

# OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT

Organiser: Towarzystwo Sportowe TRI-SPORT  
 Date: 2018-08-18  
 Place: Bydgoszcz  
 Distance: 25.75 km



## Results for the split 1 km

Klasyfikacja wg czasów brutto.

## OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, OPEN

| POS | Name and surname       | No. | Club                                 | City           | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km    |
|-----|------------------------|-----|--------------------------------------|----------------|-----|--------|--------------------|----------|-----------------|----------|----------------|
| 1   | ŁAWICKI MARCIN         | 24  | MKS POLKOWICE                        | LUBIN          | POL | M30-39 | 00:09:43 (1)       | 00:01:57 | 00:27:36 (1)    | 00:00:46 | 00:17:42 (1)   |
| 2   | KOWALSKI TOMEK         | 208 | TRINERGY                             | WARSZAWA       | POL | M30-39 | 00:10:28 (2)       | 00:02:02 | 00:29:21 (3)    | 00:00:52 | 00:20:59 (21)  |
| 3   | KUBIŃSKI JAKUB         | 225 | ENEA BYDGOSZCZ TRIATHLON             | BYDGOSZCZ      | POL | M30-39 | 00:10:53 (3)       | 00:01:55 | 00:28:53 (2)    | 00:00:43 | 00:20:05 (6)   |
| 4   | PIERNICKI KRZYSZTOF    | 184 | ENDURE TEAM                          | KARCZEMKI      | POL | M30-39 | 00:11:07 (4)       | 00:01:58 | 00:29:31 (4)    | 00:00:40 | 00:20:37 (14)  |
| 5   | RÓŻAŁSKI PIOTR         | 55  | ETT - ELBLĄG TRIATHLON TEAM          | ELBLĄG         | POL | M30-39 | 00:11:09 (5)       | 00:02:02 | 00:29:52 (5)    | 00:00:51 | 00:19:29 (4)   |
| 6   | BEDNARCZYK TOMASZ      | 54  |                                      | LĘBORK         | POL | M30-39 | 00:11:27 (6)       | 00:02:15 | 00:30:59 (11)   | 00:00:46 | 00:19:14 (2)   |
| 7   | KAWCZYŃSKI PAWEŁ       | 46  | TRIDEA TEAM                          | GDYNIA         | POL | M30-39 | 00:11:29 (7)       | 00:02:51 | 00:33:02 (36)   | 00:01:21 | 00:24:48 (92)  |
| 8   | TOPCZEWSKI GRACJAN     | 18  | TRISPACE / BYDGOSZCZ TRIATHLON TEAM  | BYDGOSZCZ      | POL | M40-49 | 00:12:01 (10)      | 00:02:22 | 00:30:03 (7)    | 00:00:53 | 00:20:12 (8)   |
| 9   | MAAS OLIVER            | 40  | SOPREMA TSV TEAM MANN                |                | GER | M18-29 | 00:11:45 (8)       | 00:02:43 | 00:33:59 (61)   | 00:01:08 | 00:19:21 (3)   |
| 10  | LESISZ MACIEJ          | 230 | TRIADA NAMYSŁÓW                      | NAMYSŁÓW       |     | M40-49 | 00:11:46 (9)       | 00:02:46 | 00:30:30 (9)    | 00:00:49 | 00:22:10 (37)  |
| 11  | BARTKOWIAK DAWID       | 216 | BIURO RACHUNKOWE 'TRADEMARK DB' PIŁA | PIŁA           | POL | M40-49 | 00:12:56 (14)      | 00:02:14 | 00:30:49 (10)   | 00:00:48 | 00:21:08 (23)  |
| 12  | MAKSYMILUK MARTA       | 47  | ETT- ELBLĄG TRIATHLON TEAM           | ELBLĄG         | POL | K30-39 | 00:13:13 (16)      | 00:02:15 | 00:32:26 (26)   | 00:00:52 | 00:23:55 (19)  |
| 13  | PUZIAK MARCIN          | 19  |                                      | POZNAŃ         | POL | M30-39 | 00:12:51 (12)      | 00:02:41 | 00:34:37 (75)   | 00:01:03 | 00:23:38 (60)  |
| 14  | POLAŚIK MICHAŁ         | 129 | RUN4FUN                              | BYDGOSZCZ      | POL | M30-39 | 00:12:26 (11)      | 00:03:07 | 00:32:49 (31)   | 00:00:54 | 00:22:14 (39)  |
| 15  | ZAKRZEWSKI SZYMON      | 148 | MOGILNO TEAM                         | STAWISKA       | POL | M18-29 | 00:13:25 (20)      | 00:02:14 | 00:30:02 (6)    | 00:00:44 | 00:19:36 (5)   |
| 16  | NOWICKI BARTOSZ        | 71  | AQUA+                                | BYDGOSZCZ      | POL | M30-39 | 00:12:58 (15)      | 00:02:43 | 00:33:02 (37)   | 00:00:58 | 00:24:01 (72)  |
| 17  | PIEKARSKI MAREK        | 20  |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:34 (24)      | 00:02:09 | 00:31:12 (12)   | 00:00:47 | 00:20:47 (16)  |
| 18  | GÓRSKI ANDRZEJ         | 61  | ORKAMASTERS IŁAWA                    | LUBAWA         | POL | M18-29 | 00:12:54 (13)      | 00:02:52 | 00:34:36 (74)   | 00:00:57 | 00:21:40 (28)  |
| 19  | KOBZIAKOWSKI KLAUDIUSZ | 205 | TRISPACE                             | BYDGOSZCZ      | POL | M18-29 | 00:13:30 (21)      | 00:02:23 | 00:32:49 (32)   | 00:01:08 | 00:21:27 (26)  |
| 20  | MULLERT KAROL          | 201 | TRISPACE                             | BYDGOSZCZ      | POL | M30-39 | 00:13:37 (25)      | 00:02:18 | 00:32:07 (21)   | 00:00:46 | 00:22:38 (44)  |
| 21  | HIPNAROWICZ GRZEGORZ   | 89  | SPORTTREND                           | BYDGOSZCZ      | POL | M30-39 | 00:13:38 (26)      | 00:02:33 | 00:33:47 (54)   | 00:01:16 | 00:24:13 (80)  |
| 22  | MICHAŁSKI MICHAŁ       | 202 | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M30-39 | 00:13:31 (22)      | 00:02:45 | 00:32:41 (29)   | 00:01:06 | 00:23:56 (70)  |
| 23  | BASIŃSKI ŁUKASZ        | 143 | OLIMPIASPORT.PL                      | BYDGOSZCZ      | POL | M18-29 | 00:14:05 (36)      | 00:02:15 | 00:31:28 (16)   | 00:00:50 | 00:21:07 (22)  |
| 24  | LEWANDOWSKI TOMASZ     | 17  | RCI BYDGOSZCZ                        | BYDGOSZCZ      | POL | M30-39 | 00:13:42 (27)      | 00:02:45 | 00:32:31 (27)   | 00:00:53 | 00:20:56 (20)  |
| 25  | SKORECKI ALEKSANDER    | 160 | BYDGOSZCZ TRIATHLON TEAM             | BYDGOSZCZ      | POL | M18-29 | 00:13:57 (31)      | 00:02:37 | 00:32:07 (22)   | 00:00:45 | 00:22:04 (36)  |
| 26  | KOWALSKA ANGELIKA      | 63  | TRISPACE                             | PRZYLEKI       | POL | K30-39 | 00:14:08 (38)      | 00:02:33 | 00:33:30 (43)   | 00:00:48 | 00:23:06 (49)  |
| 27  | KĄŁEK ARTUR            | 77  | KLINIKA TRIATHLONU BYDGOSZCZ         | BYDGOSZCZ      | POL | M40-49 | 00:13:43 (28)      | 00:03:03 | 00:31:59 (19)   | 00:01:00 | 00:22:23 (41)  |
| 28  | TADZIK WOJCIECH        | 38  | TECHNIKA ZWYCIĘSTWA                  | BYDGOSZCZ      | POL | M30-39 | 00:13:55 (30)      | 00:02:57 | 00:34:39 (77)   | 00:00:49 | 00:21:36 (27)  |
| 29  | WŁÓDARCZAK AGATA       | 226 | TRISPACE                             | BYDGOSZCZ      | POL | K18-29 | 00:14:11 (39)      | 00:02:45 | 00:36:24 (109)  | 00:00:57 | 00:23:44 (64)  |
| 30  | HILLER-SZALA OSKAR     | 159 |                                      | BYDGOSZCZ      | POL | M18-29 | 00:14:20 (40)      | 00:02:38 | 00:37:30 (142)  | 00:00:38 | 00:25:12 (100) |
| 31  | PILIUKH MARHARYTA      | 76  | TRISPACE                             | BYDGOSZCZ      | UKR | K18-29 | 00:13:46 (29)      | 00:03:17 | 00:35:53 (100)  | 00:01:12 | 00:25:52 (116) |
| 32  | ZIELIŃSKI MACIEJ       | 5   | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M30-39 | 00:14:39 (44)      | 00:02:25 | 00:30:26 (8)    | 00:00:51 | 00:25:13 (101) |
| 33  | DERDA PIOTR            | 6   | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M18-29 | 00:14:21 (41)      | 00:02:44 | 00:32:35 (28)   | 00:01:27 | 00:21:57 (33)  |
| 34  | WAWRZYNIAK MICHAŁ      | 94  | SAN ESCOBAR TRIATHLON TEAM           | SOLEC KUJAWSKI | POL | M30-39 | 00:13:17 (17)      | 00:03:51 | 00:33:48 (55)   | 00:01:16 | 00:24:11 (77)  |
| 35  | BYRTEK GRZEGORZ        | 104 |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:24 (18)      | 00:03:45 | 00:37:08 (134)  | 00:00:47 | 00:29:41 (175) |
| 36  | KRZEMINSKI ŁUKASZ      | 155 | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M30-39 | 00:13:32 (23)      | 00:03:38 | 00:33:31 (45)   | 00:01:46 | 00:25:26 (106) |
| 37  | GRZYBOWSKI MACIEJ      | 92  | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M30-39 | 00:13:58 (32)      | 00:03:15 | 00:34:39 (78)   | 00:00:56 | 00:22:17 (40)  |
| 38  | ŚLIWIŃSKI ŁUKASZ       | 136 | BOGMAR OSTROMECKO                    | OSTROMECKO     | POL | M30-39 | 00:14:00 (33)      | 00:03:16 | 00:33:18 (40)   | 00:01:26 | 00:20:15 (10)  |
| 39  | JARZEMBOWICZ MACIEJ    | 177 | TRINERGY                             | PIASECZNO      | POL | M30-39 | 00:14:03 (34)      | 00:03:14 | 00:31:26 (15)   | 00:00:47 | 00:20:08 (7)   |
| 40  | BOCIAN ŁUKASZ          | 134 | BYDGOSZCZ TRIATHLON TEAM             | GDAŃSK         | POL | M30-39 | 00:13:24 (19)      | 00:03:54 | 00:34:05 (63)   | 00:01:24 | 00:25:06 (98)  |
| 41  | BENTKOWSKA NATALIA     | 179 |                                      | PRĄDOCIN       | POL | K18-29 | 00:14:08 (37)      | 00:03:23 | 00:35:55 (101)  | 00:01:33 | 00:22:12 (38)  |
| 42  | ZIELIŃSKI MICHAŁ       | 29  | HOLMES PLACE                         | WARSZAWA       | POL | M30-39 | 00:14:52 (47)      | 00:02:51 | 00:33:39 (49)   | 00:01:05 | 00:23:06 (50)  |
| 43  | NAGÓRSKA ELA           | 200 | TRISPACE                             | BYDGOSZCZ      | POL | K40-49 | 00:14:55 (49)      | 00:02:53 | 00:33:38 (48)   | 00:01:01 | 00:23:15 (55)  |
| 44  | MENDEL MAGDALENA       | 81  | TRISPACE                             | BYDGOSZCZ      | POL | K18-29 | 00:14:54 (48)      | 00:02:56 | 00:33:35 (47)   | 00:01:01 | 00:24:50 (94)  |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, OPEN c.d.**

