



**BIEG RZEŹNIKA**

# THE NORTH FACE MAKALU RUN

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Event:** Festiwal Górski  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2022-09-11  
**Place:** Łądek Zdrój  
**Distance:** 8.481 km

Classification: M40-49

| Place | Participant                 | Number    | Club                        | Category | MCat | Net time<br>8.586km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|-----------------------------|-----------|-----------------------------|----------|------|---------------------|-------------------|----------------|--------------|
| 1     | <b>KITA Michał</b>          | <b>21</b> | PEŁDZĄCY W MIEJSCU          | M40-49   | 1    | <b>00:36:20.90</b>  |                   | 4:13           | 14.2 (100%)  |
| 2     | <b>JACHYMCZYK Norbert</b>   | <b>20</b> | KB MCKIS JAWORZNO           | M40-49   | 2    | <b>00:37:09.65</b>  | +00:00:48 (2.2%)  | 4:19           | 13.9 (97.9%) |
| 3     | <b>KOWALIK Andrzej</b>      | <b>25</b> | ADRUNALINE.PL/ BIEG OPOLSKI | M40-49   | 3    | <b>00:38:47.55</b>  | +00:02:26 (6.3%)  | 4:31           | 13.3 (93.7%) |
| 4     | <b>SZOTOWICZ Sebastian</b>  | <b>30</b> | SKL STARGARD                | M40-49   | 4    | <b>00:39:17.00</b>  | +00:02:56 (7.5%)  | 4:34           | 13.1 (92.3%) |
| 5     | <b>PIŁAT Michał</b>         | <b>11</b> |                             | M40-49   | 5    | <b>00:39:24.60</b>  | +00:03:03 (7.8%)  | 4:35           | 13.1 (92.3%) |
| 6     | <b>CIECIUCH Maciej</b>      | <b>47</b> | RNB TEAM POLANICA ZDRÓJ     | M40-49   | 6    | <b>00:40:55.85</b>  | +00:04:34 (11.2%) | 4:45           | 12.6 (88.7%) |
| 7     | <b>WOŁOSZYN Konrad</b>      | <b>48</b> | BRACIAKTRANS                | M40-49   | 7    | <b>00:42:35.45</b>  | +00:06:14 (14.7%) | 4:57           | 12.1 (85.2%) |
| 8     | <b>GARGÓL Jan</b>           | <b>34</b> | ACCENTURE RUNNERS CLUB      | M40-49   | 8    | <b>00:44:07.85</b>  | +00:07:46 (17.6%) | 5:08           | 11.7 (82.4%) |
| 9     | <b>CHRZANOWSKI Paweł</b>    | <b>14</b> |                             | M40-49   | 9    | <b>00:44:26.95</b>  | +00:08:06 (18.2%) | 5:10           | 11.6 (81.7%) |
| 10    | <b>DERENCZ Michał</b>       | <b>10</b> | AKTYWNA NOWA RUDA           | M40-49   | 10   | <b>00:45:29.60</b>  | +00:09:08 (20.1%) | 5:17           | 11.3 (79.6%) |
| 11    | <b>KOMORNICKI Michał</b>    | <b>31</b> |                             | M40-49   | 11   | <b>00:46:15.55</b>  | +00:09:54 (21.4%) | 5:23           | 11.1 (78.2%) |
| 12    | <b>WOJCIECHOWSKI Miłosz</b> | <b>12</b> | WOJCIECHOWSCY TEAM          | M40-49   | 12   | <b>00:46:29.70</b>  | +00:10:08 (21.8%) | 5:24           | 11.1 (78.2%) |
| 13    | <b>KUTA Łukasz</b>          | <b>2</b>  |                             | M40-49   | 13   | <b>00:47:34.50</b>  | +00:11:13 (23.6%) | 5:32           | 10.8 (76.1%) |

Total 13 results.