



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

RUDAWY ZIMOWY FESTIWAL BIEGOWY
Fundacja Szczyt za Szczytem
2025-02-08
Karpniki
60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad					Czas		Tempo min/km	Tempo km/h	
						Szwajcarka 4.5km	Mniszkowem 11.5km	Kolorowe Jeziorka 19.5km	Przełęcz Kowarska 38km	Strużnica 49km	netto 60.5km	brutto 60.5km			Różn
1	PETERS Klaudia	779		K20	1	00:32:00	01:05:10	01:58:52	04:04:02	05:06:06	06:17:44.10	06:17:46.00		6:14	9.6 (100%)
2	JEDWABNY Piotr	728		M30	1	00:31:21	01:04:13	01:57:08	04:02:44	05:06:45	06:24:03.40	06:24:06.60	+00:06:20 (1.7%)	6:20	9.5 (99.0%)
3	SADOWSKI Paweł	739	GŁODOMOREK RUDAWY ŚNIEŻNA HUSARIA	M30	2	00:31:11	01:04:09	01:57:03	04:07:41	05:22:54	06:50:47.60	06:50:50.20	+00:33:04 (8.0%)	6:47	8.8 (91.7%)
4	GADZIMSKI Michał	792		M40	1	00:31:34	01:04:49	01:57:14	04:17:45	05:32:25	06:54:44.75	06:54:47.20	+00:37:01 (8.9%)	6:51	8.8 (91.7%)
5	KOŁODZIEJ Roman	781	MARCIN ŚWIERC TEAM	M40	2	00:31:42	01:05:03	02:01:36	04:23:38	05:33:06	06:55:30.75	06:55:33.80	+00:37:47 (9.1%)	6:52	8.7 (90.6%)
6	MROTEK Kevin	726		M30	3	00:35:59	01:23:49	02:12:52	04:30:42	05:48:28	07:11:30.90	07:11:33.65	+00:53:47 (12.5%)	7:07	8.4 (87.5%)
7	KOMENDACKI Domik	753	KGHM ZG RUN	M40	3	00:34:08	01:22:32	02:12:53	04:42:23	05:55:05	07:18:54.75	07:19:07.40	+01:01:21 (14.0%)	7:15	8.3 (86.5%)
8	WAŚNIEWSKI Daniel	727	VAMOS RACING TEAM	M30	4	00:36:39	01:23:44	02:12:40	04:43:08	06:02:18	07:25:18.60	07:25:24.60	+01:07:38 (15.2%)	7:21	8.2 (85.4%)
9	DWORNIKOWSKI Zbigniew	708		M50	1	00:37:40	01:26:26	02:14:21	04:44:08	06:03:20	07:35:39.80	07:35:44.10	+01:17:58 (17.1%)	7:31	8 (83.3%)
10	ADAMCZYK Maciej	716	SKS OBORNIKI	M40	4	00:34:07	01:22:45	02:13:06	04:42:58	06:03:12	07:39:31.15	07:39:34.40	+01:21:48 (17.8%)	7:35	7.9 (82.3%)
11	KUŹMIAK Stanisław	773		M40	5	00:40:18	01:35:33	02:25:55	04:58:45	06:16:01	07:40:24.35	07:40:33.40	+01:22:47 (18.0%)	7:36	7.9 (82.3%)
12	PIWOWOŃSKI Paweł	780		M40	6	00:36:16	01:24:36	02:13:48	04:51:49	06:13:24	07:41:13.85	07:41:20.65	+01:23:34 (18.1%)	7:37	7.9 (82.3%)
13	ZIMKOWSKI Marcin	785	KGHM ZG RUN	M40	7	00:35:45	01:22:57	02:12:55	04:45:03	06:07:06	07:41:36.15	07:41:40.65	+01:23:54 (18.2%)	7:37	7.9 (82.3%)
