

## LETNIE MILE BIEGOWE - 3/5 - 3 MILE

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 2018-06-20

Miejsce: Koszalin

Dystans: 4.827 km

**Wyniki dla punktu pomiaru: 0.027 km**

Klasyfikacja wg czasów netto.



## LETNIE MILE BIEGOWE - 3/5 - 3 MILE, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub   | M-scowość         | Kraj | Kat.  | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------------|-----|--|-------------------|------|-------|----------|----------|----------|----------|----------|
| 1    | ORZECHOWSKI KAMIL      | 560 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-30  | 00:09:17 | 00:10:38 | 00:11:58 | 00:13:18 | 00:14:38 |
| 2    | JAMNIAK BARTOSZ        | 521 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-30  | 00:11:47 | 00:13:32 | 00:15:19 | 00:17:05 | 00:18:49 |
| 3    | ZWOLIŃSKI JAN          | 597 | TKKF KOSZALIN  | WIERCISZEWO       | POL  | M-50  | 00:10:58 | 00:12:32 | 00:14:05 | 00:15:38 | 00:17:11 |
| 4    | GÓRA SYLWESTER         | 604 | #ZABIEGANINOCA                                       | OKONEK            | POL  | M-40  | 00:10:42 | 00:12:19 | 00:13:56 | 00:15:34 | 00:17:13 |
| 5    | ZIELASKIEWICZ PIOTR    | 602 |  | KOSZALIN          | POL  | M-18  | 00:11:50 | 00:13:35 | 00:15:21 | 00:17:10 | 00:18:58 |
| 6    | SOSNOWSKI TOMASZ       | 574 | MEDEN-INMED SPORTS TEAM                              | KOSZALIN          | POL  | M-18  | 00:11:48 | 00:13:33 | 00:15:18 | 00:16:58 | 00:18:40 |
| 7    | MOSZYŃSKI JACEK        | 554 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-50  | 00:11:56 | 00:13:38 | 00:15:21 | 00:17:04 | 00:18:46 |
| 8    | ZUKAL PIOTR            | 600 |  | KOSZALIN          | POL  | M-40  | 00:11:13 | 00:12:47 | 00:14:20 | 00:15:53 | 00:17:25 |
| 9    | BASSEL MARCIN          | 503 |  | KOSZALIN          | POL  | M-30  | 00:12:10 | 00:13:55 | 00:15:40 | 00:17:25 | 00:19:10 |
| 10   | IWANIEC DARIUSZ        | 520 | TKKF KOSZALIN  | SIERAKOWO         | POL  | M-40  | 00:12:16 | 00:13:59 | 00:15:44 | 00:17:29 | 00:19:12 |
| 11   | JAROSZ DARIUSZ         | 522 | TKKF KOSZALIN  | SUCHA KOSZALIŃSKA | POL  | M-40  | 00:12:08 | 00:13:51 | 00:15:33 | 00:17:15 | 00:18:58 |
| 12   | KONKEL AGNIESZKA       | 530 |  | KOSZALIN          | POL  | K-30  | 00:12:19 | 00:14:06 | 00:15:54 | 00:17:41 | 00:19:30 |
| 13   | KUŁAKOWSKI DAWID       | 540 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40  | 00:12:15 | 00:13:59 | 00:15:43 | 00:17:29 | 00:19:12 |
| 14   | MICERSKI TOMASZ        | 548 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40  | 00:12:16 | 00:14:00 | 00:15:49 | 00:17:39 | 00:19:30 |
| 15   | KRUPIŃSKI KRZYSZTOF    | 536 | E-UROLOG GABINET SPECJALISTYCZNY KRZYSZTOF KRUPIŃSKI | KOSZALIN          | POL  | M-50  | 00:12:31 | 00:14:19 | 00:16:09 | 00:17:58 | 00:19:48 |
