

Wydarzenie: Kudowski Festiwal Biegowy 2022
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-04-10
Miejsce: Kudowa-Zdrój
Dystans: 10 km

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KULIK-GAWĘDA Iwona	4083	KUDOWIANKARUN	K-30	1	01:30:02	01:09:13.20	02:39:15.85		6:55	8.7 (100%)
2	FLOREK Katarzyna	4244	140MINUT.PL	K-30	2	01:30:03	01:12:49.05	02:42:52.25	+00:03:35 (4.9%)	7:16	8.2 (94.3%)
3	HOLC Katarzyna	3201	BANDA GRUDNIA	K-30	3	00:00:04	01:20:25.30	01:20:29.80	+00:11:12 (13.9%)	8:02	7.5 (86.2%)
4	JAROSIŃSKA Barbara	4034	TEAM BIEGANIE NA ŚNIADANIE	K-30	4	01:30:05	01:29:51.85	02:59:57.50	+00:20:38 (23.0%)	8:59	6.7 (77.0%)
5	PACZKOWSKA Katarzyna	3075	BIEGAJĄCE KREJZOLE	K-30	5	00:00:05	01:30:33.85	01:30:38.90	+00:21:20 (23.6%)	9:03	6.6 (75.9%)
6	DYJA Magdalena	3059	RNB TEAM POLANICA-ZDRÓJ	K-30	6	00:00:08	01:30:43.00	01:30:51.95	+00:21:29 (23.7%)	9:04	6.6 (75.9%)
7	MICHALSKA Magdalena	4181	SOCIOS SILESIA	K-30	7	01:30:21	01:35:20.40	03:05:42.30	+00:26:07 (27.4%)	9:32	6.3 (72.4%)
8	ZARĘBA Anna	3202		K-30	8	00:00:05	01:36:12.55	01:36:18.15	+00:26:59 (28.1%)	9:37	6.2 (71.3%)
9	MASTERNAK Marta	3145		K-30	9	00:00:07	01:36:14.30	01:36:21.70	+00:27:01 (28.1%)	9:37	6.2 (71.3%)
10	KUJACZYŃSKA Iga	4285		K-30	10	01:30:04	01:36:50.70	03:06:55.25	+00:27:37 (28.5%)	9:41	6.2 (71.3%)
11	ŁUSIAK Katarzyna	4297		K-30	11	01:30:17	01:41:12.20	03:11:29.50	+00:31:59 (31.6%)	10:07	5.9 (67.8%)
12	BŁASZKIEWICZ Klaudia	4280		K-30	12	01:30:07	01:43:07.55	03:13:14.70	+00:33:54 (32.9%)	10:18	5.8 (66.7%)
13	DZIERGWA Agnieszka	4340	RNB TEAM POLANICA ZDRÓJ/ PRZEDWOJEWSKI TEAM	K-30	13	01:26:46	01:43:14.05	03:10:00.40	+00:34:00 (32.9%)	10:19	5.8 (66.7%)
14	STACHOWIAK Emilia	4173	#BIEGIEMWLAS	K-30	14	01:30:14	01:43:35.90	03:13:50.85	+00:34:22 (33.2%)	10:21	5.8 (66.7%)
15	JACKOWIAK Agnieszka	3153	RUNNER'S POWER	K-30	15	00:00:05	01:43:36.55	01:43:42.50	+00:34:23 (33.2%)	10:21	5.8 (66.7%)
16	KUSZ Joanna	4243	CROSS STRACENĆÓW TEAM	K-30	16	01:30:08	01:43:44.05	03:13:52.85	+00:34:30 (33.3%)	10:22	5.8 (66.7%)

