Paulina	3165	POLKOWICE	13:00	68	13:00		01:42:05.10	01:42:05.10	+00:44:53 (44.0%)	17:00	3.5 (55.6%)
364	PHILIPP Paula	3248	AMREST	13:15	59	13:15		01:42:11.70	01:42:11.70	+00:44:59 (44.0%)	17:01	3.5 (55.6%)
365	POTONIEC Justyna	2887	GRUPA WROCŁAW KRYNICZNO	12:30	90	12:30		01:42:12.80	01:42:12.80	+00:45:00 (44.0%)	17:02	3.5 (55.6%)
366	PATLA Jowita	2888	GRUPA WROCŁAW WROCŁAW	12:30	91	12:30		01:42:14.50	01:42:14.50	+00:45:02 (44.1%)	17:02	3.5 (55.6%)
367	PYTASZYŃSKA Aleksandra	2989	BĘDZIE CIĘŻKO KALISZ	12:45	47	12:45		01:42:14.95	01:42:14.95	+00:45:03 (44.1%)	17:02	3.5 (55.6%)
368	JANISZEWSKA Julia	2879	GRUPA WROCŁAW CHOJNÓW	12:30	92	12:30		01:42:15.70	01:42:15.70	+00:45:03 (44.1%)	17:02	3.5 (55.6%)
369	ZYSK Marta	3052	BĘDZIE CIĘŻKO WROCŁAW	12:45	48	12:45		01:42:15.85	01:42:15.85	+00:45:04 (44.1%)	17:02	3.5 (55.6%)
370	DYDEJCZYK Jowita	1817	ICH TROJE SMOLEC	10:00	65	10:00		01:42:22.00	01:42:22.00	+00:45:10 (44.1%)	17:03	3.5 (55.6%)
371	MACIEJEWSKA Karolina	3109	SZTYWNIUTKO WROCŁAW	13:00	72	13:00		01:42:22.55	01:42:22.55	+00:45:10 (44.1%)	17:03	3.5 (55.6%)
372	PŁOMIŃSKA Gosia	3168		13:00	74	13:00		01:42:23.95	01:42:23.95	+00:45:12 (44.1%)	17:03	3.5 (55.6%)
373	MACHNIK Justyna	3111	SZTYWNIUTKO	13:00	75	13:00		01:42:24.85	01:42:24.85	+00:45:13 (44.2%)	17:04	3.5 (55.6%)
374	JANKOWSKA Magdalena	3108	SZTYWNIUTKO WROCLAW	13:00	77	13:00		01:42:26.50	01:42:26.50	+00:45:14 (44.2%)	17:04	3.5 (55.6%)
375	JACYNA Emilia	2567	KOKO WROCŁAW	11:15	47	11:15		01:42:38.85	01:42:38.85	+00:45:27 (44.3%)	17:06	3.5 (55.6%)
376	WOŹNIAK Katarzyna	2679	KATARZYNY	12:00	112	12:00		01:42:54.90	01:42:54.90	+00:45:43 (44.4%)	17:09	3.5 (55.6%)
376	SZKUDLARSKA-NOWACZYK Katarzyna	2626	KATARZYNY ŚRODA WIELKOPOLSKA	12:00	112	12:00		01:42:54.90	01:42:54.90	+00:45:43 (44.4%)	17:09	3.5 (55.6%)
378	ŚLIWA Julita	2808	#TEAMPIECZARA8 WROCŁAW	12:15	61	12:15		01:42:58.40	01:42:58.40	+00:45:46 (44.5%)	17:09	3.5 (55.6%)
379	KUHNERT Kasia	1579	DZIKI Z CHICAGO ŻYROWA	9:30	74	9:30		01:43:01.55	01:43:01.55	+00:45:49 (44.5%)	17:10	3.5 (55.6%)
380	HACZYŃSKA Katarzyna	2817	WROCŁAW	12:15	68	12:15		01:43:03.25	01:43:03.25	+00:45:51 (44.5%)	17:10	3.5 (55.6%)
381	KRZYŻANOWSKA Emi	2838	ŻUCZKI	12:15	69	12:15		01:43:04.05	01:43:04.05	+00:45:52 (44.5%)	17:10	3.5 (55.6%)
382	RELIĆ Sandra	2816	WROCŁAW	12:15	70	12:15		01:43:04.95	01:43:04.95	+00:45:53 (44.5%)	17:10	3.5 (55.6%)
383	DZIADKOWIEC Barbara	2821	AGENT WIEWIÓR WROCŁAW	12:15	71	12:15		01:43:06.95	01:43:06.95	+00:45:55 (44.5%)	17:11	3.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
384	WÓJCIK Katarzyna	1819	WROCLAW	10:00	66	10:00		01:43:18.15	01:43:18.15	+00:46:06 (44.6%)	17:13	3.5 (55.6%)
384	ZASTAWA Karolina	1818	KAYA DREZDENKO	10:00	66	10:00		01:43:18.15	01:43:18.15	+00:46:06 (44.6%)	17:13	3.5 (55.6%)
386	PANAS Justyna	1232	UNIDENT WROCLAW	8:45	61	8:45		01:43:27.25	01:43:27.25	+00:46:15 (44.7%)	17:14	3.5 (55.6%)
387	OLEJNICZAK Monika	1224	UNIDENT	8:45	65	8:45		01:43:30.55	01:43:30.55	+00:46:18 (44.7%)	17:15	3.5 (55.6%)
388	RUSAKIEWICZ Dorota	1766	BO MAMA KAZALA WROCLAW	10:00	69	10:00		01:43:49.10	01:43:49.10	+00:46:37 (44.9%)	17:18	3.5 (55.6%)
389	RICHTER Dorota	1382	PASSIFLORA	9:15	50	9:15		01:43:52.05	01:43:52.05	+00:46:40 (44.9%)	17:18	3.5 (55.6%)
390	TOMALIK Katarzyna	1414	PRUSICE	9:15	51	9:15		01:43:53.65	01:43:53.65	+00:46:41 (44.9%)	17:18	3.5 (55.6%)
391	GAWLAS Katarzyna	2298	BRZEG	11:00	63	11:00		01:43:53.70	01:43:53.70	+00:46:41 (44.9%)	17:18	3.5 (55.6%)
392	MACIEJEWSKA Małgorzata	2249	BIEGAM OD JUTRA WROCLAW	10:45	45	10:45		01:43:55.05	01:43:55.05	+00:46:43 (45.0%)	17:19	3.5 (55.6%)
393	WŁODARCZYK Kasia	1352	WROCLAW	9:15	52	9:15		01:43:56.35	01:43:56.35	+00:46:44 (45.0%)	17:19	3.5 (55.6%)
394	ZAJICZEK Żaneta	1370	PASSIFLORA	9:15	53	9:15		01:43:56.50	01:43:56.50	+00:46:44 (45.0%)	17:19	3.5 (55.6%)
395	KOŚCIK Katarzyna	2531	BIELANY WROCLAWSKIE	11:15	50	11:15		01:44:01.90	01:44:01.90	+00:46:50 (45.0%)	17:20	3.5 (55.6%)
396	SOJA-ŚWIĄTKOWSKA Natalia	2250	BIEGAM OD JUTRA ZLOTÓW	10:45	47	10:45		01:44:03.85	01:44:03.85	+00:46:52 (45.0%)	17:20	3.5 (55.6%)
397	WAYS Paulina	2528	WROCLAW	11:15	52	11:15		01:44:06.80	01:44:06.80	+00:46:54 (45.1%)	17:21	3.5 (55.6%)
398	MOMOCKA Justyna	1786	PRYPCIE	10:00	72	10:00		01:44:24.50	01:44:24.50	+00:47:12 (45.2%)	17:24	3.4 (54.0%)
399	KACZOROWSKA Joanna	1808	PRYPCIE	10:00	73	10:00		01:44:24.80	01:44:24.80	+00:47:12 (45.2%)	17:24	3.4 (54.0%)
400	CZARNIECKA Aleksandra	1684	USŁUGI BANKOWE LUBAŃ	9:45	62	9:45		01:44:32.50	01:44:32.50	+00:47:20 (45.3%)	17:25	3.4 (54.0%)
401	KAPUSTA Paulina	1685	USŁUGI BANKOWE ZGORZELEC	9:45	65	9:45		01:44:53.95	01:44:53.95	+00:47:42 (45.5%)	17:28	3.4 (54.0%)
