

**Event:** Kudowski Festiwal Biegowy - Sztafeta Górska 2021  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2021-05-08  
**Place:** Kudowa-Zdrój  
**Distance:** 75,4 km

Classification: All

Place	Participant	Number	Club	Category	MCat	Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Błędne Skały 66km	Net time 75.4km	Gap	Pace min/km	Pace km/h
1	JUREK Michał	1043	RMT TEAM PRO	M-30	1	01:36:06	02:34:25	04:16:44	05:36:24	07:12:37	<b>07:54:57.75</b>		6:17	9.5 (100%)
2	KARWACZYŃSKI Roger	1004		M-30	2	01:39:12	02:40:40	04:22:49	05:43:34	07:29:12	<b>08:17:16.20</b>	+00:22:18 (4.5%)	6:35	9.1 (95.8%)
3	BEDNARZ Jakub	1009	DRUŻYNA SZPIKU/ BIEGANIE NA SZCZYTACH	M-30	3	01:38:32	02:41:53	04:32:54	06:06:09	08:03:48	<b>09:02:48.45</b>	+01:07:50 (12.5%)	7:11	8.3 (87.4%)
4	KOZAK Robert	1016	RONAL POLSKA RUN	M-40	1	01:38:23	02:40:10	04:32:06	06:13:26	08:17:27	<b>09:14:39.65</b>	+01:19:41 (14.4%)	7:21	8.2 (86.3%)
5	SZRAMOWIAT Marek	1142	BRITA	M-40	2	01:51:07	03:01:19	04:57:30	06:29:44	08:24:46	<b>09:15:14.25</b>	+01:20:16 (14.5%)	7:21	8.1 (85.3%)
6	MIKESOVA Jana	1047	SALMING CZ	K-30	1	01:55:59	03:07:25	05:04:02	06:32:23	08:28:39	<b>09:23:26.00</b>	+01:28:28 (15.7%)	7:28	8 (84.2%)
7	SZELĄG Sławomir	1013	LISY PUSTYNI	M-40	3	02:00:45	03:12:42	05:07:38	06:37:00	08:35:28	<b>09:27:45.95</b>	+01:32:48 (16.3%)	7:31	8 (84.2%)
8	GŁUG Wojciech	1076		M-20	1	01:42:51	02:46:56	04:48:49	06:28:37	08:35:37	<b>09:38:20.95</b>	+01:43:23 (17.9%)	7:40	7.8 (82.1%)
9	SNARSKI Bogdan	1039	ALBATROSY	M-40	4	01:44:03	02:50:35	04:46:32	06:21:03	08:35:43	<b>09:39:22.25</b>	+01:44:24 (18.0%)	7:41	7.8 (82.1%)
10	WĄCHAŁA Damian	1080		M-20	2	01:44:19	02:54:35	04:57:55	06:35:53	08:44:04	<b>09:39:50.50</b>	+01:44:52 (18.1%)	7:41	7.8 (82.1%)
11	KUŹMIAK Stanisław	1014	ŻARY RUNNERS TEAM	M-40	5	01:57:17	03:10:55	05:08:07	06:41:16	08:45:45	<b>09:42:39.25</b>	+01:47:41 (18.5%)	7:43	7.8 (82.1%)
12	PIETRYSZYN Emil	1056		M-30	4	01:46:12	02:58:26	04:58:57	06:34:26	08:41:39	<b>09:44:04.85</b>	+01:49:07 (18.7%)	7:44	7.7 (81.1%)
13	KUCHARSKI Przemysław	1052		M-30	5	01:56:24	03:08:13	05:14:01	06:51:08	08:54:26	<b>09:50:13.45</b>	+01:55:15 (19.5%)	7:49	7.7 (81.1%)
14	STEFANIAK Łukasz	1100		M-40	6	01:53:51	03:02:53	05:06:55	06:45:24	08:53:05	<b>09:51:40.05</b>	+01:56:42 (19.7%)	7:50	7.6 (80.0%)
15	WOJTCZAK Mariusz	1026		M-40	7	02:00:48	03:13:32	05:20:28	06:56:04	09:00:44	<b>09:56:19.10</b>	+02:01:21 (20.4%)	7:54	7.6 (80.0%)
16	MAZUREK Roman	1122	SPARTANIE DZIECIOM	M-40	8	01:52:28	03:06:58	05:19:58	07:06:24	09:08:27	<b>10:06:08.45</b>	+02:11:10 (21.6%)	8:02	7.5 (78.9%)

