



Wydarzenie: Duch Lasu
Organizator: Stowarzyszenie Duch Pogórza
Data: 2023-11-04
Miejsce: Dubiecko
Dystans: 5 km

SZYBKA „5”

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZYBIAK Maciej	45	PRZEMYSKI KLUB BIEGACZA	OPEN Mężczyźni	1	00:18:00.00	00:18:00.00		3:36	16.7 (100%)
2	WALUS Bartłomiej	49	AKTYWNY BUDYNIARZ	OPEN Mężczyźni	2	00:18:38.00	00:18:38.00	+00:00:38 (3.4%)	3:43	16.1 (96.4%)
3	BRENDZOWSKI Adam	3	SOLINA TEAM	OPEN Mężczyźni	3	00:19:03.00	00:19:03.00	+00:01:03 (5.5%)	3:48	15.7 (94.0%)
4	PEŁDIAK Mateusz	25	KB ATHLETIC ZRĘCIN / PAWKO RUNNER TEAM	OPEN Mężczyźni	4	00:19:13.00	00:19:13.00	+00:01:13 (6.3%)	3:50	15.6 (93.4%)
5	ZIELIŃSKI Sławek	53	#TEAMSZÓSTABE	OPEN Mężczyźni	5	00:19:39.00	00:19:39.00	+00:01:39 (8.4%)	3:55	15.3 (91.6%)
6	FEDIO Marek	10	PRZEMYSKI KLUB BIEGACZA	OPEN Mężczyźni	6	00:19:50.00	00:19:50.00	+00:01:50 (9.2%)	3:58	15.1 (90.4%)
7	JACHIMOWSKI Jarosław	56	SANOK BIEGA	OPEN Mężczyźni	7	00:19:57.00	00:19:57.00	+00:01:57 (9.8%)	3:59	15 (89.8%)
8	MARSZAŁEK Ewa	20	KROSSKI REMSPORT	OPEN Kobiety	1	00:20:12.00	00:20:12.00	+00:02:12 (10.9%)	4:02	14.9 (89.2%)
9	SOLARSKI Krystian	35		OPEN Mężczyźni	8	00:20:15.00	00:20:15.00	+00:02:15 (11.1%)	4:03	14.8 (88.6%)
10	SURMACZ Sławek	42	PRZEMYSKI KLUB BIEGACZA	OPEN Mężczyźni	9	00:20:21.00	00:20:21.00	+00:02:21 (11.5%)	4:04	14.7 (88.0%)
11	GIERULA Piotr	12		OPEN Mężczyźni	10	00:20:46.00	00:20:46.00	+00:02:46 (13.3%)	4:09	14.4 (86.2%)
12	PÓŁTORAK Dariusz	26	PRZEWORSK GRUPA BIEGOWA	OPEN Mężczyźni	11	00:20:53.00	00:20:53.00	+00:02:53 (13.8%)	4:10	14.4 (86.2%)
13	SOLARSKI Robert	33		OPEN Mężczyźni	12	00:21:08.00	00:21:08.00	+00:03:08 (14.8%)	4:13	14.2 (85.0%)
14	SZKODA Robert	44	BIŁGORAJ BIEGA	OPEN Mężczyźni	13	00:21:19.00	00:21:19.00	+00:03:19 (15.6%)	4:15	14.1 (84.4%)
15	HOŁOWATY Renata	57	SANOK BIEGA	OPEN Kobiety	2	00:21:20.00	00:21:20.00	+00:03:20 (15.6%)	4:16	14.1 (84.4%)
16	RĘPALSKA Agata	30		OPEN Kobiety	3	00:21:27.00	00:21:27.00	+00:03:27 (16.1%)	4:17	14 (83.8%)
17	SIKORA Jacek	32	SAMOTNY WILK	OPEN Mężczyźni	14	00:21:54.00	00:21:54.00	+00:03:54 (17.8%)	4:22	13.7 (82.0%)
18	FILAR Gabriela	11		OPEN Kobiety	4	00:22:18.00	00:22:18.00	+00:04:18 (19.3%)	4:27	13.5 (80.8%)
19	SOLARSKI Marcin	34		OPEN Mężczyźni	15	00:22:32.00	00:22:32.00	+00:04:32 (20.1%)	4:30	13.3 (79.6%)
20	CZAPLAK Michał	5		OPEN Mężczyźni	16	00:22:39.00	00:22:39.00	+00:04:39 (20.5%)	4:31	13.2 (79.0%)
21	ZATORSKA PLESKACZ Izabela	55	ALPIN SPORT TEAM	OPEN Kobiety	5	00:22:49.00	00:22:49.00	+00:04:49 (21.1%)	4:33	13.1 (78.4%)
22	KLUZ Filip	16	PODIUM	OPEN Mężczyźni	17	00:25:00.00	00:25:00.00	+00:07:00 (28.0%)	5:00	12 (71.9%)
23	DZIMIRA Sławomir	9	BROWAR POGÓRZA	OPEN Mężczyźni	18	00:26:34.00	00:26:34.00	+00:08:34 (32.2%)	5:18	11.3 (67.7%)
24	MATEJA Agnieszka	21	BIŁGORAJ BIEGA	OPEN Kobiety	6	00:26:40.00	00:26:40.00	+00:08:40 (32.5%)	5:20	11.3 (67.7%)

