



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2024-02-10
Miejsce: Karpniki
Dystans: 60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Szwajcarka 4.5km | Kolorowe Jeziorka 19.5km | Przełęcz Kowarska 38km | Czas netto 60.5km | Czas brutto 60.5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|------------|---------------------------|-----------|------|---------------------|--------------------------------|------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1 | KLINCEWICZ Cezary | 738 | | M40 | 1 | 00:32:55 | 02:03:12 | 04:11:58 | 06:24:47.55 | 06:24:50.90 | | 6:21 | 9.4 (100%) |
| 2 | KITA Michał | 779 | | M40 | 2 | 00:33:37 | 02:06:44 | 04:12:47 | 06:28:40.30 | 06:28:44.20 | +00:03:53 (1.0%) | 6:25 | 9.3 (98.9%) |
| 3 | ŁYJAK Błażej | 754 | BIKESTATS.PL | M40 | 3 | 00:33:08 | 02:03:12 | 04:19:40 | 06:34:48.25 | 06:34:50.75 | +00:09:59 (2.5%) | 6:31 | 9.2 (97.9%) |
| 4 | GONCZARENKO Jarek | 767 | RUN100LOVE | M40 | 4 | 00:33:25 | 02:03:18 | 04:17:28 | 06:41:09.15 | 06:41:12.20 | +00:16:21 (4.1%) | 6:37 | 9 (95.7%) |
| 5 | PETERS Klaudia | 790 | XTRABIKE IBIS BOLESŁAWIEC | K20 | 1 | 00:35:02 | 02:07:45 | 04:20:21 | 06:44:46.70 | 06:44:49.35 | +00:19:58 (4.9%) | 6:41 | 9 (95.7%) |
| 6 | ŻURAW Wiktor | 740 | | M20 | 1 | 00:37:31 | 02:08:51 | 04:19:49 | 06:46:55.85 | 06:47:00.25 | +00:22:09 (5.4%) | 6:43 | 8.9 (94.7%) |
| 7 | WIECZORKIEWICZ Zbigniew | 774 | WEPA PIECHOWICE | M30 | 1 | 00:37:31 | 02:10:33 | 04:24:54 | 07:00:14.05 | 07:00:17.15 | +00:35:26 (8.4%) | 6:56 | 8.6 (91.5%) |
| 8 | SĘK Maciej | 748 | #DWAZOMBIAKI | M40 | 5 | 00:36:45 | 02:15:26 | 04:37:12 | 07:10:44.15 | 07:10:48.95 | +00:45:58 (10.7%) | 7:07 | 8.4 (89.4%) |
| 9 | FARGANUS Robert | 749 | ZABIEGANI Z LEŚNEJ | M40 | 6 | 00:32:07 | 02:10:41 | 04:30:36 | 07:22:10.75 | 07:22:14.40 | +00:57:23 (13.0%) | 7:18 | 8.2 (87.2%) |
| 10 | ADAMSKI Andrzej | 746 | SZYNSZYLA GNIEZNO | M20 | 2 | 00:37:11 | 02:14:12 | 04:45:04 | 07:26:59.25 | 07:27:02.20 | +01:02:11 (13.9%) | 7:23 | 8.1 (86.2%) |
| 11 | KOMENDACKI Dominik | 780 | KGHM ZG RUN | M40 | 7 | 00:36:46 | 02:15:34 | 04:57:22 | 07:28:59.85 | 07:29:04.05 | +01:04:13 (14.3%) | 7:25 | 8.1 (86.2%) |
| 12 | PIOTROWSKI Michał | 730 | #ŻEBERKATEAM | M40 | 8 | 00:37:33 | 02:15:34 | 04:46:38 | 07:36:34.10 | 07:36:41.95 | +01:11:51 (15.7%) | 7:32 | 8 (85.1%) |
| 13 | ZIMKOWSKI Marcin | 770 | KGHM ZG RUN | M40 | 9 | 00:36:47 | 02:15:36 | 04:57:35 | 07:42:52.65 | 07:42:56.55 | +01:18:05 (16.9%) | 7:39 | 7.8 (83.0%) |