402	BORKOWSKA Magdalena	1703	DREAM TEAM WROCLAW	9:45	69	9:45		01:45:04.30	01:45:04.30	+00:47:52 (45.6%)	17:30	3.4 (54.0%)
403	KUBASIEWICZ Magdalena	1733	DREAM TEAM WYSOKA	9:45	70	9:45		01:45:04.45	01:45:04.45	+00:47:52 (45.6%)	17:30	3.4 (54.0%)
404	TOKARCZYK Sara	1485	TNT PRZYLESIE	9:15	59	9:15		01:45:04.80	01:45:04.80	+00:47:52 (45.6%)	17:30	3.4 (54.0%)
405	GLICA Marzena	3237	AMREST	13:15	62	13:15		01:45:05.45	01:45:05.45	+00:47:53 (45.6%)	17:30	3.4 (54.0%)
406	STRYJEK Karolina	3038	PUSIE PODUSIE WROCLAW	12:45	63	12:45		01:45:17.05	01:45:17.05	+00:48:05 (45.7%)	17:32	3.4 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
407	WOLCZYŃSKA Natka	3023	PUSIE PODUSIE	12:45	65	12:45		01:45:18.95	01:45:18.95	+00:48:07 (45.7%)	17:33	3.4 (54.0%)
408	MACKO Sylwia	2232	PIJ.COM.PL	10:30	71	10:30		01:45:22.95	01:45:22.95	+00:48:11 (45.7%)	17:33	3.4 (54.0%)
409	ZIOŁA Aneta	1680	USŁUGI BANKOWE BOLESŁAWIEC	9:45	72	9:45		01:45:30.00	01:45:30.00	+00:48:18 (45.8%)	17:35	3.4 (54.0%)
410	ŚCISŁOWSKA Dominika	2267	KAMIENNA GÓRA	10:45	49	10:45		01:45:30.25	01:45:30.25	+00:48:18 (45.8%)	17:35	3.4 (54.0%)
411	MARCINIEC Katarzyna	2304	POZYTYWNIIE ZAKRĘCENI WROCŁAW	11:00	66	11:00		01:45:31.90	01:45:31.90	+00:48:20 (45.8%)	17:35	3.4 (54.0%)
412	ROGALA Renata	1486	TNT	9:15	64	9:15		01:45:36.50	01:45:36.50	+00:48:24 (45.8%)	17:36	3.4 (54.0%)
412	WOJCIECHOWSKA Sandra	3174	AMREST	13:15	67	13:15		01:45:36.50	01:45:36.50	+00:48:24 (45.8%)	17:36	3.4 (54.0%)
414	GILNER Jessica	3238	AMREST	13:15	71	13:15		01:45:38.35	01:45:38.35	+00:48:26 (45.9%)	17:36	3.4 (54.0%)
415	SMOK Filipina	3211	AMREST	13:15	72	13:15		01:45:39.00	01:45:39.00	+00:48:27 (45.9%)	17:36	3.4 (54.0%)
416	MISIEWICZ Karolina	3185	AMREST	13:15	73	13:15		01:45:39.25	01:45:39.25	+00:48:27 (45.9%)	17:36	3.4 (54.0%)
416	ZWIERZYKOWSKA Malgorzata	3187	AMREST	13:15	73	13:15		01:45:39.25	01:45:39.25	+00:48:27 (45.9%)	17:36	3.4 (54.0%)
418	MATUSIAK Karolina	3259	AMREST	13:15	78	13:15		01:45:41.90	01:45:41.90	+00:48:30 (45.9%)	17:36	3.4 (54.0%)
419	KAMIŃSKA Paulina	3358	DECATHLON	13:15	79	13:15		01:45:59.65	01:45:59.65	+00:48:47 (46.0%)	17:39	3.4 (54.0%)
420	ŚLIWA Agata	3355	DECATHLON	13:15	80	13:15		01:46:01.45	01:46:01.45	+00:48:49 (46.1%)	17:40	3.4 (54.0%)
421	SKRZYPEK Justyna	2824	RADWANICE	12:15	77	12:15		01:46:07.60	01:46:07.60	+00:48:55 (46.1%)	17:41	3.4 (54.0%)
422	ZIĘTKIEWICZ Karolina	2825	PISARZOWICE	12:15	78	12:15		01:46:09.50	01:46:09.50	+00:48:57 (46.1%)	17:41	3.4 (54.0%)
423	GRABA Katarzyna	2513	SPIDIGONZALESY OBORNIKI ŚLĄSKIE	11:15	55	11:15		01:46:21.65	01:46:21.65	+00:49:09 (46.2%)	17:43	3.4 (54.0%)
424	PĘDZICH Ewelina	3195	AMREST	13:15	85	13:15		01:46:21.75	01:46:21.75	+00:49:09 (46.2%)	17:43	3.4 (54.0%)
425	DUDNICHENKO Irina	3190	AMREST	13:15	89	13:15		01:46:33.05	01:46:33.05	+00:49:21 (46.3%)	17:45	3.4 (54.0%)
426	ZACZKOWSKA Natalia	1682	USŁUGI BANKOWE ZGORZELEC	9:45	76	9:45		01:46:36.30	01:46:36.30	+00:49:24 (46.3%)	17:46	3.4 (54.0%)
427	WÓJCIAK Daniela	1679	USŁUGI BANKOWE LUBAŃ	9:45	77	9:45		01:46:37.75	01:46:37.75	+00:49:25 (46.4%)	17:46	3.4 (54.0%)
428	SZEWAŁJE Amelia	2347	FOX ARMY WROCŁAW	11:00	70	11:00		01:46:40.10	01:46:40.10	+00:49:28 (46.4%)	17:46	3.4 (54.0%)
429	BAUER Maja	3363	DECATHLON	13:15	92	13:15		01:46:40.45	01:46:40.45	+00:49:28 (46.4%)	17:46	3.4 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
430	BĄLKIEWICZ Aleksandra	3369	DECATHLON	13:15	93	13:15		01:46:41.45	01:46:41.45	+00:49:29 (46.4%)	17:46	3.4 (54.0%)
431	IWANIEC Karolina	3364	DECATHLON	13:15	95	13:15		01:46:43.95	01:46:43.95	+00:49:32 (46.4%)	17:47	3.4 (54.0%)
432	WIJATA Karolina	1242	WROCŁAW	9:00	79	9:00		01:46:53.05	01:46:53.05	+00:49:41 (46.5%)	17:48	3.4 (54.0%)
433	DWORACZYK Monika	2361	WROCŁAW	11:00	75	11:00		01:46:55.35	01:46:55.35	+00:49:43 (46.5%)	17:49	3.4 (54.0%)
434	JAŃCZAK Adrianna	1243	WROCŁAW	9:00	80	9:00		01:47:01.00	01:47:01.00	+00:49:49 (46.6%)	17:50	3.4 (54.0%)
435	PĘCIAK Marcelina	2101	PFEIFER 6KM WILCZKÓW	10:30	72	10:30		01:47:19.05	01:47:19.05	+00:50:07 (46.7%)	17:53	3.4 (54.0%)
436	LOHO Iwona	2103	PFEIFER 6KM WROCŁAW	10:30	73	10:30		01:47:23.75	01:47:23.75	+00:50:11 (46.7%)	17:53	3.4 (54.0%)
437	SZOLC Marta	2110	PFEIFER 6KM	10:30	74	10:30		01:47:24.30	01:47:24.30	+00:50:12 (46.7%)	17:54	3.4 (54.0%)
438	SWISTAK Elzbieta	2181	EL PUERTO WROCLAW	10:45	52	10:45		01:47:25.70	01:47:25.70	+00:50:13 (46.8%)	17:54	3.4 (54.0%)
439	RYK Joanna	2514	SPIDIGONZALESY OBORNIKI ŚLĄSKIE	11:15	56	11:15		01:47:34.45	01:47:34.45	+00:50:22 (46.8%)	17:55	3.3 (52.4%)
440	KRAKOWSKA Ewa	3442		8:15	28	8:15		01:47:34.70	01:47:34.70	+00:50:22 (46.8%)	17:55	3.3 (52.4%)
441	PAWLAK Anna Maria	2799	WONDER WOMAN POZNAŃ	12:15	83	12:15		01:47:35.05	01:47:35.05	+00:50:23 (46.8%)	17:55	3.3 (52.4%)
