



Event: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organiser: Fundacja Szczyt za Szczytem
Date: 2022-02-19
Place: Karpniki
Distance: 60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 56,0 km

Place	Participant	Number	Club	Category	Zamek Bolczów 8km	Kolorowe Jeziora 19.5km	Wielka Kopa 22.5km	Mała Ostra 29km	Rudnik 36km	Przełęcz Kowarska 38km	Starościńskie Skały 56km
1	SADOWSKI Paweł	844	DRÄXLMAIER.	M30	00:58:27	02:01:40	02:31:44	03:21:12	04:15:01	04:22:20	06:14:10
2	JUDA Witold	839		M40	00:59:46	02:04:14	02:36:57	03:29:32	04:24:17	04:32:07	06:28:01
3	GADZIMSKI Michał	837		M40	01:00:55	02:05:06	02:36:45	03:31:09	04:27:52	04:36:28	06:42:12
4	BIELAWA Rafał	850	INOV8TEAMPOLSKA	M40	01:03:52	02:06:29	02:37:09	03:31:48	04:26:43	04:34:55	06:42:46
5	KLINCEWICZ Cezary	840		M40	01:05:45	02:07:25	02:40:04	03:37:13	04:33:17	04:40:52	06:43:00
6	PIOTROWSKI Marek	751	SKLEP BIEGACZA RUNNING TEAM / KILOMETRY POMOCY	M30	01:04:01	02:06:31	02:39:56	03:37:07	04:33:33	04:43:59	06:50:56
7	ŁYJAK Błażej	796	RATEMYTRAIL	M40	01:04:04	02:07:27		03:33:29	04:32:21	04:42:22	06:50:56
8	PIEKIELNY Mariusz	816		M40	01:05:50	02:08:51	02:42:46	03:40:43	04:38:56	04:48:29	06:53:37
9	BODANKA Piotr	805	APAMA ACOUSTIC PROJECT	M40	01:04:08	02:07:29	02:42:53	03:40:34	04:37:46	04:45:02	06:58:40
10	EICHNER Dominik	820		M20	01:05:53	02:14:23	02:50:06	03:47:37	04:47:53	04:57:36	07:01:16
11	WIECZORKIEWICZ Zbigniew	759		M30	01:07:49	02:17:20	02:50:02	03:47:30	04:50:05	04:59:46	07:15:41
12	FAJKS Marcin	744	BIEGOWYWIRUS	M40	01:02:32	02:08:20	02:45:07	03:46:02	04:53:38	05:03:40	07:22:35
13	FARGANUS Robert	703	ZABIEGANI Z LEŚNEJ	M40	01:05:54	02:13:32		03:48:41	04:57:45	05:10:14	07:24:37
14	ZDĄBŁARZ Marcin	766		M30	01:28:59	02:30:12	03:05:05	04:08:33	05:07:33	05:17:50	07:29:46
15	NOWAK Marcin	808		M30	03:32:46			04:08:08	05:06:40	05:17:44	07:30:37
16	BIAŁEK Marcin	712	SWEETTRAVEL	M30	01:14:47	02:28:46		04:10:28	05:15:54	05:28:50	07:32:08
17	KOŚCIELNIAK Wioletta	702	RUNNERS TEAM NYSA	K40	01:29:54	02:31:47		04:08:29	05:10:45	05:20:23	07:39:48
18	STEFANIAK Łukasz	765		M40	01:14:46	02:25:44		04:03:57	05:13:08	05:23:57	07:45:33
19	ZIMKOWSKI Marcin	775	KGHM ZG RUN	M30	01:05:50	02:17:19		04:03:36	05:10:12	05:20:23	07:45:41
20	PODBIELSKI Krystian	714	KAJA TEAM	M40	01:15:04	02:29:46		04:10:33	05:18:45	05:29:35	07:45:50
21	SZCZĘŚNY Maciej	842		M40	01:11:20	02:23:13		04:05:12	05:11:16	05:21:33	07:54:28
22	BEGASIEWICZ Monika	846	MKL SZCZECIN	K40	01:14:54	02:29:13		04:12:03	05:20:39	05:31:27	07:54:40
23	PACZUSKI Michał	813		M40	01:18:12	02:32:01	03:12:12	04:15:40	05:22:40	05:33:27	07:58:14
