

II DECARUN KOSZALIN 5 KM

Organiser: Decathlon Koszalin
Date: 2018-08-15
Place: Koszalin
Distance: 5 km
Klasyfikacja wg czasów netto.



II DECARUN KOSZALIN 5 KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	1.667km	3.333km	Netto	min/km	km/h	
							cat.							
1	ORZECZOWSKI KAMIL	193	TKKF KOSZALIN	KOSZALIN	POL	M18-39	1	M 1	00:05:59	00:12:06	00:18:10.20	3:38	16.5	
2	BARAŃSKI PRZEMYSŁAW	7	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	2	M 2	00:05:59	00:12:14	00:18:38.85	3:43	16.1	
3	PIONK RAFAŁ	208	KPW GDYNIA/RUNNERSI S7 BANINO	MISZEWO	POL	M18-39	3	M 3	00:06:09	00:12:35	00:18:50.30	3:46	15.9	
4	HUBERT ŁUKASZ	85	TKKF KOSZALIN	KOSZALIN	POL	M18-39	4	M 4	00:06:23	00:13:04	00:19:49.95	3:58	15.1	
5	ZUKAL PIOTR	309		KOSZALIN	POL	M40-49	1	M 5	00:06:43	00:13:19	00:19:53.85	3:58	15.1	
6	HOŁUB KAMIL	83	MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	5	M 6	00:06:34	00:13:26	00:20:10.50	4:02	14.9	
7	ŻMUDA TOMASZ	312	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	M40-49	2	M 7	00:06:40	00:13:34	00:20:18.10	4:03	14.8	
8	LUBLEWSKI DAWID	154	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	6	M 8	00:06:39	00:13:33	00:20:23.65	4:04	14.7	
9	JAROSZ PRZEMYSŁAW	92	JW 1223/BLOG	WYCZECHY	POL	M18-39	7	M 9	00:06:34	00:13:30	00:20:26.45	4:05	14.7	
10	KASZUBIAK KLAUDIUSZ	108		KOSZALIN	POL	M18-39	8	M 10	00:06:55	00:13:57	00:20:27.10	4:05	14.7	
11	ROKOSZ RADOSŁAW	227	JW 1223	KOSZALIN	POL	M18-39	9	M 11	00:06:49	00:13:46	00:20:40.65	4:08	14.5	
12	WICHER KRZYSZTOF	284	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	10	M 12	00:06:52	00:13:55	00:20:45.60	4:09	14.4	
13	PRZEWOŁOCKI MICHAŁ	221	TKKF KOSZALIN	KOSZALIN	POL	M18-39	11	M 13	00:06:41	00:13:44	00:20:47.90	4:09	14.4	
14	SIENIAWSKI JAREK	236	MEDEN-INMED SPORTS TEAM	BONIN	POL	M40-49	3	M 14	00:06:49	00:13:55	00:20:56.50	4:11	14.3	
15	WIŚNIEWSKI MIECZYŚŁAW	292	STOPA SŁUPSK	SŁUPSK	POL	M-60+	1	M 15	00:06:51	00:13:55	00:20:59.70	4:12	14.3	
16	SZULC ARKADIUSZ	324	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	4	M 16	00:07:11	00:14:21	00:21:10.70	4:14	14.2	
17	HOREGLAD PAWEŁ	84	SPEEDY GONZALES	KOSZALIN	POL	M18-39	12	M 17	00:07:06	00:14:21	00:21:11.80	4:14	14.2	
18	PICK TOMASZ	201	DEAF KOSZALIN	KOSZALIN	POL	M40-49	5	M 18	00:07:09	00:14:29	00:21:18.90	4:15	14.1	
19	RUSINEK ARTUR	231		KOSZALIN	POL	M18-39	13	M 19	00:07:01	00:14:19	00:21:29.05	4:17	14	
20	PAWŁOWICZ ROLAND	317	HUSARIA RACE TEAM	SZCZECINEK	POL	M18-39	14	M 20	00:06:51	00:14:04	00:21:33.45	4:18	13.9	
21	BRYNKIEWICZ DOROTA	115	POLISH TRIATHLES IN UK	KOSZALIN	POL	K18-39	1	K 1	00:07:13	00:14:39	00:21:47.40	4:21	13.8	
22	KOWALIK NATALIA	127	MKL SZCZECINEK	SZCZECINEK	POL	K14-17	1	K 2	00:07:13	00:14:40	00:21:47.75	4:21	13.8	
23	SKOWROŃSKI TOMASZ	240		CHAŁUPY	POL	M18-39	15	M 21	00:07:55	00:15:06	00:21:53.35	4:22	13.7	
24	MAKSYMOWICZ MARCIN	157	TEAM ZABIEGANE DNI	WARSZAWA	POL	M40-49	6	M 22	00:06:57	00:14:31	00:21:53.80	4:22	13.7	
25	BIENKOWSKI TOMASZ	15	KOSZALIŃSKI RANKING BIEGACZY	NIKŁONICE	POL	M18-39	16	M 23	00:06:58	00:14:32	00:21:57.20	4:23	13.7	
26	JAMNIAK BARTOSZ	89	TKKF KOSZALIN	KOSZALIN	POL	M18-39	17	M 24	00:07:06	00:14:38	00:22:14.05	4:26	13.5	
27	WASZAK KAROL	134	KORZYBSKIE REKINY	KĘPICE	POL	M18-39	18	M 25	00:07:10	00:14:48	00:22:21.90	4:28	13.4	
28	PUSZCIAN KRZYSZTOF	222	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M40-49	7	M 26	00:07:20	00:14:46	00:22:22.90	4:28	13.4	
29	JAROSZ KONRAD	95	TECHNIKUM ELEKTRONICZNE (ZS9) KOSZALIN	KOSZALIN	POL	M14-17	1	M 27	00:07:11	00:14:45	00:22:27.75	4:29	13.4	
30	MUCHA KRZYSZTOF	182		KOSZALIN	POL	M40-49	8	M 28	00:07:33	00:15:08	00:22:28.85	4:29	13.3	
31	BASSEL MARCIN	12		KOSZALIN	POL	M18-39	19	M 29	00:07:33	00:15:06	00:22:35.50	4:31	13.3	
32	MARCINKOWSKI JACEK	162	ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M40-49	9	M 30	00:07:30	00:15:10	00:22:36.65	4:31	13.3	
33	IWANIEC DARIUSZ	86	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	10	M 31	00:07:35	00:15:08	00:22:40.95	4:32	13.2	
34	KULAKOWSKI DAWID	143	TKKF KOSZALIN	KOSZALIN	POL	M40-49	11	M 32	00:07:35	00:15:08	00:22:41.10	4:32	13.2	
35	BONISŁAWSKI JAROSŁAW	23	MAM ŚWIRA	SŁAWNO	POL	M18-39	20	M 33	00:07:36	00:15:25	00:22:54.75	4:34	13.1	
36	STRZYŻ ŁUKASZ	255	LUMBERJACKS CROSS GARAGE KOSZALIN	STARE BIELICE	POL	M18-39	21	M 34	00:07:30	00:15:16	00:22:57.35	4:35	13.1	
37	KSIĄŻEK DARIA	139	AML SŁUPSK	SŁUPSK	POL	K14-17	2	K 3	00:07:29	00:15:23	00:23:04.20	4:36	13	
38	KAMELSKI PIOTR	106		SŁAWNO	POL	M40-49	12	M 35	00:07:24	00:15:16	00:23:04.70	4:37	13	
39	MŁASZEWSKI PRZEMEK	176	HOLIDAY SPORT	KOSZALIN	POL	M18-39	22	M 36	00:07:36	00:15:22	00:23:04.75	4:36	13	
40	SAKS KRYSZTIAN	234		WARSZAWA	POL	M18-39	23	M 37	00:07:22	00:15:20	00:23:14.40	4:38	12.9	
41	KWIETNIEWSKI DANIEL	147		KOSZALIN	POL	M18-39	24	M 38	00:07:34	00:15:21	00:23:14.80	4:39	12.9	
42	MARCINIAK MICHAŁ	161		POLANÓW	POL	M18-39	25	M 39	00:07:28	00:15:12	00:23:15.85	4:39	12.9	
43	CHUPTYŚ ADRIAN	39	RUNDORFINA CZAPLINEK	CZAPLINEK	POL	M18-39	26	M 40	00:07:32	00:15:29	00:23:32.65	4:42	12.7	
44	MIKIETYSKI MICHAŁ	174	ZABIEGANI NOCĄ	OKONEK	POL	M18-39	27	M 41	00:07:49	00:15:52	00:23:34.20	4:42	12.7	
45	LENIK HUBERT	149		BIESIEKIERZ	POL	M18-39	28	M 42	00:07:16	00:15:32	00:23:37.00	4:43	12.7	

