

**Wydarzenie:** Kudowski Festiwal Biegowy 2022  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2022-04-09  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 25 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Pod Hvezda 28.2km	Czas netto 29.2km	Czas brutto 29.2km	Różn	Tempo min/km	Tempo km/h
1	<b>FEJFAR Ondřej</b>	<b>1164</b>	KALOKAGATHIA ALIANCE	OPEN	1	00:57:33	01:26:01	02:37:56	<b>02:44:42.90</b>	<b>02:44:42.90</b>		5:38	10.6 (100%)
2	<b>NÁPRAVNÍK Jan</b>	<b>1051</b>		OPEN	2	00:58:03	01:26:04	02:38:06	<b>02:45:48.45</b>	<b>02:45:48.45</b>	+00:01:05 (0.7%)	5:40	10.6 (100%)
3	<b>SOCZOMSKI Grzegorz</b>	<b>1183</b>	COCCOLINO TEDDYS	OPEN	3	00:57:44	01:28:12	02:43:20	<b>02:51:30.50</b>	<b>02:51:30.50</b>	+00:06:47 (4.0%)	5:52	10.2 (96.2%)
4	<b>KARWACZYŃSKI Roger</b>	<b>1129</b>		OPEN	4	01:01:30	01:31:35	02:47:37	<b>02:55:22.65</b>	<b>02:55:22.65</b>	+00:10:39 (6.1%)	6:00	10 (94.3%)
5	<b>BONIEC Radosław</b>	<b>1185</b>	NADLEŚNICTWO LIPINKI	MIX	1	01:00:24	01:30:39	02:47:18	<b>02:55:42.05</b>	<b>02:55:42.05</b>	+00:10:59 (6.3%)	6:01	10 (94.3%)
6	<b>GARBOWSKI Krzysztof</b>	<b>1006</b>	LKS ZANTYR SZTUM	OPEN	5		01:26:06		<b>02:56:21.35</b>	<b>02:56:21.35</b>	+00:11:38 (6.6%)	6:02	9.9 (93.4%)
7	<b>GRUDZIĘŃ Kamil</b>	<b>1182</b>	BANDA GRUDNIA	OPEN	6	01:02:00	01:31:56	02:51:22	<b>02:59:55.10</b>	<b>02:59:55.10</b>	+00:15:12 (8.5%)	6:09	9.7 (91.5%)
8	<b>SMOLIŃSKI Marcin</b>	<b>1076</b>	#STAJNIAKTEAM	MIX	2	01:03:06	01:33:02	02:51:43	<b>03:01:16.35</b>	<b>03:01:16.35</b>	+00:16:33 (9.1%)	6:12	9.7 (91.5%)
9	<b>PARIS Nicola</b>	<b>1144</b>		OPEN	7	00:58:19	01:33:26	02:55:02	<b>03:03:25.25</b>	<b>03:03:25.25</b>	+00:18:42 (10.2%)	6:16	9.6 (90.6%)
10	<b>JAGIELSKI Łukasz</b>	<b>1174</b>	LESZ NO LIMITS RUNNERS	OPEN	8	01:00:49	01:31:39	02:58:05	<b>03:06:37.10</b>	<b>03:06:37.10</b>	+00:21:54 (11.7%)	6:23	9.4 (88.7%)
11	<b>WILK Maciej</b>	<b>1104</b>	RAMBO 3	MIX	3	01:03:22	01:34:41	03:01:14	<b>03:10:25.95</b>	<b>03:10:25.95</b>	+00:25:43 (13.5%)	6:31	9.2 (86.8%)
12	<b>PIECHA Artur</b>	<b>1197</b>	ADRUNALINE	OPEN	9	01:08:06	01:43:12	03:07:16	<b>03:16:32.85</b>	<b>03:16:32.85</b>	+00:31:49 (16.2%)	6:43	8.9 (84.0%)
13	<b>JAKUBCZYK Paweł</b>	<b>1038</b>	VEGE RUNNERS	MIX	4	01:08:35	01:43:08	03:09:19	<b>03:18:29.75</b>	<b>03:18:29.75</b>	+00:33:46 (17.0%)	6:47	8.8 (83.0%)
14	<b>ŁYJAK Błażej</b>	<b>1176</b>		OPEN	10		01:43:22	03:08:36	<b>03:18:40.90</b>	<b>03:18:40.90</b>	+00:33:58 (17.1%)	6:48	8.8 (83.0%)
15	<b>BANASZEK Adam</b>	<b>1156</b>		OPEN	11		01:44:36	03:10:29	<b>03:19:28.45</b>	<b>03:19:28.45</b>	+00:34:45 (17.4%)	6:49	8.8 (83.0%)

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16	STACHURA Damian	1179		MIX	5		01:40:45	03:11:49	03:20:38.55	03:20:38.55	+00:35:55 (17.9%)	6:52	8.7 (82.1%)
17	SADOWSKI Robert	1135	SBRT WROCŁAW	MIX	6	01:04:33	01:38:12	03:11:18	03:21:21.85	03:21:21.85	+00:36:38 (18.2%)	6:53	8.7 (82.1%)
18	WINIARSKA Katarzyna	1065		KOBIETY	1	01:10:56	01:45:25	03:12:32	03:21:45.90	03:21:45.90	+00:37:03 (18.4%)	6:54	8.7 (82.1%)
19	KOSTERKIEWICZ Marcin	1027		OPEN	12	01:07:37	01:44:27	03:13:18	03:22:36.40	03:22:36.40	+00:37:53 (18.7%)	6:56	8.6 (81.1%)
20	DUCZMAL Dominika	1184	140MINUT	KOBIETY	2		01:45:05	03:14:36	03:24:21.05	03:24:21.05	+00:39:38 (19.4%)	6:59	8.6 (81.1%)
