



KUDOWSKA SZTAFETA GÓRSKA

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Kudowski Festiwal Biegowy
Fundacja MARATONY GÓRSKIE
2024-04-13
Kudowa-Zdrój
75 km

SZTAFETA GÓRSKA - SOLO

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karfów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
1	NEHRING Karol	2139		M-20	1	00:03:54	01:35:41	03:09:20	04:49:39	05:48:55	07:37:39	08:36:54.25	08:36:54.25		6:51	8.8 (100%)
2	STROINSKI Daniel	2090	ATTIQ TEAM	M-40	1	01:07:40	01:39:30	03:14:03	04:57:11	06:03:36	07:50:58	08:45:15.70	08:45:15.70	+00:08:21 (1.6%)	6:57	8.6 (97.7%)
3	KOŚCIUCZYK-MENDYK Michał	2136	SPELEOCLUBWROCLAW	M-30	1	01:16:11	01:51:18	03:31:41	05:19:04	06:21:34	08:11:24	09:05:59.45	09:05:59.45	+00:29:05 (5.3%)	7:14	8.3 (94.3%)
4	MIKEŠOVÁ Jana	2010	SALMING CZ	K-30	1	01:06:55	01:40:24	03:18:51	05:06:53	06:11:01	08:07:38	09:08:39.15	09:08:39.15	+00:31:44 (5.8%)	7:16	8.2 (93.2%)
5	DOSTAL Jan	2148	BEZECKY KLUB NACHOD	M-30	2	01:07:30	01:41:21	03:21:34	05:17:52	06:19:17	08:17:10	09:20:34.95	09:20:34.95	+00:43:40 (7.8%)	7:26	8.1 (92.0%)
6	PAROL Piotr	2043		M-20	2	01:11:28	01:44:21	03:22:47	05:12:08	06:19:18	08:20:06	09:22:52.35	09:22:52.35	+00:45:58 (8.2%)	7:27	8 (90.9%)
7	SZRAMOWIAT Marek	2089	BRITA	M-40	2	01:16:09	01:52:57	03:37:00	05:33:42	06:36:49	08:30:32	09:25:06.55	09:25:06.55	+00:48:12 (8.5%)	7:29	8 (90.9%)
8	KRUPA Marcin	2092	AKTYWNA NOWA RUDA	M-40	3	00:05:39	01:36:21	03:19:33	05:21:53	06:27:18	08:30:33	09:29:13.65	09:29:13.65	+00:52:19 (9.2%)	7:32	7.9 (89.8%)
9	BASISTA Wojciech	2125	WILKI MIĘDZYLESIE	M-30	3	01:13:27	01:49:08	03:30:41	05:24:26	06:35:59	08:32:41	09:35:08.75	09:35:08.75	+00:58:14 (10.1%)	7:37	7.9 (89.8%)
10	ROHAN Łukasz	2031	PRZEMYSKI KLUB BIEGACZA	M-40	4	01:09:46	01:45:15	03:28:27	05:25:29	06:33:40	08:40:54	09:39:32.65	09:39:32.65	+01:02:38 (10.8%)	7:41	7.8 (88.6%)
11	MATUSIAK Daniel	2104	PUPPY CHARMS	M-40	5	01:07:51	01:40:30	03:21:47	05:18:08	06:27:20	08:34:23	09:43:00.95	09:43:00.95	+01:06:06 (11.3%)	7:43	7.8 (88.6%)
12	MIKRUT Remigiusz	2122		M-40	6	01:14:01	02:19:11	04:08:30	06:00:29	07:04:44	09:01:23	09:55:23.80	09:55:23.80	+01:18:29 (13.2%)	7:53	7.6 (86.4%)
13	WRÓBLEWSKI Piotr	2068	LITWIN SPORTS	M-30	4	01:19:31	01:57:00	03:43:47	05:41:59	06:50:11	08:55:46	09:59:13.25	09:59:13.25	+01:22:19 (13.7%)	7:56	7.5 (85.2%)
14	ŚWIĄTEK Paweł	2098	HRW	M-40	7	01:16:15	01:51:49	03:38:21	05:44:16	06:55:34	09:01:19	09:59:43.60	09:59:43.60	+01:22:49 (13.8%)	7:57	7.5 (85.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
15	WOJTCZAK Mariusz	2133	KS ULTRA TEAM ŁÓDŹ	M-40	8	01:22:32	01:59:37	03:52:50	06:01:16	07:12:05	09:16:31	10:20:24.20	10:20:24.20	+01:43:29 (16.7%)	8:13	7.3 (83.0%)
