

Wydarzenie: Kudowski Festiwal Biegowy - Sztafeta Górska 2021
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-05-08
Miejsce: Kudowa-Zdrój
Dystans: 75,4 km

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Błędne Skały 66km	Czas netto 75.4km	Różn	Tempo min/km	Tempo km/h
1	JUREK Michał	1043	RMT TEAM PRO	M-30	1	01:36:06	02:34:25	04:16:44	05:36:24	07:12:37	07:54:57.75		6:17	9.5 (100%)
2	KARWACZYŃSKI Roger	1004		M-30	2	01:39:12	02:40:40	04:22:49	05:43:34	07:29:12	08:17:16.20	+00:22:18 (4.5%)	6:35	9.1 (95.8%)
3	BEDNARZ Jakub	1009	DRUŻYNA SZPIKU/ BIEGANIE NA SZCZYTACH	M-30	3	01:38:32	02:41:53	04:32:54	06:06:09	08:03:48	09:02:48.45	+01:07:50 (12.5%)	7:11	8.3 (87.4%)
4	KOZAK Robert	1016	RONAL POLSKA RUN	M-40	1	01:38:23	02:40:10	04:32:06	06:13:26	08:17:27	09:14:39.65	+01:19:41 (14.4%)	7:21	8.2 (86.3%)
5	SZRAMOWIAT Marek	1142	BRITA	M-40	2	01:51:07	03:01:19	04:57:30	06:29:44	08:24:46	09:15:14.25	+01:20:16 (14.5%)	7:21	8.1 (85.3%)
6	MIKESOVA Jana	1047	SALMING CZ	K-30	1	01:55:59	03:07:25	05:04:02	06:32:23	08:28:39	09:23:26.00	+01:28:28 (15.7%)	7:28	8 (84.2%)
7	SZELAĞ Sławomir	1013	LISY PUSTYNI	M-40	3	02:00:45	03:12:42	05:07:38	06:37:00	08:35:28	09:27:45.95	+01:32:48 (16.3%)	7:31	8 (84.2%)
8	GŁUG Wojciech	1076		M-20	1	01:42:51	02:46:56	04:48:49	06:28:37	08:35:37	09:38:20.95	+01:43:23 (17.9%)	7:40	7.8 (82.1%)
9	SNARSKI Bogdan	1039	ALBATROSY	M-40	4	01:44:03	02:50:35	04:46:32	06:21:03	08:35:43	09:39:22.25	+01:44:24 (18.0%)	7:41	7.8 (82.1%)
10	WĄCHAŁA Damian	1080		M-20	2	01:44:19	02:54:35	04:57:55	06:35:53	08:44:04	09:39:50.50	+01:44:52 (18.1%)	7:41	7.8 (82.1%)
11	KUŹMIAK Stanisław	1014	ŻARY RUNNERS TEAM	M-40	5	01:57:17	03:10:55	05:08:07	06:41:16	08:45:45	09:42:39.25	+01:47:41 (18.5%)	7:43	7.8 (82.1%)
12	PIETRYSZYN Emil	1056		M-30	4	01:46:12	02:58:26	04:58:57	06:34:26	08:41:39	09:44:04.85	+01:49:07 (18.7%)	7:44	7.7 (81.1%)
13	KUCHARSKI Przemysław	1052		M-30	5	01:56:24	03:08:13	05:14:01	06:51:08	08:54:26	09:50:13.45	+01:55:15 (19.5%)	7:49	7.7 (81.1%)
14	STEFANIAK Łukasz	1100		M-40	6	01:53:51	03:02:53	05:06:55	06:45:24	08:53:05	09:51:40.05	+01:56:42 (19.7%)	7:50	7.6 (80.0%)
15	WOJTCZAK Mariusz	1026		M-40	7	02:00:48	03:13:32	05:20:28	06:56:04	09:00:44	09:56:19.10	+02:01:21 (20.4%)	7:54	7.6 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka				Błędne	Czas	Różn	Tempo min/km	Tempo km/h
