

## BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM

Organizator: Politechnika Koszalińska  
Data: 2018-06-16  
Miejsce: Koszalin  
Dystans: 8.4 km  
Klasyfikacja wg czasów netto.



## BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.1km	4.2km	6.3km	Netto	min/km	km/h
1	KĘPKA ADRIAN	194	DECATHLON KOSZALIN	WIEKOWO/DARŁOWO	POL	M-18	1	M 1	00:07:22	00:14:39	00:21:59	00:29:04.40	3:27	17.3
2	GAWRON PIOTR	164	ULKS TALEX BORZYTUCHOM	BOROWY MEYN	POL	M-18	2	M 2	00:07:28	00:14:46	00:22:05	00:29:22.50	3:29	17.2
3	ZABORSKI RYSZARD	294	TKKF KOSZALIN/ORKIESTRA WOJSKOWA	KOSZALIN	POL	M-40	1	M 3	00:07:23	00:14:40	00:22:02	00:29:34.25	3:31	17
4	JAROSZ WIESŁAW	182	JW. 1223/BLOG	KOSZALIN	POL	M-40	2	M 4	00:07:22	00:14:41	00:22:12	00:29:43.65	3:32	17
5	STEBELSKI JASIEK	267		KOSZALIN	POL	M-30	1	M 5	00:07:24	00:15:06	00:23:09	00:31:02.30	3:41	16.2
6	NAKONIECZNY RAFAŁ	230	TKKF KOSZALIN	KOSZALIN	POL	M-30	2	M 6	00:08:04	00:16:09	00:24:00	00:31:54.40	3:47	15.8
7	MOSEK RADOSŁAW	225		ROSNOWO	POL	M-30	3	M 7	00:07:45	00:15:47	00:24:03	00:32:17.80	3:50	15.6
8	SITOWSKI MARCIN	259	FC RYSIEK	KOSZALIN	POL	M-18	3	M 8	00:08:05	00:16:10	00:24:35	00:32:46.35	3:54	15.4
9	ZWOLIŃSKI JAN	298	TKKF KOSZALIN	KOSZALIN	POL	M-50	1	M 9	00:08:05	00:16:22	00:24:40	00:32:47.25	3:54	15.4
10	KOŚCIELNIAK ROBERT	201	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 10	00:08:16	00:16:51	00:25:37	00:34:05.80	4:03	14.8
11	GÓRNY NORBERT	171	CSSP KOSZALIN	ROSNOWO	POL	M-40	3	M 11	00:08:33	00:17:00	00:25:48	00:34:16.40	4:04	14.7
12	JAROSZ PRZEMYSŁAW	264	JW1223/BLOG	KOSZALIN	POL	M-18	4	M 12	00:08:28	00:17:12	00:26:01	00:34:19.55	4:05	14.7
13	SIWIK STANISŁAW	260	283. KRT DARZEWO	KOSZALIN	POL	M-30	4	M 13	00:08:22	00:16:59	00:25:53	00:34:36.70	4:07	14.6
14	ZIENOWICZ MICHAŁ	296		KOSZALIN	POL	M-18	5	M 14	00:09:00	00:18:24	00:27:25	00:35:37.05	4:14	14.2
15	ADAMCZYK KAROL	131		KOSZALIN	POL	M-30	5	M 15	00:08:26	00:17:34	00:26:47	00:36:14.05	4:18	13.9
16	SOBOLEWSKI KRZYSZTOF	263		KOSZALIN	POL	M-40	4	M 16	00:08:29	00:17:39	00:26:56	00:36:15.65	4:18	13.9
17	KONKEL AGNIESZKA	198		KOSZALIN	POL	K-30	1	K 1	00:08:45	00:17:40	00:26:55	00:36:24.05	4:20	13.8
18	JAMNIAK BARTOSZ	180	TKKF KOSZALIN	KOSZALIN	POL	M-30	6	M 17	00:08:30	00:17:42	00:27:06	00:36:27.55	4:20	13.8
