

BIEG K-B-L - 110 KM

Organizator: Fundacja MARATONY GÓRSKIE
 Data: 2018-07-19
 Miejsce: Łądek-Zdrój
 Dystans: 110 km
 Klasyfikacja wg czasów brutto.


BIEG K-B-L - 110 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	DZIAĐZIAK ŁUKASZ	246	MONK SANDALS	OLEAWA	POL	SENIOR II M - 30	1	M 1	01:25:05	03:35:24	06:52:41	10:01:55	11:15:08.70	11:15:08.70	6:08	9.8
2	UZNAŃSKI PIOTR	264	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	2	M 2	01:23:37	03:46:09	07:39:30	10:44:27	11:55:11.65	11:55:12.60	6:30	9.2
3	JEDWABNY PIOTR	126		WROCLAW	POL	SENIOR II M - 30	3	M 3	01:25:06	03:43:15	07:30:56	11:01:16	12:17:39.65	12:17:41.85	6:42	8.9
4	WYRODEK JAKUB	227	TURBOPTYSIE	NOWA RUDA	POL	SENIOR II M - 30	4	M 4	01:39:40	04:11:59	07:50:30	11:11:05	12:29:45.30	12:30:14.05	6:48	8.8
5	SZAROWAR BARTOSZ	147		NOWA SÓL	POL	MASTERS M - 40	1	M 5	01:27:28	04:02:45	07:51:04	11:19:16	12:43:12.00	12:43:15.55	6:56	8.6
6	BANASZEK ADAM	311	BIEGUSIEM.PL	WARSZAWA	POL	SENIOR II M - 30	5	M 6	01:35:03	04:15:49	08:03:32	11:35:16	12:48:37.40	12:48:41.50	6:59	8.6
7	KALINA TOMASZ	305	TRUE RUNNERS	OSLO	POL	SENIOR II M - 30	6	M 7	01:27:16	03:58:56	07:50:45	11:27:21	12:49:06.65	12:49:10.95	6:59	8.6
8	SZCZEPANIAK MARCIN	28	XRUNNERS	KONIN	POL	SENIOR II M - 30	7	M 8	01:31:20	04:09:20	08:04:35	11:33:51	12:50:53.15	12:50:54.95	7:00	8.6
9	DMUCH JAKUB	163	XRUNNERS	TRZEBNICA	POL	SENIOR I M - 20	1	M 9	01:36:19	04:18:07	08:08:28	11:38:54	12:59:00.40	12:59:04.80	7:04	8.5
10	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
11	WŁOCHAL ROBERT	133		WAŁBRZYCH	POL	SENIOR II M - 30	8	M 10	01:46:17	04:28:03	08:16:18	11:47:17	13:06:56.70	13:07:07.00	7:09	8.4
12	STROINSKI DANIEL	295	RMF4RT OCR	RYBNIK	POL	SENIOR II M - 30	9	M 11	01:33:11	04:15:54	08:41:33	11:58:23	13:10:42.85	13:10:45.10	7:11	8.3
13	WASZEK SŁAWOMIR	48	KARKONOSZ RUNNING TEAM	WROCLAW	POL	SENIOR II M - 30	10	M 12	01:36:18	04:20:23	08:17:39	11:58:53	13:20:24.35	13:20:31.20	7:16	8.2
14	ŚWIERAD DARIUSZ	281	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30	11	M 13	01:39:05	04:23:29	08:28:30	12:04:13	13:39:01.60	13:39:05.95	7:26	8.1
15	BAZYL ADAM	8	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	12	M 14	01:43:19	04:35:31	08:34:06	12:16:15	13:40:19.50	13:40:34.55	7:27	8
16	AUGUSTYŃSKI SYLWESTER	77	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	13	M 15	01:31:57	04:08:53	08:16:22	12:09:20	13:43:42.35	13:43:45.40	7:29	8
17	KRZESZOWSKI MARCIN	212		STRZEGOM	POL	SENIOR II M - 30	14	M 16	01:45:30	04:31:33	08:37:09	12:21:19	13:45:40.10	13:45:52.05	7:30	8
18	SMOLAREK SEBASTIAN	231		POZNAŃ	POL	SENIOR II M - 30	15	M 17	01:28:25	04:09:10	08:19:04	12:21:01	13:50:27.35	13:50:31.20	7:32	7.9
19	WALESIAK WOJCIECH	40	REMBERTÓW TEAM	WARSZAWA	POL	SENIOR II M - 30	16	M 18	01:42:52	04:29:58	08:32:19	12:37:25	14:00:08.45	14:00:27.70	7:38	7.9
20	TOMALSKI MARCIN	283		KRAKÓW	POL	SENIOR II M - 30	17	M 19	01:43:10	04:40:57	08:55:31	12:41:32	14:09:32.65	14:09:38.00	7:43	7.8
21	BORUCKI JAKUB	14	#KASZANIENAMOKA	POZNAŃ	POL	SENIOR II M - 30	18	M 20	01:44:54	04:38:58	08:47:02	12:41:41	14:10:38.45	14:10:49.65	7:43	7.8
22	KUPIŃSKI CEZARY	30		WROCLAW	POL	WETERAN I M - 50	1	M 21	01:46:35	04:38:52	08:46:34	12:42:06	14:13:38.65	14:13:43.35	7:45	7.7
