

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Sztafeta Górską 2019  
Fundacja MARATONY GÓRSKIE  
2019-04-13  
Kudowa-Zdrój  
73,3 km

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Punkt_Z1 28.7km	Punkt_przed_Z2 47.9km	Punkt_Z2 50.4km	Czas netto 73.3km	Czas brutto 73.3km	Różn	Tempo min/km	Tempo km/h
1	<b>GORCZYCA Bartosz</b>	<b>2</b>	GRUPALUKTRANS.PL	M-20	1	02:42:12	02:52:18	04:58:33	05:09:39	<b>07:25:44.55</b>	<b>07:25:46.95</b>		6:04	9.9 (100%)
2	<b>VADZIS Artürs</b>	<b>130</b>		M-20	2	02:44:52	02:56:22	05:12:59	05:23:46	<b>07:41:40.20</b>	<b>07:41:43.45</b>	+00:15:56 (3.5%)	6:17	9.5 (96.0%)
3	<b>PENC Ondřej</b>	<b>35</b>	CYKLO TONY	M-40	1	02:42:05	02:53:38	05:21:23	05:33:42	<b>07:52:22.15</b>	<b>07:52:28.70</b>	+00:26:41 (5.7%)	6:26	9.3 (93.9%)
4	<b>GONCZARENKO Jarek</b>	<b>141</b>		M-30	1	02:48:48	03:00:47	05:29:21	05:38:59	<b>08:07:51.60</b>	<b>08:07:52.80</b>	+00:42:05 (8.6%)	6:39	9 (90.9%)
5	<b>SMOLIS Ivo</b>	<b>132</b>		M-30	2	02:52:44	03:04:45	05:40:27	05:52:57	<b>08:29:50.80</b>	<b>08:29:50.80</b>	+01:04:03 (12.6%)	6:57	8.6 (86.9%)
6	<b>STUDENCKI Dawid</b>	<b>131</b>		M-30	3	03:03:06	03:15:14	05:44:23	05:55:57	<b>08:32:25.05</b>	<b>08:32:29.00</b>	+01:06:42 (13.0%)	6:59	8.6 (86.9%)
7	<b>PUCHAŁA Radosław</b>	<b>128</b>	KB SOBÓTKA	M-40	2	03:00:06	03:12:59	05:45:49	05:57:45	<b>08:32:29.55</b>	<b>08:32:35.50</b>	+01:06:48 (13.0%)	6:59	8.6 (86.9%)
8	<b>NIEDŹWIEDŹ Tomasz</b>	<b>138</b>		M-30	4	03:04:35	03:17:46	05:52:15	06:03:29	<b>08:33:32.45</b>	<b>08:33:34.90</b>	+01:07:47 (13.2%)	7:00	8.6 (86.9%)
9	<b>SZAPORÓW Łukasz</b>	<b>40</b>	INFINITY-GYM	M-30	5	02:55:25	03:08:04	05:48:05	06:01:12	<b>08:43:39.30</b>	<b>08:43:45.05</b>	+01:17:58 (14.9%)	7:08	8.4 (84.8%)
10	<b>GRZESIEK Góral</b>	<b>18</b>	MINITADZIK	M-30	6	03:05:54	03:19:23	05:58:01	06:09:25	<b>08:48:27.25</b>	<b>08:48:29.55</b>	+01:22:42 (15.7%)	7:12	8.3 (83.8%)
11	<b>JUDA Witold</b>	<b>54</b>		M-40	3	03:07:44	03:21:52	06:00:19	06:12:00	<b>08:49:34.40</b>	<b>08:49:41.10</b>	+01:23:54 (15.8%)	7:13	8.3 (83.8%)
12	<b>SKOCZYLAS Adrian</b>	<b>106</b>	SKOCZYLIWLASY.PL / STAY INSANE	M-30	7	03:08:28	03:22:27	06:03:29	06:15:52	<b>08:53:05.85</b>	<b>08:53:14.00</b>	+01:27:27 (16.4%)	7:16	8.2 (82.8%)
13	<b>MYSZCZYSZYN Łukasz</b>	<b>31</b>		M-30	8	03:08:50	03:22:23	06:06:16	06:18:43	<b>08:54:34.35</b>	<b>08:54:38.15</b>	+01:28:51 (16.6%)	7:17	8.2 (82.8%)
14	<b>WŁOCHAL Robert</b>	<b>112</b>		M-30	9	03:15:36	03:29:17	06:09:33	06:23:43	<b>08:58:13.25</b>	<b>08:58:32.05</b>	+01:32:45 (17.2%)	7:20	8.2 (82.8%)
15	<b>PAWLICA Paweł</b>	<b>135</b>	POLSKIE RADIO/TATRACAMP	M-30	10	03:18:51	03:31:29	06:07:39	06:20:15	<b>09:01:11.30</b>	<b>09:01:14.40</b>	+01:35:27 (17.6%)	7:22	8.1 (81.8%)
16	<b>MAJER Ewa</b>	<b>1</b>		K-30	1	03:16:30	03:30:52	06:12:41	06:25:36	<b>09:04:33.50</b>	<b>09:04:36.55</b>	+01:38:49 (18.1%)	7:25	8.1 (81.8%)