| POS | Name and surname         | No. | Club                         | City             | NAT | Cat.   | Swimming       | T1       | Cycling        | T2       | Race           |
|-----|--------------------------|-----|------------------------------|------------------|-----|--------|----------------|----------|----------------|----------|----------------|
|     |                          |     |                              |                  |     |        | 0.75km         |          | 20km           |          | 5km            |
| 45  | BURANDT MAGDALENA        | 211 | 3LIFE TEAM                   | OLSZTYN          | POL | K30-39 | 00:14:55 (50)  | 00:02:56 | 00:33:49 (57)  | 00:00:46 | 00:22:57 (48)  |
| 46  | BARCZEWSKI KRZYSZTOF     | 41  | BYDGOSZCZ TRIATHLON TEAM     | NIEMCZ           | POL | M40-49 | 00:15:14 (54)  | 00:02:40 | 00:33:34 (46)  | 00:01:06 | 00:24:26 (84)  |
| 47  | DADO EMIL                | 25  | CUKIERNIA STAROPOLSKA        | BYDGOSZCZ        | PHI | M30-39 | 00:14:50 (46)  | 00:03:04 | 00:31:23 (14)  | 00:01:17 | 00:23:36 (57)  |
| 48  | OLENDER PAWEŁ            | 33  | CAR4PARTS MRAŁOWO            | WARSZAWA         | POL | M40-49 | 00:15:11 (53)  | 00:02:45 | 00:35:06 (85)  | 00:00:55 | 00:21:54 (31)  |
| 49  | WAŁĘŻA HUBERT            | 11  | KANAŁOWA TEAM                | BYDGOSZCZ        | POL | M30-39 | 00:14:38 (43)  | 00:03:20 | 00:35:44 (99)  | 00:01:06 | 00:23:08 (51)  |
| 50  | ZADROŻNY KUBA            | 189 |                              | WARSZAWA         | POL | M40-49 | 00:14:04 (35)  | 00:03:58 | 00:54:04 (215) | 00:00:43 | 00:25:53 (118) |
| 51  | BINKOWSKI ADRIAN         | 153 | CB163/PROFESSIONALHR         | GZIN             | POL | M30-39 | 00:15:30 (61)  | 00:02:43 | 00:32:15 (23)  | 00:01:22 | 00:22:03 (35)  |
| 52  | DADEJ RAFAŁ              | 59  |                              | GDYNIA           | POL | M40-49 | 00:15:41 (64)  | 00:02:37 | 00:32:57 (34)  | 00:01:05 | 00:21:50 (30)  |
| 53  | NAWROCKI MARCIN          | 67  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M30-39 | 00:15:15 (55)  | 00:03:17 | 00:34:06 (64)  | 00:01:05 | 00:24:16 (82)  |
| 54  | SPRYSZYŃSKI MICHAŁ       | 114 | TRIRODZINKA                  | BYDGOSZCZ        | POL | M30-39 | 00:15:17 (57)  | 00:03:18 | 00:34:04 (62)  | 00:00:56 | 00:20:49 (17)  |
| 55  | KRÓL KAMILA              | 206 |                              | STARGARD         | POL | K30-39 | 00:15:39 (63)  | 00:02:58 | 00:49:38 (210) | 00:00:45 | 00:27:36 (151) |
| 56  | BRZEZIŃSKI ŁUKASZ        | 175 | AMS                          | BYDGOSZCZ        | POL | M18-29 | 00:15:59 (78)  | 00:02:52 | 00:33:59 (60)  | 00:01:07 | 00:25:31 (109) |
| 57  | PIEKARSKI WOJTEK         | 21  | TMS BEHAPIEK                 | BYDGOSZCZ        | POL | M40-49 | 00:15:15 (56)  | 00:03:37 | 00:34:16 (69)  | 00:01:33 | 00:24:09 (76)  |
| 58  | RÓŻAŁSKA ALEKSANDRA      | 156 | ETT ELBLĄG TRIATHLON TEAM    | ELBLĄG           | POL | K40-49 | 00:15:44 (66)  | 00:03:09 | 00:37:57 (150) | 00:01:15 | 00:24:44 (90)  |
| 59  | GRACZYK-GRZYBOWSKA ILONA | 91  | ACTI-VIT                     | BYDGOSZCZ        | POL | K30-39 | 00:15:51 (70)  | 00:03:02 | 00:36:59 (127) | 00:00:59 | 00:24:11 (78)  |
| 60  | TOMASZEWSKI MARCIN       | 124 | MAO BRAKOWAO                 | BYDGOSZCZ        | POL | M40-49 | 00:15:57 (76)  | 00:02:57 | 00:34:12 (66)  | 00:01:40 | 00:25:04 (97)  |
| 61  | KOPIŃSKA-KRÓL MAGDALENA  | 80  | TRISPACE                     | BYDGOSZCZ        | POL | K40-49 | 00:15:55 (75)  | 00:02:59 | 00:36:31 (113) | 00:01:25 | 00:27:10 (146) |
| 62  | KUBIAK SŁAWOMIR          | 50  |                              | BYDGOSZCZ        | POL | M40-49 | 00:15:46 (68)  | 00:03:10 | 00:33:48 (56)  | 00:01:03 | 00:21:49 (29)  |
| 63  | ŚWIĘCICKI WOJCIECH       | 32  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M40-49 | 00:16:02 (81)  | 00:02:59 | 00:31:28 (57)  | 00:01:00 | 00:20:55 (18)  |
| 64  | STRZELECKA OLA           | 227 | LPP TEAM                     | GDAŃSK           | POL | K18-29 | 00:16:23 (85)  | 00:02:39 | 00:36:24 (110) | 00:00:55 | 00:26:23 (131) |
| 65  | WADZIŃSKA PAULINA        | 229 | TRISPACE                     | BYDGOSZCZ        | POL | K30-39 | 00:16:19 (83)  | 00:02:44 | 00:32:53 (33)  | 00:00:59 | 00:21:10 (24)  |
| 66  | SANKOWSKA EWELINA        | 83  |                              | GDYNIA           | POL | K40-49 | 00:15:23 (60)  | 00:03:41 | 00:41:16 (187) | 00:00:55 | 00:26:05 (125) |
| 67  | JARZEMBOWICZ AGATA       | 4   | TRINERGY TEAM                | PIASECZNO        | POL | K30-39 | 00:15:52 (71)  | 00:03:14 | 00:34:56 (83)  | 00:01:31 | 00:23:17 (56)  |
| 68  | ZDOBYŁAK KRZYSZTOF       | 66  | ORKAMASTERS IŁAWA            | LUBAWA           | POL | M30-39 | 00:15:45 (67)  | 00:03:21 | 00:36:02 (104) | 00:01:03 | 00:23:54 (69)  |
| 69  | FIEGEL WOJCIECH          | 221 | BYLE PRZED TEAM              | BYDGOSZCZ        | POL | M40-49 | 00:15:54 (74)  | 00:03:12 | 00:33:18 (41)  | 00:01:09 | 00:25:54 (119) |
| 70  | GRACZYKOWSKI ANDRZEJ     | 99  | NADTO SIĘ JADŁO              | BYDGOSZCZ        | POL | M40-49 | 00:15:53 (73)  | 00:03:15 | 00:35:40 (96)  | 00:01:52 | 00:29:55 (180) |
| 71  | FABROWSKI DAWID          | 35  | PRACOWNIAFIZJOTERAPII        | BYDGOSZCZ        | POL | M30-39 | 00:15:19 (58)  | 00:03:55 | 00:36:05 (107) | 00:01:18 | 00:26:36 (133) |
| 72  | ŚWINIARSKI PIOTR         | 163 | CIEPŁE BAMBOSZE              | BYDGOSZCZ        | POL | M30-39 | 00:15:20 (59)  | 00:03:58 | 00:36:59 (126) | 00:02:07 | 00:28:54 (166) |
| 73  | ŁOŚ DARIUSZ              | 228 |                              | ZAMOŚĆ           | POL | M60-69 | 00:16:46 (95)  | 00:02:37 | 00:38:36 (162) | 00:01:20 | 00:26:38 (134) |
| 74  | BORKOWSKA SYLWIA         | 14  |                              | CHEŁM            | POL | K30-39 | 00:15:38 (62)  | 00:03:53 | 00:42:01 (192) | 00:01:01 | 00:29:52 (179) |
| 75  | SMEJA MARCIN             | 56  |                              | MAKSYMILIANOWO   | POL | M40-49 | 00:16:01 (80)  | 00:03:37 | 00:34:16 (68)  | 00:02:04 | 00:27:16 (147) |
| 76  | KOWALSKI MAREK           | 194 |                              | NIEMCZ           | POL | M40-49 | 00:15:07 (51)  | 00:04:33 | 00:38:00 (152) | 00:01:06 | 00:23:42 (63)  |
| 77  | RASZLIŃSKA MARIOLA       | 125 |                              | BYDGOSZCZ        | POL | K40-49 | 00:16:30 (88)  | 00:03:15 | 00:36:50 (122) | 00:01:04 | 00:24:44 (91)  |
| 78  | BURSZTYŃSKI TOMASZ       | 30  |                              | BORÓWNO          | POL | M30-39 | 00:17:22 (113) | 00:02:29 | 00:37:31 (143) | 00:00:35 | 00:28:58 (168) |
| 79  | NOWAK KRZYSZTOF          | 75  | TRIBA BOSIR BARCIN           | BARCIN           | POL | M30-39 | 00:15:10 (52)  | 00:04:42 | 00:37:07 (133) | 00:01:41 | 00:26:41 (135) |
| 80  | ROLEWICZ MICHAŁ          | 86  | KLINIKA TRIATHLONU BYDGOSZCZ | ŚLIWICE          | POL | M18-29 | 00:17:03 (102) | 00:02:49 | 00:31:39 (18)  | 00:00:49 | 00:20:28 (11)  |
| 81  | GRZENIA JACEK            | 209 | MJG INVESTMENT               | NIEMCZ           | POL | M40-49 | 00:14:37 (42)  | 00:05:18 | 00:32:41 (30)  | 00:02:11 | 00:26:49 (140) |
| 82  | KUBIAK TOMASZ            | 212 | DOBR CZ BLEGA                | DOBR CZ          | POL | M50-59 | 00:16:27 (86)  | 00:03:34 | 00:36:56 (125) | 00:01:15 | 00:33:24 (202) |
| 83  | BAŁA ARTUR               | 16  |                              | BYDGOSZCZ        | POL | M30-39 | 00:16:44 (94)  | 00:03:18 | 00:33:42 (50)  | 00:01:21 | 00:24:43 (89)  |
| 84  | STRYCYŃSKI MAREK         | 51  | TRISPACE                     | BYDGOSZCZ        | POL | M30-39 | 00:16:29 (87)  | 00:03:34 | 00:39:32 (176) | 00:01:52 | 00:32:19 (199) |
| 85  | ANTOSZEWSKI MATEUSZ      | 213 | ARRK                         | BYDGOSZCZ        | POL | M18-29 | 00:16:30 (89)  | 00:03:34 | 00:33:47 (53)  | 00:01:02 | 00:23:13 (53)  |
| 86  | JENERAŁSKI MACIEJ        | 72  | VSTEAM                       | KRUSZY KRAJEŃSKI | POL | M40-49 | 00:17:18 (112) | 00:02:51 | 00:34:58 (84)  | 00:00:52 | 00:24:15 (81)  |
| 87  | MAZURKIEWICZ MICHAŁ      | 73  |                              | BYDGOSZCZ        | POL | M30-39 | 00:17:13 (108) | 00:02:58 | 00:35:17 (90)  | 00:01:00 | 00:25:59 (122) |
| 88  | LESZCZYŃSKI MARIUSZ      | 69  |                              | INOWROCŁAW       | POL | M40-49 | 00:16:15 (82)  | 00:03:59 | 00:33:42 (51)  | 00:01:06 | 00:28:11 (161) |
| 89  | NAGOW MICHAŁ             | 190 |                              | BYDGOSZCZ        | POL | M40-49 | 00:17:13 (109) | 00:03:02 | 00:35:44 (98)  | 00:01:35 | 00:23:39 (61)  |
| 90  | SZAŁKOWSKI PIOTR         | 13  | DZIAŁKI TEAM                 | POZNAN           | POL | M18-29 | 00:16:40 (91)  | 00:03:42 | 00:34:47 (82)  | 00:01:15 | 00:24:41 (87)  |
| 91  | BUDZIK IRENEUSZ          | 223 | BOZITA POLSKA                | BYDGOSZCZ POLAND | POL | M40-49 | 00:17:16 (110) | 00:03:06 | 00:33:01 (35)  | 00:01:06 | 00:23:13 (54)  |
| 92  | KWIATOŃ MICHAŁ           | 78  |                              | BYDGOSZCZ        | POL | M18-29 | 00:16:53 (98)  | 00:03:29 | 00:32:25 (25)  | 00:01:17 | 00:28:35 (164) |
| 93  | CHILEWSKI ARKADIUSZ      | 192 | CB163                        | STRZELCE GÓRNE   | POL | M40-49 | 00:15:42 (65)  | 00:04:42 | 00:34:30 (72)  | 00:01:27 | 00:23:53 (68)  |
| 94  | BETHKE SŁAWOMIR          | 150 | TRISPACE                     | BYDGOSZCZ        | POL | M18-29 | 00:17:17 (111) | 00:03:08 | 00:31:13 (13)  | 00:01:02 | 00:21:58 (34)  |
| 95  | KWIATKOWSKI JAKUB        | 57  |                              | BYDGOSZCZ        | POL | M18-29 | 00:16:56 (99)  | 00:03:31 | 00:35:13 (88)  | 00:01:10 | 00:24:06 (74)  |
| 96  | WIŚNIEWSKI ARNOLD        | 219 |                              | BRAK             | POL | M40-49 | 00:16:58 (100) | 00:03:29 | 00:33:31 (44)  | 00:00:50 | 00:22:53 (45)  |
| 97  | BARANOWICZ BARTOSZ       | 172 | GLOBART MEBLE                | BYDGOSZCZ        | POL | M30-39 | 00:15:47 (69)  | 00:04:46 | 00:37:49 (147) | 00:01:24 | 00:28:19 (162) |
| 98  | RAUT WIEŚLAW             | 168 | TRISPACE                     | BYDGOSZCZ        | POL | M70-79 | 00:15:57 (77)  | 00:04:44 | 00:38:12 (157) | 00:01:45 | 00:26:45 (137) |
| 99  | KUŻMA WOJCIECH           | 84  |                              | BYDGOSZCZ        | POL | M50-59 | 00:16:40 (92)  | 00:04:02 | 00:35:10 (87)  | 00:01:02 | 00:25:11 (99)  |
| 100 | SOBCZYŃSKI MICHAŁ        | 185 |                              | BYDGOSZCZ        | POL | M30-39 | 00:16:50 (96)  | 00:03:53 | 00:36:01 (103) | 00:01:18 | 00:25:35 (112) |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, OPEN c.d.**