23	ŁABUZ SYLWESTER	13		DZIERŻONIÓW	POL	SENIOR II M - 30	19	M 22	01:43:18	04:35:49	08:59:49	12:55:21	14:15:46.95	14:15:56.85	7:46	7.7
24	ZBRZEŻNY CEZARY	141	KB JURUNDSZCZYTNO	SZCZYTNO	POL	SENIOR II M - 30	20	M 23	01:45:51	04:33:27	08:51:52	12:50:40	14:18:47.65	14:19:01.60	7:48	7.7
25	MAZUR TOMASZ	113		WOLICA	POL	MASTERS M - 40	2	M 24	01:38:30	04:28:00	08:47:44	12:45:22	14:20:47.00	14:20:51.35	7:49	7.7
26	BIADASZ ANDRZEJ MICHAŁ	107	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	3	M 25	01:44:09	04:33:36	08:47:18	12:46:53	14:20:48.75	14:20:52.00	7:49	7.7
27	KLUSEK MATEUSZ	135	SKLEP BIEGACZA RUNNING TEAM KRAKÓW	KRAKÓW	POL	SENIOR I M - 20	2	M 26	01:32:30	04:35:25	09:00:16	12:47:06	14:22:20.00	14:22:22.80	7:50	7.7
28	ZIĘTERSKI ROBERT	194	ROBERT ZIĘTERSKI	KŁODZKO	POL	MASTERS M - 40	4	M 27	01:44:23	04:44:59	08:47:26	12:50:49	14:27:08.65	14:27:13.60	7:52	7.6
29	WOJCIECHOWSKI PRZEMYSŁAW	74	CHAMPIONMAN TEAM	CZEMPIŃ	POL	SENIOR II M - 30	21	M 28	01:46:19	04:36:13	08:48:35	12:52:29	14:29:28.70	14:29:34.20	7:54	7.6
30	KRÓL MACIEJ	81		POZNAŃ	POL	MASTERS M - 40	5	M 29	01:46:23	04:44:59	08:48:38	12:52:29	14:29:29.45	14:29:34.80	7:54	7.6
31	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
32	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
33	NOWAK PAWEŁ	325	SUPERMARATON KALISZ	KALISZ		WETERAN I M - 50	2	M 30	01:43:09	04:46:16	09:15:38	13:07:00	14:35:08.85	14:35:09.85	7:57	7.5
34	WERNER KAMIL	52	ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30	22	M 31	01:30:56	04:24:23	09:03:55	13:04:02	14:35:09.30	14:35:11.75	7:57	7.5
35	TRZCIELIŃSKI ROMAN	106	PSY WARSZAWA	WARSZAWA	POL	WETERAN II M - 60	1	M 32	01:46:19	04:45:19	09:12:05	13:10:08	14:36:07.45	14:36:15.20	7:57	7.5
36	WIERZBICKI HUBERT	105	CROSSFIT DOGFIELD	PASIKUROWICE	POL	SENIOR I M - 20	3	M 33	01:43:05	04:36:57	09:06:59	13:08:40	14:36:06.90	14:36:15.25	7:57	7.5
37	GARNEK PIOTR	60	VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	23	M 34	02:00:11	05:16:45	09:33:21	13:13:55	14:42:32.45	14:42:40.85	8:01	7.5
38	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
39	WITEK ŁUKASZ	257	BIEG PO ZDRÓJ	JAWORZE	POL	MASTERS M - 40	6	M 35	01:48:22	05:00:41	09:23:25	13:16:15	14:47:27.90	14:47:34.45	8:04	7.4
40	BUCHLA MARCIN	183	GT RAT	WROCLAW	POL	MASTERS M - 40	7	M 36	01:51:17	04:45:26	09:09:16	13:13:29	14:48:09.90	14:48:12.65	8:04	7.4
41	RZYWUCKI WOITEK	274	RUNNERSCLUB.PL	PILA	POL	MASTERS M - 40	8	M 37	01:57:10	05:07:13	09:33:28	13:36:48	15:04:16.15	15:04:24.70	8:13	7.3

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
42	PACZUSKI MICHAŁ	260	FOREVER YOUNG LODZ	LODZ	POL	SENIOR II M - 30	24	M 38	01:44:48	04:35:46	08:58:03	13:16:06	15:05:33.75	15:05:48.85	8:13	7.3
43	DABKOWSKI KAMIL	139		WARSZAWA	POL	MASTERS M - 40	9	M 39	01:46:19	04:45:37	09:21:42	13:30:48	15:08:12.15	15:08:24.45	8:15	7.3
44	ZAWORSKI TOMASZ	262		WROCLAW	POL	SENIOR II M - 30	25	M 40	01:45:51	04:52:45	09:22:55	13:34:23	15:14:49.55	15:14:54.60	8:18	7.2
45	HOLC MICHAŁ	282	UZDROWISKOWY TEAM	WARSZAWA	POL	SENIOR II M - 30	26	M 41	01:41:31	04:44:46	09:21:51	13:42:54	15:16:46.15	15:16:55.65	8:20	7.2
46	MARUKIEWICZ MAREK	271	BIEGAMDLAZDROWIA.PL	JELONA GÓRA	POL	SENIOR II M - 30	27	M 42			09:00:08	13:20:13	15:20:00.35	15:20:00.35	8:21	7.2
