

**Wydarzenie:** Sztafeta Górską 2020  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2020-08-29  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 73,3 km

## Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Błędne Skały 66km	Czas netto 75km	Czas brutto 75km	Różn	Tempo min/km	Tempo km/h
1	<b>KORPALSKI Tomasz</b>	<b>1007</b>	BZG	M-30	1	01:43:49	02:45:02	04:28:45	05:52:10	07:34:22	<b>08:21:05.10</b>	<b>08:21:20.75</b>		6:40	9 (100%)
2	<b>SOCZOMSKI Grzegorz</b>	<b>1104</b>	ALTRA TEAM RED / CHATA BIEGACZA K34	M-30	2	01:36:32	02:36:41	04:20:40	05:44:12	07:30:29	<b>08:23:24.55</b>	<b>08:23:27.60</b>	+00:02:06 (0.4%)	6:42	8.9 (98.9%)
3	<b>WICHŁACZ Paweł</b>	<b>1000</b>	KB MANIAC POZNAŃ	M-30	3	01:51:11	02:59:09	04:52:00	06:19:18	08:07:24	<b>08:55:37.40</b>	<b>08:56:00.85</b>	+00:34:40 (6.5%)	7:08	8.4 (93.3%)
4	<b>JANAS Kacper</b>	<b>1047</b>	PUSZCZYK BUKOWY	M-30	4	01:48:48	02:55:51	04:48:43	06:17:22	08:10:28	<b>09:04:29.80</b>	<b>09:04:33.80</b>	+00:43:13 (7.9%)	7:15	8.3 (92.2%)
5	<b>WALCZAK Patryk</b>	<b>1034</b>		M-30	5	01:45:06	02:53:07	04:52:49	06:25:13	08:29:16	<b>09:24:05.20</b>	<b>09:24:07.85</b>	+01:02:47 (11.1%)	7:31	8 (88.9%)
6	<b>KRAMEK Mateusz</b>	<b>1070</b>		M-30	6	01:51:04	03:00:20		06:31:53	08:42:13	<b>09:37:22.30</b>	<b>09:37:41.80</b>	+01:16:21 (13.2%)	7:41	7.8 (86.7%)
7	<b>STYPEREK Jakub</b>	<b>1097</b>	VEGE RUNNERS	M-30	7	01:54:25	03:09:01	05:07:31	06:42:05	08:47:07	<b>09:39:32.20</b>	<b>09:39:38.70</b>	+01:18:17 (13.5%)	7:43	7.8 (86.7%)
8	<b>TROCHANOWSKI Krystian</b>	<b>1025</b>	RUSYN-LEM - ŁEMKOWSKA GRUPA BIEGOWA	M-30	8	01:56:06	03:12:07	05:13:58	06:54:03	08:59:39	<b>09:49:09.00</b>	<b>09:49:12.40</b>	+01:27:51 (14.9%)	7:51	7.6 (84.4%)
9	<b>MARCINIAK Jakub</b>	<b>1005</b>	KOŹMIN BIEGA ULTRA RUNNERS	M-30	9	02:00:08	03:14:27	05:18:26	06:56:27	08:59:05	<b>09:53:09.60</b>	<b>09:53:22.40</b>	+01:32:01 (15.5%)	7:54	7.6 (84.4%)
10	<b>SIEROCIN Jakub</b>	<b>1051</b>		M-30	10	02:05:01	03:18:42	05:22:00	06:56:04	09:06:00	<b>10:03:01.25</b>	<b>10:03:26.55</b>	+01:42:05 (16.9%)	8:02	7.5 (83.3%)
11	<b>ŚWIERCZYŃSKI Kacper</b>	<b>1088</b>	NIGHT RUNNERS	M-30	11	01:55:11	03:10:54	05:30:07	07:08:04	09:04:28	<b>10:08:37.75</b>	<b>10:08:52.30</b>	+01:47:31 (17.7%)	8:06	7.4 (82.2%)
12	<b>MARUKIEWICZ Marek</b>	<b>1060</b>	BIEGAMDLAZDROWIA.PL	M-30	12	02:07:47	03:26:39	05:41:27	07:22:10	09:24:57	<b>10:22:03.95</b>	<b>10:22:26.55</b>	+02:01:05 (19.5%)	8:17	7.2 (80.0%)
13	<b>JĘCEK Maciej</b>	<b>1110</b>		M-30	13	01:53:43	03:05:04	05:17:51	07:04:12	09:22:28	<b>10:28:21.35</b>	<b>10:28:38.65</b>	+02:07:17 (20.2%)	8:22	7.2 (80.0%)
14	<b>PILARCZYK Marcin</b>	<b>1039</b>		M-30	14	01:43:54	02:57:55	05:08:53	07:01:52	09:51:19	<b>11:09:15.45</b>	<b>11:09:34.00</b>	+02:48:13 (25.1%)	8:55	6.7 (74.4%)
15	<b>WARDZYŃSKI Łukasz</b>	<b>1057</b>		M-30	15	02:02:26	03:21:32	05:44:41	07:37:23	10:08:37	<b>11:11:35.70</b>	<b>11:11:59.50</b>	+02:50:38 (25.4%)	8:57	6.7 (74.4%)
16	<b>JAKUBCZYK Rafał</b>	<b>1042</b>	TRIBOYS	M-30	16	02:15:53	03:41:53	06:14:36	08:16:52	10:43:09	<b>11:53:30.20</b>	<b>11:53:38.65</b>	+03:32:17 (29.7%)	9:30	6.3 (70.0%)
17	<b>KRAUS Radosław</b>	<b>1038</b>		M-30	17	01:57:24	03:22:38	05:51:41	07:57:06	10:52:22	<b>12:21:58.20</b>	<b>12:22:06.45</b>	+04:00:45 (32.4%)	9:53	6.1 (67.8%)

