

Wydarzenie: Sztafeta Górska 2019
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-04-13
Miejsce: Kudowa-Zdrój
Dystans: 22,9 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 22.9km	Różn	Tempo min/km	Tempo km/h
1	DOMBROWSKI Maciej	1119	PRZYJACIELE PO PROSTU	OPEN	1	01:40:36.20		4:23	13.7 (100%)
2	BRÝDL Pavel	1001	SALOMON CZ/WILLA SPA SCALIANO	OPEN	2	01:43:49.05	+00:03:12 (3.1%)	4:32	13.2 (96.4%)
3	KOŚCIELNIAK Kacper	1063	KILOMETERS EATERS TEAM	OPEN	3	01:44:22.25	+00:03:46 (3.6%)	4:33	13.2 (96.4%)
4	PLNÝ David	1177	HOU HOU HOU	OPEN	4	01:47:15.80	+00:06:39 (6.2%)	4:41	12.8 (93.4%)
5	BACHLEDA Łukasz	1067	TEAM MOUNTAIN FUEL POLSKA	OPEN	5	01:47:27.60	+00:06:51 (6.4%)	4:41	12.8 (93.4%)
6	MUSIELSKI Kamil	1009	SOWIODZIKI	OPEN	6	01:48:08.15	+00:07:31 (7.0%)	4:43	12.7 (92.7%)
7	HUZIOR Piotr	1003	ATTIQ	OPEN	7	01:49:52.60	+00:09:16 (8.4%)	4:47	12.5 (91.2%)
8	LANGNER Radosław	1181	RMT TEAM ~ RATEMYTRAIL.COM	OPEN	8	01:54:24.60	+00:13:48 (12.1%)	4:59	12 (87.6%)
9	MARCHUK Wioletta	1006	INOV8/UD	OPEN	9	01:55:13.30	+00:14:37 (12.7%)	5:01	11.9 (86.9%)
10	SZEWCZYK Rafał	1053	UMIŁOWANI W BEKONIE	OPEN	10	01:56:04.95	+00:15:28 (13.3%)	5:04	11.8 (86.1%)
11	KOPYCZOK Michał	1100	BROTHERS IN PAIN	OPEN	11	01:56:17.05	+00:15:40 (13.5%)	5:04	11.8 (86.1%)
12	KOŁODZIEJCZYK Kamil	1148	SOCIOS SILESIA1	OPEN	12	01:57:25.85	+00:16:49 (14.3%)	5:07	11.7 (85.4%)
13	HOLUB Miroslav	1193	RUNSPORT TEAM	OPEN	13	01:57:50.45	+00:17:14 (14.6%)	5:08	11.7 (85.4%)
14	BŁASZYK Mateusz	1197	UMIŁOWANI W TOFUROŻKU	OPEN	14	01:58:59.60	+00:18:23 (15.5%)	5:11	11.5 (83.9%)
15	PAZDAN Piotr	1050	KOWARY BIEGAJĄ	OPEN	15	01:59:27.85	+00:18:51 (15.8%)	5:13	11.5 (83.9%)
16	TOMASIAK Natalia	1002	SALCO RETRO TEAM 2015	OPEN	16	01:59:42.45	+00:19:06 (16.0%)	5:13	11.5 (83.9%)
17	PIASECKI Radosław	1042	SPEED 4 TEAM	OPEN	17	02:00:25.35	+00:19:49 (16.5%)	5:15	11.4 (83.2%)
18	JASTRZĘBSKI Piotr	1064	SOCIOS SILESIA	OPEN	18	02:01:39.30	+00:21:03 (17.3%)	5:18	11.3 (82.5%)
19	GORCZYŃSKI Norbert	1183	THE ŁAN TEAM	OPEN	19	02:01:44.45	+00:21:08 (17.4%)	5:18	11.3 (82.5%)
20	TELATYŃSKA Sylwia	1021	ROMEO I JULIE	OPEN	20	02:02:08.80	+00:21:32 (17.6%)	5:20	11.3 (82.5%)
21	KĄCKA Anna	1005	FAJNA DRUŻYNA	OPEN	21	02:02:29.75	+00:21:53 (17.9%)	5:20	11.2 (81.8%)
22	YURTSUN Stepan	1169	SPARTA ULTRA TEAM 1	OPEN	22	02:02:39.45	+00:22:03 (18.0%)	5:21	11.2 (81.8%)
