

## II DECARUN KOSZALIN 15 KM

Organizator: Decathlon Koszalin  
 Data: 2018-08-15  
 Miejsce: Koszalin  
 Dystans: 15 km  
 Klasyfikacja wg czasów netto.



## II DECARUN KOSZALIN 15 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667k m	13.333k m	Netto	min/km	km/h
1	WITKOWSKI MATEUSZ	295	JW 1223	KOSZALIN	POL	M18-39	1	M 1	00:24:31	00:30:46	00:37:05	00:43:23	00:49:38	00:55:55.10	3:43	16.1
2	BARDZIŃSKI RAFAŁ	8	JANOSPORT TEAM LEGNICA	LEGNICA	POL	M18-39	2	M 2	00:25:25	00:31:46	00:38:03	00:44:20	00:50:42	00:56:59.50	3:48	15.8
3	GAWRON PIOTR	68	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M18-39	3	M 3	00:25:26	00:31:47	00:38:11	00:44:39	00:51:02	00:57:23.10	3:49	15.7
4	ROCKO KRZYSZTOF	328	CZAPLA	CZAPLA	POL	M18-39	4	M 4	00:25:31	00:32:04	00:38:35	00:44:59	00:51:24	00:58:23.25	3:53	15.4
5	JAROSZ WIESŁAW	94	JW 1223/BLOG	KOSZALIN	POL	M40-49	1	M 5	00:25:59	00:32:38	00:39:18	00:45:58	00:52:37	00:59:14.85	3:56	15.2
6	KULCZYK JERZY	142		TYCHOWO	POL	M50-59	1	M 6	00:26:40	00:33:34	00:40:23	00:47:12	00:54:02	01:00:47.90	4:03	14.8
7	BUCZKO KRYSZTIAN	31		KOSZALIN	POL	M18-39	5	M 7	00:27:34	00:34:47	00:42:00	00:49:10	00:56:15	01:03:11.75	4:12	14.2
8	PERLIK TOMASZ	199		MIASTKO	POL	M18-39	6	M 8	00:27:12	00:34:19	00:41:33	00:48:54	00:56:13	01:03:26.75	4:13	14.2
9	GOLIŃSKI ŁUKASZ	73	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M18-39	7	M 9	00:28:15	00:35:22	00:42:31	00:49:44	00:56:57	01:03:52.35	4:15	14.1
10	GROCHOWALSKI RAFAŁ	78	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	2	M 10	00:28:14	00:35:25	00:42:31	00:49:43	00:56:57	01:04:03.70	4:16	14.1
11	ZWOLIŃSKI JAN	311	TKKF KOSZALIN	WIERSZEWÓ	POL	M50-59	2	M 11	00:28:54	00:36:06	00:43:18	00:50:38	00:57:55	01:05:06.55	4:20	13.8
12	WOJCIECHOWICZ JACEK	326		KOSZALIN	POL	M40-49	3	M 12	00:28:59	00:36:26	00:43:58	00:51:20	00:58:38	01:05:49.30	4:23	13.7
13	GRZESIK EUGENIUSZ	81	TKKF KOSZALIN	KOSZALIN	POL	M50-59	3	M 13	00:28:58	00:36:26	00:43:58	00:51:26	00:59:01	01:06:33.30	4:26	13.5
14	PIŃSKI PAWEŁ	207	JW 1223	KOSZALIN	POL	M18-39	8	M 14	00:29:17	00:36:47	00:44:20	00:51:54	00:59:37	01:07:17.80	4:29	13.4
15	SITOWSKI MARCIN	237	PROMED SZCZECINEK	KOSZALIN	POL	M18-39	9	M 15	00:29:29	00:37:01	00:44:32	00:52:08	00:59:55	01:07:40.35	4:30	13.3
16	GAŁAN LESZEK	61		ZŁOCENIEC	POL	M50-59	4	M 16	00:29:58	00:37:42	00:45:23	00:53:04	01:00:45	01:08:08.95	4:32	13.2
17	MAZUR EMILIUSZ	168	ŻYJ Z ENERGIA	DARŁOWO	POL	M40-49	4	M 17	00:29:53	00:37:30	00:45:07	00:52:54	01:00:41	01:08:40.75	4:34	13.1
18	ZIENOWICZ MICHAŁ	306		KOSZALIN	POL	M18-39	10	M 18	00:30:50	00:38:43	00:46:13	00:53:55	01:01:44	01:09:04.30	4:36	13
