

# SZTAFETA GÓRSKA - SOLO

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Wydarzenie:** Kudowski Festiwal Biegowy  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-04-01  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 75,4 km

**B4SPORT**  
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Klasyfikacja: OPEN KOBIEC

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
1	<b>GRABOŚ Nina</b>	<b>2157</b>		K-40	1	01:22:47	02:03:54	04:01:05	05:56:22	07:07:24	09:16:20	<b>10:18:17.30</b>	<b>10:18:17.30</b>		8:12	7.3 (100%)
2	<b>IWAŃCIÓW Katarzyna</b>	<b>2068</b>	PLANYBIEGOWE.PL	K-30	1	01:27:35	02:11:46	04:34:34	06:50:42	08:10:50	10:41:50	<b>11:46:09.95</b>	<b>11:46:09.95</b>	+01:27:52 (12.4%)	9:21	6.4 (87.7%)
3	<b>ŚLIŻ Sylwia</b>	<b>2123</b>	RUN_TO_BE_ULTRA	K-30	2	01:35:48	02:22:27	04:26:44	06:38:43	07:58:21	10:33:45	<b>11:49:00.65</b>	<b>11:49:00.65</b>	+01:30:43 (12.8%)	9:24	6.4 (87.7%)
4	<b>MARZEC Karolina</b>	<b>2096</b>	DZIKIE DZIKI GORZÓW	K-40	2	01:27:56	02:11:47	04:34:33	06:50:49	08:10:52	10:45:00	<b>11:58:24.85</b>	<b>11:58:24.85</b>	+01:40:07 (13.9%)	9:31	6.3 (86.3%)
5	<b>HAKKE Gosia</b>	<b>2025</b>	BIEGAMDLAZDROWIA.PL	K-40	3	01:35:50	02:22:47	04:27:05	06:44:02	08:14:10	10:57:59	<b>12:23:43.50</b>	<b>12:23:43.50</b>	+02:05:26 (16.9%)	9:51	6.1 (83.6%)
6	<b>PONČOVÁ Eva</b>	<b>2043</b>	RUNSPORT TEAM	K-40	4	01:30:10	02:21:48	04:35:25	06:58:41	08:24:31	11:05:48	<b>12:28:00.25</b>	<b>12:28:00.25</b>	+02:09:42 (17.3%)	9:55	6 (82.2%)
7	<b>ŽUREK-KRÓL Żaneta</b>	<b>2004</b>	BIAŁOBRZESKI TEAM	K-40	5	01:36:22	02:31:27	05:02:26	07:34:47	09:01:53	11:40:13	<b>12:53:23.70</b>	<b>12:53:23.70</b>	+02:35:06 (20.1%)	10:15	5.8 (79.5%)
8	<b>PASTUSZEŃKO Ewa</b>	<b>2201</b>	IN MY TREE/PEARL JAM	K-40	6	01:37:24	02:33:13	04:56:33	07:21:35	08:49:27	11:39:29	<b>13:00:36.30</b>	<b>13:00:36.30</b>	+02:42:19 (20.8%)	10:21	5.8 (79.5%)
9	<b>KRYM Katarzyna</b>	<b>2088</b>		K-40	7	01:35:55	02:27:51	04:46:27	07:18:33	08:49:53	11:44:11	<b>13:04:17.10</b>	<b>13:04:17.10</b>	+02:45:59 (21.2%)	10:24	5.8 (79.5%)
10	<b>ANTKOWIAK Monika</b>	<b>2079</b>	W POGONI ZA MARZENIAMI M&M	K-30	3	01:38:22	02:28:14	04:45:38	07:17:03	08:49:08	11:45:44	<b>13:08:08.05</b>	<b>13:08:08.05</b>	+02:49:50 (21.6%)	10:27	5.7 (78.1%)
11	<b>RADZIWOŃ Anna</b>	<b>2113</b>	GRUPA NIENACHALNIE HEROICZNA	K-40	8	01:40:09	02:33:40	04:55:52	07:29:18	08:59:00	12:03:50	<b>13:38:27.90</b>	<b>13:38:27.90</b>	+03:20:10 (24.5%)	10:51	5.5 (75.3%)
12	<b>ROMAŃSKA Karolina</b>	<b>2118</b>	RK ATHLETICS WARSZAWA	K-30	4	01:31:18	02:22:12	04:51:47	07:30:53	09:12:07	12:19:53	<b>13:50:29.95</b>	<b>13:50:29.95</b>	+03:32:12 (25.6%)	11:00	5.4 (74.0%)
13	<b>ANDRZEJCZUK Marzena</b>	<b>2179</b>	SAMASOBIE	K-40	9	01:42:20	02:35:15	05:01:08	07:41:12	09:18:11	12:30:01	<b>13:56:10.85</b>	<b>13:56:10.85</b>	+03:37:53 (26.1%)	11:05	5.4 (74.0%)
14	<b>CHUDA Aneta</b>	<b>2089</b>		K-40	10	01:41:00	02:36:04	05:00:06	07:33:46	09:25:01	12:32:00	<b>14:03:12.30</b>	<b>14:03:12.30</b>	+03:44:55 (26.7%)	11:10	5.4 (74.0%)
15	<b>DUBIEL Agnieszka</b>	<b>2110</b>		K-40	11	01:44:04	02:39:56	05:09:57	07:56:00	09:36:31	12:34:55	<b>14:06:04.60</b>	<b>14:06:04.60</b>	+03:47:47 (26.9%)	11:13	5.3 (72.6%)
16	<b>UJEJSKA Danuta</b>	<b>2139</b>	#BIEGAJLESZNO	K-40	12	01:41:08	02:35:34	05:02:59	07:48:37	09:27:40	12:45:46	<b>14:23:02.50</b>	<b>14:23:02.50</b>	+04:04:45 (28.4%)	11:26	5.2 (71.2%)