| 16   | ZACHOLSKI WOJCIECH     | 589 |  | KOSZALIN          | POL  | M-18  | 00:12:47 | 00:14:41 | 00:16:34 | 00:18:24 | 00:20:07 |
| 17   | ZIELIŃSKI GRZEGORZ     | 591 |  | STARE BIELICE     | POL  | M-60  | 00:13:16 | 00:15:13 | 00:17:10 | 00:19:07 | 00:21:08 |
| 18   | MILEWSKI TOMASZ        | 549 |  | KOSZALIN          | POL  | M-30  | 00:12:27 | 00:14:18 | 00:16:10 | 00:18:01 | 00:19:54 |
| 19   | NOREK TOMEK            | 559 |  | KOSZALIN          | POL  | M-50  | 00:12:49 | 00:14:43 | 00:16:35 | 00:18:29 | 00:20:25 |
| 20   | MRÓZ DAWID             | 556 |  | CHOJNICE          | POL  | M-18  | 00:12:36 | 00:14:26 | 00:16:13 | 00:18:05 | 00:19:53 |
| 21   | KAMYK PIOTR            | 523 | MH IT SERWIS KOSZALIN                                | KOSZALIN          | POL  | M-30  | 00:13:02 | 00:14:59 | 00:16:56 | 00:18:54 | 00:20:45 |
| 22   | KOZŁOWIECKA MAŁGORZATA | 534 |  | KOSZALIN          | POL  | K-50+ | 00:17:16 | 00:19:42 | 00:22:06 | 00:24:30 | 00:26:53 |
| 23   | KOZŁOWIECKI WALDEK     | 535 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-60  | 00:14:16 | 00:16:15 | 00:18:15 | 00:20:18 | 00:22:23 |
| 24   | CHODOR IZABELA         | 529 | TKKF KOSZALIN  | GORZEBĄDZ         | POL  | K-30  | 00:13:23 | 00:15:15 | 00:17:08 | 00:19:01 | 00:20:51 |
| 25   | SZABLA EWELINA         | 578 | TKKF KOSZALIN  | KOSZALIN          | POL  | K-30  | 00:13:18 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |
| 26   | STAŃCZYK FRANCISZEK    | 575 | NIEZRZESZONY   | KOSZALIN          | POL  | M-70+ | 00:16:06 | 00:18:18 | 00:21:04 | 00:23:55 | 00:26:46 |
| 27   | WOLF BEATA             | 587 | TKKF KOSZALIN  | KOSZALIN          | POL  | K-40  | 00:15:57 | 00:18:12 | 00:20:29 | 00:22:44 | 00:24:58 |
| 28   | DĄBROWSKA ALICJA       | 510 | TKKF KOSZALIN  | SIANÓW            | POL  | K-50+ | 00:14:16 | 00:16:15 | 00:18:12 | 00:20:08 | 00:21:59 |
| 29   | RADOSZ KATARZYNA       | 599 |  | KOSZALIN          | POL  | K-30  | 00:15:00 | 00:17:08 | 00:19:20 | 00:21:33 | 00:23:45 |
| 30   | OSOBNIAK RYSZARD       | 561 |  | KOSZALIN          | POL  | M-60  | 00:13:33 | 00:15:26 | 00:17:21 | 00:19:16 | 00:21:12 |
| 31   | WAWRZYN GRZEGORZ       | 603 |  | KOSZALIN          | POL  | M-40  | 00:14:17 | 00:16:16 | 00:18:13 | 00:20:11 | 00:22:09 |
| 32   | ZUKAL ALEKSANDRA       | 601 |  | KOSZALIN          | POL  | K-40  | 00:16:23 | 00:18:55 | 00:21:28 | 00:24:04 | 00:26:38 |
| 33   | CHODOR MARTYNA         | 605 | TKKF KOSZALIN  | KOSZALIN          | POL  | K-30  | 00:13:19 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |
| 34   | PANCERZYŃSKI ŁUKASZ    | 562 |  | KOSZALIN          | POL  | M-30  | 00:14:17 | 00:16:16 | 00:18:14 | 00:20:11 | 00:22:09 |