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17	ŻMIJEWSKA Dominika	3122	KLUB BIEGOWY TSK ORZEŁ OSIEK	K-30	17	00:00:04	01:45:18.20	01:45:22.60	+00:36:05 (34.3%)	10:31	5.7 (65.5%)
18	MRÓZ Anna	3099		K-30	18	00:00:00	01:45:37.15	01:45:37.15	+00:36:23 (34.5%)	10:33	5.7 (65.5%)
19	LAUBACH Anna	4198	RAAN	K-30	19	01:30:14	01:46:57.90	03:17:12.50	+00:37:44 (35.3%)	10:41	5.6 (64.4%)
20	HYLIŃSKA Hanna	4076	PATORUNNERS	K-30	20	01:30:10	01:47:28.65	03:17:39.10	+00:38:15 (35.6%)	10:44	5.6 (64.4%)
21	JURASZ Aleksandra	3058		K-30	21	00:00:13	01:47:42.80	01:47:56.45	+00:38:29 (35.7%)	10:46	5.6 (64.4%)
22	KLICH Sylwia	4156	#BIEGIEMWLAS	K-30	22	01:30:14	01:48:05.15	03:18:19.60	+00:38:51 (36.0%)	10:48	5.6 (64.4%)
23	WALKOWIAK Dominika	4135	#BIEGAJLESZNO	K-30	23	01:23:03	01:49:21.55	03:12:25.20	+00:40:08 (36.7%)	10:56	5.5 (63.2%)
24	WOŹNA Marta	4308	RUN TEAM RYDZYNA	K-30	24	01:30:13	01:51:42.35	03:21:55.65	+00:42:29 (38.0%)	11:10	5.4 (62.1%)
25	JANOWSKA Ewa	4142		K-30	25	01:30:19	01:52:44.25	03:23:03.90	+00:43:31 (38.6%)	11:16	5.3 (60.9%)
26	WIELICZKO Dagmara	3064	ZONE RUNNERS	K-30	26	00:00:12	01:52:56.05	01:53:08.10	+00:43:42 (38.7%)	11:17	5.3 (60.9%)
27	APANOVA Ekaterina	4256		K-30	27	01:30:20	01:54:14.95	03:24:35.65	+00:45:01 (39.4%)	11:25	5.3 (60.9%)
28	CHEŁCHOWSKA Katarzyna	4078		K-30	28	01:30:05	01:54:21.20	03:24:26.85	+00:45:08 (39.5%)	11:26	5.2 (59.8%)
29	BIAŁA Malgorzata	3155		K-30	29	00:00:14	01:54:32.35	01:54:46.55	+00:45:19 (39.6%)	11:27	5.2 (59.8%)
30	MAJ Magdalena	4117	GRAŻYNKI OCR	K-30	30	01:30:06	01:54:32.40	03:24:38.40	+00:45:19 (39.6%)	11:27	5.2 (59.8%)
31	BERNACKA Kinga	4318		K-30	31	01:26:02	01:56:54.00	03:22:56.20	+00:47:40 (40.8%)	11:41	5.1 (58.6%)
32	KONIECZNA Aleksandra	4317	-	K-30	32	01:26:02	01:56:56.05	03:22:58.30	+00:47:42 (40.8%)	11:41	5.1 (58.6%)
33	FANAJŁO Kasia	3144	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K-30	33	00:00:07	01:57:04.80	01:57:12.10	+00:47:51 (40.9%)	11:42	5.1 (58.6%)
34	BOGACKA Aneta	3109	ZGZB	K-30	34	00:00:07	01:57:17.10	01:57:24.80	+00:48:03 (41.0%)	11:43	5.1 (58.6%)
35	FLORCZAK Monika	4047		K-30	35	01:30:12	01:58:17.15	03:28:29.45	+00:49:03 (41.5%)	11:49	5.1 (58.6%)
36	MAŚLANA Katarzyna	4271		K-30	36	01:30:17	01:58:29.35	03:28:46.45	+00:49:16 (41.6%)	11:50	5.1 (58.6%)
37	SKRZYŃSKA Marlena	4150	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K-30	37	01:30:15	02:03:28.05	03:33:43.10	+00:54:14 (43.9%)	12:20	4.9 (56.3%)
38	MORAŃSKA Małgorzata	4125		K-30	38	01:30:19	02:03:52.20	03:34:11.85	+00:54:39 (44.1%)	12:23	4.8 (55.2%)
39	ŁUŻNY Agnieszka	4255	TEAM PAPRY	K-30	39	01:30:17	02:05:19.65	03:35:36.90	+00:56:06 (44.8%)	12:31	4.8 (55.2%)

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40	SERWATKA Angelika	4277	KOBIETY WATAHY	K-30	40	01:30:12	02:05:28.85	03:35:41.20	+00:56:15 (44.8%)	12:32	4.8 (55.2%)
41	POMAŁECKA Barbara	4094		K-30	41	01:30:09	02:07:20.70	03:37:30.55	+00:58:07 (45.6%)	12:44	4.7 (54.0%)
42	NOWAK Magdalena	3053	FILIP RUNNING TEAM	K-30	42	00:00:10	02:09:20.25	02:09:31.20	+01:00:07 (46.5%)	12:56	4.6 (52.9%)
43	CHILARSKA Elżbieta	4152	KUDOWIANKA RUN	K-30	43	01:08:09	02:27:09.65	03:35:19.40	+01:17:56 (53.0%)	14:42	4.1 (47.1%)
44	KOSTULSKA Olga	4300	WKURW_TEAM	K-30	44	01:30:14	02:36:31.20	04:06:45.75	+01:27:18 (55.8%)	15:39	3.8 (43.7%)
DQ	ZIÓŁKOWSKA Ewelina	3254	KB HARCOWNIK JELCZ LASKOWICE	K-30		DQ	02:00:30.20 DQ	DQ		0:00	5 (57.5%)

Znaleziono 45 wynik(ów)