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	1.667km	3.333km	Netto	min/km	km/h
							cat.						
46	CHODOR MARTYNA	35	TKKF KOSZALIN	KOSZALIN	POL	K18-39	2	K 4	00:07:58	00:16:00	00:23:38.35	4:43	12.7
47	OLCZAK KRZYSZTOF	191		SIANÓW	POL	M18-39	29	M 43	00:07:48	00:15:56	00:23:46.30	4:45	12.6
48	PEŁECHATA JULITA	197	KOSZALIŃSKI RANKING BIEGACZY	KOŁOBRZEG	POL	K18-39	3	K 5	00:07:58	00:16:00	00:23:47.00	4:45	12.6
49	RADOMSKI HIERONIM	224	SOKÓŁ WYCZECHY	CZARNE	POL	M50-59	1	M 44	00:07:44	00:15:54	00:23:49.70	4:46	12.6
50	KAJKOWSKI RAFAŁ	104	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:29	00:15:35	00:23:57.60	4:47	12.5
51	KOZIEŁ PAWEŁ	128		RABINO	POL	M18-39	30	M 46	00:07:42	00:15:53	00:23:59.30	4:48	12.5
52	BARUTOWICZ GRZEGORZ	11		KOSZALIN	POL	M18-39	31	M 47	00:07:36	00:15:32	00:23:59.50	4:48	12.5
53	GOZDZIK-ZARĘBA ANETA	75	ŁKS ŁÓDŹ	ŁÓDŹ	POL	K18-39	4	K 6	00:07:57	00:15:58	00:24:00.65	4:48	12.5
54	SZNYTER SABINA	297	DECATHLON KOSZALIN	POLANÓW	POL	K18-39	5	K 7	00:07:51	00:16:01	00:24:05.95	4:49	12.4
55	MARZEC ŁUKASZ	165		KOSZALIN	POL	M18-39	32	M 48	00:07:57	00:15:54	00:24:08.35	4:49	12.4
56	PITUS RADOŚLAW	210	PITUS MEBLE	WARSZKOWO	POL	M40-49	14	M 49	00:07:43	00:15:51	00:24:08.90	4:49	12.4
57	SZUBERT MARCIN	263	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	M40-49	15	M 50	00:08:09	00:16:16	00:24:11.40	4:50	12.4
58	KLENIEWSKI PIOTR	117	ZACHODNIOPOMORSKIE	KOSZALIN	POL	M50-59	2	M 51	00:07:46	00:15:56	00:24:16.15	4:51	12.4
59	KĄZMIERCZAK ANDRZEJ	113		KOSZALIN	POL	M50-59	3	M 52	00:08:04	00:16:02	00:24:17.25	4:51	12.4
60	GAWIECKI PIOTR	67		KOSZALIN	POL	M40-49	16	M 53	00:08:14	00:16:26	00:24:41.95	4:56	12.1
61	ANTKOWIAK SEBASTIAN	3	DB - ACTIVE	KOSZALIN	POL	M40-49	17	M 54	00:08:06	00:16:16	00:24:43.10	4:56	12.1
62	MEJER ALEKSANDRA	169		ROSNOWO	POL	K18-39	6	K 8	00:08:22	00:16:45	00:24:45.35	4:57	12.1
63	KONOWALSKI BARTOSZ	123	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M40-49	18	M 55	00:08:32	00:16:47	00:24:52.35	4:58	12.1
64	PIETRZYK PAULINA	205		SIANÓW	POL	K18-39	7	K 9	00:08:05	00:16:40	00:25:04.20	5:00	12
65	PERKOWSKA OKTAWIA	198	DECATHLON KOSZALIN	KOSZALIN	POL	K18-39	8	K 10	00:08:08	00:16:46	00:25:07.65	5:01	11.9
66	RÓG MICHAŁ	230		STARE BIELICE	POL	M18-39	33	M 56	00:08:22	00:17:04	00:25:07.70	5:01	11.9
67	KULCZYK KATARZYNA	318	KB BRYZA POSTOMINO	SŁAWSKO	POL	K18-39	9	K 11	00:08:32	00:17:01	00:25:07.85	5:01	11.9
68	CHODOR IZABELA	34	TKKF KOSZALIN	GORZEBADZ	POL	K18-39	10	K 12	00:08:32	00:17:02	00:25:11.05	5:02	11.9
69	RUTKOWSKI ARTUR	232	KOSZALIŃSKI RANKING BIEGACZY	SIANÓW	POL	M18-39	34	M 57	00:07:44	00:16:17	00:25:11.90	5:02	11.9
70	ZAGALSKA PAULINA	302		POŁCZYN ZDRÓJ	POL	K18-39	11	K 13	00:08:17	00:16:44	00:25:13.95	5:02	11.9
71	KĄZMIERCZAK DOMINIK	111		ŚWIDWIN	POL	M14-17	2	M 58	00:08:01	00:16:44	00:25:16.80	5:03	11.9
72	TELESIEWICZ HENRYK	267		SŁAWNO	POL	M-60+	2	M 59	00:08:16	00:16:51	00:25:16.95	5:03	11.9
73	DĄBROWSKA ALICJA	48	TKKF KOSZALIN	SIANÓW	POL	K50-59	1	K 14	00:08:39	00:17:10	00:25:19.20	5:03	11.8
74	KĄZMIERCZAK AGNIESZKA	110		ŚWIDWIN	POL	K40-49	1	K 15	00:08:07	00:16:45	00:25:19.75	5:03	11.8
75	WITKOWSKI KRZYSZTOF	294	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	35	M 60	00:08:11	00:16:51	00:25:21.85	5:04	11.8
76	KOPCZEWSKI DARIUSZ	125		KOSZALIN	POL	M50-59	4	M 61	00:08:17	00:16:52	00:25:25.25	5:05	11.8
77	MINKO BARTEK	177		SŁUPSK	POL	M18-39	36	M 62	00:08:23	00:17:09	00:25:29.15	5:05	11.8
78	JASIENIECKI PIOTR	319		KOSZALIN	POL	M40-49	19	M 63	00:08:23	00:17:02	00:25:45.70	5:09	11.6
79	GOSTOMCZYK KRZYSZTOF	74		SŁAWNO	POL	M18-39	37	M 64	00:08:25	00:17:10	00:25:49.55	5:10	11.6
80	SZEWCZYK PAWEŁ	257		WOJNOWO	POL	M14-17	3	M 65	00:08:38	00:17:37	00:25:55.90	5:11	11.6
81	SZEWCZYK DAWID	258		OMULNA	POL	M14-17	4	M 66	00:08:39	00:17:38	00:25:55.90	5:11	11.6
82	KRASIŃSKI WITOLD	131		KOSZALIN	POL	M40-49	20	M 67	00:08:22	00:17:06	00:26:01.65	5:12	11.5
83	WAJDA WALDEMAR	278	BORNE BIEGA	BORNE SULINOWO	POL	M40-49	21	M 68	00:08:22	00:17:19	00:26:03.20	5:12	11.5
84	BOGACKI TOMASZ	21	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 69	00:08:45	00:17:48	00:26:11.05	5:14	11.5
85	CZUB MACIEJ	46		KOSZALIN	POL	M18-39	38	M 70	00:09:01	00:17:35	00:26:22.40	5:16	11.4
86	ŻUKOWSKI Cezary	314	ROZBIEGANY KOSZALIN / FOR-REST-RUN / MIGAWKOWE.PL	KOSZALIN	POL	M18-39	39	M 71	00:08:52	00:17:36	00:26:24.90	5:17	11.4
87	WITEK ADRIAN	293		BIAŁOGARD	POL	M18-39	40	M 72	00:07:57	00:17:08	00:26:27.05	5:17	11.3
88	BILL ŁUKASZ	17		BORNE SULINOWO	POL	M18-39	41	M 73	00:08:15	00:17:11	00:26:31.50	5:18	11.3
89	CZECH ROMAN	41	GOCH BYTÓW	SŁUPSK	POL	M-60+	3	M 74	00:08:41	00:17:34	00:26:35.10	5:19	11.3
90	BRZozowski Bartosz	30		TYCHOWO	POL	M14-17	5	M 75	00:08:47	00:17:49	00:26:35.95	5:19	11.3
91	SZUBERT AGNIESZKA	261	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	K18-39	12	K 16	00:08:48	00:17:54	00:26:41.85	5:20	11.2
92	GOLEC ANIA	72		KOSZALIN	POL	K40-49	2	K 17	00:08:35	00:17:26	00:26:44.55	5:21	11.2
93	GASEK WIESŁAW	64	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M50-59	6	M 76	00:08:40	00:17:55	00:26:46.25	5:21	11.2
94	DĘBSKI DAMIAN	50		KOSZALIN	POL	M18-39	42	M 77	00:08:44	00:17:35	00:26:47.75	5:21	11.2
95	CZEPIEL IWONA	42	KORZYBSKIE REKINY	KĘPICE	POL	K18-39	13	K 18	00:09:02	00:18:11	00:26:49.35	5:22	11.2
96	KONKEL JOANNA	122	MKS 'ŚWIĘC' SŁAWNO	SŁAWNO	POL	K50-59	2	K 19	00:08:48	00:17:50	00:26:55.30	5:23	11.1
97	BOGACKA LUCYNA	20	TKKF KOSZALIN	KOSZALIN	POL	K50-59	3	K 20	00:08:46	00:17:48	00:26:56.20	5:23	11.1
98	JANUSZEWSKI JACEK	90	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	7	M 78	00:08:41	00:17:45	00:26:59.40	5:23	11.1
99	SŁOMSKI ZENON	241		KORZYBIE	POL	M-60+	4	M 79	00:09:09	00:18:09	00:27:07.10	5:25	11.1

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							cat.							
100	ZAKRZEWSKA ELŻBIETA	303		STOISŁAW	POL	K50-59	4	K 21	00:09:09	00:18:22	00:27:17.25	5:27	11	
101	DUDKIEWICZ LESZEK	320	TKKF KOSZALIN	KOSZALIN	POL	M-60+	5	M 80	00:08:51	00:18:22	00:27:33.70	5:30	10.9	
102	MICHALAK ANNA	171		KOSZALIN	POL	K18-39	14	K 22	00:09:13	00:18:24	00:27:35.15	5:31	10.9	
103	ŻMUDA MONIKA	313	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	K40-49	3	K 23	00:08:57	00:18:18	00:27:35.65	5:31	10.9	
104	ZARBOCK KRZYSZTOF	304	SPORTY WALKI PIŁA	PIŁA	POL	M50-59	8	M 81	00:08:50	00:18:16	00:27:40.45	5:32	10.8	
105	MASTALERZ KONRAD	166	DECATHLON KOSZALIN	KOSZALIN	POL	M18-39	43	M 82	00:08:29	00:18:02	00:27:40.85	5:32	10.8	
106	WAŚOWICZ ANNA	251		STRAMNICA	POL	K18-39	15	K 24	00:08:58	00:18:19	00:27:48.85	5:33	10.8	
107	CZEPIEL ŁUKASZ	44	KORZYBSKIE REKINY	KĘPICE	POL	M40-49	22	M 83	00:09:02	00:18:16	00:27:50.80	5:34	10.8	
108	MRUGALSKI STANISŁAW	181		MIASTKO	POL	M50-59	9	M 84	00:09:23	00:18:41	00:27:50.80	5:34	10.8	
109	DROPKO GRZEGORZ	51		KOSZALIN	POL	M40-49	23	M 85	00:08:45	00:18:08	00:27:55.15	5:35	10.7	
110	GŁOWACKI WŁODZIMIERZ	71		KOSZALIN	POL	M-60+	6	M 86	00:08:57	00:18:29	00:27:57.20	5:35	10.7	
111	NIEWIADOWSKI ROBERT	187		STARE BIELICE	POL	M18-39	44	M 87	00:08:43	00:18:15	00:27:58.15	5:35	10.7	
112	SZKATULSKI TOMASZ	259	DARŁOWSKIE CHARTY	DARŁOWO	POL	M18-39	45	M 88	00:09:01	00:18:35	00:28:00.30	5:36	10.7	
113	STRZELECKA DOROTA	252		KOSZALIN	POL	K18-39	16	K 25	00:08:54	00:18:27	00:28:05.45	5:37	10.7	
114	KOZŁOWSKI KRZYSZTOF	271		CZARNE	POL	M18-39	46	M 89	00:09:03	00:18:44	00:28:06.50	5:37	10.7	
115	FRYC DAREK	118		WAŁCZ	POL	M-60+	7	M 90	00:09:16	00:18:53	00:28:11.60	5:38	10.6	
116	WIERZBICKI KACPER	288	ŁUBU DUBU ...	KOSZALIN	POL	M18-39	47	M 91	00:09:24	00:19:09	00:28:13.40	5:38	10.6	
117	MARZĄKOWSKI RADOSŁAW	164		PRZYBRDA	POL	M18-39	48	M 92	00:09:25	00:19:02	00:28:15.90	5:39	10.6	
118	GAWIECKA MARIOLA	66		KOSZALIN	POL	K40-49	4	K 26	00:09:16	00:18:56	00:28:17.85	5:39	10.6	
119	KRZEMIŃSKI ANDRZEJ	136		KOSZALIN	POL	M50-59	10	M 93	00:09:35	00:18:54	00:28:18.15	5:39	10.6	
120	SOBKO KRZYSZTOF	242	FSE LOGISTIC	MIELNO	POL	M40-49	24	M 94	00:08:55	00:18:38	00:28:19.85	5:40	10.6	
121	WÓJCIK MARCIN	298	RAZEM TRENUJEMY SPORT	ŁÓDŹ	POL	M40-49	25	M 95	00:09:28	00:19:04	00:28:23.35	5:40	10.6	
122	KIJAN SYLWIA	116	PEPSPORT	KOŁOBRZEG	POL	K18-39	17	K 27	00:09:21	00:18:56	00:28:23.55	5:40	10.6	
123	BODO RAFAŁ	19		KOSZALIN	POL	M18-39	49	M 96	00:08:57	00:18:40	00:28:26.20	5:41	10.6	
124	KRZANOWSKI MARCIN	135	MARCINBIEGA	BIAŁOGARD	POL	M18-39	50	M 97	00:08:46	00:18:44	00:28:34.35	5:42	10.5	
125	MAKSYMOWICZ KASIA	158	TEAM ZABIEGANE DNI	WARSZAWA	POL	K18-39	18	K 28	00:09:14	00:18:57	00:28:43.65	5:44	10.4	
126	BRZozowska BARBARA	323			POL	K18-39	19	K 29	00:09:31	00:19:12	00:28:50.45	5:46	10.4	
127	KOMAR AGNIESZKA	119	KB SPOKO SŁAWNO	SŁAWNO	POL	K18-39	20	K 30	00:09:13	00:19:06	00:28:57.20	5:47	10.4	
128	KASPRZYK BOGDAN	107	JRG 2 KOSZALIN	MŚCICE	POL	M40-49	26	M 98	00:09:35	00:19:24	00:28:58.10	5:47	10.4	
129	MASTALERZ HUBERT	167		ŚMIECHÓW	POL	M18-39	51	M 99	00:09:25	00:19:18	00:28:59.95	5:48	10.3	
130	MURAWSKI RAFAŁ	184	WATAHA-ŁĄCZY NAS BIEGANIE	SŁUPSK	POL	M18-39	52	M 100	00:09:12	00:19:02	00:29:06.65	5:49	10.3	
131	FAJGIER TOMASZ	57		KOSZALIN	POL	M40-49	27	M 101	00:08:46	00:18:44	00:29:07.70	5:49	10.3	
132	ROKITA EMILIA	226		CZARNE	POL	K18-39	21	K 31	00:09:34	00:19:35	00:29:09.35	5:50	10.3	
133	RADOMSKI MICHAŁ	223		KOSZALIN	POL	M18-39	53	M 102	00:08:54	00:18:57	00:29:11.55	5:50	10.3	
134	PIETRZAK MARIOLA	321		KOSZALIN	POL	K50-59	5	K 32	00:09:47	00:19:29	00:29:14.60	5:51	10.3	
135	MALINOWSKA-BURDA ALEKSANDRA	159		KOSZALIN	POL	K18-39	22	K 33	00:09:39	00:19:27	00:29:16.95	5:51	10.2	
136	KURZAWIŃSKA-JABŁOŃSKA KASIA	146		CZARNE	POL	K40-49	5	K 34	00:09:36	00:19:37	00:29:19.70	5:52	10.2	
137	DUCH WERONIKA	53	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	23	K 35	00:09:50	00:19:50	00:29:23.50	5:52	10.2	
138	LIS MILENA	153	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	24	K 36	00:09:50	00:19:51	00:29:23.60	5:52	10.2	
139	DEPTUŁA-BILL BOŻENA	49		BORNE SULINOWO	POL	K18-39	25	K 37	00:09:33	00:19:28	00:29:28.65	5:53	10.2	
140	NOWAK ERYK	305		ROSNOWO	POL	M18-39	54	M 103	00:09:53	00:19:32	00:29:30.00	5:54	10.2	
141	BOŻEK MARTA	28	40%	PIŁA	POL	K18-39	26	K 38	00:09:44	00:19:37	00:29:32.30	5:54	10.2	
142	MARCZAK MAŁGORZATA	163	DECATHLON SŁUPSK	ŻELKOWO	POL	K50-59	6	K 39	00:09:21	00:19:00	00:29:34.25	5:54	10.1	
143	SZEWCZYK PAULINA	256		KOSZALIN	POL	K18-39	27	K 40	00:09:33	00:19:44	00:29:40.35	5:56	10.1	
144	WALKOWIAK DARIUSZ	279		KROKOWO	POL	M40-49	28	M 104	00:09:05	00:19:24	00:29:40.70	5:56	10.1	
145	RULEWICZ ARTUR	341			POL	M50-59	11	M 105	00:09:16	00:19:26	00:29:53.85	5:58	10	
146	BRZEZIŃSKI PAWEŁ	29		KOSZALIN	POL	M18-39	55	M 106	00:08:59	00:19:33	00:29:58.50	5:59	10	
147	HELLER ZDZISŁAW	329		KOSZALIN	POL	M-60+	8	M 107	00:09:52	00:19:57	00:30:01.40	6:00	10	
148	BORSUK DOROTA	24		KOSZALIN	POL	K40-49	6	K 41	00:09:52	00:19:58	00:30:01.40	6:00	10	
149	ADAMCZYK MILENA	1	HUSARIA RACE TEAM SZCZECINEK	SZCZECINEK	POL	K18-39	28	K 42	00:09:54	00:20:22	00:30:10.55	6:02	9.9	
150	KURCZ BARBARA	144	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	7	K 43	00:09:55	00:20:03	00:30:14.95	6:03	9.9	
151	OLCZAK MAGDALENA	192		SIANÓW	POL	K18-39	29	K 44	00:10:05	00:20:15	00:30:29.05	6:05	9.8	
152	STAŃCZYK FRANCISZEK	248	NIEZRZESZONY	KOSZALIN	POL	M-60+	9	M 108	00:09:49	00:19:29	00:30:42.85	6:08	9.8	
153	BARSKA BARBARA	9		KOSZALIN	POL	K18-39	30	K 45	00:10:22	00:20:54	00:30:43.95	6:08	9.8	
154	ZUKAL ALEKSANDRA	310		KOSZALIN	POL	K40-49	8	K 46	00:09:57	00:20:12	00:30:56.55	6:11	9.7	
155	ROKITA JOANNA	185		CZARNE	POL	K18-39	31	K 47	00:10:16	00:20:54	00:30:59.95	6:12	9.7	