Place	Participant	Number	Club	Category	MCat	Pasterka				Błędne	Net	Gap	Pace min/km	Pace km/h
						Z1_Karłów	Batorówek	Z2_Karłów	Skały	time				
						15km	25km	41km	51km	66km	75.4km			
17	<b>DZIUB Marcin</b>	<b>1124</b>	SEVEN-PERCEPTUS TEAM	M-40	9	01:51:44	03:04:29	05:14:40	06:47:30	09:01:41	<b>10:09:35.20</b>	+02:14:37 (22.1%)	8:05	7.4 (77.9%)
18	<b>DEINIUK Roman</b>	<b>1082</b>		M-20	3	01:52:48	03:08:44	05:17:53	06:57:36	09:12:09	<b>10:10:10.10</b>	+02:15:12 (22.2%)	8:05	7.4 (77.9%)
19	<b>KARPOWICZ Rafal</b>	<b>1097</b>		M-40	10	01:57:05	03:11:39	05:18:03	07:00:05	09:13:40	<b>10:11:27.35</b>	+02:16:29 (22.3%)	8:06	7.4 (77.9%)
20	<b>GAWLEWICZ Krystyna</b>	<b>1075</b>	GAWĘŁKI TEAM/POZYTYWNIENIE ZABIEGANI SANOK	K-40	1	01:59:00	03:13:12	05:23:39	07:01:14	09:14:59	<b>10:13:29.50</b>	+02:18:31 (22.6%)	8:08	7.4 (77.9%)
21	<b>JUSZCZYK Jarosław</b>	<b>1036</b>	GOSŁAW SPORT CENTER	M-30	6	01:57:17	03:13:48	05:23:27	07:08:36	09:22:01	<b>10:21:05.55</b>	+02:26:07 (23.5%)	8:14	7.3 (76.8%)
22	<b>MATUSZEWSKI Marek</b>	<b>1003</b>	RUNNER'S POWER ŚREM	M-40	11	02:07:21	03:26:40	05:35:17	07:11:27	09:23:49	<b>10:23:25.70</b>	+02:28:27 (23.8%)	8:16	7.3 (76.8%)
23	<b>KRÓL Marcin</b>	<b>1140</b>		M-40	12	02:07:37	03:26:58	05:36:17	07:13:22	09:27:44	<b>10:29:37.35</b>	+02:34:39 (24.6%)	8:21	7.2 (75.8%)
24	<b>KOCEMBA Askaniusz</b>	<b>1038</b>		M-40	13	01:54:04	03:04:50	05:14:45	07:02:43	09:32:23	<b>10:31:48.95</b>	+02:36:51 (24.8%)	8:22	7.2 (75.8%)
25	<b>RINK Jan</b>	<b>1073</b>		M-40	14	01:58:00	03:16:10	05:35:13	07:21:10	09:33:17	<b>10:32:33.60</b>	+02:37:35 (24.9%)	8:23	7.2 (75.8%)
26	<b>MUSIELAK Marek</b>	<b>1101</b>		M-30	7	02:10:18	03:28:38	05:39:44	07:21:27	09:34:33	<b>10:32:52.55</b>	+02:37:54 (25.0%)	8:23	7.1 (74.7%)
27	<b>MALINOWSKI Jerzy</b>	<b>1059</b>	ZIĘBICE ULTRA TEAM	M-50	1	02:01:27	03:25:39	05:41:02	07:27:04	09:44:00	<b>10:39:15.65</b>	+02:44:17 (25.7%)	8:28	7.1 (74.7%)
28	<b>SCHRODER Patryk</b>	<b>1106</b>	ULTRAFUN	M-40	15	01:59:08	03:14:36	05:29:59	07:19:27	09:36:15	<b>10:39:44.00</b>	+02:44:46 (25.8%)	8:29	7.1 (74.7%)
29	<b>GOSTYŃSKI Krzysztof</b>	<b>1134</b>	RUCZAJ ULTRA TEAM	M-40	16	02:04:52	03:24:13	05:36:36	07:27:09	09:47:35	<b>10:44:32.30</b>	+02:49:34 (26.3%)	8:32	7 (73.7%)
30	<b>NOWAK Wojtek</b>	<b>1021</b>	EXPLORADOR	M-40	17	01:52:08	03:08:46	05:18:23	07:04:43	09:24:17	<b>10:48:31.70</b>	+02:53:33 (26.8%)	8:36	7 (73.7%)
31	<b>KONIAK Michal</b>	<b>1103</b>		M-50	2	01:57:46	03:19:16	05:40:04	07:20:16	09:53:37	<b>10:50:05.80</b>	+02:55:08 (26.9%)	8:37	7 (73.7%)
32	<b>LUBAŃSKI Robert</b>	<b>1031</b>		M-50	3	01:58:46	03:13:08	05:28:23	07:19:36	09:44:45	<b>10:50:35.95</b>	+02:55:38 (27.0%)	8:37	7 (73.7%)
