

## SZTAFETA GÓRSKA - SOLO

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Kudowski Festiwal Biegowy  
Fundacja MARATONY GÓRSKIE  
2023-04-01  
Kudowa-Zdrój  
75,4 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
1	<b>MAŁYGA Grzegorz</b>	<b>2153</b>	RMT TEAM PRO	M-30	1	01:07:49	01:41:01	03:14:53	04:54:26	05:55:08	07:45:51	<b>08:38:05.85</b>	<b>08:38:05.85</b>		6:52	8.7 (100%)
2	<b>MRAZEK Jan</b>	<b>2016</b>	INOV-8 TEAM	M-40	1	01:09:50	01:46:35	03:19:07	04:55:36	05:55:24	07:44:50	<b>08:38:28.55</b>	<b>08:38:28.55</b>	+00:00:22 (0.1%)	6:52	8.7 (100%)
3	<b>PAWŁOWSKI Marcin</b>	<b>2200</b>		M-40	2	01:11:24	01:48:25	03:24:39	05:01:06	06:00:10	07:45:49	<b>08:43:02.05</b>	<b>08:43:02.05</b>	+00:04:56 (0.9%)	6:56	8.6 (98.9%)
4	<b>KACZMARCZYK Łukasz</b>	<b>2111</b>	ELITE RUNNERS	M-30	2	01:09:56	01:46:46	03:25:28	05:14:32	06:22:23	08:24:54	<b>09:25:09.85</b>	<b>09:25:09.85</b>	+00:47:04 (8.3%)	7:29	8 (92.0%)
5	<b>STROINSKI Daniel</b>	<b>2203</b>	ATTIQ TEAM	M-40	3	01:12:49	01:49:19	03:30:10	05:15:47	06:23:54	08:24:36	<b>09:30:14.35</b>	<b>09:30:14.35</b>	+00:52:08 (9.1%)	7:33	7.9 (90.8%)
6	<b>SKOCZYLAŚ Adrian</b>	<b>2189</b>	SKOCZYLIWLASY	M-30	3	01:11:33	01:48:39	03:30:50	05:24:27	06:35:51	08:43:39	<b>09:47:17.30</b>	<b>09:47:17.30</b>	+01:09:11 (11.8%)	7:47	7.7 (88.5%)
7	<b>KOZIEŁ Tomasz</b>	<b>2149</b>	#WAW_RZYN_TEAM	M-40	4	01:10:36	01:48:26	03:25:56	05:20:09	06:41:38	08:52:47	<b>09:52:35.45</b>	<b>09:52:35.45</b>	+01:14:29 (12.6%)	7:51	7.6 (87.4%)
8	<b>KLINCEWICZ Cezary</b>	<b>2199</b>		M-40	5	01:18:28	01:57:38	03:48:39	05:45:07	06:52:36	08:54:42	<b>10:05:53.65</b>	<b>10:05:53.65</b>	+01:27:47 (14.5%)	8:02	7.5 (86.2%)
9	<b>GRABOŚ Nina</b>	<b>2157</b>		K-40	1	01:22:47	02:03:54	04:01:05	05:56:22	07:07:24	09:16:20	<b>10:18:17.30</b>	<b>10:18:17.30</b>	+01:40:11 (16.2%)	8:12	7.3 (83.9%)
10	<b>WICHŁACZ Paweł</b>	<b>2181</b>	KB MANIAC POZNAŃ	M-40	6	01:22:50	02:02:22	03:53:32	05:53:50	07:06:39	09:21:52	<b>10:25:36.35</b>	<b>10:25:36.35</b>	+01:47:30 (17.2%)	8:17	7.2 (82.8%)
11	<b>ŚCIESZKA Wojciech</b>	<b>2059</b>	13 ELT KRAKÓW-BALICE	M-50	1	01:15:15	01:55:00	03:46:22	05:44:02	06:53:20	09:34:36	<b>10:41:26.30</b>	<b>10:41:26.30</b>	+02:03:20 (19.2%)	8:30	7.1 (81.6%)
12	<b>RINK Jan</b>	<b>2115</b>		M-40	7	01:20:03	01:58:37	03:56:14	06:08:05	07:27:02	09:39:52	<b>10:42:05.25</b>	<b>10:42:05.25</b>	+02:03:59 (19.3%)	8:30	7 (80.5%)
13	<b>CIESIELSKI Michał</b>	<b>2125</b>	ADIDAS RUNNERS WARSAW	M-30	4	01:15:11	01:56:50	03:49:26	05:53:18	07:08:38	09:36:26	<b>10:58:28.55</b>	<b>10:58:28.55</b>	+02:20:22 (21.3%)	8:43	6.9 (79.3%)
14	<b>MIGDAL Michał</b>	<b>2142</b>	MARKOWI BIEGACZE	M-30	5	01:21:15	02:02:32	03:57:05	06:11:53	07:33:30	09:55:03	<b>11:01:23.10</b>	<b>11:01:23.10</b>	+02:23:17 (21.7%)	8:46	6.8 (78.2%)
15	<b>WACHAŁA Damian</b>	<b>2154</b>		M-30	6	01:27:21	02:10:41	04:13:15	06:24:42	07:40:59	10:04:26	<b>11:09:16.05</b>	<b>11:09:16.05</b>	+02:31:10 (22.6%)	8:52	6.8 (78.2%)
16	<b>SKROBAŃSKI Roman</b>	<b>2124</b>	SKROBKITEAM	M-40	8	01:16:25	01:56:02	03:52:04	06:02:24	07:28:01	09:48:28	<b>11:09:55.15</b>	<b>11:09:55.15</b>	+02:31:49 (22.7%)	8:53	6.8 (78.2%)
17	<b>MOKRYCKI Krystian</b>	<b>2198</b>		M-40	9	01:30:01	02:15:27	04:13:52	06:24:20	07:41:19	10:02:59	<b>11:13:09.60</b>	<b>11:13:09.60</b>	+02:35:03 (23.0%)	8:55	6.7 (77.0%)
18	<b>LIPIŃSKI Marek</b>	<b>2190</b>		M-40	10	01:16:37	01:57:18	03:51:40	06:02:19	07:27:28	09:57:48	<b>11:13:54.45</b>	<b>11:13:54.45</b>	+02:35:48 (23.1%)	8:56	6.7 (77.0%)
19	<b>PIETRYSZYN Emil</b>	<b>2021</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	7	01:23:28	02:05:05	04:10:11	06:19:29	07:39:04	10:04:37	<b>11:14:57.40</b>	<b>11:14:57.40</b>	+02:36:51 (23.2%)	8:57	6.7 (77.0%)
20	<b>WĘDRASZEK Krystian</b>	<b>2167</b>		M-40	11	01:21:25	02:04:00	03:58:09	06:10:23	07:29:57	10:02:40	<b>11:15:32.85</b>	<b>11:15:32.85</b>	+02:37:27 (23.3%)	8:57	6.7 (77.0%)
21	<b>WARDZYŃSKI Łukasz</b>	<b>2151</b>		M-40	12	01:24:39	02:06:02	04:11:28	06:24:59	07:48:02	10:22:42	<b>11:25:42.95</b>	<b>11:25:42.95</b>	+02:47:37 (24.4%)	9:05	6.6 (75.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
