

Wydarzenie: Kudowski Festiwal Biegowy 2022
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-04-09
Miejsce: Kudowa-Zdrój
Dystans: 21.1 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad U Zabiteho 12.5km	Szczeliniec 20.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SÁDLO Dominik	1164		OPEN	1	01:08:38	01:49:14	01:53:35.05	04:38:20.15		5:22	11.1 (100%)
2	VOLÁK Ondřej	1051	BK NÁCHOD	OPEN	2	01:10:11	01:50:09	01:54:40.50	04:40:31.15	+00:02:11 (0.8%)	5:26	11 (99.1%)
3	LULIS Dawid	1183	COCCOLINO TEDDYS	OPEN	3	01:22:27	02:04:07	02:15:04.20	05:06:37.05	+00:28:16 (9.2%)	6:24	9.4 (84.7%)
4	JOCHYMEK Piotr	1129		OPEN	4	01:25:11	02:07:07	02:17:54.40	05:13:20.00	+00:34:59 (11.2%)	6:32	9.2 (82.9%)
5	GOŁĄB Marek	1182	BANDA GRUDNIA	OPEN	5	01:28:23	02:13:26	02:24:25.25	05:24:23.40	+00:46:03 (14.2%)	6:50	8.8 (79.3%)
6	HARRIS Douglas	1144		OPEN	6	01:28:23	02:10:27	02:21:59.20	05:25:27.95	+00:47:07 (14.5%)	6:43	8.9 (80.2%)
7	TUR Marcin	1006	GRUPA MALBORK/BIEGAJ Z BARTKIEM	OPEN	7	01:33:55	02:17:35	02:29:02.45	05:25:29.60	+00:47:09 (14.5%)	7:03	8.5 (76.6%)
8	KROSNY Sebastian	1104	ZAŁOGA GÓRSKA	MIX	1	01:27:39	02:12:15	02:23:50.30	05:34:52.55	+00:56:32 (16.9%)	6:49	8.8 (79.3%)
9	SZCZEPKOWSKI Bartłomiej	1156		OPEN	8	01:25:49	02:08:30	02:20:23.05	05:39:58.00	+01:01:37 (18.1%)	6:39	9 (81.1%)
10	ROŹDŻYŃSKA Patrycja	1076	#STAJNIAKTEAM	MIX	2	01:39:48	02:29:35	02:41:36.15	05:42:54.70	+01:04:34 (18.8%)	7:39	7.8 (70.3%)
11	KIELASZEWSKI Karol	1174	LESZ NO LIMITS RUNNERS	OPEN	9	01:37:58	02:24:48	02:36:33.15	05:43:12.40	+01:04:52 (18.9%)	7:25	8.1 (73.0%)
12	ŻURAW Wiktor	1135	SBRT WROCŁAW	MIX	3	01:32:33	02:15:19	02:27:12.65	05:48:38.30	+01:10:18 (20.2%)	6:58	8.6 (77.5%)
13	JUDA Witold	1176		OPEN	10	01:28:57	02:16:11	02:30:09.55	05:48:57.00	+01:10:36 (20.2%)	7:06	8.4 (75.7%)
14	JAKUBCZYK Dariusz	1038	WOŹNIAK RUNNING TEAM CK BABCIE	MIX	4	01:41:35	02:28:21	02:40:58.25	05:51:54.60	+01:13:34 (20.9%)	7:37	7.9 (71.2%)
15	STACHOWIAK Marcin	1089	#BIEGIEMWLAS	MIX	5	01:25:47	02:10:52	02:22:29.10	05:53:28.20	+01:15:08 (21.3%)	6:45	8.9 (80.2%)

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16	ROHAN Łukasz	1027		OPEN	11	01:32:10	02:20:42	02:32:39.05	05:55:18.50	+01:16:58 (21.7%)	7:14	8.3 (74.8%)
17	GREDEYS Grzegorz	1189		MIX	6	01:29:25	02:15:52	02:29:11.90	06:01:31.75	+01:23:11 (23.0%)	7:04	8.5 (76.6%)
18	CEBULA Grzegorz	1179		MIX	7	01:41:12		02:45:18.60	06:06:02.05	+01:27:41 (24.0%)	7:50	7.7 (69.4%)
19	PRUCIAK Krzysztof	1197	ADRUNALINE	OPEN	12	01:46:26	02:38:36	02:51:50.25	06:08:35.10	+01:30:14 (24.5%)	8:08	7.4 (66.7%)