33	<b>SIOMA Konrad</b>	<b>1051</b>	ROKIETNICA BIEGA	M-30	8	01:57:45	03:17:36	05:28:27	07:18:23	09:46:49	<b>10:50:40.00</b>	+02:55:42 (27.0%)	8:37	7 (73.7%)
34	<b>WARDZYŃSKI Łukasz</b>	<b>1109</b>		M-30	9	02:01:51	03:22:34	05:39:41	07:29:11	09:55:19	<b>10:53:57.70</b>	+02:58:59 (27.4%)	8:40	6.9 (72.6%)
35	<b>ŚLIŻ Sylwia</b>	<b>1117</b>		K-30	2	02:12:12	03:40:30	05:58:44	07:41:07	09:55:01	<b>10:56:34.40</b>	+03:01:36 (27.7%)	8:42	6.9 (72.6%)
36	<b>HORŁUKOWICZ Kamil</b>	<b>1128</b>	KPP ŚWIDNICA	M-20	4	02:01:32	03:20:50	05:39:47	07:25:50	09:50:08	<b>10:56:44.00</b>	+03:01:46 (27.7%)	8:42	6.9 (72.6%)
37	<b>SZWAJA Wojciech</b>	<b>1025</b>	WOLBROM TEAM	M-30	10	01:53:39	03:10:03	05:35:18	07:26:02	09:53:23	<b>10:58:51.70</b>	+03:03:53 (27.9%)	8:44	6.9 (72.6%)
38	<b>KURPIEWSKA Anna</b>	<b>1060</b>	GT RAT	K-40	2	02:05:58	03:29:09	05:48:03	07:33:27	09:55:41	<b>11:02:10.80</b>	+03:07:13 (28.3%)	8:46	6.8 (71.6%)
39	<b>SIKORSKI Marcin</b>	<b>1091</b>	TT SZCZECIN	M-40	18	02:06:00	03:29:11	05:48:10	07:33:31	09:55:44	<b>11:03:45.10</b>	+03:08:47 (28.4%)	8:48	6.8 (71.6%)

Place	Participant	Number	Club	Category	MCat	Pasterka				Błędne	Net	Gap	Pace min/km	Pace km/h
						Z1_Karłów	Batorówek	Z2_Karłów	Skały	75.4km				
						15km	25km	41km	51km	66km				
40	STANOWSKI Grzegorz	1030	FOREVER YOUNG	M-50	4	02:02:03	03:24:02	05:44:03	07:34:47	09:55:00	<b>11:04:47.50</b>	+03:09:49 (28.6%)	8:49	6.8 (71.6%)
41	KRAWCZYK Karol	1033		M-30	11	02:01:40	03:24:12	05:44:29	07:36:42	10:03:43	<b>11:08:26.45</b>	+03:13:28 (28.9%)	8:51	6.8 (71.6%)
42	SOWA Paweł	1084		M-40	19	02:02:53	03:22:04	05:40:37	07:29:18	10:03:45	<b>11:11:42.30</b>	+03:16:44 (29.3%)	8:54	6.7 (70.5%)
43	ZAJĄC Leszek	1012		M-30	12	01:55:49	03:11:55	05:26:24	07:14:15	10:01:09	<b>11:13:44.00</b>	+03:18:46 (29.5%)	8:56	6.7 (70.5%)
44	KLIMCZEWSKI Andrzej	1121	FOREVER YOUNG ŁÓDŹ	M-50	5	02:02:50	03:24:35	05:46:14	07:38:52	10:07:10	<b>11:18:22.15</b>	+03:23:24 (30.0%)	8:59	6.7 (70.5%)
45	JARUS Andrzej	1046	WKURW_TEAM	M-40	20	02:04:28	03:29:18	05:48:14	07:42:58	10:11:48	<b>11:21:18.40</b>	+03:26:20 (30.3%)	9:02	6.6 (69.5%)
46	WUJDA Marta	1019	ŻARY RUNNERS TEAM	K-40	3	02:07:58	03:29:58	05:46:47	07:37:23	10:00:20	<b>11:23:23.85</b>	+03:28:26 (30.5%)	9:03	6.6 (69.5%)
47	DUDEK Remigiusz	1006	KALINKA ULTRA TEAM	M-30	13	02:01:36	03:25:45	05:50:48	07:53:02	10:22:43	<b>11:37:38.65</b>	+03:42:40 (31.9%)	9:15	6.5 (68.4%)
48	URBAŃSKI Krzysztof	1143	ENGLISH OVER TEA	M-30	14	02:07:18	03:26:59	05:54:16	07:56:05	10:35:38	<b>11:45:16.10</b>	+03:50:18 (32.7%)	9:21	6.4 (67.4%)