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25	STANOSZ-CHEŁKOWSKA Aneta	37	HARDE DZIKI	OPEN Kobiety	7	00:26:46.00	00:26:46.00	+00:08:46 (32.8%)	5:21	11.2 (67.1%)
25	KWIECIEŃ Piotr	18		OPEN Mężczyźni	19	00:26:46.00	00:26:46.00	+00:08:46 (32.8%)	5:21	11.2 (67.1%)
27	ŚCIBOR Kamil	46		OPEN Mężczyźni	20	00:27:05.00	00:27:05.00	+00:09:05 (33.5%)	5:25	11.1 (66.5%)
28	ŚCIBOR Agnieszka	47		OPEN Kobiety	8	00:27:07.00	00:27:07.00	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
29	SYCZ Barbara	43	PRZEMYSKI KLUB BIEGACZA	OPEN Kobiety	9	00:27:09.00	00:27:09.00	+00:09:09 (33.7%)	5:25	11 (65.9%)
30	POMIANEK Łukasz	58		OPEN Mężczyźni	21	00:27:21.00	00:27:21.00	+00:09:21 (34.2%)	5:28	11 (65.9%)
31	DĘBIEC Agnieszka	6		OPEN Kobiety	10	00:27:24.00	00:27:24.00	+00:09:24 (34.3%)	5:28	10.9 (65.3%)
32	LEWANDOWSKA Karolina	59		OPEN Kobiety	11	00:27:49.00	00:27:49.00	+00:09:49 (35.3%)	5:33	10.8 (64.7%)
33	PAŁYS Michał	24		OPEN Mężczyźni	22	00:28:35.00	00:28:35.00	+00:10:35 (37.0%)	5:43	10.5 (62.9%)
34	WNUK Justyna	51	HARDE DZIKI	OPEN Kobiety	12	00:28:44.00	00:28:44.00	+00:10:44 (37.4%)	5:44	10.4 (62.3%)
35	DRUCIAK Jacek	8	PATATAJ	OPEN Mężczyźni	23	00:29:12.00	00:29:12.00	+00:11:12 (38.4%)	5:50	10.3 (61.7%)
36	RADYK Aleksandra	29	RADYK TEAM	OPEN Kobiety	13	00:29:25.00	00:29:25.00	+00:11:25 (38.8%)	5:53	10.2 (61.1%)
37	STAROŃ Sylwia	38		OPEN Kobiety	14	00:29:31.00	00:29:31.00	+00:11:31 (39.0%)	5:54	10.2 (61.1%)
38	DZISZKIEWICZ Grzegorz	60		OPEN Mężczyźni	24	00:29:38.00	00:29:38.00	+00:11:38 (39.3%)	5:55	10.1 (60.5%)
39	KLUZ Robert	15		OPEN Mężczyźni	25	00:29:39.00	00:29:39.00	+00:11:39 (39.3%)	5:55	10.1 (60.5%)
40	BUDZYN Anna	4		OPEN Kobiety	15	00:32:29.00	00:32:29.00	+00:14:29 (44.6%)	6:29	9.2 (55.1%)