20	LULIS Anna	1184	#SOBASTEAM	KOBIETY	1	01:39:52	02:29:38	02:44:48.50	06:09:13.10	+01:30:52 (24.6%)	7:48	7.7 (69.4%)
21	MICHALSKI Bartłomiej	1185	NADLEŚNICTWO LIPINKI	MIX	8	01:58:52	02:58:21	03:16:57.40	06:12:44.75	+01:34:24 (25.3%)	9:20	6.4 (57.7%)
22	IGNASZEWSKI Krzysztof	1143	RUNNER'S POWER	OPEN	13	01:43:38	02:34:22	02:47:55.30	06:13:31.15	+01:35:11 (25.5%)	7:57	7.5 (67.6%)
23	MACIĄG Grzegorz	1035		OPEN	14	01:36:54		02:37:55.25	06:14:57.15	+01:36:37 (25.8%)	7:29	8 (72.1%)
24	KRYM Katarzyna	1065		KOBIETY	2	01:47:48	02:40:45	02:53:58.60	06:15:48.10	+01:37:27 (25.9%)	8:14	7.3 (65.8%)
25	WESOŁEK Marek	1142	SENTE	OPEN	15	01:46:41	02:36:48	02:51:13.20	06:20:31.00	+01:42:10 (26.9%)	8:06	7.4 (66.7%)
26	HARĘŻLAK Krzysztof	1036	KS ULTRA TEAM ŁÓDŹ	OPEN	16	01:43:15	02:34:45	02:47:10.55	06:24:54.35	+01:46:34 (27.7%)	7:55	7.6 (68.5%)
27	DUNAJ Paweł	1100		MIX	9	01:41:28	02:32:25	02:45:09.00	06:30:46.30	+01:52:26 (28.8%)	7:49	7.7 (69.4%)
28	ZŁOTNICKA Olga	1010		MIX	10	01:55:12	02:52:03	03:07:30.45	06:32:07.15	+01:53:47 (29.0%)	8:53	6.8 (61.3%)
29	HOŁYST Marcin	1165		OPEN	17	01:37:41	02:28:01	02:41:06.45	06:36:27.75	+01:58:07 (29.8%)	7:38	7.9 (71.2%)
30	STACHURA Magdalena	1192	CSC ADVENTURE ACADEMY	MIX	11	01:50:49	02:42:18	02:57:50.60	06:36:40.20	+01:58:20 (29.8%)	8:25	7.1 (64.0%)
31	SZYMAŃSKA Brygida	1043	STRZEGOMSKA DWUNASTKA	KOBIETY	3	01:50:04	02:41:15	02:56:40.90	06:40:00.05	+02:01:39 (30.4%)	8:22	7.2 (64.9%)
32	KAZIMIERZ Rafał	1171	NOA	MIX	12	01:44:27	02:40:47	02:53:58.70	06:40:31.05	+02:02:10 (30.5%)	8:14	7.3 (65.8%)
33	NYKIEL Artur	1145		MIX	13	01:49:17	02:44:33	02:57:29.50	06:41:31.60	+02:03:11 (30.7%)	8:24	7.1 (64.0%)
34	KOWALIK Ewelina	1153	FIZJOBIEGACZE SZCZECIN	MIX	14	01:54:22	02:50:29	03:04:12.85	06:43:38.75	+02:05:18 (31.0%)	8:43	6.9 (62.2%)
35	ŁACIAK Marcin	1041	MESMERIK RUNNERS	OPEN	18	01:38:55	02:28:00	02:43:37.95	06:44:20.20	+02:06:00 (31.2%)	7:45	7.7 (69.4%)
36	GNIADK Małgorzata	1195	DABEX BOLT	MIX	15	02:03:03		03:16:50.15	06:45:56.80	+02:07:36 (31.4%)	9:19	6.4 (57.7%)
37	DUSZYŃSKI Łukasz	1056	BIEGANIE NA ŚNIADANIE 2	OPEN	19	01:56:27		03:09:09.55	06:46:40.70	+02:08:20 (31.6%)	8:57	6.7 (60.4%)
38	KAPLOWSKI Jerzy	1016		MIX	16	01:45:57	02:37:50	02:51:39.20	06:48:34.50	+02:10:14 (31.9%)	8:08	7.4 (66.7%)

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39	KLEMENS Michał	1125	DTR BIEGA	OPEN	20	01:47:47	02:41:30	02:55:13.25	06:51:06.00	+02:12:45 (32.3%)	8:18	7.2 (64.9%)
40	MORAWSKI Filip	1139	KRAKOWIAKULTRATEAM	OPEN	21	01:43:35	02:34:34	02:48:23.45	06:51:08.60	+02:12:48 (32.3%)	7:58	7.5 (67.6%)
41	DOROCIAK Wioletta	1067		MIX	17	01:56:58		03:13:17.75	06:53:35.00	+02:15:14 (32.7%)	9:09	6.5 (58.6%)
