

Wydarzenie: Sztafeta Górska 2019
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-04-13
Miejsce: Kudowa-Zdrój
Dystans: 28,7 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Czas netto 28.7km	Czas brutto 28.7km	Różn	Tempo min/km	Tempo km/h
1	KRUPIČKA Robert	1001	SALOMON CZ/WILLA SPA SCALIANO	OPEN	1	02:21:42	02:30:37.25	02:30:37.25		5:14	11.4 (100%)
2	UZNAŃSKI Piotr	1119	PRZYJACIELE PO PROSTU	OPEN	2	02:28:47	02:37:56.10	02:37:56.10	+00:07:18 (4.6%)	5:30	10.9 (95.6%)
3	MAREK Dariusz	1015	MONK SANDALS TEAM	OPEN	3	02:29:19	02:40:45.45	02:40:45.45	+00:10:08 (6.3%)	5:36	10.7 (93.9%)
4	BARANOW Łukasz	1006	INOV8/UD	OPEN	4	02:32:32	02:42:53.55	02:42:53.55	+00:12:16 (7.5%)	5:40	10.6 (93.0%)
5	BIERNAWSKI Piotr	1003	ATTIQ	OPEN	5	02:35:08	02:45:39.75	02:45:39.75	+00:15:02 (9.1%)	5:46	10.4 (91.2%)
6	BONIEC Radosław	1164	ZIELONY LAS	OPEN	6	02:35:57	02:47:03.85	02:47:03.85	+00:16:26 (9.8%)	5:49	10.3 (90.4%)
7	BERAN Jan	1177	HOU HOU HOU	OPEN	7	02:37:41	02:49:02.05	02:49:02.05	+00:18:24 (10.9%)	5:53	10.2 (89.5%)
8	NOWAK Przemysław	1009	SOWIODZIKI	OPEN	8	02:38:01	02:49:13.45	02:49:13.45	+00:18:36 (11.0%)	5:53	10.2 (89.5%)
9	GRAMACKI Szymon	1014	PROJEKT BRACIA	OPEN	9	02:40:15	02:51:09.25	02:51:09.25	+00:20:32 (12.0%)	5:57	10.1 (88.6%)
10	LEŚNIAK Michał	1067	TEAM MOUNTAIN FUEL POLSKA	OPEN	10	02:41:28	02:51:22.00	02:51:22.00	+00:20:44 (12.1%)	5:58	10 (87.7%)
11	WŁODARKIEWICZ Dominik	1004	CITY TRAIL TEAM	OPEN	11	02:41:48	02:51:52.50	02:51:52.50	+00:21:15 (12.4%)	5:59	10 (87.7%)
12	SZCZEŚNIEWSKI Miłosz	1002	SALCO RETRO TEAM 2015	OPEN	12	02:41:19	02:52:04.10	02:52:04.10	+00:21:26 (12.5%)	5:59	10 (87.7%)
13	GORZELAŃCZYK Jakub	1145	TRZEJ RYCERZE	OPEN	13	02:41:05	02:53:31.50	02:53:31.50	+00:22:54 (13.2%)	6:02	9.9 (86.8%)
14	HUDEČEK Jiří	1178	TRANS BRDY TEAM LETY	OPEN	14	02:43:40	02:55:31.55	02:55:31.55	+00:24:54 (14.2%)	6:06	9.8 (86.0%)
15	ŻARECKI Łukasz	1158	PUMY PATAGOŃSKIE	OPEN	15	02:47:09	02:59:56.05	02:59:56.05	+00:29:18 (16.3%)	6:16	9.6 (84.2%)

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16	KAŁUŻNY Adam	1148	SOCIOS SILESIA1	OPEN	16	02:46:54	03:00:51.85	03:00:51.85	+00:30:14 (16.7%)	6:18	9.5 (83.3%)
17	TERZONI Christian	1076	ULTRARAGAZZI	OPEN	17	02:48:15	03:02:49.75	03:02:49.75	+00:32:12 (17.6%)	6:22	9.4 (82.5%)
18	WYRODEK Jakub	1184	TURBOPTYSIE&MICHAŁ-SKALNIK.PL	OPEN	18	02:52:10	03:03:12.60	03:03:12.60	+00:32:35 (17.8%)	6:22	9.4 (82.5%)
19	MILEWSKI Dominik	1113	GĄBIN BIEGA	OPEN	19	02:50:26	03:03:21.15	03:03:21.15	+00:32:43 (17.9%)	6:23	9.4 (82.5%)
20	KOMENDACKI Dominik	1042	SPEED 4 TEAM	OPEN	20	02:50:57	03:04:28.85	03:04:28.85	+00:33:51 (18.4%)	6:25	9.3 (81.6%)
21	KUŹNIAR Paweł	1136	GDZIE MAŻ NIE MOŻE TAM ŻONĘ POŚLE	OPEN	21	02:53:15	03:05:01.40	03:05:01.40	+00:34:24 (18.6%)	6:26	9.3 (81.6%)
22	BEDNARZ Adam	1063	KILOMETERS EATERS TEAM	OPEN	22	02:50:38	03:05:55.90	03:05:55.90	+00:35:18 (19.0%)	6:28	9.3 (81.6%)