17	<b>SZCZEPANIAK Witold</b>	<b>104</b>		M-40	4	03:17:30	03:31:40	06:12:28	06:24:53	<b>09:14:48.55</b>	<b>09:15:09.95</b>	+01:49:23 (19.7%)	7:34	7.9 (79.8%)
18	<b>KONVALINA Matej</b>	<b>105</b>		M-30	11	03:17:59	03:32:27	06:18:24	06:31:15	<b>09:15:31.05</b>	<b>09:15:37.70</b>	+01:49:50 (19.8%)	7:34	7.9 (79.8%)
19	<b>WOLBACH Tomasz</b>	<b>44</b>	WOLNE ŚLIMAKI	M-30	12	03:08:30	03:22:32	06:09:38	06:23:54	<b>09:18:39.60</b>	<b>09:18:49.05</b>	+01:53:02 (20.2%)	7:37	7.9 (79.8%)
20	<b>JEDWABNY Piotr</b>	<b>102</b>		M-30	13	03:08:24	03:22:06	06:20:17	06:34:21	<b>09:21:25.10</b>	<b>09:21:31.45</b>	+01:55:44 (20.6%)	7:39	7.8 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1	Punkt_Z1	Punkt_przed_Z2	Punkt_Z2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						26.7km	28.7km	47.9km	50.4km	73.3km	73.3km			
21	<b>TRACZYKIEWICZ Karolina</b>	<b>116</b>	SKOCZYLIWLASY.PL / STAY INSANE	K-20	1		03:41:29	06:26:33	06:39:57	<b>09:21:52.10</b>	<b>09:21:59.35</b>	+01:56:12 (20.7%)	7:39	7.8 (78.8%)
22	<b>GEZELA Robert</b>	<b>51</b>	EUFORIABIEGACZA TEAM	M-40	5	03:12:47	03:27:29	06:12:56	06:26:15	<b>09:25:09.75</b>	<b>09:25:12.05</b>	+01:59:25 (21.1%)	7:42	7.8 (78.8%)
23	<b>DURAŁ Grzegorz</b>	<b>78</b>	TRENING ULTRASA	M-40	6	03:16:10	03:30:08	06:18:23	06:31:31	<b>09:32:08.40</b>	<b>09:32:19.05</b>	+02:06:32 (22.1%)	7:48	7.7 (77.8%)
24	<b>KUŹMIAK Stanisław</b>	<b>115</b>	ŻARY RUNNERS TEAM	M-40	7	03:22:00	03:37:19	06:37:13	06:49:33	<b>09:33:15.75</b>	<b>09:33:26.60</b>	+02:07:39 (22.3%)	7:49	7.7 (77.8%)
25	<b>SIWIK Dariusz</b>	<b>37</b>		M-40	8	03:10:56	03:24:32		06:36:32	<b>09:34:56.60</b>	<b>09:35:08.05</b>	+02:09:21 (22.5%)	7:50	7.6 (76.8%)
26	<b>GRAMACKI Paweł</b>	<b>94</b>	GEOPARTNERS PAWEŁ GRAMACKI	M-30	14	03:11:01	03:24:18	06:23:18	06:36:24	<b>09:36:42.50</b>	<b>09:36:54.65</b>	+02:11:07 (22.7%)	7:52	7.6 (76.8%)
27	<b>WICHŁACZ Paweł</b>	<b>136</b>	KB MANIAC POZNAŃ	M-30	15	03:19:23	03:33:37	06:24:36	06:37:57	<b>09:37:33.50</b>	<b>09:37:52.00</b>	+02:12:05 (22.9%)	7:52	7.6 (76.8%)
28	<b>PIETRYSZYN Emil</b>	<b>21</b>		M-20	3	03:19:16	03:35:21	06:38:41	06:51:52	<b>09:37:56.70</b>	<b>09:37:56.70</b>	+02:12:09 (22.9%)	7:53	7.6 (76.8%)
29	<b>ŻYŻA Piotr</b>	<b>20</b>	MAAGNUS TEAM SKOKOWA	M-40	9	03:18:24	03:33:46	06:26:58	06:40:12	<b>09:41:50.05</b>	<b>09:42:00.30</b>	+02:16:13 (23.4%)	7:56	7.6 (76.8%)
30	<b>DYBOL Dawid</b>	<b>65</b>		M-40	10	03:23:36	03:38:35	06:41:07	06:53:22	<b>09:44:01.95</b>	<b>09:44:10.70</b>	+02:18:23 (23.7%)	7:58	7.5 (75.8%)
31	<b>DWORNICKI Paweł</b>	<b>100</b>	ŻARY RUNNERS TEAM	M-30	16	03:22:17	03:37:23	06:37:16	06:49:36	<b>09:45:28.80</b>	<b>09:45:39.35</b>	+02:19:52 (23.9%)	7:59	7.5 (75.8%)
32	<b>GAWLEWICZ Krystyna</b>	<b>119</b>	GAWELKI TEAM/ POZYTYWNIIE ZABIEGANI SANOK	K-30	2	03:21:47	03:37:19	06:31:18	06:46:36	<b>09:48:35.00</b>	<b>09:48:54.45</b>	+02:23:07 (24.3%)	8:01	7.5 (75.8%)