| POS | Name and surname      | No. | Club                         | City               | NAT | Cat.   | Swimming       | T1       | Cycling        | T2       | Race           |
|-----|-----------------------|-----|------------------------------|--------------------|-----|--------|----------------|----------|----------------|----------|----------------|
|     |                       |     |                              |                    |     |        | 0.75km         |          | 20km           |          | 5km            |
| 101 | FRĄCKOWIAK MARTA      | 178 | TEAM AKTYWNI Z CUKRZYCĄ      | MYŚLĘCINEK         | POL | K30-39 | 00:16:59 (101) | 00:03:50 | 00:36:35 (116) | 00:01:34 | 00:26:43 (136) |
| 102 | RAK MARKUS            | 135 | BYDGOSZCZ TRIATHLON TEAM     | CIELE              | POL | M30-39 | 00:15:53 (72)  | 00:04:58 | 00:36:38 (117) | 00:01:33 | 00:27:33 (150) |
| 103 | PIC DAWID             | 120 |                              | OSIELSKO           | POL | M18-29 | 00:17:27 (116) | 00:03:25 | 00:35:39 (95)  | 00:01:50 | 00:22:30 (42)  |
| 104 | KOWANDA SŁAWOMIR      | 8   | ORKAMASTERS IŁAWA            | LUBAWA             | POL | M40-49 | 00:16:38 (90)  | 00:04:14 | 00:38:45 (166) | 00:01:38 | 00:35:10 (207) |
| 105 | SZATKOWSKI MARCIN     | 2   |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:58 (134) | 00:02:55 | 00:36:42 (121) | 00:00:53 | 00:23:47 (66)  |
| 106 | PUDŁO MARCIN          | 28  |                              | GDAŃSK             | POL | M30-39 | 00:17:04 (103) | 00:03:51 | 00:35:07 (86)  | 00:01:41 | 00:24:50 (95)  |
| 107 | DOLHUN ADAM           | 58  | RUN PASJA BYDGOSZCZ          | BYDGOSZCZ          | POL | M30-39 | 00:17:55 (129) | 00:03:05 | 00:34:41 (80)  | 00:01:14 | 00:26:48 (139) |
| 108 | BETLEJEWSKI SEBASTIAN | 149 | CINKA TEAM                   | BYDGOSZCZ          | POL | M30-39 | 00:17:40 (122) | 00:03:21 | 00:36:52 (123) | 00:00:40 | 00:31:54 (195) |
| 109 | GNIEKA ANDRZEJ        | 117 | BRAK                         | BYDGOSZCZ          | POL | M40-49 | 00:17:44 (123) | 00:03:19 | 00:39:13 (171) | 00:00:50 | 00:29:22 (172) |
| 110 | FRYŻEWSKI MICHAŁ      | 171 | POWERHOUSE BYDGOSZCZ         | BYDGOSZCZ          | POL | M40-49 | 00:16:00 (79)  | 00:05:04 | 00:40:25 (180) | 00:01:37 | 00:31:19 (191) |
| 111 | GRUBICH ARKADIUSZ     | 142 | BRACIA DALTON                | NIEMCZ             | POL | M40-49 | 00:17:46 (125) | 00:03:19 | 00:35:43 (97)  | 00:01:17 | 00:24:06 (75)  |
| 112 | KOPERA TOMI           | 82  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:06 (106) | 00:03:59 | 00:37:24 (140) | 00:00:43 | 00:29:22 (171) |
| 113 | TACIAK DAWID          | 113 | ATOS                         | BYDGOSZCZ          | POL | M30-39 | 00:17:58 (133) | 00:03:08 | 00:33:14 (39)  | 00:01:02 | 00:20:29 (12)  |
| 114 | STĘPSKA MAŁGOSIA      | 12  | K.T.O. Z KRAKOWA             | KRAKÓW             | POL | K40-49 | 00:17:37 (119) | 00:03:30 | 00:34:27 (71)  | 00:01:16 | 00:25:51 (115) |
| 115 | HETEL BEATA           | 174 |                              | BYDGOSZCZ          | POL | K30-39 | 00:17:26 (115) | 00:03:42 | 00:38:40 (163) | 00:01:26 | 00:30:06 (183) |
| 116 | JARZEMSKI MARCIN      | 158 | BYDGOSZCZ TRIATHLON TEAM     | BYDGOSZCZ          | POL | M30-39 | 00:18:00 (139) | 00:03:09 | 00:34:38 (76)  | 00:01:15 | 00:28:06 (160) |
| 117 | NOWAKOWSKI KRZYSZTOF  | 105 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:22 (84)  | 00:04:51 | 00:34:33 (73)  | 00:01:25 | 00:24:03 (73)  |
| 118 | DULEBA DARIUSZ        | 196 | NOKIA BYDGOSZCZ              | BYDGOSZCZ          | POL | M30-39 | 00:17:45 (124) | 00:03:29 | 00:32:16 (24)  | 00:01:07 | 00:22:54 (46)  |
| 119 | OŻÓG JAKUB            | 139 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:51 (97)  | 00:04:26 | 00:37:10 (136) | 00:01:35 | 00:26:13 (130) |
| 120 | OSTOLSKA SYLWIA       | 64  |                              | SZCZECIN           | POL | K40-49 | 00:17:07 (107) | 00:04:12 | 00:37:55 (149) | 00:00:42 | 00:28:43 (165) |
| 121 | WOŹNIAK TOMASZ        | 210 | TRIDEA                       | GDANSK             | POL | M40-49 | 00:17:31 (118) | 00:03:50 | 00:35:23 (94)  | 00:02:10 | 00:20:47 (15)  |
| 122 | GRUBA JACEK           | 10  |                              | BRZOZA             | POL | M50-59 | 00:17:04 (104) | 00:04:19 | 00:35:20 (93)  | 00:01:34 | 00:26:52 (142) |
| 123 | MICHALCZUK KRZYSZTOF  | 43  |                              | WARSZAWA           | POL | M30-39 | 00:16:43 (93)  | 00:04:41 | 00:36:40 (119) | 00:02:03 | 00:26:10 (129) |
| 124 | PAWĘTA MARCIN         | 45  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:30 (117) | 00:03:55 | 00:33:06 (38)  | 00:00:40 | 00:21:21 (25)  |
| 125 | URBAŃSKI PAWEŁ        | 169 |                              | BYDGOSZCZ          | POL | M18-29 | 00:17:06 (105) | 00:04:20 | 00:43:48 (197) | 00:00:51 | 00:29:02 (170) |
| 126 | SZUKAJ KAROL          | 15  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:50 (126) | 00:03:37 | 00:37:32 (144) | 00:00:51 | 00:25:53 (117) |
| 127 | DĘBIEC ANDRZEJ        | 123 |                              | NIEMCZ             | POL | M30-39 | 00:18:01 (140) | 00:03:28 | 00:35:58 (102) | 00:01:09 | 00:27:24 (148) |
| 128 | WOŹNIAK ANNA          | 106 |                              | BYDGOSZCZ          | POL | K30-39 | 00:17:39 (121) | 00:03:56 | 00:33:56 (59)  | 00:01:32 | 00:25:18 (105) |
| 129 | GILL DANIEL           | 122 | BOGMAR                       | BYDGOSZCZ          | POL | M30-39 | 00:17:58 (135) | 00:03:38 | 00:37:52 (148) | 00:01:01 | 00:24:49 (93)  |
| 130 | LICZNIERSKA ALINA     | 126 |                              | PLENISKA           | POL | K30-39 | 00:18:50 (164) | 00:02:48 | 00:38:52 (168) | 00:01:11 | 00:23:41 (62)  |
| 131 | KOSIŃSKI ROBERT       | 141 | NOKIA BYDGOSZCZ              | PAKOŚĆ             | POL | M30-39 | 00:17:59 (136) | 00:03:42 | 00:36:07 (108) | 00:01:28 | 00:31:46 (192) |
| 132 | WOLSKI TOMASZ         | 164 | BYDGOSZCZ TRIATHLON TEAM     | OSIELSKO           | POL | M18-29 | 00:18:49 (162) | 00:02:55 | 00:36:42 (120) | 00:01:17 | 00:24:42 (88)  |
| 133 | PODLEWSKA MICHALINA   | 90  |                              | UNISŁAW            | POL | K18-29 | 00:17:39 (120) | 00:04:06 | 00:36:34 (115) | 00:00:47 | 00:27:29 (149) |
| 134 | DAMSKI BARTEK         | 22  |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:02 (143) | 00:03:46 | 00:38:04 (154) | 00:01:39 | 00:25:51 (114) |
| 135 | ŚWINIARSKA EWA        | 52  |                              | ALEKSANDRÓW ŁÓDZKI | POL | K30-39 | 00:18:06 (146) | 00:03:47 | 00:33:44 (52)  | 00:01:49 | 00:27:56 (156) |
| 136 | RÓŻAŃSKA JOWANKA      | 116 | BYDGOSZCZ TRIATHLON TEAM     | BYDGOSZCZ          | POL | K40-49 | 00:18:32 (154) | 00:03:23 | 00:38:02 (153) | 00:01:37 | 00:36:13 (210) |
| 137 | WERNER MICHAŁ         | 23  | GARDENFLORA MTB TEAM         | BYDGOSZCZ          | POL | M18-29 | 00:17:55 (130) | 00:04:00 | 00:37:21 (138) | 00:00:48 | 00:23:45 (65)  |
| 138 | BIEDZIAK PIOTR        | 98  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:26 (114) | 00:04:34 | 00:36:24 (111) | 00:01:42 | 00:25:33 (110) |
| 139 | KUTKA SZYMON          | 132 | RUN4FUN                      | BYDGOSZCZ          | POL | M30-39 | 00:17:54 (128) | 00:04:09 | 00:34:41 (79)  | 00:01:27 | 00:26:01 (123) |
| 140 | NOWICKI SŁAWOMIR      | 145 |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:07 (147) | 00:03:58 | 00:37:35 (145) | 00:01:15 | 00:26:07 (128) |
| 141 | KRUSZYŃSKA ANNA       | 7   | ORKAMASTERS IŁAWA            | LUBAWA             | POL | K40-49 | 00:18:18 (152) | 00:03:50 | 00:40:40 (181) | 00:01:43 | 00:32:43 (200) |
| 142 | GOŁATA WOJCIECH       | 102 | WILCZA WATAHA                | DĄBROWA CHEŁMIŃSKA | POL | M30-39 | 00:17:56 (131) | 00:04:14 | 00:35:20 (92)  | 00:00:55 | 00:21:55 (32)  |
| 143 | WOJDOWSKA MAGDALENA   | 186 |                              | MARKI              | POL | K18-29 | 00:17:59 (137) | 00:04:16 | 00:42:17 (193) | 00:02:30 | 00:38:15 (212) |
| 144 | WĘGRZYŃSKA MONIKA     | 103 |                              | BYDGOSZCZ          | POL | K40-49 | 00:18:54 (167) | 00:03:27 | 00:36:02 (105) | 00:01:35 | 00:29:46 (177) |
| 145 | HRYNIEWICZ AGNIESZKA  | 218 |                              | BRAK               | POL | K30-39 | 00:18:09 (148) | 00:04:16 | 00:39:22 (174) | 00:01:01 | 00:27:09 (145) |
| 146 | MAGDZIARZ KATARZYNA   | 100 | KANCELARIA HMM               | BYDGOSZCZ          | POL | K30-39 | 00:18:41 (157) | 00:03:47 | 00:38:40 (164) | 00:01:53 | 00:25:58 (120) |
| 147 | KWIATOŃ AGATA         | 42  | ----                         | WARSZAWA           | POL | K18-29 | 00:18:00 (138) | 00:04:28 | 00:38:30 (159) | 00:00:48 | 00:23:36 (58)  |
| 148 | ŚCIBAK WOJCIECH       | 119 | JFTC SU                      | BYDGOSZCZ          | POL | M30-39 | 00:18:02 (141) | 00:04:27 | 00:42:23 (194) | 00:00:56 | 00:23:10 (52)  |
| 149 | BYRZYKOWSKI WOJCIECH  | 44  |                              | BYDGOSZCZ          | POL | M40-49 | 00:18:41 (158) | 00:03:49 | 00:37:03 (129) | 00:00:54 | 00:27:44 (153) |
| 150 | MICHALAK ROBERT       | 147 | GORDON RUN                   | BYDGOSZCZ          | POL | M30-39 | 00:18:03 (145) | 00:04:28 | 00:36:03 (106) | 00:01:56 | 00:26:47 (138) |
| 151 | WROBEL MATEUSZ        | 138 |                              | FABIANKI           | POL | M18-29 | 00:19:49 (183) | 00:02:43 | 00:33:26 (42)  | 00:00:33 | 00:23:38 (59)  |
| 152 | CIESIELSKA SYLWIA     | 62  | WARSAW MASTERS TEAM          | WARSZAWA           | POL | K18-29 | 00:17:51 (127) | 00:04:46 | 00:38:09 (156) | 00:01:30 | 00:29:58 (181) |
| 153 | OSAK PAWEŁ            | 1   |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:35 (156) | 00:04:07 | 00:37:43 (146) | 00:01:29 | 00:29:01 (169) |
| 154 | TOMASZEK SEBASTIAN    | 85  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ          | POL | M30-39 | 00:18:11 (149) | 00:04:39 | 00:36:30 (112) | 00:01:48 | 00:27:44 (152) |
| 155 | JĘDRYCZKA AGNIESZKA   | 170 |                              | OSIELSKO           | POL | K40-49 | 00:19:44 (178) | 00:03:07 | 00:39:26 (175) | 00:01:54 | 00:31:00 (190) |
| 156 | URBAN RAFAŁ           | 217 |                              | BUCZEK             | POL | M30-39 | 00:19:23 (174) | 00:03:29 | 00:36:31 (114) | 00:01:10 | 00:24:12 (79)  |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, OPEN c.d.**