16	WITKE-ORLIKOWSKA Marta	2130		K-40	1	01:20:06	02:00:20	03:54:51	06:01:35	07:14:44	09:22:54	10:26:32.60	10:26:32.60	+01:49:38 (17.5%)	8:18	7.2 (81.8%)
17	WICHŁACZ Paweł	2091	KB MANIAC POZNAŃ	M-40	9	01:18:17	01:52:31	03:40:44	05:45:46	06:59:45	09:18:34	10:26:36.75	10:26:36.75	+01:49:42 (17.5%)	8:18	7.2 (81.8%)
18	MARZEC Karolina	2082	DZIKIE DZIKI GORZÓW	K-40	2	01:22:24	02:00:10	03:52:34	05:57:10	07:11:46	09:32:52	10:45:05.60	10:45:05.60	+02:08:11 (19.9%)	8:33	7 (79.5%)
18	SZOPA Marek	2080	DZIKIE DZIKI GORZÓW WLKP.	M-50	1	01:13:24	01:49:15	03:41:37	05:56:13	07:11:46	09:32:52	10:45:05.60	10:45:05.60	+02:08:11 (19.9%)	8:33	7 (79.5%)
20	STEFANIAK Łukasz	2070		M-40	10	01:15:58	01:51:49	03:46:34	05:58:28	07:16:33	09:43:14	10:51:29.30	10:51:29.30	+02:14:35 (20.7%)	8:38	6.9 (78.4%)
21	MASIAREK Arkadiusz	2012	TLENOWA RADOŚĆ TEAM	M-50	2	01:19:54	01:57:37	03:45:38	06:01:47	07:16:14	09:43:40	10:54:18.50	10:54:18.50	+02:17:24 (21.0%)	8:40	6.9 (78.4%)
22	ŚLIŹ Sylwia	2099		K-30	2	01:24:21	02:02:42	04:02:37	06:15:25	07:30:40	09:45:53	10:56:36.35	10:56:36.35	+02:19:42 (21.3%)	8:42	6.9 (78.4%)
23	WINIARSKI Jarosław	2078	S.C. REP ARVATO	M-40	11	01:20:14	01:55:56	03:53:34	06:05:40	07:20:43	09:45:28	10:56:58.85	10:56:58.85	+02:20:04 (21.3%)	8:42	6.9 (78.4%)
24	GONTKO Łukasz	2084		M-40	12	01:28:49	02:13:02	04:15:12	06:26:44	07:37:08	09:53:43	10:57:42.05	10:57:42.05	+02:20:47 (21.4%)	8:43	6.9 (78.4%)
25	LISIECKI Tomasz	2134	TRZYNASTKA PLUS	M-40	13	01:24:24	02:05:02	04:03:08	06:21:14	07:35:56	09:54:29	10:58:52.70	10:58:52.70	+02:21:58 (21.5%)	8:44	6.9 (78.4%)
26	DEFECIŃSKI Radosław	2063	LUNATYCY	M-50	3	01:21:51	02:00:15	03:58:00	06:15:46	07:31:44	09:56:30	11:00:50.90	11:00:50.90	+02:23:56 (21.8%)	8:45	6.8 (77.3%)
27	KOZARSKI Krzysztof	2141		M-40	14	01:23:30	02:01:38	04:00:46	06:13:20	07:31:23	09:56:01	11:03:03.55	11:03:03.55	+02:26:09 (22.0%)	8:47	6.8 (77.3%)
28	LISIAKIEWICZ Bartosz	2118		M-40	15	01:21:18	02:00:54	04:01:49	06:13:19	07:29:31	09:46:05	11:05:21.35	11:05:21.35	+02:28:27 (22.3%)	8:49	6.8 (77.3%)
29	ZAWADA Zbigniew	2094	CAŁA OLEŚNICA BIEGA	M-40	16	01:19:59	01:56:25	03:59:05	06:28:25	07:41:44	09:59:18	11:06:09.50	11:06:09.50	+02:29:15 (22.4%)	8:50	6.8 (77.3%)
30	TOMCZAK Dariusz	2030		M-30	5	01:25:52	02:07:21	04:09:44	06:21:49	07:39:25	10:06:42	11:12:35.25	11:12:35.25	+02:35:41 (23.1%)	8:55	6.7 (76.1%)
31	KOCIUMBAS Bartosz	2087	KB SOBÓTKA	M-50	4	01:22:14	02:00:51	03:56:33	06:20:30	07:36:36	10:04:23	11:14:56.55	11:14:56.55	+02:38:02 (23.4%)	8:57	6.7 (76.1%)
32	KURASIK Tomasz	2120		M-40	17	01:14:46	01:53:53	03:54:06	06:18:06	07:37:10	10:07:06	11:22:34.70	11:22:34.70	+02:45:40 (24.3%)	9:03	6.6 (75.0%)
33	ANTKOWIAK Monika	2017		K-30	3	01:28:41	02:09:40	04:14:30	06:33:40	07:48:14	10:10:47	11:23:43.20	11:23:43.20	+02:46:48 (24.4%)	9:04	6.6 (75.0%)