33	<b>WOLSKI Kamil</b>	<b>71</b>		M-30	17	03:26:59	03:43:13	06:46:19	07:00:01	<b>09:59:16.40</b>	<b>09:59:24.80</b>	+02:33:37 (25.6%)	8:10	7.3 (73.7%)
34	<b>ZAWADZKI Andrzej</b>	<b>124</b>	MKS SIECHNICE	M-30	18	03:20:15	03:35:19	06:44:13	06:59:39	<b>10:03:04.90</b>	<b>10:03:29.05</b>	+02:37:42 (26.1%)	8:13	7.3 (73.7%)
35	<b>BOLTA Urban</b>	<b>134</b>	AO DOMŻALE	M-30	19	03:33:04		06:44:04		<b>10:03:53.00</b>	<b>10:03:53.00</b>	+02:38:06 (26.2%)	8:14	7.3 (73.7%)
36	<b>STRYCHARSKI Ks. Krystian</b>	<b>92</b>	TRAILOWE BIEGI DUCHOWE AVE MARIA KIDS !	M-30	20	03:20:39	03:35:29	06:39:49	06:53:45	<b>10:04:24.45</b>	<b>10:04:28.95</b>	+02:38:42 (26.3%)	8:14	7.3 (73.7%)
37	<b>BARANOW Tomasz</b>	<b>148</b>		M-40	11	03:24:39	03:39:22	06:41:13	06:56:48	<b>10:05:56.25</b>	<b>10:06:05.55</b>	+02:40:18 (26.4%)	8:15	7.3 (73.7%)
38	<b>KOZAK Robert</b>	<b>81</b>	RONAL POLSKA RUN	M-40	12	03:11:42	03:28:17	06:43:47	07:02:34	<b>10:10:14.45</b>	<b>10:10:26.90</b>	+02:44:39 (27.0%)	8:19	7.2 (72.7%)
39	<b>TROCHANOWSKI Krystian</b>	<b>137</b>	RUSYN - LEM	M-20	4	03:24:56	03:40:49	06:48:44	07:03:15	<b>10:13:52.95</b>	<b>10:14:00.25</b>	+02:48:13 (27.4%)	8:22	7.2 (72.7%)
40	<b>TOPOLSKI Marcin</b>	<b>39</b>	CZŁOWIEK KTÓRY NIE BOI CHUCKA NORRISA	M-40	13	03:24:35	03:39:20	06:41:14	06:56:47	<b>10:14:33.20</b>	<b>10:14:43.95</b>	+02:48:57 (27.5%)	8:23	7.2 (72.7%)
41	<b>PLUTA Daniel</b>	<b>122</b>	TEAM PLUTT	M-30	21	03:14:18	03:28:06	06:39:41	06:55:14	<b>10:16:22.75</b>	<b>10:16:29.70</b>	+02:50:42 (27.7%)	8:24	7.1 (71.7%)
42	<b>NOWAK Mariusz</b>	<b>69</b>		M-30	22	03:27:34	03:41:19	06:45:40	07:00:07	<b>10:17:09.30</b>	<b>10:17:26.05</b>	+02:51:39 (27.8%)	8:25	7.1 (71.7%)
43	<b>LACHOWSKI Robert</b>	<b>139</b>		M-30	23	03:21:51	03:37:54	05:50:17	07:00:01	<b>10:20:02.30</b>	<b>10:20:10.40</b>	+02:54:23 (28.1%)	8:27	7.1 (71.7%)
44	<b>JEZIORSKI Tomasz</b>	<b>89</b>		M-30	24	03:36:29	03:51:40	07:00:37	07:16:04	<b>10:20:40.55</b>	<b>10:20:55.70</b>	+02:55:08 (28.2%)	8:28	7.1 (71.7%)
45	<b>CHOLEWA Zbigniew</b>	<b>111</b>	LISY PUSTYNI	M-40	14	03:32:56	03:49:09	06:57:22	07:13:41	<b>10:21:29.50</b>	<b>10:21:41.65</b>	+02:55:54 (28.3%)	8:28	7.1 (71.7%)
46	<b>URBAŃCZYK Darek</b>	<b>125</b>		M-40	15	03:23:58	03:38:47	06:48:34	07:06:08	<b>10:24:05.60</b>	<b>10:24:20.55</b>	+02:58:33 (28.6%)	8:30	7 (70.7%)
47	<b>KOZŁOWSKI Leszek</b>	<b>84</b>		M-40	16	03:40:58	03:57:53	07:11:35	07:26:22	<b>10:34:05.00</b>	<b>10:34:25.55</b>	+03:08:38 (29.7%)	8:39	6.9 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1	Punkt_Z1	Punkt_przed_Z2	Punkt_Z2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						26.7km	28.7km	47.9km	50.4km	73.3km	73.3km			