49	KOCIUMBAS Bartosz	1010	KB SOBÓTKA	M-40	21	02:03:00	03:28:55	05:45:13	07:47:57	10:31:12	<b>11:46:07.25</b>	+03:51:09 (32.7%)	9:21	6.4 (67.4%)
50	POROWSKI Waldek	1141	KB SOBÓTKA	M-40	22	02:03:07	03:29:28	05:45:33	07:47:55	10:31:32	<b>11:46:13.25</b>	+03:51:15 (32.7%)	9:21	6.4 (67.4%)
51	PAZERA Karol	1042	KUDOWIANKA RUN	M-40	23	02:03:26	03:24:59	05:51:26	08:06:44	10:37:29	<b>11:46:25.80</b>	+03:51:28 (32.8%)	9:22	6.4 (67.4%)
52	HAMERLA Adam	1001		M-30	15	02:04:17	03:24:24	05:48:11	07:58:34	10:48:10	<b>11:54:55.30</b>	+03:59:57 (33.6%)	9:28	6.3 (66.3%)
53	GUZIUK Rafał	1107	ROZBRYKANY KUCYK	M-40	24	02:20:06	03:48:28	06:15:10	08:13:46	10:48:57	<b>11:56:04.50</b>	+04:01:06 (33.7%)	9:29	6.3 (66.3%)
54	BIERNACIK Piotr	1011		M-40	25	02:09:02	03:43:01	06:10:22	08:07:17	10:49:46	<b>11:56:23.70</b>	+04:01:25 (33.7%)	9:30	6.3 (66.3%)
55	SZYMCZYK Michał	1077		M-40	26	02:10:03	03:40:57	06:15:49	08:10:54	10:43:29	<b>11:56:33.45</b>	+04:01:35 (33.7%)	9:30	6.3 (66.3%)
56	NOWAK Krystian	1055	NKB CHYŻY NOWY TOMYŚL	M-20	5	02:05:20	03:28:54	06:02:35	08:05:05	10:47:13	<b>12:00:57.80</b>	+04:06:00 (34.1%)	9:33	6.3 (66.3%)
57	SUSMARSKA Ewa	1112	TRIATHLONISTA TEAM/MUAY RUNNING TEAM	K-20	1	02:06:16	03:29:15	05:58:08	08:01:36	10:46:10	<b>12:03:11.05</b>	+04:08:13 (34.3%)	9:35	6.3 (66.3%)
58	MARUKIEWICZ Marek	1070	BIEGAMDLAZDROWIA.PL	M-30	16	02:10:09	03:41:22	06:07:35	07:55:38	10:41:13	<b>12:03:54.45</b>	+04:08:56 (34.4%)	9:36	6.2 (65.3%)
59	BONIKOWSKI Tomasz	1137		M-50	6	02:08:07	03:33:31	06:01:10	07:57:39	10:42:21	<b>12:06:35.50</b>	+04:11:37 (34.6%)	9:38	6.2 (65.3%)
60	DAWIDZIAK Arkadiusz	1005		M-30	17	02:02:55	03:30:59	05:56:46	07:54:34	10:45:47	<b>12:10:25.05</b>	+04:15:27 (35.0%)	9:41	6.2 (65.3%)
61	KWIECIŃSKI Norbert	1094		M-40	27	02:08:28	03:31:27	06:06:40	08:10:09	10:54:43	<b>12:10:54.10</b>	+04:15:56 (35.0%)	9:41	6.2 (65.3%)
62	FEODORÓW Wojciech	1029	RESHAPERUNNERS	M-50	7	02:16:40	03:43:30	06:19:17	08:24:00	11:09:58	<b>12:13:24.80</b>	+04:18:27 (35.2%)	9:43	6.2 (65.3%)

Place	Participant	Number	Club	Category	MCat	Karłowice				Błędne	Net	Gap	Pace min/km	Pace km/h
						Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	time 75.4km			
63	<b>OLESZEK Magdalena</b>	<b>1050</b>	BIEGOWA KUŹNIA	K-30	3	02:20:19	03:54:27	06:22:05	08:23:38	11:04:24	<b>12:19:58.15</b>	+04:25:00 (35.8%)	9:48	6.1 (64.2%)
64	<b>KRYM Katarzyna</b>	<b>1136</b>	NIGHT RUNNERS WROCŁAW	K-40	4	02:20:55	03:52:06	06:25:01	08:24:47	11:07:24	<b>12:20:23.35</b>	+04:25:25 (35.8%)	9:49	6.1 (64.2%)
65	<b>ŁAMPIKA Kinga</b>	<b>1139</b>		K-40	5	02:20:58	03:52:10	06:25:02	08:24:53	11:07:24	<b>12:20:27.50</b>	+04:25:29 (35.9%)	9:49	6.1 (64.2%)