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18	<b>FALBA Karol</b>	<b>1108</b>	#TEAMLATIS	M-30	18	02:15:07	03:49:18	06:24:41	08:28:49	11:15:47	<b>12:23:31.25</b>	<b>12:23:54.25</b>	+04:02:33 (32.6%)	9:54	6.1 (67.8%)
19	<b>KUIK Bartosz</b>	<b>1103</b>	RUNNER'S POWER	M-30	19	02:21:09	03:54:56	06:32:51	08:36:23	11:21:44	<b>12:27:53.40</b>	<b>12:28:00.10</b>	+04:06:39 (33.0%)	9:58	6 (66.7%)
20	<b>TREGUB Igor</b>	<b>1050</b>		M-30	20	02:21:42	03:55:38	06:30:04	08:36:21	11:16:26	<b>12:36:58.90</b>	<b>12:37:11.70</b>	+04:15:50 (33.8%)	10:05	5.9 (65.6%)
21	<b>MELNYK Ivan</b>	<b>1049</b>	KUKURUDZA	M-30	21	02:21:44	03:55:39	06:30:07	08:36:24	11:16:32	<b>12:36:59.75</b>	<b>12:37:12.35</b>	+04:15:51 (33.8%)	10:05	5.9 (65.6%)
22	<b>NAGLAK Lukasz</b>	<b>1003</b>	KOŹMIN BIEGA ULTRA RUNNERS	M-30	22	02:22:20	03:56:32	06:44:05	08:52:55	11:32:43	<b>12:38:57.30</b>	<b>12:39:12.65</b>	+04:17:51 (34.0%)	10:07	5.9 (65.6%)
23	<b>PIENIĘŻNY Marek</b>	<b>1015</b>	KOŹMIN BIEGA ULTRA RUNNERS	M-30	23	02:22:20	03:56:35	06:43:53	08:52:57	11:32:38	<b>12:38:58.45</b>	<b>12:39:13.05</b>	+04:17:52 (34.0%)	10:07	5.9 (65.6%)
24	<b>PIECHOTA Daniel</b>	<b>1053</b>	DROGA W GÓRY	M-30	24	02:01:15	03:20:54	06:12:44	08:28:25	11:29:11	<b>12:52:10.10</b>	<b>12:52:15.55</b>	+04:30:54 (35.1%)	10:17	5.8 (64.4%)
25	<b>SAMOLAK Łukasz</b>	<b>1090</b>		M-30	25	02:26:46	04:04:34	06:49:49	08:59:04	11:39:37	<b>13:04:35.50</b>	<b>13:05:03.20</b>	+04:43:42 (36.1%)	10:27	5.7 (63.3%)
26	<b>JANOTA Marcin</b>	<b>1101</b>	APTIV	M-30	26	02:13:59	03:50:41	06:44:18	08:53:41	11:56:14	<b>13:20:25.30</b>	<b>13:20:52.10</b>	+04:59:31 (37.4%)	10:40	5.6 (62.2%)
27	<b>WŁOCH Kamil</b>	<b>1100</b>	SARNI TĘTENT	M-30	27	02:11:18	03:50:40	06:44:13	08:48:15	11:56:09	<b>13:20:25.40</b>	<b>13:20:52.20</b>	+04:59:31 (37.4%)	10:40	5.6 (62.2%)
28	<b>HRAB Wojciech</b>	<b>1012</b>		M-30	28	02:33:02	04:11:38	06:52:34	09:07:14	12:07:55	<b>13:23:08.15</b>	<b>13:23:24.05</b>	+05:02:03 (37.6%)	10:42	5.6 (62.2%)
	<b>JANKOWIAK Karol</b>	<b>1004</b>		M-30		02:22:22 DNF	03:59:19 DNF	07:26:48 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BASZCZYSZYN Artur</b>	<b>1086</b>	KUDOWIANKA RUN	M-30		02:15:14 DNF	04:03:41 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KORZHUN Aliaksandr</b>	<b>1064</b>	KAMIENNOGÓRSKA GRUPA BIEGOWA	M-30		02:47:08 DNF	04:40:24 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 31 wynik(ów)