47	KĄNDUŁA GRZEGORZ	83	NEST.POZNAN.PL	POZNAŃ	POL	SENIOR II M - 30	28	M 43	01:49:24	04:49:48	09:21:02	13:37:38	15:20:23.30	15:20:41.40	8:22	7.2
48	LICHOTA TOMASZ	289	DEKORIA	ŚWIDNICA	POL	SENIOR I M - 20	4	M 44	01:38:12	04:42:08	09:26:15	13:51:29	15:20:43.25	15:20:47.70	8:22	7.2
49	IŁOWIECKI DOMINIK	131	NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	29	M 45	01:42:31	04:38:38	09:19:18	13:42:31	15:21:01.90	15:21:12.45	8:22	7.2
50	WASILEWSKI MARCIN	152		ZIELONA GÓRA	POL	SENIOR II M - 30	30	M 46	01:38:08	04:35:38	09:27:43	13:52:51	15:25:13.95	15:25:23.30	8:24	7.1
51	WALENDA ARKADIUSZ	298	VEGE ULTRA RUNNERS	LESZNOWOLA	POL	MASTERS M - 40	10	M 47	01:44:13	04:59:55	09:41:41	13:56:11	15:25:18.65	15:25:23.30	8:24	7.1
52	WOSZCZAK ZBIGNIEW	178	1964	STRZELIN	POL	WETERAN I M - 50	3	M 48	01:53:06	05:15:54	09:41:36	13:56:09	15:25:17.05	15:25:23.55	8:24	7.1
53	TITZ KOZA JULITA	120		LODZ	POL	SENIOR II K - 30	4	K 5	01:49:15	05:06:15	09:37:56	13:51:36	15:25:41.50	15:25:47.60	8:24	7.1
54	RAJNER KRZYSZTOF	12	ULTRA KOSZALIN	KOSZALIN	POL	SENIOR II M - 30	31	M 49	01:49:07	04:54:08	09:31:44	13:51:11	15:27:00.65	15:27:16.70	8:25	7.1
55	WODZIEŃ ANDRZEJ	329		RZESZÓW		MASTERS M - 40	11	M 50	01:49:06	04:56:06	09:33:34	13:54:51	15:29:26.95	15:29:33.80	8:26	7.1
56	SZYL MAREK	85	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	12	M 51	01:51:50	05:18:53	09:49:27	14:06:12	15:37:23.25	15:37:41.40	8:31	7
57	RAJTAR ZBIGNIEW	104	RONTIL-COMPASS	KRAKOW	POL	WETERAN I M - 50	4	M 52	01:46:52	04:49:50	09:28:52	13:59:03	15:38:20.40	15:38:24.75	8:31	7
58	KRYM KATARZYNA	223	NIGHT RUNNERS WROCLAW	SMOLEC	POL	MASTERS K - 40	1	K 6	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75	8:34	7
59	MEISSNER PAWEŁ	222	TIGERS TEAM	ŁÓDŹ	POL	SENIOR II M - 30	32	M 53	01:46:18	04:44:28	09:20:52	13:59:03	15:43:06.00	15:43:08.85	8:34	7
60	WALCZAK PATRYK	22	XRUNNERS	KONIN	POL	SENIOR I M - 20	5	M 54	01:36:23	04:31:27	09:14:18	14:06:30	15:45:35.70	15:45:37.60	8:35	7
61	KRZEŚIŃSKI DARIUSZ	286	ORANGE POLSKA S.A	WROCLAW	POL	MASTERS M - 40	13	M 55	01:46:43	05:00:38	09:33:26	14:01:26	15:46:56.60	15:47:03.15	8:36	7
62	WITCZAK PRZEMYSŁAW	205	DREAMTIME TRAILS	WARSZAWA	POL	MASTERS M - 40	14	M 56	01:59:27	05:18:47	10:00:14	14:15:15	15:50:10.60	15:50:21.80	8:38	6.9
63	WŁOSKOWICZ MARCIN	130		WAŃCOK	POL	MASTERS M - 40	15	M 57	02:07:43	05:32:33	10:06:41	14:26:14	15:53:53.80	15:54:12.75	8:40	6.9
64	JĘDRYCHOWSKI BARTŁOMIEJ	306		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	33	M 58	01:49:00	05:09:50	09:52:48	14:21:16	15:55:28.85	15:55:49.65	8:41	6.9
65	KALEMBKIEWICZ PIOTR	229	MIROTRANS	WROCLAW	POL	MASTERS M - 40	16	M 59	01:52:03	05:00:55	10:10:46	14:29:20	16:00:21.20	16:00:45.05	8:43	6.9
66	WESOŁEK MAREK	220	PRO-RUN WROCLAW	WROCLAW	POL	SENIOR II M - 30	34	M 60	01:57:45	05:00:30	09:38:30	14:06:59	16:02:54.80	16:03:05.40	8:45	6.9
67	KLARECKI ADRIAN	100	WIRAN TEAM/ ASTMA TEAM	REDA	POL	MASTERS M - 40	17	M 61	01:39:34	04:41:17	09:25:54	14:11:42	16:05:09.10	16:05:11.85	8:46	6.8
68	KRÓL MACIEJ	98	WIRAN TEAM	REDA	POL	MASTERS M - 40	18	M 62	01:39:35	04:41:19	09:25:49	14:11:09	16:05:08.60	16:05:11.95	8:46	6.8
69	OLAWIŃSKI KAROL	276	TMTEAM	KOBIERZYCE	POL	SENIOR II M - 30	35	M 63	01:49:31	05:02:29	10:17:40	14:31:20	16:05:28.65	16:05:42.00	8:46	6.8