23	ŁĘŻNIAK Aleksander	1015	MONK SANDALS TEAM	OPEN	23	02:04:54.20	+00:24:18 (19.5%)	5:27	11 (80.3%)
24	ŚCIUBA Aneta	1110	STAY INSANE/BIEGUSIEM.PL	OPEN	24	02:05:16.65	+00:24:40 (19.7%)	5:28	11 (80.3%)
25	ZAGUBIEŃ Wojciech	1065	EUFORABIEGACZATEM	OPEN	25	02:05:20.30	+00:24:44 (19.7%)	5:28	11 (80.3%)
26	KUŚNIERCZAK Wiesław	1195	RZYĆ CHYŻA GZEGŻÓŁKI I CZYŻA	OPEN	26	02:05:31.45	+00:24:55 (19.9%)	5:28	10.9 (79.6%)
27	ZEISKOVA Marketa	1135	CESKE HOLKY	OPEN	27	02:05:32.00	+00:24:55 (19.9%)	5:28	10.9 (79.6%)
28	SNARSKI Bogdan	1076	ULTRARAGAZZI	OPEN	28	02:05:36.75	+00:25:00 (19.9%)	5:29	10.9 (79.6%)
29	CIEŚLIK Paweł	1095	PO ROBOCIE	OPEN	29	02:07:57.10	+00:27:20 (21.4%)	5:35	10.7 (78.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						22.9km	Różn		
30	SŁODKOWSKI Krzysztof	1098	ULTRAWAPNIAKI	OPEN	30	02:08:11.60	+00:27:35 (21.5%)	5:35	10.7 (78.1%)
31	CEBULA Leszek	1124	POZKRAKI	OPEN	31	02:08:51.50	+00:28:15 (21.9%)	5:37	10.7 (78.1%)
32	PIĄTEK Karolina	1129	LADIES TEAM	OPEN	32	02:09:06.85	+00:28:30 (22.1%)	5:38	10.6 (77.4%)
33	KAMIŃSKI Cezary	1089	GOATS GONE WILD	OPEN	33	02:11:06.80	+00:30:30 (23.3%)	5:43	10.5 (76.6%)
34	GRZYWACZEWSKA Justyna	1004	CITY TRAIL TEAM	OPEN	34	02:11:45.70	+00:31:09 (23.6%)	5:45	10.4 (75.9%)
35	JABŁOŃSKI Paweł	1083	SUDECCY D-E-P-TACZE TEAM	OPEN	35	02:12:41.80	+00:32:05 (24.2%)	5:47	10.4 (75.9%)
36	BERNAT Katarzyna	1101	POZYTYWNI FURIACI	OPEN	36	02:13:03.50	+00:32:27 (24.4%)	5:48	10.3 (75.2%)
37	MALEC Arkadiusz	1084	SZTURM	OPEN	37	02:14:47.00	+00:34:10 (25.4%)	5:53	10.2 (74.5%)
38	PAPROCKI Krzysztof	1027	ZBIEGI	OPEN	38	02:15:34.05	+00:34:57 (25.8%)	5:55	10.1 (73.7%)
39	ADAMCZYK Mirosław	1191	CSC ADVENTURE ACADEMY	OPEN	39	02:16:38.65	+00:36:02 (26.4%)	5:58	10.1 (73.7%)
40	KWIATKOWSKI Paweł	1138	VICTORIA DOBRZYŃ	OPEN	40	02:17:05.15	+00:36:28 (26.6%)	5:59	10 (73.0%)
41	CIECHANOWSKI Bartłomiej	1150	ZAPASIENI TRUCHTACZE	OPEN	41	02:17:47.25	+00:37:11 (27.0%)	6:01	10 (73.0%)
42	MICHALSKI Piotr	1157	3 PIERONY	OPEN	42	02:18:02.70	+00:37:26 (27.1%)	6:01	10 (73.0%)
43	WALEŃSKI Maciej	1078	PROTON	OPEN	43	02:18:15.85	+00:37:39 (27.2%)	6:02	9.9 (72.3%)
44	KURPIEWSKA Anna	1028	3W1	OPEN	44	02:18:24.80	+00:37:48 (27.3%)	6:02	9.9 (72.3%)
45	FEODORÓW Wojciech	1187	SKURCZYBYKI	OPEN	45	02:18:29.50	+00:37:53 (27.4%)	6:02	9.9 (72.3%)
46	SIOMA Konrad	1055	FREE RUN	OPEN	46	02:18:30.45	+00:37:54 (27.4%)	6:02	9.9 (72.3%)