| 14 | KUŹMIAK Stanisław | 764 | ULTRA SPAM ŻARY | M40 | 10 | 00:42:14 | 02:28:24 | 05:09:41 | 07:42:43.60 | 07:42:57.25 | +01:18:06 (16.9%) | 7:38 | 7.8 (83.0%) |
| 15 | GÓRSKA Agnieszka | 765 | ULTRA SPAM ŻARY | K40 | 1 | 00:42:15 | 02:28:27 | 05:09:45 | 07:42:44.05 | 07:42:57.60 | +01:18:06 (16.9%) | 7:38 | 7.8 (83.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Kolorowe | | | Czas netto 60.5km | Czas brutto 60.5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|----------------------------------|-----------|------|---------------------|--------------------|------------------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| | | | | | | Szwajcarka 4.5km | Jeziorka 19.5km | Przełęcz Kowarska 38km | | | | | |
| 16 | STEFANIAK Łukasz | 714 | | M40 | 11 | 00:42:24 | 02:24:30 | 05:01:20 | 07:43:32.15 | 07:43:38.70 | +01:18:47 (17.0%) | 7:39 | 7.8 (83.0%) |
| 17 | WŁODARCZYK Krystian | 702 | GRUPA BIEGOWA TRISTONE WAŁBRZYCH | M30 | 2 | 00:44:27 | 02:24:22 | 05:01:11 | 07:46:07.05 | 07:46:19.85 | +01:21:28 (17.5%) | 7:42 | 7.8 (83.0%) |
| 18 | KACZOROWSKA Magdalena | 729 | FREE SOLO | K40 | 2 | 00:39:09 | 02:24:33 | 05:01:14 | 07:47:24.10 | 07:47:27.55 | +01:22:36 (17.7%) | 7:43 | 7.8 (83.0%) |
| 19 | SZONDA Istvan | 786 | | M40 | 12 | 00:44:19 | 02:30:03 | 05:05:41 | 07:57:19.40 | 07:57:38.35 | +01:32:47 (19.4%) | 7:53 | 7.6 (80.9%) |
| 20 | MORAS Daria | 747 | | K30 | 1 | 00:39:36 | 02:23:04 | 05:04:35 | 08:00:44.95 | 08:00:50.50 | +01:35:59 (20.0%) | 7:56 | 7.6 (80.9%) |
| 21 | KRUSZEWSKI Filip | 706 | NOWAK.RUN | M30 | 3 | 00:44:16 | 02:28:31 | 05:10:56 | 08:01:51.35 | 08:02:01.35 | +01:37:10 (20.2%) | 7:57 | 7.5 (79.8%) |
| 22 | WARDZYŃSKI Łukasz | 778 | | M40 | 13 | 00:39:34 | 02:28:34 | 05:14:40 | 08:07:59.00 | 08:08:07.45 | +01:43:16 (21.2%) | 8:03 | 7.4 (78.7%) |
| 23 | PACZUSKI Michał | 782 | | M40 | 14 | 00:44:40 | 02:35:06 | 05:18:51 | 08:13:16.15 | 08:13:23.50 | +01:48:32 (22.0%) | 8:09 | 7.4 (78.7%) |
| 24 | ZDEBSKA Magdalena | 766 | | K30 | 2 | 00:38:38 | 02:23:46 | 05:12:32 | 08:13:33.60 | 08:13:40.25 | +01:48:49 (22.0%) | 8:09 | 7.4 (78.7%) |
| 25 | DUC-SYPOSZ Aureliusz | 735 | | M40 | 15 | 00:40:18 | 02:23:45 | 05:12:28 | 08:13:37.70 | 08:13:45.35 | +01:48:54 (22.1%) | 8:09 | 7.4 (78.7%) |
| 26 | DRZEWIECKA Sylwia | 775 | | K20 | 2 | 00:44:58 | 02:36:16 | 05:20:22 | 08:13:58.25 | 08:14:02.65 | +01:49:11 (22.1%) | 8:09 | 7.3 (77.7%) |
| 27 | MILEWICZ Daniel | 785 | | M40 | 16 | 00:41:37 | 02:32:43 | 05:16:30 | 08:18:16.70 | 08:18:25.80 | +01:53:34 (22.8%) | 8:14 | 7.3 (77.7%) |
