



Event: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organiser: Fundacja Szczyt za Szczytem
Date: 2023-02-18
Place: Karpniki
Distance: 60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	Husyckie Skały 3.5km	4.4km	Szwajcarka 4.5km	Przełęcz Kowarska 38km	Net time 60.5km	Czas brutto 60.5km	Gap	Pace min/km	Pace km/h
1	SADOWSKI Paweł	748		M30	1	00:22:15		00:32:35	04:52:42	07:34:26.95	07:34:32.60		7:30	8 (100%)
2	ADAMSKI Krzysztof	758	JM	M30	2	00:25:11	00:39:13	00:39:39	05:16:01	08:28:46.85	08:28:51.95	+00:54:19 (10.7%)	8:24	7.1 (88.8%)
3	MENDYKA Łukasz	752		M30	3	00:27:53	00:43:12	00:43:36	06:04:15	09:20:28.35	09:20:38.75	+01:46:06 (18.9%)	9:15	6.5 (81.3%)
4	DEINIUK Roman	715		M30	4	00:28:10	00:45:17	00:46:34	06:05:32	09:21:41.25	09:21:53.85	+01:47:21 (19.1%)	9:17	6.5 (81.3%)
5	SMOROWIŃSKI Sebastian	773		M30	5	00:26:55	00:42:07	00:42:46	05:58:14	09:29:40.15	09:29:52.45	+01:55:19 (20.2%)	9:24	6.4 (80.0%)
6	MILEWICZ Daniel	713		M30	6	00:30:24	00:47:47	00:48:50	06:21:46	09:50:22.70	09:51:01.55	+02:16:28 (23.1%)	9:45	6.1 (76.3%)
7	DAWIDZIAK Arkadiusz	728	GARMIN WROCŁAW	M30	7	00:26:35	00:43:16	00:43:45	06:11:29	09:55:08.35	09:55:14.45	+02:20:41 (23.6%)	9:50	6.1 (76.3%)
8	PISARCZYK Grzegorz	765		M30	8	00:27:52	00:43:38	00:45:37	06:35:21	10:33:51.15	10:34:00.65	+02:59:28 (28.3%)	10:28	5.7 (71.3%)
9	SEMENIUK Konrad	747	RZEPIŃSCY BIEGACZE	M30	9	00:33:27	00:50:51	00:54:31	06:51:18	10:34:35.05	10:34:51.45	+03:00:18 (28.4%)	10:29	5.7 (71.3%)
10	ZIEMNIAK Marcin	741		M30	10	00:31:53	00:49:58	00:51:14	07:11:26	11:30:43.00	11:30:54.60	+03:56:22 (34.2%)	11:25	5.3 (66.3%)
	SOWIŃSKI Kamil	737	PRZEDWOJEWSKI TEAM	M30		00:26:50 DNF	00:41:25 DNF	00:41:57 DNF	DNF	DNF	DNF		-	- (0.0%)
	PRAŻANOWSKI Sergiusz	739		M30		00:26:58 DNF	00:42:09 DNF	00:42:46 DNF	DNF	DNF	DNF		-	- (0.0%)

Total 12 results.