



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

RUDAWY ZIMOWY FESTIWAL BIEGOWY
Fundacja Szczyt za Szczytem
2022-02-19
Karpniki
60.5 km

SZEŚĆDZIESIĄTKA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zamek Bołczów 8km	Kolorowe Jeziora 19.5km	Wielka Kopa 22.5km	Mała Ostra 29km	Rudnik 36km	Przełęcz Kowarska 38km	Starościńskie Skały 56km	Czas netto 60.5km	Czas brutto 60.5km	Różn	Tempo min/km	Tempo km/h
1	KOŚCIELNIAK Wioletta	702	RUNNERS TEAM NYSA	K40	1	01:29:54	02:31:47		04:08:29	05:10:45	05:20:23	07:39:48	08:05:14.30	08:05:20.80		8:01	7.5 (100%)
2	BEGASIEWICZ Monika	846	MKL SZCZECIN	K40	2	01:14:54	02:29:13		04:12:03	05:20:39	05:31:27	07:54:40	08:22:25.10	08:22:28.95	+00:17:08 (3.4%)	8:18	7.2 (96.0%)
3	SZEWCZENKO Agnieszka	730	KLUB BIEGACZA BOLESŁAWIEC	K30	1	01:30:11	02:40:23		04:38:00	05:55:41	06:08:48	08:45:27	09:14:41.10	09:14:45.60	+01:09:24 (12.5%)	9:10	6.5 (86.7%)
4	OLESEK Magdalena	721		K30	2	01:30:18	02:47:15		04:41:42	05:53:31	06:05:52	08:50:47	09:21:09.35	09:21:12.50	+01:15:51 (13.5%)	9:16	6.5 (86.7%)
5	WARZECHA Teresa	731	RANNERS TEAM NYSA	K60	1	01:35:36	02:48:58		04:47:04	06:05:25	06:20:24	09:10:06	09:40:13.65	09:40:21.50	+01:35:00 (16.4%)	9:35	6.3 (84.0%)
6	BEDNAREK Anna	776	SPARTAN TRAINING GROUP WARSZAWA	K30	3	01:40:31	02:58:14		04:56:57	06:15:21	06:32:55	09:22:27	09:47:05.35	09:47:29.25	+01:42:08 (17.4%)	9:42	6.2 (82.7%)
7	BOMBA Alina	734		K30	4	01:39:04	02:58:19		05:08:17	06:25:15	06:41:49	09:42:41	10:16:26.15	10:16:38.25	+02:11:17 (21.3%)	10:11	5.9 (78.7%)
8	SKORUPIŃSKA Katarzyna	806		K40	3	01:36:56	02:59:54		05:06:58	06:25:40	06:42:22	09:46:30	10:19:42.15	10:19:48.70	+02:14:27 (21.7%)	10:14	5.9 (78.7%)
9	GRAU Joanna	750	KWIDZYN BIEGA	K40	4	01:46:33	03:20:53		05:28:56	06:46:40	07:01:51	09:52:01	10:19:49.70	10:20:09.45	+02:14:48 (21.7%)	10:14	5.9 (78.7%)
10	FICNER Iwona	791	FSD RUN DREZDENKO	K40	5	01:43:56	03:06:51		05:18:27	06:36:46	06:53:36	09:55:16	10:28:21.35	10:28:25.20	+02:23:04 (22.8%)	10:23	5.8 (77.3%)
11	CZURYŃSKA Wioletta	727	POKOCHAJ BIEGANIE	K40	6	01:38:52	03:07:44		05:39:13	06:58:45	07:12:40	10:27:34	11:02:51.35	11:03:01.55	+02:57:40 (26.8%)	10:57	5.5 (73.3%)
12	WOŻNA Magdalena	845	STOWARZYSZENIE NOWE GRANICE	K40	7	01:47:12	03:23:39		05:37:25	07:03:15	07:23:28	10:29:45	11:07:38.05	11:07:50.35	+03:02:29 (27.3%)	11:02	5.4 (72.0%)
13	GORZUCH Justyna	795	KW WARSZAWA	K30	5	01:46:30	03:21:25		05:38:03	07:06:58	07:25:27	10:37:29	11:16:15.80	11:16:44.40	+03:11:23 (28.3%)	11:10	5.4 (72.0%)
14	PLEWIŃSKA Oliwia	790	DREAM TEAM	K30	6	01:46:52	03:23:56		05:54:47	07:30:37	07:50:56	11:19:16	11:53:12.70	11:53:21.70	+03:48:00 (32.0%)	11:47	5.1 (68.0%)
15	GUZEK Agnieszka	764		K40	8	01:47:13	03:39:12		06:15:26	08:00:33	08:19:43	12:00:28	12:36:01.00	12:36:17.30	+04:30:56 (35.8%)	12:29	4.8 (64.0%)
16	MASZEWSKA-WACH Mariola	797		K40	9	01:49:01	03:47:17		06:26:56	08:14:52	08:32:58	12:10:11	12:47:38.35	12:48:03.20	+04:42:42 (36.8%)	12:41	4.7 (62.7%)
17	SYPIŃSKA Hanna	847		K60	2	02:09:53	04:35:29		07:41:45	09:43:21	10:02:46	14:10:24	14:47:25.55	14:47:42.00	+06:42:21 (45.3%)	14:40	4.1 (54.7%)

Znaleziono 17 wynik(ów)