21	JANUSZKO Krzysztof	1010		MIX	7	01:11:07	01:45:57	03:14:31	03:24:31.80	03:24:31.80	+00:39:48 (19.5%)	7:00	8.6 (81.1%)
22	JACKOWIAK Szymon	1143	RUNNER'S POWER	OPEN	13	01:11:24	01:46:09	03:15:10	03:25:32.45	03:25:32.45	+00:40:49 (19.9%)	7:02	8.5 (80.2%)
23	BUJAŁA Michał	1195	DABEX BOLT	MIX	8	01:07:52	01:40:41	03:18:01	03:29:04.20	03:29:04.20	+00:44:21 (21.2%)	7:09	8.4 (79.2%)
24	DZIĄDZIAK Łukasz	1142	SENTE	OPEN	14	01:11:50	01:44:02	03:16:59	03:29:13.15	03:29:13.15	+00:44:30 (21.3%)	7:09	8.4 (79.2%)
25	GRABIŃSKI Wojciech	1089	#BIEGIEMWLAS	MIX	9		01:43:52	03:20:48	03:30:55.15	03:30:55.15	+00:46:12 (21.9%)	7:13	8.3 (78.3%)
26	SKROBAŃSKI Roman	1005	BIEGAM BO CHCĘ	MIX	10	01:14:54	01:50:10	03:21:09	03:31:07.35	03:31:07.35	+00:46:24 (22.0%)	7:13	8.3 (78.3%)
27	BARTYZEL Marek	1031		MIX	11	01:15:02	01:50:30	03:21:57	03:31:44.10	03:31:44.10	+00:47:01 (22.2%)	7:15	8.3 (78.3%)
28	BERG Aleksander	1189		MIX	12	01:11:48	01:46:22	03:21:38	03:32:13.20	03:32:13.20	+00:47:30 (22.4%)	7:16	8.3 (78.3%)
29	SCHWITALLA Adrian	1136		MIX	13	01:14:02	01:50:06		03:34:18.80	03:34:18.80	+00:49:35 (23.1%)	7:20	8.2 (77.4%)
30	KOZANECKI Przemysław	1061		MIX	14	01:11:36	01:45:13	03:23:02	03:34:59.85	03:34:59.85	+00:50:16 (23.4%)	7:21	8.1 (76.4%)
31	KOPYCZOK Michał	1035		OPEN	15	01:14:02	01:49:49	03:26:22	03:36:56.75	03:36:56.75	+00:52:13 (24.1%)	7:25	8.1 (76.4%)
32	PELEC Albert	1056	TEAM BIEGANIE NA ŚNIADANIE	OPEN	16		01:46:18	03:26:01	03:37:26.60	03:37:26.60	+00:52:43 (24.2%)	7:26	8.1 (76.4%)
33	KRAJEWSKI Wojciech	1036		OPEN	17		01:51:18	03:27:41	03:37:39.05	03:37:39.05	+00:52:56 (24.3%)	7:27	8 (75.5%)
34	ZAKRZYŃSKI Paweł	1192	CSC ADVENTURE ACADEMY	MIX	15		01:46:05	03:27:16	03:38:44.30	03:38:44.30	+00:54:01 (24.7%)	7:29	8 (75.5%)
35	SZYMAŃSKI Paweł	1153	FIZJOBIEGACZE SZCZECIN	MIX	16	01:06:16	01:43:09	03:28:59	03:39:19.35	03:39:19.35	+00:54:36 (24.9%)	7:30	8 (75.5%)
36	PAPRZYCKI Rafał	1067		MIX	17	01:16:08		03:29:25	03:40:04.90	03:40:04.90	+00:55:22 (25.2%)	7:32	8 (75.5%)
37	BEDNARCZYK Magdalena	1043	STRZEGOMSKA DWUNASTKA	KOBIETY	3	01:12:19	01:51:47	03:33:15	03:43:14.30	03:43:14.30	+00:58:31 (26.2%)	7:38	7.8 (73.6%)
38	KLIMCZAK Piotr	1145		MIX	18	01:15:47	01:50:19	03:32:23	03:43:50.00	03:43:50.00	+00:59:07 (26.4%)	7:39	7.8 (73.6%)

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39	<b>TRZECIAKIEWICZ Mieczysław</b>	<b>1100</b>		MIX	19	01:16:15	01:50:53	03:34:26	<b>03:45:29.50</b>	<b>03:45:29.50</b>	+01:00:46 (27.0%)	7:43	7.8 (73.6%)
40	<b>MARKOWSKI Artur</b>	<b>1171</b>	NOA	MIX	20	01:15:26	01:51:03	03:36:34	<b>03:46:26.05</b>	<b>03:46:26.05</b>	+01:01:43 (27.3%)	7:45	7.7 (72.6%)
41	<b>ZAJĄC Marcin</b>	<b>1194</b>	NOA	OPEN	18	01:15:45		03:36:03	<b>03:47:00.25</b>	<b>03:47:00.25</b>	+01:02:17 (27.4%)	7:46	7.7 (72.6%)
42	<b>PRUSISZ Jacek</b>	<b>1083</b>		MIX	21	01:16:58	01:53:59	03:37:56	<b>03:49:23.75</b>	<b>03:49:23.75</b>	+01:04:40 (28.2%)	7:51	7.6 (71.7%)
43	<b>MATYSIAK Katarzyna</b>	<b>1155</b>	FIZJOBIEGACZE SZCZECIN	KOBIETY	4	01:14:08	01:52:09	03:39:36	<b>03:53:40.25</b>	<b>03:53:40.25</b>	+01:08:57 (29.5%)	8:00	7.5 (70.8%)
44	<b>RYSZAWY Mikołaj</b>	<b>1091</b>	ORŁY JEZUSA	OPEN	19		01:48:49	03:40:32	<b>03:54:53.05</b>	<b>03:54:53.05</b>	+01:10:10 (29.9%)	8:02	7.5 (70.8%)