47	ROMANOWICZ Łukasz	1012	NO SUGAR CAFE	OPEN	47	02:18:39.05	+00:38:02 (27.4%)	6:03	9.9 (72.3%)
48	NIEWIADA Maciej	1020	EXPLORADOR	OPEN	48	02:18:46.85	+00:38:10 (27.5%)	6:03	9.9 (72.3%)
49	GOLEŃ Marcin	1156	DA STYGMATYK	OPEN	49	02:18:57.70	+00:38:21 (27.6%)	6:04	9.9 (72.3%)
50	ŁUCZAK Marcin	1058	OSZUKANI PRZEZ BMI	OPEN	50	02:19:18.65	+00:38:42 (27.8%)	6:05	9.9 (72.3%)
51	SULIMA Grzegorz	1043	MGM STRZEGOM	OPEN	51	02:19:22.55	+00:38:46 (27.8%)	6:05	9.9 (72.3%)
52	FERDEK Igor	1140	KULAWIE PIERONY	OPEN	52	02:19:59.65	+00:39:23 (28.1%)	6:06	9.8 (71.5%)
53	DUDA Bartosz	1016	FIZJOBIEGACZE	OPEN	53	02:20:10.25	+00:39:34 (28.2%)	6:07	9.8 (71.5%)
54	WIECZOREK Agata	1011	KOPALNIA MOCY	OPEN	54	02:20:15.20	+00:39:39 (28.3%)	6:07	9.8 (71.5%)
55	STRASZKO Monika	1017	DZIKIE HUCUŁY	OPEN	55	02:20:51.30	+00:40:15 (28.6%)	6:09	9.8 (71.5%)
56	KRUŻOŁEK Monika	1184	TURBOPTYŚIE&MICHAŁ-SKALNIK.PL	OPEN	56	02:21:25.10	+00:40:48 (28.9%)	6:10	9.7 (70.8%)
57	STARUCH Robert	1114	NULLPOINTER	OPEN	57	02:21:34.70	+00:40:58 (28.9%)	6:10	9.7 (70.8%)
58	RODAK Zbigniew	1044	GRUPA BIEGOWA 'BEZ GRANIC'	OPEN	58	02:21:37.15	+00:41:00 (29.0%)	6:11	9.7 (70.8%)
59	GRUSZKA Aleksandra	1182	GÓRALKI BEZ HALKI	OPEN	59	02:21:44.20	+00:41:08 (29.0%)	6:11	9.7 (70.8%)
60	CZERWIŃSKI Maciej	1045	KIBOLSKI KS	OPEN	60	02:21:49.05	+00:41:12 (29.1%)	6:11	9.7 (70.8%)
61	KOZIRÓG Dagmara	1026	IRONGIRLS	OPEN	61	02:21:59.30	+00:41:23 (29.1%)	6:12	9.7 (70.8%)
62	WINKIEL Arkadiusz	1037	GRYFINO TEAM	OPEN	62	02:22:56.65	+00:42:20 (29.6%)	6:14	9.6 (70.1%)
63	VONDRACKOVA Marketa	1200	BEHNY Z CECH	OPEN	63	02:23:32.75	+00:42:56 (29.9%)	6:16	9.6 (70.1%)
64	BOROWSKI Rafał	1035	ASYBEZKASY	OPEN	64	02:24:11.35	+00:43:35 (30.2%)	6:17	9.5 (69.3%)
65	GNITECKA Katarzyna	1141	ZAKOCHANE W GÓRACH	OPEN	65	02:24:23.60	+00:43:47 (30.3%)	6:18	9.5 (69.3%)
66	CIEPLUCH Marcin	1120	DZIKI OLEŚNICA	OPEN	66	02:25:01.45	+00:44:25 (30.6%)	6:20	9.5 (69.3%)
67	KOŁODZIŃSKI Paweł	1128	DZIKIE DZIKI GORZÓW	OPEN	67	02:26:38.90	+00:46:02 (31.4%)	6:24	9.4 (68.6%)
68	SZEPczyńska Anna	1175	ŻARY RUNNERS TEAM	OPEN	68	02:26:43.30	+00:46:07 (31.4%)	6:24	9.4 (68.6%)
69	MICHALAK Ewelina	1061	SRC TEAM	OPEN	69	02:26:48.25	+00:46:12 (31.5%)	6:24	9.4 (68.6%)
70	URBAN Daniel	1163	SENTE	OPEN	70	02:27:16.25	+00:46:40 (31.7%)	6:25	9.3 (67.9%)
71	JASIŃSKI Michał	1118	CZASEM NA ASFALCIE	OPEN	71	02:27:37.50	+00:47:01 (31.9%)	6:26	9.3 (67.9%)