48	ZUB Arkadiusz	91	GRUPA BIEGOWA 'BEZ GRANIC'	M-40	17	03:42:15	03:59:08	07:15:18	07:30:04	10:34:32.60	10:34:42.85	+03:08:55 (29.8%)	8:39	6.9 (69.7%)
49	WRÓBEL Dariusz	99		M-30	25	03:39:41	03:55:08	07:12:49	07:26:33	10:34:46.50	10:35:00.00	+03:09:13 (29.8%)	8:39	6.9 (69.7%)
50	KRZESZOWSKI Marcin	52		M-30	26		03:43:34	07:12:55	07:26:46	10:42:07.40	10:42:07.40	+03:16:20 (30.6%)	8:45	6.8 (68.7%)
51	KŁOSOWSKI Piotr	87		M-40	18	03:30:14	03:44:40	07:12:39	07:26:27	10:41:47.55	10:42:07.60	+03:16:20 (30.6%)	8:45	6.9 (69.7%)
52	MLAK Kazimierz	98	WIELKA SOWA	M-60	1	03:42:18	03:58:28	07:10:58	07:27:41	10:46:53.50	10:47:09.05	+03:21:22 (31.1%)	8:49	6.8 (68.7%)
53	KOWAL Wiesław	75		M-40	19	03:30:10	03:45:55	07:07:11	07:24:45	10:48:20.70	10:48:38.15	+03:22:51 (31.3%)	8:50	6.8 (68.7%)
54	KOZIEŁ Tomasz	14	#WAWRZYTEAM	M-40	20	03:17:53	03:31:41	06:55:41	07:11:21	10:51:41.65	10:51:46.20	+03:25:59 (31.6%)	8:53	6.7 (67.7%)
55	BANASIK Bartosz	93	@RAZEMWDOBRYMNASTROJU	M-30	27	03:38:07	03:54:06	07:15:19	07:31:01	11:04:29.60	11:04:35.55	+03:38:48 (32.9%)	9:03	6.6 (66.7%)
56	KRELL Marcin	61		M-30	28	03:52:16	04:08:52	07:31:24	07:48:19	11:08:01.60	11:08:01.60	+03:42:14 (33.3%)	9:06	6.6 (66.7%)
57	PIETRZAK Jan	16	WKURW_TEAM	M-30	29	03:37:44	03:53:41	07:21:17	07:37:40	11:09:59.20	11:10:12.00	+03:44:25 (33.5%)	9:08	6.6 (66.7%)
58	MALINOWSKI Jerzy	46		M-50	1	03:43:00	04:00:33	07:27:46	07:43:45	11:10:01.05	11:10:19.10	+03:44:32 (33.5%)	9:08	6.6 (66.7%)
59	KRÓL Marcin	151	OS RACING TEAM	M-40	21	03:51:45	04:08:50	07:24:43	07:41:45	11:12:37.30	11:13:02.10	+03:47:15 (33.8%)	9:10	6.5 (65.7%)
60	APANOV Andrey	121	SOBAS TEAM	M-30	30	04:01:05	04:17:26	07:33:30	07:48:34	11:19:33.90	11:19:54.90	+03:54:07 (34.4%)	9:16	6.5 (65.7%)
61	DZIEWIĘCKI Łukasz	149		M-30	31	04:01:14	04:17:25	07:33:25	07:48:33	11:19:33.75	11:19:55.10	+03:54:08 (34.4%)	9:16	6.5 (65.7%)
62	KAPŁOWSKI Jerzy	33		M-40	22	04:00:17	04:16:58	07:35:41	07:53:08	11:20:31.95	11:20:53.60	+03:55:06 (34.5%)	9:17	6.5 (65.7%)
63	MARCHEWKA Joanna	63		K-40	1	04:03:27	04:20:43	07:44:40	08:01:43	11:22:29.50	11:22:46.45	+03:56:59 (34.7%)	9:18	6.4 (64.6%)
64	KLIMCZEWSKI Andrzej	120	FOREVER YOUNG ŁÓDŹ	M-50	2	03:44:36	04:02:23	07:33:22	07:49:30	11:22:56.80	11:23:01.95	+03:57:15 (34.7%)	9:19	6.4 (64.6%)
65	STECZKOWSKA Anna	43		K-30	3	04:01:42	04:19:07	07:39:43	07:57:11	11:23:03.35	11:23:06.55	+03:57:19 (34.7%)	9:19	6.4 (64.6%)
66	PAWELEC Mariusz	41		M-30	32	03:50:46	04:06:28	07:37:43	07:53:03	11:23:12.90	11:23:18.55	+03:57:31 (34.8%)	9:19	6.4 (64.6%)
67	NOWAK Paweł	123	KLUB BIEGACZA SUPERMARATOŃCZYK	M-60	2	03:46:09	04:02:48	07:30:04	07:48:15	11:23:18.85	11:23:22.95	+03:57:36 (34.8%)	9:19	6.4 (64.6%)
68	SZUBART Kazimierz	97	WIELKA SOWA	M-60	3	04:07:17	04:25:04	07:48:02	08:03:57	11:23:08.75	11:23:24.95	+03:57:38 (34.8%)	9:19	6.4 (64.6%)