45	<b>IWASZCZYSZYN Tomasz</b>	<b>1165</b>		OPEN	20	01:17:04	01:55:04	03:54:45	<b>03:55:11.00</b>	<b>03:55:11.00</b>	+01:10:28 (30.0%)	8:03	7.4 (69.8%)
46	<b>STAWIARZ Paweł</b>	<b>1125</b>	140MINUT.PL	OPEN	21	01:15:40	01:54:21	03:55:03	<b>03:55:44.20</b>	<b>03:55:44.20</b>	+01:11:01 (30.1%)	8:04	7.4 (69.8%)
47	<b>SZAFRAŃSKA Aleksandra</b>	<b>1016</b>		MIX	22	01:21:08	02:03:04	03:55:41	<b>03:56:37.70</b>	<b>03:56:37.70</b>	+01:11:54 (30.4%)	8:06	7.4 (69.8%)
48	<b>DUSZYŃSKI Tomasz</b>	<b>1057</b>	BIEGANIE NA ŚNIADANIE 1	OPEN	22		02:05:45	03:55:44	<b>03:57:15.55</b>	<b>03:57:15.55</b>	+01:12:32 (30.6%)	8:07	7.4 (69.8%)
49	<b>FALTYNOWSKI Tomasz</b>	<b>1161</b>		MIX	23	01:14:52	01:53:08	03:56:06	<b>03:58:28.30</b>	<b>03:58:28.30</b>	+01:13:45 (30.9%)	8:10	7.3 (68.9%)
50	<b>LOREK Adam</b>	<b>1138</b>	#BIEGAJLESZNO	MIX	24	01:17:14	02:05:12	03:56:38	<b>03:58:58.30</b>	<b>03:58:58.30</b>	+01:14:15 (31.1%)	8:11	7.3 (68.9%)
51	<b>WOJNAROWICZ Paweł</b>	<b>1160</b>		OPEN	23	01:20:20	02:04:18	03:57:00	<b>03:59:22.20</b>	<b>03:59:22.20</b>	+01:14:39 (31.2%)	8:11	7.3 (68.9%)
52	<b>JAGODZIŃSKI Robert</b>	<b>1157</b>		MIX	25		02:07:15	03:56:55	<b>03:59:32.85</b>	<b>03:59:32.85</b>	+01:14:49 (31.2%)	8:12	7.3 (68.9%)
53	<b>WŁODARCZYK Michał</b>	<b>1017</b>		OPEN	24	01:19:10	02:07:32		<b>04:00:21.40</b>	<b>04:00:21.40</b>	+01:15:38 (31.5%)	8:13	7.3 (68.9%)
54	<b>CZYŻKOWSKI Rafał</b>	<b>1041</b>		OPEN	25	01:20:42	02:14:52	03:57:26	<b>04:00:24.30</b>	<b>04:00:24.30</b>	+01:15:41 (31.5%)	8:13	7.3 (68.9%)
55	<b>KWIATKOWSKI Przemysław</b>	<b>1000</b>		OPEN	26	01:19:34	02:06:38	03:58:04	<b>04:01:27.05</b>	<b>04:01:27.05</b>	+01:16:44 (31.8%)	8:16	7.3 (68.9%)
56	<b>WOJCIECHOWSKI Dariusz</b>	<b>1139</b>	KRAKOWIAKULTRATEAM	OPEN	27	01:27:05	02:06:01	03:57:52	<b>04:02:06.40</b>	<b>04:02:06.40</b>	+01:17:23 (32.0%)	8:17	7.2 (67.9%)
57	<b>KARCZEWSKI Sławomir</b>	<b>1181</b>	FUNDACJA KIERUNEK ULTRA	MIX	26	01:27:20	02:05:26	03:59:03	<b>04:03:28.95</b>	<b>04:03:28.95</b>	+01:18:46 (32.4%)	8:20	7.2 (67.9%)
58	<b>ZIĘBA Marek</b>	<b>1159</b>	GRZMOTOMOCNI SOBÓTKA	OPEN	28	01:24:52	02:08:47	03:58:58	<b>04:03:48.15</b>	<b>04:03:48.15</b>	+01:19:05 (32.4%)	8:20	7.2 (67.9%)
59	<b>IWAŃCIÓW Katarzyna</b>	<b>1108</b>		KOBIETY	5		02:05:50	03:59:27	<b>04:04:12.00</b>	<b>04:04:12.00</b>	+01:19:29 (32.5%)	8:21	7.2 (67.9%)
60	<b>JAREMA Maciej</b>	<b>1037</b>	LOKOMOTIV MAJDAN	OPEN	29	01:22:26	02:04:34	03:59:53	<b>04:04:55.45</b>	<b>04:04:55.45</b>	+01:20:12 (32.7%)	8:23	7.2 (67.9%)
61	<b>SŁOTWIŃSKI Adam</b>	<b>1066</b>		OPEN	30	01:28:37	02:06:46	03:59:48	<b>04:04:55.50</b>	<b>04:04:55.50</b>	+01:20:12 (32.7%)	8:23	7.2 (67.9%)

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62	<b>GUZIK Bartosz</b>	<b>1082</b>	NKB CHYŻY NOWY TOMYŚL	MIX	27	01:20:03	02:06:45	04:00:27	<b>04:06:13.20</b>	<b>04:06:13.20</b>	+01:21:30 (33.1%)	8:25	7.1 (67.0%)
63	<b>CHUDY Tobiasz</b>	<b>1099</b>	RUN TEAM RYDZYNA	OPEN	31	01:24:29	02:05:08	04:00:16	<b>04:06:37.30</b>	<b>04:06:37.30</b>	+01:21:54 (33.2%)	8:26	7.1 (67.0%)
64	<b>MERTA Zbigniew</b>	<b>1097</b>	RUN TEAM RYCZYNA	MIX	28	01:27:31	02:05:04	04:00:24	<b>04:06:37.85</b>	<b>04:06:37.85</b>	+01:21:54 (33.2%)	8:26	7.1 (67.0%)
65	<b>KOCIK Marcin</b>	<b>1092</b>	FATBOYS SPRINT	OPEN	32	01:24:58	02:08:28	04:01:17	<b>04:08:23.00</b>	<b>04:08:23.00</b>	+01:23:40 (33.7%)	8:30	7.1 (67.0%)
