



## KUDOWSKA SZTAFETA GÓRSKA

**Wydarzenie:** Kudowski Festiwal Biegowy  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2024-04-13  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 75 km

# SZTAFETA GÓRSKA - SOLO

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66.2km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
1	<b>KOŚCIUCZYK- MENDYK Michał</b>	<b>2136</b>	SPELEOCLUBWROCLAW	M-30	1	01:16:11	01:51:18	03:31:41	05:19:04	06:21:34	08:11:24	<b>09:05:59.45</b>	<b>09:05:59.45</b>		7:14	8.3 (100%)
2	<b>DOSTAL Jan</b>	<b>2148</b>	BEZECKY KLUB NACHOD	M-30	2	01:07:30	01:41:21	03:21:34	05:17:52	06:19:17	08:17:10	<b>09:20:34.95</b>	<b>09:20:34.95</b>	+00:14:35 (2.6%)	7:26	8.1 (97.6%)
3	<b>BASISTA Wojciech</b>	<b>2125</b>	WILKI MIĘDZYLESIE	M-30	3	01:13:27	01:49:08	03:30:41	05:24:26	06:35:59	08:32:41	<b>09:35:08.75</b>	<b>09:35:08.75</b>	+00:29:09 (5.1%)	7:37	7.9 (95.2%)
4	<b>WRÓBLEWSKI Piotr</b>	<b>2068</b>	LITWIN SPORTS	M-30	4	01:19:31	01:57:00	03:43:47	05:41:59	06:50:11	08:55:46	<b>09:59:13.25</b>	<b>09:59:13.25</b>	+00:53:13 (8.9%)	7:56	7.5 (90.4%)
5	<b>TOMCZAK Dariusz</b>	<b>2030</b>		M-30	5	01:25:52	02:07:21	04:09:44	06:21:49	07:39:25	10:06:42	<b>11:12:35.25</b>	<b>11:12:35.25</b>	+02:06:35 (18.8%)	8:55	6.7 (80.7%)
6	<b>ANTKOWIAK Michał</b>	<b>2018</b>		M-30	6	01:28:41	02:09:40	04:14:30	06:33:40	07:48:14	10:10:47	<b>11:23:43.50</b>	<b>11:23:43.50</b>	+02:17:44 (20.1%)	9:04	6.6 (79.5%)
7	<b>BUCZAK Jakub</b>	<b>2006</b>		M-30	7	01:17:42	01:56:49	03:52:33	06:12:23	07:35:08	10:14:29	<b>11:33:36.65</b>	<b>11:33:36.65</b>	+02:27:37 (21.3%)	9:11	6.5 (78.3%)
8	<b>REPCZYŃSKI Mateusz</b>	<b>2005</b>		M-30	8	01:20:08	02:09:51	04:15:49	06:37:26	07:54:03	10:24:00	<b>11:33:36.95</b>	<b>11:33:36.95</b>	+02:27:37 (21.3%)	9:11	6.5 (78.3%)
9	<b>KACZMAREK Jędrzej</b>	<b>2083</b>	KP PSP MILICZ	M-30	9	01:24:32	02:07:09	04:13:38	06:43:41	07:57:48	10:27:36	<b>11:43:49.95</b>	<b>11:43:49.95</b>	+02:37:50 (22.4%)	9:20	6.4 (77.1%)
10	<b>PIETRYSZYN Emil</b>	<b>2000</b>		M-30	10	01:22:33	02:00:54	04:04:15	06:37:07	07:59:18	10:36:55	<b>11:51:41.95</b>	<b>11:51:41.95</b>	+02:45:42 (23.3%)	9:26	6.4 (77.1%)
11	<b>CHORAZKIEWICZ Damian</b>	<b>2107</b>		M-30	11	01:22:11	02:04:25	04:11:27	06:46:30	08:04:26	10:40:19	<b>11:54:20.65</b>	<b>11:54:20.65</b>	+02:48:21 (23.6%)	9:28	6.3 (75.9%)
12	<b>CIEPLUCH Marcin</b>	<b>2054</b>		M-30	12	01:22:26	02:04:08	04:08:34	06:42:15	08:04:52	10:47:50	<b>12:14:28.90</b>	<b>12:14:28.90</b>	+03:08:29 (25.7%)	9:44	6.2 (74.7%)
13	<b>KUCHARSKI Michał</b>	<b>2014</b>	MATNER RUNNING TEAM	M-30	13	01:21:01	02:09:50	04:17:20	06:48:10	08:12:40	11:01:45	<b>12:26:14.90</b>	<b>12:26:14.90</b>	+03:20:15 (26.8%)	9:53	6.1 (73.5%)