24	ŻAK Robert	782	TYGRIS & BIEDRONKA	M40	01:28:46	02:37:59		04:18:19	05:26:38	05:39:56	08:01:06
25	STACHURA Damian	758		M30	01:05:57	02:14:28	02:51:40	03:56:33	05:09:42	05:21:00	08:01:21
26	LIPOWICZ Łukasz	705		M40	01:28:50	02:34:27		04:16:16	05:22:59	05:34:40	08:05:13
27	ŻYŻA Piotr	717	ATLETICS TEAM PRUSICE	M40	01:14:40	02:25:52		04:12:18	05:24:35	05:35:35	08:08:44
28	STEPAK Włodzimierz	803		M50	01:28:41	02:34:01	03:12:41	04:20:01	05:28:51	05:40:52	08:09:57
29	SZELUK Grzegorz	737	DZIEWIEĆ SIŁ	M40	01:29:51	02:36:18		04:21:32	05:32:44	05:45:27	08:18:39

Place	Participant	Number	Club	Category	Zamek	Kolorowe	Wielka	Mała	Rudnik	Przełęcz	Starościńskie
					Bolczów	Jeziorka	Kopa	Ostra		Kowarska	Skały
					8km	19.5km	22.5km	29km	36km	38km	56km
30	SKOWRON Radosław	743	WARCZĄC ODBYTEM	M40	01:35:04	02:40:22		04:30:19	05:41:00	05:53:19	08:21:18
31	JANCZ Tomasz	753		M50	01:28:35	02:32:34		04:20:26	05:30:24	05:42:57	08:22:04
32	MENDYKA Łukasz	819		M30	01:36:50	02:47:12		04:35:38	05:44:52	05:56:51	08:22:55
33	DUBINSKAS Arunas	823	147ULTRA, NCDC	M40	01:29:36	02:36:27		04:23:49	05:34:02	05:47:38	08:26:11
34	CALICKI Łukasz	831		M40	01:28:44	02:31:22	03:13:12	04:21:02	05:31:30	05:44:10	08:26:17
35	DARMETKO Rafał	781		M30	01:14:59	02:29:09		04:14:58	05:26:26	05:40:08	08:26:57
36	BURMAN Michał	704	AKTYWNI RAZEM	M40	01:14:55	02:29:02	03:11:18	04:21:59	05:35:10	05:47:53	08:27:36
37	SKORUPIŃSKI Piotr	728		M40	01:30:04	02:35:47		04:23:47	05:35:19	05:47:26	08:27:53
38	KRÓL Marcin	801		M40	01:37:29	02:52:33		04:39:37	05:48:33	06:02:13	08:31:51
39	SPECHT Mikołaj	833		M40	01:17:53	02:34:37		04:27:33	05:43:43	05:59:55	08:41:39
40	DREGER Dariusz	792		M50	01:35:15	02:42:24		04:34:14	05:49:22	06:05:23	08:43:11
41	SZEWCZENKO Agnieszka	730	KLUB BIEGACZA BOLESŁAWIEC	K30	01:30:11	02:40:23		04:38:00	05:55:41	06:08:48	08:45:27
42	CEBULA Grzegorz	760		M50	01:30:09	02:40:21		04:37:40	05:55:33	06:08:48	08:45:50
43	KASZKOWIAK Bogumil	800		M40	01:37:47	02:52:01		04:46:03	05:58:19	06:10:24	08:46:18
44	OLESEK Magdalena	721	WRONKI	K30	01:30:18	02:47:15		04:41:42	05:53:31	06:05:52	08:50:47
45	DEINIUK Roman	755		M30	01:36:53	02:51:43		04:48:13	06:02:28	06:16:10	08:51:11
46	JERKA Marek	858		M40	01:35:14	02:44:47		04:35:13	05:54:55	06:05:25	08:51:38
47	HETMAN Łukasz	780	BIEGOWA ŚWIDNICA	M40	01:28:55	02:35:59		04:34:02		06:07:08	08:52:24
48	ZAJĄC Sebastian	788		M40	01:34:48	02:42:49		04:43:57	06:02:18	06:17:50	08:52:39
49	RAJKOWSKI Tomasz	749		M30	01:37:04	02:51:50		04:48:37	06:01:29	06:19:01	08:53:48
50	GAŁKA Grzegorz	748		M40	01:36:44	02:47:18		04:36:07	05:53:14	06:07:15	08:57:59
