



SYLWESTROWY NORDIC WALKING - 3.3 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 3.3 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 1.6km	Start All 3.2km	Czas netto 3.3km	Czas brutto 3.3km	Różn	Tempo min/km	Tempo km/h
1	RUDNIK Janina Ewa	369	DWA KIJE SŁUPSK/ DYNAMIC	K-OPEN	1	00:23:58	00:11:21	00:22:59	00:24:19.00	00:48:17.20		7:22	8.1 (100%)
2	WILKOŁEK-SZUDARSKA Saturnina	375	DWA KIJE SŁUPSK	K-OPEN	2	00:24:04	00:11:56	00:24:31	00:25:49.65	00:49:54.30	+00:01:30 (5.8%)	7:49	7.7 (95.1%)
3	SZYNKIEWICZ Katarzyna	373	NIEZALEŻNA	K-OPEN	3	00:24:06	00:12:19	00:25:06	00:26:26.65	00:50:33.40	+00:02:07 (8.0%)	8:00	7.5 (92.6%)
4	JĘDRASZKO Krystyna	357		K-OPEN	4	00:24:05	00:13:11	00:26:47	00:28:18.85	00:52:24.50	+00:03:59 (14.1%)	8:34	7 (86.4%)
5	ZIELIŃSKA Elżbieta	376		K-OPEN	5	00:24:09	00:14:17	00:28:25	00:29:51.90	00:54:01.70	+00:05:32 (18.6%)	9:03	6.6 (81.5%)
6	KLOSKOWSKA Konstancja	361		K-OPEN	6	00:24:05	00:14:21	00:28:30	00:29:56.25	00:54:01.60	+00:05:37 (18.8%)	9:04	6.6 (81.5%)
7	GRZESIK Maria	355		K-OPEN	7	00:24:04	00:14:01	00:28:31	00:30:03.35	00:54:07.40	+00:05:44 (19.1%)	9:06	6.6 (81.5%)
8	JAZOWIT-KRAWCZYK Ewa	356		K-OPEN	8	00:24:10	00:14:37	00:29:35	00:31:08.20	00:55:18.40	+00:06:49 (21.9%)	9:26	6.4 (79.0%)
9	ĆWIRKO Barbara	353	ZIELONA FARMA	K-OPEN	9	00:24:05	00:14:29	00:29:36	00:31:10.10	00:55:15.35	+00:06:51 (22.0%)	9:26	6.4 (79.0%)
10	STĘPNIEWSKA Agnieszka	370		K-OPEN	10	00:24:07	00:14:56	00:30:31	00:32:04.30	00:56:12.10	+00:07:45 (24.2%)	9:43	6.2 (76.5%)
11	MIKITIUK Beata	366	KIJOWA PARA	K-OPEN	11	00:24:06	00:14:57	00:30:32	00:32:05.80	00:56:11.95	+00:07:46 (24.2%)	9:43	6.2 (76.5%)
12	KLOSKOWSKA Beata	360		K-OPEN	12	00:24:07	00:15:21	00:30:33	00:32:07.95	00:56:15.50	+00:07:48 (24.3%)	9:44	6.2 (76.5%)
13	VON BARDELEBEN Tarryn	379	BABECZKI KOSZALIN	K-OPEN	13	00:24:09	00:15:37	00:32:28	00:34:00.55	00:58:09.85	+00:09:41 (28.5%)	10:18	5.8 (71.6%)
14	MAZUREK Hanna	364	BABECZKI KOSZALIN	K-OPEN	14	00:24:08	00:15:38	00:32:29	00:34:01.55	00:58:10.15	+00:09:42 (28.5%)	10:18	5.8 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.6km	Start_All 3.2km	Czas netto 3.3km	Czas brutto 3.3km	Różn	Tempo min/km	Tempo km/h
15	PEPLIŃSKA Grażyna	381		K-OPEN	15	00:24:08	00:15:41		00:35:17.45	00:59:25.75	+00:10:58 (31.1%)	10:41	5.6 (69.1%)
16	BUDA Maria	378		K-OPEN	16	00:24:06	00:15:43		00:35:19.15	00:59:26.05	+00:11:00 (31.2%)	10:42	5.6 (69.1%)
17	FILIPOWICZ Daniela	382		K-OPEN	17	00:24:08							(0.0%)

Znaleziono 17 wynik(ów)