

SZTAFETA GÓRSKA - SOLO

B4SPORT

Wydarzenie: Kudowski Festiwal Biegowy
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-04-01
Miejsce: Kudowa-Zdrój
Dystans: 75,4 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
1	MAŁYGA Grzegorz	2153	RMT TEAM PRO	M-30	1	01:07:49	01:41:01	03:14:53	04:54:26	05:55:08	07:45:51	08:38:05.85	08:38:05.85		6:52	8.7 (100%)
2	KACZMARCZYK Łukasz	2111	ELITE RUNNERS	M-30	2	01:09:56	01:46:46	03:25:28	05:14:32	06:22:23	08:24:54	09:25:09.85	09:25:09.85	+00:47:04 (8.3%)	7:29	8 (92.0%)
3	SKOCZYLAS Adrian	2189	SKOCZYLIWLASY	M-30	3	01:11:33	01:48:39	03:30:50	05:24:27	06:35:51	08:43:39	09:47:17.30	09:47:17.30	+01:09:11 (11.8%)	7:47	7.7 (88.5%)
4	CIESIELSKI Michał	2125	ADIDAS RUNNERS WARSAW	M-30	4	01:15:11	01:56:50	03:49:26	05:53:18	07:08:38	09:36:26	10:58:28.55	10:58:28.55	+02:20:22 (21.3%)	8:43	6.9 (79.3%)
5	MIGDAL Michał	2142	MARKOWI BIEGACZE	M-30	5	01:21:15	02:02:32	03:57:05	06:11:53	07:33:30	09:55:03	11:01:23.10	11:01:23.10	+02:23:17 (21.7%)	8:46	6.8 (78.2%)
6	WĄCHAŁA Damian	2154		M-30	6	01:27:21	02:10:41	04:13:15	06:24:42	07:40:59	10:04:26	11:09:16.05	11:09:16.05	+02:31:10 (22.6%)	8:52	6.8 (78.2%)
7	PIETRYSZYN Emil	2021	TKKF KOLEJARZ BYDGOSZCZ	M-30	7	01:23:28	02:05:05	04:10:11	06:19:29	07:39:04	10:04:37	11:14:57.40	11:14:57.40	+02:36:51 (23.2%)	8:57	6.7 (77.0%)
8	WOJCIECHOWSKI Przemysław	2122	CHAMPIONMAN TEAM	M-30	8	01:20:14	02:02:40	04:06:05	06:26:43	07:52:21	10:24:22	11:41:43.35	11:41:43.35	+03:03:37 (26.2%)	9:18	6.4 (73.6%)
9	FILIPEK Wojciech	2162		M-30	9	01:13:46	01:53:57	03:45:39	06:10:49	07:37:37	10:25:35	11:44:21.25	11:44:21.25	+03:06:15 (26.4%)	9:20	6.4 (73.6%)
10	WRÓBLEWSKI Piotr	2174	LITWIN SPORTS	M-30	10	01:25:11	02:05:42	04:01:01	06:18:14	08:12:30	10:36:58	11:45:21.35	11:45:21.35	+03:07:15 (26.5%)	9:21	6.4 (73.6%)
11	CHWEDCZUK Robert	2012	ŻÓRAWSKI TEAM	M-30	11	01:16:08	01:56:40	03:56:33	06:17:11	07:48:16	10:33:57	11:46:03.20	11:46:03.20	+03:07:57 (26.6%)	9:21	6.4 (73.6%)
12	WIJATYK Adrian	2184	KLUCZBORSKA GRUPA BIEGOWA	M-30	12	01:26:43	02:12:26	04:17:30	06:38:57	08:10:11	10:39:08	11:47:14.50	11:47:14.50	+03:09:08 (26.7%)	9:22	6.4 (73.6%)
13	OSTROWSKI Marcin	2098	SZCZYT ZA SZCZYTEM	M-30	13	01:36:16	02:24:16	04:32:35	06:46:15	08:13:34	10:45:17	11:58:36.55	11:58:36.55	+03:20:30 (27.9%)	9:31	6.3 (72.4%)
14	WASILEWSKI Marcin	2014		M-30	14	01:34:28	02:22:38	04:26:39	06:48:25	08:15:00	11:04:43	12:26:24.10	12:26:24.10	+03:48:18 (30.6%)	9:53	6.1 (70.1%)
15	RĘBIAŁKOWSKI Jakub	2027	RNB TEAM POLANICA ZDRÓJ	M-30	15	01:42:00	02:32:56	04:56:04	07:18:49	08:46:03	11:28:23	12:37:20.10	12:37:20.10	+03:59:14 (31.6%)	10:02	6 (69.0%)
15	ŚWIAT Paweł	2121	RNB TEAM POLANICA ZDRÓJ	M-30	15	01:42:02	02:32:58	04:56:10	07:18:54	08:46:07	11:28:22	12:37:20.10	12:37:20.10	+03:59:14 (31.6%)	10:02	6 (69.0%)

