

**BIEG K-B-L - 110 KM**

Organizator: Fundacja MARATONY GÓRSKIE  
 Data: 2018-07-19  
 Miejsce: Łądek-Zdrój  
 Dystans: 110 km  
 Klasyfikacja wg czasów brutto.


**BIEG K-B-L - 110 KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	DZIAĐZIAK ŁUKASZ	246	MONK SANDALS	OLEAWA	POL	SENIOR II M - 30	1	M 1	01:25:05	03:35:24	06:52:41	10:01:55	11:15:08.70	11:15:08.70	6:08	9.8
2	UZNAŃSKI PIOTR	264	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	2	M 2	01:23:37	03:46:09	07:39:30	10:44:27	11:55:11.65	11:55:12.60	6:30	9.2
3	JEDWABNY PIOTR	126		WROCLAW	POL	SENIOR II M - 30	3	M 3	01:25:06	03:43:15	07:30:56	11:01:16	12:17:39.65	12:17:41.85	6:42	8.9
4	WYRODEK JAKUB	227	TURBOPTYSIE	NOWA RUDA	POL	SENIOR II M - 30	4	M 4	01:39:40	04:11:59	07:50:30	11:11:05	12:29:45.30	12:30:14.05	6:48	8.8
5	SZAROWAR BARTOSZ	147		NOWA SÓL	POL	MASTERS M - 40	1	M 5	01:27:28	04:02:45	07:51:04	11:19:16	12:43:12.00	12:43:15.55	6:56	8.6
6	BANASZEK ADAM	311	BIEGUSIEM.PL	WARSZAWA	POL	SENIOR II M - 30	5	M 6	01:35:03	04:15:49	08:03:32	11:35:16	12:48:37.40	12:48:41.50	6:59	8.6
7	KALINA TOMASZ	305	TRUE RUNNERS	OSLO	POL	SENIOR II M - 30	6	M 7	01:27:16	03:58:56	07:50:45	11:27:21	12:49:06.65	12:49:10.95	6:59	8.6
8	SZCZEPANIAK MARCIN	28	XRUNNERS	KONIN	POL	SENIOR II M - 30	7	M 8	01:31:20	04:09:20	08:04:35	11:33:51	12:50:53.15	12:50:54.95	7:00	8.6
9	DMUCH JAKUB	163	XRUNNERS	TRZEBNICA	POL	SENIOR I M - 20	1	M 9	01:36:19	04:18:07	08:08:28	11:38:54	12:59:00.40	12:59:04.80	7:04	8.5
10	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
11	WŁOCHAL ROBERT	133		WAŁBRZYCH	POL	SENIOR II M - 30	8	M 10	01:46:17	04:28:03	08:16:18	11:47:17	13:06:56.70	13:07:07.00	7:09	8.4
12	STROINSKI DANIEL	295	RMF4RT OCR	RYBNIK	POL	SENIOR II M - 30	9	M 11	01:33:11	04:15:54	08:41:33	11:58:23	13:10:42.85	13:10:45.10	7:11	8.3
13	WASZEK SŁAWOMIR	48	KARKONOSZ RUNNING TEAM	WROCLAW	POL	SENIOR II M - 30	10	M 12	01:36:18	04:20:23	08:17:39	11:58:53	13:20:24.35	13:20:31.20	7:16	8.2
14	ŚWIERAD DARIUSZ	281	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30	11	M 13	01:39:05	04:23:29	08:28:30	12:04:13	13:39:01.60	13:39:05.95	7:26	8.1
15	BAZYL ADAM	8	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	12	M 14	01:43:19	04:35:31	08:34:06	12:16:15	13:40:19.50	13:40:34.55	7:27	8
16	AUGUSTYŃSKI SYLWESTER	77	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	13	M 15	01:31:57	04:08:53	08:16:22	12:09:20	13:43:42.35	13:43:45.40	7:29	8
17	KRZESZOWSKI MARCIN	212		STRZEGOM	POL	SENIOR II M - 30	14	M 16	01:45:30	04:31:33	08:37:09	12:21:19	13:45:40.10	13:45:52.05	7:30	8
18	SMOLAREK SEBASTIAN	231		POZNAŃ	POL	SENIOR II M - 30	15	M 17	01:28:25	04:09:10	08:19:04	12:21:01	13:50:27.35	13:50:31.20	7:32	7.9
19	WALESIAK WOJCIECH	40	REMBERTÓW TEAM	WARSZAWA	POL	SENIOR II M - 30	16	M 18	01:42:52	04:29:58	08:32:19	12:37:25	14:00:08.45	14:00:27.70	7:38	7.9