34	ANTKOWIAK Michał	2018		M-30	6	01:28:41	02:09:40	04:14:30	06:33:40	07:48:14	10:10:47	11:23:43.50	11:23:43.50	+02:46:49 (24.4%)	9:04	6.6 (75.0%)
35	KUCZYŃSKI Rafał	2128		M-40	18	01:23:34	02:05:36	04:06:04	06:30:36	07:50:44	10:15:54	11:32:08.00	11:32:08.00	+02:55:13 (25.3%)	9:10	6.5 (73.9%)
36	MATUSZEWSKI Marek	2028	RUNNER'S POWER ŚREM	M-50	5	01:24:25	02:04:49	04:10:25	06:30:04	07:45:27	10:15:42	11:33:06.00	11:33:06.00	+02:56:11 (25.4%)	9:11	6.5 (73.9%)
37	BUCZAK Jakub	2006		M-30	7	01:17:42	01:56:49	03:52:33	06:12:23	07:35:08	10:14:29	11:33:36.65	11:33:36.65	+02:56:42 (25.5%)	9:11	6.5 (73.9%)
38	REPCZYŃSKI Mateusz	2005		M-30	8	01:20:08	02:09:51	04:15:49	06:37:26	07:54:03	10:24:00	11:33:36.95	11:33:36.95	+02:56:42 (25.5%)	9:11	6.5 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Bieg										Tempo min/km	Tempo km/h
						Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn			
39	KUROWSKI Aleksander	2038		M-40	19	01:22:31	02:05:48	04:12:24	06:38:29	07:56:21	10:32:19	11:43:09.50	11:43:09.50	+03:06:15 (26.5%)	9:19	6.4 (72.7%)	
40	KACZMAREK Jędrzej	2083	KP PSP MILICZ	M-30	9	01:24:32	02:07:09	04:13:38	06:43:41	07:57:48	10:27:36	11:43:49.95	11:43:49.95	+03:06:55 (26.6%)	9:20	6.4 (72.7%)	
41	OLEJNIK Wojciech	2113	REWELKA TEAM	M-20	3	01:21:00	02:01:55	04:04:59	06:36:23	07:56:31	10:35:11	11:47:46.90	11:47:46.90	+03:10:52 (27.0%)	9:23	6.4 (72.7%)	
42	RADZIWOŃ Anna	2051	GRUPA NIENACHALNIE HEROICZNA	K-40	3	01:31:26	02:16:14	04:31:24	06:56:02	08:12:19	10:34:46	11:47:52.25	11:47:52.25	+03:10:58 (27.0%)	9:23	6.4 (72.7%)	
43	PIETRYSZYN Emil	2000		M-30	10	01:22:33	02:00:54	04:04:15	06:37:07	07:59:18	10:36:55	11:51:41.95	11:51:41.95	+03:14:47 (27.4%)	9:26	6.4 (72.7%)	
44	LEWANDOWSKI Bartłomiej	2045	MMUU	M-40	20	01:24:14	02:05:57	04:07:49	06:37:05	08:01:37	10:35:52	11:53:35.30	11:53:35.30	+03:16:41 (27.6%)	9:27	6.3 (71.6%)	
45	CHORAZKIEWICZ Damian	2107		M-30	11	01:22:11	02:04:25	04:11:27	06:46:30	08:04:26	10:40:19	11:54:20.65	11:54:20.65	+03:17:26 (27.6%)	9:28	6.3 (71.6%)	
46	WRÓBEL Kamil	2081		M-20	4	01:24:27	02:06:53	04:12:19	06:39:27	08:00:54	10:40:18	11:55:31.10	11:55:31.10	+03:18:36 (27.8%)	9:29	6.3 (71.6%)	
47	LUBAŃSKI Robert	2101		M-50	6	01:20:11	01:58:00	04:03:13	06:28:37	07:50:10	10:34:46	11:58:01.30	11:58:01.30	+03:21:07 (28.0%)	9:31	6.3 (71.6%)	
48	PILIPCZUK Paweł	2102		M-40	21	01:28:36	02:22:57	04:25:21	06:44:59	08:09:46	10:43:32	11:58:07.50	11:58:07.50	+03:21:13 (28.0%)	9:31	6.3 (71.6%)	
49	MIKOŁAJCZYK Tomasz	2138	EXPLORADOR TEAM / INTALIO	M-40	22	01:24:26	02:14:20	04:22:28	06:52:35	08:12:22	10:52:20	11:58:55.30	11:58:55.30	+03:22:01 (28.1%)	9:32	6.3 (71.6%)	