51	WOJCIECHOWSKI Dariusz	826		M40	01:35:04	02:41:12		04:44:32	05:57:52	06:12:41	09:01:53
52	PAŻUCHA Wojciech	827		M40	01:34:52	02:41:12		04:45:06	05:57:55	06:12:43	09:01:57
53	GRUBICH Damian	732	PARKRUN GRUDZIĄDZ	M40	01:36:50	02:52:26		04:46:33	06:07:09	06:20:08	09:05:52
54	JARUS Andrzej	722	POLISH WINGS	M40	01:36:41	02:47:13		04:43:38	05:57:46	06:11:41	09:09:50
55	WARZECHA Teresa	731	RANNERS TEAM NYSA	K60	01:35:36	02:48:58		04:47:04	06:05:25	06:20:24	09:10:06
56	KACZOROWSKI Michał	757	KWIDZYN BIEGA	M30	01:45:18	03:00:42		04:59:12	06:14:02	06:35:47	09:10:56
57	GIBAŁA Marcin	774	BIEGAM I POMAGAM	M50	01:30:05	02:47:04		04:42:46	06:04:04	06:22:25	09:12:16
58	DAWIDZIAK Arkadiusz	794	GARMIN WROCŁAW	M30	01:35:12	02:47:52		04:54:14	06:10:06	06:24:54	09:12:41
59	GOSTYŃSKI Krzysztof	741	RUCZAJ ULTRA TEAM	M40	01:38:43	03:03:15		05:03:31	06:19:06	06:29:02	09:18:08
60	KRZYWDZIŃSKI Bartłomiej	711	KĘCKIE HARPAGANY	M40	03:22:01			05:01:15	06:18:44	06:34:19	09:21:00
61	KOCEMBA Kamil	742		M30	01:35:01	02:50:15		04:59:27	06:27:13	06:50:23	09:21:30
62	PIEKARSKI Łukasz	754		M30	01:29:44	02:37:34		04:39:20	06:06:51	06:26:04	09:21:49
63	SPYCHALSKI Zbigniew	762	TKKF KOLEJARZ BYDGOSZCZ	M60	01:29:47	02:37:35		04:38:13	06:07:03	06:26:04	09:22:19
64	BEDNAREK Anna	776	SPARTAN TRAINING GROUP WARSZAWA	K30	01:40:31	02:58:14		04:56:57	06:15:21	06:32:55	09:22:27
65	PIETRUCHA Jakub	809		M30	01:40:26	02:58:12		04:56:59	06:15:58	06:32:54	09:22:41
66	PATYK Mirek	770		M40	01:30:10	02:46:04		04:45:22	06:07:20	06:31:09	09:24:35
67	TEJWAN Leszek	799	STG WARSZAWA	M40	01:40:17	02:58:14		04:56:29	06:15:37	06:32:54	09:24:41
68	MILEWICZ Daniel	814		M30	01:37:10	02:59:47		05:05:30	06:22:59	06:34:20	09:25:25
69	KONOPSKI Piotr	834		M30		03:00:43		04:58:32	06:13:46	06:35:46	09:25:34
70	PROKOPIUK Grzegorz	747		M40	01:36:46	02:51:28		04:57:43	06:17:05	06:34:52	09:26:35

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71	GARSTKA Zbigniew	768		M40	01:37:00	02:54:17		04:56:09	06:20:31	06:36:01	09:35:31
72	NARECKI Jarosław	710		M50	01:38:56	03:00:41		05:10:09	06:27:20	06:42:37	09:36:17
73	SZCZUREK Mariusz	783	AGROAS TEAM	M40	01:36:48	02:53:07		04:59:55	06:18:43	06:29:40	09:36:51
74	DEC Mirosław	787	TRUCHT TEAM OPOLE	M40	01:45:03	03:03:38		05:08:18	06:24:50	06:41:51	09:37:05
75	ZADROŻNY Piotr	829		M30	01:43:20	03:01:30		05:03:00	06:21:24	06:39:22	09:37:20
76	POTOCKI Maciej	802	ORANGE POLSKA	M50	01:39:04	03:01:05		05:09:31	06:28:27	06:45:52	09:37:30
77	LIS Paweł	851		M40	01:35:03	02:47:30		04:54:46	06:19:42	06:38:12	09:38:05
78	MATYSIAK Marcin	789	ULTRAWYRYPA.PL	M40	01:37:40	02:56:17		05:01:37	06:24:35	06:44:53	09:39:10