22	<b>KRUPA Marcin</b>	<b>2172</b>	AKTYWNA NOWA RUDA	M-40	13	01:16:33	01:57:21	04:02:51	06:22:46	07:41:47	10:20:56	<b>11:31:17.75</b>	<b>11:31:17.75</b>	+02:53:11 (25.1%)	9:10	6.5 (74.7%)
23	<b>SĘK Maciej</b>	<b>2061</b>	#DWAZOMBIAKI	M-40	14	01:24:14	02:07:21	04:08:37	06:19:35	07:43:10	10:19:37	<b>11:33:46.40</b>	<b>11:33:46.40</b>	+02:55:40 (25.3%)	9:12	6.5 (74.7%)
24	<b>WOJTCZAK Mariusz</b>	<b>2183</b>		M-40	15	01:24:22	02:06:41	04:04:41	06:16:07	07:39:27	10:23:41	<b>11:38:20.50</b>	<b>11:38:20.50</b>	+03:00:14 (25.8%)	9:15	6.5 (74.7%)
25	<b>WOJCIECHOWSKI Przemysław</b>	<b>2122</b>	CHAMPIONMAN TEAM	M-30	8	01:20:14	02:02:40	04:06:05	06:26:43	07:52:21	10:24:22	<b>11:41:43.35</b>	<b>11:41:43.35</b>	+03:03:37 (26.2%)	9:18	6.4 (73.6%)
25	<b>LISIECKI Tomasz</b>	<b>2178</b>	TRZYNASTKA PLUS	M-40	16	01:25:08	02:10:18	04:13:44	06:26:44	07:52:19	10:25:20	<b>11:41:43.35</b>	<b>11:41:43.35</b>	+03:03:37 (26.2%)	9:18	6.4 (73.6%)
27	<b>FILIPEK Wojciech</b>	<b>2162</b>		M-30	9	01:13:46	01:53:57	03:45:39	06:10:49	07:37:37	10:25:35	<b>11:44:21.25</b>	<b>11:44:21.25</b>	+03:06:15 (26.4%)	9:20	6.4 (73.6%)
28	<b>MAZUREK Roman</b>	<b>2128</b>		M-40	17	01:26:53	02:10:53	04:18:49	06:41:39	08:13:14	10:37:21	<b>11:44:58.60</b>	<b>11:44:58.60</b>	+03:06:52 (26.5%)	9:20	6.4 (73.6%)
29	<b>WRÓBLEWSKI Piotr</b>	<b>2174</b>	LITWIN SPORTS	M-30	10	01:25:11	02:05:42	04:01:01	06:18:14	08:12:30	10:36:58	<b>11:45:21.35</b>	<b>11:45:21.35</b>	+03:07:15 (26.5%)	9:21	6.4 (73.6%)
30	<b>CHWEDCZUK Robert</b>	<b>2012</b>	ŻÓRAWSKI TEAM	M-30	11	01:16:08	01:56:40	03:56:33	06:17:11	07:48:16	10:33:57	<b>11:46:03.20</b>	<b>11:46:03.20</b>	+03:07:57 (26.6%)	9:21	6.4 (73.6%)
31	<b>IWAŃCIÓW Katarzyna</b>	<b>2068</b>	PLANYBIEGOWE.PL	K-30	1	01:27:35	02:11:46	04:34:34	06:50:42	08:10:50	10:41:50	<b>11:46:09.95</b>	<b>11:46:09.95</b>	+03:08:04 (26.6%)	9:21	6.4 (73.6%)
32	<b>GORCZYŃSKI Norbert</b>	<b>2007</b>	KUDOWIANKA RUN	M-20	1	01:31:12	02:19:55	04:29:49	06:48:54	08:10:09	10:38:46	<b>11:46:25.10</b>	<b>11:46:25.10</b>	+03:08:19 (26.7%)	9:22	6.4 (73.6%)
33	<b>BORÓWKA Ryszard</b>	<b>2196</b>		M-40	18	01:30:11	02:15:50	04:26:43	06:44:06	08:04:17	10:32:56	<b>11:46:58.80</b>	<b>11:46:58.80</b>	+03:08:52 (26.7%)	9:22	6.4 (73.6%)
34	<b>WIJATYK Adrian</b>	<b>2184</b>	KLUCZBORSKA GRUPA BIEGOWA	M-30	12	01:26:43	02:12:26	04:17:30	06:38:57	08:10:11	10:39:08	<b>11:47:14.50</b>	<b>11:47:14.50</b>	+03:09:08 (26.7%)	9:22	6.4 (73.6%)
35	<b>ŚLIŻ Sylwia</b>	<b>2123</b>	RUN_TO_BE_ULTRA	K-30	2	01:35:48	02:22:27	04:26:44	06:38:43	07:58:21	10:33:45	<b>11:49:00.65</b>	<b>11:49:00.65</b>	+03:10:54 (26.9%)	9:24	6.4 (73.6%)
36	<b>DEFECIŃSKI Radosław</b>	<b>2152</b>	LUNATYCY	M-50	2	01:30:12	02:16:44	04:28:14	06:49:34	08:13:30	10:46:08	<b>11:51:26.75</b>	<b>11:51:26.75</b>	+03:13:20 (27.2%)	9:26	6.4 (73.6%)
37	<b>MARZEC Karolina</b>	<b>2096</b>	DZIKIE DZIKI GORZÓW	K-40	2	01:27:56	02:11:47	04:34:33	06:50:49	08:10:52	10:45:00	<b>11:58:24.85</b>	<b>11:58:24.85</b>	+03:20:19 (27.9%)	9:31	6.3 (72.4%)
38	<b>OSTROWSKI Marcin</b>	<b>2098</b>	SZCZYT ZA SZCZYTEM	M-30	13	01:36:16	02:24:16	04:32:35	06:46:15	08:13:34	10:45:17	<b>11:58:36.55</b>	<b>11:58:36.55</b>	+03:20:30 (27.9%)	9:31	6.3 (72.4%)
39	<b>DASZEWSKI Filip</b>	<b>2135</b>	ICT POLAND	M-20	2	01:31:11	02:16:28	04:27:08	06:57:21	08:24:02	10:56:38	<b>12:02:45.35</b>	<b>12:02:45.35</b>	+03:24:39 (28.3%)	9:35	6.3 (72.4%)
40	<b>SKROBAŁA Dariusz</b>	<b>2161</b>	KB SOBÓTKA	M-40	19	01:29:59	02:17:02	04:24:40	06:43:42	08:04:59	10:47:09	<b>12:08:28.95</b>	<b>12:08:28.95</b>	+03:30:23 (28.9%)	9:39	6.2 (71.3%)
41	<b>DWORNIKOWSKI Zbigniew</b>	<b>2023</b>		M-50	3	01:28:24	02:15:52	04:31:55	06:55:04	08:24:02	10:59:00	<b>12:22:50.85</b>	<b>12:22:50.85</b>	+03:44:45 (30.3%)	9:51	6.1 (70.1%)
42	<b>HAKKE Gosia</b>	<b>2025</b>	BIEGAMDLAZDROWIA.PL	K-40	3	01:35:50	02:22:47	04:27:05	06:44:02	08:14:10	10:57:59	<b>12:23:43.50</b>	<b>12:23:43.50</b>	+03:45:37 (30.3%)	9:51	6.1 (70.1%)
43	<b>WASILEWSKI Marcin</b>	<b>2014</b>		M-30	14	01:34:28	02:22:38	04:26:39	06:48:25	08:15:00	11:04:43	<b>12:26:24.10</b>	<b>12:26:24.10</b>	+03:48:18 (30.6%)	9:53	6.1 (70.1%)
44	<b>PONČOVÁ Eva</b>	<b>2043</b>	RUNSPORT TEAM	K-40	4	01:30:10	02:21:48	04:35:25	06:58:41	08:24:31	11:05:48	<b>12:28:00.25</b>	<b>12:28:00.25</b>	+03:49:54 (30.7%)	9:55	6 (69.0%)
