



TARNOWSKIE GÓRY - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Miasto Tarnowskie Góry, Polska Federacja Nordic Walking, UKS Unia Strzybnica, Nordicus Strzybnica
Date: 2019-06-16
Place: Tarnowskie Góry
Distance: 5 km



Classification: K40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	DANIELEWICZ Anna	33		K40-44	1			00:36:07.55		7:13	8.3 (100%)
2	PUSZKARSKA Małgorzata	181	GOSADI NORDIC TEAM	K40-44	2			00:36:09.75	+00:00:02 (0.1%)	7:14	8.3 (100%)
3	SZAJNOWSKA Agnieszka	209	ZDROWE KROKI ZPM4	K40-44	3			00:37:02.70	+00:00:55 (2.5%)	7:24	8.1 (97.6%)
4	PINIS Agnieszka	172	NORDIC TEAM CZĘSTOCHOWA	K40-44	4			00:37:21.60	+00:01:14 (3.3%)	7:28	8 (96.4%)
5	BUGAŁA Anna	24	NORDIC TEAM CZĘSTOCHOWA	K40-44	5			00:38:35.05	+00:02:27 (6.4%)	7:43	7.8 (94.0%)
6	MALCZYK Anna	140		K40-44	6			00:38:50.05	+00:02:42 (7.0%)	7:46	7.7 (92.8%)
7	SAKOWSKA Krystyna	185	PASJA NORDIC WALKING	K40-44	7			00:39:34.95	+00:03:27 (8.7%)	7:55	7.6 (91.6%)
8	GĄSEWICZ-FILIPIAK Agnieszka	301	NORDICUS STRZYBNICA	K40-44	8			00:39:43.95	+00:03:36 (9.1%)	7:56	7.6 (91.6%)
9	SÓWKA Ewa	201		K40-44	9			00:41:11.45	+00:05:03 (12.3%)	8:14	7.3 (88.0%)
10	KIRSZ Mariola	94	NORDICUS STRZYBNICA	K40-44	10			00:41:22.50	+00:05:14 (12.7%)	8:16	7.3 (88.0%)
11	WANDZIK Ewa	234	HAPPY TEAM ORZEŁ KOTY	K40-44	11			00:43:14.05	+00:07:06 (16.4%)	8:38	6.9 (83.1%)
12	TOLL Adriana	219		K40-44	12			00:43:35.20	+00:07:27 (17.1%)	8:43	6.9 (83.1%)
13	SIKORA Joanna	188		K40-44	13			00:44:32.05	+00:08:24 (18.9%)	8:54	6.7 (80.7%)
14	CZAICKA Agnieszka	27	TARNOGÓRSKIE ŁAZĘGI	K40-44	14			00:44:32.10	+00:08:24 (18.9%)	8:54	6.7 (80.7%)
15	PROSZOWSKA Aleksandra	178	NORDICUS STRZYBNICA	K40-44	15	1		00:45:35.00	+00:09:27 (20.7%)	9:07	6.6 (79.5%)
16	PATRYK Aleksandra	169		K40-44	16			00:47:18.90	+00:11:11 (23.6%)	9:27	6.3 (75.9%)
17	BARTOSIK Patrycja	10		K40-44	17			00:47:35.30	+00:11:27 (24.1%)	9:31	6.3 (75.9%)
18	BRZEZINA Magdalena	22		K40-44	18			00:47:41.15	+00:11:33 (24.2%)	9:32	6.3 (75.9%)
19	KAŹMIERCZAK Justyna	272		K40-44	19			00:48:25.25	+00:12:17 (25.4%)	9:41	6.2 (74.7%)

Total 19 results.