20	TOMALSKI MARCIN	283		KRAKÓW	POL	SENIOR II M - 30	17	M 19	01:43:10	04:40:57	08:55:31	12:41:32	14:09:32.65	14:09:38.00	7:43	7.8
21	BORUCKI JAKUB	14	#KASZANIENAMOKA	POZNAŃ	POL	SENIOR II M - 30	18	M 20	01:44:54	04:38:58	08:47:02	12:41:41	14:10:38.45	14:10:49.65	7:43	7.8
22	KUPIŃSKI CEZARY	30		WROCLAW	POL	WETERAN I M - 50	1	M 21	01:46:35	04:38:52	08:46:34	12:42:06	14:13:38.65	14:13:43.35	7:45	7.7
23	ŁABUZ SYLWESTER	13		DZIERŻONIÓW	POL	SENIOR II M - 30	19	M 22	01:43:18	04:35:49	08:59:49	12:55:21	14:15:46.95	14:15:56.85	7:46	7.7
24	ZBRZEŻNY CEZARY	141	KB JURUNDSZCZYTNO	SZCZYTNO	POL	SENIOR II M - 30	20	M 23	01:45:51	04:33:27	08:51:52	12:50:40	14:18:47.65	14:19:01.60	7:48	7.7
25	MAZUR TOMASZ	113		WOLICA	POL	MASTERS M - 40	2	M 24	01:38:30	04:28:00	08:47:44	12:45:22	14:20:47.00	14:20:51.35	7:49	7.7
26	BIADASZ ANDRZEJ MICHAŁ	107	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	3	M 25	01:44:09	04:33:36	08:47:18	12:46:53	14:20:48.75	14:20:52.00	7:49	7.7
27	KLUSEK MATEUSZ	135	SKLEP BIEGACZA RUNNING TEAM KRAKÓW	KRAKÓW	POL	SENIOR I M - 20	2	M 26	01:32:30	04:35:25	09:00:16	12:47:06	14:22:20.00	14:22:22.80	7:50	7.7
28	ZIĘTERSKI ROBERT	194	ROBERT ZIĘTERSKI	KŁODZKO	POL	MASTERS M - 40	4	M 27	01:44:23	04:44:59	08:47:26	12:50:49	14:27:08.65	14:27:13.60	7:52	7.6
29	WOJCIECHOWSKI PRZEMYSŁAW	74	CHAMPIONMAN TEAM	CZEMPIŃ	POL	SENIOR II M - 30	21	M 28	01:46:19	04:36:13	08:48:35	12:52:29	14:29:28.70	14:29:34.20	7:54	7.6
30	KRÓL MACIEJ	81		POZNAŃ	POL	MASTERS M - 40	5	M 29	01:46:23	04:44:59	08:48:38	12:52:29	14:29:29.45	14:29:34.80	7:54	7.6
31	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
32	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
33	NOWAK PAWEŁ	325	SUPERMARATON KALISZ	KALISZ		WETERAN I M - 50	2	M 30	01:43:09	04:46:16	09:15:38	13:07:00	14:35:08.85	14:35:09.85	7:57	7.5
34	WERNER KAMIL	52	ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30	22	M 31	01:30:56	04:24:23	09:03:55	13:04:02	14:35:09.30	14:35:11.75	7:57	7.5
35	TRZCIELIŃSKI ROMAN	106	PSY WARSZAWA	WARSZAWA	POL	WETERAN II M - 60	1	M 32	01:46:19	04:45:19	09:12:05	13:10:08	14:36:07.45	14:36:15.20	7:57	7.5
36	WIERZBICKI HUBERT	105	CROSSFIT DOGFIELD	PASIKUROWICE	POL	SENIOR I M - 20	3	M 33	01:43:05	04:36:57	09:06:59	13:08:40	14:36:06.90	14:36:15.25	7:57	7.5
37	GARNEK PIOTR	60	VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	23	M 34	02:00:11	05:16:45	09:33:21	13:13:55	14:42:32.45	14:42:40.85	8:01	7.5
38	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
39	WITEK ŁUKASZ	257	BIEG PO ZDRÓJ	JAWORZE	POL	MASTERS M - 40	6	M 35	01:48:22	05:00:41	09:23:25	13:16:15	14:47:27.90	14:47:34.45	8:04	7.4
40	BUCHLA MARCIN	183	GT RAT	WROCLAW	POL	MASTERS M - 40	7	M 36	01:51:17	04:45:26	09:09:16	13:13:29	14:48:09.90	14:48:12.65	8:04	7.4