69	SCHWITALLA Adrian	82	MKS SIECHNICE	M-40	23	03:52:48	04:09:23	07:36:27	07:52:28	11:25:30.00	11:25:55.25	+04:00:08 (35.0%)	9:21	6.4 (64.6%)
70	GAWLIK Marcin	74	MKS SIECHNICE	M-40	24	03:52:52	04:09:23	07:36:23	07:52:28	11:25:30.50	11:25:55.70	+04:00:08 (35.0%)	9:21	6.4 (64.6%)
71	KALICZAK-SZWAJA Monika	30		K-40	2	03:58:55	04:14:38	07:40:51	07:57:03	11:30:36.60	11:30:48.75	+04:05:01 (35.5%)	9:25	6.4 (64.6%)
72	HAKKE Gosia	86	BIEGAMDLAZDROWIA.PL	K-40	3	03:58:49	04:14:34	07:40:46	07:57:07	11:30:33.60	11:30:49.05	+04:05:02 (35.5%)	9:25	6.4 (64.6%)
73	ŻAKOWSKI Karol	57	CALORIES OF FUN	M-30	33	03:59:17	04:15:40	07:38:37	07:56:38	11:30:34.95	11:30:53.60	+04:05:06 (35.5%)	9:25	6.4 (64.6%)
74	HETMAŃSKI Filip	42		M-40	25	04:01:36	04:18:39	07:46:24	08:04:47	11:33:17.00	11:33:22.65	+04:07:35 (35.7%)	9:27	6.3 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1	Punkt_Z1	Punkt_przed_Z2	Punkt_Z2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						26.7km	28.7km	47.9km	50.4km	73.3km	73.3km			
75	<b>RASAŁA Karolina</b>	<b>17</b>	BIEGIEM PO MARZENIA TEAM / CAŁA OLEŚNICA BIEGA	K-20	2	03:40:37	03:58:25	07:33:30	07:48:07	<b>11:38:21.15</b>	<b>11:38:27.50</b>	+04:12:40 (36.2%)	9:31	6.3 (63.6%)
76	<b>GAJLUSZ Dawid</b>	<b>36</b>	BIEGIEM PO MARZENIA TEAM	M-30	34	03:40:39	03:58:26	07:33:37	07:48:04	<b>11:38:21.40</b>	<b>11:38:27.65</b>	+04:12:40 (36.2%)	9:31	6.3 (63.6%)
77	<b>WOŹNICA Robert</b>	<b>146</b>	HELLWOOD GLIWICE	M-20	5	03:54:30	04:12:09	07:39:47	07:56:30	<b>11:38:44.05</b>	<b>11:38:59.80</b>	+04:13:12 (36.2%)	9:31	6.3 (63.6%)
78	<b>DUDEK Remigiusz</b>	<b>76</b>		M-30	35	03:54:47	04:12:51	07:45:42	08:03:53	<b>11:39:06.90</b>	<b>11:39:25.10</b>	+04:13:38 (36.3%)	9:32	6.3 (63.6%)
79	<b>HYSKI Mateusz</b>	<b>150</b>	OKROKWIECJ.PL	M-30	36	03:53:48	04:11:29	07:40:55	07:57:12	<b>11:40:41.85</b>	<b>11:40:59.25</b>	+04:15:12 (36.4%)	9:33	6.3 (63.6%)
80	<b>GORZUCH Justyna</b>	<b>72</b>	KLUB WYSOKOGÓRSKI WARSZAWA	K-30	4	04:03:13	04:21:12	07:52:10	08:07:56	<b>11:40:41.85</b>	<b>11:41:04.70</b>	+04:15:17 (36.4%)	9:33	6.3 (63.6%)
81	<b>GRZESZCZUK Wojciech</b>	<b>27</b>	VISUAL FAMILY COLLECTIVE	M-50	3	03:57:17	04:13:33	07:47:57	08:04:20	<b>11:41:21.75</b>	<b>11:41:37.70</b>	+04:15:50 (36.5%)	9:34	6.3 (63.6%)
82	<b>KMET Michał</b>	<b>11</b>		M-30	37	04:09:28	04:28:58	07:52:17	08:09:29	<b>11:43:12.55</b>	<b>11:43:35.05</b>	+04:17:48 (36.6%)	9:35	6.3 (63.6%)
83	<b>WOLANIN Tomasz</b>	<b>48</b>	KW WARSZAWA	M-40	26	03:58:03	04:15:31	07:49:41	08:07:19	<b>11:45:25.80</b>	<b>11:45:47.95</b>	+04:20:01 (36.8%)	9:37	6.2 (62.6%)
84	<b>PASZKIEL Artur</b>	<b>49</b>		M-40	27	03:57:48	04:15:03	07:49:39	08:07:17	<b>11:45:25.70</b>	<b>11:45:48.05</b>	+04:20:01 (36.8%)	9:37	6.2 (62.6%)
85	<b>PELÍŠEK Zdeněk</b>	<b>113</b>		M-30	38	04:13:32		08:01:36		<b>11:45:49.00</b>	<b>11:45:49.00</b>	+04:20:02 (36.8%)	9:37	6.2 (62.6%)