II DECARUN KOSZALIN 5 KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
156	KRZYŻEWSKA KAROLINA	138	#BBKTS	WARSZAWA	POL	K18-39	32	K 48	00:09:57	00:20:19	00:31:00.15	6:12	9.7
157	PODRAZA-OLECH DAGMARA	212		KOSZALIN	POL	K40-49	9	K 49	00:10:12	00:20:36	00:31:05.65	6:13	9.6
158	BIERNAT MARTA	16		KOSZALIN	POL	K18-39	33	K 50	00:10:16	00:21:04	00:31:23.20	6:16	9.6
159	PROTASEWICZ RENATA	218	SŁAWNO	SŁAWNO	POL	K18-39	34	K 51	00:10:17	00:21:08	00:31:50.80	6:22	9.4
160	WYSOCKI KRYSZTIAN	301		DARŁOWO	POL	M18-39	56	M 109	00:10:23	00:21:21	00:32:01.45	6:24	9.4
161	KĄŻMIERCZAK MONIKA	112		DARŁOWO	POL	K18-39	35	K 52	00:10:28	00:21:25	00:32:01.55	6:24	9.4
162	SADOSKA MIROSLAWA	233		SIANÓW	POL	K18-39	36	K 53	00:10:23	00:21:21	00:32:01.85	6:24	9.4
163	CIŻMOWSKA BARBARA	40		KĘPICE	POL	K-60+	1	K 54	00:10:36	00:21:33	00:32:54.50	6:35	9.1
164	SZYMAŃSKI MARCIN	265	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M18-39	57	M 110	00:10:39	00:21:40	00:32:54.55	6:35	9.1
165	TUROWSKA AGATA	275	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	37	K 55	00:10:53	00:21:47	00:32:54.60	6:35	9.1
166	WIELIKDZIEN ALEKSANDRA	286	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	38	K 56	00:10:54	00:21:49	00:32:56.10	6:35	9.1
167	DROZD MAGDALENA	52	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	39	K 57	00:10:52	00:21:47	00:32:57.15	6:35	9.1
168	WIERZBICKA MAGDALENA	287		JEZIERZYCE	POL	K18-39	40	K 58	00:10:14	00:21:42	00:33:11.85	6:38	9
169	PRYGIEL EWA	220	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	K40-49	10	K 59	00:10:35	00:22:11	00:33:55.45	6:47	8.8
170	MATUSIAK ANIA	322		POZNAŃ	POL	K18-39	41	K 60	00:11:08	00:22:38	00:34:11.40	6:50	8.8
171	MARTKO AGNIESZKA	325	#SPRĘŻYNATEAM	KATOWICE	POL	K18-39	42	K 61	00:10:08	00:21:46	00:34:26.15	6:53	8.7
172	MIKLASIŃSKA MONIKA	175		SŁAWNO	POL	K18-39	43	K 62	00:10:32	00:22:16	00:34:33.70	6:54	8.7
173	JAWORSKA JUDYTA	97		MANOWO	POL	K18-39	44	K 63	00:10:46	00:22:55	00:34:50.95	6:58	8.6
174	TRZEŚNIEWSKA IZABELA	272		KOSZALIN	POL	K40-49	11	K 64	00:10:51	00:22:36	00:34:53.65	6:58	8.6
175	PASEK JAN	196	KLUB BIEGOWY JANTAR ŚWIESZYNO	DUNOWO	POL	M-60+	10	M 111	00:10:45	00:22:37	00:34:56.00	6:59	8.6
176	STASZYŃSKA MARIANNA	250	BTC,,ORZEŁ"	BIAŁOGARD	POL	K-60+	2	K 65	00:11:12	00:23:18	00:35:06.30	7:01	8.5
177	STRZELECKA AGNIESZKA	253		KOSZALIN	POL	K18-39	45	K 66	00:10:45	00:23:06	00:35:08.05	7:01	8.5
178	GRZYMAŁA ANGELIKA	82	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	12	K 67	00:10:05	00:19:37	00:35:53.35	7:10	8.4
179	RULEWICZ ANNA	262		KOSZALIN	POL	K40-49	13	K 68	00:11:46	00:24:30	00:37:22.00	7:28	8
180	ZYCHOWICZ AGA	342		KOSZALIN	POL	K18-39	46	K 69	00:11:44	00:24:28	00:37:23.35	7:28	8
181	SZCZEBLEWSKI JÓZEF	331		MANOWO	POL	M-60+	11	M 112	00:13:19	00:27:02	00:42:09.90	8:26	7.1
182	BARTNIK MARIAN	10	TKKF KOSZALIN	KOSZALIN	POL	M-60+	12	M 113	00:03:43	00:18:50	01:00:03.00	12:00	5
183	KĘPA ANDRZEJ	114		KOSZALIN	POL	M-60+	13	M 114					

II DECARUN KOSZALIN 5 KM, K-Open

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	BRYNKIEWICZ DOROTA	115	POLISH TRIATHLES IN UK	KOSZALIN	POL	K18-39	1	K 1	00:07:13	00:14:39	00:21:47.40	4:21	13.8
2	KOWALIK NATALIA	127	MKL SZCZECINEK	SZCZECINEK	POL	K14-17	1	K 2	00:07:13	00:14:40	00:21:47.75	4:21	13.8
3	KSIĄŻEK DARIA	139	AML SŁUPSK	SŁUPSK	POL	K14-17	2	K 3	00:07:29	00:15:23	00:23:04.20	4:36	13
4	CHODOR MARTYNA	35	TKKF KOSZALIN	KOSZALIN	POL	K18-39	2	K 4	00:07:58	00:16:00	00:23:38.35	4:43	12.7
5	PEŁECHATA JULITA	197	KOSZALIŃSKI RANKING BIEGACZY	KOŁOBRZEG	POL	K18-39	3	K 5	00:07:58	00:16:00	00:23:47.00	4:45	12.6
6	GOŹDZIK-ZARĘBA ANETA	75	ŁKS ŁÓDŹ	ŁÓDŹ	POL	K18-39	4	K 6	00:07:57	00:15:58	00:24:00.65	4:48	12.5
7	SZNYTER SABINA	297	DECATHLON KOSZALIN	POLANÓW	POL	K18-39	5	K 7	00:07:51	00:16:01	00:24:05.95	4:49	12.4
8	MEJER ALEKSANDRA	169		ROSNOWO	POL	K18-39	6	K 8	00:08:22	00:16:45	00:24:45.35	4:57	12.1
9	PIETRZYK PAULINA	205		SIANÓW	POL	K18-39	7	K 9	00:08:05	00:16:40	00:25:04.20	5:00	12
10	PERKOWSKA OKTAWIA	198	DECATHLON KOSZALIN	KOSZALIN	POL	K18-39	8	K 10	00:08:08	00:16:46	00:25:07.65	5:01	11.9
11	KULCZYK KATARZYNA	318	KB BRYZA POSTOMINO	SŁAWSKO	POL	K18-39	9	K 11	00:08:32	00:17:01	00:25:07.85	5:01	11.9
12	CHODOR IZABELA	34	TKKF KOSZALIN	GORZEBĄDZ	POL	K18-39	10	K 12	00:08:32	00:17:02	00:25:11.05	5:02	11.9
13	ZAGALSKA PAULINA	302		POŁCZYN ZDRÓJ	POL	K18-39	11	K 13	00:08:17	00:16:44	00:25:13.95	5:02	11.9
14	DĄBROWSKA ALICJA	48	TKKF KOSZALIN	SIANÓW	POL	K50-59	1	K 14	00:08:39	00:17:10	00:25:19.20	5:03	11.8
15	KĄŻMIERCZAK AGNIESZKA	110		ŚWIDWIN	POL	K40-49	1	K 15	00:08:07	00:16:45	00:25:19.75	5:03	11.8
16	SZUBERT AGNIESZKA	261	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	K18-39	12	K 16	00:08:48	00:17:54	00:26:41.85	5:20	11.2
17	GOLEC ANIA	72		KOSZALIN	POL	K40-49	2	K 17	00:08:35	00:17:26	00:26:44.55	5:21	11.2
18	CZEPIEL IWONA	42	KORZYBSKIE REKINY	KĘPICE	POL	K18-39	13	K 18	00:09:02	00:18:11	00:26:49.35	5:22	11.2
19	KONKEL JOANNA	122	MKS 'ŚWIĘC' SŁAWNO	SŁAWNO	POL	K50-59	2	K 19	00:08:48	00:17:50	00:26:55.30	5:23	11.1
20	BOGACKA LUCYNA	20	TKKF KOSZALIN	KOSZALIN	POL	K50-59	3	K 20	00:08:46	00:17:48	00:26:56.20	5:23	11.1
21	ZAKRZEWSKA ELŻBIETA	303		STOISŁAW	POL	K50-59	4	K 21	00:09:09	00:18:22	00:27:17.25	5:27	11
22	MICHALAK ANNA	171		KOSZALIN	POL	K18-39	14	K 22	00:09:13	00:18:24	00:27:35.15	5:31	10.9