41	RZYWUCKI WOITEK	274	RUNNERSCLUB.PL	PILA	POL	MASTERS M - 40	8	M 37	01:57:10	05:07:13	09:33:28	13:36:48	15:04:16.15	15:04:24.70	8:13	7.3









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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
253	SZYMAŃSKI JACEK	314	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	MASTERS M - 40	91	M 217	02:20:53	07:04:07	14:11:57	21:11:05	23:43:06.20	23:43:28.90	12:56	4.6
254	KOZERA KAMIL	43	HARPAGAN SOSNOWIEC	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	88	M 218	02:13:17		13:28:20	20:26:21	23:43:54.60	23:44:16.60	12:56	4.6
255	WOŹNIAK DAWID	122		POZNAŃ	POL	MASTERS M - 40	92	M 219	02:11:27	06:23:06	13:02:07	20:53:35	23:44:28.40	23:44:55.40	12:56	4.6
256	NAĆKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
257	LEŚNIK WOJCIECH	191		WROCŁAW	POL	WETERAN I M - 50	23	M 220	02:16:56	07:06:05	14:28:36	21:35:22	24:14:29.85	24:14:46.40	13:13	4.5
258	RUDZKI TOMASZ	25	RAJSPORT ACTIVE	KONSTANTYNÓW ŁÓDZKI	POL	MASTERS M - 40	93	M 221	02:11:30	06:37:35	14:54:19	22:04:15	24:34:31.80	24:34:33.50	13:24	4.5
259	BALUK MAREK	324	BOREK-CHEŁM	CHELM		WETERAN I M - 50	24	M 222	02:26:23	07:27:55	15:09:08	22:14:51	24:46:19.25	24:46:33.65	13:30	4.4
260	POCHYLSKI DOMINIK	265	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	MASTERS M - 40	94	M 223	02:34:10	07:55:17	15:01:39	22:11:05	24:48:42.55	24:49:05.10	13:32	4.4
261	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
262	KWINTA MACIEJ	177	WKB PIAST	WROCŁAW	POL	MASTERS M - 40	95	M 224	02:19:52	07:14:57	15:07:41	22:19:40	24:53:33.65	24:53:37.80	13:34	4.4
263	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4
264	OBARSKI NORBERT	63		KIELCE	POL	WETERAN I M - 50	25	M 225	02:50:04	08:15:38	15:29:33	22:27:41	25:08:02.05	25:08:09.90	13:42	4.4
265	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
266	CZUBIŃSKI MAREK	57		ŁÓDŹ	POL	WETERAN II M - 60	3	M 226	02:46:42	07:48:09	15:03:43	22:09:53	25:12:24.60	25:12:32.55	13:44	4.4
267	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3
268	NOWICKI ANDRZEJ	211	POMIOTY SZATANA	POZNAŃ	POL	SENIOR I M - 20	16	M 227	02:13:52	07:41:06	15:30:54	22:52:32	25:40:50.30	25:41:05.00	14:00	4.3
269	PODSIADŁY ROBERT	168	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	WETERAN I M - 50	26	M 228	02:54:45	08:55:50	16:46:26	23:24:38	25:42:12.30	25:42:43.65	14:01	4.3
	MILCZAREK PAWEŁ	299	DROGA DO UTMB	DOBRZYCA	POL	SENIOR I M - 20			01:53:10	04:41:17	08:48:03	13:59:49	DNF	DNF	-	-
	ZYDORCZAK MATEUSZ	332		WROCŁAW		SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BIADASIEWICZ ANDRZEJ	279	CIDRY LOTAJOM	BYTOM	POL	WETERAN I M - 50			01:57:21	05:20:43	11:09:16	DNF	DNF	DNF	-	-