66	<b>KRUK Wacław</b>	<b>1120</b>	KB SOBÓTKA	M-50	8	02:21:34	03:56:18	06:31:58	08:36:37	11:12:21	<b>12:21:13.80</b>	+04:26:16 (35.9%)	9:49	6.1 (64.2%)
67	<b>ZAWISZA Bartłomiej</b>	<b>1132</b>	BRAK	M-20	6	02:01:55	03:27:01	05:58:53	08:14:56	11:08:06	<b>12:22:19.50</b>	+04:27:21 (36.0%)	9:50	6.1 (64.2%)
68	<b>POPRAWSKI Mateusz</b>	<b>1063</b>	KILIŃSKIEGO TEAM	M-30	18	02:12:35	03:40:00		08:19:39	11:07:24	<b>12:24:23.65</b>	+04:29:25 (36.2%)	9:52	6.1 (64.2%)
69	<b>KOSMOWSKI Wiesław</b>	<b>1037</b>		M-30	19	02:12:49	03:40:12	06:15:20	08:19:42	11:07:44	<b>12:24:27.10</b>	+04:29:29 (36.2%)	9:52	6.1 (64.2%)
70	<b>KRYGIER Przemysław</b>	<b>1062</b>		M-30	20	02:12:59	03:40:26	06:15:33	08:20:22	11:07:49	<b>12:24:36.35</b>	+04:29:38 (36.2%)	9:52	6.1 (64.2%)
71	<b>KAROLCZAK Tomasz</b>	<b>1071</b>	KILIŃSKIEGO TEAM	M-40	28	02:13:03	03:40:23	06:15:28	08:20:27	11:07:58	<b>12:24:39.80</b>	+04:29:42 (36.2%)	9:52	6.1 (64.2%)
72	<b>MIELNIK Krzysztof</b>	<b>1115</b>	LESZ NO LIMITS RUNNERS	M-40	29	02:14:15	03:45:35	06:24:25	08:25:36	11:06:06	<b>12:26:08.20</b>	+04:31:10 (36.3%)	9:53	6.1 (64.2%)
73	<b>PARWA Michał</b>	<b>1000</b>	BIEGIEM NA ROWER	M-30	21	02:06:54	03:32:33	06:05:16	08:12:48	11:17:30	<b>12:35:02.55</b>	+04:40:04 (37.1%)	10:00	6 (63.2%)
74	<b>KÓZKA Przemó</b>	<b>1048</b>	BIEGAM, BO NIE LUBIĘ	M-40	30	02:13:08	03:47:14	06:28:23	08:34:39	11:21:56	<b>12:43:42.75</b>	+04:48:45 (37.8%)	10:07	5.9 (62.1%)
75	<b>STUDZIŃSKI Mateusz</b>	<b>1087</b>		M-30	22	02:02:36	03:30:46	06:17:21	08:31:41	11:25:36	<b>12:44:00.75</b>	+04:49:03 (37.8%)	10:07	5.9 (62.1%)
76	<b>WINNIK Ela</b>	<b>1114</b>		K-30	4	02:07:55	03:34:33	06:04:40	08:26:24	11:24:59	<b>12:46:21.85</b>	+04:51:24 (38.0%)	10:09	5.9 (62.1%)
77	<b>DAWIDZIAK Wojciech</b>	<b>1007</b>		M-30	23	02:14:48	03:47:29	06:30:57	09:02:21	11:37:48	<b>12:46:36.80</b>	+04:51:39 (38.0%)	10:10	5.9 (62.1%)
78	<b>JAMBOR Michał</b>	<b>1090</b>	BRACTWO BIEGOWE BGK / ŻÓRAWSKI TEAM	M-40	31	02:26:49	04:01:17	06:46:07	09:01:01	11:46:54	<b>12:47:46.85</b>	+04:52:49 (38.1%)	10:10	5.9 (62.1%)
79	<b>MODLISZEWSKI Dariusz</b>	<b>1085</b>	ORANGE POLSKA	M-40	32	02:11:11	03:43:57	06:31:54	08:36:16	11:34:27	<b>12:47:49.15</b>	+04:52:51 (38.1%)	10:10	5.9 (62.1%)
80	<b>PAWLAK Bartosz</b>	<b>1089</b>		M-40	33	02:26:50	04:01:19	06:45:59	09:00:20	11:46:56	<b>12:47:50.85</b>	+04:52:53 (38.1%)	10:11	5.9 (62.1%)
81	<b>CIUK Piotr</b>	<b>1035</b>		M-40	34	02:26:57	04:01:26	06:46:07	09:01:00	11:47:00	<b>12:47:54.50</b>	+04:52:56 (38.1%)	10:11	5.9 (62.1%)