| POS | Name and surname           | No. | Club                              | City                | NAT | Cat.   | Swimming       | T1       | Cycling        | T2       | Race           |
|-----|----------------------------|-----|-----------------------------------|---------------------|-----|--------|----------------|----------|----------------|----------|----------------|
|     |                            |     |                                   |                     |     |        | 0.75km         |          | 20km           |          | 5km            |
| 157 | TURNO SZYMON               | 151 | TURBO TEAM                        | UNISŁAW             | POL | M40-49 | 00:18:49 (163) | 00:04:03 | 00:36:53 (124) | 00:00:55 | 00:27:50 (154) |
| 158 | POPEK MACIEJ               | 144 | ANETA TEAM                        | WŁOCLAWEK           | POL | M40-49 | 00:19:24 (175) | 00:03:30 | 00:37:58 (151) | 00:00:51 | 00:24:39 (86)  |
| 159 | SPRYSZYŃSKA MAGDALENA      | 115 | TRIRODZINKA                       | BYDGOSZCZ           | POL | K30-39 | 00:19:46 (181) | 00:03:11 | 00:38:41 (165) | 00:01:03 | 00:26:02 (124) |
| 160 | JURECKA EWA                | 152 |                                   | JABŁONOWO POMORSKIE | POL | K50-59 | 00:19:09 (172) | 00:03:52 | 00:40:47 (182) | 00:01:56 | 00:30:48 (188) |
| 161 | SIUDA MAREK                | 39  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:02 (142) | 00:05:00 | 00:34:07 (65)  | 00:01:32 | 00:26:24 (132) |
| 162 | POLIWODZIŃSKI MICHAŁ       | 97  | KS WISEŁKA BYDGOSZCZ-FORDON       | BYDGOSZCZ           | POL | M30-39 | 00:18:17 (151) | 00:04:46 | 00:39:11 (169) | 00:00:48 | 00:25:15 (103) |
| 163 | RUTKOWSKA VIRGINIA         | 48  | ATOS/KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ           | POL | K30-39 | 00:18:15 (150) | 00:04:50 | 00:39:13 (172) | 00:01:30 | 00:30:31 (186) |
| 164 | STACHOWIAK SEBASTIAN       | 74  | -                                 | SWARZEDZ            | POL | M40-49 | 00:18:53 (165) | 00:04:13 | 00:34:22 (70)  | 00:01:42 | 00:30:57 (189) |
| 165 | KRUCZKOWSKA - LASSAK ANITA | 26  |                                   | BYDGOSZCZ           | POL | K30-39 | 00:19:48 (182) | 00:03:20 | 00:38:08 (155) | 00:01:03 | 00:24:36 (85)  |
| 166 | KRUSZKA ŁUKASZ             | 70  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:35 (155) | 00:04:33 | 00:37:21 (139) | 00:01:25 | 00:22:38 (43)  |
| 167 | PINCZEWSKI ROBERT          | 96  | WARZELNIA LEJMIZA                 | SOLEC KUJAWSKI      | POL | M40-49 | 00:19:00 (169) | 00:04:10 | 00:36:40 (118) | 00:01:47 | 00:33:15 (201) |
| 168 | ZATORSKI ROBERT            | 197 | SWIM2TRI                          | WARSZAWA            | POL | M40-49 | 00:18:30 (153) | 00:04:42 | 00:34:15 (67)  | 00:01:33 | 00:25:15 (102) |
| 169 | CZAPIEWSKI KRZYSZTOF       | 193 |                                   | WARSZAWA            | POL | M30-39 | 00:17:57 (132) | 00:05:16 | 00:37:10 (135) | 00:01:24 | 00:23:59 (71)  |
| 170 | SUCHODOLSKA AGNIESZKA      | 157 |                                   | ŻOŁĘDOWO            | POL | K40-49 | 00:19:54 (185) | 00:03:30 | 00:44:04 (198) | 00:00:58 | 00:30:30 (185) |
| 171 | SZYCHOWSKI JAROSŁAW        | 3   | TKKF KOLEJARZ BYDGOSZCZ           | SICIENKO            | POL | M30-39 | 00:19:35 (177) | 00:03:51 | 00:32:04 (20)  | 00:01:23 | 00:20:15 (9)   |
| 172 | CICHY ADAM                 | 131 | RUN4FUN                           | BYDGOSZCZ           | POL | M30-39 | 00:20:03 (187) | 00:03:26 | 00:34:43 (81)  | 00:00:47 | 00:26:07 (127) |
| 173 | KAMIŃSKA AGNIESZKA         | 93  | SAN ESCOBAR TRIATHLON TEAM        | BYDGOSZCZ           | POL | K40-49 | 00:18:47 (161) | 00:04:48 | 00:37:30 (141) | 00:01:29 | 00:27:54 (155) |
| 174 | KATA MARTA                 | 224 | WITC                              | WARSZAWA            | POL | K18-29 | 00:19:46 (180) | 00:03:51 | 00:39:14 (173) | 00:01:58 | 00:29:50 (178) |
| 175 | BUŁKA RAFAŁ                | 195 |                                   | NIEMCZ              | POL | M40-49 | 00:18:42 (159) | 00:04:56 | 00:37:01 (128) | 00:01:58 | 00:32:08 (197) |
| 176 | DOMEK ALEKSANDER           | 183 |                                   | BYDGOSZCZ           | POL | M30-39 | 00:19:09 (171) | 00:04:33 | 00:41:07 (186) | 00:02:14 | 00:25:30 (108) |
| 177 | BUGALSKI WOJCIECH          | 68  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:20:23 (189) | 00:03:22 | 00:39:12 (170) | 00:01:00 | 00:26:06 (126) |
| 178 | SKRZYNIARZ HUBERT          | 133 | INDYVIAL TEAM                     | ŁOCHOWO             | POL | M30-39 | 00:18:58 (168) | 00:04:47 | 00:37:12 (137) | 00:01:49 | 00:29:34 (174) |
| 179 | BILSKA MAGDALENA           | 27  |                                   | GDAŃSK              | POL | K30-39 | 00:19:45 (179) | 00:04:08 | 00:41:01 (185) | 00:01:40 | 00:28:34 (163) |
| 180 | KUBALEWSKI PAWEŁ           | 79  |                                   | BYDGOSZCZ           | POL | M18-29 | 00:18:44 (160) | 00:05:09 | 00:38:33 (160) | 00:01:50 | 00:27:57 (157) |
| 181 | ŁUKASIEWICZ KRZYSZTOF      | 140 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:03 (144) | 00:05:52 | 00:43:07 (195) | 00:01:15 | 00:30:33 (187) |
| 182 | CHMIEŁ DOROTA              | 34  | PTT DELTA                         | DZIERŻAZNA          | POL | K50-59 | 00:19:02 (170) | 00:05:05 | 00:45:44 (202) | 00:01:10 | 00:40:06 (213) |
| 183 | KLISZEWSKI DAMIAN          | 220 | NOKIA                             | BYDGOSZCZ           | POL | M40-49 | 00:18:53 (166) | 00:05:17 | 00:35:15 (89)  | 00:01:56 | 00:23:51 (67)  |
| 184 | SKIERA KRZYSZTOF           | 87  | KLINIKA TRIATHLONU BYDGOSZCZ      | BYDGOSZCZ           | POL | M40-49 | 00:20:35 (190) | 00:03:39 | 00:35:19 (91)  | 00:01:30 | 00:25:16 (104) |
| 185 | RYMARKIEWICZ MAŁGORZATA    | 101 |                                   | BYDGOSZCZ           | POL | K30-39 | 00:21:22 (195) | 00:03:01 | 00:37:06 (132) | 00:00:53 | 00:24:17 (83)  |
| 186 | MAJEWSKA KAROLINA          | 198 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:20:13 (188) | 00:04:11 | 00:41:44 (190) | 00:02:23 | 00:31:50 (193) |
| 187 | KACZMAREK AGNIESZKA        | 173 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:19:50 (184) | 00:04:42 | 00:41:52 (191) | 00:01:20 | 00:35:51 (208) |
| 188 | KOCZOROWSKA KAMILA         | 180 | KAMKOC                            | BYDGOSZCZ           | POL | K30-39 | 00:20:57 (193) | 00:03:53 | 00:49:41 (211) | 00:01:05 | 00:37:08 (211) |
| 189 | KANOWNIK MICHAŁ            | 31  |                                   | WARSZAWA            | POL | M40-49 | 00:19:54 (186) | 00:05:06 | 00:41:01 (184) | 00:02:08 | 00:27:06 (144) |
| 190 | HAC MONIKA                 | 128 |                                   | ŁÓDŹ                | POL | K40-49 | 00:20:38 (191) | 00:04:26 | 00:44:49 (200) | 00:01:35 | 00:29:59 (182) |
| 191 | MARCINKIEWICZ PIOTR        | 112 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:19:20 (173) | 00:05:49 | 00:41:40 (189) | 00:01:29 | 00:28:01 (159) |
| 192 | KAPELA JACEK               | 108 | KS WISEŁKA BYDGOSZCZ-FORDON       | BYDGOSZCZ           | POL | M40-49 | 00:20:58 (194) | 00:04:17 | 00:39:49 (178) | 00:00:42 | 00:28:57 (167) |
| 193 | APPELT AGNIESZKA           | 110 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:22:03 (203) | 00:03:14 | 00:45:53 (203) | 00:01:13 | 00:34:08 (204) |
| 194 | PACZKOWSKI MIROSLAW        | 9   | CB 163                            | BYDGOSZCZ           | POL | M40-49 | 00:19:34 (176) | 00:05:47 | 00:38:19 (158) | 00:01:53 | 00:24:55 (96)  |
| 195 | TOMASZEWSKI MARCIN         | 187 |                                   | ŁOCHOWICE           | POL | M40-49 | 00:21:35 (197) | 00:03:50 | 00:39:39 (177) | 00:01:05 | 00:22:55 (47)  |
| 196 | KUBALEWSKA GRAŻYNA         | 182 |                                   | BYDGOSZCZ           | POL | K50-59 | 00:21:47 (199) | 00:04:21 | 00:48:49 (208) | 00:01:26 | 00:36:06 (209) |
| 197 | LEWANDOWSKI JANUSZ         | 207 |                                   | TARNOWSKIE GÓRY     | POL | M40-49 | 00:21:50 (202) | 00:04:22 | 00:38:35 (161) | 00:01:59 | 00:25:27 (107) |
| 198 | SZABO-MOSKAL JADWIGA       | 167 |                                   | BORÓWNO             | POL | K50-59 | 00:21:47 (200) | 00:04:27 | 00:48:03 (207) | 00:00:55 | 00:32:17 (198) |
| 199 | BETKA MARTA                | 176 |                                   | DOBRCZ              | POL | K30-39 | 00:21:49 (201) | 00:04:49 | 00:51:12 (214) | 00:01:12 | 00:33:26 (203) |
| 200 | HOFFMANN MICHAŁ            | 111 |                                   | TORUŃ               | POL | M40-49 | 00:21:43 (198) | 00:05:06 | 00:48:59 (209) | 00:01:06 | 00:34:24 (205) |
| 201 | BINKOWSKI CZAREK           | 199 | BOGMAR OSTROMECKO                 | OSTROM              | POL | M40-49 | 00:21:33 (196) | 00:05:50 | 00:38:48 (167) | 00:02:48 | 00:26:50 (141) |
| 202 | BRAC-WALCZYK MAŁGORZATA    | 36  | AKADEMIA BIEGANIA GRUDZIĄDZ       | DOLNA GRUPA         | POL | K60-69 | 00:22:48 (205) | 00:04:36 | 00:46:04 (204) | 00:01:14 | 00:34:58 (206) |
| 203 | HACHAJ DAWID               | 154 | HACHAJ TEAM                       | LISEWO              | POL | M30-39 | 00:20:46 (192) | 00:06:39 | 00:39:51 (179) | 00:00:56 | 00:31:51 (194) |
| 204 | BILSKI MARCIN              | 95  |                                   | BYDGOSZCZ           | POL | M30-39 | 00:24:08 (206) | 00:03:35 | 00:37:06 (131) | 00:01:27 | 00:25:58 (121) |
| 205 | STRUGAŁA LIDIA             | 121 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:22:20 (204) | 00:05:43 | 00:44:42 (199) | 00:00:51 | 00:30:13 (184) |
| 206 | OSTRZYCKI SŁAWOMIR         | 130 |                                   | BYDGOSZCZ           | POL | M18-29 | 00:25:23 (207) | 00:02:46 | 00:37:05 (130) | 00:01:09 | 00:25:34 (111) |
| 207 | JAROSIK AGNIESZKA          | 65  | FITLAMY                           | RZEPIN              | POL | K18-29 | 00:25:41 (209) | 00:03:38 | 00:46:32 (205) | 00:00:41 | 00:27:58 (158) |
| 208 | SZATKOWSKA KAROLINA        | 109 |                                   | BYDGOSZCZ           | POL | K30-39 | 00:26:15 (211) | 00:03:11 | 00:43:19 (196) | 00:00:36 | 00:25:46 (113) |
| 209 | JODKOWSKI RAFAŁ            | 107 |                                   | BYDGOSZCZ           | POL | M18-29 | 00:25:26 (208) | 00:04:59 | 00:46:49 (206) | 00:01:44 | 00:32:02 (196) |
| 210 | JAGODZIŃSKI LESZEK         | 191 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:26:58 (213) | 00:04:08 | 00:41:37 (188) | 00:01:46 | 00:29:23 (173) |
| 211 | NOSKOWIAK-BAJNO ALICJA     | 165 |                                   | BORÓWNO             | POL | K30-39 | 00:28:06 (215) | 00:05:17 | 00:51:00 (212) | 00:01:28 | 00:41:15 (215) |
| 212 | KLUZ SŁAWOMIR              | 166 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:26:26 (212) | 00:06:59 | 00:40:55 (183) | 00:01:56 | 00:29:42 (176) |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, OPEN c.d.**

| POS | Name and surname     | No. | Club                         | City      | NAT | Cat.   | Swimming<br>0.75km   | T1       | Cycling<br>20km | T2       | Race<br>5km    |
|-----|----------------------|-----|------------------------------|-----------|-----|--------|----------------------|----------|-----------------|----------|----------------|
| 213 | BŁASZKIEWICZ MARZENA | 162 |                              | BORÓWNO   | POL | K40-49 | 00:26:05 (210)       | 00:07:20 | 00:51:04 (213)  | 00:01:22 | 00:41:15 (214) |
| 214 | SOBCZAK KRZYSZTOF    | 88  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M30-39 | 00:27:35 (214)       | 00:07:13 | 00:44:58 (201)  | 00:02:15 | 00:26:55 (143) |
|     | CHMIELEWSKI TOMASZ   | 60  | AGAMED BYDGOSZCZ TRIATHLON   | BYDGOSZCZ | POL | M50-59 | 00:14:46 DNF<br>(45) | 00:02:08 | 00:33:53 (58)   | 00:01:36 | 00:00:00 (13)  |
|     | WALESIAK MIKOŁAJ     | 214 | KTS IRONMAN                  | SUSZ      | POL | M40-49 | DNF (0)              | 00:00:00 | 00:00:00 (0)    | 01:46:09 | 00:00:00 (0)   |
|     | GOŁĘBIEWSKI MARCIN   | 188 | #BIEGAMIZBIERAM              | WARSZAWA  | POL | M30-39 | DNF (0)              | 00:00:00 | 00:00:00 (0)    | 00:00:00 | 00:00:00 (0)   |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Kobiety**