14	GÓRSKA Agnieszka	790		K40	1	00:40:18	01:35:34	02:26:00	04:58:36	06:16:05	07:41:31.40	07:41:41.00	+01:23:55 (18.2%)	7:37	7.9 (82.3%)
15	ZDĄBŁARZ Marcin	717		M40	8	00:43:24	01:35:02	02:28:40	04:57:33	06:13:48	07:44:44.90	07:44:50.40	+01:27:04 (18.7%)	7:40	7.8 (81.3%)
16	JUSZCZAK Łukasz	738		M30	5	00:38:07	01:27:53	02:20:42	04:53:54	06:15:58	07:46:53.35	07:46:57.30	+01:29:11 (19.1%)	7:43	7.8 (81.3%)
17	PIOTROWSKI Michał	758	#ŻEBERKATEAM	M40	9	00:37:54	01:27:11	02:19:17	04:54:01	06:14:00	07:49:31.40	07:49:36.20	+01:31:50 (19.6%)	7:45	7.7 (80.2%)
18	MORAS Daria	747		K30	1	00:37:25	01:25:11	02:13:45	04:45:22	06:13:23	07:52:29.75	07:52:34.85	+01:34:48 (20.1%)	7:48	7.7 (80.2%)
19	WŁODARCZYK Krystian	702	GRUPA BIEGOWA TRISTONE WAŁBRZYCH	M40	10	00:41:04	01:33:24	02:23:54	04:59:21	06:24:52	07:56:37.75	07:56:50.80	+01:39:04 (20.8%)	7:52	7.6 (79.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad					Czas		Różn	Tempo min/km	Tempo km/h
						Szwajcarka 4.5km	Mniszkowem 11.5km	Kolorowe Jeziorka 19.5km	Przełęcz Kowarska 38km	Strużnica 49km	netto 60.5km	brutto 60.5km			
20	WOLIŃSKI Jędrzej	788	RATEL TEAM	M30	6	00:38:11	01:29:11	02:22:11	04:59:42	06:28:00	08:00:52.65	08:00:59.40	+01:43:13 (21.5%)	7:56	7.5 (78.1%)
21	KRZYWDZIŃSKI Bartłomiej	711		M50	2	00:38:23	01:30:44	02:23:06	05:05:14	06:31:09	08:05:58.75	08:06:02.75	+01:48:16 (22.3%)	8:01	7.5 (78.1%)
22	IWANOWSKI Przemysław	775		M40	11	00:36:36	01:25:13	02:14:06	04:59:36	06:31:12	08:10:53.60	08:10:58.25	+01:53:12 (23.1%)	8:06	7.4 (77.1%)
23	SUSMARSKA Ewa	741	TM IRON TEAM	K20	2	00:39:50	01:32:58	02:24:54	05:07:34	06:33:33	08:17:23.45	08:17:29.65	+01:59:43 (24.1%)	8:13	7.3 (76.0%)
24	MACIĄG Grzegorz	706	RZESZÓW	M40	12	00:42:55	01:44:21	02:39:06	05:19:51	06:42:30	08:20:47.75	08:20:54.90	+02:03:08 (24.6%)	8:16	7.2 (75.0%)
25	SZUKAŁA Piotr	719	WKTJ	M40	13	00:44:20	01:37:01	02:30:08	05:20:02	06:47:25	08:20:55.35	08:21:09.55	+02:03:23 (24.6%)	8:16	7.2 (75.0%)
26	HAJNCE Lech	767	ULTRA DZIADY	M40	14	00:41:14	01:34:27	02:26:16	05:15:27	06:42:10	08:24:29.00	08:24:39.40	+02:06:53 (25.1%)	8:20	7.2 (75.0%)
27	RYBARCZYK Ilona	756		K30	2	00:39:52	01:35:21	02:28:36	05:21:18	06:48:07	08:27:53.90	08:27:58.10	+02:10:12 (25.6%)	8:23	7.1 (74.0%)
