



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2024-02-10
Miejsce: Karpniki
Dystans: 60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka 4.5km	Kolorowe Jeziora 19.5km	Przełęcz Kowarska 38km	Czas netto 60.5km	Czas brutto 60.5km	Różn	Tempo min/km	Tempo km/h
1	KLINCEWICZ Cezary	738		M40	1	00:32:55	02:03:12	04:11:58	06:24:47.55	06:24:50.90		6:21	9.4 (100%)
2	KITA Michał	779		M40	2	00:33:37	02:06:44	04:12:47	06:28:40.30	06:28:44.20	+00:03:53 (1.0%)	6:25	9.3 (98.9%)
3	ŁYJAK Błażej	754	BIKESTATS.PL	M40	3	00:33:08	02:03:12	04:19:40	06:34:48.25	06:34:50.75	+00:09:59 (2.5%)	6:31	9.2 (97.9%)
4	GONCZARENKO Jarek	767	RUN100LOVE	M40	4	00:33:25	02:03:18	04:17:28	06:41:09.15	06:41:12.20	+00:16:21 (4.1%)	6:37	9 (95.7%)
5	SĘK Maciej	748	#DWAZOMBIAKI	M40	5	00:36:45	02:15:26	04:37:12	07:10:44.15	07:10:48.95	+00:45:58 (10.7%)	7:07	8.4 (89.4%)
6	FARGANUS Robert	749	ZABIEGANI Z LEŚNEJ	M40	6	00:32:07	02:10:41	04:30:36	07:22:10.75	07:22:14.40	+00:57:23 (13.0%)	7:18	8.2 (87.2%)
7	KOMENDACKI Dominik	780	KGHM ZG RUN	M40	7	00:36:46	02:15:34	04:57:22	07:28:59.85	07:29:04.05	+01:04:13 (14.3%)	7:25	8.1 (86.2%)
8	PIOTROWSKI Michał	730	#ŻEBERKATEAM	M40	8	00:37:33	02:15:34	04:46:38	07:36:34.10	07:36:41.95	+01:11:51 (15.7%)	7:32	8 (85.1%)
9	ZIMKOWSKI Marcin	770	KGHM ZG RUN	M40	9	00:36:47	02:15:36	04:57:35	07:42:52.65	07:42:56.55	+01:18:05 (16.9%)	7:39	7.8 (83.0%)
10	KUŹMIAK Stanisław	764	ULTRA SPAM ŻARY	M40	10	00:42:14	02:28:24	05:09:41	07:42:43.60	07:42:57.25	+01:18:06 (16.9%)	7:38	7.8 (83.0%)
11	STEFANIAK Łukasz	714		M40	11	00:42:24	02:24:30	05:01:20	07:43:32.15	07:43:38.70	+01:18:47 (17.0%)	7:39	7.8 (83.0%)
12	SZONDA Istvan	786		M40	12	00:44:19	02:30:03	05:05:41	07:57:19.40	07:57:38.35	+01:32:47 (19.4%)	7:53	7.6 (80.9%)
13	WARDZYŃSKI Łukasz	778		M40	13	00:39:34	02:28:34	05:14:40	08:07:59.00	08:08:07.45	+01:43:16 (21.2%)	8:03	7.4 (78.7%)
14	PACZUSKI Michał	782		M40	14	00:44:40	02:35:06	05:18:51	08:13:16.15	08:13:23.50	+01:48:32 (22.0%)	8:09	7.4 (78.7%)
15	DUC-SYPOSZ Aureliusz	735		M40	15	00:40:18	02:23:45	05:12:28	08:13:37.70	08:13:45.35	+01:48:54 (22.1%)	8:09	7.4 (78.7%)

