



SZCZECIN - FINAŁ PUCHARU POMORZA NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie: FINAŁ PUCHARU POMORZA NORDIC WALKING
Organizator: Polska Federacja Nordic Walking
Data: 2018-09-02
Miejsce: Szczecin
Dystans: 5 km



Klasyfikacja: K70+

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 1.66km | Start_All 3.32km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------------|------------|-------------------------|-----------|------|----------------|-----------------|---------------------|---------------------|----------------------|----------------------|-----------------|----------------|
| 1 | OWCZAREK Henryka | 107 | MARSZ PO ZDROWIE POZNAŃ | K70+ | 1 | | | 00:13:48 | 00:27:46 | 00:41:44.37 | | 8:21 | 7.2 (100%) |
| 2 | PANKIEWICZ-DMOWSKA Cecylia | 109 | | K70+ | 2 | | | 00:13:48 | 00:27:45 | 00:41:47.85 | +00:00:03 (0.1%) | 8:21 | 7.2 (100%) |
| 3 | BORKOWSKA Celina | 7 | KLUB SENIORA TURKUS | K70+ | 3 | | | 00:16:00 | 00:31:11 | 00:47:10.92 | +00:05:26 (11.5%) | 9:26 | 6.4 (88.9%) |
| 4 | FABISZEWSKA Irena | 288 | | K70+ | 4 | | | 00:16:08 | 00:32:32 | 00:49:04.61 | +00:07:20 (15.0%) | 9:49 | 6.1 (84.7%) |
| 5 | WOJTKOWIAK Genia | 299 | KLUB SENIORA TURKUS | K70+ | 5 | | | 00:16:23 | 00:32:43 | 00:49:15.41 | +00:07:31 (15.3%) | 9:51 | 6.1 (84.7%) |
| 6 | DWORACZYK Krystyna | 28 | | K70+ | 6 | | | 00:17:12 | 00:33:41 | 00:50:09.82 | +00:08:25 (16.8%) | 10:02 | 6 (83.3%) |
| 7 | TREDER Jadwiga | 149 | KLUB SENIORA TURKUS | K70+ | 7 | | | 00:19:47 | 00:40:02 | 01:00:27.76 | +00:18:43 (31.0%) | 12:05 | 5 (69.4%) |
| 8 | ZIELIŃSKA Elżbieta | 186 | KLUB SENIORA TURKUS | K70+ | 8 | | | 00:19:45 | 00:40:38 | 01:01:44.94 | +00:20:00 (32.4%) | 12:21 | 4.9 (68.1%) |
| 9 | RYSIEWICZ Jadwiga | 189 | KLUB SENIORA TURKUS | K70+ | 9 | | | 00:21:10 | 00:43:49 | 01:05:25.39 | +00:23:41 (36.2%) | 13:05 | 4.6 (63.9%) |
| 10 | RUTA Wanda | 120 | KLUB SENIORA TURKUS | K70+ | 10 | | | 00:21:10 | 00:43:50 | 01:05:26.56 | +00:23:42 (36.2%) | 13:05 | 4.6 (63.9%) |
| 11 | ROMAN Anna | 117 | DOM SENIORA TURKUS | K70+ | 11 | | | 00:19:19 | 00:39:07 | 01:06:38.96 | +00:24:54 (37.4%) | 13:19 | 4.5 (62.5%) |
| 12 | ZALESKA Zofia | 181 | KLUB SENIORA TURKUS | K70+ | 12 | | | 00:23:59 | 00:49:29 | 01:14:33.22 | +00:32:48 (44.0%) | 14:54 | 4 (55.6%) |

Znaleziono 12 wynik(ów)