19	PEKAŁA PIOTR	243	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	5	M 18	00:09:23	00:18:53	00:28:17	00:36:59.00	4:24	13.6
20	PUŚCIAN KRZYSZTOF	249	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M-40	6	M 19	00:09:21	00:18:45	00:28:11	00:37:16.85	4:26	13.5
21	ROGOŻA IRENEUSZ	253		KOSZALIN	POL	M-40	7	M 20	00:09:22	00:18:49	00:28:15	00:37:20.95	4:26	13.5
22	KRUPIŃSKI KRZYSZTOF	206	E-UROLOG.EU	KOSZALIN	POL	M-50	3	M 21	00:09:11	00:18:30	00:27:54	00:37:22.90	4:27	13.5
23	NOWAK JACEK	234		BOLESZEWO	POL	M-40	8	M 22	00:08:52	00:18:24	00:28:17	00:37:46.00	4:29	13.3
24	BASSEŁ MARCIN	136		KOSZALIN	POL	M-30	7	M 23	00:09:21	00:18:48	00:28:35	00:38:09.65	4:32	13.2
25	WOJCIECHOWSKI ANDRZEJ	289		KOSZALIN	POL	M-30	8	M 24	00:09:30	00:19:02	00:28:42	00:38:15.10	4:33	13.2
26	KWIETNIEWSKI DANIEL	209		KOSZALIN	POL	M-30	9	M 25	00:09:15	00:18:50	00:28:46	00:38:27.40	4:34	13.1
27	KILAR TOMASZ	195	KILAR SPORT TEAM	KOSZALIN	POL	M-40	9	M 26	00:09:03	00:18:47	00:28:38	00:38:33.40	4:35	13.1
28	MALINOWSKI MARIUSZ	214		KOSZALIN	POL	M-30	10	M 27	00:09:15	00:18:59	00:28:54	00:38:47.45	4:37	13
29	WIATRZYK KRZYSZTOF	281		DARŁOWO	POL	M-40	10	M 28	00:09:23	00:19:03	00:29:08	00:38:48.85	4:37	13
30	PRZYBYSZ SZYMON	302	WAT	WARSZAWA	POL	M-18	6	M 29	00:09:34	00:19:32	00:29:44	00:39:01.65	4:38	12.9
31	STASIOROWSKI SEBASTIAN	265		PARSOWO	POL	M-30	11	M 30	00:09:01	00:18:52	00:29:09	00:39:12.60	4:40	12.9
32	SZYMAŃSKI PIOTR	272	SZYMKIRUN	ROSNOWO	POL	M-40	11	M 31	00:09:58	00:20:02	00:29:57	00:39:20.35	4:40	12.8
33	KONKEL ŁUKASZ	199		KOSZALIN	POL	M-30	12	M 32	00:09:42	00:19:34	00:29:46	00:39:20.70	4:41	12.8
34	BURKIET MAREK	146	JW 1223	ROSNOWO	POL	M-40	12	M 33	00:09:29	00:19:25	00:29:20	00:39:21.70	4:41	12.8
35	KORCZYŃSKI SŁAWOMIR	200		KOSZALIN	POL	M-18	7	M 34	00:09:10	00:19:24	00:29:43	00:39:22.30	4:41	12.8
36	BARUTOWICZ GRZEGORZ	135		KOSZALIN	POL	M-30	13	M 35	00:09:34	00:19:45	00:29:55	00:39:36.20	4:42	12.7
37	NOREK TOMEK	233		KOSZALIN	POL	M-50	4	M 36	00:09:41	00:19:39	00:29:51	00:39:54.85	4:45	12.6
38	ZIELIŃSKI GRZEGORZ	295		STARE BIELICE	POL	M-60	1	M 37	00:09:36	00:19:40	00:29:55	00:40:15.75	4:47	12.5