45	<b>KUBA Martin</b>	<b>2101</b>	POBĚHLÍCI	M-50	4	01:30:15	02:17:20	04:29:39	06:58:07	08:25:31	11:10:07	<b>12:28:41.95</b>	<b>12:28:41.95</b>	+03:50:36 (30.8%)	9:55	6 (69.0%)
46	<b>RĘBIAŁKOWSKI Jakub</b>	<b>2027</b>	RNB TEAM POLANICA ZDRÓJ	M-30	15	01:42:00	02:32:56	04:56:04	07:18:49	08:46:03	11:28:23	<b>12:37:20.10</b>	<b>12:37:20.10</b>	+03:59:14 (31.6%)	10:02	6 (69.0%)
46	<b>ŚWIAT Paweł</b>	<b>2121</b>	RNB TEAM POLANICA ZDRÓJ	M-30	15	01:42:02	02:32:58	04:56:10	07:18:54	08:46:07	11:28:22	<b>12:37:20.10</b>	<b>12:37:20.10</b>	+03:59:14 (31.6%)	10:02	6 (69.0%)
48	<b>SZELAĞ Dariusz</b>	<b>2084</b>	LISY PUSTYNI	M-40	20	01:41:12	02:32:41	04:56:12	07:20:17	08:47:21	11:23:08	<b>12:38:49.20</b>	<b>12:38:49.20</b>	+04:00:43 (31.7%)	10:03	6 (69.0%)
49	<b>WOJCIECHOWSKI Krzysztof</b>	<b>2029</b>	RADLINIOKI W BIEGU	M-40	21	01:42:18	02:34:29	05:00:22	07:26:10	08:51:53	11:29:39	<b>12:45:58.30</b>	<b>12:45:58.30</b>	+04:07:52 (32.4%)	10:09	5.9 (67.8%)
50	<b>ŻUREK-KRÓL Żaneta</b>	<b>2004</b>	BIAŁOBRZESKI TEAM	K-40	5	01:36:22	02:31:27	05:02:26	07:34:47	09:01:53	11:40:13	<b>12:53:23.70</b>	<b>12:53:23.70</b>	+04:15:17 (33.0%)	10:15	5.8 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
51	<b>GORYNIA Hubert</b>	<b>2064</b>		M-30	17	01:29:53	02:21:53	04:38:43	07:14:47	08:42:37	11:34:27	<b>12:54:07.00</b>	<b>12:54:07.00</b>	+04:16:01 (33.1%)	10:16	5.8 (66.7%)
52	<b>DVOŘÁK Radek</b>	<b>2105</b>	POBĚHLÍCI	M-40	22	01:33:31	02:21:58	04:42:41	07:25:30	08:59:02	11:47:15	<b>12:59:26.30</b>	<b>12:59:26.30</b>	+04:21:20 (33.5%)	10:20	5.8 (66.7%)
53	<b>PASTUSZEŃKO Ewa</b>	<b>2201</b>	IN MY TREE/PEARL JAM	K-40	6	01:37:24	02:33:13	04:56:33	07:21:35	08:49:27	11:39:29	<b>13:00:36.30</b>	<b>13:00:36.30</b>	+04:22:30 (33.6%)	10:21	5.8 (66.7%)
54	<b>GADOMSKI Radosław</b>	<b>2006</b>	ŻÓRAWSKI TEAM	M-40	23	01:24:31	02:12:09	04:28:23	07:03:06	08:36:07	11:40:34	<b>13:00:36.35</b>	<b>13:00:36.35</b>	+04:22:30 (33.6%)	10:21	5.8 (66.7%)
55	<b>BURA Krystian</b>	<b>2100</b>	#BIEGAJLESZNO	M-30	18	01:26:52	02:16:22	04:38:58	07:15:16	08:48:23	11:46:17	<b>13:01:18.20</b>	<b>13:01:18.20</b>	+04:23:12 (33.7%)	10:21	5.8 (66.7%)
56	<b>KRYM Katarzyna</b>	<b>2088</b>		K-40	7	01:35:55	02:27:51	04:46:27	07:18:33	08:49:53	11:44:11	<b>13:04:17.10</b>	<b>13:04:17.10</b>	+04:26:11 (33.9%)	10:24	5.8 (66.7%)
57	<b>ORŁOWSKI Kacper</b>	<b>2146</b>	SEKCJA BOKSU WKS ŚLĄSK	M-30	19	01:21:23	02:09:46	04:40:16	07:18:10	08:52:42	11:55:40	<b>13:06:15.25</b>	<b>13:06:15.25</b>	+04:28:09 (34.1%)	10:25	5.8 (66.7%)
58	<b>ANTKOWIAK Michał</b>	<b>2080</b>	W POGONI ZA MARZENIAMI M&M	M-30	20	01:38:24	02:28:15	04:45:39	07:17:03	08:49:09	11:45:45	<b>13:08:07.85</b>	<b>13:08:07.85</b>	+04:30:02 (34.3%)	10:27	5.7 (65.5%)
59	<b>ANTKOWIAK Monika</b>	<b>2079</b>	W POGONI ZA MARZENIAMI M&M	K-30	3	01:38:22	02:28:14	04:45:38	07:17:03	08:49:08	11:45:44	<b>13:08:08.05</b>	<b>13:08:08.05</b>	+04:30:02 (34.3%)	10:27	5.7 (65.5%)
60	<b>BUCZYŃSKI Arkadiusz</b>	<b>2143</b>		M-40	24	01:40:10	02:28:46	04:47:37	07:26:22	09:04:28	11:47:56	<b>13:10:20.50</b>	<b>13:10:20.50</b>	+04:32:14 (34.4%)	10:28	5.7 (65.5%)
61	<b>PROCHÁZKA Rudolf</b>	<b>2060</b>	ULTRA TRAIL RUNNERS	M-40	25	01:41:01	02:33:51	04:50:23	07:16:29	08:51:06	11:47:19	<b>13:10:47.70</b>	<b>13:10:47.70</b>	+04:32:41 (34.5%)	10:29	5.7 (65.5%)
62	<b>CIURASZKIEWICZ Andrzej</b>	<b>2168</b>		M-40	26	01:40:15	02:31:57	04:53:02	07:30:39	09:08:13	12:02:37	<b>13:17:05.60</b>	<b>13:17:05.60</b>	+04:38:59 (35.0%)	10:34	5.7 (65.5%)
63	<b>IGNASZEWSKI Michał</b>	<b>2091</b>	BIEGAJĄCE KREJZOLE	M-40	27	01:36:35	02:35:47	05:00:56	07:30:54	09:06:49	11:57:08	<b>13:18:15.80</b>	<b>13:18:15.80</b>	+04:40:09 (35.1%)	10:35	5.7 (65.5%)
64	<b>KURASZKIEWICZ Błażej</b>	<b>2011</b>		M-40	28	01:26:56	02:11:35	04:17:53	06:50:12	08:23:22	11:47:40	<b>13:18:43.90</b>	<b>13:18:43.90</b>	+04:40:38 (35.1%)	10:35	5.7 (65.5%)
65	<b>PIETRZAK Sławomir</b>	<b>2073</b>		M-40	29	01:40:28	02:32:24	04:57:09	07:26:43	08:59:36	11:47:31	<b>13:22:47.00</b>	<b>13:22:47.00</b>	+04:44:41 (35.5%)	10:38	5.6 (64.4%)
66	<b>PAWLAK Bartosz</b>	<b>2003</b>	RUN AND FLY	M-40	30	01:33:28	02:22:03	04:48:24	07:20:19	08:53:36	11:58:31	<b>13:25:04.45</b>	<b>13:25:04.45</b>	+04:46:58 (35.6%)	10:40	5.6 (64.4%)