50	CHODKIEWICZ Tomasz	2026	GARDENFLORA MTB TEAM	M-40	23	01:21:49	02:01:56	04:14:01	06:44:44	08:03:22	10:44:23	12:00:59.30	12:00:59.30	+03:24:05 (28.3%)	9:33	6.3 (71.6%)	
51	BUCZYŃSKI Arkadiusz	2066		M-50	7	01:32:18	02:19:44	04:35:17	07:10:07	08:30:16	10:56:43	12:02:35.05	12:02:35.05	+03:25:40 (28.5%)	9:35	6.3 (71.6%)	
52	BOWSZYS Arkadiusz	2121	KAMAR	M-40	24	01:25:48	02:07:43	04:09:39	06:36:40	07:57:50	10:53:06	12:04:35.85	12:04:35.85	+03:27:41 (28.7%)	9:36	6.2 (70.5%)	
53	CIEPLUCH Marcin	2054		M-30	12	01:22:26	02:04:08	04:08:34	06:42:15	08:04:52	10:47:50	12:14:28.90	12:14:28.90	+03:37:34 (29.6%)	9:44	6.2 (70.5%)	
54	PACZKOWSKA Katarzyna	2047	WLKP MOUNTAINS ULTRA	K-40	4	01:25:16	02:07:06	04:21:54	07:01:21	08:31:21	11:05:55	12:20:01.55	12:20:01.55	+03:43:07 (30.2%)	9:48	6.1 (69.3%)	
55	PETA Rafał	2021		M-40	25	01:36:28	02:23:15	04:37:37	07:07:06	08:25:55	11:03:37	12:21:49.90	12:21:49.90	+03:44:55 (30.3%)	9:50	6.1 (69.3%)	
56	KROCZYŃSKI Sławomir	2079	BIEGOLAS KOSZALIN- KOŁOBRZEG	M-60	1	01:23:47	02:09:55	04:22:44	06:57:39	08:25:37	11:07:52	12:22:13.45	12:22:13.45	+03:45:19 (30.4%)	9:50	6.1 (69.3%)	
57	KUCHARSKI Michał	2014	MATNER RUNNING TEAM	M-30	13	01:21:01	02:09:50	04:17:20	06:48:10	08:12:40	11:01:45	12:26:14.90	12:26:14.90	+03:49:20 (30.7%)	9:53	6.1 (69.3%)	
58	IGNASZEWSKA Marta	2019	1980	K-40	5	01:31:22	02:16:55	04:42:57	07:14:21	08:44:56	11:11:06	12:26:20.80	12:26:20.80	+03:49:26 (30.7%)	9:53	6.1 (69.3%)	
59	TKACZ Łukasz	2105		M-30	14	01:26:40	02:15:46	04:26:03	07:03:45	08:25:37	10:59:02	12:29:12.25	12:29:12.25	+03:52:18 (31.0%)	9:56	6 (68.2%)	
60	KUDELSKI Ireneusz	2062	43 WOJSKOWY ODDZIAŁ GOSPODARCZY	M-50	8	01:28:54	02:11:41	04:29:53	07:01:26	08:26:44	11:14:53	12:32:53.95	12:32:53.95	+03:55:59 (31.3%)	9:59	6 (68.2%)	
61	ŻYTKOWIAK Maciej	2100		M-30	15	01:26:29	02:23:57	04:36:39	07:15:10	08:40:17	11:21:40	12:34:15.30	12:34:15.30	+03:57:21 (31.5%)	10:00	6 (68.2%)	
62	RODZIEWICZ Zbigniew	2086		M-40	26	01:22:25	02:03:09	04:15:35	06:51:30	08:15:48	11:02:00	12:35:16.70	12:35:16.70	+03:58:22 (31.6%)	10:01	6 (68.2%)	
63	KRYM Katarzyna	2044	GOOD MOVE	K-40	6	01:29:12	02:16:08	04:35:25	07:08:24	08:33:38	11:14:48	12:37:45.60	12:37:45.60	+04:00:51 (31.8%)	10:02	6 (68.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne	Nad U	Z1	Nad U	Z2	Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Skały 10km	Zabiteho 16.6km	Hvezda 29.2km	Zabiteho 41.6km	Karłów 50.3km	Skały 66.2km	netto 75.4km	brutto 75.4km			
64	RUNOWSKI Krzysztof	2127	KRISRUN	M-40	27	01:29:11	02:16:09	04:35:27	07:08:24	08:33:41	11:14:49	12:37:49.80	12:37:49.80	+04:00:55 (31.8%)	10:03	6 (68.2%)
65	RADZIWOŃ Krzysztof	2053	GRUPA NIENACHALNIE HEROICZNA	M-50	9	01:34:48	02:19:22	04:32:59	07:05:06	08:29:52	11:15:18	12:37:49.85	12:37:49.85	+04:00:55 (31.8%)	10:03	6 (68.2%)