28	SKUPINSKI Arkadiusz	724	SUDECKI KLUB WYSOKOGÓRSKI	M40	15	00:41:06	01:35:29	02:28:39	05:21:34	06:53:16	08:36:41.95	08:36:53.95	+02:19:07 (26.9%)	8:32	7 (72.9%)
29	PALIŃSKI Bartłomiej	742	ROZBIEGANI CHOJNÓW	M30	7	00:38:46	01:31:46	02:24:33	05:15:08	06:52:51	08:43:10.90	08:43:16.20	+02:25:30 (27.8%)	8:38	6.9 (71.9%)
30	RADZIWOŃ Anna	740	GRUPA NIENACHALNIE HEROICZNA	K40	2	00:45:49	01:44:59	02:45:50	05:39:49	07:05:15	08:44:51.40	08:44:59.85	+02:27:13 (28.0%)	8:40	6.9 (71.9%)
31	ŚWIERKOWSKI Krzysztof	760		M20	1	00:40:43	01:38:45	02:37:59	05:38:12	07:11:35	08:49:25.60	08:49:29.90	+02:31:43 (28.7%)	8:45	6.9 (71.9%)
32	PAPIEROWSKA Dagmara	784	BANICI ULTRA	K40	3	00:46:56	01:44:51	02:43:56	05:39:30	07:07:29	08:50:49.20	08:51:04.70	+02:33:18 (28.9%)	8:46	6.8 (70.8%)
33	MUCHA Adam	731	PORUNNE FURGANIE / ULTRAWAY.PL WOJTEK KOTARBA	M40	16	00:47:10	01:44:46	02:39:05	05:32:56	07:07:20	08:53:24.90	08:53:36.95	+02:35:50 (29.2%)	8:48	6.8 (70.8%)
34	WIĘCEK Andrzej	793	BIEGAM DLA SIEBIE	M40	17	00:40:39	01:33:55	02:28:24	05:21:55	07:05:37	08:56:46.95	08:56:57.80	+02:39:11 (29.6%)	8:52	6.8 (70.8%)
35	STROJEK Grzegorz	718		M50	3	00:38:56	01:34:59	02:33:21	05:38:22	07:14:46	09:07:23.40	09:07:26.90	+02:49:40 (31.0%)	9:02	6.6 (68.8%)
36	MARZEC Dominik	764		M30	8	00:43:24	01:38:44	02:35:59	05:39:26	07:17:15	09:08:08.45	09:08:22.40	+02:50:36 (31.1%)	9:03	6.6 (68.8%)
37	JANIK Mateusz	776		M30	9	00:47:38	01:50:47	02:51:41	06:08:17	07:39:29	09:21:20.80	09:21:35.20	+03:03:49 (32.7%)	9:16	6.5 (67.7%)
38	PAWZUN Bartosz	772	ZRYW PARZYMIECZY MOCNA GRUPA CEZARA	M30	10	00:42:50	01:44:35	02:43:58	05:48:00	07:27:53	09:23:55.45	09:24:03.15	+03:06:17 (33.0%)	9:19	6.4 (66.7%)
39	WYBRANIEC Michał	722	PATO BIEGI	M40	18	00:44:13	01:44:09	02:43:59	05:42:16	07:28:20	09:27:30.90	09:27:46.95	+03:10:00 (33.5%)	9:22	6.4 (66.7%)
40	SOLARSKI Robert	703	STRĄKMAN ADAM SUŁOWSKI	M40	19	00:48:07	01:48:45	02:46:01	05:42:19	07:28:32	09:27:56.90	09:28:04.00	+03:10:18 (33.5%)	9:23	6.4 (66.7%)
41	FOGIEL-PAWŁOWSKA Agnieszka	752		K40	4	00:44:15	01:47:40	02:45:58	05:55:31	07:36:24	09:30:14.80	09:30:29.80	+03:12:43 (33.8%)	9:25	6.4 (66.7%)