66	<b>LISZKA Kamil</b>	<b>1055</b>		OPEN	33	01:19:51	02:08:58		<b>04:09:24.40</b>	<b>04:09:24.40</b>	+01:24:41 (34.0%)	8:32	7 (66.0%)
67	<b>FERENC-SZMUC Edyta</b>	<b>1175</b>	KUDOWIANKA RUN	KOBIETY	6		02:15:46	04:02:31	<b>04:09:45.55</b>	<b>04:09:45.55</b>	+01:25:02 (34.1%)	8:33	7 (66.0%)
68	<b>STANIEK Sławomir</b>	<b>1046</b>	BLACKSHEEP TEAM	OPEN	34	01:25:04	02:09:06		<b>04:10:38.15</b>	<b>04:10:38.15</b>	+01:25:55 (34.3%)	8:35	7 (66.0%)
69	<b>LITWIN Michał</b>	<b>1170</b>		MIX	29	01:19:22	02:05:28	04:02:30	<b>04:11:03.20</b>	<b>04:11:03.20</b>	+01:26:20 (34.4%)	8:35	7 (66.0%)
70	<b>PAŁKIEWICZ Piotr</b>	<b>1141</b>		OPEN	35		02:09:19		<b>04:11:39.90</b>	<b>04:11:39.90</b>	+01:26:57 (34.5%)	8:37	7 (66.0%)
71	<b>PIOTROWSKI Paweł</b>	<b>1008</b>	PROTON GOSTYŃ	OPEN	36	01:20:43	02:06:11	04:03:21	<b>04:14:04.10</b>	<b>04:14:04.10</b>	+01:29:21 (35.2%)	8:42	6.9 (65.1%)
72	<b>MAĆKOWIAK Krzysztof</b>	<b>1084</b>	MAĆKOWIAK TEAM	OPEN	37	01:24:37	02:08:07	04:04:21	<b>04:14:15.00</b>	<b>04:14:15.00</b>	+01:29:32 (35.2%)	8:42	6.9 (65.1%)
73	<b>TYL Radosław</b>	<b>1090</b>		MIX	30	01:28:01	02:08:04	04:03:53	<b>04:14:22.70</b>	<b>04:14:22.70</b>	+01:29:39 (35.2%)	8:42	6.9 (65.1%)
74	<b>CZUB Piotr</b>	<b>1044</b>		OPEN	38		02:06:35	04:04:25	<b>04:14:52.30</b>	<b>04:14:52.30</b>	+01:30:09 (35.4%)	8:43	6.9 (65.1%)
75	<b>NIEDZIELAK Łukasz</b>	<b>1180</b>		OPEN	39	01:22:07	02:03:25	04:03:44	<b>04:15:09.05</b>	<b>04:15:09.05</b>	+01:30:26 (35.4%)	8:44	6.9 (65.1%)
76	<b>KNACH Tomasz</b>	<b>1020</b>		MIX	31	01:31:29	02:16:59	04:05:07	<b>04:15:57.60</b>	<b>04:15:57.60</b>	+01:31:14 (35.6%)	8:45	6.8 (64.2%)
77	<b>LEKKI Magdalena</b>	<b>1007</b>	CSC ADVENTURE ACADEMY	KOBIETY	7	01:27:02	02:16:40	04:05:55	<b>04:18:22.95</b>	<b>04:18:22.95</b>	+01:33:40 (36.3%)	8:50	6.8 (64.2%)
78	<b>NIECHWIEJ Michał</b>	<b>1146</b>		MIX	32	01:27:42	02:07:36	04:06:13	<b>04:19:16.50</b>	<b>04:19:16.50</b>	+01:34:33 (36.5%)	8:52	6.8 (64.2%)
79	<b>WINTER Piotr</b>	<b>1032</b>	NIGHT RUNNERS	OPEN	40	01:20:19	02:08:36	04:07:33	<b>04:19:37.40</b>	<b>04:19:37.40</b>	+01:34:54 (36.6%)	8:53	6.7 (63.2%)
80	<b>BASZAK Tomasz</b>	<b>1196</b>	ŚLĘŻAŃSKI TEAM	MIX	33	01:25:07	02:11:00	04:07:45	<b>04:20:14.10</b>	<b>04:20:14.10</b>	+01:35:31 (36.7%)	8:54	6.7 (63.2%)
81	<b>CZERWIAK Paweł</b>	<b>1050</b>		OPEN	41	01:23:03	02:13:57	04:06:18	<b>04:21:06.90</b>	<b>04:21:06.90</b>	+01:36:24 (36.9%)	8:56	6.7 (63.2%)
82	<b>CIEŚLIK Sławomir</b>	<b>1053</b>	ANTONTEAM2	OPEN	42	01:28:12	02:17:18	04:09:11	<b>04:21:10.95</b>	<b>04:21:10.95</b>	+01:36:28 (36.9%)	8:56	6.7 (63.2%)
83	<b>WÓJCIK-WIŚNIEWSKA Monika</b>	<b>1110</b>	MATNER RUNNING TEAM	KOBIETY	8		02:16:28	04:11:50	<b>04:22:54.45</b>	<b>04:22:54.45</b>	+01:38:11 (37.3%)	9:00	6.7 (63.2%)
84	<b>PETA Rafał</b>	<b>1030</b>		MIX	34	01:31:33	02:19:52	04:11:55	<b>04:23:12.05</b>	<b>04:23:12.05</b>	+01:38:29 (37.4%)	9:00	6.7 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Pod Hvezda 28.2km	Czas netto 29.2km	Czas brutto 29.2km	Różn	Tempo min/km	Tempo km/h
85	<b>BADOWSKI Rafał</b>	<b>1102</b>	WSZYSTKO JEST W GŁOWIE	OPEN	43	01:28:22	02:19:06	04:11:34	<b>04:24:08.45</b>	<b>04:24:08.45</b>	+01:39:25 (37.6%)	9:02	6.6 (62.3%)
86	<b>KOCJAN Paweł</b>	<b>1002</b>	KIDS RUN	OPEN	44	01:32:46	01:50:05	04:12:15	<b>04:24:13.95</b>	<b>04:24:13.95</b>	+01:39:31 (37.7%)	9:02	6.6 (62.3%)