66	HADUŁA Justyna	2085		K-40	7	01:32:29	02:20:36	04:49:05	07:26:37	08:47:22	11:21:15	12:38:36.55	12:38:36.55	+04:01:42 (31.9%)	10:03	6 (68.2%)
66	BYŚ Mateusz	2042		M-30	16	01:38:03	02:24:48	04:40:31	07:31:48	09:09:59	11:37:38	12:38:36.55	12:38:36.55	+04:01:42 (31.9%)	10:03	6 (68.2%)
68	JALOWSKI Andrzej	2116	INTEC	M-50	10	01:26:14	02:16:50	04:31:45	07:15:49	08:41:17	11:25:57	12:43:25.50	12:43:25.50	+04:06:31 (32.3%)	10:07	5.9 (67.0%)
69	JANUSZEWSKI Karol	2025	BIEGAM U KOLESI	M-40	28	01:31:33	02:14:48	04:30:35	07:12:48	08:43:16	11:25:33	12:46:11.35	12:46:11.35	+04:09:17 (32.5%)	10:09	5.9 (67.0%)
70	ROGOWSKI Tomasz	2037	BBC KROSNO ODRZAŃSKIE	M-40	29	01:35:38	02:24:12	04:47:08	07:24:30	08:49:01	11:33:22	12:49:00.90	12:49:00.90	+04:12:06 (32.8%)	10:11	5.9 (67.0%)
71	PINIARSKI Paweł	2060	DPKJIP	M-30	17	01:31:32	02:18:59	04:37:31	07:14:15	08:41:40	11:30:35	12:52:45.70	12:52:45.70	+04:15:51 (33.1%)	10:14	5.9 (67.0%)
72	PETR Siročák	2111	TŘI KŘÍŽKY OSTRAVA	M-40	30	01:33:17	02:26:12	04:44:28	07:29:37	08:58:38	11:37:18	12:59:19.35	12:59:19.35	+04:22:25 (33.7%)	10:20	5.8 (65.9%)
73	PYREK Krzysztof	2033	1 RBLOG	M-40	31	01:22:16	02:05:37	04:26:13	07:17:52	08:47:21	11:33:59	12:59:51.75	12:59:51.75	+04:22:57 (33.7%)	10:20	5.8 (65.9%)
74	KUNECKI Norbert	2032	KB HARCOWNIK JELCZ LASKOWICE	M-40	32	01:33:10	02:16:29	04:29:06	07:10:07	08:40:49	11:46:39	13:16:07.65	13:16:07.65	+04:39:13 (35.1%)	10:33	5.7 (64.8%)
75	KONSTANCIUK Dariusz	2072	JAZDA Z KURAMI	M-40	33	01:19:52	02:03:55	04:17:19	07:03:47	08:40:46	11:45:12	13:22:16.10	13:22:16.10	+04:45:21 (35.6%)	10:38	5.6 (63.6%)
76	WITLICKI Kacper	2003	BBC KROSNO ODRZAŃSKIE	M-30	18	01:35:40	02:24:12	04:47:10	07:24:30	08:49:12	11:59:50	13:23:18.95	13:23:18.95	+04:46:24 (35.7%)	10:39	5.6 (63.6%)
77	ČERVENÝ David	2001	ERIKA COPY SHOP	M-40	34	01:28:43	02:12:52	04:34:27	07:31:23	08:58:36	11:59:13	13:26:55.25	13:26:55.25	+04:50:01 (35.9%)	10:42	5.6 (63.6%)
78	GRABOWICZ Paweł	2071		M-50	11	01:37:08	02:23:39	04:42:13	07:29:26	09:06:35	11:56:38	13:27:18.45	13:27:18.45	+04:50:24 (36.0%)	10:42	5.6 (63.6%)
79	SZYDŁOWSKI Patryk	2061		M-30	19	01:37:07	02:23:33	04:37:09	07:29:26	09:06:36	11:56:37	13:27:20.60	13:27:20.60	+04:50:26 (36.0%)	10:42	5.6 (63.6%)
80	LEWANDOWSKI Janusz	2040		M-50	12	01:32:12	02:19:14	04:48:10	07:40:00	09:12:57	12:05:42	13:31:44.00	13:31:44.00	+04:54:49 (36.3%)	10:45	5.6 (63.6%)
81	NOWAKOWSKI Rafał	2124	#BIEGIEMWLAS/BIEGAJĄCE KREJZOLE	M-40	35	01:48:39	02:39:39	05:16:36	08:30:30	09:47:47		13:31:54.00	13:31:54.00	+04:54:59 (36.3%)	10:46	5.6 (63.6%)
82	GAWROŃSKI Ireneusz	2041	AMATOR	M-60	2	01:34:45	02:25:19	04:52:16	07:37:09	09:10:33	12:04:15	13:34:19.15	13:34:19.15	+04:57:24 (36.5%)	10:47	5.6 (63.6%)