39	LEWANDOWSKI MAREK KRZYSZTOF	210		KOSZALIN	POL	M-30	14	M 38	00:09:47	00:20:01	00:30:12	00:40:21.60	4:48	12.5
40	HAŁKA OLA	175		KOSZALIN	POL	K-18	1	K 2	00:10:29	00:20:30	00:30:32	00:40:37.50	4:50	12.4
41	PIĘTKO JOANNA	244	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K-50	1	K 3	00:09:41	00:19:59	00:30:23	00:40:43.10	4:50	12.4
42	KAZIMIEROWICZ RADOSŁAW	193	VTT KOSZALIN	KOSZALIN	POL	M-30	15	M 39	00:09:44	00:19:54	00:30:26	00:40:47.85	4:51	12.4
43	OSOBNIAK RYSZARD	236		KOSZALIN	POL	M-60	2	M 40	00:09:53	00:20:08	00:30:38	00:40:52.90	4:52	12.3
44	MARCINIAK MICHAŁ	215		POLANÓW	POL	M-18	8	M 41	00:10:04	00:20:18	00:30:42	00:41:09.00	4:53	12.2
45	SZNYTER SABINA	270	DECATHLON KOSZALIN	POLANÓW	POL	K-18	2	K 4	00:10:05	00:20:20	00:30:45	00:41:11.20	4:54	12.2
46	NIEDBAŁA KONRAD	231		KOSZALIN	POL	M-40	13	M 42	00:10:05	00:20:32	00:30:52	00:41:13.10	4:54	12.2

**BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.1km	4.2km	6.3km	Netto	min/km	km/h
47	ANTKOWIAK SEBASTIAN	132	DB - ACTIVE	KOSZALIN	POL	M-40	14	M 43	00:10:30	00:21:02	00:31:14	00:41:23.90	4:55	12.2
48	CHORAŻY KAROLINA	149	LEO-TEAM	KOSZALIN	POL	K-18	3	K 5	00:10:42	00:21:00	00:31:07	00:41:29.75	4:56	12.1
49	GOSTOMCZYK KRZYSZTOF	168		SŁAWNO	POL	M-30	16	M 44	00:09:31	00:20:11	00:31:15	00:41:43.25	4:58	12.1
50	SZYSZKOWSKI TOMASZ	274	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-30	17	M 45	00:10:14	00:20:40	00:31:16	00:41:49.85	4:58	12.1
51	WRÓBLEWSKA MARTA	292		KOSZALIN	POL	K-40	1	K 6	00:10:06	00:20:25	00:31:10	00:41:54.20	4:59	12
52	HOŁUBASZ PAWEŁ	178		ŁĘBORK	POL	M-40	15	M 46	00:10:03	00:20:32	00:31:20	00:42:08.00	5:00	12
53	GALICKI ROBERT	160		BOBOLICE	POL	M-40	16	M 47	00:10:26	00:20:31	00:31:14	00:42:10.95	5:01	11.9
54	SZALKOWSKI DARIUSZ	268		ROBAKOWO	POL	M-50	5	M 48	00:09:34	00:20:06	00:31:07	00:42:14.90	5:01	11.9
55	PANCERZYŃSKI ŁUKASZ	238		KOSZALIN	POL	M-30	18	M 49	00:10:32	00:21:15	00:32:01	00:42:28.65	5:03	11.9
56	TELESIEWICZ HENRYK	276		SŁAWNO	POL	M-70+	1	M 50	00:09:09	00:19:59	00:31:34	00:42:39.80	5:04	11.8
57	KOBUS PIOTR	197		KOSZALIN	POL	M-30	19	M 51	00:10:07	00:20:36	00:31:50	00:42:42.55	5:05	11.8
58	MALESZA-HOUSIN JOANNA	213		KOSZALIN	POL	K-40	2	K 7	00:10:05	00:20:51	00:31:55	00:42:48.35	5:05	11.8