442	ZASADNI Justyna	2516	SPIDIGONZALESY OBORNIKI SLASKIE	11:15	57	11:15		01:47:36.55	01:47:36.55	+00:50:24 (46.8%)	17:56	3.3 (52.4%)
443	POPIOŁEK Joanna	2456	SPIDIGONZALESY RAWICZ	11:15	59	11:15		01:47:37.65	01:47:37.65	+00:50:25 (46.9%)	17:56	3.3 (52.4%)
444	RUSAK Dagmara	2517	SPIDIGONZALESY OBORNIKI SLASKIE	11:15	60	11:15		01:47:39.30	01:47:39.30	+00:50:27 (46.9%)	17:56	3.3 (52.4%)
445	KEMPIŃSKA Izabela	1010	ŚWIEBODZICE	8:15	30	8:15		01:47:40.40	01:47:40.40	+00:50:28 (46.9%)	17:56	3.3 (52.4%)
446	JAKUBIAK Wiktoria	2410	VICTORYTEAM LESZNO	11:00	76	11:00		01:47:58.95	01:47:58.95	+00:50:47 (47.0%)	17:59	3.3 (52.4%)
447	MAZUR Małgorzata	2607	SURVIVAL NA RELAXIE - SECOND EDITION OŁAWA	12:00	114	12:00		01:48:12.25	01:48:12.25	+00:51:00 (47.1%)	18:02	3.3 (52.4%)
448	BUTWICKA Anna	2603	SURVIVAL NA RELAXIE - SECOND EDITION OŁAWA	12:00	115	12:00		01:48:12.40	01:48:12.40	+00:51:00 (47.1%)	18:02	3.3 (52.4%)
449	SZPILAKOWSKA Dorota	2632	SURVIVAL NA RELAXIE - SECOND EDITION OŁAWA	12:00	116	12:00		01:48:12.70	01:48:12.70	+00:51:00 (47.1%)	18:02	3.3 (52.4%)
450	KUŁAGA Magdalena	2826	BAOBAB WROCŁAW	12:15	88	12:15		01:48:12.95	01:48:12.95	+00:51:01 (47.1%)	18:02	3.3 (52.4%)
451	MISZEWSKA Karola	1362	WSTYD I HAŃBA	9:15	66	9:15		01:48:14.65	01:48:14.65	+00:51:02 (47.2%)	18:02	3.3 (52.4%)
451	SZKOPIAK Klaudia	1368	WSTYD I HAŃBA MIĘKINIA	9:15	66	9:15		01:48:14.65	01:48:14.65	+00:51:02 (47.2%)	18:02	3.3 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
453	SMYKAJ Natalia	2744	THE TONATORS WROCLAW	12:15	89	12:15		01:48:14.80	01:48:14.80	+00:51:02 (47.2%)	18:02	3.3 (52.4%)
454	MRUK Ola	2657	SURVIVAL NA RELAXIE - SECOND EDITION JACZKOWICE	12:00	118	12:00		01:48:16.35	01:48:16.35	+00:51:04 (47.2%)	18:02	3.3 (52.4%)
455	MRUK Anna	2633	SURVIVAL NA RELAXIE - SECOND EDITION JACZKOWICE	12:00	119	12:00		01:48:16.85	01:48:16.85	+00:51:05 (47.2%)	18:02	3.3 (52.4%)
456	BUTWICKA Agnieszka	2608	SURVIVAL NA RELAXIE - SECOND EDITION OŁAWA	12:00	121	12:00		01:48:19.30	01:48:19.30	+00:51:07 (47.2%)	18:03	3.3 (52.4%)
457	PIOTROWSKA Joanna	2917	MACOPHARMA WROCLAW	12:30	95	12:30		01:48:21.20	01:48:21.20	+00:51:09 (47.2%)	18:03	3.3 (52.4%)
458	FLOREK Kasia	2955	MACOPHARMA WROCLAW	12:30	96	12:30		01:48:21.35	01:48:21.35	+00:51:09 (47.2%)	18:03	3.3 (52.4%)
458	KOŁACZEK Sylwia	2953	MACOPHARMA WROCLAW	12:30	96	12:30		01:48:21.35	01:48:21.35	+00:51:09 (47.2%)	18:03	3.3 (52.4%)
460	ORLOWSKA Olga	2950	MACOPHARMA	12:30	98	12:30		01:48:21.95	01:48:21.95	+00:51:10 (47.2%)	18:03	3.3 (52.4%)
461	HENDRYSIAK Anna	2956	MACOPHARMA WROCLAW	12:30	99	12:30		01:48:22.00	01:48:22.00	+00:51:10 (47.2%)	18:03	3.3 (52.4%)
462	JURKIEWICZ Edyta	2952	MACOPHARMA	12:30	101	12:30		01:48:22.55	01:48:22.55	+00:51:10 (47.2%)	18:03	3.3 (52.4%)
462	BAREL Veranika	2746	THE TONATORS WROCLAW	12:15	93	12:15		01:48:22.55	01:48:22.55	+00:51:10 (47.2%)	18:03	3.3 (52.4%)
464	BUSZCZAK Katarzyna	2658	SURVIVAL NA RELAXIE - SECOND EDITION OŁAWA	12:00	123	12:00		01:48:22.65	01:48:22.65	+00:51:10 (47.2%)	18:03	3.3 (52.4%)
465	DUDKIEWICZ Aneta	2919	MACOPHARMA	12:30	103	12:30		01:48:23.00	01:48:23.00	+00:51:11 (47.2%)	18:03	3.3 (52.4%)
466	NOWAK Honorata	2949	MACOPHARMA WROCLAW	12:30	104	12:30		01:48:23.05	01:48:23.05	+00:51:11 (47.2%)	18:03	3.3 (52.4%)
467	SALAWA Kinga	2335	ZDZIESZOWICE	11:00	82	11:00		01:48:25.25	01:48:25.25	+00:51:13 (47.2%)	18:04	3.3 (52.4%)
468	WÓJCIK Katarzyna	2951	MACOPHARMA WROCLAW	12:30	105	12:30		01:48:29.35	01:48:29.35	+00:51:17 (47.3%)	18:04	3.3 (52.4%)
469	KRASICKA Patrycja	3217	AMREST	13:15	96	13:15		01:48:32.20	01:48:32.20	+00:51:20 (47.3%)	18:05	3.3 (52.4%)
470	WASILEWSKA Martyna	3232	AMREST	13:15	98	13:15		01:48:32.35	01:48:32.35	+00:51:20 (47.3%)	18:05	3.3 (52.4%)
471	RUBACH Agnieszka	3218	AMREST	13:15	100	13:15		01:48:32.75	01:48:32.75	+00:51:20 (47.3%)	18:05	3.3 (52.4%)
472	ZDANIO Dominika	3214	AMREST	13:15	102	13:15		01:48:33.25	01:48:33.25	+00:51:21 (47.3%)	18:05	3.3 (52.4%)
473	MAGIERA Paulina	3221	AMREST	13:15	103	13:15		01:48:33.90	01:48:33.90	+00:51:22 (47.3%)	18:05	3.3 (52.4%)
474	BRODECKA Anna	1711	TEAM 3 SOBÓTKA	9:45	80	9:45		01:48:34.35	01:48:34.35	+00:51:22 (47.3%)	18:05	3.3 (52.4%)
475	DULIŃSKA Teresa	1713	TEAM 3 WROCLAW	9:45	82	9:45		01:48:39.45	01:48:39.45	+00:51:27 (47.4%)	18:06	3.3 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	LEWANDOWSKA Paulina	2316	ZADZIORY.PL WROCŁAW	11:00	83	11:00		01:48:41.05	01:48:41.05	+00:51:29 (47.4%)	18:06	3.3 (52.4%)
477	BOROZNIAK Ievgeniia	3022	POZNAŃ	12:45	69	12:45		01:48:45.05	01:48:45.05	+00:51:33 (47.4%)	18:07	3.3 (52.4%)
478	ŚWIDA Kazia	2315	ZADZIORY.PL WROCŁAW	11:00	86	11:00		01:48:51.05	01:48:51.05	+00:51:39 (47.5%)	18:08	3.3 (52.4%)