II DECARUN KOSZALIN 5 KM, K-Open c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
23	ŻMUDA MONIKA	313	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	K40-49	3	K 23	00:08:57	00:18:18	00:27:35.65	5:31	10.9
24	WAŚOWICZ ANNA	251		STRAMNICA	POL	K18-39	15	K 24	00:08:58	00:18:19	00:27:48.85	5:33	10.8
25	STRZELECKA DOROTA	252		KOSZALIN	POL	K18-39	16	K 25	00:08:54	00:18:27	00:28:05.45	5:37	10.7
26	GAWIECKA MARIOLA	66		KOSZALIN	POL	K40-49	4	K 26	00:09:16	00:18:56	00:28:17.85	5:39	10.6
27	KILJAN SYLWIA	116	PEPSPORT	KOŁOBRZEG	POL	K18-39	17	K 27	00:09:21	00:18:56	00:28:23.55	5:40	10.6
28	MAKSYMOWICZ KASIA	158	TEAM ZABIEGANE DNI	WARSZAWA	POL	K18-39	18	K 28	00:09:14	00:18:57	00:28:43.65	5:44	10.4
29	BRZozowska BARBARA	323			POL	K18-39	19	K 29	00:09:31	00:19:12	00:28:50.45	5:46	10.4
30	KOMAR AGNIESZKA	119	KB SPOKO SŁAWNO	SŁAWNO	POL	K18-39	20	K 30	00:09:13	00:19:06	00:28:57.20	5:47	10.4
31	ROKITA EMILIA	226		CZARNE	POL	K18-39	21	K 31	00:09:34	00:19:35	00:29:09.35	5:50	10.3
32	PIETRZAK MARIOLA	321		KOSZALIN	POL	K50-59	5	K 32	00:09:47	00:19:29	00:29:14.60	5:51	10.3
33	MALINOWSKA-BURDA ALEKSANDRA	159		KOSZALIN	POL	K18-39	22	K 33	00:09:39	00:19:27	00:29:16.95	5:51	10.2
34	KURZAWIŃSKA-JABŁOŃSKA KASIA	146		CZARNE	POL	K40-49	5	K 34	00:09:36	00:19:37	00:29:19.70	5:52	10.2
35	DUCH WERONIKA	53	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	23	K 35	00:09:50	00:19:50	00:29:23.50	5:52	10.2
36	LIS MILENA	153	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	24	K 36	00:09:50	00:19:51	00:29:23.60	5:52	10.2
37	DEPTUŁA-BILL BOŻENA	49		BORNE SULINOWO	POL	K18-39	25	K 37	00:09:33	00:19:28	00:29:28.65	5:53	10.2
38	BOŻEK MARTA	28	40%	PIŁA	POL	K18-39	26	K 38	00:09:44	00:19:37	00:29:32.30	5:54	10.2
39	MARCZAK MAŁGORZATA	163	DECATHLON SŁUPSK	ŻELKOWO	POL	K50-59	6	K 39	00:09:21	00:19:00	00:29:34.25	5:54	10.1
40	SZEWczyk PAULINA	256		KOSZALIN	POL	K18-39	27	K 40	00:09:33	00:19:44	00:29:40.35	5:56	10.1
41	BORSUK DOROTA	24		KOSZALIN	POL	K40-49	6	K 41	00:09:52	00:19:58	00:30:01.40	6:00	10
42	ADAMCZYK MILENA	1	HUSARIA RACE TEAM SZCZECINEK	SZCZECINEK	POL	K18-39	28	K 42	00:09:54	00:20:22	00:30:10.55	6:02	9.9
43	KURCZ BARBARA	144	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	7	K 43	00:09:55	00:20:03	00:30:14.95	6:03	9.9
44	OLCZAK MAGDALENA	192		SIANÓW	POL	K18-39	29	K 44	00:10:05	00:20:15	00:30:29.05	6:05	9.8
45	BARSKA BARBARA	9		KOSZALIN	POL	K18-39	30	K 45	00:10:22	00:20:54	00:30:43.95	6:08	9.8
46	ZUKAL ALEKSANDRA	310		KOSZALIN	POL	K40-49	8	K 46	00:09:57	00:20:12	00:30:56.55	6:11	9.7
47	ROKITA JOANNA	185		CZARNE	POL	K18-39	31	K 47	00:10:16	00:20:54	00:30:59.95	6:12	9.7
48	KRZYŻEWSKA KAROLINA	138	#BBKTS	WARSZAWA	POL	K18-39	32	K 48	00:09:57	00:20:19	00:31:00.15	6:12	9.7
49	PODRAZA-OLECH DAGMARA	212		KOSZALIN	POL	K40-49	9	K 49	00:10:12	00:20:36	00:31:05.65	6:13	9.6
50	BIERNAT MARTA	16		KOSZALIN	POL	K18-39	33	K 50	00:10:16	00:21:04	00:31:23.20	6:16	9.6
51	PROTASEWICZ RENATA	218	SŁAWNO	SŁAWNO	POL	K18-39	34	K 51	00:10:17	00:21:08	00:31:50.80	6:22	9.4
52	KĄMIERCZAK MONIKA	112		DARŁOWO	POL	K18-39	35	K 52	00:10:28	00:21:25	00:32:01.55	6:24	9.4
53	SADOSKA MIROSLAWA	233		SIANÓW	POL	K18-39	36	K 53	00:10:23	00:21:21	00:32:01.85	6:24	9.4
54	CIŻMOWSKA BARBARA	40		KĘPICE	POL	K-60+	1	K 54	00:10:36	00:21:33	00:32:54.50	6:35	9.1
55	TUROWSKA AGATA	275	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	37	K 55	00:10:53	00:21:47	00:32:54.60	6:35	9.1
56	WIELIKDZIEN ALEKSANDRA	286	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	38	K 56	00:10:54	00:21:49	00:32:56.10	6:35	9.1
57	DROZD MAGDALENA	52	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	39	K 57	00:10:52	00:21:47	00:32:57.15	6:35	9.1
58	WIERZBICKA MAGDALENA	287		JEZIERZYCE	POL	K18-39	40	K 58	00:10:14	00:21:42	00:33:11.85	6:38	9
59	PRYGIEL EWA	220	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	K40-49	10	K 59	00:10:35	00:22:11	00:33:55.45	6:47	8.8
60	MATUSIAK ANIA	322		POZNAŃ	POL	K18-39	41	K 60	00:11:08	00:22:38	00:34:11.40	6:50	8.8
61	MARTKO AGNIESZKA	325	#SPRĘŻYNATEAM	KATOWICE	POL	K18-39	42	K 61	00:10:08	00:21:46	00:34:26.15	6:53	8.7
62	MIKLAŚNKA MONIKA	175		SŁAWNO	POL	K18-39	43	K 62	00:10:32	00:22:16	00:34:33.70	6:54	8.7
63	JAWORSKA JUDYTA	97		MANOWO	POL	K18-39	44	K 63	00:10:46	00:22:55	00:34:50.95	6:58	8.6
64	TRZEŚNIEWSKA IZABELA	272		KOSZALIN	POL	K40-49	11	K 64	00:10:51	00:22:36	00:34:53.65	6:58	8.6
65	STASZYŃSKA MARIANNA	250	BTC,,ORZEŁ"	BIAŁOGARD	POL	K-60+	2	K 65	00:11:12	00:23:18	00:35:06.30	7:01	8.5
66	STRZELECKA AGNIESZKA	253		KOSZALIN	POL	K18-39	45	K 66	00:10:45	00:23:06	00:35:08.05	7:01	8.5
67	GRZYMAŁA ANGELIKA	82	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	12	K 67	00:10:05	00:19:37	00:35:53.35	7:10	8.4
68	RULEWICZ ANNA	262		KOSZALIN	POL	K40-49	13	K 68	00:11:46	00:24:30	00:37:22.00	7:28	8
69	ZYCHOWICZ AGA	342		KOSZALIN	POL	K18-39	46	K 69	00:11:44	00:24:28	00:37:23.35	7:28	8

II DECARUN KOSZALIN 5 KM, M-Open

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	ORZECZOWSKI KAMIL	193	TKKF KOSZALIN	KOSZALIN	POL	M18-39	1	M 1	00:05:59	00:12:06	00:18:10.20	3:38	16.5
2	BARAŃSKI PRZEMYSŁAW	7	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	2	M 2	00:05:59	00:12:14	00:18:38.85	3:43	16.1
3	PIONK RAFAŁ	208	KPW GDYNIA/RUNNERSI 57 BANINO	MISZEWO	POL	M18-39	3	M 3	00:06:09	00:12:35	00:18:50.30	3:46	15.9
4	HUBERT ŁUKASZ	85	TKKF KOSZALIN	KOSZALIN	POL	M18-39	4	M 4	00:06:23	00:13:04	00:19:49.95	3:58	15.1
5	ZUKAL PIOTR	309		KOSZALIN	POL	M40-49	1	M 5	00:06:43	00:13:19	00:19:53.85	3:58	15.1