						Z1_Karłów 15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	75.4km			
16	MAZUREK Roman	1122	SPARTANIE DZIECIOM	M-40	8	01:52:28	03:06:58	05:19:58	07:06:24	09:08:27	10:06:08.45	+02:11:10 (21.6%)	8:02	7.5 (78.9%)
17	DZIUB Marcin	1124	SEVEN-PERCEPTUS TEAM	M-40	9	01:51:44	03:04:29	05:14:40	06:47:30	09:01:41	10:09:35.20	+02:14:37 (22.1%)	8:05	7.4 (77.9%)
18	DEINIUK Roman	1082		M-20	3	01:52:48	03:08:44	05:17:53	06:57:36	09:12:09	10:10:10.10	+02:15:12 (22.2%)	8:05	7.4 (77.9%)
19	KARPOWICZ Rafal	1097		M-40	10	01:57:05	03:11:39	05:18:03	07:00:05	09:13:40	10:11:27.35	+02:16:29 (22.3%)	8:06	7.4 (77.9%)
20	GAWLEWICZ Krystyna	1075	GAWĘŁKI TEAM/POZYTYWNIIE ZABIEGANI SANOK	K-40	1	01:59:00	03:13:12	05:23:39	07:01:14	09:14:59	10:13:29.50	+02:18:31 (22.6%)	8:08	7.4 (77.9%)
21	JUSZCZYK Jarosław	1036	GOSŁAW SPORT CENTER	M-30	6	01:57:17	03:13:48	05:23:27	07:08:36	09:22:01	10:21:05.55	+02:26:07 (23.5%)	8:14	7.3 (76.8%)
22	MATUSZEWSKI Marek	1003	RUNNER'S POWER ŚREM	M-40	11	02:07:21	03:26:40	05:35:17	07:11:27	09:23:49	10:23:25.70	+02:28:27 (23.8%)	8:16	7.3 (76.8%)
23	KRÓL Marcin	1140		M-40	12	02:07:37	03:26:58	05:36:17	07:13:22	09:27:44	10:29:37.35	+02:34:39 (24.6%)	8:21	7.2 (75.8%)
24	KOCEMBA Askaniusz	1038		M-40	13	01:54:04	03:04:50	05:14:45	07:02:43	09:32:23	10:31:48.95	+02:36:51 (24.8%)	8:22	7.2 (75.8%)
25	RINK Jan	1073		M-40	14	01:58:00	03:16:10	05:35:13	07:21:10	09:33:17	10:32:33.60	+02:37:35 (24.9%)	8:23	7.2 (75.8%)
26	MUSIELAK Marek	1101		M-30	7	02:10:18	03:28:38	05:39:44	07:21:27	09:34:33	10:32:52.55	+02:37:54 (25.0%)	8:23	7.1 (74.7%)
27	MALINOWSKI Jerzy	1059	ZIĘBICE ULTRA TEAM	M-50	1	02:01:27	03:25:39	05:41:02	07:27:04	09:44:00	10:39:15.65	+02:44:17 (25.7%)	8:28	7.1 (74.7%)
28	SCHRODER Patryk	1106	ULTRAFUN	M-40	15	01:59:08	03:14:36	05:29:59	07:19:27	09:36:15	10:39:44.00	+02:44:46 (25.8%)	8:29	7.1 (74.7%)
29	GOSTYŃSKI Krzysztof	1134	RUCZAJ ULTRA TEAM	M-40	16	02:04:52	03:24:13	05:36:36	07:27:09	09:47:35	10:44:32.30	+02:49:34 (26.3%)	8:32	7 (73.7%)
30	NOWAK Wojtek	1021	EXPLORADOR	M-40	17	01:52:08	03:08:46	05:18:23	07:04:43	09:24:17	10:48:31.70	+02:53:33 (26.8%)	8:36	7 (73.7%)
31	KONIARZ Michal	1103		M-50	2	01:57:46	03:19:16	05:40:04	07:20:16	09:53:37	10:50:05.80	+02:55:08 (26.9%)	8:37	7 (73.7%)