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17	GORYNIA Hubert	2064		M-30	17	01:29:53	02:21:53	04:38:43	07:14:47	08:42:37	11:34:27	12:54:07.00	12:54:07.00	+04:16:01 (33.1%)	10:16	5.8 (66.7%)
18	BURA Krystian	2100	#BIEGAJLESZNO	M-30	18	01:26:52	02:16:22	04:38:58	07:15:16	08:48:23	11:46:17	13:01:18.20	13:01:18.20	+04:23:12 (33.7%)	10:21	5.8 (66.7%)
19	ORŁOWSKI Kacper	2146	SEKCJA BOKSU WKS ŚLĄSK	M-30	19	01:21:23	02:09:46	04:40:16	07:18:10	08:52:42	11:55:40	13:06:15.25	13:06:15.25	+04:28:09 (34.1%)	10:25	5.8 (66.7%)
20	ANTKOWIAK Michał	2080	W POGONI ZA MARZENIAMI M&M	M-30	20	01:38:24	02:28:15	04:45:39	07:17:03	08:49:09	11:45:45	13:08:07.85	13:08:07.85	+04:30:02 (34.3%)	10:27	5.7 (65.5%)
21	LISIECKI Tomasz	2031		M-30	21	01:35:53	02:30:05	04:51:58	07:25:25	08:59:06	12:09:00	13:29:10.55	13:29:10.55	+04:51:04 (36.0%)	10:43	5.6 (64.4%)
22	TROCHANOWSKI Krystian	2090	ŁEMKOWIE	M-30	22	01:40:55	02:36:04	04:47:52	07:21:40	08:58:59	12:14:13	13:33:19.60	13:33:19.60	+04:55:13 (36.3%)	10:47	5.6 (64.4%)
23	DEINIUK Roman	2024		M-30	23	01:41:31	02:33:12	04:58:02	07:40:36	09:17:19	12:16:28	13:41:59.25	13:41:59.25	+05:03:53 (37.0%)	10:54	5.5 (63.2%)
24	ŚLUSARZ Tomasz	2082	DIEHL CONTROLS	M-30	24	01:43:51	02:35:35	04:54:51	07:35:16	09:17:51	12:24:13	13:50:59.60	13:50:59.60	+05:12:53 (37.7%)	11:01	5.4 (62.1%)
25	KICH Marek	2175	SATISFLY	M-30	25	01:43:26	02:40:53	05:07:59	07:51:13	09:40:04	12:33:08	14:09:22.30	14:09:22.30	+05:31:16 (39.0%)	11:15	5.3 (60.9%)
26	MITIS Marek	2087		M-30	26	01:44:58	02:37:52	04:59:16	07:51:28	09:33:25	12:41:56	14:21:31.50	14:21:31.50	+05:43:25 (39.9%)	11:25	5.3 (60.9%)
27	RUDY Rafał	2158	#ULTRARODZINKA	M-30	27	01:29:50	02:18:18	04:50:41	07:51:00	09:41:02	12:45:48	14:24:40.35	14:24:40.35	+05:46:34 (40.1%)	11:28	5.2 (59.8%)
28	ŁOPOKA Przemek	2133		M-30	28	01:34:07	02:28:48	04:45:57	07:35:21	09:31:58	12:46:09	14:28:01.70	14:28:01.70	+05:49:55 (40.3%)	11:30	5.2 (59.8%)
29	ŚLESICKI Konstanty	2049		M-30	29	01:45:03	02:40:53	05:15:58	08:01:34	09:36:42	12:48:51	14:42:11.65	14:42:11.65	+06:04:05 (41.3%)	11:42	5.1 (58.6%)
30	BIAŁEK Mirosław	2180	WRONIECKI KLUB BIEGACZA	M-30	30	01:41:09	02:37:28	05:10:25	07:59:32	09:40:20	12:52:39	14:43:36.55	14:43:36.55	+06:05:30 (41.4%)	11:43	5.1 (58.6%)
31	MIŚ Piotr	2022		M-30	31	01:46:06	02:48:07	05:22:35	08:10:34	09:49:57	13:07:37	14:48:35.10	14:48:35.10	+06:10:29 (41.7%)	11:47	5.1 (58.6%)
32	KUIK Bartosz	2182		M-30	32	01:36:33	02:31:54	05:01:40	07:55:41	09:46:00	13:17:00	14:55:04.75	14:55:04.75	+06:16:58 (42.1%)	11:52	5.1 (58.6%)
	STRAMOWSKI Rafał	2034	SPARTA ULTRA TEAM	M-30		01:27:46 DNF	02:17:00 DNF	04:45:32 DNF	07:28:24 DNF	09:21:42 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DAWIDZIAK Wojciech	2058	BLUES BROTHERS	M-30		01:51:31 DNF	02:53:12 DNF	05:33:21 DNF	08:16:50 DNF	10:00:10 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WAJDA Maciej	2141		M-30		01:49:54 DNF	02:49:25 DNF	05:25:20 DNF	08:14:26 DNF	10:00:11 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WALCZAK Patryk	2108	PRZEDWOJERSKITEAM	M-30		01:21:20 DNF	02:03:47 DNF	03:56:40 DNF	06:08:27 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	HAMERLA Adam	2094		M-30		01:40:22 DNF	02:32:49 DNF	04:44:07 DNF	07:27:23 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BASZCZYSZYN Artur	2205		M-30		01:37:37 DNF	02:39:46 DNF	05:19:18 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	OWCZARZAK Tomasz	2186	OWCE NA WYPASIE	M-30		01:41:40 DNF	02:44:18 DNF	05:32:33 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MARCINIAK Rafał	2086		M-30		01:46:09 DNF	02:50:09 DNF	05:34:27 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

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	RUNOWSKI Krzysztof	2050	BRO-TEAM	M-30		01:53:23 DNF	02:54:08 DNF	05:39:45 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JARCZEWSKI Łukasz	2046		M-30		01:47:09 DNF	02:49:49 DNF	05:46:06 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POLIGOŃSKI Przemysław	2207		M-30		01:51:27 DNF	03:05:05 DNF	05:57:03 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DUŻYŃSKI Dawid	2214		M-30		01:51:25 DNF	03:05:02 DNF	05:58:55 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TOMECKI Tomasz	2137		M-30		02:32:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 45 wynik(ów)