67	<b>JAMBOR Michał</b>	<b>2009</b>	ŻÓRAWSKI TEAM	M-40	31	01:30:03	02:22:03	04:48:26	07:20:55	08:53:12	11:58:07	<b>13:25:04.65</b>	<b>13:25:04.65</b>	+04:46:58 (35.6%)	10:40	5.6 (64.4%)
68	<b>SZACHEWICZ Sławomir</b>	<b>2216</b>	NOA	M-40	32	01:36:28	02:30:36	04:44:24	07:15:38	08:49:37	11:55:43	<b>13:26:36.05</b>	<b>13:26:36.05</b>	+04:48:30 (35.8%)	10:41	5.6 (64.4%)
69	<b>SZCZECIŃSKI Piotr</b>	<b>2165</b>		M-40	33	01:28:33	02:17:34	04:39:03	07:15:05	08:48:22	11:54:13	<b>13:27:13.35</b>	<b>13:27:13.35</b>	+04:49:07 (35.8%)	10:42	5.6 (64.4%)
70	<b>BRONCZAK Tomasz</b>	<b>2164</b>	LUBIEPODGORKE	M-40	34	01:28:31	02:17:33	04:39:07	07:15:11	08:48:27	11:53:57	<b>13:27:13.55</b>	<b>13:27:13.55</b>	+04:49:07 (35.8%)	10:42	5.6 (64.4%)
71	<b>CHODKIEWICZ Tomasz</b>	<b>2055</b>	GARDENFLORA MTB TEAM	M-40	35	01:34:32	02:24:54	04:54:14	07:39:22	09:17:30	12:06:22	<b>13:27:43.75</b>	<b>13:27:43.75</b>	+04:49:37 (35.9%)	10:42	5.6 (64.4%)
72	<b>NOWAK Krzysztof</b>	<b>2173</b>		M-50	5	01:36:19	02:29:55	04:49:13	07:25:20	09:00:29	12:06:52	<b>13:28:55.10</b>	<b>13:28:55.10</b>	+04:50:49 (36.0%)	10:43	5.6 (64.4%)
73	<b>LISIECKI Tomasz</b>	<b>2031</b>		M-30	21	01:35:53	02:30:05	04:51:58	07:25:25	08:59:06	12:09:00	<b>13:29:10.55</b>	<b>13:29:10.55</b>	+04:51:04 (36.0%)	10:43	5.6 (64.4%)
74	<b>SKRZYPCZAK Łukasz</b>	<b>2070</b>	WATAHA - ŁĄCZY NAS BIEGANIE	M-40	36	01:29:56	02:22:28	04:39:18	07:19:20	08:55:00	12:14:11	<b>13:32:47.10</b>	<b>13:32:47.10</b>	+04:54:41 (36.3%)	10:46	5.6 (64.4%)
75	<b>KASPERSKI Tomasz</b>	<b>2071</b>		M-40	37	01:29:55	02:22:22	04:39:22	07:19:19	08:54:58	12:14:10	<b>13:32:47.20</b>	<b>13:32:47.20</b>	+04:54:41 (36.3%)	10:46	5.6 (64.4%)
76	<b>TROCHANOWSKI Krystian</b>	<b>2090</b>	ŁEMKOWIE	M-30	22	01:40:55	02:36:04	04:47:52	07:21:40	08:58:59	12:14:13	<b>13:33:19.60</b>	<b>13:33:19.60</b>	+04:55:13 (36.3%)	10:47	5.6 (64.4%)
77	<b>KOSSOWICZ Krzysztof</b>	<b>2176</b>		M-50	6	01:32:09	02:22:50	04:39:25	07:16:39	08:54:04	11:59:30	<b>13:33:51.15</b>	<b>13:33:51.15</b>	+04:55:45 (36.3%)	10:47	5.6 (64.4%)
78	<b>LISOWSKI Grzegorz</b>	<b>2067</b>		M-40	38	01:40:38	02:35:24	05:01:43	07:34:33	09:10:59	12:07:59	<b>13:35:31.90</b>	<b>13:35:31.90</b>	+04:57:26 (36.5%)	10:48	5.5 (63.2%)
79	<b>RADZIWOŃ Anna</b>	<b>2113</b>	GRUPA NIENACHALNIE HEROICZNA	K-40	8	01:40:09	02:33:40	04:55:52	07:29:18	08:59:00	12:03:50	<b>13:38:27.90</b>	<b>13:38:27.90</b>	+05:00:22 (36.7%)	10:51	5.5 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
80	ŁUKASIK Marcin	2008	BIEGNIJ OŁAWO	M-40	39	01:30:05	02:16:44	04:24:14	06:39:23	08:10:33	12:26:33	<b>13:38:42.35</b>	<b>13:38:42.35</b>	+05:00:36 (36.7%)	10:51	5.5 (63.2%)
81	CIUK Piotr	2032		M-40	40	02:04:20	02:59:44	05:29:31	08:04:53	09:42:23	12:26:55	<b>13:39:26.70</b>	<b>13:39:26.70</b>	+05:01:20 (36.8%)	10:52	5.5 (63.2%)
82	DEINIUK Roman	2024		M-30	23	01:41:31	02:33:12	04:58:02	07:40:36	09:17:19	12:16:28	<b>13:41:59.25</b>	<b>13:41:59.25</b>	+05:03:53 (37.0%)	10:54	5.5 (63.2%)
83	JURDZIAK Jakub	2041		M-40	41	01:35:57	02:22:54	04:38:00	07:08:41	08:56:39	12:03:17	<b>13:45:22.35</b>	<b>13:45:22.35</b>	+05:07:16 (37.2%)	10:56	5.5 (63.2%)
84	JĘDRUSZCZAK Robert	2138	BICYKL PIASECZNO	M-40	42	01:33:25	02:25:05	04:48:35	07:26:09	08:59:38	12:12:02	<b>13:47:07.20</b>	<b>13:47:07.20</b>	+05:09:01 (37.4%)	10:58	5.5 (63.2%)
85	KOWALSKI Andrzej	2169		M-60	1	01:40:17	02:32:29	04:54:45	07:30:34	09:08:12	12:17:04	<b>13:48:00.00</b>	<b>13:48:00.00</b>	+05:09:54 (37.4%)	10:58	5.5 (63.2%)
86	NALEWAJKO Jacek	2054	#BIEGAJLESZNO	M-40	43	01:36:45	02:29:13	04:51:36	07:31:28	09:05:54	12:12:08	<b>13:48:39.15</b>	<b>13:48:39.15</b>	+05:10:33 (37.5%)	10:59	5.5 (63.2%)
87	GARSTKA Zbigniew	2177		M-40	44	01:40:51	02:35:53	05:02:51	07:41:31	09:17:53	12:19:35	<b>13:49:01.70</b>	<b>13:49:01.70</b>	+05:10:55 (37.5%)	10:59	5.5 (63.2%)
88	JINDŘÍŠEK Martin	2104	POBĚHLÍCI	M-50	7	01:40:53	02:36:30	05:01:56	07:46:05	09:27:48	12:25:10	<b>13:49:24.55</b>	<b>13:49:24.55</b>	+05:11:18 (37.5%)	11:00	5.5 (63.2%)
89	ROMAŃSKA Karolina	2118	RK ATHLETICS WARSZAWA	K-30	4	01:31:18	02:22:12	04:51:47	07:30:53	09:12:07	12:19:53	<b>13:50:29.95</b>	<b>13:50:29.95</b>	+05:12:24 (37.6%)	11:00	5.4 (62.1%)