479	KOŚCIELNIAK Joanna	1462	VELOCITY SLOWLY RISING WROCŁAW	9:15	71	9:15		01:48:56.85	01:48:56.85	+00:51:45 (47.5%)	18:09	3.3 (52.4%)
480	FEDORUK Anna	2784	AVARUN WROCŁAW	12:15	101	12:15		01:49:04.35	01:49:04.35	+00:51:52 (47.6%)	18:10	3.3 (52.4%)
481	PODGÓRNIAK Jolanta	1913	WAGO RUNNINGTEAM WROCŁAW	10:15	67	10:15		01:49:46.15	01:49:46.15	+00:52:34 (47.9%)	18:17	3.3 (52.4%)
482	HOLWEG Kinga	1962	WAGO RUNNINGTEAM WROCŁAW	10:15	68	10:15		01:49:46.40	01:49:46.40	+00:52:34 (47.9%)	18:17	3.3 (52.4%)
483	JĘDRAK Joanna	1941	WAGO RUNNINGTEAM WROCŁAW	10:15	69	10:15		01:49:51.75	01:49:51.75	+00:52:39 (47.9%)	18:18	3.3 (52.4%)
484	SZCZEŚNIAK Adrianna	2334	. KRAKÓW	11:00	92	11:00		01:49:59.55	01:49:59.55	+00:52:47 (48.0%)	18:19	3.3 (52.4%)
485	ZIELEŃ Danuta	2575	TKOM.PL WROCŁAW	11:15	63	11:15		01:50:01.25	01:50:01.25	+00:52:49 (48.0%)	18:20	3.3 (52.4%)
486	BURHART Magdalena	2574	TKOM.PL WROCŁAW	11:15	64	11:15		01:50:01.85	01:50:01.85	+00:52:50 (48.0%)	18:20	3.3 (52.4%)
487	MAREK Beata	2370	WROCŁAW	11:00	93	11:00		01:50:09.15	01:50:09.15	+00:52:57 (48.1%)	18:21	3.3 (52.4%)
488	ŚLIWA Agata	1297		9:00	84	9:00		01:50:17.10	01:50:17.10	+00:53:05 (48.1%)	18:22	3.3 (52.4%)
489	ŻURAWSKA Klaudia	1336		9:00	85	9:00		01:50:17.55	01:50:17.55	+00:53:05 (48.1%)	18:22	3.3 (52.4%)
490	TRACZYK Edyta	1500	SIEMENS WROCŁAW	9:15	74	9:15		01:50:19.70	01:50:19.70	+00:53:07 (48.2%)	18:23	3.3 (52.4%)
491	RÓG Karina	1968	WAGO RUNNINGTEAM WROCŁAW	10:15	71	10:15		01:50:20.30	01:50:20.30	+00:53:08 (48.2%)	18:23	3.3 (52.4%)
492	NIZIELSKA Dorota	1505	SIEMENS WROCŁAW	9:15	77	9:15		01:50:20.45	01:50:20.45	+00:53:08 (48.2%)	18:23	3.3 (52.4%)
492	KRYŃ Katarzyna	1914	WAGO RUNNINGTEAM WROCŁAW	10:15	72	10:15		01:50:20.45	01:50:20.45	+00:53:08 (48.2%)	18:23	3.3 (52.4%)
494	KORGÓL Anna	2034	WARCHLAKI MARIANA! ROGOŹ	10:30	76	10:30		01:50:32.15	01:50:32.15	+00:53:20 (48.3%)	18:25	3.3 (52.4%)
495	MROZIK Magdalena	2556	GNIEZNO	11:15	65	11:15		01:50:32.30	01:50:32.30	+00:53:20 (48.3%)	18:25	3.3 (52.4%)
496	BUCZYŃSKA Aleksandra	2047	WARCHLAKI MARIANA!	10:30	77	10:30		01:50:32.55	01:50:32.55	+00:53:20 (48.3%)	18:25	3.3 (52.4%)
497	BASIURA Beata	2555	CIESZYN	11:15	66	11:15		01:50:32.95	01:50:32.95	+00:53:21 (48.3%)	18:25	3.3 (52.4%)
498	HRYNIV Mariana	2048	WARCHLAKI MARIANA! WROCŁAW	10:30	78	10:30		01:50:33.15	01:50:33.15	+00:53:21 (48.3%)	18:25	3.3 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
499	BENYK Galyna	2023	WARCHLAKI MARIANA! WROCŁAW	10:30	80	10:30		01:50:33.45	01:50:33.45	+00:53:21 (48.3%)	18:25	3.3 (52.4%)
500	KLESZYK Katarzyna	2021	WARCHLAKI MARIANA! WROCŁAW	10:30	82	10:30		01:50:34.65	01:50:34.65	+00:53:22 (48.3%)	18:25	3.3 (52.4%)
501	DAKUDOWICZ Ewa	1905	PRZYBYSZANIE WROCŁAW	10:15	74	10:15		01:50:35.45	01:50:35.45	+00:53:23 (48.3%)	18:25	3.3 (52.4%)
502	KREFT Kalina	1394	KARGOWA	9:15	79	9:15		01:50:43.75	01:50:43.75	+00:53:31 (48.3%)	18:27	3.3 (52.4%)
503	KLECZ Edyta	1802	DZIKUSY WROCŁAW	10:00	76	10:00		01:50:44.50	01:50:44.50	+00:53:32 (48.4%)	18:27	3.3 (52.4%)
504	HUĆKO Aneta	1794	DZIKUSY WROCŁAW	10:00	77	10:00		01:50:44.70	01:50:44.70	+00:53:32 (48.4%)	18:27	3.3 (52.4%)
505	KLECZ Inez	1803	DZIKUSY WROCŁAW	10:00	78	10:00		01:50:45.10	01:50:45.10	+00:53:33 (48.4%)	18:27	3.3 (52.4%)
506	DOMBROWSKA Martyna	1798	DZIKUSY WROCŁAW	10:00	79	10:00		01:50:45.15	01:50:45.15	+00:53:33 (48.4%)	18:27	3.3 (52.4%)
507	BIDER Joanna	1795	DZIKUSY WROCŁAW	10:00	83	10:00		01:50:45.80	01:50:45.80	+00:53:33 (48.4%)	18:27	3.3 (52.4%)
508	STASIAK-ŚWIĄTEK Anna	1801	DZIKUSY PĘGÓW	10:00	85	10:00		01:50:45.90	01:50:45.90	+00:53:34 (48.4%)	18:27	3.3 (52.4%)
509	C Magdalena	2559	THE CHEMICAL BROTHERS&SISTERS STEPAN POLSKA BRZEG DOLNY	11:15	75	11:15		01:50:50.25	01:50:50.25	+00:53:38 (48.4%)	18:28	3.2 (50.8%)
510	ŚWIĄTEK Patrycja	416	DZIKIE KOLOROWE LISIE KULECZKI	10:30	84	10:30		01:50:56.60	01:50:56.60	+00:53:44 (48.4%)	18:29	3.2 (50.8%)
511	BEŁCH Ewa	1966	WAGO RUNNINGTEAM WROCŁAW	10:15	79	10:15		01:51:04.35	01:51:04.35	+00:53:52 (48.5%)	18:30	3.2 (50.8%)
512	MILCZAK Monika	1928	WAGO RUNNINGTEAM WROCŁAW	10:15	80	10:15		01:51:04.50	01:51:04.50	+00:53:52 (48.5%)	18:30	3.2 (50.8%)
513	KAPAŁA Jagoda	1944	WAGO RUNNINGTEAM WROCŁAW	10:15	81	10:15		01:51:07.55	01:51:07.55	+00:53:55 (48.5%)	18:31	3.2 (50.8%)
514	LIBERA Zuzanna	2811	PINGWINY Z MADAGASKARU WROCŁAW	12:15	102	12:15		01:51:08.05	01:51:08.05	+00:53:56 (48.5%)	18:31	3.2 (50.8%)
515	KOWALCZYK Joanna	1981	WROCLAW	10:15	85	10:15		01:51:33.55	01:51:33.55	+00:54:21 (48.7%)	18:35	3.2 (50.8%)
516	GOZDEK Aleksandra	1982		10:15	86	10:15		01:51:42.60	01:51:42.60	+00:54:30 (48.8%)	18:37	3.2 (50.8%)
517	WIĘCEK Urszula	2523	GREEN TEAM WROCŁAW	11:15	77	11:15		01:51:46.00	01:51:46.00	+00:54:34 (48.8%)	18:37	3.2 (50.8%)