70	FROŁOW JAKUB	201		WARSZAWA	POL	MASTERS M - 40	19	M 64	01:49:34	04:56:03	09:32:44	14:13:47	16:07:47.65	16:08:00.50	8:47	6.8
71	KOZERAŃSKI PRZEMYSŁAW	248	WILD DOGS TEAM	WOJKOWICE	POL	SENIOR II M - 30	36	M 65	01:47:44	05:06:13	09:53:45	14:21:16	16:08:34.00	16:08:45.20	8:48	6.8
72	MALINOWSKI JERZY	158		ZIĘBICE	POL	WETERAN I M - 50	5	M 66	01:46:21	04:45:17	09:26:24	14:29:49	16:15:00.75	16:15:11.30	8:51	6.8
73	KOWAŁ WIESŁAW	216	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	20	M 67	01:46:19	04:45:27	09:26:31	14:30:15	16:18:14.75	16:18:25.35	8:53	6.7
74	SIKORSKI JACEK	95	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	21	M 68	01:52:02	05:06:14	09:47:29	14:26:42	16:20:47.45	16:20:57.40	8:54	6.7
75	CZAPIEWSKI JANUSZ	247	OJCIEC I SYN &CRİK FCA	BIERUŃ	POL	WETERAN I M - 50	6	M 69	01:46:58	05:16:10	10:25:48	14:47:06	16:24:00.65	16:24:06.30	8:56	6.7
76	GRUNTOWSKI MATEUSZ	259	NIEMO ADVENTURE	NIEMODLIN	POL	SENIOR II M - 30	37	M 70	01:54:23	05:21:44	10:17:26	14:53:38	16:30:15.30	16:30:36.30	9:00	6.7
77	BALWIERCZAK PIOTR	187	NIGHT RUNNERS WROCLAW	WROCLAW	POL	SENIOR I M - 20	6	M 71	01:34:45	04:23:02	08:55:07	14:38:46	16:33:57.25	16:34:00.90	9:02	6.6
78	FEODORÓW WOJCIECH	285	SKURCZYBYKI	ZABRZE	POL	MASTERS M - 40	22	M 72	01:58:06	05:22:30	10:21:05	15:06:39	16:42:07.15	16:42:12.10	9:06	6.6
79	SANKOWSKI PAWEŁ	312	PLACKI TEAM	WROCLAW	POL	SENIOR II M - 30	38	M 73	02:04:53	05:35:09	10:21:00	14:55:04	16:39:09.95	16:44:20.20	9:05	6.6
80	ZYDRÓN TYMOTEUSZ	157	VISEGRAD MARATON	KRAKÓW	POL	MASTERS M - 40	23	M 74	02:00:51	05:34:43	10:30:52	15:03:26	16:45:04.25	16:45:18.70	9:08	6.6
81	KURCZYK TOMASZ	214		KOŚMIDRY	POL	MASTERS M - 40	24	M 75	01:48:21	05:08:37	10:10:46	15:09:08	16:47:00.95	16:47:05.65	9:09	6.6
82	GAJLUSZ DAWID	278	BIEGIEM PO MARZENIA	OLEŚNICA	POL	SENIOR II M - 30	39	M 76	01:32:31	04:38:53	09:48:46	14:44:46	16:50:16.40	16:50:18.10	9:11	6.5
83	PAWŁOWSKI JACEK	156	KS TĘCZA GDYNIA	GDYNIA	POL	MASTERS M - 40	25	M 77	01:44:02	04:56:13	10:11:03	15:23:24	16:51:44.25	16:51:54.20	9:11	6.5
84	DOMOSTOWICZ MICHAŁ	318		SKIERNIEWICE		SENIOR II M - 30	40	M 78	01:57:12	05:24:43	10:27:52	15:14:13	16:52:57.60	16:53:13.05	9:12	6.5
85	GRYSKA PIOTR	322		KOBIELA		MASTERS M - 40	26	M 79	02:06:33	05:30:26	10:29:15	15:11:25	16:52:43.90	16:53:13.25	9:12	6.5
86	GAŚIOR PAWEŁ	112		OLAWA	POL	SENIOR II M - 30	41	M 80	01:38:05	05:08:07	10:16:53	15:12:05	16:53:51.75	16:54:00.20	9:13	6.5
87	PIOTROWSKI MICHAŁ	154	KLUB BIEGACZA JURUND	ŚWIĘTAJNO	POL	SENIOR II M - 30	42	M 81	01:45:51	04:44:28	09:51:40	14:58:36	16:56:58.10	16:57:11.55	9:14	6.5
88	SZCZOTKA KATARZYNA	198		PSZCZYNA	POL	MASTERS K - 40	2	K 7	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	9:18	6.4
89	BOBIN TOMASZ	94		GORZÓW WLKP.	POL	MASTERS M - 40	27	M 82	01:46:14	05:16:40	10:22:17	15:24:30	17:05:48.90	17:05:53.25	9:19	6.4
90	TRACZYK MAREK	258	MPK WYBIEGANIE	WARSZAWA	POL	WETERAN I M - 50	7	M 83	02:10:48	05:51:37	10:53:40	15:37:24	17:09:20.30	17:09:27.40	9:21	6.4
91	ŻMIJEWSKI TOMASZ	27		WROCLAW	POL	SENIOR II M - 30	43	M 84	02:01:53	05:34:46	10:30:58	15:21:04	17:11:29.25	17:11:40.25	9:22	6.4
92	POSMAŃ RAFAŁ	307		WAŁBRZYCH	POL	MASTERS M - 40	28	M 85	02:04:17	05:28:27	10:21:31	15:19:36	17:12:22.70	17:12:28.35	9:23	6.4