42	DAWIDZIAK Wojciech	701		M30	11	00:43:46	01:49:48	02:48:58	05:57:22	07:42:39	09:42:11.75	09:42:19.70	+03:24:33 (35.1%)	9:37	6.2 (64.6%)
43	DAWIDZIAK Arkadiusz	705	GARMIN WROCŁAW	M40	20	00:43:20	01:49:47	02:48:52	05:57:28	07:42:40	09:42:11.80	09:42:19.90	+03:24:33 (35.1%)	9:37	6.2 (64.6%)
44	KOWALCZYK Grzegorz	720	ŻYCIE JAK MUZYKA	M50	4	00:48:52	01:52:00	02:54:25	06:08:08	07:48:02	09:42:51.00	09:43:07.70	+03:25:21 (35.2%)	9:38	6.2 (64.6%)
45	PLUCHA Michał	771		M40	21	00:41:53	01:41:48	02:44:25	05:59:42	07:46:28	09:44:59.80	09:45:11.20	+03:27:25 (35.4%)	9:40	6.2 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad					Czas		Różn	Tempo min/km	Tempo km/h
						Szwajcarka	Mniszkowem	Kolorowe	Przełęcz	Strużnica	netto	brutto			
						4.5km	11.5km	19.5km	38km	49km	60.5km	60.5km			
46	LUBELCZYK Grzegorz	744	SPELEOCLUB WROCŁAW	M50	5	00:47:36	01:50:11	02:53:09	06:03:53	07:47:16	09:46:55.25	09:47:13.80	+03:29:27 (35.7%)	9:42	6.2 (64.6%)
47	RADZIWOŃ Krzysztof	745	GRUPA NIENACHALNIE HEROICZNA	M50	6	00:52:39	01:56:44	03:02:57	06:11:40	07:52:32	09:49:45.15	09:50:01.05	+03:32:15 (36.0%)	9:44	6.2 (64.6%)
48	LEŚNIAK Grzegorz	777	DIRTY SPARROWS	M50	7	00:43:33	01:44:34	02:45:57	06:06:02	07:54:10	09:50:33.65	09:50:39.15	+03:32:53 (36.0%)	9:45	6.1 (63.5%)
49	SKÓRZAŃSKA Agnieszka	714		K40	5	00:47:33	01:49:46	02:50:52	06:08:08	07:47:17	09:52:05.20	09:52:16.90	+03:34:30 (36.2%)	9:47	6.1 (63.5%)
50	PYTKO Jacek	743	1ON1 TEAM	M50	8	00:48:07	01:49:45	02:49:46	06:07:35	07:52:23	09:54:51.45	09:54:57.90	+03:37:11 (36.5%)	9:49	6.1 (63.5%)
51	ZIELINSKI Adam	789		M40	22	00:43:44	01:46:01	02:47:00	05:58:35	07:45:09	10:05:27.75	10:05:41.80	+03:47:55 (37.6%)	10:00	6 (62.5%)
52	BEKAS Jędrzej	734	NIGHT RUNNERS POZNAŃ/BANICI ULTRA	M40	23	00:46:40	01:50:23	02:57:30	06:16:01	08:10:52	10:06:01.45	10:06:16.45	+03:48:30 (37.7%)	10:01	6 (62.5%)
53	HRAB Wojciech	733	STAJNIA CROSSFIT NIGHT RUNNERS	M40	24	00:46:39	01:50:26	02:57:23	06:16:08	08:10:57	10:06:01.40	10:06:16.70	+03:48:30 (37.7%)	10:01	6 (62.5%)
54	OSTASZEWSKI Ireneusz	736		M40	25	00:43:24	01:41:53	02:44:58	06:02:17	07:51:44	10:07:45.50	10:07:51.75	+03:50:05 (37.9%)	10:02	6 (62.5%)
55	JADRYCH Zbigniew	729	NO NAMES	M40	26	00:48:02	01:49:06	02:54:05	06:11:58	08:07:35	10:13:46.85	10:13:56.95	+03:56:10 (38.5%)	10:08	5.9 (61.5%)
