

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Sztafeta Górską 2019  
Fundacja MARATONY GÓRSKIE  
2019-04-13  
Kudowa-Zdrój  
73,3 km

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Punkt_Z1 28.7km	Punkt_przed_Z2 47.9km	Punkt_Z2 50.4km	Czas netto 73.3km	Czas brutto 73.3km	Różn	Tempo min/km	Tempo km/h
1	<b>PENC Ondřej</b>	<b>35</b>	CYKLO TONY	M-40	1	02:42:05	02:53:38	05:21:23	05:33:42	<b>07:52:22.15</b>	<b>07:52:28.70</b>		6:26	9.3 (100%)
2	<b>PUCHAŁA Radosław</b>	<b>128</b>	KB SOBÓTKA	M-40	2	03:00:06	03:12:59	05:45:49	05:57:45	<b>08:32:29.55</b>	<b>08:32:35.50</b>	+00:40:06 (7.8%)	6:59	8.6 (92.5%)
3	<b>JUDA Witold</b>	<b>54</b>		M-40	3	03:07:44	03:21:52	06:00:19	06:12:00	<b>08:49:34.40</b>	<b>08:49:41.10</b>	+00:57:12 (10.8%)	7:13	8.3 (89.2%)
4	<b>SZCZEPANIAK Witold</b>	<b>104</b>		M-40	4	03:17:30	03:31:40	06:12:28	06:24:53	<b>09:14:48.55</b>	<b>09:15:09.95</b>	+01:22:41 (14.9%)	7:34	7.9 (84.9%)
5	<b>GEZELA Robert</b>	<b>51</b>	EUFORIABIEGACZA TEAM	M-40	5	03:12:47	03:27:29	06:12:56	06:26:15	<b>09:25:09.75</b>	<b>09:25:12.05</b>	+01:32:43 (16.4%)	7:42	7.8 (83.9%)
6	<b>DURAŁ Grzegorz</b>	<b>78</b>	TRENING ULTRASA	M-40	6	03:16:10	03:30:08	06:18:23	06:31:31	<b>09:32:08.40</b>	<b>09:32:19.05</b>	+01:39:50 (17.4%)	7:48	7.7 (82.8%)
7	<b>KUŹMIAK Stanisław</b>	<b>115</b>	ŻARY RUNNERS TEAM	M-40	7	03:22:00	03:37:19	06:37:13	06:49:33	<b>09:33:15.75</b>	<b>09:33:26.60</b>	+01:40:57 (17.6%)	7:49	7.7 (82.8%)
8	<b>SIWIK Dariusz</b>	<b>37</b>		M-40	8	03:10:56	03:24:32		06:36:32	<b>09:34:56.60</b>	<b>09:35:08.05</b>	+01:42:39 (17.8%)	7:50	7.6 (81.7%)
9	<b>ŻYŻA Piotr</b>	<b>20</b>	MAAGNUS TEAM SKOKOWA	M-40	9	03:18:24	03:33:46	06:26:58	06:40:12	<b>09:41:50.05</b>	<b>09:42:00.30</b>	+01:49:31 (18.8%)	7:56	7.6 (81.7%)
10	<b>DYBOL Dawid</b>	<b>65</b>		M-40	10	03:23:36	03:38:35	06:41:07	06:53:22	<b>09:44:01.95</b>	<b>09:44:10.70</b>	+01:51:42 (19.1%)	7:58	7.5 (80.6%)
11	<b>BARANOW Tomasz</b>	<b>148</b>		M-40	11	03:24:39	03:39:22	06:41:13	06:56:48	<b>10:05:56.25</b>	<b>10:06:05.55</b>	+02:13:36 (22.0%)	8:15	7.3 (78.5%)
12	<b>KOZAK Robert</b>	<b>81</b>	RONAL POLSKA RUN	M-40	12	03:11:42	03:28:17	06:43:47	07:02:34	<b>10:10:14.45</b>	<b>10:10:26.90</b>	+02:17:58 (22.6%)	8:19	7.2 (77.4%)
13	<b>TOPOLSKI Marcin</b>	<b>39</b>	CZŁOWIEK KTÓRY NIE BOI CHUCKA NORRISA	M-40	13	03:24:35	03:39:20	06:41:14	06:56:47	<b>10:14:33.20</b>	<b>10:14:43.95</b>	+02:22:15 (23.1%)	8:23	7.2 (77.4%)
14	<b>CHOLEWA Zbigniew</b>	<b>111</b>	LISY PUSTYNI	M-40	14	03:32:56	03:49:09	06:57:22	07:13:41	<b>10:21:29.50</b>	<b>10:21:41.65</b>	+02:29:12 (24.0%)	8:28	7.1 (76.3%)
15	<b>URBAŃCZYK Darek</b>	<b>125</b>		M-40	15	03:23:58	03:38:47	06:48:34	07:06:08	<b>10:24:05.60</b>	<b>10:24:20.55</b>	+02:31:51 (24.3%)	8:30	7 (75.3%)