93	BARAŃ JAROSŁAW	189		WROCLAW	POL	MASTERS M - 40	29	M 86	02:10:39	05:51:53	10:53:34	15:18:45	17:12:58.90	17:13:22.45	9:23	6.4
94	LANGER WALDEMAR	7		LESZNO	POL	WETERAN I M - 50	8	M 87	01:49:31	05:24:58	10:28:20	15:21:23	17:13:54.10	17:13:59.30	9:23	6.4

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
149	SANKOWSKI JACEK	203	1988	WROCLAW	POL	SENIOR II M - 30	63	M 136	02:05:22	05:58:11	11:20:58	16:47:54	18:42:53.75	18:48:03.90	10:12	5.9
150	SKÓRA MIROSŁAW	275	SPARTA ULTRA TEAM	LASKI	POL	MASTERS M - 40	54	M 137	01:48:04	05:22:15	11:08:29	16:45:51	18:49:41.20	18:49:46.70	10:16	5.8
151	HENDRYS MAREK	288	SPARTA ULTRA TEAM	GRANICE	POL	SENIOR I M - 20	9	M 138	01:48:08	05:22:16	11:08:35	16:46:00	18:49:40.85	18:49:46.80	10:16	5.8
152	LECHOWSKI TOMASZ	313		KRAKÓW	POL	SENIOR II M - 30	64	M 139	02:09:00	06:17:22	11:44:29	17:02:10	18:56:42.50	18:57:04.50	10:20	5.8
153	KASPRZYK ADRIAN	321	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS M - 40	55	M 140	02:14:08	06:13:01	11:34:14	17:03:11	18:58:14.60	18:58:41.05	10:20	5.8
154	HAJEK PRZEMEK	143	ASAP RUNNERS	ŁÓDŹ	POL	SENIOR II M - 30	65	M 141	01:50:39	05:35:55	11:03:29	16:56:15	19:00:07.45	19:00:23.85	10:21	5.8
155	KRECZMAŃSKI ROBERT	23	EMERYCI I RENCIŚCI	ZALESIE GÓRNE	POL	WETERAN I M - 50	12	M 142	01:36:59	04:28:11	10:40:01	16:33:07	19:00:49.05	19:00:51.90	10:22	5.8
156	JADACH GRZEGORZ	294		WROCLAW	POL	SENIOR II M - 30	66	M 143	01:52:36	05:21:12	10:41:58	16:18:30	19:04:18.70	19:04:23.80	10:24	5.8
157	URACZ ŁUKASZ	238	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	SENIOR II M - 30	67	M 144	02:08:50	05:57:35	11:24:54	16:48:04	19:07:02.25	19:07:23.40	10:25	5.8
158	MARCZEWSKI ANDRZEJ	149	DLA BOGUSI	KIELCE	POL	WETERAN I M - 50	13	M 145	01:57:14	05:49:26	11:22:19	16:51:36	19:07:19.90	19:07:28.35	10:25	5.8
159	ROLLA DORIAN	199		WARZYMICE	POL	MASTERS M - 40	56	M 146	01:58:43	06:18:10	11:46:23	17:04:18	19:12:55.10	19:13:00.30	10:28	5.7
160	QUIRINI EWA	166		NOWY TARG	POL	SENIOR II K - 30	7	K 14	02:11:22	06:00:50	11:25:03	17:02:56	19:13:14.90	19:13:39.05	10:29	5.7
161	BRUSZEWSKA-GŁOBIOWSKA MONIKA	134		GDYNIA	POL	MASTERS K - 40	7	K 15	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	10:29	5.7
162	BODIO DARIUSZ	218	SPARTA ZIĘBICE	ZIĘBICE	POL	WETERAN I M - 50	14	M 147	01:48:42	04:56:08	10:53:53	17:16:15	19:19:06.90	19:19:19.45	10:32	5.7
163	KRAJEWSKI ARTUR	326		PŁOCK	POL	MASTERS M - 40	57	M 148	02:11:40	06:17:04	11:44:56	17:18:05	19:21:09.75	19:21:15.15	10:33	5.7
164	LUTYŃSKI ZBIGNIEW	155		OŚWIĘCIM	POL	SENIOR II M - 30	68	M 149	02:08:33	05:58:52	11:49:26	17:15:16	19:22:51.30	19:23:09.75	10:34	5.7
165	ZEGARMISTRZ GRZEGORZ	228		KRAKÓW	POL	SENIOR II M - 30	69	M 150	02:00:16	05:05:14		17:25:35	19:22:49.15	19:23:15.20	10:34	5.7
166	LANGE SZYMON	270	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	70	M 151	02:08:49	05:58:23	11:34:17	17:18:55	19:23:12.00	19:23:22.90	10:34	5.7
167	SMOŁUCH TOMASZ	84	SAINT-GOBAIN SQUAD / LURBEL POLSKA	OLKUSZ	POL	MASTERS M - 40	58	M 152	02:15:45	06:12:54	11:49:06	17:21:24	19:23:27.15	19:23:55.10	10:34	5.7
168	CHURAS ŁUKASZ	252		MYSZKÓW	POL	MASTERS M - 40	59	M 153	02:09:11	05:39:52	11:18:09	16:58:38	19:24:05.40	19:24:30.80	10:34	5.7
169	GAWEL KRZYSZTOF	97	ERBUD RYBNIK/FORMA WODZISŁAW ŚL.	PSZÓW	POL	MASTERS M - 40	60	M 154	02:10:39	06:06:41	11:34:09	17:18:14	19:24:19.70	19:24:43.45	10:35	5.7
