

**Event:** Kudowski Festiwal Biegowy - Sztafeta Górską 2021  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2021-05-08  
**Place:** Kudowa-Zdrój  
**Distance:** 75,4 km

Classification: M-30

Place	Participant	Number	Club	Category	MCat	Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Błędne Skały 66km	Net time 75.4km	Gap	Pace min/km	Pace km/h
1	<b>JUREK Michał</b>	<b>1043</b>	RMT TEAM PRO	M-30	1	01:36:06	02:34:25	04:16:44	05:36:24	07:12:37	<b>07:54:57.75</b>		6:17	9.5 (100%)
2	<b>KARWACZYŃSKI Roger</b>	<b>1004</b>		M-30	2	01:39:12	02:40:40	04:22:49	05:43:34	07:29:12	<b>08:17:16.20</b>	+00:22:18 (4.5%)	6:35	9.1 (95.8%)
3	<b>BEDNARZ Jakub</b>	<b>1009</b>	DRUŻYNA SZPIKU/ BIEGANIE NA SZCZYTACH	M-30	3	01:38:32	02:41:53	04:32:54	06:06:09	08:03:48	<b>09:02:48.45</b>	+01:07:50 (12.5%)	7:11	8.3 (87.4%)
4	<b>PIETRYSZYN Emil</b>	<b>1056</b>		M-30	4	01:46:12	02:58:26	04:58:57	06:34:26	08:41:39	<b>09:44:04.85</b>	+01:49:07 (18.7%)	7:44	7.7 (81.1%)
5	<b>KUCHARSKI Przemysław</b>	<b>1052</b>		M-30	5	01:56:24	03:08:13	05:14:01	06:51:08	08:54:26	<b>09:50:13.45</b>	+01:55:15 (19.5%)	7:49	7.7 (81.1%)
6	<b>JUSZCZYK Jarosław</b>	<b>1036</b>	GOSŁAW SPORT CENTER	M-30	6	01:57:17	03:13:48	05:23:27	07:08:36	09:22:01	<b>10:21:05.55</b>	+02:26:07 (23.5%)	8:14	7.3 (76.8%)
7	<b>MUSIELAK Marek</b>	<b>1101</b>		M-30	7	02:10:18	03:28:38	05:39:44	07:21:27	09:34:33	<b>10:32:52.55</b>	+02:37:54 (25.0%)	8:23	7.1 (74.7%)
8	<b>SIOMA Konrad</b>	<b>1051</b>	ROKIETNICA BIEGA	M-30	8	01:57:45	03:17:36	05:28:27	07:18:23	09:46:49	<b>10:50:40.00</b>	+02:55:42 (27.0%)	8:37	7 (73.7%)
9	<b>WARDZYŃSKI Łukasz</b>	<b>1109</b>		M-30	9	02:01:51	03:22:34	05:39:41	07:29:11	09:55:19	<b>10:53:57.70</b>	+02:58:59 (27.4%)	8:40	6.9 (72.6%)
10	<b>SZWAJA Wojciech</b>	<b>1025</b>	WOLBROM TEAM	M-30	10	01:53:39	03:10:03	05:35:18	07:26:02	09:53:23	<b>10:58:51.70</b>	+03:03:53 (27.9%)	8:44	6.9 (72.6%)
11	<b>KRAWCZYK Karol</b>	<b>1033</b>		M-30	11	02:01:40	03:24:12	05:44:29	07:36:42	10:03:43	<b>11:08:26.45</b>	+03:13:28 (28.9%)	8:51	6.8 (71.6%)
12	<b>ZAJĄC Leszek</b>	<b>1012</b>		M-30	12	01:55:49	03:11:55	05:26:24	07:14:15	10:01:09	<b>11:13:44.00</b>	+03:18:46 (29.5%)	8:56	6.7 (70.5%)
13	<b>DUDEK Remigiusz</b>	<b>1006</b>	KALINKA ULTRA TEAM	M-30	13	02:01:36	03:25:45	05:50:48	07:53:02	10:22:43	<b>11:37:38.65</b>	+03:42:40 (31.9%)	9:15	6.5 (68.4%)
14	<b>URBAŃSKI Krzysztof</b>	<b>1143</b>	ENGLISH OVER TEA	M-30	14	02:07:18	03:26:59	05:54:16	07:56:05	10:35:38	<b>11:45:16.10</b>	+03:50:18 (32.7%)	9:21	6.4 (67.4%)
15	<b>HAMERLA Adam</b>	<b>1001</b>		M-30	15	02:04:17	03:24:24	05:48:11	07:58:34	10:48:10	<b>11:54:55.30</b>	+03:59:57 (33.6%)	9:28	6.3 (66.3%)