42	OSTROWSKI Łukasz	1055	STRZEGOMSKA DWUNASTKA	OPEN	22	01:42:28	02:31:41	02:46:06.45	06:55:32.75	+02:17:12 (33.0%)	7:52	7.6 (68.5%)
43	GUZIK Joanna	1082	NKB CHYŻY NOWY TOMYŚL	MIX	18	01:42:01	02:36:02	02:49:36.85	06:55:57.00	+02:17:36 (33.1%)	8:02	7.5 (67.6%)
44	KARCZEWSKA Joanna	1181	FUNDACJA KIERUNEK ULTRA	MIX	19	01:46:38	02:40:09	02:54:08.90	06:57:55.90	+02:19:35 (33.4%)	8:15	7.3 (65.8%)
45	CAKAŁA Zuzanna	1083		MIX	20	01:54:36	02:53:30	03:08:42.65	06:58:13.55	+02:19:53 (33.4%)	8:56	6.7 (60.4%)
46	KUCHARSKI Robert	1090	ZAKOCHAJ SIĘ W BIEGANIU	MIX	21	01:40:45		02:44:09.75	06:58:57.00	+02:20:36 (33.6%)	7:46	7.7 (69.4%)
47	PAWLIKOWSKA Monika	1136		MIX	22	02:06:11	03:09:57	03:25:23.85	06:59:52.15	+02:21:32 (33.7%)	9:44	6.2 (55.9%)
48	VISENTIN Eric	1194	NOA	OPEN	23	02:02:04		03:13:33.60	07:01:02.20	+02:22:42 (33.9%)	9:10	6.5 (58.6%)
49	DULĘBA Marcin	1050		OPEN	24	01:38:16	02:25:15	02:41:43.25	07:02:58.15	+02:24:38 (34.2%)	7:39	7.8 (70.3%)
50	JACUKOWICZ Monika	1155	FIZJOBIEGACZE SZCZECIN	KOBIETY	4	01:54:09	02:53:08	03:10:52.30	07:04:48.00	+02:26:27 (34.5%)	9:02	6.6 (59.5%)
51	PRUTA Rafał	1092	FATBOYS SPRINT	OPEN	25	01:48:59	02:41:31	02:57:17.65	07:05:49.50	+02:27:29 (34.6%)	8:24	7.1 (64.0%)
52	SZARADOWSKI Piotr	1091		OPEN	26	01:53:40	02:54:33	03:10:48.20	07:06:00.00	+02:27:39 (34.7%)	9:02	6.6 (59.5%)
53	PELJAK Mariusz	1159	GRZMOTOMOCNI SOBÓTKA	OPEN	27	01:46:25	02:45:18	03:02:15.55	07:06:13.50	+02:27:53 (34.7%)	8:38	6.9 (62.2%)
54	SZWARC Konrad	1057	BIEGANIE NA ŚNIADANIE 1	OPEN	28	01:49:47	02:51:02	03:08:31.75	07:06:28.30	+02:28:08 (34.7%)	8:56	6.7 (60.4%)
55	PRZYBYLAK Mikołaj	1146		MIX	23	01:39:57	02:30:43	02:46:47.40	07:06:33.60	+02:28:13 (34.7%)	7:54	7.6 (68.5%)
56	ŁUKACKI Daniel	1170		MIX	24	01:47:14	02:42:15	02:55:41.95	07:07:06.70	+02:28:46 (34.8%)	8:19	7.2 (64.9%)
57	BĘŚ Marcin	1196	ŚLĘŻAŃSKI TEAM	MIX	25	01:39:30	02:11:01	02:47:45.00	07:08:06.05	+02:29:45 (35.0%)	7:57	7.5 (67.6%)
58	WOJTAL Marcin	1138	#BIEGAJLESZNO	MIX	26	01:55:03	02:55:44	03:10:29.30	07:09:40.85	+02:31:20 (35.2%)	9:01	6.6 (59.5%)
59	GAZDA Michał	1061		MIX	27	02:06:17	03:19:57	03:37:44.00	07:12:47.30	+02:34:27 (35.7%)	10:19	5.8 (52.3%)
60	PŁÓCIENNICZAK Jakub	1017		OPEN	29	01:55:54	02:56:02	03:12:16.45	07:12:56.35	+02:34:36 (35.7%)	9:06	6.6 (59.5%)
61	KOWALSKI Łukasz	1059		OPEN	30	01:39:45	02:04:42	02:47:59.45	07:14:46.30	+02:36:26 (36.0%)	7:57	7.5 (67.6%)

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62	GAJDA Krzysztof	1031		MIX	28	02:11:38	03:24:02	03:42:46.80	07:14:51.50	+02:36:31 (36.0%)	10:33	5.7 (51.4%)