32	LUBAŃSKI Robert	1031		M-50	3	01:58:46	03:13:08	05:28:23	07:19:36	09:44:45	10:50:35.95	+02:55:38 (27.0%)	8:37	7 (73.7%)
33	SIOMA Konrad	1051	ROKIETNICA BIEGA	M-30	8	01:57:45	03:17:36	05:28:27	07:18:23	09:46:49	10:50:40.00	+02:55:42 (27.0%)	8:37	7 (73.7%)
34	WARDZYŃSKI Łukasz	1109		M-30	9	02:01:51	03:22:34	05:39:41	07:29:11	09:55:19	10:53:57.70	+02:58:59 (27.4%)	8:40	6.9 (72.6%)
35	ŚLIŻ Sylwia	1117		K-30	2	02:12:12	03:40:30	05:58:44	07:41:07	09:55:01	10:56:34.40	+03:01:36 (27.7%)	8:42	6.9 (72.6%)
36	HORŁUKOWICZ Kamil	1128	KPP ŚWIDNICA	M-20	4	02:01:32	03:20:50	05:39:47	07:25:50	09:50:08	10:56:44.00	+03:01:46 (27.7%)	8:42	6.9 (72.6%)
37	SZWAJA Wojciech	1025	WOLBROM TEAM	M-30	10	01:53:39	03:10:03	05:35:18	07:26:02	09:53:23	10:58:51.70	+03:03:53 (27.9%)	8:44	6.9 (72.6%)
38	KURPIEWSKA Anna	1060	GT RAT	K-40	2	02:05:58	03:29:09	05:48:03	07:33:27	09:55:41	11:02:10.80	+03:07:13 (28.3%)	8:46	6.8 (71.6%)

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						15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	75.4km			
39	SIKORSKI Marcin	1091	TT SZCZECIN	M-40	18	02:06:00	03:29:11	05:48:10	07:33:31	09:55:44	11:03:45.10	+03:08:47 (28.4%)	8:48	6.8 (71.6%)
40	STANOWSKI Grzegorz	1030	FOREVER YOUNG	M-50	4	02:02:03	03:24:02	05:44:03	07:34:47	09:55:00	11:04:47.50	+03:09:49 (28.6%)	8:49	6.8 (71.6%)
41	KRAWCZYK Karol	1033		M-30	11	02:01:40	03:24:12	05:44:29	07:36:42	10:03:43	11:08:26.45	+03:13:28 (28.9%)	8:51	6.8 (71.6%)
42	SOWA Paweł	1084		M-40	19	02:02:53	03:22:04	05:40:37	07:29:18	10:03:45	11:11:42.30	+03:16:44 (29.3%)	8:54	6.7 (70.5%)
43	ZAJĄC Leszek	1012		M-30	12	01:55:49	03:11:55	05:26:24	07:14:15	10:01:09	11:13:44.00	+03:18:46 (29.5%)	8:56	6.7 (70.5%)
44	KLIMCZEWSKI Andrzej	1121	FOREVER YOUNG ŁÓDŹ	M-50	5	02:02:50	03:24:35	05:46:14	07:38:52	10:07:10	11:18:22.15	+03:23:24 (30.0%)	8:59	6.7 (70.5%)
45	JARUS Andrzej	1046	WKURW_TEAM	M-40	20	02:04:28	03:29:18	05:48:14	07:42:58	10:11:48	11:21:18.40	+03:26:20 (30.3%)	9:02	6.6 (69.5%)
46	WUJDA Marta	1019	ŻARY RUNNERS TEAM	K-40	3	02:07:58	03:29:58	05:46:47	07:37:23	10:00:20	11:23:23.85	+03:28:26 (30.5%)	9:03	6.6 (69.5%)
47	DUDEK Remigiusz	1006	KALINKA ULTRA TEAM	M-30	13	02:01:36	03:25:45	05:50:48	07:53:02	10:22:43	11:37:38.65	+03:42:40 (31.9%)	9:15	6.5 (68.4%)