II DECARUN KOSZALIN 5 KM, M-Open c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
6	HOŁUB KAMIL	83	MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	5	M 6	00:06:34	00:13:26	00:20:10.50	4:02	14.9
7	ŻMUDA TOMASZ	312	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	M40-49	2	M 7	00:06:40	00:13:34	00:20:18.10	4:03	14.8
8	LUBLEWSKI DAWID	154	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	6	M 8	00:06:39	00:13:33	00:20:23.65	4:04	14.7
9	JAROSZ PRZEMYSŁAW	92	JW 1223/BLOG	WYCZECHY	POL	M18-39	7	M 9	00:06:34	00:13:30	00:20:26.45	4:05	14.7
10	KASZUBIAK KLAUDIUSZ	108		KOSZALIN	POL	M18-39	8	M 10	00:06:55	00:13:57	00:20:27.10	4:05	14.7
11	ROKOSZ RADOŚLAW	227	JW 1223	KOSZALIN	POL	M18-39	9	M 11	00:06:49	00:13:46	00:20:40.65	4:08	14.5
12	WICHER KRZYSZTOF	284	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	10	M 12	00:06:52	00:13:55	00:20:45.60	4:09	14.4
13	PRZEWŁOCKI MICHAŁ	221	TKKF KOSZALIN	KOSZALIN	POL	M18-39	11	M 13	00:06:41	00:13:44	00:20:47.90	4:09	14.4
14	SIENIAWSKI JAREK	236	MEDEN-INMED SPORTS TEAM	BONIN	POL	M40-49	3	M 14	00:06:49	00:13:55	00:20:56.50	4:11	14.3
15	WIŚNIEWSKI MIECZYSLAW	292	STOPA SŁUPSK	SŁUPSK	POL	M-60+	1	M 15	00:06:51	00:13:55	00:20:59.70	4:12	14.3
16	SZULC ARKADIUSZ	324	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	4	M 16	00:07:11	00:14:21	00:21:10.70	4:14	14.2
17	HOREGLAD PAWEŁ	84	SPEEDY GONZALES	KOSZALIN	POL	M18-39	12	M 17	00:07:06	00:14:21	00:21:11.80	4:14	14.2
18	PICK TOMASZ	201	DEAF KOSZALIN	KOSZALIN	POL	M40-49	5	M 18	00:07:09	00:14:29	00:21:18.90	4:15	14.1
19	RUSINEK ARTUR	231		KOSZALIN	POL	M18-39	13	M 19	00:07:01	00:14:19	00:21:29.05	4:17	14
20	PAWŁOWICZ ROLAND	317	HUSARIA RACE TEAM	SZCZECINEK	POL	M18-39	14	M 20	00:06:51	00:14:04	00:21:33.45	4:18	13.9
21	SKOWROŃSKI TOMASZ	240		CHAŁUPY	POL	M18-39	15	M 21	00:07:55	00:15:06	00:21:53.35	4:22	13.7
22	MAKSYMOWICZ MARCIN	157	TEAM ZABIEGANE DNI	WARSZAWA	POL	M40-49	6	M 22	00:06:57	00:14:31	00:21:53.80	4:22	13.7
23	BIENKOWSKI TOMASZ	15	KOSZALIŃSKI RANKING BIEGACZY	NIEKŁONICE	POL	M18-39	16	M 23	00:06:58	00:14:32	00:21:57.20	4:23	13.7
24	JAMNIAK BARTOSZ	89	TKKF KOSZALIN	KOSZALIN	POL	M18-39	17	M 24	00:07:06	00:14:38	00:22:14.05	4:26	13.5
25	WASZAK KAROL	134	KORZYBSKIE REKINY	KĘPICE	POL	M18-39	18	M 25	00:07:10	00:14:48	00:22:21.90	4:28	13.4
26	PUSCIAN KRZYSZTOF	222	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M40-49	7	M 26	00:07:20	00:14:46	00:22:22.90	4:28	13.4
27	JAROSZ KONRAD	95	TECHNIKUM ELEKTRONICZNE (Z59) KOSZALIN	KOSZALIN	POL	M14-17	1	M 27	00:07:11	00:14:45	00:22:27.75	4:29	13.4
28	MUCHA KRZYSZTOF	182		KOSZALIN	POL	M40-49	8	M 28	00:07:33	00:15:08	00:22:28.85	4:29	13.3
29	BASSEL MARCIN	12		KOSZALIN	POL	M18-39	19	M 29	00:07:33	00:15:06	00:22:35.50	4:31	13.3
30	MARCINKOWSKI JACEK	162	ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M40-49	9	M 30	00:07:30	00:15:10	00:22:36.65	4:31	13.3
31	IWANIEC DARIUSZ	86	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	10	M 31	00:07:35	00:15:08	00:22:40.95	4:32	13.2
32	KUŁAKOWSKI DAWID	143	TKKF KOSZALIN	KOSZALIN	POL	M40-49	11	M 32	00:07:35	00:15:08	00:22:41.10	4:32	13.2
33	BONIŚLAWSKI JAROSŁAW	23	MAM ŚWIRA	SŁAWNO	POL	M18-39	20	M 33	00:07:36	00:15:25	00:22:54.75	4:34	13.1
34	STRZYŻ ŁUKASZ	255	LUMBERJACKS CROSS GARAGE KOSZALIN	STARE BIELICE	POL	M18-39	21	M 34	00:07:30	00:15:16	00:22:57.35	4:35	13.1
35	KAMELSKI PIOTR	106		SŁAWNO	POL	M40-49	12	M 35	00:07:24	00:15:16	00:23:04.70	4:37	13
36	MŁASZEWSKI PRZEMEK	176	HOLIDAY SPORT	KOSZALIN	POL	M18-39	22	M 36	00:07:36	00:15:22	00:23:04.75	4:36	13
37	SAKS KRYSZTIAN	234		WARSZAWA	POL	M18-39	23	M 37	00:07:22	00:15:20	00:23:14.40	4:38	12.9
38	KWIETNIEWSKI DANIEL	147		KOSZALIN	POL	M18-39	24	M 38	00:07:34	00:15:21	00:23:14.80	4:39	12.9
39	MARCINIAK MICHAŁ	161		POLANÓW	POL	M18-39	25	M 39	00:07:28	00:15:12	00:23:15.85	4:39	12.9
40	CHUPTYŚ ADRIAN	39	RUNDORFINA CZAPLINEK	CZAPLINEK	POL	M18-39	26	M 40	00:07:32	00:15:29	00:23:32.65	4:42	12.7
41	MIKIETYŃSKI MICHAŁ	174	ZABIEGANI NOCĄ	OKONEK	POL	M18-39	27	M 41	00:07:49	00:15:52	00:23:34.20	4:42	12.7
42	LENIK HUBERT	149		BIESIEKIERZ	POL	M18-39	28	M 42	00:07:16	00:15:32	00:23:37.00	4:43	12.7
43	OLCZAK KRZYSZTOF	191		SIANÓW	POL	M18-39	29	M 43	00:07:48	00:15:56	00:23:46.30	4:45	12.6
44	RADOMSKI HIERONIM	224	SOKÓŁ WYCZECHY	CZARNE	POL	M50-59	1	M 44	00:07:44	00:15:54	00:23:49.70	4:46	12.6
45	KAJKOWSKI RAFAŁ	104	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:29	00:15:35	00:23:57.60	4:47	12.5
46	KOZIEŁ PAWEŁ	128		RABINO	POL	M18-39	30	M 46	00:07:42	00:15:53	00:23:59.30	4:48	12.5
47	BARUTOWICZ GRZEGORZ	11		KOSZALIN	POL	M18-39	31	M 47	00:07:36	00:15:32	00:23:59.50	4:48	12.5
48	MARZEC ŁUKASZ	165		KOSZALIN	POL	M18-39	32	M 48	00:07:57	00:15:54	00:24:08.35	4:49	12.4
49	PITUS RADOŚLAW	210	PITUS MEBLE	WARSZKOWO	POL	M40-49	14	M 49	00:07:43	00:15:51	00:24:08.90	4:49	12.4
50	SZUBERT MARCIN	263	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	M40-49	15	M 50	00:08:09	00:16:16	00:24:11.40	4:50	12.4
51	KLENIEWSKI PIOTR	117	ZACHODNIOPOMORSKIE	KOSZALIN	POL	M50-59	2	M 51	00:07:46	00:15:56	00:24:16.15	4:51	12.4
52	KĄŻMIERCZAK ANDRZEJ	113		KOSZALIN	POL	M50-59	3	M 52	00:08:04	00:16:02	00:24:17.25	4:51	12.4
53	GAWIECKI PIOTR	67		KOSZALIN	POL	M40-49	16	M 53	00:08:14	00:16:26	00:24:41.95	4:56	12.1
54	ANTKOWIAK SEBASTIAN	3	DB - ACTIVE	KOSZALIN	POL	M40-49	17	M 54	00:08:06	00:16:16	00:24:43.10	4:56	12.1
55	KONOWALSKI BARTOSZ	123	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M40-49	18	M 55	00:08:32	00:16:47	00:24:52.35	4:58	12.1
56	RÓG MICHAŁ	230		STARE BIELICE	POL	M18-39	33	M 56	00:08:22	00:17:04	00:25:07.70	5:01	11.9
57	RUTKOWSKI ARTUR	232	KOSZALIŃSKI RANKING BIEGACZY	SIANÓW	POL	M18-39	34	M 57	00:07:44	00:16:17	00:25:11.90	5:02	11.9
58	KĄŻMIERCZAK DOMINIK	111		ŚWIDWIN	POL	M14-17	2	M 58	00:08:01	00:16:44	00:25:16.80	5:03	11.9
59	TELESIEWICZ HENRYK	267		SŁAWNO	POL	M-60+	2	M 59	00:08:16	00:16:51	00:25:16.95	5:03	11.9
60	WITKOWSKI KRZYSZTOF	294	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	35	M 60	00:08:11	00:16:51	00:25:21.85	5:04	11.8
61	KOPCZEWSKI DARIUSZ	125		KOSZALIN	POL	M50-59	4	M 61	00:08:17	00:16:52	00:25:25.25	5:05	11.8

II DECARUN KOSZALIN 5 KM, M-Open c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
62	MINKO BARTEK	177		SŁUPSK	POL	M18-39	36	M 62	00:08:23	00:17:09	00:25:29.15	5:05	11.8
63	JASIENIECKI PIOTR	319		KOSZALIN	POL	M40-49	19	M 63	00:08:23	00:17:02	00:25:45.70	5:09	11.6
64	GOSTOMCZYK KRZYSZTOF	74		SŁAWNO	POL	M18-39	37	M 64	00:08:25	00:17:10	00:25:49.55	5:10	11.6
65	SZEWCZYK PAWEŁ	257		WOJNOWO	POL	M14-17	3	M 65	00:08:38	00:17:37	00:25:55.90	5:11	11.6
66	SZEWCZYK DAWID	258		OMULNA	POL	M14-17	4	M 66	00:08:39	00:17:38	00:25:55.90	5:11	11.6
67	KRASIŃSKI WITOLD	131		KOSZALIN	POL	M40-49	20	M 67	00:08:22	00:17:06	00:26:01.65	5:12	11.5
68	WAJDA WALDEMAR	278	BORNE BIEGA	BORNE SULINOWO	POL	M40-49	21	M 68	00:08:22	00:17:19	00:26:03.20	5:12	11.5
69	BOGACKI TOMASZ	21	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 69	00:08:45	00:17:48	00:26:11.05	5:14	11.5
70	CZUB MACIEJ	46		KOSZALIN	POL	M18-39	38	M 70	00:09:01	00:17:35	00:26:22.40	5:16	11.4
71	ŻUKOWSKI CEZARY	314	ROZBIEGANY KOSZALIN / FOR-REST-RUN / MIGAWKOWE.PL	KOSZALIN	POL	M18-39	39	M 71	00:08:52	00:17:36	00:26:24.90	5:17	11.4
72	WITEK ADRIAN	293		BIAŁOGARD	POL	M18-39	40	M 72	00:07:57	00:17:08	00:26:27.05	5:17	11.3
73	BILL ŁUKASZ	17		BORNE SULINOWO	POL	M18-39	41	M 73	00:08:15	00:17:11	00:26:31.50	5:18	11.3
74	CZECH ROMAN	41	GOCH BYTÓW	SŁUPSK	POL	M-60+	3	M 74	00:08:41	00:17:34	00:26:35.10	5:19	11.3
75	BRZozowski BARTOSZ	30		TYCHOWO	POL	M14-17	5	M 75	00:08:47	00:17:49	00:26:35.95	5:19	11.3
76	GASEK WIESŁAW	64	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M50-59	6	M 76	00:08:40	00:17:55	00:26:46.25	5:21	11.2
77	DĘBSKI DAMIAN	50		KOSZALIN	POL	M18-39	42	M 77	00:08:44	00:17:35	00:26:47.75	5:21	11.2
78	JANUSZEWSKI JACEK	90	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	7	M 78	00:08:41	00:17:45	00:26:59.40	5:23	11.1
79	SŁOMSKI ZENON	241		KORZYBIE	POL	M-60+	4	M 79	00:09:09	00:18:09	00:27:07.10	5:25	11.1
80	DUDKIEWICZ LESZEK	320	TKKF KOSZALIN	KOSZALIN	POL	M-60+	5	M 80	00:08:51	00:18:22	00:27:33.70	5:30	10.9
81	ZARBOCK KRZYSZTOF	304	SPORTY WALKI PIŁA	PIŁA	POL	M50-59	8	M 81	00:08:50	00:18:16	00:27:40.45	5:32	10.8
82	MASTALERZ KONRAD	166	DECATHLON KOSZALIN	KOSZALIN	POL	M18-39	43	M 82	00:08:29	00:18:02	00:27:40.85	5:32	10.8
83	CZEPIEL ŁUKASZ	44	KORZYBSKIE REKINY	KĘPICE	POL	M40-49	22	M 83	00:09:02	00:18:16	00:27:50.80	5:34	10.8
84	MRUGALSKI STANISŁAW	181		MIASTKO	POL	M50-59	9	M 84	00:09:23	00:18:41	00:27:50.80	5:34	10.8
85	DROPKO GRZEGORZ	51		KOSZALIN	POL	M40-49	23	M 85	00:08:45	00:18:08	00:27:55.15	5:35	10.7
86	GŁOWACKI WŁODZIMIERZ	71		KOSZALIN	POL	M-60+	6	M 86	00:08:57	00:18:29	00:27:57.20	5:35	10.7
87	NIEWIADOWSKI ROBERT	187		STARE BIELICE	POL	M18-39	44	M 87	00:08:43	00:18:15	00:27:58.15	5:35	10.7
88	SZKATULSKI TOMASZ	259	DARŁOWSKIE CHARTY	DARŁOWO	POL	M18-39	45	M 88	00:09:01	00:18:35	00:28:00.30	5:36	10.7
89	KOZŁOWSKI KRZYSZTOF	271		CZARNE	POL	M18-39	46	M 89	00:09:03	00:18:44	00:28:06.50	5:37	10.7
90	FRYC DAREK	118		WAŁCZ	POL	M-60+	7	M 90	00:09:16	00:18:53	00:28:11.60	5:38	10.6
91	WIERZBICKI KACPER	288	ŁUBU DUBU ...	KOSZALIN	POL	M18-39	47	M 91	00:09:24	00:19:09	00:28:13.40	5:38	10.6
92	MARSZAŁKOWSKI RADOSŁAW	164		PRZYBRDA	POL	M18-39	48	M 92	00:09:25	00:19:02	00:28:15.90	5:39	10.6
93	KRZEMIŃSKI ANDRZEJ	136		KOSZALIN	POL	M50-59	10	M 93	00:09:35	00:18:54	00:28:18.15	5:39	10.6
94	SOBKO KRZYSZTOF	242	FSE LOGISTIC	MIELNO	POL	M40-49	24	M 94	00:08:55	00:18:38	00:28:19.85	5:40	10.6
95	WÓJCIK MARCIN	298	RAZEM TRENUJEMY SPORT	ŁÓDŹ	POL	M40-49	25	M 95	00:09:28	00:19:04	00:28:23.35	5:40	10.6
96	BODO RAFAŁ	19		KOSZALIN	POL	M18-39	49	M 96	00:08:57	00:18:40	00:28:26.20	5:41	10.6
97	KRZANOWSKI MARCIN	135	MARCINBIEGA	BIAŁOGARD	POL	M18-39	50	M 97	00:08:46	00:18:44	00:28:34.35	5:42	10.5
98	KASPRZYK BOGDAN	107	JRG 2 KOSZALIN	MŚCICE	POL	M40-49	26	M 98	00:09:35	00:19:24	00:28:58.10	5:47	10.4
99	MASTALERZ HUBERT	167		ŚMIECHÓW	POL	M18-39	51	M 99	00:09:25	00:19:18	00:28:59.95	5:48	10.3
100	MURAWSKI RAFAŁ	184	WATAHA-ŁĄCZY NAS BIEGANIE	SŁUPSK	POL	M18-39	52	M 100	00:09:12	00:19:02	00:29:06.65	5:49	10.3
101	FAJGIER TOMASZ	57		KOSZALIN	POL	M40-49	27	M 101	00:08:46	00:18:44	00:29:07.70	5:49	10.3
102	RADOMSKI MICHAŁ	223		KOSZALIN	POL	M18-39	53	M 102	00:08:54	00:18:57	00:29:11.55	5:50	10.3
103	NOWAK ERYK	305		ROSNOWO	POL	M18-39	54	M 103	00:09:53	00:19:32	00:29:30.00	5:54	10.2
104	WALKOWIAK DARIUSZ	279		KROKOWO	POL	M40-49	28	M 104	00:09:05	00:19:24	00:29:40.70	5:56	10.1
105	RULEWICZ ARTUR	341			POL	M50-59	11	M 105	00:09:16	00:19:26	00:29:53.85	5:58	10
106	BRZEZIŃSKI PAWEŁ	29		KOSZALIN	POL	M18-39	55	M 106	00:08:59	00:19:33	00:29:58.50	5:59	10
107	HELLER ZDZISŁAW	329		KOSZALIN	POL	M-60+	8	M 107	00:09:52	00:19:57	00:30:01.40	6:00	10
108	STAŃCZYK FRANCISZEK	248	NIEZRZESZONY	KOSZALIN	POL	M-60+	9	M 108	00:09:49	00:19:29	00:30:42.85	6:08	9.8
109	WYSOCKI KRYSZTOF	301		DARŁOWO	POL	M18-39	56	M 109	00:10:23	00:21:21	00:32:01.45	6:24	9.4
110	SZYMAŃSKI MARCIN	265	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M18-39	57	M 110	00:10:39	00:21:40	00:32:54.55	6:35	9.1
111	PASEK JAN	196	KLUB BIEGOWY JANTAR ŚWIESZYNO	DUNOWO	POL	M-60+	10	M 111	00:10:45	00:22:37	00:34:56.00	6:59	8.6
112	SZCZEBLEWSKI JÓZEF	331		MANOWO	POL	M-60+	11	M 112	00:13:19	00:27:02	00:42:09.90	8:26	7.1
113	BARTNIK MARIAN	10	TKKF KOSZALIN	KOSZALIN	POL	M-60+	12	M 113	00:03:43	00:18:50	01:00:03.00	12:00	5
114	KĘPA ANDRZEJ	114		KOSZALIN	POL	M-60+	13	M 114					