63	BOROWICZ Beata	1108		KOBIETY	5	01:55:38	02:55:40	03:12:08.90	07:16:30.95	+02:38:10 (36.2%)	9:06	6.6 (59.5%)
64	JAREMA Robert	1037	LOKOMOTIVMAJDAN	OPEN	31	01:52:28		03:13:33.45	07:18:39.90	+02:40:19 (36.5%)	9:10	6.5 (58.6%)
65	KOŁODZIEJ Adrian	1044		OPEN	32	01:50:30	02:49:36	03:05:49.10	07:21:22.20	+02:43:02 (36.9%)	8:48	6.8 (61.3%)
66	ŁOPATYŃSKA-HUBER Julita	1175	KUDOWIANKA RUN	KOBIETY	6	01:53:06	02:56:25	03:11:33.65	07:21:55.20	+02:43:35 (37.0%)	9:04	6.6 (59.5%)
67	SŁODKOWSKI Krzysztof	1020		MIX	29	01:53:12	02:50:49	03:07:24.20	07:24:02.90	+02:45:42 (37.3%)	8:52	6.8 (61.3%)
68	HOJAN Łukasz	1032	NIGHT RUNNERS	OPEN	33	01:52:37	02:50:20	03:05:48.50	07:25:31.65	+02:47:11 (37.5%)	8:48	6.8 (61.3%)
69	SKROBAŃSKA Katarzyna	1005	BIEGAM BO CHCĘ	MIX	30	02:21:10	03:37:06	03:55:34.45	07:26:56.15	+02:48:36 (37.7%)	11:09	5.4 (48.6%)
70	GRYCMAN Łukasz	1140	SPARTA ULTRA TEAM	OPEN	34	01:51:29	02:46:48	03:02:23.60	07:27:14.75	+02:48:54 (37.8%)	8:38	6.9 (62.2%)
71	MALINOWSKI Robert	1000		OPEN	35	02:00:54	03:12:15	03:28:59.85	07:31:05.30	+02:52:45 (38.3%)	9:54	6.1 (55.0%)
72	SIETKIEWICZ Piotr	1028		OPEN	36	01:46:08	02:44:19	02:58:23.85	07:31:36.25	+02:53:16 (38.4%)	8:27	7.1 (64.0%)
73	CHMURKO Michał	1046	BLACKSHEEP TEAM	OPEN	37	02:00:39	03:06:12	03:21:05.00	07:31:53.15	+02:53:33 (38.4%)	9:31	6.3 (56.8%)
74	RESZKE Łukasz	1053		OPEN	38	01:50:52	02:52:33	03:10:23.10	07:32:01.90	+02:53:41 (38.4%)	9:01	6.6 (59.5%)
75	BASIŃSKI Bartosz	1097	RUN TEAM RYDZYNA	MIX	31	02:05:30	03:06:38	03:25:05.30	07:32:08.65	+02:53:48 (38.4%)	9:43	6.2 (55.9%)
76	JANAS Kacper	1085		MIX	32	01:36:56	02:27:34	02:56:33.00	07:32:35.80	+02:54:15 (38.5%)	8:22	7.2 (64.9%)
77	CHUDY Ariel	1099	RUN TEAM RYDZYNA	OPEN	39	02:00:28	03:07:05	03:25:46.80	07:32:48.55	+02:54:28 (38.5%)	9:45	6.2 (55.9%)
78	MALINIAK Jarosław	1160	WILKSZYN RUNNING	OPEN	40	02:07:42	03:11:39	03:33:46.35	07:33:28.70	+02:55:08 (38.6%)	10:07	5.9 (53.2%)
79	IŁOWIECKI Dominik	1002	NATURAL BORN RUNNERS	OPEN	41	01:54:52		03:09:32.95	07:33:56.30	+02:55:36 (38.7%)	8:58	6.7 (60.4%)
80	MAĆKOWIAK Maciej	1084	MAĆKOWIAK TEAM	OPEN	42	02:03:35	03:04:21	03:19:39.45	07:34:08.20	+02:55:48 (38.7%)	9:27	6.3 (56.8%)
81	KUBICA Krzysztof	1115	KOTWICA BRZEG	OPEN	43	01:49:13	02:45:45	02:59:09.60	07:35:15.70	+02:56:55 (38.9%)	8:29	7.1 (64.0%)
82	MARCINKOWSKI Przemysław	1008	PROTON GOSTYŃ	OPEN	44	01:50:19	02:59:31	03:21:15.15	07:35:32.60	+02:57:12 (38.9%)	9:32	6.3 (56.8%)
83	WITEK Tomasz	1180		OPEN	45	01:59:15	03:04:18	03:20:23.20	07:35:52.90	+02:57:32 (38.9%)	9:29	6.3 (56.8%)