48	URBAŃSKI Krzysztof	1143	ENGLISH OVER TEA	M-30	14	02:07:18	03:26:59	05:54:16	07:56:05	10:35:38	11:45:16.10	+03:50:18 (32.7%)	9:21	6.4 (67.4%)
49	KOCIUMBAS Bartosz	1010	KB SOBÓTKA	M-40	21	02:03:00	03:28:55	05:45:13	07:47:57	10:31:12	11:46:07.25	+03:51:09 (32.7%)	9:21	6.4 (67.4%)
50	POROWSKI Waldek	1141	KB SOBÓTKA	M-40	22	02:03:07	03:29:28	05:45:33	07:47:55	10:31:32	11:46:13.25	+03:51:15 (32.7%)	9:21	6.4 (67.4%)
51	PAZERA Karol	1042	KUDOWIANKA RUN	M-40	23	02:03:26	03:24:59	05:51:26	08:06:44	10:37:29	11:46:25.80	+03:51:28 (32.8%)	9:22	6.4 (67.4%)
52	HAMERLA Adam	1001		M-30	15	02:04:17	03:24:24	05:48:11	07:58:34	10:48:10	11:54:55.30	+03:59:57 (33.6%)	9:28	6.3 (66.3%)
53	GUZIUK Rafał	1107	ROZBRYKANY KUCYK	M-40	24	02:20:06	03:48:28	06:15:10	08:13:46	10:48:57	11:56:04.50	+04:01:06 (33.7%)	9:29	6.3 (66.3%)
54	BIERNACIK Piotr	1011		M-40	25	02:09:02	03:43:01	06:10:22	08:07:17	10:49:46	11:56:23.70	+04:01:25 (33.7%)	9:30	6.3 (66.3%)
55	SZYMCZYK Michał	1077		M-40	26	02:10:03	03:40:57	06:15:49	08:10:54	10:43:29	11:56:33.45	+04:01:35 (33.7%)	9:30	6.3 (66.3%)
56	NOWAK Krystian	1055	NKB CHYŻY NOWY TOMYŚL	M-20	5	02:05:20	03:28:54	06:02:35	08:05:05	10:47:13	12:00:57.80	+04:06:00 (34.1%)	9:33	6.3 (66.3%)
57	SUSMARSKA Ewa	1112	TRIATHLONISTA TEAM/MUAY RUNNING TEAM	K-20	1	02:06:16	03:29:15	05:58:08	08:01:36	10:46:10	12:03:11.05	+04:08:13 (34.3%)	9:35	6.3 (66.3%)
58	MARUKIEWICZ Marek	1070	BIEGAMDLAZDROWIA.PL	M-30	16	02:10:09	03:41:22	06:07:35	07:55:38	10:41:13	12:03:54.45	+04:08:56 (34.4%)	9:36	6.2 (65.3%)
59	BONIKOWSKI Tomasz	1137		M-50	6	02:08:07	03:33:31	06:01:10	07:57:39	10:42:21	12:06:35.50	+04:11:37 (34.6%)	9:38	6.2 (65.3%)
60	DAWIDZIAK Arkadiusz	1005		M-30	17	02:02:55	03:30:59	05:56:46	07:54:34	10:45:47	12:10:25.05	+04:15:27 (35.0%)	9:41	6.2 (65.3%)
61	KWIECIŃSKI Norbert	1094		M-40	27	02:08:28	03:31:27	06:06:40	08:10:09	10:54:43	12:10:54.10	+04:15:56 (35.0%)	9:41	6.2 (65.3%)

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						15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	75.4km netto			
62	FEODORÓW Wojciech	1029	RESHAPERUNNERS	M-50	7	02:16:40	03:43:30	06:19:17	08:24:00	11:09:58	12:13:24.80	+04:18:27 (35.2%)	9:43	6.2 (65.3%)
63	OLESEK Magdalena	1050	BIEGOWA KUŹNIA	K-30	3	02:20:19	03:54:27	06:22:05	08:23:38	11:04:24	12:19:58.15	+04:25:00 (35.8%)	9:48	6.1 (64.2%)