72	MAĆKOWIAK Krzysztof	1008	MAĆKOWIAK TEAM	OPEN	72	02:27:54.70	+00:47:18 (32.0%)	6:27	9.3 (67.9%)
73	JAŻNIEWICZ Artur	1158	PUMY PATAGOŃSKIE	OPEN	73	02:28:44.70	+00:48:08 (32.4%)	6:29	9.2 (67.2%)

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						22.9km	Różn		
74	GRABOWSKI Wojciech	1152	DZIKI TRZY	OPEN	74	02:29:33.95	+00:48:57 (32.7%)	6:31	9.2 (67.2%)
75	PIETRASZEWSKI Witold	1088	ORŁY AGNIESZKI- OBY DO METY	OPEN	75	02:30:27.00	+00:49:50 (33.1%)	6:34	9.1 (66.4%)
76	PETA Rafał	1151	RAM	OPEN	76	02:30:53.35	+00:50:17 (33.3%)	6:35	9.1 (66.4%)
77	JĘDRZEJEWSKA Maria	1059	TROCHĘ SAJKO	OPEN	77	02:30:59.80	+00:50:23 (33.4%)	6:35	9.1 (66.4%)
78	SZUREK Paulina	1190	NATALIA TOMASIAK GÓRSKI STYL	OPEN	78	02:31:08.90	+00:50:32 (33.4%)	6:36	9.1 (66.4%)
79	MICHALAK Wojciech	1007	GIZDY PIEROŃSKIE	OPEN	79	02:31:10.95	+00:50:34 (33.5%)	6:36	9.1 (66.4%)
80	CHORZĘPA Adam	1121	KUDOWSCY MIŁOŚNICY BIEGANIA	OPEN	80	02:32:10.75	+00:51:34 (33.9%)	6:38	9 (65.7%)
81	SUCHOCKI Grzegorz	1051	G-G-M TEAM	OPEN	81	02:32:54.40	+00:52:18 (34.2%)	6:40	9 (65.7%)
82	MIRSKI Jerzy	1046	WKURW_TEAM	OPEN	82	02:32:57.85	+00:52:21 (34.2%)	6:40	9 (65.7%)
83	NIŻEWSKI Paweł	1167	KRAKOWIAK TEAM	OPEN	83	02:33:03.75	+00:52:27 (34.3%)	6:41	9 (65.7%)
84	LEWALD Michał	1185	MUKAINADA RUNNING TEAM	OPEN	84	02:33:21.45	+00:52:45 (34.4%)	6:41	9 (65.7%)
85	PIĘTKA Marta	1146	BUSHIDO	OPEN	85	02:33:42.70	+00:53:06 (34.6%)	6:42	8.9 (65.0%)
86	ŚWIATOWY Michał	1038	JEŻYKI	OPEN	86	02:35:04.40	+00:54:28 (35.1%)	6:46	8.9 (65.0%)
87	PIERZCHAŁA Anna	1139	BIEGAMY DOKŁADNIE	OPEN	87	02:35:04.45	+00:54:28 (35.1%)	6:46	8.9 (65.0%)
88	RYMARSKI Arkadiusz	1116	NOA 3-PACK	OPEN	88	02:35:14.95	+00:54:38 (35.2%)	6:46	8.9 (65.0%)
89	KUŁAKOWSKA Małgorzata	1104	ŻELAZNA ŚWIDNICA TRI TEAM	OPEN	89	02:35:18.00	+00:54:41 (35.2%)	6:46	8.8 (64.2%)
90	MAZURCZAK Maciej	1145	TRZEJ RYCERZE	OPEN	90	02:35:26.70	+00:54:50 (35.3%)	6:47	8.8 (64.2%)
91	BONIKOWSKI Mateusz	1036	#DOPORZYGU	OPEN	91	02:35:51.25	+00:55:15 (35.5%)	6:48	8.8 (64.2%)
92	JODEL Przemysław	1023	FIZJOTEAM	OPEN	92	02:37:10.65	+00:56:34 (36.0%)	6:51	8.7 (63.5%)
93	NYKIEL Marlena	1030	BEZ NAZWY :)	OPEN	93	02:37:12.30	+00:56:36 (36.0%)	6:51	8.7 (63.5%)
94	WŁOCH Kamil	1147	KAMIL JEST PIĘKNY	OPEN	94	02:37:18.70	+00:56:42 (36.0%)	6:52	8.7 (63.5%)
95	ADAMCZEWSKI Jakub	1099	NO PROBLAMA	OPEN	95	02:37:30.95	+00:56:54 (36.1%)	6:52	8.7 (63.5%)