79	FLASIŃSKI Michał	798		M30	01:37:45	03:01:14		05:06:11	06:24:03	06:41:46	09:41:43
80	BOMBA Alina	734		K30	01:39:04	02:58:19		05:08:17	06:25:15	06:41:49	09:42:41
81	ŁABĘDZKI Mariusz	701	STARGARD JA SIĘ NIE ŚCIGAM	M40	01:39:36	02:59:50		05:07:55	06:23:44	06:41:30	09:43:25
82	GAJEWSKI Sebastian	740		M30	01:38:11	02:59:48		05:08:18	06:23:51	06:41:31	09:44:24
83	ZIÓŁEK Rafał	824		M30	01:39:01	02:57:38		05:00:09	06:22:31	06:41:48	09:45:46
84	SKORUPIŃSKA Katarzyna	806		K40	01:36:56	02:59:54		05:06:58	06:25:40	06:42:22	09:46:30
85	KŁOSEK Jacek	836	100 MARATHON CLUB POLAND	M30	01:45:27	03:09:14		05:15:52	06:36:56	06:51:22	09:46:37
86	BOROWIAK Piotr	838		M40	01:45:34	03:09:14		05:15:22	06:37:01	06:51:28	09:47:19
87	OCHOTA Rafał	720		M40	01:43:43	03:09:31		05:12:49	06:33:54	06:51:33	09:49:34
88	POMASKI Paweł	735	DOGOŃ GRODZISK MAZOWIECKI	M50	01:40:34	03:10:00		05:18:52	06:45:31	07:00:33	09:51:42
89	GRAU Joanna	750	KWIDZYN BIEGA	K40	01:46:33	03:20:53		05:28:56	06:46:40	07:01:51	09:52:01
90	GOLBIAK Wojciech	849		M40	01:34:55	02:42:27		04:41:17	06:04:59	06:57:40	09:54:01
91	KROCZYŃSKI Sławomir	772		M60	01:43:58	03:06:45		05:17:49	06:36:41	06:54:25	09:55:01
92	FICNER Iwona	791	FSD RUN DREZDENKO	K40	01:43:56	03:06:51		05:18:27	06:36:46	06:53:36	09:55:16
93	RECZUCH Andrzej	771	DYWIZJON 102	M40	01:45:14	03:00:51		05:02:34	06:24:18	06:38:32	09:57:00
94	WYSOCZAŃSKI Adrian	830	PIETRZYKOWICE	M40	01:47:05	03:22:40		05:35:21	07:06:21	07:27:54	09:58:20
95	MICHALSKI Dariusz	785	BIEGACZE JUNIORA-RUNNERS TEAM	M30	01:40:28	03:00:58		05:07:52	06:32:45	06:53:10	10:05:20
95	WOJCIECHOWSKI Paweł	769	BIEGACZE JUNIORA_RUNNERS TEAM	M40	01:40:25	03:00:57		05:07:44	06:32:42	06:53:10	10:05:37
97	WIŚNIEWSKI Artur	821		M40	01:45:14	03:08:04		05:19:46	06:49:04	07:03:19	10:05:50
98	NOWACKI Adam	786	STG WARSZAWA	M20	01:37:09	02:58:36		05:10:08	06:35:22	06:56:04	10:07:39
99	KOWALCZYK Paweł	733	KĘCKIE HARPAGANY	M40	01:35:05	02:48:25		04:58:19	06:26:30	06:50:29	10:10:42
100	GĄŁEK Wojciech	706	RAPI POLSKA / NO PAIN NO GAIN	M40	01:46:59	03:22:30		05:35:46	07:07:10	07:27:40	10:22:07
101	WREMBEL Przemysław	793		M40	01:37:56	03:06:03		05:21:20	06:50:12	07:09:58	10:24:00
102	CZURYŃSKA Wiolka	727	POKOCHAJ BIEGANIE	K40	01:38:52	03:07:44		05:39:13	06:58:45	07:12:40	10:27:34
103	WOŻNA Magdalena	845	STOWARZYSZENIE NOWE GRANICE	K40	01:47:12	03:23:39		05:37:25	07:03:15	07:23:28	10:29:45
104	BEM Piotr	725		M40	01:37:59	03:05:58		05:16:53	06:48:54	07:09:42	10:32:28
105	KATA Wiesław	709		M50	01:43:49	03:05:51		05:10:39	06:37:17	07:09:35	10:33:28