64	KRYM Katarzyna	1136	NIGHT RUNNERS WROCLAW	K-40	4	02:20:55	03:52:06	06:25:01	08:24:47	11:07:24	12:20:23.35	+04:25:25 (35.8%)	9:49	6.1 (64.2%)
65	ŁAMPIKA Kinga	1139		K-40	5	02:20:58	03:52:10	06:25:02	08:24:53	11:07:24	12:20:27.50	+04:25:29 (35.9%)	9:49	6.1 (64.2%)
66	KRUK Wacław	1120	KB SOBÓTKA	M-50	8	02:21:34	03:56:18	06:31:58	08:36:37	11:12:21	12:21:13.80	+04:26:16 (35.9%)	9:49	6.1 (64.2%)
67	ZAWISZA Bartłomiej	1132	BRAK	M-20	6	02:01:55	03:27:01	05:58:53	08:14:56	11:08:06	12:22:19.50	+04:27:21 (36.0%)	9:50	6.1 (64.2%)
68	POPRAWSKI Mateusz	1063	KILIŃSKIEGO TEAM	M-30	18	02:12:35	03:40:00		08:19:39	11:07:24	12:24:23.65	+04:29:25 (36.2%)	9:52	6.1 (64.2%)
69	KOSMOWSKI Wiesław	1037		M-30	19	02:12:49	03:40:12	06:15:20	08:19:42	11:07:44	12:24:27.10	+04:29:29 (36.2%)	9:52	6.1 (64.2%)
70	KRYGIER Przemysław	1062		M-30	20	02:12:59	03:40:26	06:15:33	08:20:22	11:07:49	12:24:36.35	+04:29:38 (36.2%)	9:52	6.1 (64.2%)
71	KAROLCZAK Tomasz	1071	KILIŃSKIEGO TEAM	M-40	28	02:13:03	03:40:23	06:15:28	08:20:27	11:07:58	12:24:39.80	+04:29:42 (36.2%)	9:52	6.1 (64.2%)
72	MIELNIK Krzysztof	1115	LESZ NO LIMITS RUNNERS	M-40	29	02:14:15	03:45:35	06:24:25	08:25:36	11:06:06	12:26:08.20	+04:31:10 (36.3%)	9:53	6.1 (64.2%)
73	PARWA Michał	1000	BIEGIEM NA ROWER	M-30	21	02:06:54	03:32:33	06:05:16	08:12:48	11:17:30	12:35:02.55	+04:40:04 (37.1%)	10:00	6 (63.2%)
74	KÓZKA Przemco	1048	BIEGAM, BO NIE LUBIĘ	M-40	30	02:13:08	03:47:14	06:28:23	08:34:39	11:21:56	12:43:42.75	+04:48:45 (37.8%)	10:07	5.9 (62.1%)
75	STUDZIŃSKI Mateusz	1087		M-30	22	02:02:36	03:30:46	06:17:21	08:31:41	11:25:36	12:44:00.75	+04:49:03 (37.8%)	10:07	5.9 (62.1%)
76	WINNIK Ela	1114		K-30	4	02:07:55	03:34:33	06:04:40	08:26:24	11:24:59	12:46:21.85	+04:51:24 (38.0%)	10:09	5.9 (62.1%)
77	DAWIDZIAK Wojciech	1007		M-30	23	02:14:48	03:47:29	06:30:57	09:02:21	11:37:48	12:46:36.80	+04:51:39 (38.0%)	10:10	5.9 (62.1%)
78	JAMBOR Michał	1090	BRACTWO BIEGOWE BGK / ŻÓRAWSKI TEAM	M-40	31	02:26:49	04:01:17	06:46:07	09:01:01	11:46:54	12:47:46.85	+04:52:49 (38.1%)	10:10	5.9 (62.1%)
79	MODLISZEWSKI Dariusz	1085	ORANGE POLSKA	M-40	32	02:11:11	03:43:57	06:31:54	08:36:16	11:34:27	12:47:49.15	+04:52:51 (38.1%)	10:10	5.9 (62.1%)
80	PAWLAK Bartosz	1089		M-40	33	02:26:50	04:01:19	06:45:59	09:00:20	11:46:56	12:47:50.85	+04:52:53 (38.1%)	10:11	5.9 (62.1%)