II DECARUN KOSZALIN 5 KM, Decathlon

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	SZNYTER SABINA	297	DECATHLON KOSZALIN	POLANÓW	POL	K18-39	5	K 7	00:07:51	00:16:01	00:24:05.95	4:49	12.4
2	PERKOWSKA OKTAWIA	198	DECATHLON KOSZALIN	KOSZALIN	POL	K18-39	8	K 10	00:08:08	00:16:46	00:25:07.65	5:01	11.9
3	WITKOWSKI KRZYSZTOF	294	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	35	M 60	00:08:11	00:16:51	00:25:21.85	5:04	11.8
4	MASTALERZ KONRAD	166	DECATHLON KOSZALIN	KOSZALIN	POL	M18-39	43	M 82	00:08:29	00:18:02	00:27:40.85	5:32	10.8
5	DUCH WERONIKA	53	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	23	K 35	00:09:50	00:19:50	00:29:23.50	5:52	10.2
6	LIS MILENA	153	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	24	K 36	00:09:50	00:19:51	00:29:23.60	5:52	10.2
7	MARCZAK MAŁGORZATA	163	DECATHLON SŁUPSK	ŻELKOWO	POL	K50-59	6	K 39	00:09:21	00:19:00	00:29:34.25	5:54	10.1
8	TUROWSKA AGATA	275	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	37	K 55	00:10:53	00:21:47	00:32:54.60	6:35	9.1
9	WIELIKDZIEN ALEKSANDRA	286	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	38	K 56	00:10:54	00:21:49	00:32:56.10	6:35	9.1
10	DROZD MAGDALENA	52	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	39	K 57	00:10:52	00:21:47	00:32:57.15	6:35	9.1

II DECARUN KOSZALIN 5 KM, K14-17

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	KOWALIK NATALIA	127	MKL SZCZECINEK	SZCZECINEK	POL	K14-17	1	K 2	00:07:13	00:14:40	00:21:47.75	4:21	13.8
2	KSIĄŻEK DARIA	139	AML SŁUPSK	SŁUPSK	POL	K14-17	2	K 3	00:07:29	00:15:23	00:23:04.20	4:36	13

II DECARUN KOSZALIN 5 KM, M14-17

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	JAROSZ KONRAD	95	TECHNIKUM ELEKTRONICZNE (ZS9) KOSZALIN	KOSZALIN	POL	M14-17	1	M 27	00:07:11	00:14:45	00:22:27.75	4:29	13.4
2	KĄZMIERCZAK DOMINIK	111		ŚWIDWIN	POL	M14-17	2	M 58	00:08:01	00:16:44	00:25:16.80	5:03	11.9
3	SZEWCZYK PAWEŁ	257		WOJNOWO	POL	M14-17	3	M 65	00:08:38	00:17:37	00:25:55.90	5:11	11.6
4	SZEWCZYK DAWID	258		OMULNA	POL	M14-17	4	M 66	00:08:39	00:17:38	00:25:55.90	5:11	11.6
5	BRZOWOSKI BARTOSZ	30		TYCHOWO	POL	M14-17	5	M 75	00:08:47	00:17:49	00:26:35.95	5:19	11.3

II DECARUN KOSZALIN 5 KM, K18-39

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	BRYNKIEWICZ DOROTA	115	POLISH TRIATHLES IN UK	KOSZALIN	POL	K18-39	1	K 1	00:07:13	00:14:39	00:21:47.40	4:21	13.8
2	CHODOR MARTYNA	35	TKKF KOSZALIN	KOSZALIN	POL	K18-39	2	K 4	00:07:58	00:16:00	00:23:38.35	4:43	12.7
3	PEŁECHATA JULITA	197	KOSZALIŃSKI RANKING BIEGACZY	KOŁOBRZEG	POL	K18-39	3	K 5	00:07:58	00:16:00	00:23:47.00	4:45	12.6
4	GOŹDZIK-ZARĘBA ANETA	75	ŁKS ŁÓDŹ	ŁÓDŹ	POL	K18-39	4	K 6	00:07:57	00:15:58	00:24:00.65	4:48	12.5
5	SZNYTER SABINA	297	DECATHLON KOSZALIN	POLANÓW	POL	K18-39	5	K 7	00:07:51	00:16:01	00:24:05.95	4:49	12.4
6	MEJER ALEKSANDRA	169		ROSNOWO	POL	K18-39	6	K 8	00:08:22	00:16:45	00:24:45.35	4:57	12.1
7	PIETRZYK PAULINA	205		SIANÓW	POL	K18-39	7	K 9	00:08:05	00:16:40	00:25:04.20	5:00	12
8	PERKOWSKA OKTAWIA	198	DECATHLON KOSZALIN	KOSZALIN	POL	K18-39	8	K 10	00:08:08	00:16:46	00:25:07.65	5:01	11.9
9	KULCZYK KATARZYNA	318	KB BRYZA POSTOMINO	SŁAWSKO	POL	K18-39	9	K 11	00:08:32	00:17:01	00:25:07.85	5:01	11.9
10	CHODOR IZABELA	34	TKKF KOSZALIN	GORZEBĄDZ	POL	K18-39	10	K 12	00:08:32	00:17:02	00:25:11.05	5:02	11.9
11	ZAGALSKA PAULINA	302		POŁCZYN ZDRÓJ	POL	K18-39	11	K 13	00:08:17	00:16:44	00:25:13.95	5:02	11.9
12	SZUBERT AGNIESZKA	261	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	K18-39	12	K 16	00:08:48	00:17:54	00:26:41.85	5:20	11.2
13	CZEPIEL IWONA	42	KORZYBSKIE REKINY	KĘPICE	POL	K18-39	13	K 18	00:09:02	00:18:11	00:26:49.35	5:22	11.2
14	MICHALAK ANNA	171		KOSZALIN	POL	K18-39	14	K 22	00:09:13	00:18:24	00:27:35.15	5:31	10.9
15	WĄSOWICZ ANNA	251		STRAMNICA	POL	K18-39	15	K 24	00:08:58	00:18:19	00:27:48.85	5:33	10.8
16	STRZELECKA DOROTA	252		KOSZALIN	POL	K18-39	16	K 25	00:08:54	00:18:27	00:28:05.45	5:37	10.7
17	KIJAN SYLWIA	116	PEPSPORT	KOŁOBRZEG	POL	K18-39	17	K 27	00:09:21	00:18:56	00:28:23.55	5:40	10.6
18	MAKSYMOWICZ KASIA	158	TEAM ZABIEGANE DNI	WARSZAWA	POL	K18-39	18	K 28	00:09:14	00:18:57	00:28:43.65	5:44	10.4
19	BRZOWOSKA BARBARA	323			POL	K18-39	19	K 29	00:09:31	00:19:12	00:28:50.45	5:46	10.4
20	KOMAR AGNIESZKA	119	KB SPOKO SŁAWNO	SŁAWNO	POL	K18-39	20	K 30	00:09:13	00:19:06	00:28:57.20	5:47	10.4
21	ROKITA EMILIA	226		CZARNE	POL	K18-39	21	K 31	00:09:34	00:19:35	00:29:09.35	5:50	10.3
22	MALINOWSKA-BURDA ALEKSANDRA	159		KOSZALIN	POL	K18-39	22	K 33	00:09:39	00:19:27	00:29:16.95	5:51	10.2
23	DUCH WERONIKA	53	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	23	K 35	00:09:50	00:19:50	00:29:23.50	5:52	10.2

II DECARUN KOSZALIN 5 KM, K18-39 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
24	LIS MILENA	153	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K18-39	24	K 36	00:09:50	00:19:51	00:29:23.60	5:52	10.2
25	DEPTUŁA-BILL BOŻENA	49		BORNE SULINOWO	POL	K18-39	25	K 37	00:09:33	00:19:28	00:29:28.65	5:53	10.2
26	BOŻEK MARTA	28	40%	PIŁA	POL	K18-39	26	K 38	00:09:44	00:19:37	00:29:32.30	5:54	10.2
27	SZEWCIK PAULINA	256		KOSZALIN	POL	K18-39	27	K 40	00:09:33	00:19:44	00:29:40.35	5:56	10.1
28	ADAMCZYK MILENA	1	HUSARIA RACE TEAM SZCZECINEK	SZCZECINEK	POL	K18-39	28	K 42	00:09:54	00:20:22	00:30:10.55	6:02	9.9
29	OLCZAK MAGDALENA	192		SIANÓW	POL	K18-39	29	K 44	00:10:05	00:20:15	00:30:29.05	6:05	9.8
30	BARSKA BARBARA	9		KOSZALIN	POL	K18-39	30	K 45	00:10:22	00:20:54	00:30:43.95	6:08	9.8
31	ROKITA JOANNA	185		CZARNE	POL	K18-39	31	K 47	00:10:16	00:20:54	00:30:59.95	6:12	9.7
32	KRZYŻEWSKA KAROLINA	138	#BBKTS	WARSZAWA	POL	K18-39	32	K 48	00:09:57	00:20:19	00:31:00.15	6:12	9.7
33	BIERNAT MARTA	16		KOSZALIN	POL	K18-39	33	K 50	00:10:16	00:21:04	00:31:23.20	6:16	9.6
34	PROTASEWICZ RENATA	218	SŁAWNO	SŁAWNO	POL	K18-39	34	K 51	00:10:17	00:21:08	00:31:50.80	6:22	9.4
35	KĄMIERCIK MONIKA	112		DARŁOWO	POL	K18-39	35	K 52	00:10:28	00:21:25	00:32:01.55	6:24	9.4
36	SADOSKA MIROSLAWA	233		SIANÓW	POL	K18-39	36	K 53	00:10:23	00:21:21	00:32:01.85	6:24	9.4
37	TUROWSKA AGATA	275	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	37	K 55	00:10:53	00:21:47	00:32:54.60	6:35	9.1
38	WIELIKDZIEN ALEKSANDRA	286	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	38	K 56	00:10:54	00:21:49	00:32:56.10	6:35	9.1
39	DROZD MAGDALENA	52	DECATHLON SŁUPSK	SŁUPSK	POL	K18-39	39	K 57	00:10:52	00:21:47	00:32:57.15	6:35	9.1
40	WIERZBICKA MAGDALENA	287		JEZIERZYCE	POL	K18-39	40	K 58	00:10:14	00:21:42	00:33:11.85	6:38	9
41	MATUSIAK ANIA	322		POZNAŃ	POL	K18-39	41	K 60	00:11:08	00:22:38	00:34:11.40	6:50	8.8
42	MARTKO AGNIESZKA	325	#SPRĘŻYNATEAM	KATOWICE	POL	K18-39	42	K 61	00:10:08	00:21:46	00:34:26.15	6:53	8.7
43	MIKLAŚNIAK MONIKA	175		SŁAWNO	POL	K18-39	43	K 62	00:10:32	00:22:16	00:34:33.70	6:54	8.7
44	JAWORSKA JUDYTA	97		MANOWO	POL	K18-39	44	K 63	00:10:46	00:22:55	00:34:50.95	6:58	8.6
45	STRZELECKA AGNIESZKA	253		KOSZALIN	POL	K18-39	45	K 66	00:10:45	00:23:06	00:35:08.05	7:01	8.5
46	ZYCHOWICZ AGA	342		KOSZALIN	POL	K18-39	46	K 69	00:11:44	00:24:28	00:37:23.35	7:28	8