86	<b>DZIUBA Piotr</b>	<b>140</b>		M-40	28	04:02:05	04:20:34	07:54:34	08:11:03	<b>11:46:37.35</b>	<b>11:47:02.90</b>	+04:21:15 (37.0%)	9:38	6.2 (62.6%)
87	<b>GROCHOWSKI Wojciech</b>	<b>50</b>	KLUB WYSOKOGÓRSKI WARSZAWA	M-30	39	04:03:24	04:20:11	07:51:50	08:09:19	<b>11:49:28.95</b>	<b>11:49:53.25</b>	+04:24:06 (37.2%)	9:40	6.2 (62.6%)
88	<b>LACH-PAPCIAK Katarzyna</b>	<b>142</b>		K-40	4	04:05:20	04:23:29	07:58:18	08:15:57	<b>11:49:58.05</b>	<b>11:50:11.35</b>	+04:24:24 (37.2%)	9:41	6.2 (62.6%)
89	<b>MIODUSZEWSKI Mariusz</b>	<b>32</b>		M-40	29	03:57:05	04:13:39	07:47:37	08:04:05	<b>11:49:41.45</b>	<b>11:50:11.55</b>	+04:24:24 (37.2%)	9:40	6.2 (62.6%)
90	<b>REINERT Aleksandra</b>	<b>67</b>		K-40	5	03:58:32	04:16:54	07:52:27	08:09:10	<b>11:52:44.40</b>	<b>11:52:54.35</b>	+04:27:07 (37.5%)	9:43	6.2 (62.6%)
91	<b>ZIEMBA Damian</b>	<b>59</b>	ANTONTEAM	M-40	30	04:00:54	04:17:20	07:49:08	08:04:49	<b>11:57:37.30</b>	<b>11:58:02.65</b>	+04:32:15 (37.9%)	9:47	6.1 (61.6%)
92	<b>BODIO Dariusz</b>	<b>85</b>	SPARTA ZIĘBICE	M-50	4	03:52:44	04:09:26	07:45:45	08:02:42	<b>12:01:48.20</b>	<b>12:02:07.80</b>	+04:36:20 (38.3%)	9:50	6.1 (61.6%)
93	<b>WOJCIECHOWICZ Leszek</b>	<b>45</b>	DZIECI KOTANA	M-30	40	04:01:41	04:19:28	08:02:24	08:20:38	<b>12:12:11.00</b>	<b>12:12:21.85</b>	+04:46:34 (39.1%)	9:59	6 (60.6%)
94	<b>JAROSŁAWSKI Mariusz</b>	<b>55</b>		M-40	31	04:12:48	04:31:24	08:14:34	08:31:21	<b>12:16:54.35</b>	<b>12:17:13.45</b>	+04:51:26 (39.5%)	10:03	6 (60.6%)
95	<b>LIC Janusz</b>	<b>96</b>		M-50	5	04:17:23	04:35:02	08:24:31	08:41:48	<b>12:21:09.40</b>	<b>12:21:33.10</b>	+04:55:46 (39.9%)	10:06	5.9 (59.6%)
96	<b>JEZIORSKI Przemysław</b>	<b>83</b>		M-40	32	04:14:15	04:32:39	08:12:30	08:31:29	<b>12:22:43.70</b>	<b>12:22:58.85</b>	+04:57:11 (40.0%)	10:07	5.9 (59.6%)
97	<b>SCHULZE Jörg</b>	<b>73</b>	DAV ZITTAU	M-60	4	04:17:11	04:34:41	08:10:48	08:28:40	<b>12:24:03.90</b>	<b>12:24:22.10</b>	+04:58:35 (40.1%)	10:09	5.9 (59.6%)
98	<b>HAMERLA Adam</b>	<b>4</b>		M-30	41	03:34:10	03:49:05	07:33:16	07:52:54	<b>12:38:47.60</b>	<b>12:39:05.00</b>	+05:13:18 (41.3%)	10:21	5.8 (58.6%)
99	<b>DRWIĘGA Maciej</b>	<b>79</b>	POZYTYWNIIE ZABIEGANI SANOK	M-40	33	03:59:26	04:17:23	08:12:18	08:30:34	<b>12:38:51.10</b>	<b>12:39:10.05</b>	+05:13:23 (41.3%)	10:21	5.8 (58.6%)
100	<b>DROBOT Piotr</b>	<b>77</b>	1972	M-40	34	04:05:08	04:25:20	08:12:20	08:30:41	<b>12:38:52.20</b>	<b>12:39:11.95</b>	+05:13:25 (41.3%)	10:21	5.8 (58.6%)
101	<b>NIEMIEC-DRWIĘGA Bernadeta</b>	<b>80</b>	POZYTYWNIIE ZABIEGANI SANOK	M-40	35	04:05:11	04:25:23	08:12:23	08:30:41	<b>12:38:52.30</b>	<b>12:39:12.05</b>	+05:13:25 (41.3%)	10:21	5.8 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1	Punkt_Z1	Punkt_przed_Z2	Punkt_Z2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						26.7km	28.7km	47.9km	50.4km	73.3km	73.3km			