82	<b>DĘBICKI Mariusz</b>	<b>1057</b>		M-40	35	02:11:19	03:44:04	06:32:11	08:36:21	11:34:34	<b>12:49:30.45</b>	+04:54:32 (38.3%)	10:12	5.9 (62.1%)
83	<b>REAUD Julien</b>	<b>1110</b>	FRAPOL RAZEM!	M-40	36	02:30:46	04:08:47	06:46:13	08:52:38	11:26:40	<b>12:51:29.05</b>	+04:56:31 (38.4%)	10:13	5.9 (62.1%)
84	<b>ROLICZ Tomasz</b>	<b>1119</b>		M-40	37	02:18:27	03:56:29	06:48:41	08:56:24	11:43:31	<b>12:52:38.35</b>	+04:57:40 (38.5%)	10:14	5.9 (62.1%)
85	<b>MIKOŁAJCZYK Tomasz</b>	<b>1022</b>	EXPLORADOR	M-40	38	02:18:14	03:58:27	06:51:47	08:57:51	11:40:48	<b>12:53:16.45</b>	+04:58:18 (38.6%)	10:15	5.9 (62.1%)

Place	Participant	Number	Club	Category	MCat	Pasterka				Błędne	Net	Gap	Pace min/km	Pace km/h
						Z1_Karłów 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	time 75.4km			
86	<b>KUFERA Dariusz</b>	<b>1111</b>	FRAPOL RAZEM!	M-40	39	02:30:44	04:08:45	06:46:02	08:52:36	11:42:50	<b>12:55:13.70</b>	+05:00:15 (38.7%)	10:16	5.8 (61.1%)
87	<b>TYLMAN Piotr</b>	<b>1081</b>	RUNDORFINA	M-30	24	02:15:15	03:52:08	06:34:41	08:43:29	11:44:24	<b>13:01:02.50</b>	+05:06:04 (39.2%)	10:21	5.8 (61.1%)
88	<b>STAJNIAK-STELIGA Izabela</b>	<b>1099</b>	OBORYGENI	K-40	6	02:29:30	04:04:45	06:41:21	08:48:27	11:48:13	<b>13:02:48.85</b>	+05:07:51 (39.3%)	10:22	5.8 (61.1%)
89	<b>FELIŃSKI Jarosław</b>	<b>1104</b>		M-50	9	02:13:37	03:44:01	06:24:57	08:31:05	11:32:53	<b>13:02:54.85</b>	+05:07:57 (39.3%)	10:22	5.8 (61.1%)
90	<b>WRÓBEL Małgorzata</b>	<b>1067</b>	OBORYGENI	K-30	5	02:29:44	04:04:55	06:41:31	08:48:34	11:48:20	<b>13:02:55.45</b>	+05:07:57 (39.3%)	10:23	5.8 (61.1%)
91	<b>TKACZEW Paweł</b>	<b>1068</b>	OBORYGENI	M-40	40	02:29:57	04:04:57	06:41:39	08:49:03	11:48:24	<b>13:02:59.45</b>	+05:08:01 (39.3%)	10:23	5.8 (61.1%)
92	<b>STAWSKI Dariusz</b>	<b>1017</b>	BIEGIEM PO PIWO	M-60	1	02:19:59	03:57:37	06:47:01	08:56:58	11:50:06	<b>13:05:03.35</b>	+05:10:05 (39.5%)	10:24	5.8 (61.1%)
93	<b>GŁADYSZ Robert</b>	<b>1058</b>	SCE24.PL	M-40	41	02:17:20	03:49:03	06:26:46	08:35:50	11:30:20	<b>13:05:43.90</b>	+05:10:46 (39.6%)	10:25	5.8 (61.1%)
94	<b>KOSTRZEWSKI Sławomir</b>	<b>1144</b>		M-40	42	02:15:01	03:43:21	06:33:16	08:41:58	11:31:46	<b>13:07:09.40</b>	+05:12:11 (39.7%)	10:26	5.7 (60.0%)
95	<b>BIELEŃ Agnieszka</b>	<b>1041</b>	MUAY RUNNING TEAM	K-30	6	02:19:02	03:57:18	06:43:20	08:55:24	11:45:25	<b>13:09:21.40</b>	+05:14:23 (39.8%)	10:28	5.7 (60.0%)
96	<b>KARCZ Anna</b>	<b>1116</b>	PIES TO BIEGAŁ	K-20	2	02:20:43	04:08:04	06:56:52	09:06:09	11:52:25	<b>13:12:09.80</b>	+05:17:12 (40.0%)	10:30	5.7 (60.0%)
97	<b>PARZONKA Paweł</b>	<b>1061</b>		M-40	43	02:18:36	03:57:16	06:43:00	09:07:03	11:57:17	<b>13:17:02.95</b>	+05:22:05 (40.4%)	10:34	5.7 (60.0%)