170	BYZIA PIOTR	9		WROCLAW	POL	SENIOR II M - 30	71	M 155	01:57:33	05:48:00	11:10:16	16:58:42	19:27:07.65	19:27:12.25	10:36	5.7
171	MAJOCH ANNA	145	GVT	KŁODZKO	POL	MASTERS K - 40	8	K 16	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	10:37	5.6
172	WALKIEWICZ MACIEJ	148		SOPOT	POL	SENIOR II M - 30	72	M 156	01:49:24	05:16:05	10:55:34	17:11:13	19:29:09.40	19:29:23.15	10:37	5.6
173	SZARF PAWEŁ	5	ZĄŁOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR I M - 20	10	M 157	01:45:40	05:41:28	11:18:45	17:05:53	19:35:40.75	19:35:43.80	10:41	5.6
174	POLAKOWSKI TOMASZ	233	STREET RUN RADOM	RADOM	POL	MASTERS M - 40	61	M 158	02:19:55	06:17:54	11:58:59	17:25:13	19:35:39.50	19:36:04.10	10:41	5.6
175	JĘDRZEJOWSKA-DEC ANNA	327	OTK RZEŹNIK	GLIWICE	POL	MASTERS K - 40	9	K 17	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	10:44	5.6
176	MĄCZKA BRONISŁAW	328	OTK RZEŹNIK	GLIWICE	POL	WETERAN II M - 60	2	M 159	02:09:32	06:05:52	11:52:17	17:33:55	19:41:23.25	19:41:46.95	10:44	5.6
177	SOBOCZYŃSKA JUSTYNA	136		GDYNIA	POL	SENIOR I K - 20	1	K 18	02:13:29	06:13:57	11:55:55	17:22:30	19:41:44.85	19:42:05.85	10:44	5.6
178	BALICKI JAKUB	93	ASAP RUNNERS	ŁÓDŹ	POL	MASTERS M - 40	62	M 160	02:11:41	05:51:17	11:24:34	17:14:59	19:41:57.30	19:42:25.55	10:44	5.6
179	MADEJ JAN	71		POLKOWICE	POL	MASTERS M - 40	63	M 161	02:08:46	06:01:32	12:04:22	17:27:48	19:42:37.70	19:42:41.70	10:45	5.6
180	ULATOWSKI ANDRZEJ	10		TORUŃ	POL	MASTERS M - 40	64	M 162	02:10:57	05:44:22	11:22:18	17:23:01	19:42:36.75	19:42:51.45	10:45	5.6
181	FRĄCZKOWIAK JACEK	251	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	65	M 163	02:16:47	06:24:22	12:29:02	17:48:02	19:44:07.80	19:44:14.05	10:45	5.6
182	PYTEL STANISŁAW	150	SCYZORYK	KIELCE	POL	SENIOR II M - 30	73	M 164	01:57:03	05:39:54	11:15:56	16:57:26	19:45:26.85	19:45:34.30	10:46	5.6
183	SOLTYS TOMASZ	331		PIDANKOWICE	POL	SENIOR II M - 30	74	M 165	02:00:23	05:33:11	11:22:32	17:17:04	19:46:15.60	19:46:22.75	10:47	5.6
184	ANDRZEJCZAK DARIUSZ	123	AGB TORFY	ALEKSANDRÓW ŁÓDZKI	POL	WETERAN I M - 50	15	M 166	02:16:46	06:06:48	11:30:58	17:22:59	19:46:22.90	19:46:31.95	10:47	5.6
185	HAREŹŁAK DOROTA	38	AGB TORFY	ŁÓDŹ	POL	MASTERS K - 40	10	K 19	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	10:47	5.6
186	URBANEK DARIUSZ	117	OBY PRZED LIMITEM	SKIERNIEWICE	POL	MASTERS M - 40	66	M 167	02:00:57	05:51:27	11:21:40	17:23:19	19:49:34.55	19:49:50.65	10:48	5.5
187	SERKOWSKI MARCIN	280	BIEGAMYRAZEM.PL	GDYNIA	POL	MASTERS M - 40	67	M 168	02:09:21	05:59:57	11:48:36	17:26:19	19:50:57.10	19:51:07.95	10:49	5.5
188	MAGOŃ KAMIL	315		WIAZOW	POL	SENIOR I M - 20	11	M 169	01:57:22	05:32:32	11:25:53	17:10:20	19:52:55.75	19:53:14.70	10:50	5.5
189	CHRZAN ANDRZEJ	309	AA TARNÓW	TARNÓW	POL	SENIOR I M - 20	12	M 170	01:57:21	05:31:05	11:02:52	16:36:56	19:54:47.85	19:55:02.85	10:51	5.5
190	GAWLAS PRZEMISŁAW	316		MŁYNÓW	POL	MASTERS M - 40	68	M 171	01:59:33	05:46:48	11:30:04	17:27:46	19:55:35.35	19:55:35.35	10:52	5.5
191	SMOLEŃ TOMASZ	142	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	69	M 172	01:59:47	05:46:45	11:30:08	17:27:38	19:55:46.75	19:55:48.40	10:52	5.5
192	CZAPIEWSKI PAWEŁ	128		OSÓWKO	POL	SENIOR I M - 20	13	M 173	01:48:55	05:36:03	12:23:15	17:37:13	19:59:21.85	19:59:32.10	10:54	5.5