| 28 | BIAŁEK Marcin | 781 | SWEET TRAVEL | M40 | 17 | 00:37:36 | 02:23:49 | 05:12:42 | 08:23:16.55 | 08:23:19.10 | +01:58:28 (23.5%) | 8:19 | 7.2 (76.6%) |
| 29 | ANTKOWIAK Monika | 709 | W POGONI ZA MARZENIAMI M&M | K30 | 3 | 00:44:18 | 02:33:26 | 05:21:24 | 08:25:10.85 | 08:25:22.45 | +02:00:31 (23.8%) | 8:20 | 7.2 (76.6%) |
| 30 | ANTKOWIAK Michał | 710 | W POGONI ZA MARZENIAMI M&M | M30 | 4 | 00:44:17 | 02:33:26 | 05:21:26 | 08:25:10.65 | 08:25:22.70 | +02:00:31 (23.8%) | 8:20 | 7.2 (76.6%) |
| 31 | KRZYWDZIŃSKI Bartłomiej | 753 | | M40 | 18 | 00:44:26 | 02:32:44 | 05:26:41 | 08:25:44.70 | 08:25:54.25 | +02:01:03 (23.9%) | 8:21 | 7.2 (76.6%) |
| 32 | STEPAK Włodzimierz | 726 | KB AKTYWNI KONIN | M50 | 1 | 00:43:16 | 02:29:37 | 05:21:14 | 08:25:48.35 | 08:25:54.80 | +02:01:03 (23.9%) | 8:21 | 7.2 (76.6%) |
| 33 | SZEWCZENKO Agnieszka | 752 | | K40 | 3 | 00:44:26 | 02:32:43 | 05:26:36 | 08:32:15.55 | 08:32:23.70 | +02:07:32 (24.9%) | 8:28 | 7.1 (75.5%) |
| 34 | KRÓL Marcin | 789 | | M40 | 19 | 00:44:20 | 02:38:42 | 05:31:07 | 08:36:28.30 | 08:36:34.10 | +02:11:43 (25.5%) | 8:32 | 7 (74.5%) |
| 35 | SZCZĘSNY Maciej | 705 | | M40 | 20 | | | 05:22:55 | 08:37:19.45 | 08:37:27.00 | +02:12:36 (25.6%) | 8:33 | 7 (74.5%) |
| 36 | WOLIŃSKI Jędrzej | 784 | RATEL TEAM | M20 | 3 | 00:43:23 | 02:34:35 | 05:28:22 | 08:38:01.05 | 08:38:16.40 | +02:13:25 (25.7%) | 8:33 | 7 (74.5%) |
| 37 | GAJDOWSKI Przemysław | 704 | | M30 | 5 | 00:44:37 | 02:36:12 | 05:28:25 | 08:38:08.30 | 08:38:16.75 | +02:13:25 (25.7%) | 8:33 | 7 (74.5%) |
| 38 | JANKOWSKI Sebastian | 769 | COKE RUNNERS | M30 | 6 | 00:49:27 | 02:42:04 | 05:32:59 | 08:40:03.10 | 08:40:20.75 | +02:15:29 (26.0%) | 8:35 | 7 (74.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Kolorowe | | | Czas netto 60.5km | Czas brutto 60.5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|------------------------------|-----------|------|---------------------|--------------------|------------------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| | | | | | | Szwajcarka 4.5km | Jeziorka 19.5km | Przełęcz Kowarska 38km | | | | | |
| 39 | DARMETKO Rafał | 745 | | M30 | 7 | 00:49:45 | 02:42:20 | 05:33:23 | 08:41:12.00 | 08:41:13.00 | +02:16:22 (26.2%) | 8:36 | 7 (74.5%) |
| 40 | WOCH Agnieszka | 743 | EKM | K50 | 1 | 00:46:57 | 02:42:44 | 05:39:08 | 08:41:48.65 | 08:41:53.50 | +02:17:02 (26.3%) | 8:37 | 7 (74.5%) |
| 41 | KOPCZYŃSKI Paweł | 777 | | M40 | 21 | 00:57:49 | 02:53:36 | 05:49:42 | 08:53:59.10 | 08:54:22.45 | +02:29:31 (28.0%) | 8:49 | 6.8 (72.3%) |