84	RADOSZEK-ZAKRZYŃSKA Barbara	1007	CSC ADVENTURE ACADEMY	KOBIETY	7	02:02:00	03:03:52	03:19:17.80	07:37:52.50	+02:59:32 (39.2%)	9:26	6.4 (57.7%)

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85	KOZIEŁ Krzysztof	1078		OPEN	46	01:48:59	02:43:26	02:58:03.50	07:41:34.60	+03:03:14 (39.7%)	8:26	7.1 (64.0%)
86	PIKUŁA Sebastian	1168	DZIKIE DZIKI GORZÓW	MIX	33	01:52:14	02:49:17	03:03:58.65	07:41:35.25	+03:03:15 (39.7%)	8:43	6.9 (62.2%)
87	ANDRZEJCZAK Anna	1079	NKB CHYŻY NOWY TOMYŚL	OPEN	47	01:56:32	02:56:52	03:11:08.25	07:45:26.20	+03:07:06 (40.2%)	9:03	6.6 (59.5%)
88	DREKO Krzysztof	1103	TURBO TEAM	OPEN	48	01:59:10	03:02:56	03:20:36.00	07:47:14.00	+03:08:53 (40.4%)	9:30	6.3 (56.8%)
89	PAŁKIEWICZ Krzysztof	1141		OPEN	49	02:00:26	03:15:39	03:36:03.30	07:47:45.95	+03:09:25 (40.5%)	10:14	5.9 (53.2%)
90	MATUSZEK Krzysiu	1186	CZARNY SKŁAD	MIX	34	01:50:35	02:53:46	03:10:29.00	07:49:31.80	+03:11:11 (40.7%)	9:01	6.6 (59.5%)
91	GARBOWSKI Tomasz	1109		MIX	35	01:59:53	03:08:39	03:23:38.85	07:50:19.50	+03:11:59 (40.8%)	9:39	6.2 (55.9%)
92	KNAP Anna	1149	NOA	MIX	36	02:06:11	03:08:52	03:29:03.25	07:56:36.60	+03:18:16 (41.6%)	9:54	6.1 (55.0%)
93	CUPER-GANCARSKA Katarzyna	1161		MIX	37	02:21:35	03:36:27	03:58:09.50	07:56:48.40	+03:18:28 (41.6%)	11:17	5.3 (47.7%)
94	SMIERZCHAŁA Marta	1094	PRO366	KOBIETY	8	02:00:13	03:00:26	03:16:13.75	07:57:05.05	+03:18:44 (41.7%)	9:17	6.5 (58.6%)
95	JAGODZIŃSKA Aleksandra	1157		MIX	38	02:20:29	03:36:12	03:57:39.10	07:57:16.85	+03:18:56 (41.7%)	11:15	5.3 (47.7%)
96	STASZEWSKI Darek	1120	7.BKPOW	OPEN	50	02:00:58	03:11:59	03:28:38.00	08:01:15.85	+03:22:55 (42.2%)	9:53	6.1 (55.0%)
97	JOŃCZYK Erwin	1088		OPEN	51		02:59:15	03:15:32.50	08:02:40.95	+03:24:20 (42.3%)	9:16	6.5 (58.6%)
98	RYBKOWSKI Hubert	1075		OPEN	52	01:58:17	02:59:30	03:15:39.20	08:03:15.50	+03:24:55 (42.4%)	9:16	6.5 (58.6%)
99	ŚWIERZOWSKA 19 10 1978 Magdalena	1178	JESTEŚMY OD ROMKA	MIX	39	02:11:08	03:18:09	03:35:17.30	08:05:20.55	+03:27:00 (42.7%)	10:12	5.9 (53.2%)
100	PERENC Michał	1131	CARPATHIAN RUNNERS	OPEN	53	02:00:29	03:08:18	03:24:41.60	08:05:22.50	+03:27:02 (42.7%)	9:42	6.2 (55.9%)
101	KRAKOWCZYK Adam	1193		OPEN	54	02:05:01	03:18:25	03:36:53.50	08:07:23.20	+03:29:03 (42.9%)	10:16	5.8 (52.3%)
102	SZUBERT-WALENCZAK Magdalena	1122	TEAM ZABIEGANEDNI	MIX	40	02:13:40	03:14:30	03:31:20.00	08:07:23.60	+03:29:03 (42.9%)	10:00	6 (54.1%)
103	OLESZEK Magdalena	1107		MIX	41	02:13:18	03:20:54	03:38:04.25	08:07:40.35	+03:29:20 (42.9%)	10:20	5.8 (52.3%)
104	KRUSZEWSKI Jacek	1102		OPEN	55	01:54:29	02:53:12	03:43:06.15	08:07:44.95	+03:29:24 (42.9%)	10:34	5.7 (51.4%)