II DECARUN KOSZALIN 5 KM, M18-39

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	ORZECZOWSKI KAMIL	193	TKKF KOSZALIN	KOSZALIN	POL	M18-39	1	M 1	00:05:59	00:12:06	00:18:10.20	3:38	16.5
2	BARAŃSKI PRZEMYSŁAW	7	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	2	M 2	00:05:59	00:12:14	00:18:38.85	3:43	16.1
3	PIONK RAFAŁ	208	KPW GDYNIA/RUNNERSI S7 BANINO	MISZEWO	POL	M18-39	3	M 3	00:06:09	00:12:35	00:18:50.30	3:46	15.9
4	HUBERT ŁUKASZ	85	TKKF KOSZALIN	KOSZALIN	POL	M18-39	4	M 4	00:06:23	00:13:04	00:19:49.95	3:58	15.1
5	HOŁUB KAMIL	83	MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M18-39	5	M 6	00:06:34	00:13:26	00:20:10.50	4:02	14.9
6	LUBLEWSKI DAWID	154	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	6	M 8	00:06:39	00:13:33	00:20:23.65	4:04	14.7
7	JAROSZ PRZEMYSŁAW	92	JW 1223/BLOG	WYCZECHY	POL	M18-39	7	M 9	00:06:34	00:13:30	00:20:26.45	4:05	14.7
8	KASZUBIAK KLAUDIUSZ	108		KOSZALIN	POL	M18-39	8	M 10	00:06:55	00:13:57	00:20:27.10	4:05	14.7
9	ROKOSZ RADOŚLAW	227	JW 1223	KOSZALIN	POL	M18-39	9	M 11	00:06:49	00:13:46	00:20:40.65	4:08	14.5
10	WICHER KRZYSZTOF	284	GABINET REHABILITACJI AKTYWNEJ KOSZALIN	KOSZALIN	POL	M18-39	10	M 12	00:06:52	00:13:55	00:20:45.60	4:09	14.4
11	PRZEWŁOCKI MICHAŁ	221	TKKF KOSZALIN	KOSZALIN	POL	M18-39	11	M 13	00:06:41	00:13:44	00:20:47.90	4:09	14.4
12	HOREGLAD PAWEŁ	84	SPEEDY GONZALES	KOSZALIN	POL	M18-39	12	M 17	00:07:06	00:14:21	00:21:11.80	4:14	14.2
13	RUSINEK ARTUR	231		KOSZALIN	POL	M18-39	13	M 19	00:07:01	00:14:19	00:21:29.05	4:17	14
14	PAWŁOWICZ ROLAND	317	HUSARIA RACE TEAM	SZCZECINEK	POL	M18-39	14	M 20	00:06:51	00:14:04	00:21:33.45	4:18	13.9
15	SKOWROŃSKI TOMASZ	240		CHAŁUPY	POL	M18-39	15	M 21	00:07:55	00:15:06	00:21:53.35	4:22	13.7
16	BIENKOWSKI TOMASZ	15	KOSZALIŃSKI RANKING BIEGACZY	NIEKŁONICE	POL	M18-39	16	M 23	00:06:58	00:14:32	00:21:57.20	4:23	13.7
17	JAMNIAK BARTOSZ	89	TKKF KOSZALIN	KOSZALIN	POL	M18-39	17	M 24	00:07:06	00:14:38	00:22:14.05	4:26	13.5
18	WASZAK KAROL	134	KORZYBSKIE REKINY	KĘPICE	POL	M18-39	18	M 25	00:07:10	00:14:48	00:22:21.90	4:28	13.4
19	BASSEL MARCIN	12		KOSZALIN	POL	M18-39	19	M 29	00:07:33	00:15:06	00:22:35.50	4:31	13.3
20	BONISŁAWSKI JAROSŁAW	23	MAM ŚWIRA	SŁAWNO	POL	M18-39	20	M 33	00:07:36	00:15:25	00:22:54.75	4:34	13.1
21	STRZYŻ ŁUKASZ	255	LUMBERJACKS CROSS GARAGE KOSZALIN	STARE BIELICE	POL	M18-39	21	M 34	00:07:30	00:15:16	00:22:57.35	4:35	13.1
22	MŁASZEWSKI PRZEMEK	176	HOLIDAY SPORT	KOSZALIN	POL	M18-39	22	M 36	00:07:36	00:15:22	00:23:04.75	4:36	13
23	SAKS KRYSZTIAN	234		WARSZAWA	POL	M18-39	23	M 37	00:07:22	00:15:20	00:23:14.40	4:38	12.9
24	KWIETNIEWSKI DANIEL	147		KOSZALIN	POL	M18-39	24	M 38	00:07:34	00:15:21	00:23:14.80	4:39	12.9
25	MARCINIAK MICHAŁ	161		POLANÓW	POL	M18-39	25	M 39	00:07:28	00:15:12	00:23:15.85	4:39	12.9
26	CHUPTYŚ ADRIAN	39	RUNDORFINA CZAPLINEK	CZAPLINEK	POL	M18-39	26	M 40	00:07:32	00:15:29	00:23:32.65	4:42	12.7
27	MIKIETYSKI MICHAŁ	174	ZABIEGANI NOCĄ	OKONEK	POL	M18-39	27	M 41	00:07:49	00:15:52	00:23:34.20	4:42	12.7
28	LENIK HUBERT	149		BIESIEKIERZ	POL	M18-39	28	M 42	00:07:16	00:15:32	00:23:37.00	4:43	12.7
29	OLCZAK KRZYSZTOF	191		SIANÓW	POL	M18-39	29	M 43	00:07:48	00:15:56	00:23:46.30	4:45	12.6

II DECARUN KOSZALIN 5 KM, M18-39 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
30	KOZIEŁ PAWEŁ	128		RABINO	POL	M18-39	30	M 46	00:07:42	00:15:53	00:23:59.30	4:48	12.5
31	BARUTOWICZ GRZEGORZ	11		KOSZALIN	POL	M18-39	31	M 47	00:07:36	00:15:32	00:23:59.50	4:48	12.5
32	MARZEC ŁUKASZ	165		KOSZALIN	POL	M18-39	32	M 48	00:07:57	00:15:54	00:24:08.35	4:49	12.4
33	RÓG MICHAŁ	230		STARE BIELICE	POL	M18-39	33	M 56	00:08:22	00:17:04	00:25:07.70	5:01	11.9
34	RUTKOWSKI ARTUR	232	KOSZALIŃSKI RANKING BIEGACZY	SIANÓW	POL	M18-39	34	M 57	00:07:44	00:16:17	00:25:11.90	5:02	11.9
35	WITKOWSKI KRZYSZTOF	294	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	35	M 60	00:08:11	00:16:51	00:25:21.85	5:04	11.8
36	MINKO BARTEK	177		SŁUPSK	POL	M18-39	36	M 62	00:08:23	00:17:09	00:25:29.15	5:05	11.8
37	GOSTOMCZYK KRZYSZTOF	74		SŁAWNO	POL	M18-39	37	M 64	00:08:25	00:17:10	00:25:49.55	5:10	11.6
38	CZUB MACIEJ	46		KOSZALIN	POL	M18-39	38	M 70	00:09:01	00:17:35	00:26:22.40	5:16	11.4
39	ŻUKOWSKI Cezary	314	ROZBIEGANY KOSZALIN / FOR-REST-RUN / MIGAWKOWE.PL	KOSZALIN	POL	M18-39	39	M 71	00:08:52	00:17:36	00:26:24.90	5:17	11.4
40	WITEK ADRIAN	293		BIAŁOGARD	POL	M18-39	40	M 72	00:07:57	00:17:08	00:26:27.05	5:17	11.3
41	BILL ŁUKASZ	17		BORNE SULINOWO	POL	M18-39	41	M 73	00:08:15	00:17:11	00:26:31.50	5:18	11.3
42	DĘBSKI DAMIAN	50		KOSZALIN	POL	M18-39	42	M 77	00:08:44	00:17:35	00:26:47.75	5:21	11.2
43	MASTALERZ KONRAD	166	DECATHLON KOSZALIN	KOSZALIN	POL	M18-39	43	M 82	00:08:29	00:18:02	00:27:40.85	5:32	10.8
44	NIEWIADOWSKI ROBERT	187		STARE BIELICE	POL	M18-39	44	M 87	00:08:43	00:18:15	00:27:58.15	5:35	10.7
45	SZKATULSKI TOMASZ	259	DARŁOWSKIE CHARTY	DARŁOWO	POL	M18-39	45	M 88	00:09:01	00:18:35	00:28:00.30	5:36	10.7
46	KOZŁOWSKI KRZYSZTOF	271		CZARNE	POL	M18-39	46	M 89	00:09:03	00:18:44	00:28:06.50	5:37	10.7
47	WIERZBICKI KACPER	288	ŁUBU DUBU ...	KOSZALIN	POL	M18-39	47	M 91	00:09:24	00:19:09	00:28:13.40	5:38	10.6
48	MARSZAŁKOWSKI RADOSŁAW	164		PRZYBRDA	POL	M18-39	48	M 92	00:09:25	00:19:02	00:28:15.90	5:39	10.6
49	BODO RAFAŁ	19		KOSZALIN	POL	M18-39	49	M 96	00:08:57	00:18:40	00:28:26.20	5:41	10.6
50	KRZANOWSKI MARCIN	135	MARCINBIEGA	BIAŁOGARD	POL	M18-39	50	M 97	00:08:46	00:18:44	00:28:34.35	5:42	10.5
51	MASTALERZ HUBERT	167		ŚMIECHÓW	POL	M18-39	51	M 99	00:09:25	00:19:18	00:28:59.95	5:48	10.3
52	MURAWSKI RAFAŁ	184	WATAHA-ŁĄCZY NAS BIEGANIE	SŁUPSK	POL	M18-39	52	M 100	00:09:12	00:19:02	00:29:06.65	5:49	10.3
53	RADOMSKI MICHAŁ	223		KOSZALIN	POL	M18-39	53	M 102	00:08:54	00:18:57	00:29:11.55	5:50	10.3
54	NOWAK ERYK	305		ROSNOWO	POL	M18-39	54	M 103	00:09:53	00:19:32	00:29:30.00	5:54	10.2
55	BRZEZIŃSKI PAWEŁ	29		KOSZALIN	POL	M18-39	55	M 106	00:08:59	00:19:33	00:29:58.50	5:59	10
56	WYSOCKI KRYSZTIAN	301		DARŁOWO	POL	M18-39	56	M 109	00:10:23	00:21:21	00:32:01.45	6:24	9.4
57	SZYMAŃSKI MARCIN	265	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M18-39	57	M 110	00:10:39	00:21:40	00:32:54.55	6:35	9.1