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14	<b>TKACZ Łukasz</b>	<b>2105</b>		M-30	14	01:26:40	02:15:46	04:26:03	07:03:45	08:25:37	10:59:02	<b>12:29:12.25</b>	<b>12:29:12.25</b>	+03:23:12 (27.1%)	9:56	6 (72.3%)
15	<b>ŻYTKOWIAK Maciej</b>	<b>2100</b>		M-30	15	01:26:29	02:23:57	04:36:39	07:15:10	08:40:17	11:21:40	<b>12:34:15.30</b>	<b>12:34:15.30</b>	+03:28:15 (27.6%)	10:00	6 (72.3%)
16	<b>BYŚ Mateusz</b>	<b>2042</b>		M-30	16	01:38:03	02:24:48	04:40:31	07:31:48	09:09:59	11:37:38	<b>12:38:36.55</b>	<b>12:38:36.55</b>	+03:32:37 (28.0%)	10:03	6 (72.3%)
17	<b>PINIARSKI Paweł</b>	<b>2060</b>	DPKJIP	M-30	17	01:31:32	02:18:59	04:37:31	07:14:15	08:41:40	11:30:35	<b>12:52:45.70</b>	<b>12:52:45.70</b>	+03:46:46 (29.3%)	10:14	5.9 (71.1%)
18	<b>WITLICKI Kacper</b>	<b>2003</b>	BBC KROSNO ODRZAŃSKIE	M-30	18	01:35:40	02:24:12	04:47:10	07:24:30	08:49:12	11:59:50	<b>13:23:18.95</b>	<b>13:23:18.95</b>	+04:17:19 (32.0%)	10:39	5.6 (67.5%)
19	<b>SZYDŁOWSKI Patryk</b>	<b>2061</b>		M-30	19	01:37:07	02:23:33	04:37:09	07:29:26	09:06:36	11:56:37	<b>13:27:20.60</b>	<b>13:27:20.60</b>	+04:21:21 (32.4%)	10:42	5.6 (67.5%)
20	<b>DEINIUK Roman</b>	<b>2023</b>		M-30	20	01:38:39	02:25:41	04:59:36	08:06:04	09:52:16	13:18:13	<b>14:41:49.85</b>	<b>14:41:49.85</b>	+05:35:50 (38.1%)	11:41	5.1 (61.4%)
21	<b>ŚLESICKI Konstanty</b>	<b>2056</b>		M-30	21	01:32:26	02:16:39	04:46:15	07:50:27	09:32:08	12:55:07	<b>14:43:23.30</b>	<b>14:43:23.30</b>	+05:37:23 (38.2%)	11:42	5.1 (61.4%)
22	<b>LUTOWSKI Wojciech</b>	<b>2055</b>		M-30	22	01:33:22	02:19:28	04:45:27	07:47:08	09:25:22	12:52:03	<b>14:47:25.65</b>	<b>14:47:25.65</b>	+05:41:26 (38.5%)	11:46	5.1 (61.4%)
23	<b>WYBRANIEC Michał</b>	<b>2069</b>		M-30	23	01:36:57	02:31:44	04:58:36	07:59:01	09:48:55	13:09:24	<b>14:54:56.70</b>	<b>14:54:56.70</b>	+05:48:57 (39.0%)	11:52	5.1 (61.4%)
24	<b>ROSIKOŃ Bartłomiej</b>	<b>2075</b>	PATOBIEGI	M-30	24	01:36:58	02:31:45	04:59:25	07:59:01	09:48:52	13:10:12	<b>14:56:36.40</b>	<b>14:56:36.40</b>	+05:50:36 (39.1%)	11:53	5 (60.2%)
25	<b>SZAJEK Arkadiusz</b>	<b>2140</b>	ARVATO S.C. REP	M-30	25	01:42:50	02:32:05	05:16:01	08:26:06	10:20:14	13:37:03	<b>15:24:14.65</b>	<b>15:24:14.65</b>	+06:18:15 (40.9%)	12:15	4.9 (59.0%)
	<b>STOKŁOSA Michał</b>	<b>2114</b>		M-30		01:38:06 DNF	02:28:08 DNF	04:55:08 DNF	08:00:13 DNF	10:12:29 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>FRĄCKOWIAK Dominik</b>	<b>2002</b>		M-30		01:33:11 DNF	02:29:16 DNF	05:24:11 DNF	08:33:52 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>PIETRUCHA Adam</b>	<b>2020</b>	NSZZ FSG, PSG POZNAŃ - ŁAWICA	M-30		01:40:51 DNF	02:32:01 DNF	05:26:41 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KACZMAREK Miroslaw</b>	<b>2108</b>	RUNNER'S POWER	M-30		01:52:45 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 29 wynik(ów)