518	WIĘDLAK Marlena	3362	DECATHLON	13:15	107	13:15		01:51:49.55	01:51:49.55	+00:54:37 (48.9%)	18:38	3.2 (50.8%)
519	RYSZKA Aleksandra	3359	DECATHLON	13:15	108	13:15		01:51:49.60	01:51:49.60	+00:54:37 (48.9%)	18:38	3.2 (50.8%)
520	LWOWSKA Magdalena	5215		10:15	87	10:15		01:51:54.45	01:51:54.45	+00:54:42 (48.9%)	18:39	3.2 (50.8%)
521	DOMINIK Aneta	1983	WROCŁAW	10:15	90	10:15		01:51:55.85	01:51:55.85	+00:54:44 (48.9%)	18:39	3.2 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
522	GARCZAREK Ewa	2459	GREEN TEAM WROCŁAW	11:15	79	11:15		01:52:01.30	01:52:01.30	+00:54:49 (48.9%)	18:40	3.2 (50.8%)
523	KURTOK Dorota	1987	WRÓBLOWICE	10:15	93	10:15		01:52:04.10	01:52:04.10	+00:54:52 (49.0%)	18:40	3.2 (50.8%)
524	FRYDRYK Katarzyna	3365	DECATHLON	13:15	109	13:15		01:52:05.55	01:52:05.55	+00:54:53 (49.0%)	18:40	3.2 (50.8%)
525	PIĘTKA Ewelina	3361	DECATHLON	13:15	110	13:15		01:52:05.60	01:52:05.60	+00:54:53 (49.0%)	18:40	3.2 (50.8%)
526	TROJANOWSKA Dominika	2521	GREEN TEAM WROCŁAW	11:15	80	11:15		01:52:06.65	01:52:06.65	+00:54:54 (49.0%)	18:41	3.2 (50.8%)
527	GRZEGDALA Barbara	1671	DAMN IT WROCŁAW	9:45	88	9:45		01:52:08.85	01:52:08.85	+00:54:57 (49.0%)	18:41	3.2 (50.8%)
528	SARNOWSKA Ania	1648	DAMN IT SMOLEC	9:45	89	9:45		01:52:09.90	01:52:09.90	+00:54:58 (49.0%)	18:41	3.2 (50.8%)
529	PŁUCIENNIK Paulina	1397	BYLE DO METY KOŁOBRZEG	9:15	80	9:15		01:52:15.25	01:52:15.25	+00:55:03 (49.0%)	18:42	3.2 (50.8%)
530	WĘGRZYN Martina	1419	BYLE DO METY WROCŁAW	9:15	82	9:15		01:52:15.55	01:52:15.55	+00:55:03 (49.0%)	18:42	3.2 (50.8%)
531	GARASZCZUK Magdalena	2522	GREEN TEAM WROCŁAW	11:15	81	11:15		01:52:21.00	01:52:21.00	+00:55:09 (49.1%)	18:43	3.2 (50.8%)
532	PYPEC Bożena	1555	KOMUNA WROCLAW	9:30	76	9:30		01:52:22.10	01:52:22.10	+00:55:10 (49.1%)	18:43	3.2 (50.8%)
533	HANDRYSIAK Katarzyna	1977	WROCŁAW	10:15	98	10:15		01:52:28.85	01:52:28.85	+00:55:17 (49.1%)	18:44	3.2 (50.8%)
534	STASIAK Justyna	1645	KALISZ	9:45	93	9:45		01:52:33.30	01:52:33.30	+00:55:21 (49.2%)	18:45	3.2 (50.8%)
535	CHRZAN Małgorzata	1755		9:45	94	9:45		01:52:33.55	01:52:33.55	+00:55:21 (49.2%)	18:45	3.2 (50.8%)
536	WÓJCIK Kasia	2041	TOASTMASTERS WROCŁAW WROCŁAW	10:30	86	10:30		01:52:37.70	01:52:37.70	+00:55:25 (49.2%)	18:46	3.2 (50.8%)
537	NOWAK Monika	2038	TOASTMASTERS WROCŁAW WROCŁAW	10:30	87	10:30		01:52:38.10	01:52:38.10	+00:55:26 (49.2%)	18:46	3.2 (50.8%)
538	BOCHEŃSKA Ewa	2052	TOASTMASTERS WROCŁAW WROCŁAW	10:30	88	10:30		01:52:39.35	01:52:39.35	+00:55:27 (49.2%)	18:46	3.2 (50.8%)
539	DRZEWIECKA Beata	3368	DECATHLON	13:15	111	13:15		01:52:41.85	01:52:41.85	+00:55:30 (49.2%)	18:46	3.2 (50.8%)
540	CH Justyna	1564	KFB ACOUSTICS	9:30	78	9:30		01:52:42.05	01:52:42.05	+00:55:30 (49.2%)	18:47	3.2 (50.8%)
541	MAŁKIEWICZ Alicja	2889	GRUPA WROCŁAW WROCŁAW	12:30	107	12:30		01:52:42.20	01:52:42.20	+00:55:30 (49.2%)	18:47	3.2 (50.8%)
542	KRYSTIANOWSKA Edyta	2874	GRUPA WROCŁAW WROCŁAW	12:30	109	12:30		01:52:42.40	01:52:42.40	+00:55:30 (49.3%)	18:47	3.2 (50.8%)
542	STASZAK Magdalena	1775	SKARPETY NA DOTARCIE WROCLAW	10:00	89	10:00		01:52:42.40	01:52:42.40	+00:55:30 (49.3%)	18:47	3.2 (50.8%)
544	MIELCZAREK Hanna	2054	TOASTMASTERS WROCŁAW SIECHNICE	10:30	92	10:30		01:52:43.20	01:52:43.20	+00:55:31 (49.3%)	18:47	3.2 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
545	SZY Aleksandra	2880	GRUPA WROCŁAW	12:30	115	12:30		01:52:44.75	01:52:44.75	+00:55:32 (49.3%)	18:47	3.2 (50.8%)
546	HOFMAN-DWOJAK Agnieszka	2505	GREEN TEAM WROCŁAW	11:15	85	11:15		01:52:44.85	01:52:44.85	+00:55:33 (49.3%)	18:47	3.2 (50.8%)
547	SYNDONIN Katarzyna	2507	GREEN TEAM WROCŁAW	11:15	86	11:15		01:52:45.50	01:52:45.50	+00:55:33 (49.3%)	18:47	3.2 (50.8%)
548	OSTRUSZKA Anna	2455	GREEN TEAM WROCŁAW	11:15	87	11:15		01:52:46.10	01:52:46.10	+00:55:34 (49.3%)	18:47	3.2 (50.8%)
549	KAPUSTA Ewelina	1588	KFB ACOUSTICS WROCŁAW	9:30	81	9:30		01:52:55.30	01:52:55.30	+00:55:43 (49.3%)	18:49	3.2 (50.8%)
550	PIEKARSKA Kasia	1565	KFB ACOUSTICS KIEŁCZÓW	9:30	82	9:30		01:52:57.50	01:52:57.50	+00:55:45 (49.4%)	18:49	3.2 (50.8%)
551	P Ewa	1617		9:30	83	9:30		01:53:08.55	01:53:08.55	+00:55:56 (49.4%)	18:51	3.2 (50.8%)
552	BŁASZCZAK Maria	1528	KFB ACOUSTICS WROCŁAW	9:30	87	9:30		01:53:18.90	01:53:18.90	+00:56:07 (49.5%)	18:53	3.2 (50.8%)
553	ZAWIDZKA Mariola	2306	POZYTYWNE ZAKRĘCENI KIEŁCZÓW	11:00	97	11:00		01:53:38.60	01:53:38.60	+00:56:26 (49.7%)	18:56	3.2 (50.8%)
554	JĘDRZEJAK Katarzyna	2363	POZYTYWNE ZAKRĘCENI BISKUPICE OŁOBOCZNE	11:00	98	11:00		01:53:39.05	01:53:39.05	+00:56:27 (49.7%)	18:56	3.2 (50.8%)
555	JĘDRZEJAK Dominika	2303	POZYTYWNE ZAKRĘCENI WROCŁAW	11:00	99	11:00		01:53:39.80	01:53:39.80	+00:56:27 (49.7%)	18:56	3.2 (50.8%)