106	GORZUCH Justyna	795	KW WARSZAWA	K30	01:46:30	03:21:25		05:38:03	07:06:58	07:25:27	10:37:29
107	GROCHOWSKI Wojciech	832	KLUB WYSOKOGÓRSKI WARSZAWA	M40	01:46:28	03:22:04		05:40:25	07:16:14	07:35:00	10:38:56
108	LASKOWSKI Tomasz	779	PIĘKNI I BESTIĘ	M30	01:43:48	02:59:45		05:14:38	06:47:21	07:13:14	10:39:41
109	KUDELSKI Ireneusz	843	ROZBIEGANI CHOJNÓW	M50	01:36:49	02:59:15		05:18:20	06:58:31	07:16:10	10:40:51
110	KRUZEL Rafał	807	BIEGOWE MISIE	M50	01:46:40	03:23:03		05:36:49	07:12:37	07:29:25	10:42:54
111	NÓŻKA Andrzej	859	ULTRA BEER RUNNERS	M40	01:45:36	03:16:14		05:37:50	07:07:44	07:25:47	10:47:38

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112	KONKEL Marcin	718		M40	01:46:37	03:22:12		05:40:51	07:09:24	07:34:32	10:50:49
113	POBŁOCKI Jan	848		M60	01:50:10	03:37:10		06:00:26	07:28:27	07:44:55	10:55:34
114	TREGUB Igor	817		M30	01:47:14	03:36:28		05:54:25	07:23:56	07:47:48	10:59:16
115	MELNYK Ivan	818		M30	01:47:15	03:36:24		05:53:52	07:23:59	07:47:48	11:00:10
116	PAJDOWSKI Andrzej	822		M50	01:50:08	03:35:31		06:08:08	07:44:00	08:00:34	11:15:40
117	PLEWIŃSKA Oliwia	790	DREAM TEAM	K30	01:46:52	03:23:56		05:54:47	07:30:37	07:50:56	11:19:16
118	MARCINIAK Maciej	784	MM PROJEKT	M40	01:37:43	03:03:10		05:20:33	07:07:30	07:34:04	11:19:52
119	FILIPIAK Sebastian	707	EKIPA LIPA	M40	01:45:27	03:20:37		05:49:28	07:25:42	07:49:19	11:23:49
120	GÓRCZYŃSKI Rafał	716		M40	01:45:35	03:20:43		05:49:40	07:25:59	07:49:56	11:24:00
121	FURTAK Krzysztof	777	KTOŚ MUSI BYĆ OSTATNI	M60	01:47:05	03:36:48		06:05:59	07:43:36	08:02:52	11:37:02
122	JESCHKA Jerry	860		M50	01:48:45	03:37:05		06:11:02	07:48:33	08:17:12	11:45:17
123	KASPERKIEWICZ Filip	736		M40	01:46:53			06:15:38	08:05:26	08:32:22	11:59:52
124	GUZEK Agnieszka	764		K40	01:47:13	03:39:12		06:15:26	08:00:33	08:19:43	12:00:28
125	MASZEWSKA-WACH Mariola	797		K40	01:49:01	03:47:17		06:26:56	08:14:52	08:32:58	12:10:11
125	DZISZKIEWICZ Grzegorz	841		M40	01:48:59	03:47:22		06:25:13	08:14:43	08:33:00	12:10:18
127	SEMENIUK Konrad	729	RZEPIŃSCY BIEGACZE	M30	02:00:15	04:05:45		07:01:58	08:55:07	09:13:40	12:16:20
128	JĘDROWSKI Ryszard	726	ULTRA RZEPIN	M40	02:00:08	04:05:39		07:01:57	08:55:07	09:18:04	13:42:03
129	CIEŚLAK Łukasz	752	CIEŚLAK TEAM	M40	02:00:19	04:06:20		07:02:52	08:56:08	09:18:17	13:42:21
130	SYPNIEWSKA Hanna	847		K60	02:09:53	04:35:29		07:41:45	09:43:21	10:02:46	14:10:24
131	WOŁOSZYN Mariusz	708	FUNDACJA PRZEJŚCIE KOTLINY	M50	01:28:49	02:57:55		04:58:36	06:21:12	06:36:49	
	MIECHUR Bogumił	804	RUNEXTREME	M40	01:15:09 DNF	02:30:56	DNF DNF	DNF	DNF	DNF	DNF
	KINCEL Krzysztof	815		M50	01:28:36 DNF	02:50:21	DNF DNF	DNF	DNF	DNF	DNF

Total 133 results.