105	KARMOLIŃSKA-PETA Iwona	1030		MIX	42	02:14:02	03:25:59	03:44:41.55	08:08:04.95	+03:29:44 (43.0%)	10:38	5.6 (50.5%)
106	KORBANEK Emilia	1048		MIX	43	02:05:10	03:07:09	03:25:07.20	08:09:37.75	+03:31:17 (43.2%)	9:43	6.2 (55.9%)
107	DĄBKIEWICZ Dominika	1130	NIGHT RUNNERS	KOBIETY	9	02:00:25	03:02:37	03:18:31.65	08:10:22.20	+03:32:02 (43.2%)	9:24	6.4 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad U Zabiteho 12.5km	Szczeliniec 20.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
108	FERENC Elżbieta	1151		MIX	44	01:58:39	02:56:16	03:12:18.35	08:17:18.65	+03:38:58 (44.0%)	9:06	6.6 (59.5%)
109	CZARNIK- PECIAK Aleksandra	1111	ULKS KARLIK PRZEZCHLEBIE	MIX	45	02:14:00	03:22:44	03:40:33.15	08:18:09.00	+03:39:48 (44.1%)	10:27	5.7 (51.4%)
110	WOJCIECHOWSKA Aleksandra	1086		KOBIETY	10	01:57:37	03:01:33	03:17:39.25	08:18:20.00	+03:39:59 (44.1%)	9:22	6.4 (57.7%)
111	CIPORA Maciej	1066		OPEN	56	02:36:01	03:52:06	04:13:29.80	08:18:43.60	+03:40:23 (44.2%)	12:00	5 (45.0%)
112	MALIK Agnieszka	1167		MIX	46	06:55:47	08:02:19	08:19:12.90	08:19:12.90	+03:40:52 (44.2%)	23:39	2.5 (22.5%)
113	KOMAN Michał	1152	FIZJOBIEGACZE SZCZECIN	OPEN	57	02:03:41	03:13:43	03:31:55.75	08:19:15.00	+03:40:54 (44.2%)	10:02	6 (54.1%)
114	BRASEL Marcin	1154	TRIGYM	MIX	47	02:00:19	03:16:10	03:34:52.95	08:20:33.25	+03:42:13 (44.4%)	10:10	5.9 (53.2%)
115	STASIAK Łukasz	1133	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	OPEN	58	02:07:58	03:18:13	03:37:15.55	08:27:43.25	+03:49:23 (45.2%)	10:17	5.8 (52.3%)
116	PRZYBYCIEŃ Krzysztof	1172		MIX	48	01:56:37	02:50:10	03:04:16.05	08:28:41.55	+03:50:21 (45.3%)	8:43	6.9 (62.2%)
117	SZYNDLAREWICZ Tomasz	1137	VOLVO POLSKA	OPEN	59	02:14:33	03:33:20	03:52:38.70	08:28:58.70	+03:50:38 (45.3%)	11:01	5.4 (48.6%)
118	MACIBOCH Paulina	1110		KOBIETY	11	02:23:55	03:44:29	04:06:57.10	08:30:02.40	+03:51:42 (45.4%)	11:42	5.1 (45.9%)
119	SYNOWIEC Patryk	1029	DESTYLATOR RUNNING TEAM	OPEN	60	02:15:13	03:33:02	03:52:19.25	08:32:56.40	+03:54:36 (45.7%)	11:00	5.4 (48.6%)
120	OLEJNIK Wojciech	1150		OPEN	61	02:05:13	03:12:52	03:30:40.15	08:33:18.05	+03:54:57 (45.8%)	9:59	6 (54.1%)
121	CZUBAŁA Olga	1045	KROPA TEAM	MIX	49	02:19:51	03:36:57	03:55:48.15	08:34:39.30	+03:56:19 (45.9%)	11:10	5.4 (48.6%)
122	BURMAJSTER-DĄBROWSKA Anna	1093	ULTRA LASKI	KOBIETY	12	02:30:35	03:40:24	04:00:21.20	08:36:45.50	+03:58:25 (46.1%)	11:23	5.3 (47.7%)
123	CZECZOTT Małgorzata	1001	SNG WILD DUCKS	KOBIETY	13	02:03:51	03:07:20	03:23:16.20	08:42:24.80	+04:04:04 (46.7%)	9:38	6.2 (55.9%)
124	HENCLEWSKA Dagmara	1112	PRO366	MIX	50	02:14:02	03:19:16	03:37:42.90	08:42:33.45	+04:04:13 (46.7%)	10:19	5.8 (52.3%)