98	<b>GĄSZCZAK Mariusz</b>	<b>1113</b>	KS LENIWIEC	M-40	44	02:18:45	03:57:24	06:43:09	09:07:14	11:57:23	<b>13:17:08.30</b>	+05:22:10 (40.4%)	10:34	5.7 (60.0%)
99	<b>POSMAN Rafał</b>	<b>1125</b>		M-40	45	02:27:47	04:07:06	06:45:21	08:58:46	11:52:53	<b>13:19:24.85</b>	+05:24:27 (40.6%)	10:36	5.7 (60.0%)
100	<b>MAŁKOWSKI Bogdan</b>	<b>1096</b>	SPARTANIE DZIECIOM	M-50	10	02:23:13	04:09:15	07:05:45	09:14:33	12:10:44	<b>13:28:38.55</b>	+05:33:40 (41.3%)	10:43	5.6 (58.9%)
101	<b>BASZCZYSZYN Artur</b>	<b>1131</b>	KUDOWIANKA RUN	M-30	25	02:03:15	03:27:44	06:14:50	08:44:30	12:01:47	<b>13:30:32.70</b>	+05:35:34 (41.4%)	10:44	5.6 (58.9%)
102	<b>ZIENIEWICZ Wojciech</b>	<b>1135</b>		M-40	46	02:19:22	03:51:29	06:35:57	09:05:07	12:10:24	<b>13:30:36.90</b>	+05:35:39 (41.4%)	10:45	5.6 (58.9%)
103	<b>MARKOWSKI Marek</b>	<b>1130</b>	KS LENIWIEC	M-40	47	02:17:57	04:01:18	06:57:11	09:18:42	12:14:41	<b>13:41:31.65</b>	+05:46:33 (42.2%)	10:53	5.5 (57.9%)
104	<b>KACZMAREK Mirosław</b>	<b>1088</b>	RUNNER'S POWER	M-30	26	02:42:31	04:26:38	07:26:41	09:39:50	12:26:01	<b>13:42:43.15</b>	+05:47:45 (42.3%)	10:54	5.5 (57.9%)
105	<b>MATUSZEWSKA Małgorzata</b>	<b>1002</b>	RUNNER'S POWER ŚREM	K-40	7	02:42:36	04:26:42	07:26:39	09:39:51	12:26:03	<b>13:42:47.70</b>	+05:47:49 (42.3%)	10:54	5.5 (57.9%)
106	<b>STANEK Bartosz</b>	<b>1078</b>	PLEWISKA	M-30	27	02:17:15	04:05:22	07:00:10	09:29:19	12:28:31	<b>13:43:59.25</b>	+05:49:01 (42.4%)	10:55	5.5 (57.9%)
107	<b>PRUCHNIEWSKA Agnieszka</b>	<b>1072</b>	ROKIETNICA BIEGA	K-40	8	02:28:19	03:36:39	06:31:40	09:06:56	12:25:46	<b>13:52:14.85</b>	+05:57:17 (42.9%)	11:02	5.4 (56.8%)
108	<b>LEŚNIK Wojciech</b>	<b>1074</b>		M-50	11	02:33:06	04:21:53	07:16:31	09:33:16	12:29:12	<b>13:55:40.45</b>	+06:00:42 (43.2%)	11:04	5.4 (56.8%)

Place	Participant	Number	Club	Category	MCat	Pasterka				Błędne	Net	Gap	Pace min/km	Pace km/h
						Z1_Karłów 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	time 75.4km			
109	<b>HETMAŃSKI Arek</b>	<b>1015</b>	LOVELASY	M-30	28	02:27:55	04:08:05	07:09:48	09:38:03	12:39:59	<b>14:22:00.05</b>	+06:27:02 (44.9%)	11:25	5.2 (54.7%)
110	<b>CZYŻ Łukasz</b>	<b>1064</b>	ES TEAM	M-30	29	02:23:34	04:09:06	07:14:33	09:45:34	12:53:57	<b>14:31:06.40</b>	+06:36:08 (45.5%)	11:33	5.2 (54.7%)
111	<b>GÓRCZYŃSKI Rafał</b>	<b>1053</b>		M-40	48	02:31:58	04:12:06	07:24:08	09:49:38	13:07:21	<b>14:43:33.30</b>	+06:48:35 (46.2%)	11:43	5.1 (53.7%)
112	<b>FILIPIAK Sebastian</b>	<b>1023</b>	EKIPA LIPA	M-40	49	02:32:00	04:12:08	07:24:09	09:49:34	13:07:26	<b>14:43:37.35</b>	+06:48:39 (46.2%)	11:43	5.1 (53.7%)
