



Event: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organiser: Fundacja Szczyt za Szczytem
Date: 2022-02-19
Place: Karpniki
Distance: 60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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Classification: K40

Place	Participant	Number	Club	Category	MCat	Zamek Bólczów 8km	Kolorowe Jezioro 19.5km	Wielka Kopa 22.5km	Mała Ostra 29km	Rudnik 36km	Przełęcz Kowarska 38km	Starościńskie Skały 56km	Net time 60.5km	Czas brutto 60.5km	Gap	Pace min/km	Pace km/h
1	KOŚCIELNIAK Wioletta	702	RUNNERS TEAM NYSA	K40	1	01:29:54	02:31:47		04:08:29	05:10:45	05:20:23	07:39:48	08:05:14.30	08:05:20.80		8:01	7.5 (100%)
2	BEGASIEWICZ Monika	846	MKL SZCZECIN	K40	2	01:14:54	02:29:13		04:12:03	05:20:39	05:31:27	07:54:40	08:22:25.10	08:22:28.95	+00:17:08 (3.4%)	8:18	7.2 (96.0%)
3	SKORUPIŃSKA Katarzyna	806		K40	3	01:36:56	02:59:54		05:06:58	06:25:40	06:42:22	09:46:30	10:19:42.15	10:19:48.70	+02:14:27 (21.7%)	10:14	5.9 (78.7%)
4	GRAU Joanna	750	KWIDZYN BIEGA	K40	4	01:46:33	03:20:53		05:28:56	06:46:40	07:01:51	09:52:01	10:19:49.70	10:20:09.45	+02:14:48 (21.7%)	10:14	5.9 (78.7%)
5	FICNER Iwona	791	FSD RUN DREZDENKO	K40	5	01:43:56	03:06:51		05:18:27	06:36:46	06:53:36	09:55:16	10:28:21.35	10:28:25.20	+02:23:04 (22.8%)	10:23	5.8 (77.3%)
6	CZURYŃSKA Wioletta	727	POKOCHAJ BIEGANIE	K40	6	01:38:52	03:07:44		05:39:13	06:58:45	07:12:40	10:27:34	11:02:51.35	11:03:01.55	+02:57:40 (26.8%)	10:57	5.5 (73.3%)
7	WOŻNA Magdalena	845	STOWARZYSZENIE NOWE GRANICE	K40	7	01:47:12	03:23:39		05:37:25	07:03:15	07:23:28	10:29:45	11:07:38.05	11:07:50.35	+03:02:29 (27.3%)	11:02	5.4 (72.0%)
8	GUZEK Agnieszka	764		K40	8	01:47:13	03:39:12		06:15:26	08:00:33	08:19:43	12:00:28	12:36:01.00	12:36:17.30	+04:30:56 (35.8%)	12:29	4.8 (64.0%)
9	MASZEWSKA- WACH Mariola	797		K40	9	01:49:01	03:47:17		06:26:56	08:14:52	08:32:58	12:10:11	12:47:38.35	12:48:03.20	+04:42:42 (36.8%)	12:41	4.7 (62.7%)

Total 9 results.