Place	Participant	Number	Club	Category	MCat					Błędne	Net	Gap	Pace min/km	Pace km/h
						Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	time 75.4km			
16	<b>MARUKIEWICZ Marek</b>	<b>1070</b>	BIEGAMDLAZDROWIA.PL	M-30	16	02:10:09	03:41:22	06:07:35	07:55:38	10:41:13	<b>12:03:54.45</b>	+04:08:56 (34.4%)	9:36	6.2 (65.3%)
17	<b>DAWIDZIAK Arkadiusz</b>	<b>1005</b>		M-30	17	02:02:55	03:30:59	05:56:46	07:54:34	10:45:47	<b>12:10:25.05</b>	+04:15:27 (35.0%)	9:41	6.2 (65.3%)
18	<b>POPRAWSKI Mateusz</b>	<b>1063</b>	KILIŃSKIEGO TEAM	M-30	18	02:12:35	03:40:00		08:19:39	11:07:24	<b>12:24:23.65</b>	+04:29:25 (36.2%)	9:52	6.1 (64.2%)
19	<b>KOSMOWSKI Wiesław</b>	<b>1037</b>		M-30	19	02:12:49	03:40:12	06:15:20	08:19:42	11:07:44	<b>12:24:27.10</b>	+04:29:29 (36.2%)	9:52	6.1 (64.2%)
20	<b>KRYGIER Przemysław</b>	<b>1062</b>		M-30	20	02:12:59	03:40:26	06:15:33	08:20:22	11:07:49	<b>12:24:36.35</b>	+04:29:38 (36.2%)	9:52	6.1 (64.2%)
21	<b>PARWA Michał</b>	<b>1000</b>	BIEGIEM NA ROWER	M-30	21	02:06:54	03:32:33	06:05:16	08:12:48	11:17:30	<b>12:35:02.55</b>	+04:40:04 (37.1%)	10:00	6 (63.2%)
22	<b>STUDZIŃSKI Mateusz</b>	<b>1087</b>		M-30	22	02:02:36	03:30:46	06:17:21	08:31:41	11:25:36	<b>12:44:00.75</b>	+04:49:03 (37.8%)	10:07	5.9 (62.1%)
23	<b>DAWIDZIAK Wojciech</b>	<b>1007</b>		M-30	23	02:14:48	03:47:29	06:30:57	09:02:21	11:37:48	<b>12:46:36.80</b>	+04:51:39 (38.0%)	10:10	5.9 (62.1%)
24	<b>TYLMAN Piotr</b>	<b>1081</b>	RUNDORFINA	M-30	24	02:15:15	03:52:08	06:34:41	08:43:29	11:44:24	<b>13:01:02.50</b>	+05:06:04 (39.2%)	10:21	5.8 (61.1%)
25	<b>BASZCZYSZYN Artur</b>	<b>1131</b>	KUDOWIANKA RUN	M-30	25	02:03:15	03:27:44	06:14:50	08:44:30	12:01:47	<b>13:30:32.70</b>	+05:35:34 (41.4%)	10:44	5.6 (58.9%)
26	<b>KACZMAREK Mirosław</b>	<b>1088</b>	RUNNER'S POWER	M-30	26	02:42:31	04:26:38	07:26:41	09:39:50	12:26:01	<b>13:42:43.15</b>	+05:47:45 (42.3%)	10:54	5.5 (57.9%)
27	<b>STANEK Bartosz</b>	<b>1078</b>	PLEWISKA	M-30	27	02:17:15	04:05:22	07:00:10	09:29:19	12:28:31	<b>13:43:59.25</b>	+05:49:01 (42.4%)	10:55	5.5 (57.9%)
28	<b>HETMAŃSKI Arek</b>	<b>1015</b>	LOVELASY	M-30	28	02:27:55	04:08:05	07:09:48	09:38:03	12:39:59	<b>14:22:00.05</b>	+06:27:02 (44.9%)	11:25	5.2 (54.7%)
29	<b>CZYŻ Łukasz</b>	<b>1064</b>	ES TEAM	M-30	29	02:23:34	04:09:06	07:14:33	09:45:34	12:53:57	<b>14:31:06.40</b>	+06:36:08 (45.5%)	11:33	5.2 (54.7%)
30	<b>ROGOWSKI Tomasz</b>	<b>1069</b>	UMLAUT	M-30	30	02:22:49	04:05:19	07:09:34	09:38:46	13:02:13	<b>14:49:55.60</b>	+06:54:57 (46.6%)	11:48	5.1 (53.7%)
<b>Przekroczony limit czasu: 15:00:00</b>														
31	<b>WACHOWIAK Sebastian</b>	<b>1123</b>	BIEGAJĄCE KREJZOLE	M-30	31	02:36:32	04:29:05	07:45:10	10:21:54		<b>15:04:24.55</b>	+07:09:26 (47.5%)	11:59	5 (52.6%)
32	<b>BALIŃSKI Karol</b>	<b>1066</b>	ULTRA DRAWSKI BIEGACZ	M-30	32			06:16:25				+	9:10	6.5 (68.4%)
	<b>MARSZALEK Jan</b>	<b>1083</b>	ITMBW KRAKÓW	M-30		02:00:05 DNF	03:27:05 DNF	06:08:37 DNF	09:02:37 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>ZARZECZNY Radosław</b>	<b>1044</b>	JUNIOR AMATOR SUPERSTAR	M-30		02:26:46 DNF	04:08:28 DNF	07:09:49 DNF	10:09:07 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JOKIEL Wojciech</b>	<b>1129</b>	SPARTA ULTRA TEAM	M-30		01:42:30 DNF	02:57:08 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Total 35 results.