| POS | Name and surname           | No. | Club                              | City                | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km |
|-----|----------------------------|-----|-----------------------------------|---------------------|-----|--------|--------------------|----------|-----------------|----------|-------------|
| 1   | MAKSYMIOUK MARTA           | 47  | ETT- ELBLĄG TRIATHLON TEAM        | ELBLĄG              | POL | K30-39 | 00:13:13           | 00:02:15 | 00:32:26        | 00:00:52 | 00:20:55    |
| 2   | KOWALSKA ANGELIKA          | 63  | TRISPACE                          | PRZYLEKI            | POL | K30-39 | 00:14:08           | 00:02:33 | 00:33:30        | 00:00:48 | 00:23:06    |
| 3   | WŁÓDARCZAK AGATA           | 226 | TRISPACE                          | BYDGOSZCZ           | POL | K18-29 | 00:14:11           | 00:02:45 | 00:36:24        | 00:00:57 | 00:23:44    |
| 4   | PILIUKH MARHARYTA          | 76  | TRISPACE                          | BYDGOSZCZ           | UKR | K18-29 | 00:13:46           | 00:03:17 | 00:35:53        | 00:01:12 | 00:25:52    |
| 5   | BENTKOWSKA NATALIA         | 179 |                                   | PRĄDOCIN            | POL | K18-29 | 00:14:08           | 00:03:23 | 00:35:55        | 00:01:33 | 00:22:12    |
| 6   | NAGÓRSKA ELA               | 200 | TRISPACE                          | BYDGOSZCZ           | POL | K40-49 | 00:14:55           | 00:02:53 | 00:33:38        | 00:01:01 | 00:23:15    |
| 7   | MENDEL MAGDALENA           | 81  | TRISPACE                          | BYDGOSZCZ           | POL | K18-29 | 00:14:54           | 00:02:56 | 00:33:35        | 00:01:01 | 00:24:50    |
| 8   | BURANDT MAGDALENA          | 211 | 3LIFE TEAM                        | OLSZTYN             | POL | K30-39 | 00:14:55           | 00:02:56 | 00:33:49        | 00:00:46 | 00:22:57    |
| 9   | KRÓL KAMILA                | 206 |                                   | STARGARD            | POL | K30-39 | 00:15:39           | 00:02:58 | 00:49:38        | 00:00:45 | 00:27:36    |
| 10  | RÓŻAŁSKA ALEKSANDRA        | 156 | ETT ELBLĄG TRIATHLON TEAM         | ELBLĄG              | POL | K40-49 | 00:15:44           | 00:03:09 | 00:37:57        | 00:01:15 | 00:24:44    |
| 11  | GRACZYK-GRZYBOWSKA ILONA   | 91  | ACTI-VIT                          | BYDGOSZCZ           | POL | K30-39 | 00:15:51           | 00:03:02 | 00:36:59        | 00:00:59 | 00:24:11    |
| 12  | KOPIŃSKA-KRÓL MAGDALENA    | 80  | TRISPACE                          | BYDGOSZCZ           | POL | K40-49 | 00:15:55           | 00:02:59 | 00:36:31        | 00:01:25 | 00:27:10    |
| 13  | STRZELECKA OLA             | 227 | LPP TEAM                          | GDAŃSK              | POL | K18-29 | 00:16:23           | 00:02:39 | 00:36:24        | 00:00:55 | 00:26:23    |
| 14  | WADZIŃSKA PAULINA          | 229 | TRISPACE                          | BYDGOSZCZ           | POL | K30-39 | 00:16:19           | 00:02:44 | 00:32:53        | 00:00:59 | 00:21:10    |
| 15  | SANKOWSKA EWELINA          | 83  |                                   | GDYNIA              | POL | K40-49 | 00:15:23           | 00:03:41 | 00:41:16        | 00:00:55 | 00:26:05    |
| 16  | JARZEMBOWICZ AGATA         | 4   | TRINERGY TEAM                     | PIASECZNO           | POL | K30-39 | 00:15:52           | 00:03:14 | 00:34:56        | 00:01:31 | 00:23:17    |
| 17  | BORKOWSKA SYLWIA           | 14  |                                   | CHEŁM               | POL | K30-39 | 00:15:38           | 00:03:53 | 00:42:01        | 00:01:01 | 00:29:52    |
| 18  | RASZLIŃSKA MARIOLA         | 125 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:16:30           | 00:03:15 | 00:36:50        | 00:01:04 | 00:24:44    |
| 19  | FRAĆKOWIAK MARTA           | 178 | TEAM AKTYWNI Z CUKRZYCĄ           | MYŚLECINEK          | POL | K30-39 | 00:16:59           | 00:03:50 | 00:36:35        | 00:01:34 | 00:26:43    |
| 20  | STĘPSKA MAŁGOSIA           | 12  | K.T.O. Z KRAKOWA                  | KRAKÓW              | POL | K40-49 | 00:17:37           | 00:03:30 | 00:34:27        | 00:01:16 | 00:25:51    |
| 21  | HETEL BEATA                | 174 |                                   | BYDGOSZCZ           | POL | K30-39 | 00:17:26           | 00:03:42 | 00:38:40        | 00:01:26 | 00:30:06    |
| 22  | OSTOLSKA SYLWIA            | 64  |                                   | SZCZECIN            | POL | K40-49 | 00:17:07           | 00:04:12 | 00:37:55        | 00:00:42 | 00:28:43    |
| 23  | WOŹNIAK ANNA               | 106 |                                   | BYDGOSZCZ           | POL | K30-39 | 00:17:39           | 00:03:56 | 00:33:56        | 00:01:32 | 00:25:18    |
| 24  | LICZNIERSKA ALINA          | 126 |                                   | PLENISKA            | POL | K30-39 | 00:18:50           | 00:02:48 | 00:38:52        | 00:01:11 | 00:23:41    |
| 25  | PODLEWSKA MICHALINA        | 90  |                                   | UNISŁAW             | POL | K18-29 | 00:17:39           | 00:04:06 | 00:36:34        | 00:00:47 | 00:27:29    |
| 26  | ŚWINIARSKA EWA             | 52  |                                   | ALEKSANDRÓW ŁÓDZKI  | POL | K30-39 | 00:18:06           | 00:03:47 | 00:33:44        | 00:01:49 | 00:27:56    |
| 27  | RÓŻAŃSKA JOWANKA           | 116 | BYDGOSZCZ TRIATHLON TEAM          | BYDGOSZCZ           | POL | K40-49 | 00:18:32           | 00:03:23 | 00:38:02        | 00:01:37 | 00:36:13    |
| 28  | KRUSZYŃSKA ANNA            | 7   | ORKAMASTERS IŁAWA                 | LUBAWA              | POL | K40-49 | 00:18:18           | 00:03:50 | 00:40:40        | 00:01:43 | 00:32:43    |
| 29  | WOJDOWSKA MAGDALENA        | 186 |                                   | MARKI               | POL | K18-29 | 00:17:59           | 00:04:16 | 00:42:17        | 00:02:30 | 00:38:15    |
| 30  | WĘGRZYŃSKA MONIKA          | 103 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:18:54           | 00:03:27 | 00:36:02        | 00:01:35 | 00:29:46    |
| 31  | HRYNIEWICZ AGNIESZKA       | 218 |                                   | BRĄK                | POL | K30-39 | 00:18:09           | 00:04:16 | 00:39:22        | 00:01:01 | 00:27:09    |
| 32  | MAGDZIARZ KATARZYNA        | 100 | KANCELARIA HMM                    | BYDGOSZCZ           | POL | K30-39 | 00:18:41           | 00:03:47 | 00:38:40        | 00:01:53 | 00:25:58    |
| 33  | KWIATON AGATA              | 42  | ----                              | WARSZAWA            | POL | K18-29 | 00:18:00           | 00:04:28 | 00:38:30        | 00:00:48 | 00:23:36    |
| 34  | CIESIELSKA SYLWIA          | 62  | WARSZAW MASTERS TEAM              | WARSZAWA            | POL | K18-29 | 00:17:51           | 00:04:46 | 00:38:09        | 00:01:30 | 00:29:58    |
| 35  | JĘDRYCZKA AGNIESZKA        | 170 |                                   | OSIELSKO            | POL | K40-49 | 00:19:44           | 00:03:07 | 00:39:26        | 00:01:54 | 00:31:00    |
| 36  | SPRYSZYŃSKA MAGDALENA      | 115 | TRIRODZINKA                       | BYDGOSZCZ           | POL | K30-39 | 00:19:46           | 00:03:11 | 00:38:41        | 00:01:03 | 00:26:02    |
| 37  | JURECKA EWA                | 152 |                                   | JABŁONOWO POMORSKIE | POL | K50-59 | 00:19:09           | 00:03:52 | 00:40:47        | 00:01:56 | 00:30:48    |
| 38  | RUTKOWSKA VIRGINIA         | 48  | ATOS/KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ           | POL | K30-39 | 00:18:15           | 00:04:50 | 00:39:13        | 00:01:30 | 00:30:31    |
| 39  | KRUCZKOWSKA - LASSAK ANITA | 26  |                                   | BYDGOSZCZ           | POL | K30-39 | 00:19:48           | 00:03:20 | 00:38:08        | 00:01:03 | 00:24:36    |
| 40  | SUCHODOLSKA AGNIESZKA      | 157 |                                   | ŻOŁĘDOWO            | POL | K40-49 | 00:19:54           | 00:03:30 | 00:44:04        | 00:00:58 | 00:30:30    |
| 41  | KAMIŃSKA AGNIESZKA         | 93  | SAN ESCOBAR TRIATHLON TEAM        | BYDGOSZCZ           | POL | K40-49 | 00:18:47           | 00:04:48 | 00:37:30        | 00:01:29 | 00:27:54    |
| 42  | KATA MARTA                 | 224 | WITC                              | WARSZAWA            | POL | K18-29 | 00:19:46           | 00:03:51 | 00:39:14        | 00:01:58 | 00:29:50    |
| 43  | BILSKA MAGDALENA           | 27  |                                   | GDAŃSK              | POL | K30-39 | 00:19:45           | 00:04:08 | 00:41:01        | 00:01:40 | 00:28:34    |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Kobiety c.d.**

| POS | Name and surname        | No. | Club                        | City        | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-------------------------|-----|-----------------------------|-------------|-----|--------|----------|----------|----------|----------|----------|
|     |                         |     |                             |             |     |        | 0.75km   |          | 20km     |          | 5km      |
| 44  | CHMIEL DOROTA           | 34  | PTT DELTA                   | DZIERŻAZNA  | POL | K50-59 | 00:19:02 | 00:05:05 | 00:45:44 | 00:01:10 | 00:40:06 |
| 45  | RYMARKIEWICZ MAŁGORZATA | 101 |                             | BYDGOSZCZ   | POL | K30-39 | 00:21:22 | 00:03:01 | 00:37:06 | 00:00:53 | 00:24:17 |
| 46  | MAJEWSKA KAROLINA       | 198 |                             | BYDGOSZCZ   | POL | K40-49 | 00:20:13 | 00:04:11 | 00:41:44 | 00:02:23 | 00:31:50 |
| 47  | KACZMAREK AGNIESZKA     | 173 |                             | BYDGOSZCZ   | POL | K40-49 | 00:19:50 | 00:04:42 | 00:41:52 | 00:01:20 | 00:35:51 |
| 48  | KOCZOROWSKA KAMILA      | 180 | KAMKOC                      | BYDGOSZCZ   | POL | K30-39 | 00:20:57 | 00:03:53 | 00:49:41 | 00:01:05 | 00:37:08 |
| 49  | HAC MONIKA              | 128 |                             | ŁÓDŹ        | POL | K40-49 | 00:20:38 | 00:04:26 | 00:44:49 | 00:01:35 | 00:29:59 |
| 50  | APPELT AGNIESZKA        | 110 |                             | BYDGOSZCZ   | POL | K40-49 | 00:22:03 | 00:03:14 | 00:45:53 | 00:01:13 | 00:34:08 |
| 51  | KUBALEWSKA GRAŻYNA      | 182 |                             | BYDGOSZCZ   | POL | K50-59 | 00:21:47 | 00:04:21 | 00:48:49 | 00:01:26 | 00:36:06 |
| 52  | SZABO-MOSKAL JADWIGA    | 167 |                             | BORÓWNO     | POL | K50-59 | 00:21:47 | 00:04:27 | 00:48:03 | 00:00:55 | 00:32:17 |
| 53  | BETKA MARTA             | 176 |                             | DOBRCZ      | POL | K30-39 | 00:21:49 | 00:04:49 | 00:51:12 | 00:01:12 | 00:33:26 |
| 54  | BRAC-WALCZYK MAŁGORZATA | 36  | AKADEMIA BIEGANIA GRUDZIĄDZ | DOLNA GRUPA | POL | K60-69 | 00:22:48 | 00:04:36 | 00:46:04 | 00:01:14 | 00:34:58 |
| 55  | STRUGAŁA LIDIA          | 121 |                             | BYDGOSZCZ   | POL | K40-49 | 00:22:20 | 00:05:43 | 00:44:42 | 00:00:51 | 00:30:13 |
| 56  | JAROSIK AGNIESZKA       | 65  | FITLAMY                     | RZEPIN      | POL | K18-29 | 00:25:41 | 00:03:38 | 00:46:32 | 00:00:41 | 00:27:58 |
| 57  | SZATKOWSKA KAROLINA     | 109 |                             | BYDGOSZCZ   | POL | K30-39 | 00:26:15 | 00:03:11 | 00:43:19 | 00:00:36 | 00:25:46 |
| 58  | NOSKOWIAK-BAJNO ALICJA  | 165 |                             | BORÓWNO     | POL | K30-39 | 00:28:06 | 00:05:17 | 00:51:00 | 00:01:28 | 00:41:15 |
| 59  | BŁASZKIEWICZ MARZENA    | 162 |                             | BORÓWNO     | POL | K40-49 | 00:26:05 | 00:07:20 | 00:51:04 | 00:01:22 | 00:41:15 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Mężczyźni**