56	WRZESIŃSKI Łukasz	757	POWER&PAKER	M40	27	00:47:58	01:47:37	02:46:47	06:08:02	08:07:17	10:18:40.65	10:18:50.20	+04:01:04 (39.0%)	10:13	5.9 (61.5%)
57	STELMACH Piotr	721	BIEGAJĄCE KREJZOLE	M40	28	00:48:03	01:52:04	02:54:37	06:14:25	08:24:09	10:35:26.00	10:35:41.50	+04:17:55 (40.6%)	10:30	5.7 (59.4%)
58	CZYŻYKOWSKI Łukasz	774		M40	29	00:47:11	01:48:27	02:53:52	06:15:24	08:14:06	10:37:56.40	10:38:04.05	+04:20:18 (40.8%)	10:32	5.7 (59.4%)
59	MARKOWSKI Marek	787	KS LENIWIEC	M40	30	00:50:52	02:01:21	03:05:05	06:44:15	08:40:13	10:38:50.65	10:54:12.00	+04:36:26 (42.3%)	10:33	5.7 (59.4%)
60	KRUZEL Rafał	791	BIEGOWE MISIE	M50	9	00:53:01	02:11:33	03:26:36	07:02:56	08:55:55	11:00:55.30	11:01:04.35	+04:43:18 (42.9%)	10:55	5.5 (57.3%)
61	RZEMIŃSKI Robert	783		M50	10	00:47:24	01:50:21	02:52:55	06:30:14	08:40:42	11:07:24.15	11:09:04.40	+04:51:18 (43.5%)	11:01	5.4 (56.3%)
62	FILIPOWICZ Dominik	709		M30	12	00:49:08	01:53:53	02:55:33	06:34:38	08:40:34	11:09:37.80	11:09:45.75	+04:51:59 (43.6%)	11:04	5.4 (56.3%)
63	KOSTYK Grzegorz	713		M40	31	00:49:09	01:54:58	03:04:00	06:34:45	08:40:35	11:09:38.30	11:09:46.00	+04:52:00 (43.6%)	11:04	5.4 (56.3%)
64	JARASZEK Sanjaya	778	JASNA STRONA MOCY	M60	1	00:56:36	02:07:34	03:18:21	07:09:07	09:09:52	11:21:24.70	11:21:35.60	+05:03:49 (44.6%)	11:15	5.3 (55.2%)
65	KOCIEMBA Adrianna	763		K50	1	00:51:34	02:06:57	03:22:45	07:16:06	09:26:54	11:56:50.70	11:56:54.15	+05:39:08 (47.3%)	11:50	5.1 (53.1%)
66	ROBER Dorota	794		K50	2	00:57:39	02:07:54	03:18:11	07:24:28	09:46:48	12:12:01.10	12:12:06.50	+05:54:20 (48.4%)	12:05	5 (52.1%)
67	SADEL Krzysztof	710	CAGNOLINO MAXI	M50	11	00:55:46	02:08:23	03:18:04	07:24:29	09:46:41	12:11:51.75	12:12:08.55	+05:54:22 (48.4%)	12:05	5 (52.1%)
68	PIWOŃSKA Agnieszka	725		K50	3	00:55:15	03:11:48	04:20:46	07:58:35	09:56:27	12:16:50.35	12:17:08.10	+05:59:22 (48.8%)	12:10	4.9 (51.0%)
69	BORKOWSKI Krzysztof	707	BBL LASY BOGDANIEC	M40	32	00:55:48	02:17:16	03:39:58	07:57:09	10:00:18	12:17:27.15	12:17:41.20	+05:59:55 (48.8%)	12:11	4.9 (51.0%)
70	FILIPIAK Sebastian	735	EKIPA LIPA	M40	33	00:55:39	02:11:38	03:29:25	07:30:02	09:49:04	12:21:06.50	12:21:24.40	+06:03:38 (49.0%)	12:14	4.9 (51.0%)