193	SADOWSKA MARTA	2	KOSSMATE ŻUKI	KRAKÓW	POL	SENIOR II K - 30	8	K 20	02:18:32	06:00:30	11:51:50	17:35:57	19:59:25.05	19:59:34.85	10:54	5.5
194	BAJAK MAŁGORZATA	237	MUAY RUNNING TEAM	KRAKÓW, POLSKA	POL	MASTERS K - 40	11	K 21	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	10:55	5.5
195	SZYSZKO STANISŁAW	188		PIŁA	POL	SENIOR II M - 30	75	M 174	01:49:22	05:00:39	10:31:33	17:22:01	20:07:15.50	20:07:19.80	10:58	5.5
196	KORPUS-MIELCZARSKA KATARZYNA	215	SGB SAMO SIĘ NIE PRZEBIEGNIE	SŁAWKÓW	POL	SENIOR II K - 30	9	K 22	02:07:29	05:46:20	11:32:02	17:43:14	20:09:30.25	20:09:49.95	10:59	5.5
197	ZAJĄC ADAM	66	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	70	M 175	02:07:30	05:46:20	11:32:08	17:43:20	20:09:30.85	20:09:50.45	10:59	5.5
198	MICHALAK ALEKSANDRA	17	NIGHT RUNNERS/KOBIETY BIEGAJA	POZNAŃ	POL	SENIOR II K - 30	10	K 23	02:14:05	06:16:23	11:42:19	17:43:31	20:17:29.55	20:17:42.80	11:04	5.4
199	BISKUP RAFAŁ	261	DZIAD NOT DEAD	WARSZAWA	POL	WETERAN I M - 50	16	M 176	02:11:39	05:35:54	10:54:11	16:58:12	20:20:28.30	20:20:32.15	11:05	5.4
200	WSUŁ MONIA	173	CHOSZCZENSKA10	SWARZĘDZ	POL	MASTERS K - 40	12	K 24	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	11:07	5.4

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
253	SZYMAŃSKI JACEK	314	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	MASTERS M - 40	91	M 217	02:20:53	07:04:07	14:11:57	21:11:05	23:43:06.20	23:43:28.90	12:56	4.6
254	KOZERA KAMIL	43	HARPAGAN SOSNOWIEC	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	88	M 218	02:13:17		13:28:20	20:26:21	23:43:54.60	23:44:16.60	12:56	4.6
255	WOŹNIAK DAWID	122		POZNAŃ	POL	MASTERS M - 40	92	M 219	02:11:27	06:23:06	13:02:07	20:53:35	23:44:28.40	23:44:55.40	12:56	4.6
256	NAĆKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
257	LEŚNIK WOJCIECH	191		WROCŁAW	POL	WETERAN I M - 50	23	M 220	02:16:56	07:06:05	14:28:36	21:35:22	24:14:29.85	24:14:46.40	13:13	4.5
258	RUDZKI TOMASZ	25	RAJSPORT ACTIVE	KONSTANTYNÓW ŁÓDZKI	POL	MASTERS M - 40	93	M 221	02:11:30	06:37:35	14:54:19	22:04:15	24:34:31.80	24:34:33.50	13:24	4.5
259	BALUK MAREK	324	BOREK-CHEŁM	CHELM		WETERAN I M - 50	24	M 222	02:26:23	07:27:55	15:09:08	22:14:51	24:46:19.25	24:46:33.65	13:30	4.4
260	POCHYLSKI DOMINIK	265	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	MASTERS M - 40	94	M 223	02:34:10	07:55:17	15:01:39	22:11:05	24:48:42.55	24:49:05.10	13:32	4.4
261	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
262	KWINTA MACIEJ	177	WKB PIAST	WROCŁAW	POL	MASTERS M - 40	95	M 224	02:19:52	07:14:57	15:07:41	22:19:40	24:53:33.65	24:53:37.80	13:34	4.4
263	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4
264	OBARSKI NORBERT	63		KIELCE	POL	WETERAN I M - 50	25	M 225	02:50:04	08:15:38	15:29:33	22:27:41	25:08:02.05	25:08:09.90	13:42	4.4
265	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
266	CZUBIŃSKI MAREK	57		ŁÓDŹ	POL	WETERAN II M - 60	3	M 226	02:46:42	07:48:09	15:03:43	22:09:53	25:12:24.60	25:12:32.55	13:44	4.4
267	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3
268	NOWICKI ANDRZEJ	211	POMIOTY SZATANA	POZNAŃ	POL	SENIOR I M - 20	16	M 227	02:13:52	07:41:06	15:30:54	22:52:32	25:40:50.30	25:41:05.00	14:00	4.3