23	ŁYJAK Błażej	1181	RMT TEAM ~ RATEMYTRAIL.COM	OPEN	23	02:53:00	03:06:04.10	03:06:04.10	+00:35:26 (19.1%)	6:28	9.3 (81.6%)
24	GUSTAW Łukasz	1183	THE ŁAN TEAM	OPEN	24	02:51:53	03:06:26.85	03:06:26.85	+00:35:49 (19.2%)	6:29	9.2 (80.7%)
25	BARTYZEL Marek	1115	CERBER	OPEN	25	02:55:41	03:07:26.45	03:07:26.45	+00:36:49 (19.6%)	6:31	9.2 (80.7%)
26	MALINOWSKI Mateusz	1095	PO ROBOCIE	OPEN	26	02:56:16	03:08:01.45	03:08:01.45	+00:37:24 (19.9%)	6:33	9.2 (80.7%)
27	LINKOWSKI Michał	1058	OSZUKANI PRZEZ BMI	OPEN	27	02:57:06	03:08:30.50	03:08:30.50	+00:37:53 (20.1%)	6:34	9.1 (79.8%)
28	KRZYSZCZAK Jaromir	1110	STAY INSANE/BIEGUSIEM.PL	OPEN	28	02:54:51	03:08:48.50	03:08:48.50	+00:38:11 (20.2%)	6:34	9.1 (79.8%)
29	MAZURKIEWICZ Jerzy	1018	MISIE PYSIE	OPEN	29	02:57:54	03:09:54.00	03:09:54.00	+00:39:16 (20.7%)	6:37	9.1 (79.8%)
30	MACIĄG Grzegorz	1114	NULLPOINTER	OPEN	30	02:57:34	03:10:14.85	03:10:14.85	+00:39:37 (20.8%)	6:37	9.1 (79.8%)
31	WINIARSKA Katarzyna	1005	FAJNA DRUŻYNA	OPEN	31	02:58:18	03:10:31.45	03:10:31.45	+00:39:54 (20.9%)	6:38	9 (78.9%)
32	KUCHARSKI Przemysław	1055	FREE RUN	OPEN	32	02:59:42	03:13:30.50	03:13:30.50	+00:42:53 (22.2%)	6:44	8.9 (78.1%)
33	MILKOWSKI Rafał	1032	3XM	OPEN	33	03:00:29	03:14:01.05	03:14:01.05	+00:43:23 (22.4%)	6:45	8.9 (78.1%)
34	BEDNARZ Krzysztof	1061	SRC TEAM	OPEN	34	03:00:27	03:14:58.80	03:14:58.80	+00:44:21 (22.8%)	6:47	8.8 (77.2%)
35	DZIĄDZIAK Łukasz	1163	SENTE	OPEN	35	03:00:06	03:15:16.55	03:15:16.55	+00:44:39 (22.9%)	6:48	8.8 (77.2%)
36	NERS Maciej	1199	KINGRUNNERS	OPEN	36	03:03:40	03:16:17.90	03:16:17.90	+00:45:40 (23.3%)	6:50	8.8 (77.2%)
37	SZKODA Dariusz	1064	SOCIOS SILESIA	OPEN	37	03:03:36	03:16:54.70	03:16:54.70	+00:46:17 (23.5%)	6:51	8.7 (76.3%)
38	GWIŹDŹ Marcin	1139	BIEGAMY DOKŁADNIE	OPEN	38	03:04:25	03:18:21.65	03:18:21.65	+00:47:44 (24.1%)	6:54	8.7 (76.3%)

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39	KRAKOWIAK Rafał	1167	KRAKOWIAK TEAM	OPEN	39	03:06:08	03:18:44.00	03:18:44.00	+00:48:06 (24.2%)	6:55	8.7 (76.3%)
40	ZAŁUBSKI Jacek	1070	HARCOWNIK 1	OPEN	40	03:07:16	03:18:55.75	03:18:55.75	+00:48:18 (24.3%)	6:55	8.7 (76.3%)
41	WOWER Bartłomiej	1191	CSC ADVENTURE ACADEMY	OPEN	41	03:06:50	03:19:17.95	03:19:17.95	+00:48:40 (24.4%)	6:56	8.6 (75.4%)
42	PĘCHERZ Piotr	1050	KOWARY BIEGAJĄ	OPEN	42	03:07:07	03:19:28.30	03:19:28.30	+00:48:51 (24.5%)	6:57	8.6 (75.4%)
43	URAMEK Grzegorz	1150	ZAPASIENI TRUCHTACZE	OPEN	43	03:07:42	03:19:44.10	03:19:44.10	+00:49:06 (24.6%)	6:57	8.6 (75.4%)
44	KWIATKOWSKI Przemysław	1138	VICTORIA DOBRZYŃ	OPEN	44	03:05:57	03:19:53.50	03:19:53.50	+00:49:16 (24.6%)	6:57	8.6 (75.4%)
45	MATLOK Marek	1187	SKURCZYBYKI	OPEN	45	03:07:25	03:20:11.20	03:20:11.20	+00:49:33 (24.8%)	6:58	8.6 (75.4%)
46	KOGUT Stanisław	1097	BIEGNIEMY Z ROZUMEM	OPEN	46	03:06:30	03:21:12.25	03:21:12.25	+00:50:35 (25.1%)	7:00	8.6 (75.4%)
47	SZKOŁA Wojciech	1186	NATURAL BORN RUNNERS	OPEN	47	03:08:13	03:21:37.05	03:21:37.05	+00:50:59 (25.3%)	7:01	8.5 (74.6%)