83	CHLUDZIŃSKI Patryk	2074	ARVATO S.C. REP	M-40	36	01:37:16	02:23:29	04:49:06	07:46:53	09:26:31	12:24:31	13:40:57.45	13:40:57.45	+05:04:03 (37.0%)	10:53	5.5 (62.5%)
84	SKURZYŃSKI Mariusz	2057	KLUB SPORTOWY M.E.T.A	M-40	37	01:36:37	02:30:05	05:06:42	07:59:31	09:31:13	12:23:59	13:44:24.90	13:44:24.90	+05:07:30 (37.3%)	10:56	5.5 (62.5%)
85	BRAUNER Wojciech	2058		M-40	38	01:36:21	02:30:03	04:58:32	07:47:38	09:25:27	12:21:14	13:47:30.60	13:47:30.60	+05:10:36 (37.5%)	10:58	5.5 (62.5%)
86	SIKORSKI Dariusz	2131	INSERT TEAM	M-40	39	01:31:19	02:16:56	04:22:55	07:06:06	08:32:42	11:44:45	13:47:40.25	13:47:40.25	+05:10:46 (37.5%)	10:58	5.5 (62.5%)
87	BILEK Paweł	2146		M-60	3	01:22:43	02:25:49	04:52:32	07:41:31	09:17:39	12:27:30	13:52:30.60	13:52:30.60	+05:15:36 (37.9%)	11:02	5.4 (61.4%)
88	BUSS Jakub	2009	KUDOWIANKA RUN	M-50	13	01:36:40	02:21:41	04:34:47	07:26:03	09:02:03	12:05:37	13:53:30.15	13:53:30.15	+05:16:35 (38.0%)	11:03	5.4 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
89	STEC Adam	2110		M-40	40	01:35:35	02:25:43	04:53:31	07:49:55	09:25:47	12:31:05	13:57:32.65	13:57:32.65	+05:20:38 (38.3%)	11:06	5.4 (61.4%)
90	CHŁAP Ireneusz	2011	HUSARIA SUDETY	M-40	41	01:32:16	02:21:39	04:43:49	07:43:29	09:16:51	12:21:00	14:00:48.95	14:00:48.95	+05:23:54 (38.5%)	11:09	5.4 (61.4%)
91	MAZEPA Tomasz	2052	TOMEKM.SKÓRA	M-40	42	01:37:06	02:29:33	05:02:25	07:56:28	09:26:58	12:24:04	14:04:17.85	14:04:17.85	+05:27:23 (38.8%)	11:11	5.4 (61.4%)
92	KRUZEL Rafał	2119	BIEGOWE MISIE	M-50	14	01:41:43	02:34:58	05:12:36	08:05:55	09:51:31	12:45:13	14:04:33.65	14:04:33.65	+05:27:39 (38.8%)	11:12	5.4 (61.4%)
93	WUJKOWSKI Grzegorz	2077		M-40	43	01:31:29	02:20:39	04:45:07	07:35:30	09:08:27	12:19:54	14:07:03.20	14:07:03.20	+05:30:08 (39.0%)	11:14	5.3 (60.2%)
94	LUBELCZYK Grzegorz	2064	SPELEOCLUB WROCŁAW	M-50	15	01:31:28	02:16:53	04:43:48	07:40:04	09:14:00	12:42:05	14:10:06.50	14:10:06.50	+05:33:12 (39.2%)	11:16	5.3 (60.2%)
95	KOPYRA Tomasz	2142	#BIEGAMWOLNOALEDOKŁADNIE	M-40	44	01:36:33	02:28:35	05:01:22	07:51:33	09:32:28	12:41:00	14:15:45.75	14:15:45.75	+05:38:51 (39.6%)	11:20	5.3 (60.2%)
96	WIŚNIEWSKI Piotr	2008	ZIELONKA TEAM	M-40	45	01:28:37	02:14:52	04:47:41	07:50:30	09:25:20	12:38:42	14:17:28.45	14:17:28.45	+05:40:34 (39.7%)	11:22	5.3 (60.2%)
97	ALBIŃSKI Tomasz	2106	RUNNING FROGS	M-40	46	01:36:35	02:22:28	04:49:51	07:52:20	09:41:38	12:38:32	14:18:32.20	14:18:32.20	+05:41:37 (39.8%)	11:23	5.3 (60.2%)
98	NOWAK Tomasz	2112	BANICI ULTRA	M-40	47	01:41:18	02:32:37	05:13:00	08:10:30	09:52:41	12:55:34	14:20:51.25	14:20:51.25	+05:43:57 (40.0%)	11:25	5.3 (60.2%)
99	SZMYT Piotr	2029	BANICI ULTRA	M-40	48	01:41:16	02:32:37	05:13:01	08:10:49	09:52:46	12:55:32	14:20:51.30	14:20:51.30	+05:43:57 (40.0%)	11:25	5.3 (60.2%)