81	CIUK Piotr	1035		M-40	34	02:26:57	04:01:26	06:46:07	09:01:00	11:47:00	12:47:54.50	+04:52:56 (38.1%)	10:11	5.9 (62.1%)
82	DĘBICKI Mariusz	1057		M-40	35	02:11:19	03:44:04	06:32:11	08:36:21	11:34:34	12:49:30.45	+04:54:32 (38.3%)	10:12	5.9 (62.1%)
83	REAUD Julien	1110	FRAPOL RAZEM!	M-40	36	02:30:46	04:08:47	06:46:13	08:52:38	11:26:40	12:51:29.05	+04:56:31 (38.4%)	10:13	5.9 (62.1%)
84	ROLICZ Tomasz	1119		M-40	37	02:18:27	03:56:29	06:48:41	08:56:24	11:43:31	12:52:38.35	+04:57:40 (38.5%)	10:14	5.9 (62.1%)

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						Z1_Karłów 15km	Z1_Karłów 25km	Batorówkek 41km	Z2_Karłów 51km	Skały 66km	75.4km			
85	MIKOŁAJCZYK Tomasz	1022	EXPLORADOR	M-40	38	02:18:14	03:58:27	06:51:47	08:57:51	11:40:48	12:53:16.45	+04:58:18 (38.6%)	10:15	5.9 (62.1%)
86	KUFERA Dariusz	1111	FRAPOL RAZEM!	M-40	39	02:30:44	04:08:45	06:46:02	08:52:36	11:42:50	12:55:13.70	+05:00:15 (38.7%)	10:16	5.8 (61.1%)
87	TYLMAN Piotr	1081	RUNDORFINA	M-30	24	02:15:15	03:52:08	06:34:41	08:43:29	11:44:24	13:01:02.50	+05:06:04 (39.2%)	10:21	5.8 (61.1%)
88	STAJNIAK-STELIGA Izabela	1099	OBORYGENI	K-40	6	02:29:30	04:04:45	06:41:21	08:48:27	11:48:13	13:02:48.85	+05:07:51 (39.3%)	10:22	5.8 (61.1%)
89	FELIŃSKI Jarosław	1104		M-50	9	02:13:37	03:44:01	06:24:57	08:31:05	11:32:53	13:02:54.85	+05:07:57 (39.3%)	10:22	5.8 (61.1%)
90	WRÓBEL Małgorzata	1067	OBORYGENI	K-30	5	02:29:44	04:04:55	06:41:31	08:48:34	11:48:20	13:02:55.45	+05:07:57 (39.3%)	10:23	5.8 (61.1%)
91	TKACZEW Paweł	1068	OBORYGENI	M-40	40	02:29:57	04:04:57	06:41:39	08:49:03	11:48:24	13:02:59.45	+05:08:01 (39.3%)	10:23	5.8 (61.1%)
92	STAWSKI Dariusz	1017	BIEGIEM PO PIWO	M-60	1	02:19:59	03:57:37	06:47:01	08:56:58	11:50:06	13:05:03.35	+05:10:05 (39.5%)	10:24	5.8 (61.1%)
93	GŁADYSZ Robert	1058	SCE24.PL	M-40	41	02:17:20	03:49:03	06:26:46	08:35:50	11:30:20	13:05:43.90	+05:10:46 (39.6%)	10:25	5.8 (61.1%)
94	KOSTRZEWSKI Sławomir	1144		M-40	42	02:15:01	03:43:21	06:33:16	08:41:58	11:31:46	13:07:09.40	+05:12:11 (39.7%)	10:26	5.7 (60.0%)
95	BIELEŃ Agnieszka	1041	MUAY RUNNING TEAM	K-30	6	02:19:02	03:57:18	06:43:20	08:55:24	11:45:25	13:09:21.40	+05:14:23 (39.8%)	10:28	5.7 (60.0%)