90	ŚLUSARZ Tomasz	2082	DIEHL CONTROLS	M-30	24	01:43:51	02:35:35	04:54:51	07:35:16	09:17:51	12:24:13	<b>13:50:59.60</b>	<b>13:50:59.60</b>	+05:12:53 (37.7%)	11:01	5.4 (62.1%)
91	KRÓL Marcin	2210		M-40	45	01:40:36	02:34:36	04:49:48	07:26:35	09:08:42	12:15:06	<b>13:54:19.60</b>	<b>13:54:19.60</b>	+05:16:13 (37.9%)	11:03	5.4 (62.1%)
92	ANDRZEJCZUK Marzena	2179	SAMASOBIE	K-40	9	01:42:20	02:35:15	05:01:08	07:41:12	09:18:11	12:30:01	<b>13:56:10.85</b>	<b>13:56:10.85</b>	+05:18:05 (38.0%)	11:05	5.4 (62.1%)
93	JARUS Andrzej	2132	POLISH_WINGS	M-50	8	01:40:43	02:32:30	05:02:00	07:41:43	09:17:36	12:28:01	<b>13:57:15.55</b>	<b>13:57:15.55</b>	+05:19:09 (38.1%)	11:06	5.4 (62.1%)
94	BILEK Paweł	2193		M-60	2	01:34:54	02:30:19	04:55:07	07:28:14	09:04:07	12:33:36	<b>14:00:48.90</b>	<b>14:00:48.90</b>	+05:22:43 (38.4%)	11:09	5.4 (62.1%)
95	JAKUBCZYK Rafał	2028	TRIBOYS	M-40	46	01:41:25	02:40:19	05:10:28	07:41:59	09:29:45	12:38:33	<b>14:02:34.35</b>	<b>14:02:34.35</b>	+05:24:28 (38.5%)	11:10	5.4 (62.1%)
96	CHUDA Aneta	2089		K-40	10	01:41:00	02:36:04	05:00:06	07:33:46	09:25:01	12:32:00	<b>14:03:12.30</b>	<b>14:03:12.30</b>	+05:25:06 (38.6%)	11:10	5.4 (62.1%)
97	WIELOCH Andrzej	2099	ZRYW PARZYMIECHY	M-50	9	01:35:50	02:30:54	05:02:49	07:55:56	09:36:14	12:44:45	<b>14:03:40.55</b>	<b>14:03:40.55</b>	+05:25:34 (38.6%)	11:11	5.4 (62.1%)
98	CHOLEWA Zbigniew	2074	LISY PUSTYNI	M-40	47	01:43:25	02:38:37	05:14:11	07:55:34	09:29:58	12:33:25	<b>14:03:45.40</b>	<b>14:03:45.40</b>	+05:25:39 (38.6%)	11:11	5.4 (62.1%)
99	DZIUBA Piotr	2206		M-40	48	01:38:27	02:31:25	05:07:51	08:01:00	09:36:34	12:46:12	<b>14:05:01.65</b>	<b>14:05:01.65</b>	+05:26:55 (38.7%)	11:12	5.4 (62.1%)
100	KOBYŁKA Marek	2044	SUPERMARATON KALISZ	M-50	10	01:36:27	02:32:06	05:02:55	07:48:40	09:27:46	12:33:45	<b>14:05:46.30</b>	<b>14:05:46.30</b>	+05:27:40 (38.7%)	11:13	5.3 (60.9%)
101	ŁASKARZEWSKI Jarosław	2106		M-50	11	01:43:59	02:39:51	05:09:53	07:55:48	09:36:23	12:34:50	<b>14:06:04.40</b>	<b>14:06:04.40</b>	+05:27:58 (38.8%)	11:13	5.3 (60.9%)
102	DUBIEL Agnieszka	2110		K-40	11	01:44:04	02:39:56	05:09:57	07:56:00	09:36:31	12:34:55	<b>14:06:04.60</b>	<b>14:06:04.60</b>	+05:27:58 (38.8%)	11:13	5.3 (60.9%)
103	CIECIUCH Maciej	2213	RNB TEAM POLANICA ZDRÓJ	M-40	49	12:45:42						<b>14:09:05.00</b>	<b>14:09:05.00</b>	+05:30:59 (39.0%)	11:15	5.3 (60.9%)
104	KICH Marek	2175	SATISFLY	M-30	25	01:43:26	02:40:53	05:07:59	07:51:13	09:40:04	12:33:08	<b>14:09:22.30</b>	<b>14:09:22.30</b>	+05:31:16 (39.0%)	11:15	5.3 (60.9%)
105	RODEWALD Piotr	2155		M-40	50	01:36:13	02:28:59	04:57:46	07:39:39	09:17:25	12:29:10	<b>14:10:09.55</b>	<b>14:10:09.55</b>	+05:32:03 (39.1%)	11:16	5.3 (60.9%)
106	KROCZYŃSKI Sławomir	2065	BIEGOLAS KOSZALIN- KOŁOBRZEG	M-60	3	01:34:26	02:34:51	05:03:37	07:41:18	09:29:56	12:40:18	<b>14:10:30.60</b>	<b>14:10:30.60</b>	+05:32:24 (39.1%)	11:16	5.3 (60.9%)
107	RYCHLIK Sebastian	2063	LISY PUSTYNI	M-40	51	01:47:07	02:48:04	05:19:10	08:11:43	09:43:36	12:46:09	<b>14:14:15.40</b>	<b>14:14:15.40</b>	+05:36:09 (39.4%)	11:19	5.3 (60.9%)
108	TRĄBAŁA Adam	2194		M-50	12	01:42:24	02:48:48	05:18:58	08:07:16	09:46:52	12:52:41	<b>14:14:53.70</b>	<b>14:14:53.70</b>	+05:36:47 (39.4%)	11:20	5.3 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
109	<b>DOMAŃSKI Jarosław</b>	<b>2107</b>	BIEGAMDLAZDROWIA.PL / ŚWIERZAWA	M-50	13	01:38:26	02:29:21	04:45:30	07:43:04	09:27:45	12:45:31	<b>14:20:34.40</b>	<b>14:20:34.40</b>	+05:42:28 (39.8%)	11:24	5.3 (60.9%)
110	<b>MITIS Marek</b>	<b>2087</b>		M-30	26	01:44:58	02:37:52	04:59:16	07:51:28	09:33:25	12:41:56	<b>14:21:31.50</b>	<b>14:21:31.50</b>	+05:43:25 (39.9%)	11:25	5.3 (60.9%)
111	<b>KOZIOŁ Krzysztof</b>	<b>2136</b>		M-40	52	01:46:21	02:43:26	05:12:39	07:52:11	09:34:44	12:39:55	<b>14:21:57.35</b>	<b>14:21:57.35</b>	+05:43:51 (39.9%)	11:25	5.2 (59.8%)
112	<b>UJEJSKA Danuta</b>	<b>2139</b>	#BIEGAJLESZNO	K-40	12	01:41:08	02:35:34	05:02:59	07:48:37	09:27:40	12:45:46	<b>14:23:02.50</b>	<b>14:23:02.50</b>	+05:44:56 (40.0%)	11:26	5.2 (59.8%)
113	<b>RUDY Rafał</b>	<b>2158</b>	#ULTRARODZINKA	M-30	27	01:29:50	02:18:18	04:50:41	07:51:00	09:41:02	12:45:48	<b>14:24:40.35</b>	<b>14:24:40.35</b>	+05:46:34 (40.1%)	11:28	5.2 (59.8%)