556	SOBIŁO Aleksandra	2346	POZYTYWNE ZAKRĘCENI SIECHNICE	11:00	100	11:00		01:53:41.60	01:53:41.60	+00:56:29 (49.7%)	18:56	3.2 (50.8%)
557	JĘDRZEJCZYK-KOWALSKA Dominika	2750	THE TONATORS WROCŁAW	12:15	106	12:15		01:53:43.30	01:53:43.30	+00:56:31 (49.7%)	18:57	3.2 (50.8%)
558	GOŹDZIEWICZ Weronika	2510	WOLONTARJANUSZE KALISZ	11:15	94	11:15		01:54:02.85	01:54:02.85	+00:56:51 (49.8%)	19:00	3.2 (50.8%)
559	WARSZOWSKA Anna	2482	WOLONTARJANUSZE WROCŁAW	11:15	95	11:15		01:54:05.50	01:54:05.50	+00:56:53 (49.9%)	19:00	3.2 (50.8%)
560	SUSDORF Anna	2751	THE TONATORS PSARY	12:15	109	12:15		01:54:20.60	01:54:20.60	+00:57:08 (50.0%)	19:03	3.1 (49.2%)
561	KLIMASZEWSKA Justyna	1753	OSTATNI NA MECIE	9:45	98	9:45		01:54:26.70	01:54:26.70	+00:57:14 (50.0%)	19:04	3.1 (49.2%)
562	FARO Martyna	1752	OSTATNI NA MECIE	9:45	100	9:45		01:54:27.40	01:54:27.40	+00:57:15 (50.0%)	19:04	3.1 (49.2%)
563	PIECZARKA Sylwia	1758	AA BRZEG	10:00	94	10:00		01:54:43.45	01:54:43.45	+00:57:31 (50.1%)	19:07	3.1 (49.2%)
564	ABRAMEK Katarzyna	1759	AA	10:00	96	10:00		01:54:48.60	01:54:48.60	+00:57:36 (50.2%)	19:08	3.1 (49.2%)
565	JARYCH Hanna	1812	AA WROCŁAW	10:00	97	10:00		01:54:50.15	01:54:50.15	+00:57:38 (50.2%)	19:08	3.1 (49.2%)
566	RZEPKA Marta	2210	DWQENIUYTQW WROCŁAW	10:45	56	10:45		01:55:06.65	01:55:06.65	+00:57:54 (50.3%)	19:11	3.1 (49.2%)
567	SIKORSKA Zuzia	2189	DWQENIUYTQW	10:45	57	10:45		01:55:07.10	01:55:07.10	+00:57:55 (50.3%)	19:11	3.1 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
568	ROLSKA Barbara	2234	DWQENIUYYITQW	10:45	58	10:45		01:55:07.35	01:55:07.35	+00:57:55 (50.3%)	19:11	3.1 (49.2%)
569	SHEVCHENKO Anastasiia	1936	PYTHON WROCLAW	10:15	99	10:15		01:55:28.75	01:55:28.75	+00:58:16 (50.5%)	19:14	3.1 (49.2%)
570	KUMASZKA Martyna	2968	ALPHAMOON TEAM WROCLAW	12:45	77	12:45		01:56:04.55	01:56:04.55	+00:58:52 (50.7%)	19:20	3.1 (49.2%)
571	MICHALSKA Weronika	2965	ALPHAMOON TEAM WROCLAW	12:45	78	12:45		01:56:04.85	01:56:04.85	+00:58:53 (50.7%)	19:20	3.1 (49.2%)
572	KAASTA Ewa	2962	ALPHAMOON TEAM	12:45	87	12:45		01:56:11.90	01:56:11.90	+00:59:00 (50.8%)	19:21	3.1 (49.2%)
573	MAŚLANKOWSKA Roksana	1935	WROCLAW	10:15	102	10:15		01:56:16.15	01:56:16.15	+00:59:04 (50.8%)	19:22	3.1 (49.2%)
574	BICZ Daniela	1873	BĄBELKI	10:00	101	10:00		01:56:18.20	01:56:18.20	+00:59:06 (50.8%)	19:23	3.1 (49.2%)
575	MUSIELSKA Ula	2224	DZIKIE ŚWINIE KALISZ	10:45	61	10:45		01:56:33.15	01:56:33.15	+00:59:21 (50.9%)	19:25	3.1 (49.2%)
576	CZOK Dominika	2543		13:00	80	13:00		01:56:34.50	01:56:34.50	+00:59:22 (50.9%)	19:25	3.1 (49.2%)
577	WOJDYR Agata	5219		13:00	81	13:00		01:56:35.85	01:56:35.85	+00:59:24 (50.9%)	19:25	3.1 (49.2%)
578	WOJDYR Piotr	5224		13:00	82	13:00		01:56:36.75	01:56:36.75	+00:59:24 (51.0%)	19:26	3.1 (49.2%)
579	STĘPIEŃ Natalia	5196		13:00	83	13:00		01:56:36.95	01:56:36.95	+00:59:25 (51.0%)	19:26	3.1 (49.2%)
580	SZWED Tina	2228	DZIKIE ŚWINIE WROCLAW	10:45	63	10:45		01:56:38.30	01:56:38.30	+00:59:26 (51.0%)	19:26	3.1 (49.2%)
581	SZYMONIAK Karolina	2221	DZIKIE ŚWINIE WROCLAW	10:45	64	10:45		01:56:39.20	01:56:39.20	+00:59:27 (51.0%)	19:26	3.1 (49.2%)
582	MUSIELSKA Magda	2226	DZIKIE ŚWINIE WROCLAW	10:45	66	10:45		01:56:42.25	01:56:42.25	+00:59:30 (51.0%)	19:27	3.1 (49.2%)
583	NOGAJ Barbara	1871	BĄBELKI	10:00	104	10:00		01:56:46.00	01:56:46.00	+00:59:34 (51.0%)	19:27	3.1 (49.2%)
584	SPUTA Monika	2404	ARTEFAKT KAMIENIEC WROCLAWSKI	11:00	104	11:00		01:56:54.10	01:56:54.10	+00:59:42 (51.1%)	19:29	3.1 (49.2%)
585	ZIĘBA Paulina	2409	ARTEFAKT WROCLAW	11:00	106	11:00		01:56:55.20	01:56:55.20	+00:59:43 (51.1%)	19:29	3.1 (49.2%)
586	MUSIELSKA Ola	2223	DZIKIE ŚWINIE BLIZANÓW	10:45	67	10:45		01:57:03.25	01:57:03.25	+00:59:51 (51.1%)	19:30	3.1 (49.2%)
587	WAŁACH Aleksandra	1687	OLA I KAJU CZUDEK	9:45	104	9:45		01:57:21.70	01:57:21.70	+01:00:09 (51.3%)	19:33	3.1 (49.2%)
588	BARTOSZEWICZ Ewa	2464	OH SHIT! WROCLAW	11:15	98	11:15		01:57:36.35	01:57:36.35	+01:00:24 (51.4%)	19:36	3.1 (49.2%)
589	DROZD Sabina	2468	OH SHIT! WROCLAW	11:15	99	11:15		01:57:36.50	01:57:36.50	+01:00:24 (51.4%)	19:36	3.1 (49.2%)
590	PYSZCZEK Jolanta	2467	OH SHIT! WROCLAW	11:15	100	11:15		01:57:36.65	01:57:36.65	+01:00:24 (51.4%)	19:36	3.1 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
591	KOŚCIELNY Justyna	2577		12:00	126	12:00		01:57:43.70	01:57:43.70	+01:00:31 (51.4%)	19:37	3.1 (49.2%)
592	BAJEWSKA Wioletta	2289	DETROIT KSIĘGINICE	10:45	70	10:45		01:57:48.60	01:57:48.60	+01:00:36 (51.4%)	19:38	3.1 (49.2%)
593	KASPRZYK Aneta	2287	DETROIT MACHNICE	10:45	71	10:45		01:57:48.75	01:57:48.75	+01:00:36 (51.5%)	19:38	3.1 (49.2%)
594	TUROŃ Emilia	2288	DETROIT	10:45	73	10:45		01:57:49.10	01:57:49.10	+01:00:37 (51.5%)	19:38	3.1 (49.2%)