71	KUCHARSKI Waldemar	715		M50	12	00:53:47	03:13:52	04:24:06	08:01:04	10:07:23	12:25:37.80	12:25:53.70	+06:08:07 (49.4%)	12:19	4.9 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad					Czas		Różn	Tempo min/km	Tempo km/h
						Szwajcarka	Mniszkowem	Kolorowe	Przełęcz	Strużnica	netto	brutto			
						4.5km	11.5km	19.5km	38km	49km	60.5km	60.5km			
72	STAWINOGA Sebastian	723		M30	13	00:57:13	03:14:01	04:24:10	08:01:05	10:07:29	12:25:47.25	12:25:54.00	+06:08:08 (49.4%)	12:19	4.9 (51.0%)
73	FRAĆKOWIAK Dominik	786		M30	14	00:51:03	02:01:40	03:19:10	07:29:57	09:49:39	12:28:57.25	12:29:03.70	+06:11:17 (49.6%)	12:22	4.8 (50.0%)
74	ŻURAWSKI Arkadiusz	748		M50	13	00:55:55	02:08:46	03:27:06	07:28:25	09:49:02	12:28:52.70	12:29:06.00	+06:11:20 (49.6%)	12:22	4.8 (50.0%)
75	KOPCZYŃSKA Marta	759	BANICI ULTRA	K30	3	00:53:08	03:12:03	04:21:50	08:04:44	10:10:18	12:33:56.60	12:34:13.75	+06:16:27 (49.9%)	12:27	4.8 (50.0%)
75	ZELICH Łukasz	732		M40	34	00:53:07	03:12:03	04:21:54	08:04:55	10:10:13	12:33:56.45	12:34:13.75	+06:16:27 (49.9%)	12:27	4.8 (50.0%)
77	KOZIEŁ Tadeusz	754	SZCZĘŚCIARZ BIEGA	M30	15	00:55:16	03:17:24	04:33:24	08:26:08	10:25:43	12:43:01.70	12:43:20.55	+06:25:34 (50.5%)	12:36	4.8 (50.0%)
78	GÓRCZYŃSKI Rafał	737		M40	35	00:55:40	02:11:40	03:30:25	07:32:43	10:00:36	12:44:17.80	12:44:36.05	+06:26:50 (50.6%)	12:37	4.7 (49.0%)
79	ZASŁONKA Paweł	755		M30	16	00:55:15	03:17:28	04:33:20	08:26:23	10:25:46	12:45:23.40	12:45:41.45	+06:27:55 (50.7%)	12:39	4.7 (49.0%)
80	ŚNIEG Paulina	766		K50	4	00:53:48	03:14:35	04:33:20	08:26:22	10:28:01	12:55:32.65	12:55:45.50	+06:37:59 (51.3%)	12:49	4.7 (49.0%)
81	MILEWSKA Dominika	768		K40	6	00:53:48	03:14:40	04:33:23	08:26:35	10:28:08	12:55:33.50	12:55:46.40	+06:38:00 (51.3%)	12:49	4.7 (49.0%)
82	KITLAS Darek	769	BSB	M50	14	00:52:36	03:14:38	04:33:20	08:26:48	10:28:06	12:55:38.85	12:55:48.55	+06:38:02 (51.3%)	12:49	4.7 (49.0%)
83	DUNOWSKA Ilona	751	BBL LASY BOGDANIEC	K50	5	00:55:54	02:17:11	03:40:07	08:08:15	10:42:45	13:41:31.35	13:41:42.80	+07:23:56 (54.0%)	13:34	4.4 (45.8%)
84	DUNOWSKI Przemysław	750		M50	15	00:55:52	02:17:13	03:40:04	08:08:09	10:42:57	13:41:39.20	13:41:50.35	+07:24:04 (54.0%)	13:34	4.4 (45.8%)

Znaleziono 84 wynik(ów)