## LETNIE MILE BIEGOWE - 3/5 - 3 MILE, K-Open

| M-ce | Nazwisko i imię        | Nr  | Klub          | M-scowość | Kraj | Kat.  | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------------|-----|---------------|-----------|------|-------|----------|----------|----------|----------|----------|
| 1    | KONKEL AGNIESZKA       | 530 |               | KOSZALIN  | POL  | K-30  | 00:12:19 | 00:14:06 | 00:15:54 | 00:17:41 | 00:19:30 |
| 2    | KOZŁOWIECKA MAŁGORZATA | 534 |               | KOSZALIN  | POL  | K-50+ | 00:17:16 | 00:19:42 | 00:22:06 | 00:24:30 | 00:26:53 |
| 3    | DĄBROWSKA ALICJA       | 510 | TKKF KOSZALIN | SIANÓW    | POL  | K-50+ | 00:14:16 | 00:16:15 | 00:18:12 | 00:20:08 | 00:21:59 |
| 4    | SZABLA EWELINA         | 578 | TKKF KOSZALIN | KOSZALIN  | POL  | K-30  | 00:13:18 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, K-Open c.d.**

| M-ce | Nazwisko i imię  | Nr  | Klub          | M-scowość | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------|-----|---------------|-----------|------|------|----------|----------|----------|----------|----------|
| 5    | WOLF BEATA       | 587 | TKKF KOSZALIN | KOSZALIN  | POL  | K-40 | 00:15:57 | 00:18:12 | 00:20:29 | 00:22:44 | 00:24:58 |
| 6    | CHODOR IZABELA   | 529 | TKKF KOSZALIN | GORZEBĄDZ | POL  | K-30 | 00:13:23 | 00:15:15 | 00:17:08 | 00:19:01 | 00:20:51 |
| 7    | RADOSZ KATARZYNA | 599 |               | KOSZALIN  | POL  | K-30 | 00:15:00 | 00:17:08 | 00:19:20 | 00:21:33 | 00:23:45 |
| 8    | ZUKAL ALEKSANDRA | 601 |               | KOSZALIN  | POL  | K-40 | 00:16:23 | 00:18:55 | 00:21:28 | 00:24:04 | 00:26:38 |
| 9    | CHODOR MARTYNA   | 605 | TKKF KOSZALIN | KOSZALIN  | POL  | K-30 | 00:13:19 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-Open**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość         | Kraj | Kat.  | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|---------------------|-----|--|-------------------|------|-------|----------|----------|----------|----------|----------|
| 1    | ORZECZOWSKI KAMIL   | 560 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-30  | 00:09:17 | 00:10:38 | 00:11:58 | 00:13:18 | 00:14:38 |
| 2    | JAMNIAK BARTOSZ     | 521 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-30  | 00:11:47 | 00:13:32 | 00:15:19 | 00:17:05 | 00:18:49 |
| 3    | SOSNOWSKI TOMASZ    | 574 | MEDEN-INMED SPORTS TEAM                              | KOSZALIN          | POL  | M-18  | 00:11:48 | 00:13:33 | 00:15:18 | 00:16:58 | 00:18:40 |
| 4    | ZWOLIŃSKI JAN       | 597 | TKKF KOSZALIN  | WIERCISZEWO       | POL  | M-50  | 00:10:58 | 00:12:32 | 00:14:05 | 00:15:38 | 00:17:11 |
| 5    | ZIELASKIEWICZ PIOTR | 602 |  | KOSZALIN          | POL  | M-18  | 00:11:50 | 00:13:35 | 00:15:21 | 00:17:10 | 00:18:58 |