48	RÓŻANOWSKI Łukasz	1084	SZTURM	OPEN	48	03:08:43	03:23:25.35	03:23:25.35	+00:52:48 (26.0%)	7:05	8.5 (74.6%)
49	DĄBROWSKI Kamil	1092	ULTRA FRUSIAKI	OPEN	49	03:09:37	03:23:39.40	03:23:39.40	+00:53:02 (26.0%)	7:05	8.5 (74.6%)
50	BUCHLA Marcin	1028	3W1	OPEN	50	03:11:36	03:24:12.55	03:24:12.55	+00:53:35 (26.2%)	7:06	8.4 (73.7%)
51	JANUSZKO Krzysztof	1104	ŻELAZNA ŚWIDNICA TRI TEAM	OPEN	51	03:11:25	03:25:29.70	03:25:29.70	+00:54:52 (26.7%)	7:09	8.4 (73.7%)
52	SADZIK Robert	1090	ABY DO METY/NEOPROFIL	OPEN	52	03:14:35	03:27:45.20	03:27:45.20	+00:57:07 (27.5%)	7:14	8.3 (72.8%)
53	MICHALAK Maciej	1007	GIZDY PIEROŃSKIE	OPEN	53	03:13:43	03:28:09.05	03:28:09.05	+00:57:31 (27.6%)	7:15	8.3 (72.8%)
54	WITAS Andrzej	1100	BROTHERS IN PAIN	OPEN	54	03:11:45	03:28:40.00	03:28:40.00	+00:58:02 (27.8%)	7:16	8.3 (72.8%)
55	LUBAŃSKI Robert	1159	50 PLUS	OPEN	55	03:14:14	03:29:47.15	03:29:47.15	+00:59:09 (28.2%)	7:18	8.2 (71.9%)
56	ŁAŻNIEWSKI Dawid	1083	SUDECCY D-E-P-TACZE TEAM	OPEN	56	03:16:43	03:30:33.55	03:30:33.55	+00:59:56 (28.5%)	7:20	8.2 (71.9%)
57	NOWAK Wojtek	1020	EXPLORADOR	OPEN	57	03:16:02	03:31:13.45	03:31:13.45	+01:00:36 (28.7%)	7:21	8.2 (71.9%)
58	MYRCHA Mateusz	1173	MIXTURA	OPEN	58	03:18:10	03:32:03.10	03:32:03.10	+01:01:25 (29.0%)	7:23	8.1 (71.1%)
59	MUSIOŁ Michał	1147	KAMIL JEST PIĘKNY	OPEN	59	03:18:14	03:32:17.40	03:32:17.40	+01:01:40 (29.0%)	7:23	8.1 (71.1%)
60	GRYCMAN Łukasz	1169	SPARTA ULTRA TEAM 1	OPEN	60	03:19:37	03:33:17.45	03:33:17.45	+01:02:40 (29.4%)	7:25	8.1 (71.1%)
61	KUNICKI Konrad	1116	NOA 3-PACK	OPEN	61	03:18:45	03:34:05.40	03:34:05.40	+01:03:28 (29.6%)	7:27	8 (70.2%)

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62	GRUDOWSKI Konrad	1013	WAŁY CHROBREGO	OPEN	62	03:18:21	03:34:19.70	03:34:19.70	+01:03:42 (29.7%)	7:28	8 (70.2%)
63	WŁODARCZYK Michał	1035	ASYBEZKASY	OPEN	63	03:20:17	03:34:48.10	03:34:48.10	+01:04:10 (29.9%)	7:29	8 (70.2%)
64	BALCAR Michał	1193	RUNSPORT TEAM	OPEN	64	03:13:59	03:34:51.90	03:34:51.90	+01:04:14 (29.9%)	7:29	8 (70.2%)
65	JACHYM-DREWNIAK Joanna	1129	LADIES TEAM	OPEN	65	03:21:51	03:35:41.05	03:35:41.05	+01:05:03 (30.2%)	7:30	8 (70.2%)
66	GAWĘSKI Maciej	1124	POZKRAKI	OPEN	66	03:22:46	03:37:24.55	03:37:24.55	+01:06:47 (30.7%)	7:34	7.9 (69.3%)
67	PALCZARSKI Marcin	1128	DZIKIE DZIKI GORZÓW	OPEN	67	03:22:28	03:37:45.65	03:37:45.65	+01:07:08 (30.8%)	7:35	7.9 (69.3%)
68	POTOCZNY Łukasz	1065	EUFORIABIEGACZATEM	OPEN	68	03:24:32	03:37:45.95	03:37:45.95	+01:07:08 (30.8%)	7:35	7.9 (69.3%)
69	GRZEBIELUCH Łukasz	1144	LEDWOZIPIA	OPEN	69	03:23:13	03:39:01.15	03:39:01.15	+01:08:23 (31.2%)	7:37	7.9 (69.3%)
70	PRUSISZ Jacek	1027	ZBIEGI	OPEN	70	03:25:00	03:39:08.65	03:39:08.65	+01:08:31 (31.3%)	7:38	7.9 (69.3%)
71	PERENC Michał	1047	HUSARIA RACE TEAM	OPEN	71	03:25:07	03:39:24.20	03:39:24.20	+01:08:46 (31.3%)	7:38	7.8 (68.4%)
72	ZAJĄC Marcin	1156	DA STYGMATYK	OPEN	72	03:23:37	03:40:05.30	03:40:05.30	+01:09:28 (31.6%)	7:40	7.8 (68.4%)