114	<b>ŁOPOKA Przemek</b>	<b>2133</b>		M-30	28	01:34:07	02:28:48	04:45:57	07:35:21	09:31:58	12:46:09	<b>14:28:01.70</b>	<b>14:28:01.70</b>	+05:49:55 (40.3%)	11:30	5.2 (59.8%)
115	<b>SCHULZE Jörg</b>	<b>2147</b>	DAV ZITTAU	M-60	4	01:44:54	02:39:05	05:16:00	08:02:10	09:41:05	12:48:49	<b>14:28:49.00</b>	<b>14:28:49.00</b>	+05:50:43 (40.4%)	11:31	5.2 (59.8%)
116	<b>NOWAK Piotr</b>	<b>2140</b>		M-40	53	01:40:20	02:29:28	04:52:22	07:32:40	09:24:42	12:45:54	<b>14:33:34.05</b>	<b>14:33:34.05</b>	+05:55:28 (40.7%)	11:35	5.2 (59.8%)
117	<b>ZIÓŁEK Mirosław</b>	<b>2170</b>	STAY INSANE/ SAINT GOBAIN SQUAD	M-60	5	01:41:54	02:38:32	05:16:08	08:02:01	09:40:45	12:52:21	<b>14:34:42.80</b>	<b>14:34:42.80</b>	+05:56:36 (40.8%)	11:36	5.2 (59.8%)
118	<b>FICNER Iwona</b>	<b>2040</b>	FSD RUN DREZDENKO	K-40	13	01:40:06	02:39:14	05:12:59	08:00:42	09:40:42	12:50:40	<b>14:36:37.95</b>	<b>14:36:37.95</b>	+05:58:32 (40.9%)	11:37	5.2 (59.8%)
119	<b>DOMIN-ZBYL Agnieszka</b>	<b>2120</b>		K-50	1	01:45:04	02:45:09	05:25:40	08:14:34	09:56:58	12:56:04	<b>14:38:07.15</b>	<b>14:38:07.15</b>	+06:00:01 (41.0%)	11:38	5.2 (59.8%)
120	<b>WRÓBEL Kamil</b>	<b>2085</b>		M-20	3	01:34:01	02:34:35	05:02:57	07:46:34	09:31:21	12:52:56	<b>14:41:39.55</b>	<b>14:41:39.55</b>	+06:03:33 (41.2%)	11:41	5.1 (58.6%)
121	<b>GAWOT Piotr</b>	<b>2192</b>	SATISFLY	M-40	54	01:43:37	02:40:53	05:15:55	07:56:02	09:40:06	12:52:59	<b>14:41:50.95</b>	<b>14:41:50.95</b>	+06:03:45 (41.2%)	11:41	5.1 (58.6%)
122	<b>ŚLESICKI Konstanty</b>	<b>2049</b>		M-30	29	01:45:03	02:40:53	05:15:58	08:01:34	09:36:42	12:48:51	<b>14:42:11.65</b>	<b>14:42:11.65</b>	+06:04:05 (41.3%)	11:42	5.1 (58.6%)
123	<b>PALIŃSKI Bartłomiej</b>	<b>2057</b>	ROZBIEGANI CHOJNÓW	M-20	4	01:40:03	02:42:43	05:04:34	08:00:16	09:44:50	13:09:27	<b>14:43:18.00</b>	<b>14:43:18.00</b>	+06:05:12 (41.3%)	11:42	5.1 (58.6%)
124	<b>STELMACH Piotr</b>	<b>2187</b>	RK ATHLETICS WARSZAWA	M-50	14	01:35:03	02:35:13	04:59:35	07:47:11	09:29:01	12:52:56	<b>14:43:33.95</b>	<b>14:43:33.95</b>	+06:05:28 (41.4%)	11:43	5.1 (58.6%)
125	<b>BIAŁEK Mirosław</b>	<b>2180</b>	WRONIECKI KLUB BIEGACZA	M-30	30	01:41:09	02:37:28	05:10:25	07:59:32	09:40:20	12:52:39	<b>14:43:36.55</b>	<b>14:43:36.55</b>	+06:05:30 (41.4%)	11:43	5.1 (58.6%)
126	<b>MARKOWSKI Marek</b>	<b>2202</b>	KS LENIWIEC	M-40	55	01:46:24	02:49:22	05:22:25	08:05:34	09:46:43	13:02:58	<b>14:44:45.65</b>	<b>14:44:45.65</b>	+06:06:39 (41.4%)	11:44	5.1 (58.6%)
127	<b>LUBELCZYK Grzegorz</b>	<b>2013</b>	SPELEOCLUB WROCŁAW	M-50	15	01:50:56	02:48:05	05:14:16	08:07:46	09:45:03	13:02:21	<b>14:45:44.55</b>	<b>14:45:44.55</b>	+06:07:38 (41.5%)	11:44	5.1 (58.6%)
128	<b>BŁAŻEJCZYK Zbigniew</b>	<b>2215</b>		M-50	16	01:42:10	02:41:41	05:09:15	07:58:05	09:40:12	12:53:02	<b>14:47:35.55</b>	<b>14:47:35.55</b>	+06:09:29 (41.6%)	11:46	5.1 (58.6%)
129	<b>DOMINIAK Sławomir</b>	<b>2126</b>		M-50	17	01:35:48	02:33:53	05:13:32	08:00:50	09:40:57	13:07:54	<b>14:48:27.55</b>	<b>14:48:27.55</b>	+06:10:21 (41.7%)	11:46	5.1 (58.6%)
130	<b>MIŚ Piotr</b>	<b>2022</b>		M-30	31	01:46:06	02:48:07	05:22:35	08:10:34	09:49:57	13:07:37	<b>14:48:35.10</b>	<b>14:48:35.10</b>	+06:10:29 (41.7%)	11:47	5.1 (58.6%)
131	<b>WOŹNIAK Ryszard</b>	<b>2145</b>	BIERUTOWSKA GRUPA BIEGOWA	M-50	18	01:45:00	02:39:44	05:13:28	08:12:52	09:50:13	13:12:00	<b>14:48:39.00</b>	<b>14:48:39.00</b>	+06:10:33 (41.7%)	11:47	5.1 (58.6%)
132	<b>KUIK Bartosz</b>	<b>2182</b>		M-30	32	01:36:33	02:31:54	05:01:40	07:55:41	09:46:00	13:17:00	<b>14:55:04.75</b>	<b>14:55:04.75</b>	+06:16:58 (42.1%)	11:52	5.1 (58.6%)
133	<b>KOSZAREK Maciej</b>	<b>2204</b>		M-50	19	01:40:34	02:36:17	05:04:33	07:55:52	09:47:05	13:17:02	<b>14:55:31.70</b>	<b>14:55:31.70</b>	+06:17:25 (42.1%)	11:52	5.1 (58.6%)
134	<b>KITLAS Dariusz</b>	<b>2212</b>	BSB	M-50	20	01:50:58	02:54:38	05:35:55		10:00:15	13:21:12	<b>14:59:13.75</b>	<b>14:59:13.75</b>	+06:21:07 (42.4%)	11:55	5 (57.5%)
135	<b>SZUBART Kazimierz</b>	<b>2020</b>	GRUPA SPORTOWA WIELKA SOWA	M-60	6	01:50:54	02:52:31	05:44:05		09:59:01	13:17:56	<b>14:59:37.45</b>	<b>14:59:37.45</b>	+06:21:31 (42.4%)	11:55	5 (57.5%)