19	URBAŃSKI TOMASZ	277		BIAŁOGARD	POL	M40-49	5	M 19	00:30:50	00:38:43	00:46:13	00:53:55	01:01:44	01:09:22.35	4:37	13
20	CHORAŻY KAROLINA	37	LEO-TEAM	KOSZALIN	POL	K18-39	1	K 1	00:31:16	00:39:11	00:47:07	00:55:03	01:03:03	01:10:57.70	4:43	12.7
21	BOŻEK RADOSŁAW	27	40%	PIŁA	POL	M18-39	11	M 20	00:30:50	00:38:59	00:46:57	00:55:06	01:03:15	01:11:27.35	4:45	12.6
22	SKIERKA GRZEGORZ	239	MKS 'ŚWIEC' SŁAWNO	KWASOWO	POL	M18-39	12	M 21	00:32:04	00:40:15	00:48:24	00:56:29	01:04:26	01:12:12.80	4:48	12.5
23	JABŁOŃSKI TOMASZ	88	KB SPOKO SŁAWNO	SŁAWNO	POL	M18-39	13	M 22	00:32:05	00:40:16	00:48:24	00:56:29	01:04:27	01:12:12.80	4:48	12.5
24	PROTASEWICZ ANDRZEJ	217	SŁAWNO	SŁAWNO	POL	M40-49	6	M 23	00:32:16	00:40:21	00:48:29	00:56:32	01:04:34	01:12:17.30	4:49	12.5
25	GAŁECKI JACEK	327		KARLINO	POL	M50-59	5	M 24	00:32:12	00:40:23	00:48:35	00:56:32	01:04:38	01:12:40.45	4:50	12.4
26	MICHNOWICZ EWELINA	172	HUSARIA RACE TEAM	KROSNO ODRZAŃSKIE	POL	K18-39	2	K 2	00:32:06	00:40:16	00:48:25	00:56:34	01:04:52	01:12:45.50	4:51	12.4
27	PIEKUTOWSKI IRENEUSZ	204	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	14	M 25	00:32:39	00:40:53	00:49:10	00:57:16	01:05:22	01:12:55.20	4:51	12.3
28	PEKAŁA PIOTR	200		KOSZALIN	POL	M40-49	7	M 26	00:33:01	00:41:04	00:49:06	00:57:04	01:05:08	01:13:10.80	4:52	12.3
29	BANCEWICZ TOMASZ	5	SALON KOSMETYCZNY DIAMENT SŁUPSK	SWOCHOWO	POL	M18-39	15	M 27	00:32:19	00:40:25	00:48:39	00:56:54	01:05:08	01:13:16.50	4:53	12.3
30	STRUŻYNA WALDEK	333		POLICE	POL	M18-39	16	M 28	00:32:46	00:40:54	00:49:11	00:57:25	01:05:39	01:13:36.50	4:54	12.2
31	TOMASZEWSKI MIECZYSLAW	268		KŁANINO	POL	M-60+	1	M 29	00:32:48	00:40:52	00:49:08	00:57:26	01:05:45	01:13:51.00	4:55	12.2
32	ADAMOWICZ DANIEL	2	KB PIONIER	SZCZECIN	POL	M18-39	17	M 30	00:31:57	00:40:20	00:48:48	00:57:11	01:05:45	01:13:54.00	4:55	12.2
33	MOKSA DARIUSZ	178		KOSZALIN	POL	M18-39	18	M 31	00:31:57	00:40:21	00:48:48	00:57:12	01:05:41	01:14:21.10	4:57	12.1
34	TUJAKA GRZEGORZ	274		KOSZALIN	POL	M18-39	19	M 32	00:31:22	00:39:49	00:48:24	00:57:09	01:05:50	01:14:21.65	4:57	12.1
35	PŁOSKI KRZYSZTOF	211	DARŁOWSKIE CHARTY	BOBOLIN	POL	M40-49	8	M 33	00:32:41	00:40:59	00:49:24	00:57:51	01:06:05	01:14:22.00	4:57	12.1
36	WÓJCIK RADOSŁAW	299		WROCŁAW	POL	M18-39	20	M 34	00:32:27	00:40:54	00:49:29	00:57:59	01:06:18	01:14:38.80	4:58	12.1
37	CHUTYRKO PAWEŁ	340		KAMIEŃ RYMAŃSKI	POL	M18-39	21	M 35	00:33:01	00:41:15	00:49:27	00:57:45	01:05:59	01:14:48.90	4:59	12
38	NOWACKI MARIUSZ	188	ZFCI	BYDGOSZCZ	POL	M40-49	9	M 36	00:32:44	00:41:16	00:49:45	00:58:12	01:06:46	01:14:56.00	4:59	12
39	WIELGAT ŁUKASZ	285	KB BRYZA POSTOMINO	POSTOMINO	POL	M18-39	22	M 37	00:32:32	00:40:53	00:49:27	00:58:03	01:06:45	01:15:06.25	5:00	12