73	BERNAT Marcin	1103	DZIKA WATAHA	OPEN	73	03:20:30	03:40:40.70	03:40:40.70	+01:10:03 (31.7%)	7:41	7.8 (68.4%)
74	WOŁCZEK Przemysław	1044	GRUPA BIEGOWA 'BEZ GRANIC'	OPEN	74	03:24:52	03:40:48.65	03:40:48.65	+01:10:11 (31.8%)	7:41	7.8 (68.4%)
75	BRUMLICHOVA Romana	1200	BEHNY Z CECH	OPEN	75	03:25:14	03:40:59.10	03:40:59.10	+01:10:21 (31.8%)	7:41	7.8 (68.4%)
76	PIOTROWSKI Paweł	1078	PROTON	OPEN	76	03:26:34	03:41:00.80	03:41:00.80	+01:10:23 (31.8%)	7:42	7.8 (68.4%)
77	STEFANIAK Łukasz	1021	ROMEO I JULIE	OPEN	77	03:27:27	03:41:05.05	03:41:05.05	+01:10:27 (31.9%)	7:42	7.8 (68.4%)
78	KORCZYK Jakub	1118	CZASEM NA ASFALCIE	OPEN	78	03:26:20	03:42:23.50	03:42:23.50	+01:11:46 (32.3%)	7:44	7.7 (67.5%)
79	KRZESZOWSKI Marcin	1043	MGM STRZEGOM	OPEN	79	03:27:16	03:43:15.20	03:43:15.20	+01:12:37 (32.5%)	7:46	7.7 (67.5%)
80	LEWANDOWSKI Paweł	1170	PGE RUN OBRÓT	OPEN	80	03:27:22	03:43:20.65	03:43:20.65	+01:12:43 (32.6%)	7:46	7.7 (67.5%)
81	MAGDA Łukasz	1079	3XL	OPEN	81	03:28:51	03:43:31.80	03:43:31.80	+01:12:54 (32.6%)	7:47	7.7 (67.5%)
82	MAJEWSKI Maciej	1098	ULTRAWAPNIAKI	OPEN	82	03:27:09	03:43:38.55	03:43:38.55	+01:13:01 (32.7%)	7:47	7.7 (67.5%)
83	ROJEWSKI Paweł	1166	NIEBEZPIECZNE ZBIEGI	OPEN	83	03:29:09	03:44:36.60	03:44:36.60	+01:13:59 (32.9%)	7:49	7.7 (67.5%)
84	JAROSŁAWSKI Marcin	1154	KB HARCOWNIK 2	OPEN	84	03:25:55	03:44:36.70	03:44:36.70	+01:13:59 (32.9%)	7:49	7.7 (67.5%)

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85	FERENC-SZMUC Edyta	1141	ZAKOCHANE W GÓRACH	OPEN	85	03:30:16	03:44:57.95	03:44:57.95	+01:14:20 (33.0%)	7:50	7.7 (67.5%)
86	BĄK Agata	1146	BUSHIDO	OPEN	86	03:31:19	03:45:10.00	03:45:10.00	+01:14:32 (33.1%)	7:50	7.6 (66.7%)
87	KRYM Katarzyna	1160	AED	OPEN	87	03:29:44	03:45:15.05	03:45:15.05	+01:14:37 (33.1%)	7:50	7.6 (66.7%)
88	KUCZKOWSKI Krzysztof	1049	MERINO MOB	OPEN	88	03:29:10	03:46:41.90	03:46:41.90	+01:16:04 (33.6%)	7:53	7.6 (66.7%)
89	GÓRAJ Janusz	1011	KOPALNIA MOCY	OPEN	89	03:30:25	03:47:33.65	03:47:33.65	+01:16:56 (33.8%)	7:55	7.6 (66.7%)
90	PISINGAS Mariusz	1082	SIŁA MASA MOC KIEŁBASA	OPEN	90	03:30:48	03:48:03.45	03:48:03.45	+01:17:26 (34.0%)	7:56	7.6 (66.7%)
91	MARGASIŃSKI Michał	1132	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	OPEN	91	03:31:32	03:48:29.95	03:48:29.95	+01:17:52 (34.1%)	7:57	7.5 (65.8%)
92	SZELAĞ Sławomir	1165	LISY PUSTYNI	OPEN	92	03:33:09	03:49:08.20	03:49:08.20	+01:18:30 (34.3%)	7:59	7.5 (65.8%)
93	KAŁUŻNY Wojciech Kałużny	1012	NO SUGAR CAFE	OPEN	93	03:35:11	03:49:30.15	03:49:30.15	+01:18:52 (34.4%)	7:59	7.5 (65.8%)
94	DŁUGOŁĘCKI Konrad	1101	POZYTYWNI FURIACI	OPEN	94	03:32:34	03:49:44.45	03:49:44.45	+01:19:07 (34.4%)	8:00	7.5 (65.8%)
95	BONIKOWSKI Tomasz	1036	#DOPORZYGU	OPEN	95	03:35:15	03:49:52.00	03:49:52.00	+01:19:14 (34.5%)	8:00	7.5 (65.8%)
96	ROSOŁOWSKI Grzegorz	1051	G-G-M TEAM	OPEN	96	03:34:54	03:51:15.40	03:51:15.40	+01:20:38 (34.9%)	8:03	7.4 (64.9%)
97	SZYMAŃSKI Marek	1048	GRIZZLY TEAM	OPEN	97	03:34:25	03:51:26.45	03:51:26.45	+01:20:49 (34.9%)	8:03	7.4 (64.9%)