102	<b>MAJ Marek</b>	<b>38</b>		M-30	42	04:07:28	04:26:19	08:10:45	08:29:32	<b>12:43:19.40</b>	<b>12:43:34.55</b>	+05:17:47 (41.6%)	10:24	5.8 (58.6%)
103	<b>RAJZER Mariusz</b>	<b>110</b>	BODYKINETIC	M-40	36	04:05:16	04:23:56	08:14:46	08:32:52	<b>12:55:29.25</b>	<b>12:55:34.00</b>	+05:29:47 (42.5%)	10:34	5.7 (57.6%)
104	<b>MAKSELON Anna</b>	<b>107</b>		K-30	5	04:12:00	04:29:49	08:24:35	08:49:35	<b>12:57:33.70</b>	<b>12:57:42.10</b>	+05:31:55 (42.7%)	10:36	5.7 (57.6%)
105	<b>MAKSELON Maciej</b>	<b>108</b>	TORPEDO SZCZECINEK	M-30	43	04:24:15	04:42:28	08:24:30	08:49:36	<b>12:57:32.65</b>	<b>12:57:42.35</b>	+05:31:55 (42.7%)	10:36	5.7 (57.6%)
106	<b>WIÓREK Maciej</b>	<b>114</b>	RDLP W SZCZECINKU	M-30	44	04:12:02	04:29:52	08:24:38	08:49:39	<b>12:57:34.95</b>	<b>12:57:42.95</b>	+05:31:56 (42.7%)	10:36	5.7 (57.6%)
107	<b>JĘDRYCHA Michał</b>	<b>68</b>	CFO RUNNING TEAM / TRIATHLON X-TEAM	M-40	37	04:02:55	04:22:20	08:10:48	08:31:55	<b>13:15:31.90</b>	<b>13:15:41.10</b>	+05:49:54 (44.0%)	10:51	5.5 (55.6%)
108	<b>PRZERWA Andrzej</b>	<b>64</b>	KOCHAM IZA, MAJE I BORYSIAKA SUPER CHŁOPAKA	M-40	38	04:18:28	04:38:09	08:42:21	09:02:55	<b>13:16:12.95</b>	<b>13:16:26.75</b>	+05:50:39 (44.0%)	10:51	5.5 (55.6%)
109	<b>GRZESIAK Rafał</b>	<b>3</b>		M-40	39	04:21:45	04:39:25	08:30:21	08:51:08	<b>13:25:49.60</b>	<b>13:26:14.10</b>	+06:00:27 (44.7%)	10:59	5.5 (55.6%)
110	<b>CECUŁA Andrzej</b>	<b>15</b>		M-20	6	04:21:43	04:38:00	08:30:18	08:51:06	<b>13:25:49.65</b>	<b>13:26:14.75</b>	+06:00:27 (44.7%)	10:59	5.5 (55.6%)
111	<b>BASZCZYSZYN Artur</b>	<b>9</b>		M-30	45	04:18:56	04:36:39	08:45:38	09:05:31	<b>13:27:59.85</b>	<b>13:28:04.40</b>	+06:02:17 (44.8%)	11:01	5.4 (54.5%)
112	<b>KOSTRUBIEC Maciej</b>	<b>58</b>		M-20	7	04:04:52	04:25:34	08:30:06	08:50:56	<b>13:33:57.90</b>	<b>13:34:13.70</b>	+06:08:26 (45.3%)	11:06	5.4 (54.5%)
113	<b>DUBKIEWICZ Jędrzej</b>	<b>53</b>		M-30	46	04:02:54	04:21:35	08:29:28	08:50:47	<b>13:34:06.70</b>	<b>13:34:14.30</b>	+06:08:27 (45.3%)	11:06	5.4 (54.5%)
114	<b>DOMINIK Kubiak</b>	<b>29</b>		M-30	47	04:02:49	04:21:40	08:29:24	08:50:47	<b>13:34:06.60</b>	<b>13:34:14.45</b>	+06:08:27 (45.3%)	11:06	5.4 (54.5%)
115	<b>CIUK Piotr</b>	<b>143</b>	YULO RUN TEAM SIEDLCE	M-40	40	04:26:31	04:48:07	08:43:55	09:01:15	<b>13:33:59.35</b>	<b>13:34:15.85</b>	+06:08:28 (45.3%)	11:06	5.4 (54.5%)
116	<b>SASIN Anna</b>	<b>47</b>	VEGE RUNNERS	K-30	6	04:32:24	04:50:37	08:49:45	09:06:32	<b>13:38:36.90</b>	<b>13:39:00.35</b>	+06:13:13 (45.6%)	11:10	5.4 (54.5%)
117	<b>PITOŃ Paweł</b>	<b>7</b>	ABY DO METY	M-30	48	04:32:18	04:49:14	08:49:33	09:07:20	<b>13:38:35.05</b>	<b>13:39:01.70</b>	+06:13:14 (45.6%)	11:10	5.4 (54.5%)
118	<b>SZCZEPANIK Daniel</b>	<b>127</b>		M-40	41	04:32:39	04:52:38	08:49:52	09:07:35	<b>13:38:51.65</b>	<b>13:39:03.40</b>	+06:13:16 (45.6%)	11:10	5.4 (54.5%)