125	SOSZYŃSKI Piotr	1018	INDOORY URSUS SROMBOLI	MIX	51	02:14:34	03:36:41	04:00:04.05	08:43:42.80	+04:05:22 (46.9%)	11:22	5.3 (47.7%)
126	ŚLESICKI Konstanty	1121		MIX	52	02:19:12	03:37:06	03:56:30.60	08:48:34.50	+04:10:14 (47.3%)	11:12	5.4 (48.6%)
127	POŁATYŃSKI Daniel	1169	CRAZY BIRDS	OPEN	62	02:03:58	03:39:34	04:01:33.55	08:48:52.40	+04:10:32 (47.4%)	11:26	5.2 (46.8%)
128	HADUŁA Justyna	1095	CAŁA OLEŚNICA BIEGA	KOBIETY	14	02:04:02	03:07:20	03:23:51.95	08:50:38.80	+04:12:18 (47.5%)	9:39	6.2 (55.9%)
129	BOBER Dorota	1127		MIX	53	02:07:00	03:18:06	03:38:52.95	08:51:11.85	+04:12:51 (47.6%)	10:22	5.8 (52.3%)
130	PODSIEDZIK Marcin	1134		MIX	54	02:02:49	03:06:59	03:26:31.55	08:51:50.45	+04:13:30 (47.7%)	9:47	6.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad U Zabiteho 12.5km	Szczeliniec 20.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
131	GONERA Kazimierz	1074	KB HARCOWNIK JELCZ-LASKOWICE	MIX	55	02:29:46	03:53:58	04:16:53.45	08:56:07.90	+04:17:47 (48.1%)	12:10	4.9 (44.1%)
132	TOMASIK Andrzej	1118		OPEN	63	01:59:40	03:10:25	03:29:24.10	08:59:57.15	+04:21:37 (48.5%)	9:55	6 (54.1%)
133	SZENDZIELORZ Marcin	1098	SOCIOS SILESIA	OPEN	64	02:22:04	03:47:06	04:07:32.00	09:00:42.45	+04:22:22 (48.5%)	11:43	5.1 (45.9%)
134	KOMAR Agata	1060		KOBIETY	15	02:25:06	03:40:06	04:00:04.20	09:01:01.15	+04:22:41 (48.6%)	11:22	5.3 (47.7%)
135	MROZIK Mariusz	1166	DZIKIE DZIKI GORZOW	MIX	56	02:14:52	03:22:40	03:38:55.30	09:01:21.35	+04:23:01 (48.6%)	10:22	5.8 (52.3%)
136	SZNEJDER Anita	1177	FUNDACJA KIERUNEK ULTRA	MIX	57	02:10:07	03:14:29	03:32:52.65	09:01:46.80	+04:23:26 (48.6%)	10:05	5.9 (53.2%)
137	TOMASZEWSKA Monika	1058		MIX	58	02:21:24	03:35:55	03:57:53.45	09:02:00.10	+04:23:39 (48.6%)	11:16	5.3 (47.7%)
138	MARCINIAK Katarzyna	1024		KOBIETY	16	02:29:13	03:52:13	04:14:38.55	09:02:48.45	+04:24:28 (48.7%)	12:04	5 (45.0%)
139	BARCZAK Robert	1096	RUN TEAM RYDZYNA	MIX	59	07:39:07	08:48:04	09:06:46.40	09:06:46.40	+04:28:26 (49.1%)	25:54	2.3 (20.7%)
140	DREKO Anna	1114	AD GROUP	MIX	60	02:16:00	03:28:08	03:43:56.25	09:10:15.10	+04:31:54 (49.4%)	10:36	5.7 (51.4%)
141	JEŻ Paweł	1009	SNG WILD DUCKS II	OPEN	65	07:46:00	08:52:56	09:10:31.80	09:10:31.80	+04:32:11 (49.4%)	26:05	2.3 (20.7%)
142	MILKOWSKA Justyna	1190	DECATHLON RYBNIK & PRZYJACIELE	MIX	61	02:39:49	04:12:53	04:35:41.15	09:10:54.55	+04:32:34 (49.5%)	13:03	4.6 (41.4%)
143	JÓZEF Marek	1132		MIX	62	02:26:03	03:51:46	04:13:05.90	09:11:33.45	+04:33:13 (49.5%)	11:59	5 (45.0%)
144	RAKOWSKA Dorota	1070	RADZYMIN RUN TEAM	MIX	63	02:41:16	04:02:33	04:21:36.25	09:13:38.60	+04:35:18 (49.7%)	12:23	4.8 (43.2%)