98	MUCHA Piotr	1023	FIZJOTEAM	OPEN	98	03:34:13	03:51:29.75	03:51:29.75	+01:20:52 (34.9%)	8:03	7.4 (64.9%)
99	NOWAK Michał	1089	GOATS GONE WILD	OPEN	99	03:36:22	03:51:38.50	03:51:38.50	+01:21:01 (35.0%)	8:04	7.4 (64.9%)
100	SZANDAŁA Jacek	1106	CAŁA OLEŚNICA BIEGA	OPEN	100	03:37:09	03:52:38.90	03:52:38.90	+01:22:01 (35.3%)	8:06	7.4 (64.9%)
101	KOZIELEWSKI Antoni	1195	RZYĆ CHYŻA GZEGŻÓŁKI I CZYŻA	OPEN	101	03:36:58	03:52:51.45	03:52:51.45	+01:22:14 (35.3%)	8:06	7.4 (64.9%)
102	FEDER Marcin	1059	TROCHĘ SAJKO	OPEN	102	03:37:05	03:53:26.80	03:53:26.80	+01:22:49 (35.5%)	8:08	7.4 (64.9%)
103	SZNAJDER Marcin	1025	MESONDŽI LAJF STAJL	OPEN	103	03:37:06	03:53:31.10	03:53:31.10	+01:22:53 (35.5%)	8:08	7.4 (64.9%)
104	IDZIAK Jakub	1086	DZIKI Z POZNANIA	OPEN	104	03:40:24	03:54:32.15	03:54:32.15	+01:23:54 (35.8%)	8:10	7.3 (64.0%)
105	GNIADK Tomasz	1117	W POGONI ZA KOPYTKIEM	OPEN	105	03:39:15	03:54:45.95	03:54:45.95	+01:24:08 (35.8%)	8:10	7.3 (64.0%)
106	JĘDRYCA Przemek	1171	SPARTA ULTRA TEAM NIEZNISZCZALNI	OPEN	106		03:54:47.90	03:54:47.90	+01:24:10 (35.9%)	8:10	7.3 (64.0%)
107	PUCHACZ Wojciech	1053	UMIŁOWANI W BEKONIE	OPEN	107	03:40:14	03:55:11.40	03:55:11.40	+01:24:34 (36.0%)	8:11	7.3 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Czas netto 28.7km	Czas brutto 28.7km	Różn	Tempo min/km	Tempo km/h
108	WALECZEK Sławomir	1094	HEDONIŚCI	OPEN	108	03:36:46	03:55:12.90	03:55:12.90	+01:24:35 (36.0%)	8:11	7.3 (64.0%)
109	STACHURA Magdalena	1108	CSC ADVENTURE ACADEMY	OPEN	109	03:39:55	03:55:13.05	03:55:13.05	+01:24:35 (36.0%)	8:11	7.3 (64.0%)
110	URBANIAK Hubert	1137	ROZBIEGANY RAWICZ AKUNA RUN	OPEN	110	03:40:52	03:56:58.10	03:56:58.10	+01:26:20 (36.4%)	8:15	7.3 (64.0%)
110	GRAMZA Katarzyna	1017	DZIKIE HUCUŁY	OPEN	111	03:41:00	03:56:58.10	03:56:58.10	+01:26:20 (36.4%)	8:15	7.3 (64.0%)
112	ZIMNY Tomasz	1010	MŁODZI GNIEWNI	OPEN	112	03:39:18	03:57:38.85	03:57:38.85	+01:27:01 (36.6%)	8:16	7.2 (63.2%)
113	TOMASIK Andrzej	1179	FAWORYCI 20 LAT PÓZNIJ	OPEN	113	03:41:23	03:58:12.45	03:58:12.45	+01:27:35 (36.8%)	8:18	7.2 (63.2%)
114	HORNYCHOVA Marie	1135	CESKE HOLKY	OPEN	114	03:42:54	03:58:47.15	03:58:47.15	+01:28:09 (36.9%)	8:19	7.2 (63.2%)
115	MIKOŁAJCZYK Tomasz	1111	EXPLORADOR	OPEN	115	03:41:49	03:59:07.55	03:59:07.55	+01:28:30 (37.0%)	8:19	7.2 (63.2%)
116	KRUPIANIK Tomasz	1056	OSWITZ	OPEN	116	03:41:51	03:59:29.20	03:59:29.20	+01:28:51 (37.1%)	8:20	7.2 (63.2%)
117	GRZESZCZUK Grzegorz	1168	TEAM ZABIEGANEDNI II	OPEN	117	03:44:00	03:59:33.50	03:59:33.50	+01:28:56 (37.1%)	8:20	7.2 (63.2%)
118	RUSOŁ Tomasz	1134	PZPN - POLSKI ZWIĄZEK PRZYJACIÓŁ NADWAGI	OPEN	118	03:43:05	03:59:43.35	03:59:43.35	+01:29:06 (37.2%)	8:21	7.2 (63.2%)
119	GARCZYŃSKI Darek	1077	AKD TEAM	OPEN	119	03:43:37	03:59:43.85	03:59:43.85	+01:29:06 (37.2%)	8:21	7.2 (63.2%)
120	MAKOWSKI Tomasz	1091	JANUSZE ULTRA	OPEN	120	03:41:39	04:00:01.20	04:00:01.20	+01:29:23 (37.2%)	8:21	7.2 (63.2%)