119	<b>HOFFMANN Grzegorz</b>	<b>117</b>	KOŚCIAN TEAM	M-40	42	04:39:51	04:59:04	09:09:45	09:29:24	<b>13:42:58.45</b>	<b>13:43:25.35</b>	+06:17:38 (45.9%)	11:13	5.3 (53.5%)
120	<b>FILIPIAK Sebastian</b>	<b>28</b>	LZS LIPA	M-40	43	04:24:54	04:45:39	08:43:05	09:03:28	<b>13:44:25.50</b>	<b>13:44:50.15</b>	+06:19:03 (46.0%)	11:14	5.3 (53.5%)
121	<b>DĘBEK Piotr</b>	<b>101</b>	PRZEDWOJEWSKI MOUNTAIN TEAM	M-40	44	04:39:10	04:58:27	09:06:24	09:26:40	<b>13:46:34.00</b>	<b>13:46:55.05</b>	+06:21:08 (46.1%)	11:16	5.3 (53.5%)
122	<b>SZPILAREWICZ Basia</b>	<b>8</b>	ABY DO METY / RADIO WROCŁAW	K-40	6	04:43:32	05:04:43	09:34:28	09:46:46	<b>14:05:47.30</b>	<b>14:06:13.50</b>	+06:40:26 (47.3%)	11:32	5.2 (52.5%)
	<b>BAKALARZ Emil</b>	<b>129</b>	PGS SOFTWARE TEAM	M-30		03:08:30 DNF	03:23:24 DNF	06:34:30 DNF	06:50:44 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KIEC Mateusz</b>	<b>6</b>	PRZENOSIMY GÓRY	M-20		04:19:09 DNF	04:37:14 DNF	08:25:27 DNF	08:52:01 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KRĘZEL Krzysztof</b>	<b>24</b>	NIGHT RUNNERS WROCŁAW	M-20		03:30:00 DNF	03:48:39 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PAZERA Karol</b>	<b>12</b>	KLUB KOLARSKI ZIEMI KŁODZKIEJ/KUDOWSCY MIŁOSNYCI BIEGANIA	M-40		03:39:53 DNF	03:56:14 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LECKI Seweryn</b>	<b>109</b>	TEAM BIEGOWY SZCZECINEK	M-30		04:24:07 DNF	04:46:40 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SCHABOWSKI Grzegorz</b>	<b>25</b>	#WAWRZYNTTEAM	M-30		04:39:47 DNF	04:58:48 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Punkt_przed_Z1 26.7km	Punkt_Z1 28.7km	Punkt_przed_Z2 47.9km	Punkt_Z2 50.4km	Czas netto 73.3km	Czas brutto 73.3km	Różn	Tempo min/km	Tempo km/h
	<b>PRZYBYŁ Tomasz</b>	<b>60</b>	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	M-40		04:45:04 DNF	05:07:20 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MARCHEWKA Andrzej</b>	<b>62</b>		M-40		04:48:11 DNF	05:09:28 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SEDLAK Robert</b>	<b>56</b>		M-40		04:48:27 DNF	05:09:38 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>GLINA-KRAWCZYK Małgorzata</b>	<b>22</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	K-40		05:01:49 DNF	05:21:55 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WITECKA Milena</b>	<b>144</b>		K-30		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŁOPOKA Przemysław</b>	<b>10</b>	ABY DO METY	M-20		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BUĆKO Artur</b>	<b>5</b>	TATAALI TEAM	M-50		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STAWSKI Dariusz</b>	<b>26</b>	BIEGIEM PO PIWO	M-60		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PIOTROWSKI Marek</b>	<b>90</b>	JANOSPORT TEAM LEGNICA	M-50		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 137 wynik(ów)