113	<b>ROGOWSKI Tomasz</b>	<b>1069</b>	UMLAUT	M-30	30	02:22:49	04:05:19	07:09:34	09:38:46	13:02:13	<b>14:49:55.60</b>	+06:54:57 (46.6%)	11:48	5.1 (53.7%)
114	<b>MARCINIAK Maciej</b>	<b>1138</b>	MM-PROJEKT	M-40	50	02:30:50	04:10:29	07:34:44	10:06:11		<b>14:50:36.95</b>	+06:55:39 (46.7%)	11:48	5.1 (53.7%)
<b>Przekroczony limit czasu: 15:00:00</b>														
115	<b>IGNASZEWSKA Marta</b>	<b>1108</b>	1980	K-40	9	02:36:39	04:29:12	07:45:05	10:21:44		<b>15:04:21.15</b>	+07:09:23 (47.5%)	11:59	5 (52.6%)
116	<b>WACHOWIAK Sebastian</b>	<b>1123</b>	BIEGAJĄCE KREJZOLE	M-30	31	02:36:32	04:29:05	07:45:10	10:21:54		<b>15:04:24.55</b>	+07:09:26 (47.5%)	11:59	5 (52.6%)
117	<b>BALIŃSKI Karol</b>	<b>1066</b>	ULTRA DRAWSKI BIEGACZ	M-30	32			06:16:25				+	9:10	6.5 (68.4%)
	<b>DWORNICKI Paweł</b>	<b>1027</b>	ŻARY RUNNERS TEAM	M-40		02:04:21 DNF	03:20:55 DNF	05:28:26 DNF	07:14:44 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>ZARODA Zbigniew</b>	<b>1045</b>	WQURW TEAM	M-50		01:58:23 DNF	03:19:50 DNF	05:53:28 DNF	08:37:33 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>MARSZALEK Jan</b>	<b>1083</b>	ITMBW KRAKÓW	M-30		02:00:05 DNF	03:27:05 DNF	06:08:37 DNF	09:02:37 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>ZARZECZNY Radosław</b>	<b>1044</b>	JUNIOR AMATOR SUPERSTAR	M-30		02:26:46 DNF	04:08:28 DNF	07:09:49 DNF	10:09:07 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>RAGHAVJEE Yashin</b>	<b>1126</b>		M-40		DNF	DNF	06:47:38 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>CYNIAK Marek</b>	<b>1127</b>	EVERRUN	M-50		02:22:47 DNF	04:14:49 DNF	08:00:09 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>HOFFMANN Grzegorz</b>	<b>1054</b>	KOŚCIAN TEAM	M-40		02:36:57 DNF	04:35:13 DNF	08:08:48 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>GNIELKA Dawid</b>	<b>1095</b>	ZAMKOWIEC TOSZEK	M-20		02:52:11 DNF	04:58:47 DNF	08:29:27 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JOKIEL Wojciech</b>	<b>1129</b>	SPARTA ULTRA TEAM	M-30		01:42:30 DNF	02:57:08 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>NOWAKOWSKI Paweł</b>	<b>1034</b>	ŻARY RUNNERS TEAM	M-40		01:57:09 DNF	03:11:40 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Paweł</b>	<b>1098</b>	KLEP	M-40		01:59:21 DNF	03:24:36 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>STAROŃ Tomasz</b>	<b>1105</b>	MOCNA GRUPA CEZARA/SBRT WROCŁAW	M-40		02:00:49 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>KOCOT Sebastian</b>	<b>1093</b>		M-40		02:07:05 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Total 130 results.