	<b>OLESZEK Magdalena</b>	<b>2048</b>	W POGONI ZA DUCHEM	K-30		01:51:29 DNF	02:53:20 DNF	05:44:44 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>ZBYL Jacek</b>	<b>2119</b>		M-50		01:51:33 DNF	02:55:26 DNF	05:44:07 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Karłów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
	<b>LEWANDOWSKI Bartłomiej</b>	<b>2083</b>	MMUU		M-40	01:38:30 DNF	02:33:29 DNF	04:54:27 DNF	07:27:59 DNF	09:04:50 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STRAMOWSKI Rafał</b>	<b>2034</b>	SPARTA ULTRA TEAM		M-30	01:27:46 DNF	02:17:00 DNF	04:45:32 DNF	07:28:24 DNF	09:21:42 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŁAMPIKA Kinga</b>	<b>2078</b>	NIGHT RUNNERS, POLISH WINGS		K-40	01:53:08 DNF	02:54:01 DNF	05:24:07 DNF	08:10:18 DNF	09:49:27 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MAJKA Dariusz</b>	<b>2102</b>	BIEGACZE ŚWINOUJŚCIE		M-40	01:34:03 DNF	02:34:51 DNF	05:03:17 DNF	07:50:37 DNF	09:51:26 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PIASKOWSKI Marcin</b>	<b>2002</b>	PIASKITEAM		M-40	01:40:12 DNF	02:37:03 DNF	05:10:49 DNF	07:56:50 DNF	09:51:36 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ROGOWSKI Tomasz</b>	<b>2017</b>	UMLAUT		M-40	01:40:13 DNF	02:37:04 DNF	05:11:35 DNF	08:03:41 DNF	09:51:38 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KOSTARSKI Patryk</b>	<b>2062</b>			M-40	02:04:27 DNF	02:59:44 DNF	05:30:33 DNF	08:16:47 DNF	09:56:36 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RADZIWOŃ Krzysztof</b>	<b>2112</b>	GRUPA NIENACHALNIE HEROICZNA		M-40	01:53:00 DNF	02:50:41 DNF	05:24:55 DNF	08:12:02 DNF	09:58:53 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BUSS Jakub</b>	<b>2005</b>	KUDOWIANKA RUN		M-50	01:50:54 DNF	02:50:27 DNF	05:40:25 DNF	DNF	09:59:00 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DAWIDZIAK Wojciech</b>	<b>2058</b>	BLUES BROTHERS		M-30	01:51:31 DNF	02:53:12 DNF	05:33:21 DNF	08:16:50 DNF	10:00:10 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WAJDA Maciej</b>	<b>2141</b>			M-30	01:49:54 DNF	02:49:25 DNF	05:25:20 DNF	08:14:26 DNF	10:00:11 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>REK Krzysztof</b>	<b>2069</b>	RADLINIOKI W BIEGU		M-40	01:43:46 DNF	02:42:41 DNF	05:25:38 DNF	08:15:00 DNF	10:02:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KANIA Damian</b>	<b>2127</b>			M-40	01:42:15 DNF	02:44:22 DNF	05:25:44 DNF	08:16:45 DNF	10:02:54 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WALCZAK Patryk</b>	<b>2108</b>	PRZEDWOJERSKITEAM		M-30	01:21:20 DNF	02:03:47 DNF	03:56:40 DNF	06:08:27 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>HAMERLA Adam</b>	<b>2094</b>			M-30	01:40:22 DNF	02:32:49 DNF	04:44:07 DNF	07:27:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZIEMBA Damian</b>	<b>2092</b>	HRT		M-40	01:42:12 DNF	02:35:10 DNF	05:00:33 DNF	07:57:33 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SKOCZYLAS Piotr</b>	<b>2130</b>	ENDURANCE TEAM		M-40	01:42:04 DNF	02:41:30 DNF	05:15:54 DNF	08:16:55 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MACIEJEWSKI Łukasz</b>	<b>2042</b>			M-40	01:40:41 DNF	02:37:18 DNF	05:09:14 DNF	08:18:09 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SOWA Łukasz</b>	<b>2171</b>			M-40	01:20:24 DNF	02:02:25 DNF	04:12:47 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZARODA Zbigniew</b>	<b>2166</b>	TRITON KONIN		M-50	01:29:48 DNF	02:18:01 DNF	04:47:51 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BASZCZYSZYN Artur</b>	<b>2205</b>			M-30	01:37:37 DNF	02:39:46 DNF	05:19:18 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KRYSIAK Tomasz</b>	<b>2097</b>	THOMAS FOTO SZCZECIN		M-40	01:39:59 DNF	02:38:02 DNF	05:22:39 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WIŚNIEWSKI Artur</b>	<b>2093</b>			M-40	01:43:34 DNF	02:41:12 DNF	05:24:08 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SUDUŁ Jarek</b>	<b>2209</b>	WIERZBICKI RUNNING PROJECT		M-50	01:42:16 DNF	02:41:45 DNF	05:28:30 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KUDELSKI Ireneusz</b>	<b>2150</b>	43 WOJSKOWY ODDZIAŁ GOSPODARCZY		M-50	01:44:59 DNF	02:45:45 DNF	05:30:03 