	ŁUKASIEWICZ MAREK	118	HEAVY WEIGHT RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30			02:10:35	05:57:45	11:45:18	DNF	DNF	DNF	-	-
	SKAZA ADAM	176	JEDNOSTKA WOJSKOWA BRZEG -GRUPA EOD	BRZEG	POL	SENIOR II M - 30			02:06:37	05:51:19	11:47:57	DNF	DNF	DNF	-	-
	DZIERKACZ PAWEŁ	80	BEAGLE RUNNERS TEAM	BYDGOSZCZ	POL	MASTERS M - 40			02:06:10	06:15:39	12:13:00	DNF	DNF	DNF	-	-
	MACHURA SEBASTIAN	164	HAZOKI	CHORZÓW	POL	SENIOR II M - 30			02:10:07	06:03:48	12:29:52	DNF	DNF	DNF	-	-
	PIKUSA MICHAŁ	75		POZNAN	POL	SENIOR II M - 30			02:33:03	07:59:51	15:11:51	DNF	DNF	DNF	-	-
	CZARNOWSKI PRZEMYSŁAW	255	POTĘŻNY PONAD MIARĘ	TORUŃ	POL	SENIOR I M - 20			02:11:32	07:15:25	16:34:30	DNF	DNF	DNF	-	-
	GNIELKA DAWID	169	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			02:31:18	08:55:42	16:43:28	DNF	DNF	DNF	-	-
	WILK MACIEJ	29	RAMBO 3	BYTOM	POL	SENIOR II M - 30			01:19:38	03:43:05	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI MARIUSZ	269	MARCINSWIERCTEAM	WARSZAWA	POL	MASTERS M - 40			01:39:40	04:48:37	DNF	DNF	DNF	DNF	-	-
	JERMAK KAMIL	210		PŁOTY	POL	SENIOR II M - 30			01:41:39	04:52:12	DNF	DNF	DNF	DNF	-	-
	PIECUCH MARCIN	32	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30			01:55:13	05:01:54	DNF	DNF	DNF	DNF	-	-
	ANTOSIAK TOMASZ	208	TMTEAM	ZŁOTORYJA	POL	SENIOR II M - 30			01:48:51	05:14:34	DNF	DNF	DNF	DNF	-	-
	CZAPIEWSKI DAREK	302	PRZENOSIMY GÓRY	BIERUŃ	POL	SENIOR II M - 30			01:49:02	05:16:38	DNF	DNF	DNF	DNF	-	-
	ROJEK PAWEŁ	144	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30			02:13:06	05:59:59	DNF	DNF	DNF	DNF	-	-
	WRZESIŃSKI WOJCIECH	116	FORDONRUNNERS	BYDGOSZCZ	POL	MASTERS M - 40			02:10:51	06:12:14	DNF	DNF	DNF	DNF	-	-
	SOBOCZYŃSKI ADAM	239		GDYNIA	POL	SENIOR II M - 30			02:13:31	07:00:01	DNF	DNF	DNF	DNF	-	-

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
	BUKOWSKI MARCIN	115	SPARTANIE DZIECIOM	ŻELECHÓW	POL	SENIOR II M - 30			02:11:53 DNF	07:31:27 DNF	DNF	DNF	DNF	DNF	-	-
	HOROWSKI TOMASZ	171	RUNHOGS TYCHY	TYCHY	POL	MASTERS M - 40			02:41:14 DNF	08:14:43 DNF	DNF	DNF	DNF	DNF	-	-
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-
	KURIATA MARCIN	121		WŁADYSŁAWOWO	POL	MASTERS M - 40			02:29:27 DNF	10:25:52 DNF	DNF	DNF	DNF	DNF	-	-
	GAJOS DANIEL	53	MUAY RUNNING TEAM/BIEGAORTOPEDA.PL	KRAKÓW	POL	MASTERS M - 40			01:46:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LUTOWSKI WOJCIECH	202	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	SENIOR II M - 30			01:47:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRZEMIŃSKI JACEK	242	POLDEK TEAM	OPOLE	POL	SENIOR II M - 30			02:12:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI WOJCIECH	109	MONAR	WROCŁAW	POL	WETERAN I M - 50			02:13:08 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOEBEL ADAM	244	-----	KRAKÓW	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	DNF	-	-