16	<b>KOZŁOWSKI Leszek</b>	<b>84</b>		M-40	16	03:40:58	03:57:53	07:11:35	07:26:22	<b>10:34:05.00</b>	<b>10:34:25.55</b>	+02:41:56 (25.5%)	8:39	6.9 (74.2%)
17	<b>ZUB Arkadiusz</b>	<b>91</b>	GRUPA BIEGOWA 'BEZ GRANIC'	M-40	17	03:42:15	03:59:08	07:15:18	07:30:04	<b>10:34:32.60</b>	<b>10:34:42.85</b>	+02:42:14 (25.6%)	8:39	6.9 (74.2%)
18	<b>KŁOSOWSKI Piotr</b>	<b>87</b>		M-40	18	03:30:14	03:44:40	07:12:39	07:26:27	<b>10:41:47.55</b>	<b>10:42:07.60</b>	+02:49:38 (26.4%)	8:45	6.9 (74.2%)
19	<b>KOWAL Wiesław</b>	<b>75</b>		M-40	19	03:30:10	03:45:55	07:07:11	07:24:45	<b>10:48:20.70</b>	<b>10:48:38.15</b>	+02:56:09 (27.2%)	8:50	6.8 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1	Punkt_Z1	Punkt_przed_Z2	Punkt_Z2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						26.7km	28.7km	47.9km	50.4km	73.3km	73.3km			
20	<b>KOZIEŁ Tomasz</b>	<b>14</b>	#WAWRZYNTTEAM	M-40	20	03:17:53	03:31:41	06:55:41	07:11:21	<b>10:51:41.65</b>	<b>10:51:46.20</b>	+02:59:17 (27.5%)	8:53	6.7 (72.0%)
21	<b>KRÓL Marcin</b>	<b>151</b>	OS RACING TEAM	M-40	21	03:51:45	04:08:50	07:24:43	07:41:45	<b>11:12:37.30</b>	<b>11:13:02.10</b>	+03:20:33 (29.8%)	9:10	6.5 (69.9%)
22	<b>KAPŁOWSKI Jerzy</b>	<b>33</b>		M-40	22	04:00:17	04:16:58	07:35:41	07:53:08	<b>11:20:31.95</b>	<b>11:20:53.60</b>	+03:28:24 (30.6%)	9:17	6.5 (69.9%)
23	<b>SCHWITALLA Adrian</b>	<b>82</b>	MKS SIECHNICE	M-40	23	03:52:48	04:09:23	07:36:27	07:52:28	<b>11:25:30.00</b>	<b>11:25:55.25</b>	+03:33:26 (31.1%)	9:21	6.4 (68.8%)
24	<b>GAWLIK Marcin</b>	<b>74</b>	MKS SIECHNICE	M-40	24	03:52:52	04:09:23	07:36:23	07:52:28	<b>11:25:30.50</b>	<b>11:25:55.70</b>	+03:33:27 (31.1%)	9:21	6.4 (68.8%)
25	<b>HETMAŃSKI Filip</b>	<b>42</b>		M-40	25	04:01:36	04:18:39	07:46:24	08:04:47	<b>11:33:17.00</b>	<b>11:33:22.65</b>	+03:40:53 (31.9%)	9:27	6.3 (67.7%)
26	<b>WOLANIN Tomasz</b>	<b>48</b>	KW WARSZAWA	M-40	26	03:58:03	04:15:31	07:49:41	08:07:19	<b>11:45:25.80</b>	<b>11:45:47.95</b>	+03:53:19 (33.1%)	9:37	6.2 (66.7%)
27	<b>PASZKIEL Artur</b>	<b>49</b>		M-40	27	03:57:48	04:15:03	07:49:39	08:07:17	<b>11:45:25.70</b>	<b>11:45:48.05</b>	+03:53:19 (33.1%)	9:37	6.2 (66.7%)
28	<b>DZIUBA Piotr</b>	<b>140</b>		M-40	28	04:02:05	04:20:34	07:54:34	08:11:03	<b>11:46:37.35</b>	<b>11:47:02.90</b>	+03:54:34 (33.2%)	9:38	6.2 (66.7%)
29	<b>MIODUSZEWSKI Mariusz</b>	<b>32</b>		M-40	29	03:57:05	04:13:39	07:47:37	08:04:05	<b>11:49:41.45</b>	<b>11:50:11.55</b>	+03:57:42 (33.5%)	9:40	6.2 (66.7%)
30	<b>ZIEMBA Damian</b>	<b>59</b>	ANTONTEAM	M-40	30	04:00:54	04:17:20	07:49:08	08:04:49	<b>11:57:37.30</b>	<b>11:58:02.65</b>	+04:05:33 (34.2%)	9:47	6.1 (65.6%)
31	<b>JAROSŁAWSKI Mariusz</b>	<b>55</b>		M-40	31	04:12:48	04:31:24	08:14:34	08:31:21	<b>12:16:54.35</b>	<b>12:17:13.45</b>	+04:24:44 (35.9%)	10:03	6 (64.5%)