| 6    | GÓRA SYLWESTER      | 604 | #ZABIEGANINOCA                                       | OKONEK            | POL  | M-40  | 00:10:42 | 00:12:19 | 00:13:56 | 00:15:34 | 00:17:13 |
| 7    | BASSEL MARCIN       | 503 |  | KOSZALIN          | POL  | M-30  | 00:12:10 | 00:13:55 | 00:15:40 | 00:17:25 | 00:19:10 |
| 8    | MOSZYŃSKI JACEK     | 554 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-50  | 00:11:56 | 00:13:38 | 00:15:21 | 00:17:04 | 00:18:46 |
| 9    | ZUKAL PIOTR         | 600 |  | KOSZALIN          | POL  | M-40  | 00:11:13 | 00:12:47 | 00:14:20 | 00:15:53 | 00:17:25 |
| 10   | IWANIEC DARIUSZ     | 520 | TKKF KOSZALIN  | SIERAKOWO         | POL  | M-40  | 00:12:16 | 00:13:59 | 00:15:44 | 00:17:29 | 00:19:12 |
| 11   | JĄROSZ DARIUSZ      | 522 | TKKF KOSZALIN  | SUCHA KOSZALIŃSKA | POL  | M-40  | 00:12:08 | 00:13:51 | 00:15:33 | 00:17:15 | 00:18:58 |
| 12   | KRUPIŃSKI KRZYSZTOF | 536 | E-UROLOG GABINET SPECJALISTYCZNY KRZYSZTOF KRUPIŃSKI | KOSZALIN          | POL  | M-50  | 00:12:31 | 00:14:19 | 00:16:09 | 00:17:58 | 00:19:48 |
| 13   | KULAKOWSKI DAWID    | 540 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40  | 00:12:15 | 00:13:59 | 00:15:43 | 00:17:29 | 00:19:12 |
| 14   | MICERSKI TOMASZ     | 548 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40  | 00:12:16 | 00:14:00 | 00:15:49 | 00:17:39 | 00:19:30 |
| 15   | MILEWSKI TOMASZ     | 549 |  | KOSZALIN          | POL  | M-30  | 00:12:27 | 00:14:18 | 00:16:10 | 00:18:01 | 00:19:54 |
| 16   | ZACHOLSKI WOJCIECH  | 589 |  | KOSZALIN          | POL  | M-18  | 00:12:47 | 00:14:41 | 00:16:34 | 00:18:24 | 00:20:07 |
| 17   | ZIELIŃSKI GRZEGORZ  | 591 |  | STARE BIELICE     | POL  | M-60  | 00:13:16 | 00:15:13 | 00:17:10 | 00:19:07 | 00:21:08 |
| 18   | KAMYK PIOTR         | 523 | MH IT SERWIS KOSZALIN                                | KOSZALIN          | POL  | M-30  | 00:13:02 | 00:14:59 | 00:16:56 | 00:18:54 | 00:20:45 |
| 19   | KOZŁOWIECKI WALDEK  | 535 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-60  | 00:14:16 | 00:16:15 | 00:18:15 | 00:20:18 | 00:22:23 |
| 20   | MRÓZ DAWID          | 556 |  | CHOJNICE          | POL  | M-18  | 00:12:36 | 00:14:26 | 00:16:13 | 00:18:05 | 00:19:53 |
| 21   | NOREK TOMEK         | 559 |  | KOSZALIN          | POL  | M-50  | 00:12:49 | 00:14:43 | 00:16:35 | 00:18:29 | 00:20:25 |
| 22   | STAŃCZYK FRANCISZEK | 575 | NIEZRZESZONY   | KOSZALIN          | POL  | M-70+ | 00:16:06 | 00:18:18 | 00:21:04 | 00:23:55 | 00:26:46 |
| 23   | OSOBNIAK RYSZARD    | 561 |  | KOSZALIN          | POL  | M-60  | 00:13:33 | 00:15:26 | 00:17:21 | 00:19:16 | 00:21:12 |
| 24   | PANCERZYŃSKI ŁUKASZ | 562 |  | KOSZALIN          | POL  | M-30  | 00:14:17 | 00:16:16 | 00:18:14 | 00:20:11 | 00:22:09 |
| 25   | WAWRZYN GRZEGORZ    | 603 |  | KOSZALIN          | POL  | M-40  | 00:14:17 | 00:16:16 | 00:18:13 | 00:20:11 | 00:22:09 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-18**