| POS | Name and surname      | No. | Club                                 | City           | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|--------------------------------------|----------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                                      |                |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | ŁAWICKI MARCIN        | 24  | MKS POLKOWICE                        | LUBIN          | POL | M30-39 | 00:09:43 | 00:01:57 | 00:27:36 | 00:00:46 | 00:17:42 |
| 2   | KOWALSKI TOMEK        | 208 | TRINERGY                             | WARSZAWA       | POL | M30-39 | 00:10:28 | 00:02:02 | 00:29:21 | 00:00:52 | 00:20:59 |
| 3   | KUBIŃSKI JAKUB        | 225 | ENEA BYDGOSZCZ TRIATHLON             | BYDGOSZCZ      | POL | M30-39 | 00:10:53 | 00:01:55 | 00:28:53 | 00:00:43 | 00:20:05 |
| 4   | PIERNICKI KRZYSZTOF   | 184 | ENDURE TEAM                          | KARCZEMKI      | POL | M30-39 | 00:11:07 | 00:01:58 | 00:29:31 | 00:00:40 | 00:20:37 |
| 5   | RÓŻAŁSKI PIOTR        | 55  | ETT - ELBLĄG TRIATHLON TEAM          | ELBLĄG         | POL | M30-39 | 00:11:09 | 00:02:02 | 00:29:52 | 00:00:51 | 00:19:29 |
| 6   | BEDNARCZYK TOMASZ     | 54  |                                      | ŁĘBORK         | POL | M30-39 | 00:11:27 | 00:02:15 | 00:30:59 | 00:00:46 | 00:19:14 |
| 7   | KAWCZYŃSKI PAWEŁ      | 46  | TRIDEA TEAM                          | GDYNIA         | POL | M30-39 | 00:11:29 | 00:02:51 | 00:33:02 | 00:01:21 | 00:24:48 |
| 8   | TOPCZEWSKI GRACJAN    | 18  | TRISPACE / BYDGOSZCZ TRIATHLON TEAM  | BYDGOSZCZ      | POL | M40-49 | 00:12:01 | 00:02:22 | 00:30:03 | 00:00:53 | 00:20:12 |
| 9   | MAAS OLIVER           | 40  | SOPREMA TSV TEAM MANN                |                | GER | M18-29 | 00:11:45 | 00:02:43 | 00:33:59 | 00:01:08 | 00:19:21 |
| 10  | LESISZ MACIEJ         | 230 | TRIADA NAMYSŁÓW                      | NAMYSŁÓW       | POL | M40-49 | 00:11:46 | 00:02:46 | 00:30:30 | 00:00:49 | 00:22:10 |
| 11  | BARTKOWIAK DAWID      | 216 | BIURO RACHUNKOWE 'TRADEMARK DB' PIŁA | PIŁA           | POL | M40-49 | 00:12:56 | 00:02:14 | 00:30:49 | 00:00:48 | 00:21:08 |
| 12  | PUZIAK MARCIN         | 19  |                                      | POZNAŃ         | POL | M30-39 | 00:12:51 | 00:02:41 | 00:34:37 | 00:01:03 | 00:23:38 |
| 13  | POLASIK MICHAŁ        | 129 | RUN4FUN                              | BYDGOSZCZ      | POL | M30-39 | 00:12:26 | 00:03:07 | 00:32:49 | 00:00:54 | 00:22:14 |
| 14  | ZAKRZEWSKI SZYMON     | 148 | MOGILNO TEAM                         | STAWISKA       | POL | M18-29 | 00:13:25 | 00:02:14 | 00:30:02 | 00:00:44 | 00:19:36 |
| 15  | NOWICKI BARTOSZ       | 71  | AQUA+                                | BYDGOSZCZ      | POL | M30-39 | 00:12:58 | 00:02:43 | 00:33:02 | 00:00:58 | 00:24:01 |
| 16  | PIEKARSKI MAREK       | 20  |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:34 | 00:02:09 | 00:31:12 | 00:00:47 | 00:20:47 |
| 17  | GÓRSKI ANDRZEJ        | 61  | ORKAMASTERS ŁAWA                     | LUBAWA         | POL | M18-29 | 00:12:54 | 00:02:52 | 00:34:36 | 00:00:57 | 00:21:40 |
| 18  | KOZIAKOWSKI KLAUDIUSZ | 205 | TRISPACE                             | BYDGOSZCZ      | POL | M18-29 | 00:13:30 | 00:02:23 | 00:32:49 | 00:01:08 | 00:21:27 |
| 19  | MULLERT KAROL         | 201 | TRISPACE                             | BYDGOSZCZ      | POL | M30-39 | 00:13:37 | 00:02:18 | 00:32:07 | 00:00:46 | 00:22:38 |
| 20  | HIPNAROWICZ GRZEGORZ  | 89  | SPORTTREND                           | BYDGOSZCZ      | POL | M30-39 | 00:13:38 | 00:02:33 | 00:33:47 | 00:01:16 | 00:24:13 |
| 21  | MICHAŁSKI MICHAŁ      | 202 |                                      | BYDGOSZCZ      | POL | M30-39 | 00:13:31 | 00:02:45 | 00:32:41 | 00:01:06 | 00:23:56 |
| 22  | BASIŃSKI ŁUKASZ       | 143 | OLIMPIASPORT.PL                      | BYDGOSZCZ      | POL | M18-29 | 00:14:05 | 00:02:15 | 00:31:28 | 00:00:50 | 00:21:07 |
| 23  | LEWANDOWSKI TOMASZ    | 17  | RCI BYDGOSZCZ                        | BYDGOSZCZ      | POL | M30-39 | 00:13:42 | 00:02:45 | 00:32:31 | 00:00:53 | 00:20:56 |
| 24  | SKORECKI ALEKSANDER   | 160 | BYDGOSZCZ TRIATHLON TEAM             | BYDGOSZCZ      | POL | M18-29 | 00:13:57 | 00:02:37 | 00:32:07 | 00:00:45 | 00:22:04 |
| 25  | KĄŁEK ARTUR           | 77  | KLINIKA TRIATHLONU BYDGOSZCZ         | BYDGOSZCZ      | POL | M40-49 | 00:13:43 | 00:03:03 | 00:31:59 | 00:01:00 | 00:22:23 |
| 26  | TADZIK WOJCIECH       | 38  | TECHNIKA ZWYCIĘSTWA                  | BYDGOSZCZ      | POL | M30-39 | 00:13:55 | 00:02:57 | 00:34:39 | 00:00:49 | 00:21:36 |
| 27  | HILLER-SZALA OSKAR    | 159 |                                      | BYDGOSZCZ      | POL | M18-29 | 00:14:20 | 00:02:38 | 00:37:30 | 00:00:38 | 00:25:12 |
| 28  | ZIELIŃSKI MACIEJ      | 5   |                                      | BYDGOSZCZ      | POL | M30-39 | 00:14:39 | 00:02:25 | 00:30:26 | 00:00:51 | 00:25:13 |
| 29  | DERDA PIOTR           | 6   |                                      | BYDGOSZCZ      | POL | M18-29 | 00:14:21 | 00:02:44 | 00:32:35 | 00:01:27 | 00:21:57 |
| 30  | WAWRZYŃSKI MICHAŁ     | 94  | SAN ESCOBAR TRIATHLON TEAM           | SOLEC KUJAWSKI | POL | M30-39 | 00:13:17 | 00:03:51 | 00:33:48 | 00:01:16 | 00:24:11 |
| 31  | BYRTEK GRZEGORZ       | 104 |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:24 | 00:03:45 | 00:37:08 | 00:00:47 | 00:29:41 |
| 32  | KRZEMINSKI ŁUKASZ     | 155 |                                      | BYDGOSZCZ      | POL | M30-39 | 00:13:32 | 00:03:38 | 00:33:31 | 00:01:46 | 00:25:26 |
| 33  | GRZYBOWSKI MACIEJ     | 92  |                                      | BYDGOSZCZ      | POL | M30-39 | 00:13:58 | 00:03:15 | 00:34:39 | 00:00:56 | 00:22:17 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Mężczyźni c.d.**

| POS | Name and surname      | No. | Club                         | City             | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|------------------------------|------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                              |                  |     |        | 0.75km   |          | 20km     |          | 5km      |
| 34  | ŚLIWIŃSKI ŁUKASZ      | 136 | BOGMAR OSTROMECKO            | OSTROMECKO       | POL | M30-39 | 00:14:00 | 00:03:16 | 00:33:18 | 00:01:26 | 00:20:15 |
| 35  | JARZEMBOWICZ MACIEJ   | 177 | TRINERGY                     | PIASECZNO        | POL | M30-39 | 00:14:03 | 00:03:14 | 00:31:26 | 00:00:47 | 00:20:08 |
| 36  | BOCIAN ŁUKASZ         | 134 | BYDGOSZCZ TRIATHLON TEAM     | GDAŃSK           | POL | M30-39 | 00:13:24 | 00:03:54 | 00:34:05 | 00:01:24 | 00:25:06 |
| 37  | ZIELIŃSKI MICHAŁ      | 29  | HOLMES PLACE                 | WARSZAWA         | POL | M30-39 | 00:14:52 | 00:02:51 | 00:33:39 | 00:01:05 | 00:23:06 |
| 38  | BARCZEWSKI KRZYSZTOF  | 41  | BYDGOSZCZ TRIATHLON TEAM     | NIEMCZ           | POL | M40-49 | 00:15:14 | 00:02:40 | 00:33:34 | 00:01:06 | 00:24:26 |
| 39  | DADO EMIL             | 25  | CUKIERNIA STAROPOLSKA        | BYDGOSZCZ        | PHI | M30-39 | 00:14:50 | 00:03:04 | 00:31:23 | 00:01:17 | 00:23:36 |
| 40  | OLENDER PAWEŁ         | 33  | CAR4PARTS MRAĞOWO            | WARSZAWA         | POL | M40-49 | 00:15:11 | 00:02:45 | 00:35:06 | 00:00:55 | 00:21:54 |
| 41  | WAŁĘZA HUBERT         | 11  | KANAŁOWA TEAM                | BYDGOSZCZ        | POL | M30-39 | 00:14:38 | 00:03:20 | 00:35:44 | 00:01:06 | 00:23:08 |
| 42  | ZADROŻNY KUBA         | 189 | WARSZAWA                     | WARSZAWA         | POL | M40-49 | 00:14:04 | 00:03:58 | 00:54:04 | 00:00:43 | 00:25:53 |
| 43  | BINKOWSKI ADRIAN      | 153 | CB163/PROFESSIONALHR         | GZIN             | POL | M30-39 | 00:15:30 | 00:02:43 | 00:32:15 | 00:01:22 | 00:22:03 |
| 44  | DADEJ RAFAŁ           | 59  |                              | GDYNIA           | POL | M40-49 | 00:15:41 | 00:02:37 | 00:32:57 | 00:01:05 | 00:21:50 |
| 45  | NAWROCKI MARCIN       | 67  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M30-39 | 00:15:15 | 00:03:17 | 00:34:06 | 00:01:05 | 00:24:16 |
| 46  | SPRYSZYŃSKI MICHAŁ    | 114 | TRIRODZINKA                  | BYDGOSZCZ        | POL | M30-39 | 00:15:17 | 00:03:18 | 00:34:04 | 00:00:56 | 00:20:49 |
| 47  | BRZEZINSKI ŁUKASZ     | 175 | AMS                          | BYDGOSZCZ        | POL | M18-29 | 00:15:59 | 00:02:52 | 00:33:59 | 00:01:07 | 00:25:31 |
| 48  | PIEKARSKI WOJTEK      | 21  | TMS BEHAPIEK                 | BYDGOSZCZ        | POL | M40-49 | 00:15:15 | 00:03:37 | 00:34:16 | 00:01:33 | 00:24:09 |
| 49  | TOMASZEWSKI MARCIN    | 124 | MAO BRAKOWAO                 | BYDGOSZCZ        | POL | M40-49 | 00:15:57 | 00:02:57 | 00:34:12 | 00:01:40 | 00:25:04 |
| 50  | KUBIAK SŁAWOMIR       | 50  |                              | BYDGOSZCZ        | POL | M40-49 | 00:15:46 | 00:03:10 | 00:33:48 | 00:01:03 | 00:21:49 |
| 51  | ŚWIĘCICKI WOJCIECH    | 32  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M40-49 | 00:16:02 | 00:02:59 | 00:31:28 | 00:01:00 | 00:20:55 |
| 52  | ZDOBYŁAK KRZYSZTOF    | 66  | ORKAMASTERS IŁAWA            | LUBAWA           | POL | M30-39 | 00:15:45 | 00:03:21 | 00:36:02 | 00:01:03 | 00:23:54 |
| 53  | FIEGEL WOJCIECH       | 221 | BYLE PRZED TEAM              | BYDGOSZCZ        | POL | M40-49 | 00:15:54 | 00:03:12 | 00:33:18 | 00:01:09 | 00:25:54 |
| 54  | GRACZYKOWSKI ANDRZEJ  | 99  | NADTO SIĘ JADŁO              | BYDGOSZCZ        | POL | M40-49 | 00:15:53 | 00:03:15 | 00:35:40 | 00:01:52 | 00:29:55 |
| 55  | FABROWSKI DAWID       | 35  | PRACOWNIAFIZJOTERAPII        | BYDGOSZCZ        | POL | M30-39 | 00:15:19 | 00:03:55 | 00:36:05 | 00:01:18 | 00:26:36 |
| 56  | ŚWINIARSKI PIOTR      | 163 | CIEPŁE BAMBOSZE              | BYDGOSZCZ        | POL | M30-39 | 00:15:20 | 00:03:58 | 00:36:59 | 00:02:07 | 00:28:54 |
| 57  | ŁOŚ DARIUSZ           | 228 |                              | ZAMOŚĆ           | POL | M60-69 | 00:16:46 | 00:02:37 | 00:38:36 | 00:01:20 | 00:26:38 |
| 58  | SMEJA MARCIN          | 56  |                              | MAKSYMILIANOWO   | POL | M40-49 | 00:16:01 | 00:03:37 | 00:34:16 | 00:02:04 | 00:27:16 |
| 59  | KOWALSKI MAREK        | 194 |                              | NIEMCZ           | POL | M40-49 | 00:15:07 | 00:04:33 | 00:38:00 | 00:01:06 | 00:23:42 |
| 60  | BURSZTYŃSKI TOMASZ    | 30  |                              | BORÓWNO          | POL | M30-39 | 00:17:22 | 00:02:29 | 00:37:31 | 00:00:35 | 00:28:58 |
| 61  | NOWAK KRZYSZTOF       | 75  | TRIBA BOSIR BARCIN           | BARCIN           | POL | M30-39 | 00:15:10 | 00:04:42 | 00:37:07 | 00:01:41 | 00:26:41 |
| 62  | ROLEWICZ MICHAŁ       | 86  | KLINIKA TRIATHLONU BYDGOSZCZ | ŚLIWICE          | POL | M18-29 | 00:17:03 | 00:02:49 | 00:31:39 | 00:00:49 | 00:20:28 |
| 63  | GRZENIA JACEK         | 209 | MJG INVESTMENT               | NIEMCZ           | POL | M40-49 | 00:14:37 | 00:05:18 | 00:32:41 | 00:02:11 | 00:26:49 |
| 64  | KUBIAK TOMASZ         | 212 | DOBRCZ BLEGA                 | DOBRCZ           | POL | M50-59 | 00:16:27 | 00:03:34 | 00:36:56 | 00:01:15 | 00:33:24 |
| 65  | BAŁA ARTUR            | 16  |                              | BYDGOSZCZ        | POL | M30-39 | 00:16:44 | 00:03:18 | 00:33:42 | 00:01:21 | 00:24:43 |
| 66  | STRYCZYŃSKI MAREK     | 51  | TRISPACE                     | BYDGOSZCZ        | POL | M30-39 | 00:16:29 | 00:03:34 | 00:39:32 | 00:01:52 | 00:32:19 |
| 67  | ANTOSZEWSKI MATEUSZ   | 213 | ARRK                         | BYDGOSZCZ        | POL | M18-29 | 00:16:30 | 00:03:34 | 00:33:47 | 00:01:02 | 00:23:13 |
| 68  | JENERAŁSKI MACIEJ     | 72  | VSTEAM                       | KRUSZY KRAJEŃSKI | POL | M40-49 | 00:17:18 | 00:02:51 | 00:34:58 | 00:00:52 | 00:24:15 |
| 69  | MAZURKIEWICZ MICHAŁ   | 73  |                              | BYDGOSZCZ        | POL | M30-39 | 00:17:13 | 00:02:58 | 00:35:17 | 00:01:00 | 00:25:59 |
| 70  | LESZCZYŃSKI MARIUSZ   | 69  |                              | INOWROCLAW       | POL | M40-49 | 00:16:15 | 00:03:59 | 00:33:42 | 00:01:06 | 00:28:11 |
| 71  | NAGOW MICHAŁ          | 190 |                              | BYDGOSZCZ        | POL | M40-49 | 00:17:13 | 00:03:02 | 00:35:44 | 00:01:35 | 00:23:39 |
| 72  | SZAŁKOWSKI PIOTR      | 13  | DZIAŁKI TEAM                 | POZNAŃ           | POL | M18-29 | 00:16:40 | 00:03:42 | 00:34:47 | 00:01:15 | 00:24:41 |
| 73  | KWIATOŃ MICHAŁ        | 78  |                              | BYDGOSZCZ        | POL | M18-29 | 00:16:53 | 00:03:29 | 00:32:25 | 00:01:17 | 00:28:35 |
| 74  | BUDZIK IRENEUSZ       | 223 | BOZITA POLSKA                | BYDGOSZCZ POLAND | POL | M40-49 | 00:17:16 | 00:03:06 | 00:33:01 | 00:01:06 | 00:23:13 |
| 75  | CHILEWSKI ARKADIUSZ   | 192 | CB163                        | STRZELCE GÓRNE   | POL | M40-49 | 00:15:42 | 00:04:42 | 00:34:30 | 00:01:27 | 00:23:53 |
| 76  | BETHKE SŁAWOMIR       | 150 | TRISPACE                     | BYDGOSZCZ        | POL | M18-29 | 00:17:17 | 00:03:08 | 00:31:13 | 00:01:02 | 00:21:58 |
| 77  | KWIATKOWSKI JAKUB     | 57  |                              | BYDGOSZCZ        | POL | M18-29 | 00:16:56 | 00:03:31 | 00:35:13 | 00:01:10 | 00:24:06 |
| 78  | WIŚNIEWSKI ARNOLD     | 219 |                              | BRAK             | POL | M40-49 | 00:16:58 | 00:03:29 | 00:33:31 | 00:00:50 | 00:22:53 |
| 79  | BARANOWICZ BARTOSZ    | 172 | GLOBART MEBLE                | BYDGOSZCZ        | POL | M30-39 | 00:15:47 | 00:04:46 | 00:37:49 | 00:01:24 | 00:28:19 |
| 80  | RAUT WIESŁAW          | 168 | TRISPACE                     | BYDGOSZCZ        | POL | M70-79 | 00:15:57 | 00:04:44 | 00:38:12 | 00:01:45 | 00:26:45 |
| 81  | KUŻMA WOJCIECH        | 84  |                              | BYDGOSZCZ        | POL | M50-59 | 00:16:40 | 00:04:02 | 00:35:10 | 00:01:02 | 00:25:11 |
| 82  | SOBCZYŃSKI MICHAŁ     | 185 |                              | BYDGOSZCZ        | POL | M30-39 | 00:16:50 | 00:03:53 | 00:36:01 | 00:01:18 | 00:25:35 |
| 83  | RAK MARKUS            | 135 | BYDGOSZCZ TRIATHLON TEAM     | CIELE            | POL | M30-39 | 00:15:53 | 00:04:58 | 00:36:38 | 00:01:33 | 00:27:33 |
| 84  | PIC DAWID             | 120 |                              | OSIELSKO         | POL | M18-29 | 00:17:27 | 00:03:25 | 00:35:39 | 00:01:50 | 00:22:30 |
| 85  | KOWANDA SŁAWOMIR      | 8   | ORKAMASTERS IŁAWA            | LUBAWA           | POL | M40-49 | 00:16:38 | 00:04:14 | 00:38:45 | 00:01:38 | 00:35:10 |
| 86  | SZATKOWSKI MARCIN     | 2   |                              | BYDGOSZCZ        | POL | M30-39 | 00:17:58 | 00:02:55 | 00:36:42 | 00:00:53 | 00:23:47 |
| 87  | PUDŁO MARCIN          | 28  |                              | GDAŃSK           | POL | M30-39 | 00:17:04 | 00:03:51 | 00:35:07 | 00:01:41 | 00:24:50 |
| 88  | DOŁHUN ADAM           | 58  | RUN PASJA BYDGOSZCZ          | BYDGOSZCZ        | POL | M30-39 | 00:17:55 | 00:03:05 | 00:34:41 | 00:01:14 | 00:26:48 |
| 89  | BETLEJEWSKI SEBASTIAN | 149 | CINKA TEAM                   | BYDGOSZCZ        | POL | M30-39 | 00:17:40 | 00:03:21 | 00:36:52 | 00:00:40 | 00:31:54 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Mężczyźni c.d.**