| 42 | POCHROŃ Marcin | 760 | | M30 | 8 | 00:39:34 | 02:30:35 | 05:32:01 | 08:55:39.45 | 08:55:48.35 | +02:30:57 (28.2%) | 8:51 | 6.8 (72.3%) |
| 43 | KAZUBOWSKA Aleksandra | 761 | | K40 | 4 | 00:45:38 | 02:41:36 | 05:49:42 | 09:00:37.35 | 09:00:41.35 | +02:35:50 (28.8%) | 8:56 | 6.7 (71.3%) |
| 44 | DWORNIKOWSKI Zbigniew | 719 | | M50 | 2 | 00:40:14 | 02:30:14 | 05:39:09 | 09:01:54.25 | 09:02:00.00 | +02:37:09 (29.0%) | 8:57 | 6.7 (71.3%) |
| 45 | GÓRNY Robert | 728 | TIM JEST TIM | M40 | 22 | 00:48:36 | 02:43:15 | 05:47:49 | 09:09:40.65 | 09:09:49.45 | +02:44:58 (30.0%) | 9:05 | 6.6 (70.2%) |
| 46 | DAWISKIBA Krzysztof | 716 | FSD RUN DREZDENKO | M40 | 23 | 00:49:07 | 02:53:42 | 06:07:09 | 09:14:11.70 | 09:14:30.55 | +02:49:39 (30.6%) | 9:09 | 6.6 (70.2%) |
| 47 | MOŁODECKI Paweł | 724 | | M40 | 24 | 00:45:45 | 02:42:36 | 05:49:52 | 09:15:49.95 | 09:15:59.15 | +02:51:08 (30.8%) | 9:11 | 6.5 (69.1%) |
| 48 | TKACZ Łukasz | 756 | | M30 | 9 | 00:49:47 | 02:45:44 | 05:49:27 | 09:19:09.50 | 09:19:30.00 | +02:54:39 (31.2%) | 9:14 | 6.5 (69.1%) |
| 49 | DAWIDZIAK Arkadiusz | 723 | GARMIN WROCŁAW | M30 | 10 | 00:43:35 | 02:47:27 | 05:49:34 | 09:19:35.60 | 09:19:43.30 | +02:54:52 (31.2%) | 9:14 | 6.5 (69.1%) |
| 50 | ROKICKI Piotr | 793 | 5XM4 | M50 | 3 | 00:42:29 | 02:38:07 | 05:52:49 | 09:22:50.25 | 09:22:55.10 | +02:58:04 (31.6%) | 9:18 | 6.4 (68.1%) |
| 51 | KOZICZAK Katarzyna | 771 | | K30 | 4 | 00:48:52 | 02:51:44 | 06:05:35 | 09:29:41.30 | 09:29:50.70 | +03:04:59 (32.5%) | 9:24 | 6.4 (68.1%) |
| 52 | RADZIWOŃ Anna | 736 | GRUPA NIENACHALNIE HEROICZNA | K40 | 5 | 00:49:40 | 02:59:13 | 06:14:46 | 09:31:59.45 | 09:32:08.55 | +03:07:17 (32.7%) | 9:27 | 6.3 (67.0%) |
| 53 | GAŁKA Grzegorz | 763 | | M50 | 4 | 00:49:51 | 02:51:52 | 05:52:15 | 09:33:17.55 | 09:33:24.25 | +03:08:33 (32.9%) | 9:28 | 6.3 (67.0%) |
| 54 | STYK Marek | 717 | | M30 | 11 | 00:48:36 | 02:47:26 | 06:01:45 | 09:38:33.50 | 09:38:39.65 | +03:13:48 (33.5%) | 9:33 | 6.3 (67.0%) |
| 55 | LUBELCZYK Grzegorz | 725 | SPELEOCLUB WROCŁAW | M50 | 5 | 00:48:53 | 02:46:42 | 06:02:11 | 09:39:01.45 | 09:39:14.20 | +03:14:23 (33.6%) | 9:34 | 6.3 (67.0%) |
| 56 | KINCEL Krzysztof | 788 | | M60 | 1 | 00:47:46 | 02:46:31 | 06:04:14 | 09:42:56.50 | 09:43:07.45 | +03:18:16 (34.0%) | 9:38 | 6.2 (66.0%) |
| 57 | LISIAKIEWICZ Bartosz | 718 | | M40 | 25 | 00:50:42 | 02:52:53 | 06:05:00 | 09:45:13.60 | 09:45:19.35 | +03:20:28 (34.3%) | 9:40 | 6.2 (66.0%) |