96	HENDRYS Marek	1171	SPARTA ULTRA TEAM NIEZNISZCZALNI	OPEN	96	02:38:31.35	+00:57:55 (36.5%)	6:55	8.7 (63.5%)
97	TYSZKIEWICZ Agnieszka	1180	UKA ULTRAS	OPEN	97	02:38:55.45	+00:58:19 (36.7%)	6:56	8.6 (62.8%)
98	ŁAMPIKA Kinga	1018	MISIE PYSIE	OPEN	98	02:39:27.70	+00:58:51 (36.9%)	6:57	8.6 (62.8%)
99	KOCJAN Paweł	1107	ARCYWROGOWIE	OPEN	99	02:39:37.80	+00:59:01 (37.0%)	6:58	8.6 (62.8%)
100	GAJDA Krzysztof	1115	CERBER	OPEN	100	02:39:40.45	+00:59:04 (37.0%)	6:58	8.6 (62.8%)
101	NEUMANN Jacek	1111	EXPLORADOR	OPEN	101	02:39:44.10	+00:59:07 (37.0%)	6:58	8.6 (62.8%)
102	KOPYCZOK Justyna	1117	W POGONI ZA KOPYTKIEM	OPEN	102	02:39:58.90	+00:59:22 (37.1%)	6:59	8.6 (62.8%)
103	NIAR Wioletta	1108	CSC ADVENTURE ACADEMY	OPEN	103	02:40:08.70	+00:59:32 (37.2%)	6:59	8.6 (62.8%)
104	STANKIEWICZ Paweł	1056	OSWITZ	OPEN	104	02:40:28.50	+00:59:52 (37.3%)	7:00	8.6 (62.8%)
105	SOKÓŁ Marcin	1033	CAPGEMINI	OPEN	105	02:40:34.40	+00:59:58 (37.3%)	7:00	8.6 (62.8%)
106	KURZAWA Marcin	1174	SPARTA ULTRA TEAM DĘBOWY I DZIEWCZYNY	OPEN	106	02:41:25.80	+01:00:49 (37.7%)	7:02	8.5 (62.0%)
107	HUDEČKOVÁ Daniela	1178	TRANS BRDY TEAM LETY	OPEN	107	02:41:38.30	+01:01:02 (37.8%)	7:03	8.5 (62.0%)
108	GOLIŃSKI Adrian	1091	JANUSZE ULTRA	OPEN	108	02:41:43.90	+01:01:07 (37.8%)	7:03	8.5 (62.0%)
109	SYGIET Andrzej	1094	HEDONIŚCI	OPEN	109	02:41:52.95	+01:01:16 (37.9%)	7:04	8.5 (62.0%)
110	PAZDAN Natalia	1194	KARPACZ SPORT / KOWARY BIEGAJĄ	OPEN	110	02:42:03.35	+01:01:27 (37.9%)	7:04	8.5 (62.0%)
111	WITKOWSKI Krzysztof	1068	KOPALNIA MOCY TARNOBRZEG	OPEN	111	02:42:48.80	+01:02:12 (38.2%)	7:06	8.4 (61.3%)
112	GARCZYŃSKA Ania	1077	AKD TEAM	OPEN	112	02:44:10.80	+01:03:34 (38.7%)	7:10	8.4 (61.3%)
113	BIELECKA Marlena	1097	BIEGNIEMY Z ROZUMEM	OPEN	113	02:44:22.10	+01:03:45 (38.8%)	7:10	8.4 (61.3%)
114	MIĘKISIAK Rafał	1130	DEBIUTANCI AWF	OPEN	114	02:45:00.95	+01:04:24 (39.0%)	7:12	8.3 (60.6%)
115	ŻYGIEŁO Monika	1010	MŁODZI GNIEWNI	OPEN	115	02:45:05.70	+01:04:29 (39.1%)	7:12	8.3 (60.6%)
116	PITOŃ Aneta	1090	ABY DO METY/NEOPROFIL	OPEN	116	02:45:34.15	+01:04:57 (39.2%)	7:13	8.3 (60.6%)
117	MAJEWSKA Joanna	1170	PGE RUN OBRÓT	OPEN	117	02:46:01.70	+01:05:25 (39.4%)	7:15	8.3 (60.6%)

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118	BONIEC Gabriela	1164	ZIELONY LAS	OPEN	118	02:46:12.25	+01:05:36 (39.5%)	7:15	8.3 (60.6%)
