

**Wydarzenie:** Kudowski Festiwal Biegowy - Sztafeta Górską 2021  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2021-05-08  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 75,4 km

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Błędne Skały 66km	Czas netto 75.4km	Różn	Tempo min/km	Tempo km/h
1	<b>KOZAK Robert</b>	<b>1016</b>	RONAL POLSKA RUN	M-40	1	01:38:23	02:40:10	04:32:06	06:13:26	08:17:27	<b>09:14:39.65</b>		7:21	8.2 (100%)
2	<b>SZRAMOWIAT Marek</b>	<b>1142</b>	BRITA	M-40	2	01:51:07	03:01:19	04:57:30	06:29:44	08:24:46	<b>09:15:14.25</b>	+00:00:34 (0.1%)	7:21	8.1 (98.8%)
3	<b>SZELAĞ Sławomir</b>	<b>1013</b>	LISY PUSTYNI	M-40	3	02:00:45	03:12:42	05:07:38	06:37:00	08:35:28	<b>09:27:45.95</b>	+00:13:06 (2.3%)	7:31	8 (97.6%)
4	<b>SNARSKI Bogdan</b>	<b>1039</b>	ALBATROSY	M-40	4	01:44:03	02:50:35	04:46:32	06:21:03	08:35:43	<b>09:39:22.25</b>	+00:24:42 (4.3%)	7:41	7.8 (95.1%)
5	<b>KUŹMIAK Stanisław</b>	<b>1014</b>	ŻARY RUNNERS TEAM	M-40	5	01:57:17	03:10:55	05:08:07	06:41:16	08:45:45	<b>09:42:39.25</b>	+00:27:59 (4.8%)	7:43	7.8 (95.1%)
6	<b>STEFANIAK Łukasz</b>	<b>1100</b>		M-40	6	01:53:51	03:02:53	05:06:55	06:45:24	08:53:05	<b>09:51:40.05</b>	+00:37:00 (6.3%)	7:50	7.6 (92.7%)
7	<b>WOJTCZAK Mariusz</b>	<b>1026</b>		M-40	7	02:00:48	03:13:32	05:20:28	06:56:04	09:00:44	<b>09:56:19.10</b>	+00:41:39 (7.0%)	7:54	7.6 (92.7%)
8	<b>MAZUREK Roman</b>	<b>1122</b>	SPARTANIE DZIECIOM	M-40	8	01:52:28	03:06:58	05:19:58	07:06:24	09:08:27	<b>10:06:08.45</b>	+00:51:28 (8.5%)	8:02	7.5 (91.5%)
9	<b>DZIUB Marcin</b>	<b>1124</b>	SEVEN-PERCEPTUS TEAM	M-40	9	01:51:44	03:04:29	05:14:40	06:47:30	09:01:41	<b>10:09:35.20</b>	+00:54:55 (9.0%)	8:05	7.4 (90.2%)
10	<b>KARPOWICZ Rafal</b>	<b>1097</b>		M-40	10	01:57:05	03:11:39	05:18:03	07:00:05	09:13:40	<b>10:11:27.35</b>	+00:56:47 (9.3%)	8:06	7.4 (90.2%)
11	<b>MATUSZEWSKI Marek</b>	<b>1003</b>	RUNNER'S POWER ŚREM	M-40	11	02:07:21	03:26:40	05:35:17	07:11:27	09:23:49	<b>10:23:25.70</b>	+01:08:46 (11.0%)	8:16	7.3 (89.0%)
12	<b>KRÓL Marcin</b>	<b>1140</b>		M-40	12	02:07:37	03:26:58	05:36:17	07:13:22	09:27:44	<b>10:29:37.35</b>	+01:14:57 (11.9%)	8:21	7.2 (87.8%)
13	<b>KOCEMBA Askaniusz</b>	<b>1038</b>		M-40	13	01:54:04	03:04:50	05:14:45	07:02:43	09:32:23	<b>10:31:48.95</b>	+01:17:09 (12.2%)	8:22	7.2 (87.8%)
