

Wydarzenie: Sztafeta Górską 2020
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-08-29
Miejsce: Kudowa-Zdrój
Dystans: 73,3 km

Klasyfikacja: M-40

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Pasterka 15km | Z1_Karłów 25km | Batorówek 41km | Z2_Karłów 51km | Błędne Skały 66km | Czas netto 75km | Czas brutto 75km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|-------------|----------------------------|-----------|------|------------------|-------------------|-------------------|-------------------|-------------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1 | GONCZARENKO Jarek | 1106 | RUN100LOVE | M-40 | 1 | 01:36:49 | 02:37:29 | 04:26:27 | 05:50:59 | 07:40:11 | 08:30:58.55 | 08:31:00.55 | | 6:48 | 8.8 (100%) |
| 2 | KAPROŃ Sebastian | 1035 | | M-40 | 2 | 01:38:33 | 02:43:35 | 04:40:47 | 06:10:59 | 08:00:20 | 08:51:01.30 | 08:51:03.95 | +00:20:03 (3.8%) | 7:04 | 8.5 (96.6%) |
| 3 | KOZIEŁ Tomasz | 1095 | KUDOWIANKA RUN | M-40 | 3 | 01:44:35 | 02:48:51 | 04:52:41 | 06:18:16 | 08:07:33 | 08:57:09.30 | 08:57:12.25 | +00:26:11 (4.9%) | 7:09 | 8.4 (95.5%) |
| 4 | BORUŃ Marcin | 1048 | TEMMPO WAŁBRZYCH | M-40 | 4 | 01:44:53 | 02:51:13 | 04:46:48 | 06:15:25 | 08:19:18 | 09:17:51.60 | 09:18:09.10 | +00:47:08 (8.4%) | 7:26 | 8.1 (92.0%) |
| 5 | MATLOK Marek | 1024 | SKURCZYBYKI | M-40 | 5 | 01:44:28 | 02:53:11 | 04:59:25 | 06:29:29 | 08:32:09 | 09:22:13.80 | 09:22:26.85 | +00:51:26 (9.1%) | 7:29 | 8 (90.9%) |
| 6 | STEFANIAK Łukasz | 1028 | | M-40 | 6 | 01:48:56 | 02:56:37 | 04:56:12 | 06:26:55 | 08:26:56 | 09:22:45.00 | 09:22:50.90 | +00:51:50 (9.2%) | 7:30 | 8 (90.9%) |
| 7 | STĘPNIK Paweł | 1087 | ŚMIGASIEŃ | M-40 | 7 | 01:54:20 | 03:08:52 | 05:07:10 | 06:41:21 | 08:44:04 | 09:37:44.20 | 09:37:48.35 | +01:06:47 (11.6%) | 7:42 | 7.8 (88.6%) |
| 8 | BEDNARZ Krzysztof Bednarz | 1017 | SCR TEAM | M-40 | 8 | 01:53:52 | 03:04:35 | 05:08:48 | 06:44:25 | 08:48:35 | 09:39:53.10 | 09:40:00.30 | +01:08:59 (11.9%) | 7:43 | 7.8 (88.6%) |
| 9 | POMAGRUK Piotr | 1076 | DZIKI ZE ŚLICHOWIC | M-40 | 9 | 02:03:11 | 03:20:13 | | 07:16:54 | 09:27:06 | 10:24:59.00 | 10:25:04.50 | +01:54:03 (18.2%) | 8:19 | 7.2 (81.8%) |
| 10 | DZIUBA Piotr | 1077 | | M-40 | 10 | 01:58:45 | 03:18:04 | 05:26:40 | 07:13:58 | 09:45:01 | 10:47:26.25 | 10:47:47.25 | +02:16:46 (21.1%) | 8:37 | 7 (79.5%) |
| 11 | GRZEGORZEK Marcin | 1036 | KB GEPARD MUROWANA GOŚLINA | M-40 | 11 | 02:00:30 | 03:17:12 | 05:38:55 | 07:25:49 | 09:48:05 | 10:53:30.45 | 10:53:42.25 | +02:22:41 (21.8%) | 8:42 | 6.9 (78.4%) |
| 12 | MIKRUT Remigiusz | 1016 | | M-40 | 12 | 02:07:21 | 03:28:33 | 05:43:49 | 07:33:12 | 09:58:21 | 11:01:27.30 | 11:01:51.70 | +02:30:51 (22.8%) | 8:49 | 6.8 (77.3%) |
| 13 | DAMM Zbigniew | 1109 | SRC TEAM | M-40 | 13 | 02:06:00 | 03:30:50 | 05:54:42 | 07:50:18 | 10:11:38 | 11:14:56.20 | 11:15:06.60 | +02:44:06 (24.3%) | 8:59 | 6.7 (76.1%) |
| 14 | DŁUGOŁĘCKI Konrad | 1011 | BIEGOWA ŚWIDNICA | M-40 | 14 | 02:05:25 | 03:21:21 | 05:43:46 | 07:34:19 | 10:06:05 | 11:17:34.40 | 11:17:56.90 | +02:46:56 (24.6%) | 9:02 | 6.6 (75.0%) |
| 15 | DZIADON Grzegorz | 1013 | NIEPOŁOMICIE BIEGAJĄ | M-40 | 15 | 02:14:26 | 03:36:24 | 06:00:58 | 07:49:39 | 10:22:05 | 11:20:54.15 | 11:21:22.05 | +02:50:21 (25.0%) | 9:04 | 6.6 (75.0%) |