145	NOWAK Filip	1128	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OPEN	66	02:24:08	03:47:05	04:07:51.30	09:17:04.40	+04:38:44 (50.0%)	11:44	5.1 (45.9%)
146	KUBICKI Robert	1064		OPEN	67	02:25:43	03:42:29	04:02:51.80	09:20:19.45	+04:41:59 (50.3%)	11:30	5.2 (46.8%)
147	JUSZCZYK Joanna	1034	GOSŁAW SPORT CENTER	MIX	64	02:49:25	04:12:46	04:37:14.55	09:21:15.30	+04:42:55 (50.4%)	13:08	4.6 (41.4%)
148	KRÓL-KRAJEWSKA Agnieszka Hortensja	1004	NIGHT RUNNERS	MIX	65	02:24:28	03:37:57	03:58:33.10	09:24:33.60	+04:46:13 (50.7%)	11:18	5.3 (47.7%)
149	KROSZKA Beata	1087		KOBIETY	17	02:37:43	04:00:03	04:21:17.50	09:26:53.25	+04:48:33 (50.9%)	12:22	4.8 (43.2%)
150	HETEL Adam	1105	KLUB BIEGACZA RTV EURO AGD	OPEN	68	02:28:00	03:49:38	04:09:13.60	09:31:23.55	+04:53:03 (51.3%)	11:48	5.1 (45.9%)
151	NETOLICKÝ Martin	1014		OPEN	69	02:23:44	03:41:36	04:05:01.55	09:31:43.00	+04:53:22 (51.3%)	11:36	5.2 (46.8%)
152	ZNAMIROWSKA Małgorzata	1081		MIX	66	02:47:53	04:08:22	04:26:50.15	09:31:53.25	+04:53:33 (51.3%)	12:38	4.7 (42.3%)
153	SUCHY Bartosz	1116		MIX	67	02:18:02	03:52:09	04:11:53.80	09:32:49.20	+04:54:29 (51.4%)	11:56	5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Nad U Zabiteho 12.5km	Szczeliniec 20.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
154	SWOREK Basia	1187	BIEGOWE WIÓRKI	MIX	68	02:12:42	09:09:20	09:34:33.90	09:34:33.90	+04:56:13 (51.6%)	27:13	2.2 (19.8%)
155	ŁOPATKA Piotr	1117		OPEN	70	07:55:33	09:16:31	09:38:03.20	09:38:03.20	+04:59:43 (51.8%)	27:23	2.2 (19.8%)
156	OPIOŁA Grzegorz	1101	ELEKTROPARTNER ZĄBKOWICE ŚLĄSKIE	OPEN	71	02:38:03	04:12:20	04:33:04.55	09:42:00.30	+05:03:40 (52.2%)	12:56	4.6 (41.4%)
157	SENIÓW Joanna	1148		KOBIETY	18	02:14:41	03:28:52			+03:37:20	10:23	5.8 (52.3%)
158	PIASKOWSKA-NOGA Aleksandra	1123		MIX	69	02:39:58	04:16:16			+04:57:38	12:44	4.7 (42.3%)
159	KRZECZKOWSKI Roman	1080	CUDO KOMBUCHA TEAM	OPEN	72	02:20:16	08:51:34			+04:17:34	26:26	2.3 (20.7%)
160	DOJS Aleksandra	1023	NIGHT RUNNERS POZNAŃ	KOBIETY	19	08:06:36	09:29:36			+04:55:36	28:20	2.1 (18.9%)
161	SOKOŁOWSKI Artur	1124	TEAM ZABIEGANEDNI	MIX	70	08:06:40	09:34:46			+05:00:46	28:35	2.1 (18.9%)
162	BIS Marcin	1073	WIERZBICKI RUNNING PROJECT	MIX	71	02:19:10				+	11:08	5.4 (48.6%)
163	PASZKE Maciej	1162	BISTURI	OPEN	73	02:21:41				+	11:20	5.3 (47.7%)
164	CAŁKA Agnieszka	1069	RADZYMIN RUN TEAM	MIX	72							(0.0%)
	SADOWSKI Michał	1026	#CRAZYTEAM	MIX		DNF	DNF	DNF	DNF		-	- (0.0%)
	ROGOZIŃSKA Barbara	1019		MIX		DNF	DNF	DNF	DNF		-	- (0.0%)
	WOJTOŃ Małgorzata	1025	PORANNY PATROL	KOBIETY		DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 167 wynik(ów)