595	ŻELAZEK Maria Magdalena	2283	DETROIT	10:45	74	10:45		01:57:49.95	01:57:49.95	+01:00:38 (51.5%)	19:38	3.1 (49.2%)
595	DEC Joanna	2284	DETROIT TRZEBNICA	10:45	74	10:45		01:57:49.95	01:57:49.95	+01:00:38 (51.5%)	19:38	3.1 (49.2%)
597	CIESIELSKA Ilona	2282	DETROIT KSIĘGINICE	10:45	76	10:45		01:57:50.15	01:57:50.15	+01:00:38 (51.5%)	19:38	3.1 (49.2%)
598	DIDYK Monika	2286	DETROIT KSIĘGINICE	10:45	77	10:45		01:57:50.75	01:57:50.75	+01:00:38 (51.5%)	19:38	3.1 (49.2%)
599	FIGANIAK Monika	2285	DETROIT	10:45	78	10:45		01:57:51.35	01:57:51.35	+01:00:39 (51.5%)	19:38	3.1 (49.2%)
600	JEZIORSKA Gabriela	1920	WROCŁAW	10:15	104	10:15		01:57:56.70	01:57:56.70	+01:00:44 (51.5%)	19:39	3.1 (49.2%)
601	KAMIŃSKA Kamila	1610	ROSOMACZKI WROCŁAW	9:30	89	9:30		01:58:07.50	01:58:07.50	+01:00:55 (51.6%)	19:41	3 (47.6%)
602	SZCZEPAŃSKA Kathrin	1569	ROSOMAK TEAM WROCŁAW	9:30	91	9:30		01:58:07.85	01:58:07.85	+01:00:56 (51.6%)	19:41	3 (47.6%)
603	KUBACKA Ala	1646	WROCŁAW	9:45	106	9:45		01:58:31.10	01:58:31.10	+01:01:19 (51.7%)	19:45	3 (47.6%)
604	DROZDA Angelika	2244	HEER FOR BEER BOLESŁAWIEC	10:45	80	10:45		01:59:01.45	01:59:01.45	+01:01:49 (51.9%)	19:50	3 (47.6%)
605	GILGA Agnieszka	3417		10:45	82	10:45		01:59:04.40	01:59:04.40	+01:01:52 (52.0%)	19:50	3 (47.6%)
606	DROZDA Justyna	2243	HEER FOR BEER BOLESŁAWIEC	10:45	83	10:45		01:59:04.45	01:59:04.45	+01:01:52 (52.0%)	19:50	3 (47.6%)
607	RADOMSKA Kinga	1780	ZŁOTY STOK	10:00	108	10:00		01:59:19.75	01:59:19.75	+01:02:07 (52.1%)	19:53	3 (47.6%)
608	ŚMIECH Katarzyna	2172	JUST TEAM JELCZ-LASKOWICE	10:45	84	10:45		02:00:01.00	02:00:01.00	+01:02:49 (52.3%)	20:00	3 (47.6%)
609	DOLIŃSKA Sylwia	2174	JUST TEAM SIECHNICE	10:45	86	10:45		02:00:05.85	02:00:05.85	+01:02:54 (52.4%)	20:00	3 (47.6%)
610	LIS Gabriela	2255	MIŁOSZYCE	10:45	88	10:45		02:00:24.40	02:00:24.40	+01:03:12 (52.5%)	20:04	3 (47.6%)
611	RYKAŁA Sabina	2169	JUST TEAM JELCZ LASKOWICE	10:45	90	10:45		02:00:24.80	02:00:24.80	+01:03:12 (52.5%)	20:04	3 (47.6%)
612	ŚMIECH Joanna	2171	JUST TEAM JELCZ-LASKOWICE	10:45	91	10:45		02:00:24.85	02:00:24.85	+01:03:13 (52.5%)	20:04	3 (47.6%)
613	ŻURAWSKA Joanna	2401	DYMIĄCE PODESZWY POZNAŃ	11:00	110	11:00		02:00:32.10	02:00:32.10	+01:03:20 (52.5%)	20:05	3 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
614	NOWACZYK Natalia	2076	STĘSZEW	10:30	94	10:30		02:00:38.25	02:00:38.25	+01:03:26 (52.6%)	20:06	3 (47.6%)
615	KUPAJ Iga	2069	STĘSZEW	10:30	95	10:30		02:00:39.75	02:00:39.75	+01:03:27 (52.6%)	20:06	3 (47.6%)
616	BANIEWSKA Liliana	1125	TOKSYCZNA ALE HERMETYCZNA RACZKOWA	8:30	83	8:30		02:01:06.10	02:01:06.10	+01:03:54 (52.8%)	20:11	3 (47.6%)
617	KLIMCZAK Paulina	1122	TOKSYCZNA ALE HERMETYCZNA WARSZAWA	8:30	84	8:30		02:01:06.30	02:01:06.30	+01:03:54 (52.8%)	20:11	3 (47.6%)
618	BANIEWSKA Aleksandra	1124	TOKSYCZNA ALE HERMETYCZNA WROCŁAW	8:30	86	8:30		02:01:06.65	02:01:06.65	+01:03:54 (52.8%)	20:11	3 (47.6%)
619	DUDEK Dagmara	2233	PIJ.COM.PL WROCŁAW	10:45	92	10:45		02:01:07.70	02:01:07.70	+01:03:55 (52.8%)	20:11	3 (47.6%)
620	KOSC Malgorzata	2188	PIJ.COM.PL	10:45	96	10:45		02:01:12.55	02:01:12.55	+01:04:00 (52.8%)	20:12	3 (47.6%)
621	SADURSKA Aga	2273	DIABELEK WROCŁAW	10:45	97	10:45		02:01:23.55	02:01:23.55	+01:04:11 (52.9%)	20:13	3 (47.6%)
622	GORZEŃ Aneta	2275	DIABELEK WROCŁAW	10:45	98	10:45		02:01:24.20	02:01:24.20	+01:04:12 (52.9%)	20:14	3 (47.6%)
623	OCETKIEWICZ Karolina	2075	WROCŁAW	10:30	96	10:30		02:01:29.90	02:01:29.90	+01:04:18 (52.9%)	20:14	3 (47.6%)
624	SEMENCZUK Natalia	2074	WROCŁAW	10:30	97	10:30		02:01:30.55	02:01:30.55	+01:04:18 (52.9%)	20:15	3 (47.6%)
625	TRZANIEC Joanna	1071	PIĘKNY I BESTIE GŁOGÓW	8:30	87	8:30		02:01:36.15	02:01:36.15	+01:04:24 (53.0%)	20:16	3 (47.6%)
626	TRZANIEC Maria	1067	PIĘKNY I BESTIE GŁOGÓW	8:30	88	8:30		02:01:36.40	02:01:36.40	+01:04:24 (53.0%)	20:16	3 (47.6%)
627	TRZANIEC Jolanta	1068	PIĘKNY I BESTIE GŁOGÓW	8:30	89	8:30		02:01:36.45	02:01:36.45	+01:04:24 (53.0%)	20:16	3 (47.6%)
628	SIKORA Marta	1070	PIĘKNY I BESTIE WROCŁAW	8:30	91	8:30		02:01:37.85	02:01:37.85	+01:04:26 (53.0%)	20:16	3 (47.6%)
629	JERZYŃSKA Joanna	2350	WROCŁAW	11:00	112	11:00		02:01:44.60	02:01:44.60	+01:04:32 (53.0%)	20:17	3 (47.6%)
630	MAZUR Asia	2323	WROCLAW	11:00	113	11:00		02:01:46.15	02:01:46.15	+01:04:34 (53.0%)	20:17	3 (47.6%)
631	BIAŁOBRZEWSKA Agata	2328	WROCŁAW	11:00	115	11:00		02:01:46.75	02:01:46.75	+01:04:34 (53.0%)	20:17	3 (47.6%)
632	ZALEWSKA Karolina	2320	WROCŁAW	11:00	116	11:00		02:01:50.10	02:01:50.10	+01:04:38 (53.1%)	20:18	3 (47.6%)
633	SMOŁA Ewa	2322	WROCŁAW	11:00	117	11:00		02:01:51.70	02:01:51.70	+01:04:39 (53.1%)	20:18	3 (47.6%)
634	ŚNIATAŁA Sonia	2324	WROCŁAW	11:00	118	11:00		02:01:52.80	02:01:52.80	+01:04:40 (53.1%)	20:18	3 (47.6%)