87	<b>MOGA Piotr</b>	<b>1140</b>	SPARTA ULTRA TEAM	OPEN	45	01:28:17	02:10:29	04:13:00	<b>04:24:33.65</b>	<b>04:24:33.65</b>	+01:39:50 (37.7%)	9:03	6.6 (62.3%)
88	<b>ZENDWALEWICZ Ewa</b>	<b>1109</b>		MIX	35	01:30:08	02:17:07	04:15:04	<b>04:26:25.35</b>	<b>04:26:25.35</b>	+01:41:42 (38.2%)	9:07	6.6 (62.3%)
89	<b>WŁODARCZYK Maciej</b>	<b>1103</b>	TOYOTA RUNMATOR	OPEN	46	01:30:01	02:17:03	04:15:05	<b>04:26:25.60</b>	<b>04:26:25.60</b>	+01:41:42 (38.2%)	9:07	6.6 (62.3%)
90	<b>PSZONAK Tomasz</b>	<b>1059</b>		OPEN	47	01:25:17	02:10:17	04:13:41	<b>04:26:26.90</b>	<b>04:26:26.90</b>	+01:41:44 (38.2%)	9:07	6.6 (62.3%)
91	<b>GACEK Michał</b>	<b>1149</b>	NOA	MIX	36	01:27:36	02:10:30	04:12:46	<b>04:27:24.65</b>	<b>04:27:24.65</b>	+01:42:41 (38.4%)	9:09	6.6 (62.3%)
92	<b>BRUZDA Piotr</b>	<b>1107</b>	BIEGOWA KUŹNIA	MIX	37		02:17:43	04:16:26	<b>04:29:29.60</b>	<b>04:29:29.60</b>	+01:44:46 (38.9%)	9:13	6.5 (61.3%)
93	<b>KUREK Tomasz</b>	<b>1178</b>		MIX	38		02:18:32	04:18:12	<b>04:29:58.30</b>	<b>04:29:58.30</b>	+01:45:15 (39.0%)	9:14	6.5 (61.3%)
94	<b>RENKIEL Tomasz</b>	<b>1193</b>		OPEN	48	01:35:43	02:26:20	04:19:18	<b>04:30:10.45</b>	<b>04:30:10.45</b>	+01:45:27 (39.0%)	9:15	6.5 (61.3%)
95	<b>WIECZOREK Piotr</b>	<b>1120</b>	7.BKPOW	OPEN	49		02:21:06	04:19:59	<b>04:32:06.25</b>	<b>04:32:06.25</b>	+01:47:23 (39.5%)	9:19	6.4 (60.4%)
96	<b>KRUPIANIK Tomasz</b>	<b>1028</b>		OPEN	50		02:23:27	04:19:00	<b>04:32:33.25</b>	<b>04:32:33.25</b>	+01:47:50 (39.6%)	9:20	6.4 (60.4%)
97	<b>KAWA Hubert</b>	<b>1079</b>	NKB CHYŻY NOWY TOMYŚL	OPEN	51	01:30:10	02:18:23	04:21:19	<b>04:34:12.20</b>	<b>04:34:12.20</b>	+01:49:29 (39.9%)	9:23	6.4 (60.4%)
98	<b>MILKOWSKI Rafał</b>	<b>1190</b>	DECATHLON RYBNIK & PRZYJACIELE	MIX	39	01:30:54	02:21:56	04:23:07	<b>04:34:56.00</b>	<b>04:34:56.00</b>	+01:50:13 (40.1%)	9:24	6.4 (60.4%)
99	<b>SURDAKCI Piotr</b>	<b>1085</b>		MIX	40	01:33:17	02:21:28	04:22:50	<b>04:35:29.85</b>	<b>04:35:29.85</b>	+01:50:46 (40.2%)	9:26	6.4 (60.4%)
100	<b>DZIDECZEK Marcin</b>	<b>1122</b>	TEAM ZABIEGANEDNI	MIX	41		02:12:53	04:21:26	<b>04:35:47.75</b>	<b>04:35:47.75</b>	+01:51:04 (40.3%)	9:26	6.4 (60.4%)
101	<b>KADŁUBOWSKI Piotr</b>	<b>1115</b>	KOTWICA BRZEG	OPEN	52	01:27:55	02:18:21	04:23:40	<b>04:36:02.45</b>	<b>04:36:02.45</b>	+01:51:19 (40.3%)	9:27	6.3 (59.4%)
102	<b>GRACZ Krzysztof</b>	<b>1137</b>	VOLVO POLSKA	OPEN	53		02:18:34	04:22:54	<b>04:36:04.35</b>	<b>04:36:04.35</b>	+01:51:21 (40.3%)	9:27	6.3 (59.4%)
103	<b>KOT Wioleta</b>	<b>1093</b>	ULTRA LASKI	KOBIETY	9	01:29:40	02:20:07	04:23:55	<b>04:36:14.50</b>	<b>04:36:14.50</b>	+01:51:31 (40.4%)	9:27	6.3 (59.4%)
104	<b>MARZEC Karolina</b>	<b>1168</b>	DZIKIE DZIKI GORZÓW	MIX	42	01:32:00	02:20:49	04:27:01	<b>04:37:21.85</b>	<b>04:37:21.85</b>	+01:52:38 (40.6%)	9:29	6.3 (59.4%)
105	<b>CIASTO Sebastian</b>	<b>1111</b>	ULKS KARLIK PRZEZCHLEBIE	MIX	43	01:24:34	02:11:44	04:22:11	<b>04:37:22.40</b>	<b>04:37:22.40</b>	+01:52:39 (40.6%)	9:29	6.3 (59.4%)
106	<b>KORCZYŃSKA Agata</b>	<b>1148</b>		KOBIETY	10	01:36:21	02:27:45	04:25:46	<b>04:38:03.45</b>	<b>04:38:03.45</b>	+01:53:20 (40.8%)	9:31	6.3 (59.4%)