59	BEDNARZ SEBASTIAN	137		KOSZALIN	POL	M-40	17	M 52	00:10:32	00:21:05	00:31:45	00:42:50.10	5:05	11.8
60	DUDZIAK PIOTR	155	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M-40	18	M 53	00:09:52	00:20:30	00:31:38	00:42:55.10	5:06	11.7
61	CZERWIŃSKI SZCZĘSNY	151		BIAŁOGARD	POL	M-40	19	M 54	00:09:37	00:20:21	00:31:49	00:42:56.35	5:06	11.7
62	MOTYCZYŃSKA PATRYCJA	226		SIEMIANICE	POL	K-18	4	K 8	00:10:48	00:21:29	00:32:15	00:43:08.40	5:08	11.7
63	BUTOWICZ ADAM	147		SZCZECINEK	POL	M-50	6	M 55	00:10:39	00:21:31	00:32:21	00:43:14.25	5:08	11.7
64	MONGIAŁO MARCIN	223	FAST FEET K-LIN	KOSZALIN	POL	M-40	20	M 56	00:10:48	00:21:39	00:32:23	00:43:27.65	5:10	11.6
65	JUSZCZAK KRZYSZTOF	187		KOSZALIN	POL	M-60	3	M 57	00:10:18	00:21:05	00:32:19	00:43:30.60	5:10	11.6
66	DUDZIK FRYTARDA	156	GIPO TEAM	KOSZALIN	POL	K-30	2	K 9	00:10:06	00:20:39	00:31:45	00:43:40.45	5:11	11.5
67	JANICKA KATARZYNA	181	GIPO TEAM / TKKF KOSZALIN	KOSZALIN	POL	K-30	3	K 10	00:10:49	00:21:50	00:32:58	00:44:05.60	5:14	11.4
68	BILL ŁUKASZ	141		BORNE SULINOWO	POL	M-30	20	M 58	00:10:56	00:22:08	00:33:29	00:44:32.30	5:18	11.3
69	GRAJ JOANNA	172		KOSZALIN	POL	K-18	5	K 11	00:10:54	00:22:05	00:33:27	00:44:36.00	5:18	11.3
70	KRASIŃSKI WITOLD	204	JW 1223	KOSZALIN	POL	M-40	21	M 59	00:10:30	00:21:48	00:33:35	00:45:22.25	5:24	11.1
71	GARNCAREK PAWEŁ	161	WILKI KOSZALIN	ŚWIESZYNÓ	POL	M-30	21	M 60	00:11:01	00:22:30	00:34:06	00:45:25.35	5:24	11.1
72	BORYSIEWICZ JOANNA	143		KOSZALIN	POL	K-30	4	K 12	00:10:38	00:22:08	00:33:56	00:45:35.60	5:25	11.1
73	PISKORZ-WILCZAK IWONA	246	NESSI KOLOROWA DRUŻYNA	KONIKOWO	POL	K-40	3	K 13	00:11:18	00:22:38	00:34:13	00:45:46.40	5:26	11
74	WIERZBICKI KACPER	285	ŁUBU DUBU PREZES KLUBU	KOSZALIN	POL	M-18	9	M 61	00:11:09	00:22:53	00:34:26	00:45:47.50	5:27	11
75	RADOSZ KATARZYNA	251		KOSZALIN	POL	K-40	4	K 14	00:11:00	00:22:59	00:34:34	00:46:00.10	5:28	11
76	SZCZYŃKOWSKI MICHAŁ	269		KOSZALIN	POL	M-18	10	M 62	00:11:00	00:22:55	00:34:40	00:46:03.00	5:28	10.9
77	BARANOWSKI KRZYSZTOF	133		KOSZALIN	POL	M-18	11	M 63	00:11:01	00:22:57	00:34:41	00:46:03.30	5:29	10.9
78	MONGIAŁO ALEKSANDRA	224	FAST FEET K-LIN	KOSZALIN	POL	K-30	5	K 15	00:11:16	00:23:08	00:34:54	00:46:12.20	5:30	10.9
79	WOLF BEATA	291	TKKF KOSZALIN	KOSZALIN	POL	K-40	5	K 16	00:11:00	00:22:59	00:34:59	00:46:41.80	5:33	10.8