II DECARUN KOSZALIN 5 KM, K40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	KĄZMIERCZAK AGNIESZKA	110		ŚWIDWIN	POL	K40-49	1	K 15	00:08:07	00:16:45	00:25:19.75	5:03	11.8
2	GOLEC ANIA	72		KOSZALIN	POL	K40-49	2	K 17	00:08:35	00:17:26	00:26:44.55	5:21	11.2
3	ŻMUDA MONIKA	313	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	K40-49	3	K 23	00:08:57	00:18:18	00:27:35.65	5:31	10.9
4	GAWIECKA MARIOLA	66		KOSZALIN	POL	K40-49	4	K 26	00:09:16	00:18:56	00:28:17.85	5:39	10.6
5	KURZAWIŃSKA-JABŁOŃSKA KASIA	146		CZARNE	POL	K40-49	5	K 34	00:09:36	00:19:37	00:29:19.70	5:52	10.2
6	BORSUK DOROTA	24		KOSZALIN	POL	K40-49	6	K 41	00:09:52	00:19:58	00:30:01.40	6:00	10
7	KURCZ BARBARA	144	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	7	K 43	00:09:55	00:20:03	00:30:14.95	6:03	9.9
8	ZUKAL ALEKSANDRA	310		KOSZALIN	POL	K40-49	8	K 46	00:09:57	00:20:12	00:30:56.55	6:11	9.7
9	PODRAZA-OLECH DAGMARA	212		KOSZALIN	POL	K40-49	9	K 49	00:10:12	00:20:36	00:31:05.65	6:13	9.6
10	PRYGIEL EWA	220	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	K40-49	10	K 59	00:10:35	00:22:11	00:33:55.45	6:47	8.8
11	TRZEŚNIEWSKA IZABELA	272		KOSZALIN	POL	K40-49	11	K 64	00:10:51	00:22:36	00:34:53.65	6:58	8.6
12	GRZYMAŁA ANGELIKA	82	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	12	K 67	00:10:05	00:19:37	00:35:53.35	7:10	8.4
13	RULEWICZ ANNA	262		KOSZALIN	POL	K40-49	13	K 68	00:11:46	00:24:30	00:37:22.00	7:28	8

II DECARUN KOSZALIN 5 KM, M40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	ZUKAL PIOTR	309		KOSZALIN	POL	M40-49	1	M 5	00:06:43	00:13:19	00:19:53.85	3:58	15.1
2	ŻMUDA TOMASZ	312	CW FANZA KOŁOBRZEG	SARBIA/KOŁOBRZEG	POL	M40-49	2	M 7	00:06:40	00:13:34	00:20:18.10	4:03	14.8
3	SIENIAWSKI JAREK	236	MEDEN-INMED SPORTS TEAM	BONIN	POL	M40-49	3	M 14	00:06:49	00:13:55	00:20:56.50	4:11	14.3
4	SZULC ARKADIUSZ	324	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	4	M 16	00:07:11	00:14:21	00:21:10.70	4:14	14.2

II DECARUN KOSZALIN 5 KM, M40-49 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
5	PICK TOMASZ	201	DEAF KOSZALIN	KOSZALIN	POL	M40-49	5	M 18	00:07:09	00:14:29	00:21:18.90	4:15	14.1
6	MAKSYMOWICZ MARCIN	157	TEAM ZABIEGANE DNI	WARSZAWA	POL	M40-49	6	M 22	00:06:57	00:14:31	00:21:53.80	4:22	13.7
7	PUSCIAN KRZYSZTOF	222	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M40-49	7	M 26	00:07:20	00:14:46	00:22:22.90	4:28	13.4
8	MUCHA KRZYSZTOF	182		KOSZALIN	POL	M40-49	8	M 28	00:07:33	00:15:08	00:22:28.85	4:29	13.3
9	MARCINKOWSKI JACEK	162	ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M40-49	9	M 30	00:07:30	00:15:10	00:22:36.65	4:31	13.3
10	IWANIEC DARIUSZ	86	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	10	M 31	00:07:35	00:15:08	00:22:40.95	4:32	13.2
11	KUŁAKOWSKI DAWID	143	TKKF KOSZALIN	KOSZALIN	POL	M40-49	11	M 32	00:07:35	00:15:08	00:22:41.10	4:32	13.2
12	KAMELSKI PIOTR	106		SŁAWNO	POL	M40-49	12	M 35	00:07:24	00:15:16	00:23:04.70	4:37	13
13	KAJKOWSKI RAFAŁ	104	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:29	00:15:35	00:23:57.60	4:47	12.5
14	PITUS RADOSŁAW	210	PITUS MEBLE	WARSZKOWO	POL	M40-49	14	M 49	00:07:43	00:15:51	00:24:08.90	4:49	12.4
15	SZUBERT MARCIN	263	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	M40-49	15	M 50	00:08:09	00:16:16	00:24:11.40	4:50	12.4
16	GAWIECKI PIOTR	67		KOSZALIN	POL	M40-49	16	M 53	00:08:14	00:16:26	00:24:41.95	4:56	12.1
17	ANTKOWIAK SEBASTIAN	3	DB - ACTIVE	KOSZALIN	POL	M40-49	17	M 54	00:08:06	00:16:16	00:24:43.10	4:56	12.1
18	KONOWALSKI BARTOSZ	123	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M40-49	18	M 55	00:08:32	00:16:47	00:24:52.35	4:58	12.1
19	JASIENIECKI PIOTR	319		KOSZALIN	POL	M40-49	19	M 63	00:08:23	00:17:02	00:25:45.70	5:09	11.6
20	KRASIŃSKI WITOLD	131		KOSZALIN	POL	M40-49	20	M 67	00:08:22	00:17:06	00:26:01.65	5:12	11.5
21	WAJDA WALDEMAR	278	BORNE BIEGA	BORNE SULINOWO	POL	M40-49	21	M 68	00:08:22	00:17:19	00:26:03.20	5:12	11.5
22	CZEPIEL ŁUKASZ	44	KORZYBSKIE REKINY	KĘPICE	POL	M40-49	22	M 83	00:09:02	00:18:16	00:27:50.80	5:34	10.8
23	DROPKO GRZEGORZ	51		KOSZALIN	POL	M40-49	23	M 85	00:08:45	00:18:08	00:27:55.15	5:35	10.7
24	SOBKO KRZYSZTOF	242	FSE LOGISTIC	MIELNO	POL	M40-49	24	M 94	00:08:55	00:18:38	00:28:19.85	5:40	10.6
25	WÓJCIK MARCIN	298	RAZEM TRENUJEMY SPORT	ŁÓDŹ	POL	M40-49	25	M 95	00:09:28	00:19:04	00:28:23.35	5:40	10.6
26	KASPRZYK BOGDAN	107	JRG 2 KOSZALIN	MŚCICE	POL	M40-49	26	M 98	00:09:35	00:19:24	00:28:58.10	5:47	10.4
27	FAJGIER TOMASZ	57		KOSZALIN	POL	M40-49	27	M 101	00:08:46	00:18:44	00:29:07.70	5:49	10.3
28	WALKOWIAK DARIUSZ	279		KROKOWO	POL	M40-49	28	M 104	00:09:05	00:19:24	00:29:40.70	5:56	10.1

II DECARUN KOSZALIN 5 KM, K50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	DĄBROWSKA ALICJA	48	TKKF KOSZALIN	SIANÓW	POL	K50-59	1	K 14	00:08:39	00:17:10	00:25:19.20	5:03	11.8
2	KONKEL JOANNA	122	MKS 'ŚWIĘC' SŁAWNO	SŁAWNO	POL	K50-59	2	K 19	00:08:48	00:17:50	00:26:55.30	5:23	11.1
3	BOGACKA LUCYNA	20	TKKF KOSZALIN	KOSZALIN	POL	K50-59	3	K 20	00:08:46	00:17:48	00:26:56.20	5:23	11.1
4	ZAKRZEWSKA ELŻBIETA	303		STOISŁAW	POL	K50-59	4	K 21	00:09:09	00:18:22	00:27:17.25	5:27	11
5	PIETRZAK MARIOLA	321		KOSZALIN	POL	K50-59	5	K 32	00:09:47	00:19:29	00:29:14.60	5:51	10.3
6	MARCZAK MAŁGORZATA	163	DECATHLON SŁUPSK	ŻELKOWO	POL	K50-59	6	K 39	00:09:21	00:19:00	00:29:34.25	5:54	10.1

II DECARUN KOSZALIN 5 KM, M50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	RADOMSKI HIERONIM	224	SOKÓŁ WYCZECHY	CZARNE	POL	M50-59	1	M 44	00:07:44	00:15:54	00:23:49.70	4:46	12.6
2	KLENIEWSKI PIOTR	117	ZACHODNIOPOMORSKIE	KOSZALIN	POL	M50-59	2	M 51	00:07:46	00:15:56	00:24:16.15	4:51	12.4
3	KĄŻMIERCZAK ANDRZEJ	113		KOSZALIN	POL	M50-59	3	M 52	00:08:04	00:16:02	00:24:17.25	4:51	12.4
4	KOPCZEWSKI DARIUSZ	125		KOSZALIN	POL	M50-59	4	M 61	00:08:17	00:16:52	00:25:25.25	5:05	11.8
5	BOGACKI TOMASZ	21	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 69	00:08:45	00:17:48	00:26:11.05	5:14	11.5
6	GASEK WIESŁAW	64	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M50-59	6	M 76	00:08:40	00:17:55	00:26:46.25	5:21	11.2
7	JANUSZEWSKI JACEK	90	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	7	M 78	00:08:41	00:17:45	00:26:59.40	5:23	11.1
8	ZARBOCK KRZYSZTOF	304	SPORTY WALKI PIŁA	PIŁA	POL	M50-59	8	M 81	00:08:50	00:18:16	00:27:40.45	5:32	10.8
9	MRUGALSKI STANISŁAW	181		MIASTKO	POL	M50-59	9	M 84	00:09:23	00:18:41	00:27:50.80	5:34	10.8
10	KRZEMIŃSKI ANDRZEJ	136		KOSZALIN	POL	M50-59	10	M 93	00:09:35	00:18:54	00:28:18.15	5:39	10.6
11	RULEWICZ ARTUR	341			POL	M50-59	11	M 105	00:09:16	00:19:26	00:29:53.85	5:58	10

II DECARUN KOSZALIN 5 KM, K-60+

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	CIŻMOWSKA BARBARA	40		KĘPICE	POL	K-60+	1	K 54	00:10:36	00:21:33	00:32:54.50	6:35	9.1
2	STASZYŃSKA MARIANNA	250	BTC,,ORZEŁ"	BIAŁOGARD	POL	K-60+	2	K 65	00:11:12	00:23:18	00:35:06.30	7:01	8.5

II DECARUN KOSZALIN 5 KM, M-60+

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1.667km	3.333km	Netto	min/km	km/h
1	WIŚNIEWSKI MIECZYŚLAW	292	STOPA SŁUPSK	SŁUPSK	POL	M-60+	1	M 15	00:06:51	00:13:55	00:20:59.70	4:12	14.3
2	TELESIEWICZ HENRYK	267		SŁAWNO	POL	M-60+	2	M 59	00:08:16	00:16:51	00:25:16.95	5:03	11.9
3	CZECH ROMAN	41	GOCH BYTÓW	SŁUPSK	POL	M-60+	3	M 74	00:08:41	00:17:34	00:26:35.10	5:19	11.3
4	SŁOMSKI ZENON	241		KORZYBIE	POL	M-60+	4	M 79	00:09:09	00:18:09	00:27:07.10	5:25	11.1
5	DUDKIEWICZ LESZEK	320	TKKF KOSZALIN	KOSZALIN	POL	M-60+	5	M 80	00:08:51	00:18:22	00:27:33.70	5:30	10.9
6	GŁOWACKI WŁODZIMIERZ	71		KOSZALIN	POL	M-60+	6	M 86	00:08:57	00:18:29	00:27:57.20	5:35	10.7
7	FRYC DAREK	118		WAŁCZ	POL	M-60+	7	M 90	00:09:16	00:18:53	00:28:11.60	5:38	10.6
8	HELLER ZDZISŁAW	329		KOSZALIN	POL	M-60+	8	M 107	00:09:52	00:19:57	00:30:01.40	6:00	10
9	STAŃCZYK FRANCISZEK	248	NIEZRZESZONY	KOSZALIN	POL	M-60+	9	M 108	00:09:49	00:19:29	00:30:42.85	6:08	9.8
10	PASEK JAN	196	KLUB BIEGOWY JANTAR ŚWIESZYNO	DUNOWO	POL	M-60+	10	M 111	00:10:45	00:22:37	00:34:56.00	6:59	8.6
11	SZCZEBLEWSKI JÓZEF	331		MANOWO	POL	M-60+	11	M 112	00:13:19	00:27:02	00:42:09.90	8:26	7.1
12	BARTNIK MARIAN	10	TKKF KOSZALIN	KOSZALIN	POL	M-60+	12	M 113	00:03:43	00:18:50	01:00:03.00	12:00	5
13	KĘPA ANDRZEJ	114		KOSZALIN	POL	M-60+	13	M 114					