107	<b>PŁOCIENICZAK Jacek</b>	<b>1187</b>	BIEGOWE WIÓRKI	MIX	44	01:27:21	02:12:34	04:26:54	<b>04:38:14.35</b>	<b>04:38:14.35</b>	+01:53:31 (40.8%)	9:31	6.3 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Pod Hvezda 28.2km	Czas netto 29.2km	Czas brutto 29.2km	Różn	Tempo min/km	Tempo km/h
108	<b>BATOR Michał</b>	<b>1074</b>		MIX	45	01:40:34	02:30:11	04:27:17	<b>04:38:34.00</b>	<b>04:38:34.00</b>	+01:53:51 (40.9%)	9:32	6.3 (59.4%)
109	<b>FURMAGA Przemysław</b>	<b>1045</b>	KROPA TEAM	MIX	46	01:30:25	02:26:19	04:27:25	<b>04:38:41.10</b>	<b>04:38:41.10</b>	+01:53:58 (40.9%)	9:32	6.3 (59.4%)
110	<b>OŻÓG Grzegorz</b>	<b>1186</b>	CZARNY SKŁAD	MIX	47	01:37:13	02:27:48	04:26:11	<b>04:38:43.30</b>	<b>04:38:43.30</b>	+01:54:00 (40.9%)	9:32	6.3 (59.4%)
111	<b>DRYMEL Piotr</b>	<b>1029</b>	DESTYLATOR RUNNING TEAM	OPEN	54	01:48:32	02:36:34	04:29:05	<b>04:39:56.65</b>	<b>04:39:56.65</b>	+01:55:13 (41.2%)	9:35	6.3 (59.4%)
112	<b>STRZELCZYK Wiktor</b>	<b>1131</b>	CARPATHIAN RUNNERS	OPEN	55	01:33:15	02:22:27	04:27:39	<b>04:40:11.30</b>	<b>04:40:11.30</b>	+01:55:28 (41.2%)	9:35	6.3 (59.4%)
113	<b>STUWE Beata</b>	<b>1094</b>	PRO366	KOBIETY	11	01:29:51	02:20:00		<b>04:40:29.15</b>	<b>04:40:29.15</b>	+01:55:46 (41.3%)	9:36	6.2 (58.5%)
114	<b>JUSZCZYK Jarosław</b>	<b>1034</b>	GOSŁAW SPORT CENTER	MIX	48	01:43:47	02:32:53	04:25:27	<b>04:40:53.90</b>	<b>04:40:53.90</b>	+01:56:11 (41.4%)	9:37	6.2 (58.5%)
115	<b>SOSZYŃSKA-PSTROKOŃSKA Joanna</b>	<b>1018</b>		MIX	49	01:42:53	02:31:04	04:29:37	<b>04:42:55.85</b>	<b>04:42:55.85</b>	+01:58:12 (41.8%)	9:41	6.2 (58.5%)
116	<b>MAJEWSKI Radosław</b>	<b>1078</b>	NIGHT RUNNERS	OPEN	56	01:29:28	02:18:57	04:30:36	<b>04:43:24.55</b>	<b>04:43:24.55</b>	+01:58:41 (41.9%)	9:42	6.2 (58.5%)
117	<b>PIETRZYK Tomasz</b>	<b>1080</b>	CUDO KOMBUCHA TEAM	OPEN	57	01:31:54	02:19:36	04:30:29	<b>04:43:47.55</b>	<b>04:43:47.55</b>	+01:59:04 (42.0%)	9:43	6.2 (58.5%)
118	<b>STACHOWIAK Marek</b>	<b>1048</b>	ROKIETNICA BIEGA	MIX	50	01:31:25	02:21:31	04:30:13	<b>04:44:06.75</b>	<b>04:44:06.75</b>	+01:59:23 (42.0%)	9:43	6.2 (58.5%)
119	<b>TWAROGAL Kamil</b>	<b>1154</b>		MIX	51	01:27:16	02:18:32	04:32:30	<b>04:45:32.05</b>	<b>04:45:32.05</b>	+02:00:49 (42.3%)	9:46	6.1 (57.5%)
120	<b>PAŁYSA Robert</b>	<b>1088</b>		OPEN	58	01:39:06	02:26:41	04:32:14	<b>04:46:27.45</b>	<b>04:46:27.45</b>	+02:01:44 (42.5%)	9:48	6.1 (57.5%)
121	<b>DUDZIK Tomek</b>	<b>1152</b>	FIZJOBIEGACZE SZCZECIN	OPEN	59	01:43:17	02:32:50		<b>04:46:40.10</b>	<b>04:46:40.10</b>	+02:01:57 (42.5%)	9:49	6.1 (57.5%)
122	<b>KOŁKOWSKI Andrzej</b>	<b>1169</b>	CRAZY BIRDS	OPEN	60	01:37:08	02:28:21	04:33:26	<b>04:46:50.60</b>	<b>04:46:50.60</b>	+02:02:07 (42.6%)	9:49	6.1 (57.5%)
123	<b>WOJCIECHOWSKI Arkadiusz</b>	<b>1075</b>		OPEN	61	01:41:26	02:31:05	04:35:39	<b>04:47:05.35</b>	<b>04:47:05.35</b>	+02:02:22 (42.6%)	9:49	6.1 (57.5%)
124	<b>SZPAKOWSKA Dominika</b>	<b>1024</b>		KOBIETY	12	01:32:53	02:23:45	04:35:09	<b>04:47:45.55</b>	<b>04:47:45.55</b>	+02:03:02 (42.8%)	9:51	6.1 (57.5%)
125	<b>KUJACZYŃSKI Paweł</b>	<b>1162</b>	BISTURI	OPEN	62	01:35:28	02:20:56	04:34:52	<b>04:49:24.55</b>	<b>04:49:24.55</b>	+02:04:41 (43.1%)	9:54	6.1 (57.5%)
126	<b>BŁASZKOWSKI Daniel</b>	<b>1133</b>	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	OPEN	63	01:33:13	02:28:01	04:36:50	<b>04:50:00.60</b>	<b>04:50:00.60</b>	+02:05:17 (43.2%)	9:55	6 (56.6%)