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17	<b>FICNER Iwona</b>	<b>2040</b>	FSD RUN DREZDENKO	K-40	13	01:40:06	02:39:14	05:12:59	08:00:42	09:40:42	12:50:40	<b>14:36:37.95</b>	<b>14:36:37.95</b>	+04:18:20 (29.5%)	11:37	5.2 (71.2%)
18	<b>DOMIN-ZBYL Agnieszka</b>	<b>2120</b>		K-50	1	01:45:04	02:45:09	05:25:40	08:14:34	09:56:58	12:56:04	<b>14:38:07.15</b>	<b>14:38:07.15</b>	+04:19:49 (29.6%)	11:38	5.2 (71.2%)
	<b>OLESZEK Magdalena</b>	<b>2048</b>	W POGONI ZA DUCHEM	K-30		01:51:29 DNF	02:53:20 DNF	05:44:44 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁAMPIKA Kinga</b>	<b>2078</b>	NIGHT RUNNERS, POLISH WINGS	K-40		01:53:08 DNF	02:54:01 DNF	05:24:07 DNF	08:10:18 DNF	09:49:27 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OWCZARZAK Katarzyna</b>	<b>2185</b>	OWCE NA WYPASIE	K-30		01:41:36 DNF	02:44:17 DNF	05:32:33 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KROCZYŃSKA Kinga</b>	<b>2066</b>	BIEGOLAS KOSZALIN- KOŁOBRZEG	K-40		01:52:58 DNF	02:55:51 DNF	05:39:43 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KWIATKOWSKA Zuzanna</b>	<b>2026</b>	RNB TEAM POLANICA ZDRÓJ	K-50		01:51:02 DNF	02:55:04 DNF	05:42:13 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STRAMOWSKA- JARCZEWSKA Sandra</b>	<b>2045</b>	MONSTER CROSS TEAM WOŁCZYN	K-30		01:47:04 DNF	02:49:48 DNF	05:44:30 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GUZEK Agnieszka</b>	<b>2195</b>		K-40		01:53:02 DNF	02:54:14 DNF	05:44:51 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁOWICKA Maja</b>	<b>2163</b>	AKTYWNI RAZEM	K-30		01:50:53 DNF	02:57:08 DNF	05:57:55 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRAUSE Sylwia</b>	<b>2037</b>	RADLINIOKI W BIEGU	K-40		02:00:06 DNF	03:09:17 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DWORNIKOWSKA Beata</b>	<b>2076</b>		K-40		02:08:15 DNF	03:28:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KUNDYS Karolina</b>	<b>2077</b>		K-40		02:10:15 DNF	03:28:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 29 wynik(ów)