| 58 | PILIPCZUK Paweł | 703 | | M40 | 26 | 00:50:36 | 02:52:56 | 06:04:48 | 09:45:14.70 | 09:45:19.80 | +03:20:28 (34.3%) | 9:40 | 6.2 (66.0%) |
| 59 | PRUSIEWICZ Bartosz | 733 | | M30 | 12 | 00:49:39 | 02:56:42 | 06:14:30 | 09:48:30.15 | 09:48:44.80 | +03:23:53 (34.6%) | 9:43 | 6.2 (66.0%) |
| 60 | RADZIWOŃ Krzysztof | 742 | GRUPA NIENACHALNIE HEROICZNA | M50 | 6 | 00:51:25 | 03:07:23 | 06:20:11 | 09:53:04.10 | 09:53:16.55 | +03:28:25 (35.1%) | 9:48 | 6.1 (64.9%) |
| 61 | WRZESIŃSKI Łukasz | 757 | POWER&PAKER | M40 | 27 | 00:51:49 | 02:52:02 | 06:13:15 | 09:54:24.90 | 09:54:51.55 | +03:30:00 (35.3%) | 9:49 | 6.1 (64.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Kolorowe | | | Czas netto 60.5km | Czas brutto 60.5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|-----------------------|-----------|------|---------------------|--------------------|------------------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| | | | | | | Szwajcarka 4.5km | Jeziorka 19.5km | Przełęcz Kowarska 38km | | | | | |
| 62 | MARKOWSKI Marek | 768 | KS LENIWIEC | M40 | 28 | 00:50:56 | 03:02:18 | 06:24:00 | 09:59:33.90 | 10:00:01.40 | +03:35:10 (35.9%) | 9:54 | 6.1 (64.9%) |
| 63 | ULATOWSKI Andrzej | 739 | | M50 | 7 | 00:51:39 | 02:55:15 | 06:18:27 | 10:14:51.65 | 10:15:02.55 | +03:50:11 (37.4%) | 10:09 | 5.9 (62.8%) |
| 64 | ROŹNIATA Iwona | 732 | | K50 | 2 | 00:59:00 | 03:21:17 | 06:40:00 | 10:16:34.80 | 10:16:46.20 | +03:51:55 (37.6%) | 10:11 | 5.9 (62.8%) |
| 65 | ROLLA Dorian | 712 | | M40 | 29 | 00:50:42 | 03:01:02 | 06:27:06 | 10:24:08.70 | 10:24:19.95 | +03:59:29 (38.4%) | 10:18 | 5.8 (61.7%) |
| 66 | WOŁOSZYN Mariusz | 787 | | M50 | 8 | 00:49:39 | 03:01:11 | 06:24:15 | 10:25:51.80 | 10:25:59.35 | +04:01:08 (38.5%) | 10:20 | 5.8 (61.7%) |
| 67 | BOBER Dorota | 776 | | K40 | 6 | 00:48:24 | 02:54:39 | 06:39:01 | 10:26:36.85 | 10:26:50.70 | +04:01:59 (38.6%) | 10:21 | 5.8 (61.7%) |
| 68 | KURASIEWICZ Mariusz | 701 | | M40 | 30 | 00:48:25 | 02:54:37 | 06:39:08 | 10:26:43.10 | 10:26:57.55 | +04:02:06 (38.6%) | 10:21 | 5.8 (61.7%) |
| 69 | KLIMCZEWSKI Andrzej | 783 | FOREVER YOUNG ŁÓDŹ | M60 | 2 | 00:49:25 | 03:05:31 | 06:44:30 | 10:30:18.80 | 10:30:25.10 | +04:05:34 (39.0%) | 10:25 | 5.8 (61.7%) |
| 70 | SEMENIUK Konrad | 727 | RZEPIŃSCY BIEGACZE | M30 | 13 | 00:57:13 | 03:12:06 | 06:56:40 | 10:40:48.80 | 10:41:07.95 | +04:16:17 (40.0%) | 10:35 | 5.7 (60.6%) |
| 71 | PLUCHA Michał | 773 | KOWARY BIEGAJĄ | M40 | 31 | 00:54:19 | 03:30:37 | 07:05:45 | 10:45:01.75 | 10:45:24.15 | +04:20:33 (40.4%) | 10:39 | 5.6 (59.6%) |