119	RZEŹNIK Mariusz	1137	ROZBIEGANY RAWICZ AKUNA RUN	OPEN	119	02:46:45.05	+01:06:08 (39.7%)	7:16	8.2 (59.9%)
120	KRZECZKOWSKI Roman	1103	DZIKA WATAHA	OPEN	120	02:47:33.90	+01:06:57 (40.0%)	7:19	8.2 (59.9%)
121	KRÓL-KRAJEWSKA Agnieszka	1024	3 MUSHKIETERY	OPEN	121	02:47:59.95	+01:07:23 (40.1%)	7:20	8.2 (59.9%)
122	KRÓL-PIDANTY Marzena	1057	BEZGRANIC	OPEN	122	02:48:36.55	+01:08:00 (40.3%)	7:21	8.1 (59.1%)
123	WOLKIEWICZ Dariusz	1161	TRAILOWE BIEGI DUCHOWE	OPEN	123	02:48:47.85	+01:08:11 (40.4%)	7:22	8.1 (59.1%)
124	MOSÓR Mariusz	1165	LISY PUSTYNI	OPEN	124	02:48:54.30	+01:08:18 (40.4%)	7:22	8.1 (59.1%)
125	WINKLER Marcin	1112	GRALNIATEAM	OPEN	125	02:48:55.25	+01:08:19 (40.4%)	7:22	8.1 (59.1%)
126	FURGAŁ Dorota	1106	CAŁA OLEŚNICA BIEGA	OPEN	126	02:49:03.55	+01:08:27 (40.5%)	7:22	8.1 (59.1%)
127	MILKOWSKA Justyna	1032	3XM	OPEN	127	02:49:24.45	+01:08:48 (40.6%)	7:23	8.1 (59.1%)
128	SKOKOWSKI Jacek	1013	WAŁY CHROBREGO	OPEN	128	02:49:27.40	+01:08:51 (40.6%)	7:23	8.1 (59.1%)
129	SZAWARA-ZIÓŁKOWSKA Ewelina	1070	HARCOWNIK 1	OPEN	129	02:49:46.95	+01:09:10 (40.7%)	7:24	8.1 (59.1%)
130	PRYSZCZ Mirosław	1082	SIŁA MASA MOC KIEŁBASA	OPEN	130	02:49:57.30	+01:09:21 (40.8%)	7:25	8.1 (59.1%)
131	GÓRKA Radosław	1143	RADOMSKIE WARCHOŁY	OPEN	131	02:50:44.05	+01:10:07 (41.1%)	7:27	8 (58.4%)
132	BOGACZYŃSKA-ADACH Bożena	1132	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	OPEN	132	02:51:12.00	+01:10:35 (41.2%)	7:28	8 (58.4%)
133	FRĄCKOWIAK Maria	1071	CONSTRAVIA	OPEN	133	02:51:18.70	+01:10:42 (41.3%)	7:28	8 (58.4%)
134	NAUDZIUNAS Agnieszka	1186	NATURAL BORN RUNNERS	OPEN	134	02:51:37.60	+01:11:01 (41.4%)	7:29	8 (58.4%)
135	ŁACHACZ Irmina	1072	ULTRAGRAŻYNY	OPEN	135	02:52:29.00	+01:11:52 (41.7%)	7:31	8 (58.4%)
136	CABAJ Paweł	1062	BAGIENNE DZIKI	OPEN	136	02:52:34.90	+01:11:58 (41.7%)	7:32	8 (58.4%)
137	FIEBIG Natalia	1123	CHYBA DOBIEGNIEMY	OPEN	137	02:52:42.70	+01:12:06 (41.8%)	7:32	8 (58.4%)
138	KOZIOŁ Paweł	1162	ZESRAM SIĘ A NIE DAM SIĘ	OPEN	138	02:52:58.30	+01:12:22 (41.8%)	7:33	7.9 (57.7%)
139	NOWAK Jarosław	1153	GRANINO	OPEN	139	02:53:09.75	+01:12:33 (41.9%)	7:33	7.9 (57.7%)
140	NIEKRASZ Justyna	1096	ICH TROJE	OPEN	140	02:53:44.50	+01:13:08 (42.1%)	7:35	7.9 (57.7%)
141	MICHALAK Aleksandra	1073	TAŃCZĄCA Z DZIKAMI	OPEN	141	02:54:05.50	+01:13:29 (42.2%)	7:36	7.9 (57.7%)
142	GRAMACKI Michał	1014	PROJEKT BRACIA	OPEN	142	02:54:51.55	+01:14:15 (42.5%)	7:38	7.9 (57.7%)