| 16 | JANCZ Tomasz | 1054 | | M-40 | 16 | 02:03:29 | 03:24:49 | 05:51:18 | 07:46:07 | 10:16:39 | 11:27:41.30 | 11:27:51.00 | +02:56:50 (25.7%) | 9:10 | 6.5 (73.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Pasterka 15km | Z1_Karłow 25km | Batorówek 41km | Z2_Karłow 51km | Błędne Skały 66km | Czas netto 75km | Czas brutto 75km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|---------------------------------------|-----------|------|------------------|-------------------|-------------------|-------------------|-------------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 17 | WIKTOROWICZ Tomasz | 1089 | | M-40 | 17 | 02:11:10 | 03:33:40 | 05:59:12 | 07:50:38 | 10:18:46 | 11:29:01.95 | 11:29:22.00 | +02:58:21 (25.9%) | 9:11 | 6.5 (73.9%) |
| 18 | KADŁUBOWSKI Piotr | 1002 | SRC TEAM / RUN100LOVE / KOTWICA BRZEG | M-40 | 18 | 02:06:00 | 03:30:49 | 05:59:47 | 07:58:06 | 10:31:39 | 11:31:30.15 | 11:31:41.40 | +03:00:40 (26.1%) | 9:13 | 6.5 (73.9%) |
| 19 | SCHRODER Patryk | 1102 | ULTRAFUN | M-40 | 19 | 02:07:55 | 03:26:35 | 05:44:08 | 07:42:37 | 10:26:40 | 11:38:12.85 | 11:38:31.40 | +03:07:30 (26.8%) | 9:18 | 6.4 (72.7%) |
| 20 | LANGE Szymon | 1079 | RUNNER'S POWER | M-40 | 20 | 02:08:00 | 03:26:36 | 05:44:15 | 07:47:45 | 10:26:50 | 11:38:15.75 | 11:38:32.05 | +03:07:31 (26.8%) | 9:18 | 6.4 (72.7%) |
| 21 | JANUSZ Tomasz | 1045 | | M-40 | 21 | 02:10:50 | 03:36:15 | 06:11:46 | 08:07:54 | 10:41:03 | 11:49:31.30 | 11:49:38.80 | +03:18:38 (28.0%) | 9:27 | 6.3 (71.6%) |
| 22 | PŁODZICKI Tomek | 1107 | IŁAWA BIEGA | M-40 | 22 | 02:24:24 | 03:54:59 | 06:30:38 | 08:31:06 | 10:55:07 | 11:53:06.25 | 11:53:25.60 | +03:22:25 (28.4%) | 9:30 | 6.3 (71.6%) |
| 23 | JARUS Andrzej | 1093 | WKURW_TEAM | M-40 | 23 | 02:15:54 | 03:44:16 | 06:13:46 | 08:11:08 | 10:52:44 | 12:10:54.60 | 12:11:15.30 | +03:40:14 (30.1%) | 9:44 | 6.2 (70.5%) |
| 24 | RUDNICKI Paweł | 1041 | | M-40 | 24 | 02:15:47 | 03:44:20 | 06:22:58 | 08:28:18 | 11:10:24 | 12:32:12.20 | 12:32:34.10 | +04:01:33 (32.1%) | 10:01 | 6 (68.2%) |
| 25 | WALCZAK Dariusz | 1071 | OLKUSZBIEGA | M-40 | 25 | 02:32:51 | 04:11:32 | 06:52:02 | 08:50:57 | 11:32:12 | 12:37:04.30 | 12:37:23.50 | +04:06:22 (32.5%) | 10:05 | 5.9 (67.0%) |
| 26 | BAKOWSKI Tomasz | 1018 | AUTOLIV RUN TEAM OŁAWA | M-40 | 26 | 02:17:12 | 03:52:31 | 06:26:16 | 08:31:14 | 11:25:44 | 12:37:24.55 | 12:37:33.60 | +04:06:33 (32.5%) | 10:05 | 5.9 (67.0%) |
| 27 | KRZYSZTOŃ Maciej | 1081 | KB GEPARD MUROWANA GOŚLINA | M-40 | 27 | 02:06:00 | 03:30:52 | 06:12:32 | 08:31:33 | 11:44:08 | 13:02:11.30 | 13:02:23.40 | +04:31:22 (34.7%) | 10:25 | 5.8 (65.9%) |
| 28 | GRĘBOWICZ Andrzej | 1066 | KB HARCOWNIK JELCZ -LASKOWICE | M-40 | 28 | 02:17:09 | 03:52:28 | 06:38:12 | 08:48:00 | 11:44:11 | 13:15:17.80 | 13:15:29.75 | +04:44:29 (35.8%) | 10:36 | 5.7 (64.8%) |
| 29 | GAŁEK Wojciech | 1032 | | M-40 | 29 | 02:14:20 | 03:47:34 | 06:38:01 | 08:47:55 | 11:44:10 | 13:15:12.30 | 13:15:32.35 | +04:44:31 (35.8%) | 10:36 | 5.7 (64.8%) |
| 30 | KÓZKA Przem | 1105 | BIEGAM, BO NIE LUBIĘ | M-40 | 30 | 02:13:08 | 03:53:35 | 06:52:16 | 09:07:13 | 12:07:48 | 13:28:20.50 | 13:28:37.10 | +04:57:36 (36.8%) | 10:46 | 5.6 (63.6%) |
| | HOFFMANN Grzegorz | 1099 | KOŚCIAN TEAM | M-40 | | 02:34:00 DNF | 04:27:57 DNF | 07:40:20 DNF | 10:02:17 DNF | DNF | DNF | DNF | - | - | - (0.0%) |

Znaleziono 31 wynik(ów)