80	MARKOWSKA IWONA	217	4 FIT CROSS BIAŁOGARD KARLINO BIEGAJ	BIAŁOGARD	POL	K-40	6	K 17	00:10:55	00:23:09	00:35:19	00:46:45.35	5:34	10.8
81	BONIECKA DOMINIKA	142		KOSZALIN	POL	K-18	6	K 18	00:10:55	00:22:07	00:35:01	00:46:54.80	5:35	10.7
82	WITEK ADRIAN	287		BIAŁOGARD	POL	M-18	12	M 64	00:10:01	00:22:10	00:34:39	00:46:58.05	5:35	10.7
83	MELION PAWEŁ	218		BIAŁOGARD	POL	M-18	13	M 65	00:11:47	00:23:46	00:35:41	00:47:03.70	5:36	10.7
84	ZAREMBA TOMASZ	303		KOSZALIN	POL	M-30	22	M 66	00:11:09	00:23:11	00:35:30	00:47:14.75	5:37	10.7
85	PASEK PAULA	241	KLUB BIEGOWY JANTAR ŚWIESZYNÓ	DUNOWO	POL	K-30	6	K 19	00:10:58	00:22:47	00:35:07	00:47:41.00	5:40	10.6
86	BRYŁA KATARZYNA	144	DB - ACTIVE	KOSZALIN	POL	K-40	7	K 20	00:11:14	00:23:28	00:35:53	00:48:07.20	5:43	10.5
87	WOJANOWSKI ZBIGNIEW	288	BIEGAM BO LUBIĘ	GRUDZIADZ	POL	M-60	4	M 67	00:10:46	00:22:34	00:35:22	00:48:19.15	5:45	10.4
88	ŁUBNIEWSKI ARKADIUSZ	211	ANOX TEAM	KOSZALIN	POL	M-30	23	M 68	00:11:15	00:23:10	00:35:31	00:48:20.30	5:45	10.4
89	JUSZCZYK AGNIESZKA	188	ANOX TEAM	KOSZALIN	POL	K-30	7	K 21	00:11:15	00:23:14	00:36:03	00:49:45.10	5:55	10.1
90	WACHHOLZ BEATA	279	KB BRYZA POSTOMINO	SŁAWNO	POL	K-40	8	K 22	00:11:32	00:23:54	00:36:47	00:50:03.00	5:57	10.1
91	MARCZAK MAŁGORZATA	216		ŻELKOWO	POL	K-50	2	K 23	00:11:42	00:24:12	00:37:32	00:50:53.45	6:03	9.9
92	RASIŃSKA ALICJA	252	ZHP KOSZALIN	KOSZALIN	POL	K-18	7	K 24	00:11:12	00:24:53	00:38:25	00:50:57.35	6:03	9.9
93	DEPTUŁA-BILL BOŻENA	152		BORNE SULINOWO	POL	K-30	8	K 25	00:12:00	00:24:44	00:37:51	00:51:00.60	6:04	9.9
94	BIAŁOŻYD ANDRZEJ	139		WROCŁAW	POL	M-60	5	M 69	00:12:23	00:25:29	00:38:46	00:52:22.05	6:14	9.6
95	BIAŁOŻYD BOŻENA	140		WROCŁAW	POL	K-50	3	K 26	00:12:23	00:25:29	00:38:47	00:52:22.05	6:14	9.6
96	JĘDRZEJEWSKI KRZYSZTOF	186		KOSZALIN	POL	M-30	24	M 70	00:11:44	00:24:13	00:37:59	00:52:49.90	6:17	9.5
97	BUDZYŃSKA ELŻBIETA	145		SŁUPSK	POL	K-50	4	K 27	00:12:42	00:25:15	00:38:57	00:53:03.70	6:19	9.5
98	STASZYŃSKA MARIANNA	266	BTC.,ORZEŁ" BIAŁOGARD	BIAŁOGARD	POL	K-60	1	K 28	00:12:28	00:26:31	00:40:52	00:55:07.05	6:33	9.1
99	PASEK JAN	240	KLUB BIEGOWY JANTAR ŚWIESZYNÓ	DUNOWO	POL	M-60	6	M 71	00:13:01	00:26:53	00:41:32	00:56:20.85	6:42	8.9