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|---------------------|-----|-------------------------|-----------|------|------|----------|----------|----------|----------|----------|
| 1    | SOSNOWSKI TOMASZ    | 574 | MEDEN-INMED SPORTS TEAM | KOSZALIN  | POL  | M-18 | 00:11:48 | 00:13:33 | 00:15:18 | 00:16:58 | 00:18:40 |
| 2    | ZIELASKIEWICZ PIOTR | 602 |                         | KOSZALIN  | POL  | M-18 | 00:11:50 | 00:13:35 | 00:15:21 | 00:17:10 | 00:18:58 |
| 3    | ZACHOLSKI WOJCIECH  | 589 |                         | KOSZALIN  | POL  | M-18 | 00:12:47 | 00:14:41 | 00:16:34 | 00:18:24 | 00:20:07 |
| 4    | MRÓZ DAWID          | 556 |                         | CHOJNICE  | POL  | M-18 | 00:12:36 | 00:14:26 | 00:16:13 | 00:18:05 | 00:19:53 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, K-30**

| M-ce | Nazwisko i imię  | Nr  | Klub          | M-scowość | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------|-----|---------------|-----------|------|------|----------|----------|----------|----------|----------|
| 1    | KONKEL AGNIESZKA | 530 |               | KOSZALIN  | POL  | K-30 | 00:12:19 | 00:14:06 | 00:15:54 | 00:17:41 | 00:19:30 |
| 2    | SZABLA EWELINA   | 578 | TKKF KOSZALIN | KOSZALIN  | POL  | K-30 | 00:13:18 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |
| 3    | CHODOR IZABELA   | 529 | TKKF KOSZALIN | GORZEBĄDZ | POL  | K-30 | 00:13:23 | 00:15:15 | 00:17:08 | 00:19:01 | 00:20:51 |
| 4    | RADOSZ KATARZYNA | 599 |               | KOSZALIN  | POL  | K-30 | 00:15:00 | 00:17:08 | 00:19:20 | 00:21:33 | 00:23:45 |
| 5    | CHODOR MARTYNA   | 605 | TKKF KOSZALIN | KOSZALIN  | POL  | K-30 | 00:13:19 | 00:15:10 | 00:17:02 | 00:18:53 | 00:20:44 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-30**

| M-ce | Nazwisko i imię     | Nr  | Klub                  | M-scowość | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|---------------------|-----|-----------------------|-----------|------|------|----------|----------|----------|----------|----------|
| 1    | ORZECHOWSKI KAMIL   | 560 | TKKF KOSZALIN         | KOSZALIN  | POL  | M-30 | 00:09:17 | 00:10:38 | 00:11:58 | 00:13:18 | 00:14:38 |
| 2    | JAMNIAK BARTOSZ     | 521 | TKKF KOSZALIN         | KOSZALIN  | POL  | M-30 | 00:11:47 | 00:13:32 | 00:15:19 | 00:17:05 | 00:18:49 |
| 3    | BASSEL MARCIN       | 503 |                       | KOSZALIN  | POL  | M-30 | 00:12:10 | 00:13:55 | 00:15:40 | 00:17:25 | 00:19:10 |
| 4    | MILEWSKI TOMASZ     | 549 |                       | KOSZALIN  | POL  | M-30 | 00:12:27 | 00:14:18 | 00:16:10 | 00:18:01 | 00:19:54 |
| 5    | KAMYK PIOTR         | 523 | MH IT SERWIS KOSZALIN | KOSZALIN  | POL  | M-30 | 00:13:02 | 00:14:59 | 00:16:56 | 00:18:54 | 00:20:45 |
| 6    | PANCERZYŃSKI ŁUKASZ | 562 |                       | KOSZALIN  | POL  | M-30 | 00:14:17 | 00:16:16 | 00:18:14 | 00:20:11 | 00:22:09 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, K-40**

| M-ce | Nazwisko i imię  | Nr  | Klub          | M-scowość | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------|-----|---------------|-----------|------|------|----------|----------|----------|----------|----------|
| 1    | WOLF BEATA       | 587 | TKKF KOSZALIN | KOSZALIN  | POL  | K-40 | 00:15:57 | 00:18:12 | 00:20:29 | 00:22:44 | 00:24:58 |
| 2    | ZUKAL ALEKSANDRA | 601 |               | KOSZALIN  | POL  | K-40 | 00:16:23 | 00:18:55 | 00:21:28 | 00:24:04 | 00:26:38 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-40**