40	KOPA JACEK	124	---	LUBOŃ	POL	M40-49	10	M 38	00:32:45	00:40:50	00:49:06	00:57:40	01:06:23	01:15:27.90	5:01	11.9
41	PRYGIEL JAROSŁAW	219	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M40-49	11	M 39	00:31:49	00:40:11	00:48:40	00:57:09	01:05:52	01:15:40.80	5:02	11.9
42	ŻUREK MATEUSZ	316		KOSZALIN	POL	M18-39	23	M 40	00:34:17	00:42:48	00:51:23	00:59:53	01:08:36	01:17:09.35	5:08	11.7
43	KRUPIŃSKI KRZYSZTOF	133	E-UROLOG.EU	KOSZALIN	POL	M50-59	6	M 41	00:33:19	00:42:01	00:50:47	00:59:40	01:08:39	01:17:24.25	5:09	11.6
44	KONKEL AGNIESZKA	120		KOSZALIN	POL	K18-39	3	K 3	00:32:42	00:41:39	00:50:35	00:59:37	01:08:36	01:17:26.60	5:09	11.6



## II DECARUN KOSZALIN 15 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667k m	13.333k m	Netto	min/km	km/h
99	STACHERA JACEK	247		KOSZALIN	POL	M40-49	23	M 90	00:38:26	00:48:14	00:58:02	01:07:59	01:17:53	01:27:58.15	5:51	10.2
100	GARNCAREK PAWEŁ	63		ŚWIESZYNO	POL	M18-39	55	M 91	00:38:32	00:48:07	00:57:43	01:07:44	01:18:05	01:28:27.00	5:53	10.2
101	GAŁAN JOANNA	62		ZŁOCENIEC	POL	K50-59	2	K 10	00:39:05	00:49:06	00:59:10	01:09:14	01:19:09	01:28:54.45	5:55	10.1
102	BORUC BARBARA	25	PARKRUN SZCZECINEK	SZCZECINEK	POL	K40-49	2	K 11	00:38:59	00:49:04	00:59:08	01:09:22	01:19:45	01:29:51.90	5:59	10
103	JUSZCZAK KRZYSZTOF	102		KOSZALIN	POL	M-60+	4	M 92	00:38:57	00:49:05	00:59:20	01:09:46	01:20:11	01:30:28.95	6:01	9.9
104	PIECHOCKI ROBERT	202		KOSZALIN	POL	M50-59	11	M 93	00:38:59	00:49:03	00:59:19	01:09:43	01:20:09	01:30:46.35	6:03	9.9
105	KRAUZE DAWID	336		KAMIEŃ RYMAŃSKI	POL	M18-39	56	M 94	00:38:31	00:48:28	00:59:20	01:10:42	01:21:26	01:32:16.50	6:09	9.8
106	SZYMANOWICZ MARCIN	264		KOSZALIN	POL	M18-39	57	M 95	00:41:01	00:51:21	01:01:49	01:12:28	01:22:37	01:32:42.95	6:10	9.7
107	PISKORZ-WILCZAK IWONA	209	NESSI KOLOROWA DRUŻYNA	KONIKOWO	POL	K40-49	3	K 12	00:40:37	00:51:08	01:01:27	01:12:05	01:22:57	01:34:11.95	6:16	9.6
108	CUDEK ROMAN	330		ŚWIDWIN	POL	M40-49	24	M 96	00:41:45	00:52:18	01:02:58	01:13:45	01:24:35	01:35:03.30	6:20	9.5
109	PASEK PAULA	195	KLUB BIEGOWY JANTAR ŚWIESZYNO	DUNOWO	POL	K18-39	8	K 13	00:42:32	00:53:25	01:04:23	01:15:48	01:27:04	01:38:02.35	6:32	9.2
110	MOTOWIDŁO-ZAWADZKA IZABELLA	180	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K40-49	4	K 14	00:43:29	00:54:21	01:05:42	01:17:20	01:28:53	01:38:59.90	6:36	9.1
111	TRZESNIEWSKI ZBIGNIEW	273		KOSZALIN	POL	M50-59	12	M 97	00:43:28	00:54:32	01:05:53	01:17:25	01:28:57	01:40:46.40	6:43	8.9
112	MURAWSKA KATARZYNA	183	WATAHA-ŁĄCZY NAS BIEGANIE	SŁUPSK	POL	K18-39	9	K 15	00:43:24	00:54:39	01:06:13	01:18:12	01:30:24	01:42:23.30	6:49	8.8
113	KOZŁOWIECKA MAŁGORZATA	130		KOSZALIN	POL	K50-59	3	K 16	00:44:16	00:55:49	01:07:31	01:19:29	01:31:19	01:42:33.80	6:50	8.8
