



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

RUDAWY ZIMOWY FESTIWAL BIEGOWY
Fundacja Szczyt za Szczytem
2023-02-18
Karpniki
60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Husykie Skały 3.5km	4.4km	Szwajcarka 4.5km	Przełęcz Kowarska 38km	Czas netto 60.5km	Czas brutto 60.5km	Różn	Tempo min/km	Tempo km/h
1	FARGANUS Robert	724	ZABIEGANI Z LEŚNEJ	M40	1	00:22:46		00:35:01	04:37:36	07:14:46.15	07:14:52.15		7:11	8.3 (100%)
2	KOŁODZIEJ Roman	756		M40	2	00:23:00	00:34:49	00:35:30	05:16:33	07:59:45.10	07:59:48.15	+00:44:56 (9.4%)	7:55	7.6 (91.6%)
3	PACZUSKI Michał	762		M40	3	00:27:03	00:42:17	00:42:49	05:22:04	08:14:51.35	08:14:56.90	+01:00:04 (12.1%)	8:10	7.3 (88.0%)
4	STEFANIAK Łukasz	720		M40	4	00:25:42	00:39:43	00:40:09	05:25:55	08:23:27.90	08:23:32.80	+01:08:40 (13.6%)	8:19	7.2 (86.7%)
5	ŁUKASIK Marcin	719	BIEGNIJ OŁAWO	M40	5	00:26:14	00:39:39	00:40:05	05:21:32	08:30:38.45	08:30:44.10	+01:15:51 (14.9%)	8:26	7.1 (85.5%)
6	BIAŁEK Marcin	711	SWEETTRAVEL	M40	6	00:24:49	00:38:36	00:39:03	05:31:11	08:39:43.00	08:39:45.75	+01:24:53 (16.3%)	8:35	7 (84.3%)
7	NOSKI Mariusz	718		M40	7	00:28:17	00:43:42	00:46:00	05:38:28	08:45:02.95	08:45:09.45	+01:30:17 (17.2%)	8:40	6.9 (83.1%)
8	PIOTROWSKI Michał	707	#ZEBERKATEAM	M40	8	00:25:29	00:39:36	00:40:02	05:41:46	09:09:17.25	09:09:26.15	+01:54:34 (20.9%)	9:04	6.6 (79.5%)
9	STEFANIAK Marcin	760		M40	9	00:31:12	00:47:43	00:48:15	06:10:34	09:30:34.85	09:30:49.85	+02:15:57 (23.8%)	9:25	6.4 (77.1%)
10	BEREŻAŃSKI Bartłomiej	757		M40	10	00:31:13	00:47:44	00:48:18	06:10:01	09:30:37.05	09:30:51.90	+02:15:59 (23.8%)	9:25	6.4 (77.1%)
11	JAKUBOWSKI Łukasz	767		M40	11	00:31:12	00:47:54	00:48:33	06:05:28	09:33:13.40	09:33:17.20	+02:18:25 (24.1%)	9:28	6.3 (75.9%)
12	JURDZIAK Jakub	749		M40	12	00:25:36	00:39:33	00:40:00	06:02:41	09:37:05.55	09:37:15.20	+02:22:23 (24.7%)	9:32	6.3 (75.9%)
13	GAWROŃSKI Hubert	738	HUGO	M40	13	00:31:15	00:47:47	00:48:20	06:05:22	09:37:28.30	09:37:44.25	+02:22:52 (24.7%)	9:32	6.3 (75.9%)
14	KRZYWDZIŃSKI Bartłomiej	706		M40	14	00:30:32	00:47:59	00:48:58	06:35:11	10:15:14.70	10:15:54.55	+03:01:02 (29.4%)	10:10	5.9 (71.1%)
15	DEC Mirosław	714	TRUCHT TEAM	M40	15	00:31:33	00:49:55	00:50:54		10:16:49.25	10:16:59.35	+03:02:07 (29.5%)	10:11	5.9 (71.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Husykie			Przełęcz Kowarska 38km	Czas netto 60.5km	Czas brutto 60.5km	Różn	Tempo min/km	Tempo km/h