100	TERETYKA Dorota	2016	BANICI ULTRA	K-50	1	01:41:20	02:32:36	05:12:53	08:10:48	09:52:44	12:55:30	14:20:51.55	14:20:51.55	+05:43:57 (40.0%)	11:25	5.3 (60.2%)
101	JANUSZEWSKA Izabela	2024	BIEGAM U KOLESI	K-40	8	01:45:44	02:35:51	05:18:22	08:15:47	09:54:22	12:50:21	14:23:53.50	14:23:53.50	+05:46:59 (40.2%)	11:27	5.2 (59.1%)
102	KITLAS Dariusz	2137	BSB	M-50	16	01:36:01	02:26:40	05:00:59	07:56:00	09:40:54	12:54:29	14:35:25.50	14:35:25.50	+05:58:31 (41.0%)	11:36	5.2 (59.1%)
103	DEINIUK Roman	2023		M-30	20	01:38:39	02:25:41	04:59:36	08:06:04	09:52:16	13:18:13	14:41:49.85	14:41:49.85	+06:04:55 (41.4%)	11:41	5.1 (58.0%)
104	MANTHAJ-PIHUT Marta	2004		K-30	4	01:39:55	02:30:21	05:23:16	08:29:56	10:07:06	13:09:32	14:42:06.10	14:42:06.10	+06:05:11 (41.4%)	11:41	5.1 (58.0%)
105	ŚLESICKI Konstanty	2056		M-30	21	01:32:26	02:16:39	04:46:15	07:50:27	09:32:08	12:55:07	14:43:23.30	14:43:23.30	+06:06:29 (41.5%)	11:42	5.1 (58.0%)
106	MARKOWSKI Marek	2132	KS LENIWIEC	M-40	49	01:37:11	02:26:10	04:55:11	08:00:13	10:07:54	13:29:27	14:43:35.55	14:43:35.55	+06:06:41 (41.5%)	11:43	5.1 (58.0%)
106	ROZNIERSKI Łukasz	2067	KB SOBÓTKA	M-40	49	01:45:37	02:41:15	05:24:27	08:29:57	10:13:07	13:30:43	14:43:35.55	14:43:35.55	+06:06:41 (41.5%)	11:43	5.1 (58.0%)
108	KUSZTELSKA Lucyna	2129	WLKP MOUNTAINS ULTRA	K-40	9	01:33:16	02:21:50	04:53:36	07:47:07	09:25:23	12:52:02	14:47:25.35	14:47:25.35	+06:10:31 (41.8%)	11:46	5.1 (58.0%)
109	LUTOWSKI Wojciech	2055		M-30	22	01:33:22	02:19:28	04:45:27	07:47:08	09:25:22	12:52:03	14:47:25.65	14:47:25.65	+06:10:31 (41.8%)	11:46	5.1 (58.0%)
110	KASKA-ŁOBODOWSKA Ewelina	2126	FIT&JOY	K-40	10	01:40:50	02:33:09	05:14:06	08:11:05	10:09:36	13:17:20	14:48:07.40	14:48:07.40	+06:11:13 (41.8%)	11:46	5.1 (58.0%)
111	MRÓWCZYŃSKI Tomasz	2039		M-40	51	01:37:48	02:29:00	05:00:33	08:11:06	09:54:46	13:10:59	14:48:07.75	14:48:07.75	+06:11:13 (41.8%)	11:46	5.1 (58.0%)
112	WYBRANIEC Michał	2069		M-30	23	01:36:57	02:31:44	04:58:36	07:59:01	09:48:55	13:09:24	14:54:56.70	14:54:56.70	+06:18:02 (42.2%)	11:52	5.1 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
113	OSOWSKI Wojtek	2123		M-50	17	01:44:15	02:34:58	05:12:44	08:22:34	10:08:40	13:22:39	14:55:54.35	14:55:54.35	+06:19:00 (42.3%)	11:52	5 (56.8%)
114	ROSIKOŃ Bartłomiej	2075	PATOBIEGI	M-30	24	01:36:58	02:31:45	04:59:25	07:59:01	09:48:52	13:10:12	14:56:36.40	14:56:36.40	+06:19:42 (42.3%)	11:53	5 (56.8%)
115	ŚLUZEK Mirosław	2013		M-60	4	01:40:54	02:31:00	05:08:57	08:14:09	09:54:12	13:19:44	14:58:04.75	14:58:04.75	+06:21:10 (42.4%)	11:54	5 (56.8%)
116	SIECZKOWSKI Artur	2007	NBRTEAM	M-40	52	01:40:48	02:33:32	05:05:26	08:19:17	10:02:05	13:17:24	15:01:59.10	15:01:59.10	+06:25:04 (42.7%)	11:57	5 (56.8%)