127	<b>SZYSZKA Ryszard</b>	<b>1121</b>		MIX	52	01:44:43	02:36:13	04:39:38	<b>04:51:30.45</b>	<b>04:51:30.45</b>	+02:06:47 (43.5%)	9:58	6 (56.6%)
128	<b>ROBAKOWSKA Joanna</b>	<b>1130</b>	NIGHT RUNNERS	KOBIETY	13	01:35:18	02:32:12	04:38:12	<b>04:51:35.80</b>	<b>04:51:35.80</b>	+02:06:52 (43.5%)	9:59	6 (56.6%)
129	<b>LIPIŃSKI Damian</b>	<b>1070</b>	RADZYMIN RUN TEAM	MIX	53	01:42:02	02:32:51	04:37:03	<b>04:51:44.45</b>	<b>04:51:44.45</b>	+02:07:01 (43.5%)	9:59	6 (56.6%)
130	<b>KUCHARSKI Krystian</b>	<b>1098</b>	SOCIOS SILESIA	OPEN	64	01:35:58	02:25:22	04:37:15	<b>04:52:47.95</b>	<b>04:52:47.95</b>	+02:08:05 (43.7%)	10:01	6 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Pod Hvezda 28.2km	Czas netto 29.2km	Czas brutto 29.2km	Różn	Tempo min/km	Tempo km/h
131	<b>PYŻALSKI Rafał</b>	<b>1167</b>		MIX	54	01:40:20	02:35:12	04:41:08	<b>04:55:42.65</b>	<b>04:55:42.65</b>	+02:10:59 (44.3%)	10:07	5.9 (55.7%)
132	<b>TOKARZEWSKA Kasia</b>	<b>1086</b>		KOBIETY	14	01:08:26	02:37:52	04:47:35	<b>05:00:09.95</b>	<b>05:00:09.95</b>	+02:15:27 (45.1%)	10:16	5.8 (54.7%)
133	<b>WĄDOŁOWSKI Karol</b>	<b>1058</b>		MIX	55	01:31:45	02:20:16	04:42:33	<b>05:02:27.55</b>	<b>05:02:27.55</b>	+02:17:44 (45.5%)	10:21	5.8 (54.7%)
134	<b>SZCZEPAŃSKI Adam</b>	<b>1150</b>		OPEN	65	01:32:00	02:26:42	04:50:48	<b>05:02:31.15</b>	<b>05:02:31.15</b>	+02:17:48 (45.6%)	10:21	5.8 (54.7%)
135	<b>KĘPSKI Grzegorz</b>	<b>1081</b>		MIX	56	01:47:00	02:32:30	04:49:10	<b>05:04:33.75</b>	<b>05:04:33.75</b>	+02:19:50 (45.9%)	10:25	5.8 (54.7%)
136	<b>WOŹNICA Rafał</b>	<b>1151</b>		MIX	57	01:35:09	02:30:31	04:51:04	<b>05:04:44.35</b>	<b>05:04:44.35</b>	+02:20:01 (45.9%)	10:26	5.7 (53.8%)
137	<b>DON Robert</b>	<b>1112</b>	PRO366	MIX	58	01:27:22	02:11:42	04:45:05	<b>05:04:45.85</b>	<b>05:04:45.85</b>	+02:20:02 (46.0%)	10:26	5.7 (53.8%)
138	<b>KOZŁEWSKA Beata</b>	<b>1087</b>		KOBIETY	15	01:41:10	02:31:35	04:50:30	<b>05:04:58.45</b>	<b>05:04:58.45</b>	+02:20:15 (46.0%)	10:26	5.7 (53.8%)
139	<b>SIWEK Marcin</b>	<b>1101</b>	ELEKTROPARTNER ZĄBKOWICE ŚLĄSKIE	OPEN	66	01:44:41	02:35:30	04:55:08	<b>05:08:16.20</b>	<b>05:08:16.20</b>	+02:23:33 (46.6%)	10:33	5.7 (53.8%)
140	<b>JARCZYŃSKI Piotr</b>	<b>1128</b>	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OPEN	67	01:50:44	02:44:49	04:55:03	<b>05:09:00.15</b>	<b>05:09:00.15</b>	+02:24:17 (46.7%)	10:34	5.7 (53.8%)
141	<b>KRAJEWSKA Ewelina</b>	<b>1127</b>		MIX	59		02:45:08	04:57:46	<b>05:11:45.95</b>	<b>05:11:45.95</b>	+02:27:03 (47.2%)	10:40	5.6 (52.8%)
142	<b>MARCINIAK Michał</b>	<b>1113</b>		MIX	60		02:51:09	05:03:22	<b>05:16:36.90</b>	<b>05:16:36.90</b>	+02:31:54 (48.0%)	10:50	5.5 (51.9%)
143	<b>SZULC Adam</b>	<b>1064</b>		OPEN	68	01:36:06	02:33:45	05:00:00	<b>05:16:41.85</b>	<b>05:16:41.85</b>	+02:31:58 (48.0%)	10:50	5.5 (51.9%)
144	<b>ROŹNIATA Iwona</b>	<b>1001</b>	SNG WILD DUCKS	KOBIETY	16	01:48:34	02:48:37	05:05:02	<b>05:18:42.75</b>	<b>05:18:42.75</b>	+02:33:59 (48.3%)	10:54	5.5 (51.9%)
145	<b>DIUWE Marzena</b>	<b>1116</b>		MIX	61	01:56:25	02:52:37	05:06:12	<b>05:20:25.75</b>	<b>05:20:25.75</b>	+02:35:42 (48.6%)	10:58	5.5 (51.9%)
146	<b>KOLEJ Monika</b>	<b>1166</b>	DZIKIE DZIKI GORZÓW	MIX	62	01:55:03	02:52:05	05:07:29	<b>05:21:59.65</b>	<b>05:21:59.65</b>	+02:37:16 (48.8%)	11:01	5.4 (50.9%)