41	ZIEMIAŃSKA Ewa	54		OPEN Kobiety	16	00:34:46.00	00:34:46.00	+00:16:46 (48.2%)	6:57	8.6 (51.5%)
42	ZAPĄŁ Justyna	52		OPEN Kobiety	17	00:37:14.00	00:37:14.00	+00:19:14 (51.7%)	7:26	8.1 (48.5%)
43	GORCZYCA Kacper	22		OPEN Mężczyźni	26	00:39:07.00	00:39:07.00	+00:21:07 (54.0%)	7:49	7.7 (46.1%)
44	SUŁKOWSKI Maciej	41		OPEN Mężczyźni	27	00:39:48.00	00:39:48.00	+00:21:48 (54.8%)	7:57	7.5 (44.9%)
45	WIROWSKI Adam	50		OPEN Mężczyźni	28	00:40:05.00	00:40:05.00	+00:22:05 (55.1%)	8:01	7.5 (44.9%)
46	STEC Anna	40		OPEN Kobiety	18	00:40:26.00	00:40:26.00	+00:22:26 (55.5%)	8:05	7.4 (44.3%)
47	STEC Wojciech	39		OPEN Mężczyźni	29	00:40:30.00	00:40:30.00	+00:22:30 (55.6%)	8:06	7.4 (44.3%)
48	HADAM Ewa	13	SPARTAN TRAININF GROUP	OPEN Kobiety	19	00:41:11.00	00:41:11.00	+00:23:11 (56.3%)	8:14	7.3 (43.7%)
49	DRELINKIEWICZ Alicja	7		OPEN Kobiety	20	00:41:13.00	00:41:13.00	+00:23:13 (56.3%)	8:14	7.3 (43.7%)
50	RYCHLICKA Beata	31		OPEN Kobiety	21	00:47:10.00	00:47:10.00	+00:29:10 (61.8%)	9:26	6.4 (38.3%)
51	MARIOLA Maciejewska	19		OPEN Kobiety	22	00:47:12.00	00:47:12.00	+00:29:12 (61.9%)	9:26	6.4 (38.3%)
52	MYNAREK Olimpia	23		OPEN Kobiety	23	00:55:10.00	00:55:10.00	+00:37:10 (67.4%)	11:02	5.4 (32.3%)
52	BIERNACKA Kornela	2		OPEN Kobiety	23	00:55:10.00	00:55:10.00	+00:37:10 (67.4%)	11:02	5.4 (32.3%)
54	PYZIK Ewa	27		OPEN Kobiety	25	00:55:11.00	00:55:11.00	+00:37:11 (67.4%)	11:02	5.4 (32.3%)
55	HUSAKOWSKA Joanna	14		OPEN Kobiety	26	00:55:12.00	00:55:12.00	+00:37:12 (67.4%)	11:02	5.4 (32.3%)
56	RADYK Anna	28	JUMPING STARS TEAM PRZEMYŚL	OPEN Kobiety	27	01:00:37.00	01:00:37.00	+00:42:37 (70.3%)	12:07	4.9 (29.3%)
57	KOZAK Mateusz	17	KOZAK TEAM	OPEN Mężczyźni	30	01:00:40.00	01:00:40.00	+00:42:40 (70.3%)	12:08	4.9 (29.3%)

Znaleziono 57 wynik(ów)