269	PODSIADŁY ROBERT	168	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	WETERAN I M - 50	26	M 228	02:54:45	08:55:50	16:46:26	23:24:38	25:42:12.30	25:42:43.65	14:01	4.3
	MILCZAREK PAWEŁ	299	DROGA DO UTMB	DOBRZYCA	POL	SENIOR I M - 20			01:53:10	04:41:17	08:48:03	13:59:49	DNF	DNF	-	-
	ZYDORCZAK MATEUSZ	332		WROCŁAW		SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BIADASIEWICZ ANDRZEJ	279	CIDRY LOTAJOM	BYTOM	POL	WETERAN I M - 50			01:57:21	05:20:43	11:09:16	DNF	DNF	DNF	-	-
	ŁUKASIEWICZ MAREK	118	HEAVY WEIGHT RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30			02:10:35	05:57:45	11:45:18	DNF	DNF	DNF	-	-
	SKAZA ADAM	176	JEDNOSTKA WOJSKOWA BRZEG -GRUPA EOD	BRZEG	POL	SENIOR II M - 30			02:06:37	05:51:19	11:47:57	DNF	DNF	DNF	-	-
	DZIERKACZ PAWEŁ	80	BEAGLE RUNNERS TEAM	BYDGOSZCZ	POL	MASTERS M - 40			02:06:10	06:15:39	12:13:00	DNF	DNF	DNF	-	-
	MACHURA SEBASTIAN	164	HAZOKI	CHORZÓW	POL	SENIOR II M - 30			02:10:07	06:03:48	12:29:52	DNF	DNF	DNF	-	-
	PIKUSA MICHAŁ	75		POZNAN	POL	SENIOR II M - 30			02:33:03	07:59:51	15:11:51	DNF	DNF	DNF	-	-
	CZARNOWSKI PRZEMYSŁAW	255	POTĘŻNY PONAD MIARĘ	TORUŃ	POL	SENIOR I M - 20			02:11:32	07:15:25	16:34:30	DNF	DNF	DNF	-	-
	GNIELKA DAWID	169	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			02:31:18	08:55:42	16:43:28	DNF	DNF	DNF	-	-
	WILK MACIEJ	29	RAMBO 3	BYTOM	POL	SENIOR II M - 30			01:19:38	03:43:05	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI MARIUSZ	269	MARCINSWIERCTEAM	WARSZAWA	POL	MASTERS M - 40			01:39:40	04:48:37	DNF	DNF	DNF	DNF	-	-
	JERMAK KAMIL	210		PŁOTY	POL	SENIOR II M - 30			01:41:39	04:52:12	DNF	DNF	DNF	DNF	-	-
	PIECUCH MARCIN	32	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30			01:55:13	05:01:54	DNF	DNF	DNF	DNF	-	-
	ANTOSIAK TOMASZ	208	TMTEAM	ZŁOTORYJA	POL	SENIOR II M - 30			01:48:51	05:14:34	DNF	DNF	DNF	DNF	-	-
	CZAPIEWSKI DAREK	302	PRZENOSIMY GÓRY	BIERUŃ	POL	SENIOR II M - 30			01:49:02	05:16:38	DNF	DNF	DNF	DNF	-	-
	ROJEK PAWEŁ	144	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30			02:13:06	05:59:59	DNF	DNF	DNF	DNF	-	-
	WRZESIŃSKI WOJCIECH	116	FORDONRUNNERS	BYDGOSZCZ	POL	MASTERS M - 40			02:10:51	06:12:14	DNF	DNF	DNF	DNF	-	-
	SOBOCZYŃSKI ADAM	239		GDYNIA	POL	SENIOR II M - 30			02:13:31	07:00:01	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
	BUKOWSKI MARCIN	115	SPARTANIE DZIECIOM	ŻELECHÓW	POL	SENIOR II M - 30			02:11:53 DNF	07:31:27 DNF	DNF	DNF	DNF	DNF	-	-
	HOROWSKI TOMASZ	171	RUNHOGS TYCHY	TYCHY	POL	MASTERS M - 40			02:41:14 DNF	08:14:43 DNF	DNF	DNF	DNF	DNF	-	-
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-
	KURIATA MARCIN	121		WŁADYSŁAWOWO	POL	MASTERS M - 40			02:29:27 DNF	10:25:52 DNF	DNF	DNF	DNF	DNF	-	-
	GAJOS DANIEL	53	MUAY RUNNING TEAM/BIEGAORTOPEDA.PL	KRAKÓW	POL	MASTERS M - 40			01:46:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LUTOWSKI WOJCIECH	202	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	SENIOR II M - 30			01:47:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRZEMIŃSKI JACEK	242	POLDEK TEAM	OPOLE	POL	SENIOR II M - 30			02:12:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI WOJCIECH	109	MONAR	WROCŁAW	POL	WETERAN I M - 50			02:13:08 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOEBEL ADAM	244	-----	KRAKÓW	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	DNF	-	-