| 72 | JĘDROWSKI Ryszard | 737 | ULTRA RZEPIN | M40 | 32 | 00:57:11 | 03:12:07 | 06:56:48 | 10:46:25.75 | 10:46:44.90 | +04:21:54 (40.5%) | 10:41 | 5.6 (59.6%) |
| 73 | PRUSIEWICZ Beata | 715 | | K50 | 3 | 00:59:02 | 03:23:12 | 07:01:57 | 11:06:29.15 | 11:06:39.75 | +04:41:48 (42.3%) | 11:00 | 5.4 (57.4%) |
| 74 | SZYMANKIEWICZ Edyta | 762 | CROSS STRACEŃCÓW TEAM | K50 | 4 | 01:02:31 | 03:30:12 | 07:14:45 | 11:10:59.40 | 11:11:12.75 | +04:46:21 (42.7%) | 11:05 | 5.4 (57.4%) |
| 75 | ŚNIEG Paulina | 758 | | K50 | 5 | 01:02:30 | 03:25:13 | 07:05:49 | 11:10:58.95 | 11:11:12.80 | +04:46:21 (42.7%) | 11:05 | 5.4 (57.4%) |
| 76 | PIWOŃSKA Agnieszka | 731 | | K50 | 6 | 01:02:28 | 03:25:13 | 07:05:46 | 11:11:00.95 | 11:11:14.30 | +04:46:23 (42.7%) | 11:05 | 5.4 (57.4%) |
| 77 | GAWRYLUK- KORCZAK Eliza | 755 | | K40 | 7 | 00:59:05 | 03:21:46 | 07:01:10 | 11:21:35.85 | 11:21:57.15 | +04:57:06 (43.6%) | 11:15 | 5.3 (56.4%) |
| 78 | ŻEBRACKI Wojtek | 750 | | M30 | 14 | 00:59:41 | 03:25:34 | 07:11:32 | 11:23:18.75 | 11:23:36.50 | +04:58:45 (43.7%) | 11:17 | 5.3 (56.4%) |
| 79 | WAŚIK Jacek | 772 | CBFS | M60 | 3 | 01:03:02 | 03:29:56 | 07:14:26 | 11:23:37.60 | 11:23:47.50 | +04:58:56 (43.7%) | 11:17 | 5.3 (56.4%) |
| 80 | HEJMOWSKI Sylwester | 707 | BIEGAMYRAZEM.PL | M50 | 9 | 00:59:31 | 03:25:41 | 07:21:07 | 12:18:49.75 | 12:19:02.10 | +05:54:11 (47.9%) | 12:12 | 4.9 (52.1%) |
| 81 | MASZEWSKA- WACH Mariola | 744 | | K40 | 8 | 01:17:42 | 03:55:34 | 08:03:41 | 12:43:14.05 | 12:43:29.10 | +06:18:38 (49.6%) | 12:36 | 4.8 (51.1%) |
| 82 | KITLAS Dariusz | 792 | BSB | M50 | 10 | 01:17:43 | 04:01:08 | 08:03:51 | 12:43:17.65 | 12:43:32.90 | +06:18:42 (49.6%) | 12:36 | 4.8 (51.1%) |
| 83 | KROSIŃSKI Janusz | 741 | WEPA PIECHOWICE | M40 | 33 | 01:02:45 | 03:46:02 | 08:05:50 | 13:41:07.60 | 13:41:24.00 | +07:16:33 (53.1%) | 13:34 | 4.4 (46.8%) |
| | GORZELAŃCZYK Jakub | 759 | MKS SIECHNICE | M30 | | 00:30:10 DNF | DNF | DNF | DNF | DNF | - | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Szwajcarka 4.5km | Kolorowe Jeziora 19.5km | Przełęcz Kowarska 38km | Czas netto 60.5km | Czas brutto 60.5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|------------|---|-----------|------|---------------------|-------------------------------|------------------------------|-------------------------|--------------------------|------|-----------------|---------------|
| | SADOWSKI Paweł | 791 | DZIKIE HUSARSKIE CHORĄGWIE KONSNY RUDAW | M30 | | 00:32:02 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 85 wynik(ów)