114	GRZELAKOWSKI MICHAŁ	335		KAMIEŃ RYMAŃSKI	POL	M18-39	58	M 98	00:31:21	00:40:03	00:48:16	00:56:22	01:04:32		4:50	12.4
115	ŻEROMSKI DAWID	54		KOSZALIN	POL	M18-39	59	M 99	00:33:58	00:42:59	00:52:14	01:01:40	01:10:24		5:16	11.4
116	WAŚOWSKI MATEUSZ	281		KOSZALIN	POL	M18-39	60	M 100	00:35:14	00:44:10	00:53:05	01:01:45	01:10:24		5:16	11.4
117	MACIEJEWSKI DAWID	156		KOSZALIN	POL	M18-39	61	M 101	00:36:35	00:46:51	00:56:55	01:06:58			5:44	10.5
118	JĘDRZEJEWSKI KRZYSZTOF	100		KOSZALIN	POL	M18-39	62	M 102	00:39:53	00:50:39	01:02:10	01:15:36			6:28	9.3

## II DECARUN KOSZALIN 15 KM, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	CHORAŻY KAROLINA	37	LEO-TEAM	KOSZALIN	POL	K18-39	1	K 1	00:31:16	00:39:11	00:47:07	00:55:03	01:03:03	01:10:57.70	4:43	12.7
2	MICHNOWICZ EWELINA	172	HUSARIA RACE TEAM	KROSNO ODRZAŃSKIE	POL	K18-39	2	K 2	00:32:06	00:40:16	00:48:25	00:56:34	01:04:52	01:12:45.50	4:51	12.4
3	KONKEL AGNIESZKA	120		KOSZALIN	POL	K18-39	3	K 3	00:32:42	00:41:39	00:50:35	00:59:37	01:08:36	01:17:26.60	5:09	11.6
4	KRZEWIŃSKA MAŁGORZATA	137	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 4	00:34:23	00:43:03	00:51:48	01:00:43	01:09:53	01:18:53.80	5:15	11.4
5	ZIÓŁKOWSKA GOSIA	308		KOSZALIN	POL	K18-39	4	K 5	00:35:06	00:44:11	00:53:22	01:02:43	01:12:09	01:21:14.35	5:25	11.1
6	LANGNER-KAPCZYŃSKA EDYTA	148	BEST BEASTS	SŁUPSK	POL	K18-39	5	K 6	00:36:06	00:45:25	00:54:46	01:04:18	01:13:41	01:22:42.85	5:30	10.9
7	DANIUK KATARZYNA	47	CITYZEN	POZNAŃ	POL	K40-49	1	K 7	00:36:05	00:45:23	00:54:45	01:04:32	01:14:22	01:24:00.60	5:36	10.7
8	MOTYCZYŃSKA PATRYCJA	332		SIEMIANICE	POL	K18-39	6	K 8	00:37:59	00:47:28	00:56:52	01:06:19	01:15:50	01:25:09.85	5:40	10.6
9	Blicharz Monika	18		KOSZALIN	POL	K18-39	7	K 9	00:38:38	00:48:13	00:57:49	01:07:10	01:16:18	01:25:18.10	5:41	10.6
10	GAŁAN JOANNA	62		ZŁOCENIEC	POL	K50-59	2	K 10	00:39:05	00:49:06	00:59:10	01:09:14	01:19:09	01:28:54.45	5:55	10.1
11	BORUC BARBARA	25	PARKRUN SZCZECINEK	SZCZECINEK	POL	K40-49	2	K 11	00:38:59	00:49:04	00:59:08	01:09:22	01:19:45	01:29:51.90	5:59	10
12	PISKORZ-WILCZAK IWONA	209	NESSI KOLOROWA DRUŻYNA	KONIKOWO	POL	K40-49	3	K 12	00:40:37	00:51:08	01:01:27	01:12:05	01:22:57	01:34:11.95	6:16	9.6
13	PASEK PAULA	195	KLUB BIEGOWY JANTAR ŚWIESZYNO	DUNOWO	POL	K18-39	8	K 13	00:42:32	00:53:25	01:04:23	01:15:48	01:27:04	01:38:02.35	6:32	9.2
14	MOTOWIDŁO-ZAWADZKA IZABELLA	180	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K40-49	4	K 14	00:43:29	00:54:21	01:05:42	01:17:20	01:28:53	01:38:59.90	6:36	9.1
15	MURAWSKA KATARZYNA	183	WATAHA-ŁĄCZY NAS BIEGANIE	SŁUPSK	POL	K18-39	9	K 15	00:43:24	00:54:39	01:06:13	01:18:12	01:30:24	01:42:23.30	6:49	8.8