143	GÓRECKA Milena	1102	AKS	OPEN	143	02:55:21.30	+01:14:45 (42.6%)	7:39	7.8 (56.9%)
144	PAŁKA Łukasz	1079	3XL	OPEN	144	02:55:45.55	+01:15:09 (42.8%)	7:40	7.8 (56.9%)
145	MOSKWA Kamila	1047	HUSARIA RACE TEAM	OPEN	145	02:56:13.35	+01:15:37 (42.9%)	7:41	7.8 (56.9%)
146	KOŁCIUK Wojciech	1127	WKURW_TEAM WARSZAWA	OPEN	146	02:56:34.05	+01:15:57 (43.0%)	7:42	7.8 (56.9%)
147	WAGNER Ewa	1092	ULTRA FRUSIAKI	OPEN	147	02:56:42.85	+01:16:06 (43.1%)	7:43	7.8 (56.9%)
148	TYSZER Łukasz	1142	FLUNKYBALL TEAM ŁĄDEK-ZDRÓJ	OPEN	148	02:56:57.00	+01:16:20 (43.1%)	7:43	7.8 (56.9%)
149	KOWALSKA Małgorzata	1154	KB HARCOWNIK 2	OPEN	149	02:57:09.00	+01:16:32 (43.2%)	7:44	7.8 (56.9%)
150	KOWALIŃSKI Marek	1176	SPARTA ULTRA TEAM ZMIXOWANI	OPEN	150	02:57:21.85	+01:16:45 (43.3%)	7:44	7.7 (56.2%)
151	MROZOWSKA Magdalena	1199	KINGRUNNERS	OPEN	151	02:57:29.80	+01:16:53 (43.3%)	7:45	7.7 (56.2%)
152	STALA-KONDRAKIEWICZ Katarzyna	1031	HARCOWNICZKI	OPEN	152	03:00:34.05	+01:19:57 (44.3%)	7:53	7.6 (55.5%)
153	WIŚNIEWSKI Artur	1166	NIEBEZPIECZNE ZBIEGI	OPEN	153	03:01:10.80	+01:20:34 (44.5%)	7:54	7.6 (55.5%)
154	LUBAŃSKA Alicja	1159	50 PLUS	OPEN	154	03:01:21.10	+01:20:44 (44.5%)	7:55	7.6 (55.5%)
155	INDULSKA-SAŁDACZ Edyta	1087	DZIKIE DZIKI 3	OPEN	155	03:03:32.30	+01:22:56 (45.2%)	8:00	7.5 (54.7%)
156	MAJEWSKI Marek	1049	MERINO MOB	OPEN	156	03:04:19.35	+01:23:43 (45.4%)	8:02	7.5 (54.7%)
157	MARCINIAK Michał	1105	PETARDA TEAM	OPEN	157	03:05:36.05	+01:24:59 (45.8%)	8:06	7.4 (54.0%)
158	BAK Konrad	1060	BESKIDZKIE EKLERKI	OPEN	158	03:06:06.45	+01:25:30 (45.9%)	8:07	7.4 (54.0%)
159	ZAUCHA Marta	1188	3XM	OPEN	159	03:06:19.50	+01:25:43 (46.0%)	8:08	7.4 (54.0%)
160	FEDOROWICZ Jowita	1125	KOTWICA BRZEG	OPEN	160	03:08:02.25	+01:27:26 (46.5%)	8:12	7.3 (53.3%)
161	CHODOROWSKI Krzysztof	1113	GĄBIN BIEGA	OPEN	161	03:08:19.60	+01:27:43 (46.6%)	8:13	7.3 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 22.9km	Różn	Tempo min/km	Tempo km/h
162	PASZEK Tomasz	1144	LEDWOZIPIA	OPEN	162	03:10:56.75	+01:30:20 (47.3%)	8:20	7.2 (52.6%)
163	FLIGIER Katarzyna	1192	STOWARZYSZENIE NOWE GRANICE	OPEN	163	03:13:06.80	+01:32:30 (47.9%)	8:25	7.1 (51.8%)
164	BIELEŃ Agnieszka	1198	MUAY RUNNING TEAM	OPEN	164	03:13:42.25	+01:33:06 (48.1%)	8:27	7.1 (51.8%)
165	ZABA Jacek	1109	GORZOWSCY DEBIUTANCI	OPEN	165	03:14:27.30	+01:33:51 (48.3%)	8:29	7.1 (51.8%)