96	KARCZ Anna	1116	PIES TO BIEGAŁ	K-20	2	02:20:43	04:08:04	06:56:52	09:06:09	11:52:25	13:12:09.80	+05:17:12 (40.0%)	10:30	5.7 (60.0%)
97	PARZONKA Paweł	1061		M-40	43	02:18:36	03:57:16	06:43:00	09:07:03	11:57:17	13:17:02.95	+05:22:05 (40.4%)	10:34	5.7 (60.0%)
98	GĄSZCZAK Mariusz	1113	KS LENIWIEC	M-40	44	02:18:45	03:57:24	06:43:09	09:07:14	11:57:23	13:17:08.30	+05:22:10 (40.4%)	10:34	5.7 (60.0%)
99	POSMAN Rafał	1125		M-40	45	02:27:47	04:07:06	06:45:21	08:58:46	11:52:53	13:19:24.85	+05:24:27 (40.6%)	10:36	5.7 (60.0%)
100	MAŁKOWSKI Bogdan	1096	SPARTANIE DZIECIOM	M-50	10	02:23:13	04:09:15	07:05:45	09:14:33	12:10:44	13:28:38.55	+05:33:40 (41.3%)	10:43	5.6 (58.9%)
101	BASZCZYSZYN Artur	1131	KUDOWIANKA RUN	M-30	25	02:03:15	03:27:44	06:14:50	08:44:30	12:01:47	13:30:32.70	+05:35:34 (41.4%)	10:44	5.6 (58.9%)
102	ZIENIEWICZ Wojciech	1135		M-40	46	02:19:22	03:51:29	06:35:57	09:05:07	12:10:24	13:30:36.90	+05:35:39 (41.4%)	10:45	5.6 (58.9%)
103	MARKOWSKI Marek	1130	KS LENIWIEC	M-40	47	02:17:57	04:01:18	06:57:11	09:18:42	12:14:41	13:41:31.65	+05:46:33 (42.2%)	10:53	5.5 (57.9%)
104	KACZMAREK Mirosław	1088	RUNNER'S POWER	M-30	26	02:42:31	04:26:38	07:26:41	09:39:50	12:26:01	13:42:43.15	+05:47:45 (42.3%)	10:54	5.5 (57.9%)
105	MATUSZEWSKA Małgorzata	1002	RUNNER'S POWER ŚREM	K-40	7	02:42:36	04:26:42	07:26:39	09:39:51	12:26:03	13:42:47.70	+05:47:49 (42.3%)	10:54	5.5 (57.9%)
106	STANEK Bartosz	1078	PLEWISKA	M-30	27	02:17:15	04:05:22	07:00:10	09:29:19	12:28:31	13:43:59.25	+05:49:01 (42.4%)	10:55	5.5 (57.9%)
107	PRUCHNIEWSKA Agnieszka	1072	ROKIETNICA BIEGA	K-40	8	02:28:19	03:36:39	06:31:40	09:06:56	12:25:46	13:52:14.85	+05:57:17 (42.9%)	11:02	5.4 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka				Błędne	Czas	Różn	Tempo min/km	Tempo km/h
						15km	Z1_Karłów 25km	Batorówek 41km	Z2_Karłów 51km	Skały 66km	netto 75.4km			
108	LEŚNIK Wojciech	1074		M-50	11	02:33:06	04:21:53	07:16:31	09:33:16	12:29:12	13:55:40.45	+06:00:42 (43.2%)	11:04	5.4 (56.8%)
109	HETMAŃSKI Arek	1015	LOVELASY	M-30	28	02:27:55	04:08:05	07:09:48	09:38:03	12:39:59	14:22:00.05	+06:27:02 (44.9%)	11:25	5.2 (54.7%)
110	CZYŻ Łukasz	1064	ES TEAM	M-30	29	02:23:34	04:09:06	07:14:33	09:45:34	12:53:57	14:31:06.40	+06:36:08 (45.5%)	11:33	5.2 (54.7%)
111	GÓRCZYŃSKI Rafał	1053		M-40	48	02:31:58	04:12:06	07:24:08	09:49:38	13:07:21	14:43:33.30	+06:48:35 (46.2%)	11:43	5.1 (53.7%)