| POS | Name and surname      | No. | Club                         | City               | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|------------------------------|--------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                              |                    |     |        | 0.75km   |          | 20km     |          | 5km      |
| 90  | GNIĘKA ANDRZEJ        | 117 | BRAK                         | BYDGOSZCZ          | POL | M40-49 | 00:17:44 | 00:03:19 | 00:39:13 | 00:00:50 | 00:29:22 |
| 91  | FRYZEWSKI MICHAŁ      | 171 | POWERHOUSE BYDGOSZCZ         | BYDGOSZCZ          | POL | M40-49 | 00:16:00 | 00:05:04 | 00:40:25 | 00:01:37 | 00:31:19 |
| 92  | GRUBICH ARKADIUSZ     | 142 | BRACIA DALTON                | NIEMCZ             | POL | M40-49 | 00:17:46 | 00:03:19 | 00:35:43 | 00:01:17 | 00:24:06 |
| 93  | KOPERA TOMI           | 82  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:06 | 00:03:59 | 00:37:24 | 00:00:43 | 00:29:22 |
| 94  | TACIAK DAWID          | 113 | ATOS                         | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:08 | 00:33:14 | 00:01:02 | 00:20:29 |
| 95  | JARZEMSKI MARCIN      | 158 | BYDGOSZCZ TRIATHLON TEAM     | BYDGOSZCZ          | POL | M30-39 | 00:18:00 | 00:03:09 | 00:34:38 | 00:01:15 | 00:28:06 |
| 96  | NOWAKOWSKI KRZYSZTOF  | 105 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:22 | 00:04:51 | 00:34:33 | 00:01:25 | 00:24:03 |
| 97  | DULEBA DARIUSZ        | 196 | NOKIA BYDGOSZCZ              | BYDGOSZCZ          | POL | M30-39 | 00:17:45 | 00:03:29 | 00:32:16 | 00:01:07 | 00:22:54 |
| 98  | OŻÓG JAKUB            | 139 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:51 | 00:04:26 | 00:37:10 | 00:01:35 | 00:26:13 |
| 99  | WOZNIAK TOMASZ        | 210 | TRIDEA                       | GDANSK             | POL | M40-49 | 00:17:31 | 00:03:50 | 00:35:23 | 00:02:10 | 00:20:47 |
| 100 | GRUBA JACEK           | 10  |                              | BRZOZA             | POL | M50-59 | 00:17:04 | 00:04:19 | 00:35:20 | 00:01:34 | 00:26:52 |
| 101 | MICHALCZUK KRZYSZTOF  | 43  |                              | WARSZAWA           | POL | M30-39 | 00:16:43 | 00:04:41 | 00:36:40 | 00:02:03 | 00:26:10 |
| 102 | PAWEŁA MARCIN         | 45  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:30 | 00:03:55 | 00:33:06 | 00:00:40 | 00:21:21 |
| 103 | URBAŃSKI PAWEŁ        | 169 |                              | BYDGOSZCZ          | POL | M18-29 | 00:17:06 | 00:04:20 | 00:43:48 | 00:00:51 | 00:29:02 |
| 104 | SZUKAJ KAROL          | 15  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:50 | 00:03:37 | 00:37:32 | 00:00:51 | 00:25:53 |
| 105 | DĘBIEC ANDRZEJ        | 123 |                              | NIEMCZ             | POL | M30-39 | 00:18:01 | 00:03:28 | 00:35:58 | 00:01:09 | 00:27:24 |
| 106 | GILL DANIEL           | 122 | BOGMAR                       | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:38 | 00:37:52 | 00:01:01 | 00:24:49 |
| 107 | KOŚCINIAK ROBERT      | 141 | NOKIA BYDGOSZCZ              | PAKOŚĆ             | POL | M30-39 | 00:17:59 | 00:03:42 | 00:36:07 | 00:01:28 | 00:31:46 |
| 108 | WOLSKI TOMASZ         | 164 | BYDGOSZCZ TRIATHLON TEAM     | OSIELSKO           | POL | M18-29 | 00:18:49 | 00:02:55 | 00:36:42 | 00:01:17 | 00:24:42 |
| 109 | DAMSKI BARTEK         | 22  |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:03:46 | 00:38:04 | 00:01:39 | 00:25:51 |
| 110 | WERNER MICHAŁ         | 23  | GARDENFLORA MTB TEAM         | BYDGOSZCZ          | POL | M18-29 | 00:17:55 | 00:04:00 | 00:37:21 | 00:00:48 | 00:23:45 |
| 111 | BIEDZIAK PIOTR        | 98  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:26 | 00:04:34 | 00:36:24 | 00:01:42 | 00:25:33 |
| 112 | KUTKA SZYMON          | 132 | RUN4FUN                      | BYDGOSZCZ          | POL | M30-39 | 00:17:54 | 00:04:09 | 00:34:41 | 00:01:27 | 00:26:01 |
| 113 | NOWICKI SŁAWOMIR      | 145 |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:07 | 00:03:58 | 00:37:35 | 00:01:15 | 00:26:07 |
| 114 | GOŁATA WOJCIECH       | 102 | WILCZA WATAHA                | DĄBROWA CHEŁMIŃSKA | POL | M30-39 | 00:17:56 | 00:04:14 | 00:35:20 | 00:00:55 | 00:21:55 |
| 115 | ŚCIBAK WOJCIECH       | 119 | JFTC SU                      | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:04:27 | 00:42:23 | 00:00:56 | 00:23:10 |
| 116 | BYRZYKOWSKI WOJCIECH  | 44  |                              | BYDGOSZCZ          | POL | M40-49 | 00:18:41 | 00:03:49 | 00:37:03 | 00:00:54 | 00:27:44 |
| 117 | MICHAŁAK ROBERT       | 147 | GORDON RUN                   | BYDGOSZCZ          | POL | M30-39 | 00:18:03 | 00:04:28 | 00:36:03 | 00:01:56 | 00:26:47 |
| 118 | WROBEL MATEUSZ        | 138 |                              | FABIANKI           | POL | M18-29 | 00:19:49 | 00:02:43 | 00:33:26 | 00:00:33 | 00:23:38 |
| 119 | OSAK PAWEŁ            | 1   |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:35 | 00:04:07 | 00:37:43 | 00:01:29 | 00:29:01 |
| 120 | TOMASZEK SEBASTIAN    | 85  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ          | POL | M30-39 | 00:18:11 | 00:04:39 | 00:36:30 | 00:01:48 | 00:27:44 |
| 121 | URBAN RAFAŁ           | 217 |                              | BUCZEK             | POL | M30-39 | 00:19:23 | 00:03:29 | 00:36:31 | 00:01:10 | 00:24:12 |
| 122 | TURNO SZYMON          | 151 | TURBO TEAM                   | UNISŁAW            | POL | M40-49 | 00:18:49 | 00:04:03 | 00:36:53 | 00:00:55 | 00:27:50 |
| 123 | POPEK MACIEJ          | 144 | ANETA TEAM                   | WŁOCLAWEK          | POL | M40-49 | 00:19:24 | 00:03:30 | 00:37:58 | 00:00:51 | 00:24:39 |
| 124 | SIUDA MAREK           | 39  |                              | BYDGOSZCZ          | POL | M40-49 | 00:18:02 | 00:05:00 | 00:34:07 | 00:01:32 | 00:26:24 |
| 125 | POLIWOŹIŃSKI MICHAŁ   | 97  | KS WISIELKA BYDGOSZCZ-FORDON | BYDGOSZCZ          | POL | M30-39 | 00:18:17 | 00:04:46 | 00:39:11 | 00:00:48 | 00:25:15 |
| 126 | STACHOWIAK SEBASTIAN  | 74  | -                            | SWARZEDZ           | POL | M40-49 | 00:18:53 | 00:04:13 | 00:34:22 | 00:01:42 | 00:30:57 |
| 127 | KRUSZKA ŁUKASZ        | 70  |                              | BYDGOSZCZ          | POL | M40-49 | 00:18:35 | 00:04:33 | 00:37:21 | 00:01:25 | 00:22:38 |
| 128 | PINCZEWSKI ROBERT     | 96  | WARZELNIA LEJMIZA            | SOLEC KUJAWSKI     | POL | M40-49 | 00:19:00 | 00:04:10 | 00:36:40 | 00:01:47 | 00:33:15 |
| 129 | ZATORSKI ROBERT       | 197 | SWIM2TRI                     | WARSZAWA           | POL | M40-49 | 00:18:30 | 00:04:42 | 00:34:15 | 00:01:33 | 00:25:15 |
| 130 | CZAPIEWSKI KRZYSZTOF  | 193 |                              | WARSZAWA           | POL | M30-39 | 00:17:57 | 00:05:16 | 00:37:10 | 00:01:24 | 00:23:59 |
| 131 | SZYCHOWSKI JAROSŁAW   | 3   | TKKF KOLEJARZ BYDGOSZCZ      | SICIENKO           | POL | M30-39 | 00:19:35 | 00:03:51 | 00:32:04 | 00:01:23 | 00:20:15 |
| 132 | CICHY ADAM            | 131 | RUN4FUN                      | BYDGOSZCZ          | POL | M30-39 | 00:20:03 | 00:03:26 | 00:34:43 | 00:00:47 | 00:26:07 |
| 133 | BUŁKA RAFAŁ           | 195 |                              | NIEMCZ             | POL | M40-49 | 00:18:42 | 00:04:56 | 00:37:01 | 00:01:58 | 00:32:08 |
| 134 | DOMEK ALEKSANDER      | 183 |                              | BYDGOSZCZ          | POL | M30-39 | 00:19:09 | 00:04:33 | 00:41:07 | 00:02:14 | 00:25:30 |
| 135 | BUGALSKI WOJCIECH     | 68  |                              | BYDGOSZCZ          | POL | M40-49 | 00:20:23 | 00:03:22 | 00:39:12 | 00:01:00 | 00:26:06 |
| 136 | SKRZYNIARZ HUBERT     | 133 | INDYVIAL TEAM                | ŁOCHOWO            | POL | M30-39 | 00:18:58 | 00:04:47 | 00:37:12 | 00:01:49 | 00:29:34 |
| 137 | KUBALEWSKI PAWEŁ      | 79  |                              | BYDGOSZCZ          | POL | M18-29 | 00:18:44 | 00:05:09 | 00:38:33 | 00:01:50 | 00:27:57 |
| 138 | ŁUKASIEWICZ KRZYSZTOF | 140 |                              | BYDGOSZCZ          | POL | M40-49 | 00:18:03 | 00:05:52 | 00:43:07 | 00:01:15 | 00:30:33 |
| 139 | KLISZEWSKI DAMIAN     | 220 | NOKIA                        | BYDGOSZCZ          | POL | M40-49 | 00:18:53 | 00:05:17 | 00:35:15 | 00:01:56 | 00:23:51 |
| 140 | SKIERA KRZYSZTOF      | 87  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ          | POL | M40-49 | 00:20:35 | 00:03:39 | 00:35:19 | 00:01:30 | 00:25:16 |
| 141 | KANOWNIK MICHAŁ       | 31  |                              | WARSZAWA           | POL | M40-49 | 00:19:54 | 00:05:06 | 00:41:01 | 00:02:08 | 00:27:06 |
| 142 | MARCINKIEWICZ PIOTR   | 112 |                              | BYDGOSZCZ          | POL | M40-49 | 00:19:20 | 00:05:49 | 00:41:40 | 00:01:29 | 00:28:01 |
| 143 | KAPEŁA JACEK          | 108 | KS WISIELKA BYDGOSZCZ-FORDON | BYDGOSZCZ          | POL | M40-49 | 00:20:58 | 00:04:17 | 00:39:49 | 00:00:42 | 00:28:57 |
| 144 | PACZKOWSKI MIROSLAW   | 9   | CB 163                       | BYDGOSZCZ          | POL | M40-49 | 00:19:34 | 00:05:47 | 00:38:19 | 00:01:53 | 00:24:55 |
| 145 | TOMASZEWSKI MARCIN    | 187 |                              | ŁOCHOWICE          | POL | M40-49 | 00:21:35 | 00:03:50 | 00:39:39 | 00:01:05 | 00:22:55 |