147	<b>BABIŃSKA-POPIŁKA Ewelina</b>	<b>1172</b>		MIX	63	01:37:52	02:41:48	05:09:20	<b>05:24:02.75</b>	<b>05:24:02.75</b>	+02:39:19 (49.2%)	11:05	5.4 (50.9%)
148	<b>BUDNY Aleksandra</b>	<b>1134</b>	796555550	MIX	64	01:53:53	02:57:04	05:12:13	<b>05:24:42.80</b>	<b>05:24:42.80</b>	+02:39:59 (49.3%)	11:07	5.4 (50.9%)
149	<b>NETOLICKÝ Kamil</b>	<b>1014</b>	SRTG VYŠKOV	OPEN	69	01:55:14	02:56:55	05:12:19	<b>05:25:07.35</b>	<b>05:25:07.35</b>	+02:40:24 (49.3%)	11:08	5.4 (50.9%)
150	<b>MARCINIAK Janusz</b>	<b>1004</b>	NIGHT RUNNERS	MIX	65	01:51:14	02:46:57	05:11:41	<b>05:25:22.95</b>	<b>05:25:22.95</b>	+02:40:40 (49.4%)	11:08	5.4 (50.9%)
151	<b>KONDRAKIEWICZ Rafał</b>	<b>1114</b>		MIX	66	01:50:28	02:45:45	05:12:02	<b>05:25:53.95</b>	<b>05:25:53.95</b>	+02:41:11 (49.5%)	11:09	5.4 (50.9%)
152	<b>KLIMALA Angelika</b>	<b>1095</b>	CAŁA OLEŚNICA BIEGA	KOBIETY	17	01:55:10	02:56:17		<b>05:25:59.90</b>	<b>05:25:59.90</b>	+02:41:17 (49.5%)	11:09	5.4 (50.9%)
153	<b>ŁOBASIUK Iwona</b>	<b>1177</b>	FUNDACJA KIERUNEK ULTRA	MIX	67	01:53:58	02:53:00	05:14:51	<b>05:28:38.00</b>	<b>05:28:38.00</b>	+02:43:55 (49.9%)	11:15	5.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Pod Hvezda 28.2km	Czas netto 29.2km	Czas brutto 29.2km	Różn	Tempo min/km	Tempo km/h
154	<b>NAMYSŁ Rafał</b>	<b>1117</b>		OPEN	70	01:53:29	02:54:57	05:16:20	<b>05:31:29.35</b>	<b>05:31:29.35</b>	+02:46:46 (50.3%)	11:21	5.3 (50.0%)
155	<b>JÓZEF Mateusz</b>	<b>1132</b>		MIX	68	01:41:28	02:31:17	04:57:54			+02:20:29	10:33	5.7 (53.8%)
156	<b>STACHOWIAK Magda</b>	<b>1096</b>	RUN TEAM RYDZYNA	MIX	69	01:55:19		05:18:45			+02:41:02	11:18	5.3 (50.0%)
157	<b>WASZKIEWICZ Joanna</b>	<b>1023</b>	NIGHT RUNNERS	KOBIETY	18	01:53:08	02:57:06	05:20:32			+02:43:00	11:21	5.3 (50.0%)
158	<b>PIETRZAK Krzysztof</b>	<b>1073</b>	BIEGAMBOLUBIĘ - GORZÓW	MIX	70		02:18:45	05:21:34			+02:44:01	11:24	5.3 (50.0%)
159	<b>SZYMAŃSKA Agata</b>	<b>1069</b>	RADZYMIN RUN TEAM	MIX	71	01:56:01	02:56:03	05:23:38			+02:45:56	11:28	5.2 (49.1%)
160	<b>JARZĄBEK Agnieszka</b>	<b>1068</b>	RADZYMIN RUN TEAM	KOBIETY	19	01:56:04	02:55:59	05:23:41			+02:45:59	11:28	5.2 (49.1%)
161	<b>WILK Magdalena</b>	<b>1124</b>	ULTRAPOŚLADACH / TEAM ZABIEGANEDNI	MIX	72	01:55:16	03:03:22	05:30:23			+02:52:41	11:42	5.1 (48.1%)
162	<b>KOZIOŁ Paweł</b>	<b>1026</b>		MIX	73	01:59:44	03:06:17	05:34:21			+02:56:58	11:51	5.1 (48.1%)
163	<b>ZIĘBA Anna</b>	<b>1025</b>		KOBIETY	20	02:00:06	03:06:19	05:34:35			+02:57:12	11:51	5.1 (48.1%)
164	<b>SYRAKOWSKI Witold</b>	<b>1191</b>		OPEN	71	02:08:40	03:07:17				+01:41:14	11:16	5.3 (50.0%)
165	<b>KRAUSE Anna</b>	<b>1019</b>		MIX	74	01:57:21	03:07:19				+01:41:29	11:17	5.3 (50.0%)
166	<b>MACIAS Waldemar</b>	<b>1118</b>		OPEN	72	02:07:04	03:13:30				+01:47:45	11:39	5.1 (48.1%)
	<b>MĄCZYŃSKA Justyna</b>	<b>1060</b>		KOBIETY		01:49:39 DNF	02:46:18 DNF	04:47:22 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>NOGA Bartłomiej</b>	<b>1123</b>		MIX		01:48:29 DNF	02:37:50 DNF	04:55:17 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>GRZYB Krzysztof</b>	<b>1105</b>	KLUB BIEGACZA RTV EURO AGD	OPEN		01:54:53 DNF	02:55:13 DNF	05:09:07 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>PIWOŃSKA Agnieszka</b>	<b>1009</b>		MIX		01:57:02 DNF	03:00:46 DNF	05:21:13 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 170 wynik(ów)