112	FILIPIAK Sebastian	1023	EKIPA LIPA	M-40	49	02:32:00	04:12:08	07:24:09	09:49:34	13:07:26	14:43:37.35	+06:48:39 (46.2%)	11:43	5.1 (53.7%)
113	ROGOWSKI Tomasz	1069	UMLAUT	M-30	30	02:22:49	04:05:19	07:09:34	09:38:46	13:02:13	14:49:55.60	+06:54:57 (46.6%)	11:48	5.1 (53.7%)
114	MARCINIAK Maciej	1138	MM-PROJEKT	M-40	50	02:30:50	04:10:29	07:34:44	10:06:11		14:50:36.95	+06:55:39 (46.7%)	11:48	5.1 (53.7%)
Przekroczony limit czasu: 15:00:00														
115	IGNASZEWSKA Marta	1108	1980	K-40	9	02:36:39	04:29:12	07:45:05	10:21:44		15:04:21.15	+07:09:23 (47.5%)	11:59	5 (52.6%)
116	WACHOWIAK Sebastian	1123	BIEGAJĄCE KREJZOLE	M-30	31	02:36:32	04:29:05	07:45:10	10:21:54		15:04:24.55	+07:09:26 (47.5%)	11:59	5 (52.6%)
117	BALIŃSKI Karol	1066	ULTRA DRAWSKI BIEGACZ	M-30	32			06:16:25				+	9:10	6.5 (68.4%)
	DWORNICKI Paweł	1027	ŻARY RUNNERS TEAM	M-40		02:04:21 DNF	03:20:55 DNF	05:28:26 DNF	07:14:44 DNF	DNF	DNF		-	- (0.0%)
	ZARODA Zbigniew	1045	WQURW TEAM	M-50		01:58:23 DNF	03:19:50 DNF	05:53:28 DNF	08:37:33 DNF	DNF	DNF		-	- (0.0%)
	MARSZALEK Jan	1083	ITMBW KRAKÓW	M-30		02:00:05 DNF	03:27:05 DNF	06:08:37 DNF	09:02:37 DNF	DNF	DNF		-	- (0.0%)
	ZARZECZNY Radosław	1044	JUNIOR AMATOR SUPERSTAR	M-30		02:26:46 DNF	04:08:28 DNF	07:09:49 DNF	10:09:07 DNF	DNF	DNF		-	- (0.0%)
	RAGHAVJEE Yashin	1126		M-40		DNF	DNF	06:47:38 DNF	DNF	DNF	DNF		-	- (0.0%)
	CYNIAK Marek	1127	EVERRUN	M-50		02:22:47 DNF	04:14:49 DNF	08:00:09 DNF	DNF	DNF	DNF		-	- (0.0%)
	HOFFMANN Grzegorz	1054	KOŚCIAN TEAM	M-40		02:36:57 DNF	04:35:13 DNF	08:08:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	GNIELKA Dawid	1095	ZAMKOWIEC TOSZEK	M-20		02:52:11 DNF	04:58:47 DNF	08:29:27 DNF	DNF	DNF	DNF		-	- (0.0%)
	JOKIEL Wojciech	1129	SPARTA ULTRA TEAM	M-30		01:42:30 DNF	02:57:08 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAKOWSKI Paweł	1034	ŻARY RUNNERS TEAM	M-40		01:57:09 DNF	03:11:40 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WOŹNIAK Paweł	1098	KLEP	M-40		01:59:21 DNF	03:24:36 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STAROŃ Tomasz	1105	MOCNA GRUPA CEZARA/SBRT WROCŁAW	M-40		02:00:49 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOCOT Sebastian	1093		M-40		02:07:05 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 130 wynik(ów)