117	STRUSIŃSKA Katarzyna	2143	MIŃSKA GRUPA ROWEROWA / KS BARAKUDA	K-40	11	01:45:41	02:42:34	05:26:23	08:21:42	10:01:46	13:18:17	15:09:35.80	15:09:35.80	+06:32:41 (43.2%)	12:03	5 (56.8%)
118	HOFFMANN Grzegorz	2076	KOŚCIAN TAEM	M-40	53	01:37:17	02:25:42	05:14:52	08:32:50	09:47:47	13:27:52	15:15:45.10	15:15:45.10	+06:38:50 (43.6%)	12:08	4.9 (55.7%)
119	SZAJEK Arkadiusz	2140	ARVATO S.C. REP	M-30	25	01:42:50	02:32:05	05:16:01	08:26:06	10:20:14	13:37:03	15:24:14.65	15:24:14.65	+06:47:20 (44.1%)	12:15	4.9 (55.7%)
120	SAMEK Aleksander	2109		M-40	54	01:35:31	02:27:21	05:15:21	08:38:50	10:39:58	13:58:17	15:44:01.30	15:44:01.30	+07:07:07 (45.2%)	12:31	4.8 (54.5%)
	RÝZNAR Jan	2144	TJ SOKOL HRABENOV	M-20		01:17:30 DNF	01:55:37 DNF	03:48:28 DNF	05:51:57 DNF	07:08:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	SKROBAŃSKI Roman	2015	SKROBKITEAM	M-40		01:12:40 DNF	01:49:24 DNF	03:31:44 DNF	05:28:46 DNF	07:33:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	STOKŁOSA Michał	2114		M-30		01:38:06 DNF	02:28:08 DNF	04:55:08 DNF	08:00:13 DNF	10:12:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	KOZŁOWSKI Rafał	2103	RUNNERS KONIN	M-40		01:37:01 DNF	02:30:03 DNF	05:00:30 DNF	07:58:28 DNF	10:13:22 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAJKA Dariusz	2035	BIEGACZE ŚWINOUJŚCIE	M-40		01:25:33 DNF	02:13:48 DNF	04:46:11 DNF	08:21:24 DNF	10:40:06 DNF	DNF	DNF	DNF		-	- (0.0%)
	PABIJAŃCZYK Damian	2147		M-40		01:45:16 DNF	02:36:19 DNF	05:20:09 DNF	08:39:43 DNF	10:41:01 DNF	DNF	DNF	DNF		-	- (0.0%)
	ROGUZIŃSKI Radosław	2093		M-40		01:37:02 DNF	02:26:52 DNF	05:03:54 DNF	08:34:00 DNF	10:44:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	FRĄCKOWIAK Dominik	2002		M-30		01:33:11 DNF	02:29:16 DNF	05:24:11 DNF	08:33:52 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TURKOWSKI Andrzej	2095	SPORTOŚKA	M-20		01:13:26 DNF	01:48:45 DNF	03:31:40 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	CEGLAREK Marcel	2117		M-20		01:21:18 DNF	02:00:53 DNF	04:09:43 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZARODA Zbigniew	2145	TRITON KONIN	M-50		01:34:40 DNF	02:15:10 DNF	04:24:39 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIETRUCHA Adam	2020	NSZZ FSG, PSG POZNAŃ - ŁAWICA	M-30		01:40:51 DNF	02:32:01 DNF	05:26:41 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GONERA Kazimierz	2022	KB HARCOWNIK JELCZ-LASKOWICE	M-60		01:45:52 DNF	02:41:24 DNF	05:56:31 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MATUSZEWSKA Małgorzata	2027	RUNNER'S POWER ŚREM	K-40		01:52:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KACZMAREK Mirosław	2108	RUNNER'S POWER	M-30		01:52:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WALCZAK Michał	2036		M-40		01:52:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)