14	<b>RINK Jan</b>	<b>1073</b>		M-40	14	01:58:00	03:16:10	05:35:13	07:21:10	09:33:17	<b>10:32:33.60</b>	+01:17:53 (12.3%)	8:23	7.2 (87.8%)
15	<b>SCHRODER Patryk</b>	<b>1106</b>	ULTRAFUN	M-40	15	01:59:08	03:14:36	05:29:59	07:19:27	09:36:15	<b>10:39:44.00</b>	+01:25:04 (13.3%)	8:29	7.1 (86.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka				Błędne	Czas	Różn	Tempo min/km	Tempo km/h
						15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	75.4km			
16	<b>GOSTYŃSKI Krzysztof</b>	<b>1134</b>	RUCZAJ ULTRA TEAM	M-40	16	02:04:52	03:24:13	05:36:36	07:27:09	09:47:35	<b>10:44:32.30</b>	+01:29:52 (13.9%)	8:32	7 (85.4%)
17	<b>NOWAK Wojtek</b>	<b>1021</b>	EXPLORADOR	M-40	17	01:52:08	03:08:46	05:18:23	07:04:43	09:24:17	<b>10:48:31.70</b>	+01:33:52 (14.5%)	8:36	7 (85.4%)
18	<b>SIKORSKI Marcin</b>	<b>1091</b>	TT SZCZECIN	M-40	18	02:06:00	03:29:11	05:48:10	07:33:31	09:55:44	<b>11:03:45.10</b>	+01:49:05 (16.4%)	8:48	6.8 (82.9%)
19	<b>SOWA Paweł</b>	<b>1084</b>		M-40	19	02:02:53	03:22:04	05:40:37	07:29:18	10:03:45	<b>11:11:42.30</b>	+01:57:02 (17.4%)	8:54	6.7 (81.7%)
20	<b>JARUS Andrzej</b>	<b>1046</b>	WKURW_TEAM	M-40	20	02:04:28	03:29:18	05:48:14	07:42:58	10:11:48	<b>11:21:18.40</b>	+02:06:38 (18.6%)	9:02	6.6 (80.5%)
21	<b>KOCIUMBAS Bartosz</b>	<b>1010</b>	KB SOBÓTKA	M-40	21	02:03:00	03:28:55	05:45:13	07:47:57	10:31:12	<b>11:46:07.25</b>	+02:31:27 (21.4%)	9:21	6.4 (78.0%)
22	<b>POROWSKI Waldek</b>	<b>1141</b>	KB SOBÓTKA	M-40	22	02:03:07	03:29:28	05:45:33	07:47:55	10:31:32	<b>11:46:13.25</b>	+02:31:33 (21.5%)	9:21	6.4 (78.0%)
23	<b>PAZERA Karol</b>	<b>1042</b>	KUDOWIANKA RUN	M-40	23	02:03:26	03:24:59	05:51:26	08:06:44	10:37:29	<b>11:46:25.80</b>	+02:31:46 (21.5%)	9:22	6.4 (78.0%)
24	<b>GUZIUK Rafał</b>	<b>1107</b>	ROZBRYKANY KUCYK	M-40	24	02:20:06	03:48:28	06:15:10	08:13:46	10:48:57	<b>11:56:04.50</b>	+02:41:24 (22.5%)	9:29	6.3 (76.8%)
25	<b>BIERNACIK Piotr</b>	<b>1011</b>		M-40	25	02:09:02	03:43:01	06:10:22	08:07:17	10:49:46	<b>11:56:23.70</b>	+02:41:44 (22.6%)	9:30	6.3 (76.8%)
26	<b>SZYMCZYK Michał</b>	<b>1077</b>		M-40	26	02:10:03	03:40:57	06:15:49	08:10:54	10:43:29	<b>11:56:33.45</b>	+02:41:53 (22.6%)	9:30	6.3 (76.8%)
27	<b>KWIECIŃSKI Norbert</b>	<b>1094</b>		M-40	27	02:08:28	03:31:27	06:06:40	08:10:09	10:54:43	<b>12:10:54.10</b>	+02:56:14 (24.1%)	9:41	6.2 (75.6%)