166	PERKA Barbara	1085	FASTER	OPEN	166	03:20:43.75	+01:40:07 (49.9%)	8:45	6.8 (49.6%)
167	SOBAŃSKA Paulina	1075	DZIEWCZYNY Z TARNOWO PODGÓRNE BIEGA	OPEN	167	03:21:25.15	+01:40:48 (50.1%)	8:47	6.8 (49.6%)
168	BUSS Konrad	1034	SUPER TRIO	OPEN	168	03:21:26.30	+01:40:50 (50.1%)	8:47	6.8 (49.6%)
169	LULA Agnieszka	1160	AED	OPEN	169	03:23:48.95	+01:43:12 (50.6%)	8:54	6.7 (48.9%)
170	CZESNOWICKI Jakub	1133	GOSIAMAREKJAKUB	OPEN	170	03:23:49.65	+01:43:13 (50.6%)	8:54	6.7 (48.9%)
171	SOKOŁOWSKI Artur	1029	TEAM ZABIEGANEDNI	OPEN	171	03:25:09.40	+01:44:33 (51.0%)	8:57	6.7 (48.9%)
172	SYNOWIEC-JUDA Agata	1136	GDZIE MĄŻ NIE MOŻE TAM ŻONĘ POŚLE	OPEN	172	03:26:18.70	+01:45:42 (51.2%)	9:00	6.7 (48.9%)
173	KAWECKA Magdalena	1069	KOZICE KAWY	OPEN	173	03:32:48.35	+01:52:12 (52.7%)	9:17	6.5 (47.4%)
174	KARPIŃSKI Grzegorz	1025	MESONDŽI LAJF STAJL	OPEN	174	03:34:32.35	+01:53:56 (53.1%)	9:22	6.4 (46.7%)
175	GALIŃSKI Kamil	1093	ABYDOMETY2+1	OPEN	175	03:35:35.95	+01:54:59 (53.3%)	9:24	6.4 (46.7%)
176	KARAMON Magdalena	1022	OPOLE BIEGA	OPEN	176	03:35:45.60	+01:55:09 (53.4%)	9:25	6.4 (46.7%)
177	RAJZER Dominika	1189	TRAILOWE BIEGIDUCHOWE	OPEN	177	03:38:56.75	+01:58:20 (54.1%)	9:33	6.3 (46.0%)
178	DUBER Michał	1048	GRIZZLY TEAM	OPEN	178	03:40:24.05	+01:59:47 (54.4%)	9:37	6.2 (45.3%)
179	KOWALCZYK Anita	1052	#TEAMKRÓLAK	OPEN	179	03:42:02.30	+02:01:26 (54.7%)	9:41	6.2 (45.3%)
180	MACIAS Waldemar	1179	FAWORYCI 20 LAT PÓŹNIEJ	OPEN	180	03:43:02.05	+02:02:25 (54.9%)	9:44	6.2 (45.3%)
181	PRĘTKIEWICZ Anna	1054	KOZICE TURYSTYCZNE	OPEN	181	03:47:45.10	+02:07:08 (55.8%)	9:56	6 (43.8%)
182	SPRINGER Marta	1074	MÓJPIERWSZYRAZ-MPR	OPEN	182	03:47:47.15	+02:07:10 (55.8%)	9:56	6 (43.8%)
183	SKOMOROWSKA Monika	1168	TEAM ZABIEGANEDNI II	OPEN	183	03:47:51.15	+02:07:14 (55.8%)	9:56	6 (43.8%)
184	WIERZBICKA Paulina	1196	SAMOZWAŃCZY FUNCLUB PIOTRKA HERCOGA	OPEN	184	03:49:11.65	+02:08:35 (56.1%)	10:00	6 (43.8%)
185	BOROWIECKA Agnieszka	1134	PZPN - POLSKI ZWIĄZEK PRZYJACIOŁ NADWAGI	OPEN	185	03:50:02.30	+02:09:26 (56.3%)	10:02	6 (43.8%)
186	MIGDAŁ Paulina	1019	ANIOŁKI CHARLIEGO	OPEN	186	03:59:10.60	+02:18:34 (57.9%)	10:26	5.7 (41.6%)
187	BARSZCZ Justyna	1173	MIXTURA	OPEN	187	03:59:42.10	+02:19:05 (58.0%)	10:28	5.7 (41.6%)
	DŹUGANOWSKA Agnieszka	1131	PIASTOWSKI JAR	OPEN		DNF		-	- (0.0%)
	SKRZYPCZAK Radosław	1086	DZIKI Z POZNANIA	OPEN		DNF		-	- (0.0%)

Znaleziono 189 wynik(ów)