16	KOZŁOWIECKA MAŁGORZATA	130		KOSZALIN	POL	K50-59	3	K 16	00:44:16	00:55:49	01:07:31	01:19:29	01:31:19	01:42:33.80	6:50	8.8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	WITKOWSKI MATEUSZ	295	JW 1223	KOSZALIN	POL	M18-39	1	M 1	00:24:31	00:30:46	00:37:05	00:43:23	00:49:38	00:55:55.10	3:43	16.1
2	BARDZIŃSKI RAFAŁ	8	JANOSPORT TEAM LEGNICA	LEGNICA	POL	M18-39	2	M 2	00:25:25	00:31:46	00:38:03	00:44:20	00:50:42	00:56:59.50	3:48	15.8
3	GAWRON PIOTR	68	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M18-39	3	M 3	00:25:26	00:31:47	00:38:11	00:44:39	00:51:02	00:57:23.10	3:49	15.7



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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
60	ROGOŻA IRENEUSZ	225		KOSZALIN	POL	M40-49	16	M 60	00:35:06	00:44:03	00:52:58	01:02:07	01:11:20	01:20:26.15	5:21	11.2
61	JÓZEFIAK ADRIAN	337		KAMIEŃ RYMAŃSKI	POL	M18-39	36	M 61	00:36:04	00:44:29	00:53:24	01:01:47	01:11:04	01:20:31.80	5:22	11.2
62	GREBIENIK ANDRZEJ	77	W.P.K. SŁOŃ TEAM	SŁUPSK	POL	M40-49	17	M 62	00:35:10	00:44:09	00:53:08	01:02:20	01:11:39	01:20:46.45	5:23	11.1
63	FIGARSKI LESZEK	58	LOVEBIKE	KOSZALIN	POL	M18-39	37	M 63	00:34:47	00:43:45	00:52:47	01:01:46	01:11:18	01:20:51.65	5:23	11.1
64	JURKIEWICZ PAWEŁ	101		PRZYBKOWO	POL	M18-39	38	M 64	00:34:57	00:44:06	00:53:12	01:02:28	01:11:54	01:21:03.50	5:24	11.1
65	CHUDZIK ZBIGNIEW	38	TKKF KOSZALIN	STARE BIELICE	POL	M50-59	8	M 65	00:36:17	00:45:26	00:54:34	01:03:37	01:12:57	01:21:53.00	5:27	11
66	DZIESZUK DARIUSZ	56	TKKF KOSZALIN	KOSZALIN	POL	M50-59	9	M 66	00:36:17	00:45:26	00:54:35	01:03:38	01:12:58	01:21:53.35	5:27	11
67	CZERNIAK GRACJAN	45		KOSZALIN	POL	M18-39	39	M 67	00:37:03	00:46:19	00:55:29	01:04:42	01:13:34	01:21:58.15	5:27	11
68	GRZEGORZEK ANDRZEJ	80	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M40-49	18	M 68	00:35:27	00:44:35	00:53:52	01:03:15	01:12:44	01:22:10.50	5:28	11
69	BUTOWICZ ADAM	33		SZCZECINEK	POL	M50-59	10	M 69	00:35:59	00:45:16	00:54:35	01:04:01	01:13:39	01:22:41.30	5:30	10.9
70	KOZŁOWIECKI WALDEMAR	129	TKKF KOSZALIN	KOSZALIN	POL	M-60+	3	M 70	00:36:08	00:45:17	00:54:34	01:04:01	01:13:38	01:22:44.90	5:31	10.9
71	BEDNARZ SEBASTIAN	93		KOSZALIN	POL	M40-49	19	M 71	00:36:20	00:45:34	00:54:58	01:04:23	01:13:48	01:23:08.95	5:32	10.8
72	JARNO WOJCIECH	11	AKTYWNA KRAJENKA	KRAJENKA	POL	M18-39	40	M 72	00:36:40	00:46:00	00:55:27	01:04:51	01:14:10	01:23:09.60	5:32	10.8
73	DUDZIAK PIOTR	55	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M40-49	20	M 73	00:37:09	00:46:08	00:55:08	01:04:23	01:13:46	01:23:12.35	5:32	10.8
74	PILAREK IRENEUSZ	206		KOSZALIN	POL	M18-39	41	M 74	00:35:03	00:44:04	00:53:14	01:03:18	01:13:20	01:23:46.00	5:35	10.7