28	<b>KAROLCZAK Tomasz</b>	<b>1071</b>	KILIŃSKIEGO TEAM	M-40	28	02:13:03	03:40:23	06:15:28	08:20:27	11:07:58	<b>12:24:39.80</b>	+03:10:00 (25.5%)	9:52	6.1 (74.4%)
29	<b>MIELNIK Krzysztof</b>	<b>1115</b>	LESZ NO LIMITS RUNNERS	M-40	29	02:14:15	03:45:35	06:24:25	08:25:36	11:06:06	<b>12:26:08.20</b>	+03:11:28 (25.7%)	9:53	6.1 (74.4%)
30	<b>KÓZKA Przem</b>	<b>1048</b>	BIEGAM, BO NIE LUBIĘ	M-40	30	02:13:08	03:47:14	06:28:23	08:34:39	11:21:56	<b>12:43:42.75</b>	+03:29:03 (27.4%)	10:07	5.9 (72.0%)
31	<b>JAMBOR Michał</b>	<b>1090</b>	BRACTWO BIEGOWE BGK / ŻÓRAWSKI TEAM	M-40	31	02:26:49	04:01:17	06:46:07	09:01:01	11:46:54	<b>12:47:46.85</b>	+03:33:07 (27.8%)	10:10	5.9 (72.0%)
32	<b>MODLISZEWSKI Dariusz</b>	<b>1085</b>	ORANGE POLSKA	M-40	32	02:11:11	03:43:57	06:31:54	08:36:16	11:34:27	<b>12:47:49.15</b>	+03:33:09 (27.8%)	10:10	5.9 (72.0%)
33	<b>PAWLAK Bartosz</b>	<b>1089</b>		M-40	33	02:26:50	04:01:19	06:45:59	09:00:20	11:46:56	<b>12:47:50.85</b>	+03:33:11 (27.8%)	10:11	5.9 (72.0%)
34	<b>CIUK Piotr</b>	<b>1035</b>		M-40	34	02:26:57	04:01:26	06:46:07	09:01:00	11:47:00	<b>12:47:54.50</b>	+03:33:14 (27.8%)	10:11	5.9 (72.0%)
35	<b>DĘBICKI Mariusz</b>	<b>1057</b>		M-40	35	02:11:19	03:44:04	06:32:11	08:36:21	11:34:34	<b>12:49:30.45</b>	+03:34:50 (27.9%)	10:12	5.9 (72.0%)
36	<b>REAUD Julien</b>	<b>1110</b>	FRAPOL RAZEM!	M-40	36	02:30:46	04:08:47	06:46:13	08:52:38	11:26:40	<b>12:51:29.05</b>	+03:36:49 (28.1%)	10:13	5.9 (72.0%)
37	<b>ROLICZ Tomasz</b>	<b>1119</b>		M-40	37	02:18:27	03:56:29	06:48:41	08:56:24	11:43:31	<b>12:52:38.35</b>	+03:37:58 (28.2%)	10:14	5.9 (72.0%)
38	<b>MIKOŁAJCZYK Tomasz</b>	<b>1022</b>	EXPLORADOR	M-40	38	02:18:14	03:58:27	06:51:47	08:57:51	11:40:48	<b>12:53:16.45</b>	+03:38:36 (28.3%)	10:15	5.9 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 15km	Z1_Karłow 25km	Batorówek 41km	Z2_Karłow 51km	Błędne Skały 66km	Czas netto 75.4km	Różn	Tempo min/km	Tempo km/h
39	<b>KUFERA Dariusz</b>	<b>1111</b>	FRAPOL RAZEM!	M-40	39	02:30:44	04:08:45	06:46:02	08:52:36	11:42:50	<b>12:55:13.70</b>	+03:40:34 (28.5%)	10:16	5.8 (70.7%)
40	<b>TKACZEW Paweł</b>	<b>1068</b>	OBORYGENI	M-40	40	02:29:57	04:04:57	06:41:39	08:49:03	11:48:24	<b>13:02:59.45</b>	+03:48:19 (29.2%)	10:23	5.8 (70.7%)
41	<b>GŁADYSZ Robert</b>	<b>1058</b>	SCE24.PL	M-40	41	02:17:20	03:49:03	06:26:46	08:35:50	11:30:20	<b>13:05:43.90</b>	+03:51:04 (29.4%)	10:25	5.8 (70.7%)