121	URBAŃSKI Michał	1142	FLUNKYBALL TEAM ŁĄDEK-ZDRÓJ	OPEN	121	03:42:16	04:00:42.35	04:00:42.35	+01:30:05 (37.4%)	8:23	7.2 (63.2%)
122	GÓRSKA Agnieszka	1175	ŻARY RUNNERS TEAM	OPEN	122		04:01:12.25	04:01:12.25	+01:30:35 (37.6%)	8:24	7.1 (62.3%)
123	LEKSY Robert	1161	TRAILOWE BIEGI DUCHOWE	OPEN	123	03:42:45	04:01:12.65	04:01:12.65	+01:30:35 (37.6%)	8:24	7.1 (62.3%)
124	GAGAT Bartłomiej	1140	KULAWE PIERONY	OPEN	124	03:43:47	04:02:09.55	04:02:09.55	+01:31:32 (37.8%)	8:26	7.1 (62.3%)
125	MAĆKOWIAK Michał	1008	MAĆKOWIAK TEAM	OPEN	125	03:44:20	04:02:15.20	04:02:15.20	+01:31:37 (37.8%)	8:26	7.1 (62.3%)
126	FRAĆKOWIAK Ewelina	1131	PIASTOWSKI JAR	OPEN	126	03:47:01	04:03:14.70	04:03:14.70	+01:32:37 (38.1%)	8:28	7.1 (62.3%)
127	GAWRON Bartłomiej	1085	FASTER	OPEN	127	03:46:09	04:04:06.50	04:04:06.50	+01:33:29 (38.3%)	8:30	7.1 (62.3%)
128	DETTLAFF Patrycja	1182	GÓRALKI BEZ HALKI	OPEN	128	03:47:56	04:04:31.10	04:04:31.10	+01:33:53 (38.4%)	8:31	7 (61.4%)
129	CZECZOTT Małgorzata	1180	UKA ULTRAS	OPEN	129	03:48:40	04:05:30.90	04:05:30.90	+01:34:53 (38.7%)	8:33	7 (61.4%)
130	PAWLICKI Karol	1062	BAGIENNE DZIKI	OPEN	130	03:49:30	04:05:37.10	04:05:37.10	+01:34:59 (38.7%)	8:33	7 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Czas netto 28.7km	Czas brutto 28.7km	Różn	Tempo min/km	Tempo km/h
131	GAZDA Michał	1071	CONSTRAVIA	OPEN	131	03:52:01	04:09:10.60	04:09:10.60	+01:38:33 (39.6%)	8:40	6.9 (60.5%)
132	BARTOSIEWICZ Adam	1037	GRYFINO TEAM	OPEN	132	03:54:43	04:10:30.75	04:10:30.75	+01:39:53 (39.9%)	8:43	6.9 (60.5%)
133	TRACZYŃSKI Daniel	1096	ICH TROJE	OPEN	133	03:51:35	04:11:09.55	04:11:09.55	+01:40:32 (40.0%)	8:45	6.9 (60.5%)
134	TUCHOŁKA Marta	1197	UMIŁOWANI W TOFUROŻKU	OPEN	134	03:54:19	04:11:31.85	04:11:31.85	+01:40:54 (40.1%)	8:45	6.8 (59.6%)
135	CISZYŃSKI Marek	1133	GOSIAMAREKJAKUB	OPEN	135	03:58:06	04:11:52.80	04:11:52.80	+01:41:15 (40.2%)	8:46	6.8 (59.6%)
136	JĘDRASZEK Alicja	1026	IRONGIRLS	OPEN	136	03:54:51	04:11:54.55	04:11:54.55	+01:41:17 (40.2%)	8:46	6.8 (59.6%)
137	BARSZCZ Bartosz	1143	RADOMSKIE WARCHOŁY	OPEN	137	03:51:28	04:12:06.00	04:12:06.00	+01:41:28 (40.3%)	8:47	6.8 (59.6%)
138	NYKIEL Artur	1030	BEZ NAZWY :)	OPEN	138	03:57:00	04:13:40.15	04:13:40.15	+01:43:02 (40.6%)	8:50	6.8 (59.6%)
139	KAPAŁKA Adrian	1190	NATALIA TOMASIAK GÓRSKI STYL	OPEN	139	03:58:18	04:14:11.85	04:14:11.85	+01:43:34 (40.7%)	8:51	6.8 (59.6%)
140	SOWA Maciej	1045	KIBOLSKI KS	OPEN	140	03:59:48	04:14:52.40	04:14:52.40	+01:44:15 (40.9%)	8:52	6.8 (59.6%)
141	BIERNACKA Katarzyna	1196	SAMOZWAŃCZY FUNCLUB PIOTRKA HERCOGA	OPEN	141	03:58:17	04:14:56.95	04:14:56.95	+01:44:19 (40.9%)	8:52	6.8 (59.6%)
142	NIMSZ Kamila	1031	HARCOWNICZKI	OPEN	142	03:58:04	04:15:08.20	04:15:08.20	+01:44:30 (41.0%)	8:53	6.7 (58.8%)
143	KOTKOWSKI Arthur	1052	#TEAMKRÓLAK	OPEN	143	04:00:04	04:16:51.75	04:16:51.75	+01:46:14 (41.4%)	8:56	6.7 (58.8%)
144	GRYCMAN Magdalena	1174	SPARTA ULTRA TEAM DĘBOWY I DZIEWCZYNY	OPEN	144	03:59:30	04:17:22.75	04:17:22.75	+01:46:45 (41.5%)	8:58	6.7 (58.8%)