75	BANCEWICZ RADOSŁAW	6	SALON KOSMETYCZNY DIAMENT SŁUPSK	BUKÓWKA	POL	M18-39	42	M 75	00:36:56	00:46:22	00:55:54	01:05:26	01:14:54	01:23:46.80	5:35	10.7
76	WIERZBICKI PRZEMYSŁAW	289		JEZIERZYCE	POL	M18-39	43	M 76	00:36:58	00:46:23	00:55:55	01:05:27	01:14:55	01:23:47.05	5:35	10.7
77	ŻURAWIK PIOTR	315		KĘPICE	POL	M40-49	21	M 77	00:36:38	00:45:55	00:55:23	01:04:52	01:14:26	01:23:54.90	5:35	10.7
78	BOŚ GRZEGORZ	26		SŁUPSK	POL	M18-39	44	M 78	00:37:01	00:46:26	00:57:07	01:06:04	01:15:17	01:24:03.90	5:36	10.7
79	SZCZUBLEWSKI MARTIN	338		KAMIEŃ RYMAŃSKI	POL	M18-39	45	M 79	00:34:06	00:43:56	00:53:38	01:03:48	01:14:02	01:24:27.45	5:37	10.7
80	GAWĘDA EMIL	65	DARŁOWSKIE CHARTY	STARY JAROSŁAW	POL	M18-39	46	M 80	00:37:57	00:47:26	00:56:50	01:06:17	01:15:49	01:24:28.80	5:37	10.7
81	RZESZUTEK MICHAŁ	339		KAMIEŃ RYMAŃSKI	POL	M18-39	47	M 81	00:36:50	00:46:00	00:55:38	01:05:22	01:15:10	01:24:39.85	5:38	10.6
82	PANCERZYŃSKI ŁUKASZ	194		KOSZALIN	POL	M18-39	48	M 82	00:36:21	00:45:44	00:55:16	01:04:55	01:14:54	01:24:40.35	5:38	10.6
83	MICHOLCZ SŁAWEK	173		KOSZALIN	POL	M18-39	49	M 83	00:37:33	00:46:52	00:56:18	01:05:55	01:15:42	01:25:01.45	5:40	10.6
84	SZYSZKOWSKI TOMASZ	266	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M18-39	50	M 84	00:37:55	00:47:23	00:56:49	01:06:15	01:15:49	01:25:04.20	5:40	10.6
85	STANCZYK SŁAWOMIR	249	STARGARD. JA SIĘ NIE ŚCIGAM	STARGARD	POL	M18-39	51	M 85	00:36:02	00:45:58	00:55:51	01:05:34	01:15:26	01:25:32.65	5:42	10.5
86	TUROWSKI MICHAŁ	276	DECATHLON SŁUPSK	SŁUPSK	POL	M18-39	52	M 86	00:36:47	00:46:33	00:56:26	01:06:17	01:16:21	01:26:35.00	5:46	10.4
87	KOWALCZYK PIOTR	126		KOSZALIN	POL	M18-39	53	M 87	00:36:50	00:46:33	00:56:22	01:06:23	01:16:45	01:27:00.00	5:48	10.3
88	KONKEL ŁUKASZ	121		KOSZALIN	POL	M18-39	54	M 88	00:37:36	00:47:03	00:56:52	01:06:50	01:17:09	01:27:44.35	5:50	10.3
89	PODSIADŁO MARCIN	213		KOSZALIN	POL	M40-49	22	M 89	00:37:34	00:47:16	00:57:29	01:07:45	01:17:52	01:27:57.05	5:51	10.2
90	STACHERA JACEK	247		KOSZALIN	POL	M40-49	23	M 90	00:38:26	00:48:14	00:58:02	01:07:59	01:17:53	01:27:58.15	5:51	10.2
91	GARNCAREK PAWEŁ	63		ŚWIESZYNO	POL	M18-39	55	M 91	00:38:32	00:48:07	00:57:43	01:07:44	01:18:05	01:27:58.00	5:53	10.2
92	JUSZCZAK KRZYSZTOF	102		KOSZALIN	POL	M-60+	4	M 92	00:38:57	00:49:05	00:59:20	01:09:46	01:20:11	01:30:28.95	6:01	9.9
93	PIECHOCKI ROBERT	202		KOSZALIN	POL	M50-59	11	M 93	00:38:59	00:49:03	00:59:19	01:09:43	01:20:09	01:30:46.35	6:03	9.9
94	KRAUZE DAWID	336		KAMIEŃ RYMAŃSKI	POL	M18-39	56	M 94	00:38:31	00:48:28	00:59:20	01:10:42	01:21:26	01:32:16.50	6:09	9.8