						3.5km	4.4km	4.5km						
16	PILIPCZUK Paweł	735	POLISH OFFICIAL DRINKING TEAM	M40	16	00:28:36	00:45:11	00:46:03	06:35:32	10:32:04.70	10:32:12.25	+03:17:20 (31.2%)	10:26	5.7 (68.7%)
17	M-SKI Bartosz	726	SPWSZ W SZCZECINIE	M40	17	00:30:00	00:46:47	00:48:29	06:33:15	10:33:00.65	10:33:05.60	+03:18:13 (31.3%)	10:27	5.7 (68.7%)
18	POŁOMSKI Daniel	754		M40	18	00:29:36	00:45:54	00:46:49	06:42:54	10:39:51.15	10:39:59.50	+03:25:07 (32.1%)	10:34	5.7 (68.7%)
19	TENDAJ Marek	751		M40	19	00:26:05	00:40:18	00:41:48	06:25:41	10:40:11.70	10:40:19.45	+03:25:27 (32.1%)	10:34	5.7 (68.7%)
20	LIS Paweł	716		M40	20	00:27:25	00:42:54	00:43:28	06:39:13	10:41:39.70	10:41:50.15	+03:26:58 (32.2%)	10:36	5.7 (68.7%)
21	KUCHMECKI Maciej	703		M40	21	00:31:14	00:49:12	00:50:51	06:59:20	10:51:37.80	10:51:44.95	+03:36:52 (33.3%)	10:46	5.6 (67.5%)
22	STRONIKOWSKI Kamil	771	DRUŻYNA STASIA	M40	22	00:35:09	00:55:21	00:56:21	07:09:07	11:12:04.55	11:12:16.05	+03:57:23 (35.3%)	11:06	5.4 (65.1%)
23	BRONCZAK Tomasz	727	LUBIEPODGORKE	M40	23	00:29:56	00:48:44	00:49:36	07:14:42	11:21:32.60	11:21:46.25	+04:06:54 (36.2%)	11:15	5.3 (63.9%)
24	MARKULAK Marcin	729		M40	24	00:34:11	00:54:24	00:56:06	07:25:57	11:26:20.65	11:26:31.80	+04:11:39 (36.7%)	11:20	5.3 (63.9%)
25	SOBIŁO Marek	734	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M40	25	00:34:13	00:54:26	00:56:04	07:26:06	11:26:20.20	11:26:32.15	+04:11:40 (36.7%)	11:20	5.3 (63.9%)
26	WRZESIŃSKI Łukasz	759	POWER&PAKER	M40	26	00:31:04	00:48:08	00:48:46	07:08:51	11:43:03.45	11:43:19.25	+04:28:27 (38.2%)	11:37	5.2 (62.7%)
27	JĘDROWSKI Ryszard	736	ULTRA RZEPIN	M40	27	00:33:29	00:50:50	00:54:30	08:19:50	13:04:24.85	13:04:41.55	+05:49:49 (44.6%)	12:57	4.6 (55.4%)
28	FELIKSIAK Michał	731		M40	28	00:34:13	00:56:55	00:57:32	08:11:16	13:36:09.20	13:36:27.05	+06:21:34 (46.7%)	13:29	4.4 (53.0%)
29	SOBKA Zbigniew	730	TLD WORLD TEAM	M40	29	00:33:17	00:56:19	00:57:32	08:10:14	13:36:10.50	13:36:27.30	+06:21:35 (46.7%)	13:29	4.4 (53.0%)
30	GIENIECZKO Marcin	769	NO LIMITS SVALBARD EXTREME 2023	M40	30	00:39:26	01:04:47	01:07:29	09:10:00	14:27:23.30	14:27:27.00	+07:12:34 (49.9%)	14:20	4.2 (50.6%)
	ZAKRZEWSKI Paweł	764		M40		00:26:20 DNF	00:41:19 DNF	00:41:55 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 31 wynik(ów)