145	KONIECZNY Andrzej	1088	ORŁY AGNIESZKI- OBY DO METY	OPEN	145	04:02:01	04:19:10.85	04:19:10.85	+01:48:33 (41.9%)	9:01	6.6 (57.9%)
146	PASZKIEWICZ Maciej	1151	RAM	OPEN	146	04:00:55	04:19:56.45	04:19:56.45	+01:49:19 (42.1%)	9:03	6.6 (57.9%)
147	STOLARZ Jędrzej	1157	3 PIERONY	OPEN	147	04:01:04	04:21:20.50	04:21:20.50	+01:50:43 (42.4%)	9:06	6.6 (57.9%)
148	BADOWSKI Rafał	1185	MUKAINADA RUNNING TEAM	OPEN	148	04:04:12	04:22:15.10	04:22:15.10	+01:51:37 (42.6%)	9:08	6.6 (57.9%)
149	REGULSKA Monika	1072	ULTRAGRAŻYNY	OPEN	149	04:04:39	04:22:38.35	04:22:38.35	+01:52:01 (42.7%)	9:09	6.6 (57.9%)
150	MARCINIAK Janusz	1024	3 MUSHKIETERY	OPEN	150	04:06:31	04:22:51.70	04:22:51.70	+01:52:14 (42.7%)	9:09	6.6 (57.9%)
151	HRAB Wojciech	1073	TAŃCZĄCA Z DZIKAMI	OPEN	151		04:22:55.90	04:22:55.90	+01:52:18 (42.7%)	9:09	6.5 (57.0%)
152	GARWOL Justyna	1022	OPOLE BIEGA	OPEN	152	04:03:44	04:23:03.50	04:23:03.50	+01:52:26 (42.7%)	9:09	6.5 (57.0%)
153	OPAŁA Krzysztof	1189	TRAILOWE BIEGIDUCHOWE	OPEN	153	04:04:28	04:23:07.60	04:23:07.60	+01:52:30 (42.8%)	9:10	6.5 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 28.7km	brutto 28.7km			
154	MALCHER Łukasz	1123	CHYBA DOBIEGNIEMY	OPEN	154	04:06:11	04:24:15.75	04:24:15.75	+01:53:38 (43.0%)	9:12	6.5 (57.0%)
155	WŁODARCZYK Łukasz	1107	ARCYWROGOWIE	OPEN	155	04:06:15	04:25:32.00	04:25:32.00	+01:54:54 (43.3%)	9:15	6.5 (57.0%)
156	MŁYNARCZYK Krzysztof	1016	FIZJOBIEGACZE	OPEN	156	04:05:02	04:25:49.75	04:25:49.75	+01:55:12 (43.3%)	9:15	6.5 (57.0%)
157	LECH Agnieszka	1057	BEZGRANIC	OPEN	157	04:08:55	04:27:43.65	04:27:43.65	+01:57:06 (43.7%)	9:19	6.4 (56.1%)
158	JANKOWSKI Krzysztof	1130	DEBIUTANCI AWF	OPEN	158	04:06:58	04:27:43.80	04:27:43.80	+01:57:06 (43.7%)	9:19	6.4 (56.1%)
159	CWOJDZIŃSKI Piotr	1099	NO PROBLAMA	OPEN	159	04:10:16	04:28:39.65	04:28:39.65	+01:58:02 (43.9%)	9:21	6.4 (56.1%)
160	DWORCZAK Małgorzata	1105	PETARDA TEAM	OPEN	160	04:09:06	04:28:53.85	04:28:53.85	+01:58:16 (44.0%)	9:22	6.4 (56.1%)
161	KADŁUBOWSKI Piotr	1125	KOTWICA BRZEG	OPEN	161	04:09:32	04:29:14.65	04:29:14.65	+01:58:37 (44.1%)	9:22	6.4 (56.1%)
162	MATYASZEK Marek	1188	3XM	OPEN	162	04:11:36	04:29:24.95	04:29:24.95	+01:58:47 (44.1%)	9:23	6.4 (56.1%)
163	STĘPIEŃ Tomasz	1093	ABYDOMETY2+1	OPEN	163	04:11:50	04:29:43.00	04:29:43.00	+01:59:05 (44.2%)	9:23	6.4 (56.1%)
164	KUŻEL Adrian	1102	AKS	OPEN	164	04:09:18	04:30:09.00	04:30:09.00	+01:59:31 (44.2%)	9:24	6.4 (56.1%)
165	ZARODA Zbyszek	1034	SUPER TRIO	OPEN	165	04:13:07	04:31:29.55	04:31:29.55	+02:00:52 (44.5%)	9:27	6.3 (55.3%)
166	KOZIOŁ Artur	1162	ZESRAM SIĘ A NIE DAM SIĘ	OPEN	166	04:13:26	04:31:36.35	04:31:36.35	+02:00:59 (44.5%)	9:27	6.3 (55.3%)
167	SAMBORSKI Bartosz	1127	WKURW_TEAM WARSZAWA	OPEN	167	04:13:33	04:32:10.70	04:32:10.70	+02:01:33 (44.7%)	9:28	6.3 (55.3%)
168	WINKOWSKA-STRUZIK Magdalena	1069	KOZICE KAWY	OPEN	168	04:14:12	04:32:52.25	04:32:52.25	+02:02:15 (44.8%)	9:30	6.3 (55.3%)