| M-ce | Nazwisko i imię  | Nr  | Klub           | M-scowość         | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------|-----|----------------|-------------------|------|------|----------|----------|----------|----------|----------|
| 1    | GÓRA SYLWESTER   | 604 | #ZABIEGANINOCA | OKONEK            | POL  | M-40 | 00:10:42 | 00:12:19 | 00:13:56 | 00:15:34 | 00:17:13 |
| 2    | ZUKAL PIOTR      | 600 |                | KOSZALIN          | POL  | M-40 | 00:11:13 | 00:12:47 | 00:14:20 | 00:15:53 | 00:17:25 |
| 3    | IWANIEC DARIUSZ  | 520 | TKKF KOSZALIN  | SIERAKOWO         | POL  | M-40 | 00:12:16 | 00:13:59 | 00:15:44 | 00:17:29 | 00:19:12 |
| 4    | JAROSZ DARIUSZ   | 522 | TKKF KOSZALIN  | SUCHA KOSZALIŃSKA | POL  | M-40 | 00:12:08 | 00:13:51 | 00:15:33 | 00:17:15 | 00:18:58 |
| 5    | KUŁAKOWSKI DAWID | 540 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40 | 00:12:15 | 00:13:59 | 00:15:43 | 00:17:29 | 00:19:12 |
| 6    | MICERSKI TOMASZ  | 548 | TKKF KOSZALIN  | KOSZALIN          | POL  | M-40 | 00:12:16 | 00:14:00 | 00:15:49 | 00:17:39 | 00:19:30 |
| 7    | WAWRZYN GRZEGORZ | 603 |                | KOSZALIN          | POL  | M-40 | 00:14:17 | 00:16:16 | 00:18:13 | 00:20:11 | 00:22:09 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, K-50+**

| M-ce | Nazwisko i imię        | Nr  | Klub          | M-scowość | Kraj | Kat.  | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|------------------------|-----|---------------|-----------|------|-------|----------|----------|----------|----------|----------|
| 1    | KOZŁOWIECKA MAŁGORZATA | 534 |               | KOSZALIN  | POL  | K-50+ | 00:17:16 | 00:19:42 | 00:22:06 | 00:24:30 | 00:26:53 |
| 2    | DĄBROWSKA ALICJA       | 510 | TKKF KOSZALIN | SIAŃÓW    | POL  | K-50+ | 00:14:16 | 00:16:15 | 00:18:12 | 00:20:08 | 00:21:59 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-50**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość   | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|---------------------|-----|--|-------------|------|------|----------|----------|----------|----------|----------|
| 1    | ZWOLIŃSKI JAN       | 597 | TKKF KOSZALIN  | WIERCISZEWO | POL  | M-50 | 00:10:58 | 00:12:32 | 00:14:05 | 00:15:38 | 00:17:11 |
| 2    | MOSZYŃSKI JACEK     | 554 | TKKF KOSZALIN  | KOSZALIN    | POL  | M-50 | 00:11:56 | 00:13:38 | 00:15:21 | 00:17:04 | 00:18:46 |
| 3    | KRUPIŃSKI KRZYSZTOF | 536 | E-UROLOG GABINET SPECJALISTYCZNY KRZYSZTOF KRUPIŃSKI | KOSZALIN    | POL  | M-50 | 00:12:31 | 00:14:19 | 00:16:09 | 00:17:58 | 00:19:48 |
| 4    | NOREK TOMEK         | 559 |  | KOSZALIN    | POL  | M-50 | 00:12:49 | 00:14:43 | 00:16:35 | 00:18:29 | 00:20:25 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-60**

| M-ce | Nazwisko i imię    | Nr  | Klub          | M-scowość     | Kraj | Kat. | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|--------------------|-----|---------------|---------------|------|------|----------|----------|----------|----------|----------|
| 1    | ZIELIŃSKI GRZEGORZ | 591 |               | STARE BIELICE | POL  | M-60 | 00:13:16 | 00:15:13 | 00:17:10 | 00:19:07 | 00:21:08 |
| 2    | KOZŁOWIECKI WALDEK | 535 | TKKF KOSZALIN | KOSZALIN      | POL  | M-60 | 00:14:16 | 00:16:15 | 00:18:15 | 00:20:18 | 00:22:23 |
| 3    | OSOBNIAK RYSZARD   | 561 |               | KOSZALIN      | POL  | M-60 | 00:13:33 | 00:15:26 | 00:17:21 | 00:19:16 | 00:21:12 |

**LETNIE MILE BIEGOWE - 3/5 - 3 MILE, M-70+**

| M-ce | Nazwisko i imię     | Nr  | Klub         | M-scowość | Kraj | Kat.  | 2.827km  | 3.227km  | 3.627km  | 4.027km  | 4.427km  |
|------|---------------------|-----|--------------|-----------|------|-------|----------|----------|----------|----------|----------|
| 1    | STAŃCZYK FRANCISZEK | 575 | NIEZRZESZONY | KOSZALIN  | POL  | M-70+ | 00:16:06 | 00:18:18 | 00:21:04 | 00:23:55 | 00:26:46 |