95	SZYMANOWICZ MARCIN	264		KOSZALIN	POL	M18-39	57	M 95	00:41:01	00:51:21	01:01:49	01:12:28	01:22:37	01:32:42.95	6:10	9.7
96	CUDEK ROMAN	330		ŚWIDWIN	POL	M40-49	24	M 96	00:41:45	00:52:18	01:02:58	01:13:45	01:24:35	01:35:03.30	6:20	9.5
97	TRZESNIEWSKI ZBIGNIEW	273		KOSZALIN	POL	M50-59	12	M 97	00:43:28	00:54:32	01:05:53	01:17:25	01:28:57	01:40:46.40	6:43	8.9
98	GRZELAKOWSKI MICHAŁ	335		KAMIEŃ RYMAŃSKI	POL	M18-39	58	M 98	00:31:21	00:40:03	00:48:16	00:56:22	01:04:32		4:50	12.4
99	ŻEROMSKI DAWID	54		KOSZALIN	POL	M18-39	59	M 99	00:33:58	00:42:59	00:52:14	01:01:40	01:10:24		5:16	11.4
100	WAŚOWSKI MATEUSZ	281		KOSZALIN	POL	M18-39	60	M 100	00:35:14	00:44:10	00:53:05	01:01:45	01:10:24		5:16	11.4
101	MACIEJEWSKI DAWID	156		KOSZALIN	POL	M18-39	61	M 101	00:36:35	00:46:51	00:56:55	01:06:58			5:44	10.5
102	JĘDRZEJEWSKI KRZYSZTOF	100		KOSZALIN	POL	M18-39	62	M 102	00:39:53	00:50:39	01:02:10	01:15:36			6:28	9.3

## II DECARUN KOSZALIN 15 KM, Decathlon

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	PIEKUTOWSKI IRENEUSZ	204	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	14	M 25	00:32:39	00:40:53	00:49:10	00:57:16	01:05:22	01:12:55.20	4:51	12.3
2	POKRYSZKA WOJCIECH	214	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	27	M 48	00:34:52	00:43:37	00:52:16	01:00:58	01:09:46	01:18:16.05	5:13	11.5
3	LESIAK SEBASTIAN	150	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	M18-39	28	M 49	00:34:52	00:43:37	00:52:16	01:00:57	01:09:47	01:18:16.05	5:13	11.5
4	TUROWSKI MICHAŁ	276	DECATHLON SŁUPSK	SŁUPSK	POL	M18-39	52	M 86	00:36:47	00:46:33	00:56:26	01:06:17	01:16:21	01:26:35.00	5:46	10.4





**II DECARUN KOSZALIN 15 KM, M40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
18	GRZEGORZEK ANDRZEJ	80	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M40-49	18	M 68	00:35:27	00:44:35	00:53:52	01:03:15	01:12:44	01:22:10.50	5:28	11
19	BEDNARZ SEBASTIAN	13		KOSZALIN	POL	M40-49	19	M 71	00:36:20	00:45:34	00:54:58	01:04:23	01:13:48	01:23:08.95	5:32	10.8
20	DUDZIAK PIOTR	55	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M40-49	20	M 73	00:37:09	00:46:08	00:55:08	01:04:23	01:13:46	01:23:12.35	5:32	10.8
21	ŻURAWIK PIOTR	315		KEPICE	POL	M40-49	21	M 77	00:36:38	00:45:55	00:55:23	01:04:52	01:14:26	01:23:54.90	5:35	10.7
22	PODSIADŁO MARCIN	213		KOSZALIN	POL	M40-49	22	M 89	00:37:34	00:47:16	00:57:29	01:07:45	01:17:52	01:27:57.05	5:51	10.2
23	STACHERA JACEK	247		KOSZALIN	POL	M40-49	23	M 90	00:38:26	00:48:14	00:58:02	01:07:59	01:17:53	01:27:58.15	5:51	10.2
24	CUDEK ROMAN	330		ŚWIDWIN	POL	M40-49	24	M 96	00:41:45	00:52:18	01:02:58	01:13:45	01:24:35	01:35:03.30	6:20	9.5