32	<b>JEZIORSKI Przemysław</b>	<b>83</b>		M-40	32	04:14:15	04:32:39	08:12:30	08:31:29	<b>12:22:43.70</b>	<b>12:22:58.85</b>	+04:30:30 (36.4%)	10:07	5.9 (63.4%)
33	<b>DRWIĘGA Maciej</b>	<b>79</b>	POZYTYWNE ZABIEGANI SANOK	M-40	33	03:59:26	04:17:23	08:12:18	08:30:34	<b>12:38:51.10</b>	<b>12:39:10.05</b>	+04:46:41 (37.8%)	10:21	5.8 (62.4%)
34	<b>DROBOT Piotr</b>	<b>77</b>	1972	M-40	34	04:05:08	04:25:20	08:12:20	08:30:41	<b>12:38:52.20</b>	<b>12:39:11.95</b>	+04:46:43 (37.8%)	10:21	5.8 (62.4%)
35	<b>NIEMIEC-DRWIĘGA Bernadeta</b>	<b>80</b>	POZYTYWNE ZABIEGANI SANOK	M-40	35	04:05:11	04:25:23	08:12:23	08:30:41	<b>12:38:52.30</b>	<b>12:39:12.05</b>	+04:46:43 (37.8%)	10:21	5.8 (62.4%)
36	<b>RAJZER Mariusz</b>	<b>110</b>	BODYKINETIC	M-40	36	04:05:16	04:23:56	08:14:46	08:32:52	<b>12:55:29.25</b>	<b>12:55:34.00</b>	+05:03:05 (39.1%)	10:34	5.7 (61.3%)
37	<b>JĘDRYCHA Michał</b>	<b>68</b>	CFO RUNNING TEAM / TRIATHLON X-TEAM	M-40	37	04:02:55	04:22:20	08:10:48	08:31:55	<b>13:15:31.90</b>	<b>13:15:41.10</b>	+05:23:12 (40.6%)	10:51	5.5 (59.1%)
38	<b>PRZERWA Andrzej</b>	<b>64</b>	KOCHAM IZA, MAJE I BORYSIAKA SUPER CHŁOPAKA	M-40	38	04:18:28	04:38:09	08:42:21	09:02:55	<b>13:16:12.95</b>	<b>13:16:26.75</b>	+05:23:58 (40.7%)	10:51	5.5 (59.1%)
39	<b>GRZESIAK Rafał</b>	<b>3</b>		M-40	39	04:21:45	04:39:25	08:30:21	08:51:08	<b>13:25:49.60</b>	<b>13:26:14.10</b>	+05:33:45 (41.4%)	10:59	5.5 (59.1%)
40	<b>CIUK Piotr</b>	<b>143</b>	YULO RUN TEAM SIEDLCE	M-40	40	04:26:31	04:48:07	08:43:55	09:01:15	<b>13:33:59.35</b>	<b>13:34:15.85</b>	+05:41:47 (42.0%)	11:06	5.4 (58.1%)
41	<b>SZCZEPANIK Daniel</b>	<b>127</b>		M-40	41	04:32:39	04:52:38	08:49:52	09:07:35	<b>13:38:51.65</b>	<b>13:39:03.40</b>	+05:46:34 (42.3%)	11:10	5.4 (58.1%)
42	<b>HOFFMANN Grzegorz</b>	<b>117</b>	KOŚCIAN TEAM	M-40	42	04:39:51	04:59:04	09:09:45	09:29:24	<b>13:42:58.45</b>	<b>13:43:25.35</b>	+05:50:56 (42.6%)	11:13	5.3 (57.0%)
43	<b>FILIPIAK Sebastian</b>	<b>28</b>	LZS LIPA	M-40	43	04:24:54	04:45:39	08:43:05	09:03:28	<b>13:44:25.50</b>	<b>13:44:50.15</b>	+05:52:21 (42.7%)	11:14	5.3 (57.0%)
44	<b>DĘBEK Piotr</b>	<b>101</b>	PRZEDWOJEWSKI MOUNTAIN TEAM	M-40	44	04:39:10	04:58:27	09:06:24	09:26:40	<b>13:46:34.00</b>	<b>13:46:55.05</b>	+05:54:26 (42.9%)	11:16	5.3 (57.0%)
	<b>PAZERA Karol</b>	<b>12</b>	KLUB KOLARSKI ZIEMI KŁODZKIEJ/KUDOWSCY MIŁOSNYCI BIEGANIA	M-40		03:39:53	DNF	03:56:14	DNF	DNF	DNF	-	-	- (0.0%)
	<b>PRZYBYŁ Tomasz</b>	<b>60</b>	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	M-40		04:45:04	DNF	05:07:20	DNF	DNF	DNF	-	-	- (0.0%)

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	<b>MARCHEWKA Andrzej</b>	<b>62</b>		M-40		04:48:11 DNF	05:09:28 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SEDLAK Robert</b>	<b>56</b>		M-40		04:48:27 DNF	05:09:38 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 48 wynik(ów)