42	<b>KOSTRZEWSKI Sławomir</b>	<b>1144</b>		M-40	42	02:15:01	03:43:21	06:33:16	08:41:58	11:31:46	<b>13:07:09.40</b>	+03:52:29 (29.5%)	10:26	5.7 (69.5%)
43	<b>PARZONKA Paweł</b>	<b>1061</b>		M-40	43	02:18:36	03:57:16	06:43:00	09:07:03	11:57:17	<b>13:17:02.95</b>	+04:02:23 (30.4%)	10:34	5.7 (69.5%)
44	<b>GĄSZCZAK Mariusz</b>	<b>1113</b>	KS LENIWIEC	M-40	44	02:18:45	03:57:24	06:43:09	09:07:14	11:57:23	<b>13:17:08.30</b>	+04:02:28 (30.4%)	10:34	5.7 (69.5%)
45	<b>POSMAN Rafał</b>	<b>1125</b>		M-40	45	02:27:47	04:07:06	06:45:21	08:58:46	11:52:53	<b>13:19:24.85</b>	+04:04:45 (30.6%)	10:36	5.7 (69.5%)
46	<b>ZIENIEWICZ Wojciech</b>	<b>1135</b>		M-40	46	02:19:22	03:51:29	06:35:57	09:05:07	12:10:24	<b>13:30:36.90</b>	+04:15:57 (31.6%)	10:45	5.6 (68.3%)
47	<b>MARKOWSKI Marek</b>	<b>1130</b>	KS LENIWIEC	M-40	47	02:17:57	04:01:18	06:57:11	09:18:42	12:14:41	<b>13:41:31.65</b>	+04:26:52 (32.5%)	10:53	5.5 (67.1%)
48	<b>GÓRCZYŃSKI Rafał</b>	<b>1053</b>		M-40	48	02:31:58	04:12:06	07:24:08	09:49:38	13:07:21	<b>14:43:33.30</b>	+05:28:53 (37.2%)	11:43	5.1 (62.2%)
49	<b>FILIPIAK Sebastian</b>	<b>1023</b>	EKIPA LIPA	M-40	49	02:32:00	04:12:08	07:24:09	09:49:34	13:07:26	<b>14:43:37.35</b>	+05:28:57 (37.2%)	11:43	5.1 (62.2%)
50	<b>MARCINIAK Maciej</b>	<b>1138</b>	MM-PROJEKT	M-40	50	02:30:50	04:10:29	07:34:44	10:06:11		<b>14:50:36.95</b>	+05:35:57 (37.7%)	11:48	5.1 (62.2%)
	<b>DWORNICKI Paweł</b>	<b>1027</b>	ŻARY RUNNERS TEAM	M-40		02:04:21 DNF	03:20:55 DNF	05:28:26 DNF	07:14:44 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>RAGHAVJEE Yashin</b>	<b>1126</b>		M-40		DNF	DNF	06:47:38 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>HOFFMANN Grzegorz</b>	<b>1054</b>	KOŚCIAN TEAM	M-40		02:36:57 DNF	04:35:13 DNF	08:08:48 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>NOWAKOWSKI Paweł</b>	<b>1034</b>	ŻARY RUNNERS TEAM	M-40		01:57:09 DNF	03:11:40 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Paweł</b>	<b>1098</b>	KLEP	M-40		01:59:21 DNF	03:24:36 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>STAROŃ Tomasz</b>	<b>1105</b>	MOCNA GRUPA CEZARA/SBRT WROCŁAW	M-40		02:00:49 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>KOCOT Sebastian</b>	<b>1093</b>		M-40		02:07:05 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 57 wynik(ów)