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16	MILEWICZ Daniel	785		M40	16	00:41:37	02:32:43	05:16:30	08:18:16.70	08:18:25.80	+01:53:34 (22.8%)	8:14	7.3 (77.7%)
17	BIAŁEK Marcin	781	SWEET TRAVEL	M40	17	00:37:36	02:23:49	05:12:42	08:23:16.55	08:23:19.10	+01:58:28 (23.5%)	8:19	7.2 (76.6%)
18	KRZYWDZIŃSKI Bartłomiej	753		M40	18	00:44:26	02:32:44	05:26:41	08:25:44.70	08:25:54.25	+02:01:03 (23.9%)	8:21	7.2 (76.6%)
19	KRÓL Marcin	789		M40	19	00:44:20	02:38:42	05:31:07	08:36:28.30	08:36:34.10	+02:11:43 (25.5%)	8:32	7 (74.5%)
20	SZCZĘSNY Maciej	705		M40	20			05:22:55	08:37:19.45	08:37:27.00	+02:12:36 (25.6%)	8:33	7 (74.5%)
21	KOPCZYŃSKI Paweł	777		M40	21	00:57:49	02:53:36	05:49:42	08:53:59.10	08:54:22.45	+02:29:31 (28.0%)	8:49	6.8 (72.3%)
22	GÓRNY Robert	728	TIM JEST TIM	M40	22	00:48:36	02:43:15	05:47:49	09:09:40.65	09:09:49.45	+02:44:58 (30.0%)	9:05	6.6 (70.2%)
23	DAWISKIBA Krzysztof	716	FSD RUN DREZDENKO	M40	23	00:49:07	02:53:42	06:07:09	09:14:11.70	09:14:30.55	+02:49:39 (30.6%)	9:09	6.6 (70.2%)
24	MOŁODECKI Paweł	724		M40	24	00:45:45	02:42:36	05:49:52	09:15:49.95	09:15:59.15	+02:51:08 (30.8%)	9:11	6.5 (69.1%)
25	LISIAKIEWICZ Bartosz	718		M40	25	00:50:42	02:52:53	06:05:00	09:45:13.60	09:45:19.35	+03:20:28 (34.3%)	9:40	6.2 (66.0%)
26	PILIPCZUK Paweł	703		M40	26	00:50:36	02:52:56	06:04:48	09:45:14.70	09:45:19.80	+03:20:28 (34.3%)	9:40	6.2 (66.0%)
27	WRZESIŃSKI Łukasz	757	POWER&PAKER	M40	27	00:51:49	02:52:02	06:13:15	09:54:24.90	09:54:51.55	+03:30:00 (35.3%)	9:49	6.1 (64.9%)
28	MARKOWSKI Marek	768	KS LENIWIEC	M40	28	00:50:56	03:02:18	06:24:00	09:59:33.90	10:00:01.40	+03:35:10 (35.9%)	9:54	6.1 (64.9%)
29	ROLLA Dorian	712		M40	29	00:50:42	03:01:02	06:27:06	10:24:08.70	10:24:19.95	+03:59:29 (38.4%)	10:18	5.8 (61.7%)
30	KURASIEWICZ Mariusz	701		M40	30	00:48:25	02:54:37	06:39:08	10:26:43.10	10:26:57.55	+04:02:06 (38.6%)	10:21	5.8 (61.7%)
31	PLUCHA Michał	773	KOWARY BIEGAJĄ	M40	31	00:54:19	03:30:37	07:05:45	10:45:01.75	10:45:24.15	+04:20:33 (40.4%)	10:39	5.6 (59.6%)
32	JĘDROWSKI Ryszard	737	ULTRA RZEPIN	M40	32	00:57:11	03:12:07	06:56:48	10:46:25.75	10:46:44.90	+04:21:54 (40.5%)	10:41	5.6 (59.6%)
33	KROSIŃSKI Janusz	741	WEPA PIECHOWICE	M40	33	01:02:45	03:46:02	08:05:50	13:41:07.60	13:41:24.00	+07:16:33 (53.1%)	13:34	4.4 (46.8%)

Znaleziono 33 wynik(ów)