169	LUBAŃSKI Mateusz	1029	TEAM ZABIEGANEDNI	OPEN	169	04:14:32	04:34:39.70	04:34:39.70	+02:04:02 (45.2%)	9:34	6.3 (55.3%)
170	SALDACZ Maciej	1087	DZIKIE DZIKI 3	OPEN	170	04:16:06	04:35:36.00	04:35:36.00	+02:04:58 (45.3%)	9:36	6.2 (54.4%)
171	CZERMAK Patryk	1172	ZAKOCHAJ SIE W BIEGANIU	OPEN	171	04:17:35	04:35:45.70	04:35:45.70	+02:05:08 (45.4%)	9:36	6.2 (54.4%)
172	WOŻNA Magdalena	1192	STOWARZYSZENIE NOWE GRANICE	OPEN	172	04:19:56	04:37:53.90	04:37:53.90	+02:07:16 (45.8%)	9:40	6.2 (54.4%)
173	WASZYK Anita	1198	MUAY RUNNING TEAM	OPEN	173	04:20:22	04:37:59.85	04:37:59.85	+02:07:22 (45.8%)	9:41	6.2 (54.4%)
174	KURKOWIAK Krzysztof	1046	WKURW_TEAM	OPEN	174	04:23:03	04:39:39.60	04:39:39.60	+02:09:02 (46.1%)	9:44	6.2 (54.4%)
175	GRACZ Krzysztof	1152	DZIKI TRZY	OPEN	175	04:21:34	04:40:57.40	04:40:57.40	+02:10:20 (46.4%)	9:47	6.1 (53.5%)
176	GRABOWICZ Paweł	1153	GRANINO	OPEN	176	04:20:35	04:42:23.40	04:42:23.40	+02:11:46 (46.7%)	9:50	6.1 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Czas netto 28.7km	Czas brutto 28.7km	Różn	Tempo min/km	Tempo km/h
177	CZERWIŃSKI Rafał	1120	DZIKI OLEŚNICA	OPEN	177	04:25:39	04:43:29.05	04:43:29.05	+02:12:51 (46.9%)	9:52	6.1 (53.5%)
178	MIGDAŁ Adrian	1019	ANIOŁKI CHARLIEGO	OPEN	178	04:25:27	04:44:23.20	04:44:23.20	+02:13:45 (47.0%)	9:54	6.1 (53.5%)
179	STAWIARSKA Katarzyna	1194	KARPACZ SPORT / KOWARY BIEGAJĄ	OPEN	179	04:25:15	04:44:28.70	04:44:28.70	+02:13:51 (47.1%)	9:54	6.1 (53.5%)
180	DAMASIEWICZ Paula	1176	SPARTA ULTRA TEAM ZMIXOWANI	OPEN	180	04:25:15	04:46:32.50	04:46:32.50	+02:15:55 (47.4%)	9:59	6 (52.6%)
181	RYCHTYK Dawid	1038	JEŻYKI	OPEN	181	04:25:57	04:46:50.60	04:46:50.60	+02:16:13 (47.5%)	9:59	6 (52.6%)
182	STOKŁOSA Michał	1033	CAPGEMINI	OPEN	182	04:26:49	04:47:58.00	04:47:58.00	+02:17:20 (47.7%)	10:02	6 (52.6%)
183	BIERNACIK Piotr	1121	KUDOWSCY MIŁOŚNICY BIEGANIA	OPEN	183	04:39:51	04:58:36.75	04:58:36.75	+02:27:59 (49.6%)	10:24	5.8 (50.9%)
184	MARCINIAK Maciej	1074	MÓJPIERWSZYRAZ-MPR	OPEN	184	04:04:02	05:08:19.70	05:08:19.70	+02:37:42 (51.1%)	10:44	5.6 (49.1%)
185	SIMIŃSKI Maciej	1112	GRALNIATEAM	OPEN	185	04:51:33	05:11:28.70	05:11:28.70	+02:40:51 (51.6%)	10:51	5.5 (48.2%)
186	CIERACH Agnieszka	1109	GORZOWSCY DEBIUTANCI	OPEN	186	04:52:43	05:13:40.05	05:13:40.05	+02:43:02 (52.0%)	10:55	5.5 (48.2%)
187	HARNIK Michał	1068	KOPALNIA MOCY TARNOBRZEG	OPEN	187	04:54:50	05:14:32.25	05:14:32.25	+02:43:55 (52.1%)	10:57	5.5 (48.2%)
188	HAŁA Marta	1075	DZIEWCZYNY Z TARNOWO PODGÓRNE BIEGA	OPEN	188	04:56:06	05:16:41.30	05:16:41.30	+02:46:04 (52.4%)	11:02	5.4 (47.4%)
189	WASZKIEWICZ Joanna	1054	KOZICE TURYSTYCZNE	OPEN	189	05:14:20	05:33:12.25	05:33:12.25	+03:02:35 (54.8%)	11:36	5.2 (45.6%)
190	KRZYŻEWSKI Roger	1060	BESKIDZKIE EKLERKI	OPEN	190	05:16:11	05:34:32.70	05:34:32.70	+03:03:55 (55.0%)	11:39	5.1 (44.7%)
	GRZELCZAK Tomasz	1041	POLISH MEDICAL MISSION 2	OPEN		05:31:58 DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 191 wynik(ów)