**II DECARUN KOSZALIN 15 KM, K50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	KRZEWIŃSKA MAŁGORZATA	137	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 4	00:34:23	00:43:03	00:51:48	01:00:43	01:09:53	01:18:53.80	5:15	11.4
2	GAŁAN JOANNA	62		ZŁOCENIEC	POL	K50-59	2	K 10	00:39:05	00:49:06	00:59:10	01:09:14	01:19:09	01:28:54.45	5:55	10.1
3	KOZŁOWIECKA MAŁGORZATA	130		KOSZALIN	POL	K50-59	3	K 16	00:44:16	00:55:49	01:07:31	01:19:29	01:31:19	01:42:33.80	6:50	8.8

**II DECARUN KOSZALIN 15 KM, M50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	KULCZYK JERZY	142		TYCHOWO	POL	M50-59	1	M 6	00:26:40	00:33:34	00:40:23	00:47:12	00:54:02	01:00:47.90	4:03	14.8
2	ZWOLIŃSKI JAN	311	TKKF KOSZALIN	WIERSZCZEWÓ	POL	M50-59	2	M 11	00:28:54	00:36:06	00:43:18	00:50:38	00:57:55	01:05:06.55	4:20	13.8
3	GRZESIK EUGENIUSZ	81	TKKF KOSZALIN	KOSZALIN	POL	M50-59	3	M 13	00:28:58	00:36:26	00:43:58	00:51:26	00:59:01	01:06:33.30	4:26	13.5
4	GAŁAN LESZEK	61		ZŁOCENIEC	POL	M50-59	4	M 16	00:29:58	00:37:42	00:45:23	00:53:04	01:00:45	01:08:08.95	4:32	13.2
5	GAŁECKI JACEK	327		KARLINO	POL	M50-59	5	M 24	00:32:12	00:40:23	00:48:35	00:56:32	01:04:38	01:12:40.45	4:50	12.4
6	KRUPIŃSKI KRZYSZTOF	133	E-UROLOG.EU	KOSZALIN	POL	M50-59	6	M 41	00:33:19	00:42:01	00:50:47	00:59:40	01:08:39	01:17:24.25	5:09	11.6
7	WILIŃSKI MAREK	290	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-59	7	M 42	00:34:58	00:43:34	00:52:06	01:00:38	01:09:14	01:17:37.55	5:10	11.6
8	CHUDZIK ZBIGNIEW	38	TKKF KOSZALIN	STARE BIELICE	POL	M50-59	8	M 65	00:36:17	00:45:26	00:54:34	01:03:37	01:12:57	01:21:53.00	5:27	11
9	DZIESZUK DARIUSZ	56	TKKF KOSZALIN	KOSZALIN	POL	M50-59	9	M 66	00:36:17	00:45:26	00:54:35	01:03:38	01:12:58	01:21:53.35	5:27	11
10	BUTOWICZ ADAM	33		SZCZECINEK	POL	M50-59	10	M 69	00:35:59	00:45:16	00:54:35	01:04:01	01:13:39	01:22:41.30	5:30	10.9
11	PIECHOCKI ROBERT	202		KOSZALIN	POL	M50-59	11	M 93	00:38:59	00:49:03	00:59:19	01:09:43	01:20:09	01:30:46.35	6:03	9.9
12	TRZESNIEWSKI ZBIGNIEW	273		KOSZALIN	POL	M50-59	12	M 97	00:43:28	00:54:32	01:05:53	01:17:25	01:28:57	01:40:46.40	6:43	8.9

**II DECARUN KOSZALIN 15 KM, M-60+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.667km	8.333km	10km	11.667km	13.333km	Netto	min/km	km/h
1	TOMASZEWSKI MIECZYSLAW	268		KŁANINO	POL	M-60+	1	M 29	00:32:48	00:40:52	00:49:08	00:57:26	01:05:45	01:13:51.00	4:55	12.2
2	STRZELECKI ZBIGNIEW	254	KORZYBSKIE REKINY	KORZYBIE	POL	M-60+	2	M 55	00:34:59	00:43:52	00:52:44	01:01:46	01:10:51	01:19:35.05	5:18	11.3
3	KOZŁOWIECKI WALDEMAR	129	TKKF KOSZALIN	KOSZALIN	POL	M-60+	3	M 70	00:36:08	00:45:17	00:54:34	01:04:01	01:13:38	01:22:44.90	5:31	10.9
4	JUSZCZAK KRZYSZTOF	102		KOSZALIN	POL	M-60+	4	M 92	00:38:57	00:49:05	00:59:20	01:09:46	01:20:11	01:30:28.95	6:01	9.9