635	ZABOROWSKA ŁEBEK Anna	2470	SENSHI TEAM ZIELONA GÓRA	11:15	108	11:15		02:02:22.25	02:02:22.25	+01:05:10 (53.3%)	20:23	2.9 (46.0%)
636	SZKLARCZYK Maja	2453	SENSHI TEAM WROCŁAW	11:15	110	11:15		02:02:25.40	02:02:25.40	+01:05:13 (53.3%)	20:24	2.9 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
637	PAWŁOWSKA Barbara	2209	PIJ.COM.PL WROCŁAW	10:45	101	10:45		02:02:36.80	02:02:36.80	+01:05:24 (53.4%)	20:26	2.9 (46.0%)
638	PĄCZKOWSKA Agnieszka	2446	BIEGNIEMY ZA SWOJE WAŁBRZYCH	11:00	122	11:00		02:02:55.45	02:02:55.45	+01:05:43 (53.5%)	20:29	2.9 (46.0%)
639	RUDNICKA Natalia	2291	MAMUTKI WROCŁAW	10:45	102	10:45		02:03:28.15	02:03:28.15	+01:06:16 (53.7%)	20:34	2.9 (46.0%)
640	GOŁUCH Agnieszka	1310	TELFORCEONE WROCŁAW	9:00	87	9:00		02:03:56.10	02:03:56.10	+01:06:44 (53.8%)	20:39	2.9 (46.0%)
641	KOSTECKA Katarzyna	1307	TELFORCEONE WROCŁAW	9:00	88	9:00		02:03:56.70	02:03:56.70	+01:06:44 (53.9%)	20:39	2.9 (46.0%)
642	GONTEK-DOBROWOLSKA Agnieszka	1312	TELFORCEONE SIECHNICE	9:00	89	9:00		02:03:57.20	02:03:57.20	+01:06:45 (53.9%)	20:39	2.9 (46.0%)
643	GAWEŁ Elżbieta	1311	TELFORCEONE WROCŁAW	9:00	90	9:00		02:03:59.45	02:03:59.45	+01:06:47 (53.9%)	20:39	2.9 (46.0%)
644	CIELEŃ Anna	1304	TELFORCEONE WROCŁAW	9:00	91	9:00		02:04:01.90	02:04:01.90	+01:06:50 (53.9%)	20:40	2.9 (46.0%)
645	BARANOWSKA Diana	2946	ŚWIRY BOLESŁAWIEC	9:30	95	9:30		02:05:40.85	02:05:40.85	+01:08:29 (54.5%)	20:56	2.9 (46.0%)
646	GÓRNECKA Aleksandrar	2195	PIJ.COM.PL	10:45	106	10:45		02:06:52.80	02:06:52.80	+01:09:40 (54.9%)	21:08	2.8 (44.4%)
647	RYNKIEWICZ Alicja	2191	PIJ.COM.PL WROCŁAW	10:45	107	10:45		02:06:52.95	02:06:52.95	+01:09:41 (54.9%)	21:08	2.8 (44.4%)
648	SMÓLKOWSKA Karolina	2241	HEER FOR BEER WROCŁAW	10:45	111	10:45		02:08:22.95	02:08:22.95	+01:11:11 (55.4%)	21:23	2.8 (44.4%)
649	HUSZCZA Gabi	2242	HEER FOR BEER WROCŁAW	10:45	112	10:45		02:08:23.30	02:08:23.30	+01:11:11 (55.4%)	21:23	2.8 (44.4%)
650	PRUDŁO Emilia	1720	BIEC SIĘ NIE CHCE WROCŁAW	9:45	110	9:45		02:09:05.50	02:09:05.50	+01:11:53 (55.7%)	21:30	2.8 (44.4%)
651	WOŹNIAK Daria	1721	BIEC SIĘ NIE CHCE NYSA	9:45	112	9:45		02:09:07.45	02:09:07.45	+01:11:55 (55.7%)	21:31	2.8 (44.4%)
652	CIEŚLIŃSKA Antonina	1776	WARSZAWA	10:00	111	10:00		02:09:46.75	02:09:46.75	+01:12:34 (55.9%)	21:37	2.8 (44.4%)
653	DOMINIK Natalia	1404	WROCŁAW	9:45	114	9:45		02:13:52.75	02:13:52.75	+01:16:40 (57.3%)	22:18	2.7 (42.9%)
654	KOMLOS-LIGOCKA Sylwia	2136	ACN TEAM WROCŁAW	10:30	99	10:30		02:13:55.75	02:13:55.75	+01:16:43 (57.3%)	22:19	2.7 (42.9%)
655	JERZEWSKA Monika	2138	ACN TEAM WROCŁAW	10:30	101	10:30		02:14:23.45	02:14:23.45	+01:17:11 (57.4%)	22:23	2.7 (42.9%)
656	DUSZA Katarzyna	2131	ACN TEAM WROCLAW	10:30	106	10:30		02:14:24.70	02:14:24.70	+01:17:12 (57.4%)	22:24	2.7 (42.9%)
657	SZLAGOWSKA-KAPITANOWICZ Monika	2454	MONIKA KARWIANY	11:15	111	11:15		02:15:44.45	02:15:44.45	+01:18:32 (57.9%)	22:37	2.7 (42.9%)
658	NIEMIEC Maja	2481	MAJA WROCŁAW	11:15	112	11:15		02:15:44.80	02:15:44.80	+01:18:32 (57.9%)	22:37	2.7 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Drużyna	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
659	RADOMIŃSKA Katarzyna	5220	COMARCH TEAM	10:30	114	10:30		02:16:00.70	02:16:00.70	+01:18:48 (57.9%)	22:40	2.6 (41.3%)
660	LIŚKIEWICZ Katarzyna	2117	IDEA GETIN LEASING WROCŁAW	10:30	124	10:30		02:16:04.15	02:16:04.15	+01:18:52 (58.0%)	22:40	2.6 (41.3%)
661	MIĘSOWICZ Mariola	1191	WROCŁAW	8:45	69	8:45		02:18:29.20	02:18:29.20	+01:21:17 (58.7%)	23:04	2.6 (41.3%)
662	JANECZEK Gloria	1206	WROCŁAW	8:45	70	8:45		02:18:31.40	02:18:31.40	+01:21:19 (58.7%)	23:05	2.6 (41.3%)
663	MARZEC Karolina	1180	ŚWIERZAWA	8:45	71	8:45		02:18:32.85	02:18:32.85	+01:21:21 (58.7%)	23:05	2.6 (41.3%)
664	NORDERNEY Agnieszka	1222		8:45	72	8:45		02:18:35.95	02:18:35.95	+01:21:24 (58.7%)	23:05	2.6 (41.3%)
665	ANOUK Ann	1214	WROCŁAW	8:45	73	8:45		02:18:36.50	02:18:36.50	+01:21:24 (58.7%)	23:06	2.6 (41.3%)
666	KOZŁOWSKA Anna	1181		8:45	74	8:45		02:18:38.95	02:18:38.95	+01:21:27 (58.7%)	23:06	2.6 (41.3%)
667	FOJCIK Ewa	1186	-	8:45	76	8:45		02:18:42.65	02:18:42.65	+01:21:30 (58.8%)	23:07	2.6 (41.3%)
668	CEBULA Daria	1192	WROCŁAW	8:45	77	8:45		02:18:42.75	02:18:42.75	+01:21:30 (58.8%)	23:07	2.6 (41.3%)
669	RAKSZEWSKA Ewelina	1188		8:45	78	8:45		02:18:47.05	02:18:47.05	+01:21:35 (58.8%)	23:07	2.6 (41.3%)
670	KAMECKA Izabela	1187	WROCŁAW	8:45	79	8:45		02:18:48.20	02:18:48.20	+01:21:36 (58.8%)	23:08	2.6 (41.3%)
671	BOIŃSKA Sara	1190	WROCŁAW	8:45	83	8:45		02:20:14.05	02:20:14.05	+01:23:02 (59.2%)	23:22	2.6 (41.3%)
672	KOŚCIELNA Martyna	1407	KALEJ	9:15	86	9:15		02:22:06.40	02:22:06.40	+01:24:54 (59.8%)	23:41	2.5 (39.7%)

Znaleziono 672 wynik(ów)