



SZTUM - PUCHAR POMORZA NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-09-05
Place: Sztum
Distance: 5 km



Classification: K 45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	SZPILMAN Katarzyna	66	GDYNIA MOJE MIASTO	K 45-49	1			00:17:05	00:33:01	00:50:06		6:36	9.1 (100%)
2	ŚWIERCZYŃSKA Joanna	51	ELBLĄSKIE WŁÓCZY-KIJE	K 45-49	2			00:17:05	00:33:42	00:50:47	+00:00:41 (2.0%)	6:44	8.9 (97.8%)
3	PODLEWSKA Alicja	58	LKS ZANTYR	K 45-49	3			00:17:05	00:38:06	00:55:11	+00:05:05 (13.3%)	7:37	7.9 (86.8%)
4	SZCZEPANIAK Lucyna			K 45-49	4			00:17:06	00:38:58	00:56:04	+00:05:57 (15.3%)	7:47	7.7 (84.6%)
5	DEBNIAK-WITKOWSKA Agnieszka	7		K 45-49	5			00:17:07	00:40:21	00:57:28	+00:07:20 (18.2%)	8:04	7.4 (81.3%)
6	MICHALECKA Teresa	126		K 45-49	6			00:17:08	00:44:12	01:01:20	+00:11:11 (25.3%)	8:50	6.8 (74.7%)
7	BEŁCZYŃSKA Edyta	44	ELBLĄSKIE WŁÓCZY-KIJE	K 45-49	7			00:17:08	00:45:41	01:02:49	+00:12:40 (27.7%)	9:08	6.6 (72.5%)
8	JAKUSIK Anna	41	ELBLĄSKIE WŁÓCZY-KIJE	K 45-49	8			00:17:08	00:45:42	01:02:50	+00:12:41 (27.8%)	9:08	6.6 (72.5%)
9	KOSMALA Danuta	174		K 45-49	9			00:17:07	00:47:37	01:04:44	+00:14:36 (30.7%)	9:31	6.3 (69.2%)

Total 9 results.