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KĘDZIORA Szymon</b>	<b>2148</b>			M-20	01:41:05 DNF	02:44:09 DNF	05:30:12 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>OWCZARZAK Katarzyna</b>	<b>2185</b>	OWCE NA WYPASIE		K-30	01:41:36 DNF	02:44:17 DNF	05:32:33 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>OWCZARZAK Tomasz</b>	<b>2186</b>	OWCE NA WYPASIE		M-30	01:41:40 DNF	02:44:18 DNF	05:32:33 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BRZEZIŃSKI Cezary</b>	<b>2095</b>	AKADEMIA NAUK STOSOWANYCH STEFANA BATOREGO W SKIERNIEWICACH		M-50	01:44:52 DNF	02:49:09 DNF	05:34:24 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Nad U Zabiteho 16.6km	Z1 Hvezda 29.2km	Nad U Zabiteho 41.6km	Z2 Kartów 50.3km	Błędne Skały 66km	Czas netto 75.4km	Czas brutto 75.4km	Różn	Tempo min/km	Tempo km/h
	<b>MARCINIAK Rafał</b>	<b>2086</b>		M-30		01:46:09 DNF	02:50:09 DNF	05:34:27 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WOJCIESZYŃSKI Tomasz</b>	<b>2208</b>	BBL GORZÓW	M-40		01:41:03 DNF	02:41:44 DNF	05:35:56 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WUJKOWSKI Grzegorz</b>	<b>2030</b>	SZALONE WIEWIÓRY	M-40		01:44:08 DNF	02:53:35 DNF	05:39:38 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KROCZYŃSKA Kinga</b>	<b>2066</b>	BIEGOLAS KOSZALIN- KOŁOBRZEG	K-40		01:52:58 DNF	02:55:51 DNF	05:39:43 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RUNOWSKI Krzysztof</b>	<b>2050</b>	BRO-TEAM	M-30		01:53:23 DNF	02:54:08 DNF	05:39:45 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KOZŁOWSKI Rafał</b>	<b>2051</b>		M-40		01:57:29 DNF	02:59:56 DNF	05:39:47 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KWIATKOWSKA Zuzanna</b>	<b>2026</b>	RNB TEAM POLANICA ZDRÓJ	K-50		01:51:02 DNF	02:55:04 DNF	05:42:13 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MAŁKOWSKI Bogdan</b>	<b>2036</b>	SPARTANIE DZIECIOM	M-50		01:50:58 DNF	02:50:26 DNF	05:44:11 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STRAMOWSKA-JARCZEWSKA Sandra</b>	<b>2045</b>	MONSTER CROSS TEAM WOŁCZYN	K-30		01:47:04 DNF	02:49:48 DNF	05:44:30 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>GUZEK Agnieszka</b>	<b>2195</b>		K-40		01:53:02 DNF	02:54:14 DNF	05:44:51 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>JARCZEWSKI Łukasz</b>	<b>2046</b>		M-30		01:47:09 DNF	02:49:49 DNF	05:46:06 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KOPYRA Tomasz</b>	<b>2159</b>	#BIEGAMWOLNOALEDOKŁADNIE	M-40		01:46:18 DNF	02:49:18 DNF	05:46:22 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>POLIGOŃSKI Przemysław</b>	<b>2207</b>		M-30		01:51:27 DNF	03:05:05 DNF	05:57:03 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŁOWICKA Maja</b>	<b>2163</b>	AKTYWNI RAZEM	K-30		01:50:53 DNF	02:57:08 DNF	05:57:55 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DUŻYŃSKI Dawid</b>	<b>2214</b>		M-30		01:51:25 DNF	03:05:02 DNF	05:58:55 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MAĆKOWIAK Piotr</b>	<b>2081</b>		M-40		01:35:52 DNF	02:40:49 DNF	06:04:08 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KRAUSE Dariusz</b>	<b>2038</b>	RADLINIOKI W BIEGU	M-50		02:00:07 DNF	03:09:17 DNF	06:04:40 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DYBEK Paweł</b>	<b>2211</b>	SALOMON TEAM	M-40		01:15:06 DNF	01:53:57 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>GONERA Kazimierz</b>	<b>2056</b>	KB HARCOWNIK JELCZ-LASKOWICE	M-60		01:52:56 DNF	02:54:49 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KRAUSE Sylwia</b>	<b>2037</b>	RADLINIOKI W BIEGU	K-40		02:00:06 DNF	03:09:17 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STASZEWSKI Piotr</b>	<b>2033</b>	PRO366	M-50		02:10:18 DNF	03:11:02 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DWORNIKOWSKA Beata</b>	<b>2076</b>		K-40		02:08:15 DNF	03:28:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KUNDYS Karolina</b>	<b>2077</b>		K-40		02:10:15 DNF	03:28:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>TOMECKI Tomasz</b>	<b>2137</b>		M-30		02:32:19 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KARWACKI Grzegorz</b>	<b>2053</b>	KATCROSS WAŁBRZYCH	M-50		DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 191 wynik(ów)