**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, Mężczyźni c.d.**

| POS | Name and surname   | No. | Club                         | City            | NAT | Cat.   | Swimming     | T1       | Cycling  | T2       | Race     |
|-----|--------------------|-----|------------------------------|-----------------|-----|--------|--------------|----------|----------|----------|----------|
|     |                    |     |                              |                 |     |        | 0.75km       |          | 20km     |          | 5km      |
| 146 | LEWANDOWSKI JANUSZ | 207 |                              | TARNOWSKIE GÓRY | POL | M40-49 | 00:21:50     | 00:04:22 | 00:38:35 | 00:01:59 | 00:25:27 |
| 147 | HOFFMANN MICHAŁ    | 111 |                              | TORUŃ           | POL | M40-49 | 00:21:43     | 00:05:06 | 00:48:59 | 00:01:06 | 00:34:24 |
| 148 | BINKOWSKI CZAREK   | 199 | BOGMAR OSTROMECKO            | OSTROM          | POL | M40-49 | 00:21:33     | 00:05:50 | 00:38:48 | 00:02:48 | 00:26:50 |
| 149 | HACHAJ DAWID       | 154 | HACHAJ TEAM                  | LISEWO          | POL | M30-39 | 00:20:46     | 00:06:39 | 00:39:51 | 00:00:56 | 00:31:51 |
| 150 | BILSKI MARCIN      | 95  |                              | BYDGOSZCZ       | POL | M30-39 | 00:24:08     | 00:03:35 | 00:37:06 | 00:01:27 | 00:25:58 |
| 151 | OSTRZYCKI SŁAWOMIR | 130 |                              | BYDGOSZCZ       | POL | M18-29 | 00:25:23     | 00:02:46 | 00:37:05 | 00:01:09 | 00:25:34 |
| 152 | JODKOWSKI RAFAŁ    | 107 |                              | BYDGOSZCZ       | POL | M18-29 | 00:25:26     | 00:04:59 | 00:46:49 | 00:01:44 | 00:32:02 |
| 153 | JAGODZIŃSKI LESZEK | 191 |                              | BYDGOSZCZ       | POL | M40-49 | 00:26:58     | 00:04:08 | 00:41:37 | 00:01:46 | 00:29:23 |
| 154 | KLUZ SŁAWOMIR      | 166 |                              | BYDGOSZCZ       | POL | M40-49 | 00:26:26     | 00:06:59 | 00:40:55 | 00:01:56 | 00:29:42 |
| 155 | SOBCZAK KRZYSZTOF  | 88  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ       | POL | M30-39 | 00:27:35     | 00:07:13 | 00:44:58 | 00:02:15 | 00:26:55 |
|     | CHMIELEWSKI TOMASZ | 60  | AGAMED BYDGOSZCZ TRIATHLON   | BYDGOSZCZ       | POL | M50-59 | 00:14:46 DNF | 00:02:08 | 00:33:53 | 00:01:36 | 00:00:00 |
|     | GOŁĘBIEWSKI MARCIN | 188 | #BIEGAMIZBIERAM              | WARSZAWA        | POL | M30-39 | DNF          | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |
|     | WALESIAK MIKOŁAJ   | 214 | KTS IRONMAN                  | SUSZ            | POL | M40-49 | DNF          | 00:00:00 | 00:00:00 | 01:46:09 | 00:00:00 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, 1 Fala**

| POS | Name and surname      | No. | Club                                 | City           | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|--------------------------------------|----------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                                      |                |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | ŁAWICKI MARCIN        | 24  | MKS POLKOWICE                        | LUBIN          | POL | M30-39 | 00:09:43 | 00:01:57 | 00:27:36 | 00:00:46 | 00:17:42 |
| 2   | KOWALSKI TOMEK        | 208 | TRINERGY                             | WARSZAWA       | POL | M30-39 | 00:10:28 | 00:02:02 | 00:29:21 | 00:00:52 | 00:20:59 |
| 3   | KUBIŃSKI JAKUB        | 225 | ENE A BYDGOSZCZ TRIATHLON            | BYDGOSZCZ      | POL | M30-39 | 00:10:53 | 00:01:55 | 00:28:53 | 00:00:43 | 00:20:05 |
| 4   | PIERNICKI KRZYSZTOF   | 184 | ENDURE TEAM                          | KARCZEMKI      | POL | M30-39 | 00:11:07 | 00:01:58 | 00:29:31 | 00:00:40 | 00:20:37 |
| 5   | RÓŻALSKI PIOTR        | 55  | ETT - ELBLĄG TRIATHLON TEAM          | ELBLĄG         | POL | M30-39 | 00:11:09 | 00:02:02 | 00:29:52 | 00:00:51 | 00:19:29 |
| 6   | BEDNARCZYK TOMASZ     | 54  |                                      | LEBORK         | POL | M30-39 | 00:11:27 | 00:02:15 | 00:30:59 | 00:00:46 | 00:19:14 |
| 7   | KAWCZYŃSKI PAWEŁ      | 46  | TRIDEA TEAM                          | GDYNIA         | POL | M30-39 | 00:11:29 | 00:02:51 | 00:33:02 | 00:01:21 | 00:24:48 |
| 8   | TOPCZEWSKI GRACJAN    | 18  | TRISPACE / BYDGOSZCZ TRIATHLON TEAM  | BYDGOSZCZ      | POL | M40-49 | 00:12:01 | 00:02:22 | 00:30:03 | 00:00:53 | 00:20:12 |
| 9   | MAAS OLIVER           | 40  | SOPREMA TSV TEAM MANN                |                | GER | M18-29 | 00:11:45 | 00:02:43 | 00:33:59 | 00:01:08 | 00:19:21 |
| 10  | LESISZ MACIEJ         | 230 | TRIADA NAMYSŁÓW                      | NAMYSŁÓW       |     | M40-49 | 00:11:46 | 00:02:46 | 00:30:30 | 00:00:49 | 00:22:10 |
| 11  | BARTKOWIAK DAWID      | 216 | BIURO RACHUNKOWE 'TRADEMARK DB' PIŁA | PIŁA           | POL | M40-49 | 00:12:56 | 00:02:14 | 00:30:49 | 00:00:48 | 00:21:08 |
| 12  | MAKSYMIAK MARTA       | 47  | ETT - ELBLĄG TRIATHLON TEAM          | ELBLĄG         | POL | K30-39 | 00:13:13 | 00:02:15 | 00:32:26 | 00:00:52 | 00:20:55 |
| 13  | PUZIAK MARCIN         | 19  |                                      | POZNAŃ         | POL | M30-39 | 00:12:51 | 00:02:41 | 00:34:37 | 00:01:03 | 00:23:38 |
| 14  | POLASIK MICHAŁ        | 129 | RUN4FUN                              | BYDGOSZCZ      | POL | M30-39 | 00:12:26 | 00:03:07 | 00:32:49 | 00:00:54 | 00:22:14 |
| 15  | ZAKRZEWSKI SZYMON     | 148 | MOGILNO TEAM                         | STAWISKA       | POL | M18-29 | 00:13:25 | 00:02:14 | 00:30:02 | 00:00:44 | 00:19:36 |
| 16  | NOWICKI BARTOSZ       | 71  | AQUA+                                | BYDGOSZCZ      | POL | M30-39 | 00:12:58 | 00:02:43 | 00:33:02 | 00:00:58 | 00:24:01 |
| 17  | PIEKARSKI MAREK       | 20  |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:34 | 00:02:09 | 00:31:12 | 00:00:47 | 00:20:47 |
| 18  | GÓRSKI ANDRZEJ        | 61  | ORKAMASTERS ŁAWA                     | LUBAWA         | POL | M18-29 | 00:12:54 | 00:02:52 | 00:34:36 | 00:00:57 | 00:21:40 |
| 19  | KOZIAKOWSKI KLAUDIUSZ | 205 | TRISPACE                             | BYDGOSZCZ      | POL | M18-29 | 00:13:30 | 00:02:23 | 00:32:49 | 00:01:08 | 00:21:27 |
| 20  | MULLERT KAROL         | 201 | TRISPACE                             | BYDGOSZCZ      | POL | M30-39 | 00:13:37 | 00:02:18 | 00:32:07 | 00:00:46 | 00:22:38 |
| 21  | HIPNAROWICZ GRZEGORZ  | 89  | SPORTTREND                           | BYDGOSZCZ      | POL | M30-39 | 00:13:38 | 00:02:33 | 00:33:47 | 00:01:16 | 00:24:13 |
| 22  | MICHAŁSKI MICHAŁ      | 202 |                                      | BYDGOSZCZ      | POL | M30-39 | 00:13:31 | 00:02:45 | 00:32:41 | 00:01:06 | 00:23:56 |
| 23  | BASIŃSKI ŁUKASZ       | 143 | OLIMPIASPORT.PL                      | BYDGOSZCZ      | POL | M18-29 | 00:14:05 | 00:02:15 | 00:31:28 | 00:00:50 | 00:21:07 |
| 24  | LEWANDOWSKI TOMASZ    | 17  | RCI BYDGOSZCZ                        | BYDGOSZCZ      | POL | M30-39 | 00:13:42 | 00:02:45 | 00:32:31 | 00:00:53 | 00:20:56 |
| 25  | SKORECKI ALEKSANDER   | 160 | BYDGOSZCZ TRIATHLON TEAM             | BYDGOSZCZ      | POL | M18-29 | 00:13:57 | 00:02:37 | 00:32:07 | 00:00:45 | 00:22:04 |
| 26  | KOWALSKA ANGELIKA     | 63  | TRISPACE                             | PRZYLEKI       | POL | K30-39 | 00:14:08 | 00:02:33 | 00:33:30 | 00:00:48 | 00:23:06 |
| 27  | KĄŁEK ARTUR           | 77  | KLINIKA TRIATHLONU BYDGOSZCZ         | BYDGOSZCZ      | POL | M40-49 | 00:13:43 | 00:03:03 | 00:31:59 | 00:01:00 | 00:22:23 |
| 28  | TADZIK WOJCIECH       | 38  | TECHNIKA ZWYCIĘSTWA                  | BYDGOSZCZ      | POL | M30-39 | 00:13:55 | 00:02:57 | 00:34:39 | 00:00:49 | 00:21:36 |
| 29  | WŁÓDARCZAK AGATA      | 226 | TRISPACE                             | BYDGOSZCZ      | POL | K18-29 | 00:14:11 | 00:02:45 | 00:36:24 | 00:00:57 | 00:23:44 |
| 30  | HILLER-SZALA OSKAR    | 159 |                                      | BYDGOSZCZ      | UKR | M18-29 | 00:14:20 | 00:02:38 | 00:37:30 | 00:00:38 | 00:25:12 |
| 31  | PILIUKH MARHARYTA     | 76  | TRISPACE                             | BYDGOSZCZ      | UKR | K18-29 | 00:13:46 | 00:03:17 | 00:35:53 | 00:01:12 | 00:25:52 |
| 32  | ZIELIŃSKI MACIEJ      | 5   |                                      | BYDGOSZCZ      | POL | M30-39 | 00:14:39 | 00:02:25 | 00:30:26 | 00:00:51 | 00:25:13 |
| 33  | DERDA PIOTR           | 6   |                                      | BYDGOSZCZ      | POL | M18-29 | 00:14:21 | 00:02:44 | 00:32:35 | 00:01:27 | 00:21:57 |
| 34  | WAWRZYNIAK MICHAŁ     | 94  | SAN ESCOBAR TRIATHLON TEAM           | SOLEC KUJAWSKI | POL | M30-39 | 00:13:17 | 00:03:51 | 00:33:48 | 00:01:16 | 00:24:11 |
| 35  | BYRTEK GRZEGORZ       | 104 |                                      | BYDGOSZCZ      | POL | M40-49 | 00:13:24 | 00:03:45 | 00:37:08 | 00:00:47 | 00:29:41 |
| 36  | KRZEMINSKI ŁUKASZ     | 155 |                                      | BYDGOSZCZ      | POL | M30-39 | 00:13:32 | 00:03:38 | 00:33:31 | 00:01:46 | 00:25:26 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, 1 Fala c.d.**

| POS | Name and surname         | No. | Club                         | City             | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|--------------------------|-----|------------------------------|------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                          |     |                              |                  |     |        | 0.75km   |          | 20km     |          | 5km      |
| 37  | GRZYBOWSKI MACIEJ        | 92  | BYDGOSZCZ                    | BYDGOSZCZ        | POL | M30-39 | 00:13:58 | 00:03:15 | 00:34:39 | 00:00:56 | 00:22:17 |
| 38  | ŚLIWIŃSKI ŁUKASZ         | 136 | BOGMAR OSTROMECKO            | OSTROMECKO       | POL | M30-39 | 00:14:00 | 00:03:16 | 00:33:18 | 00:01:26 | 00:20:15 |
| 39  | JARZEMBOWICZ MACIEJ      | 177 | TRINERGY                     | PIASECZNO        | POL | M30-39 | 00:14:03 | 00:03:14 | 00:31:26 | 00:00:47 | 00:20:08 |
| 40  | BOCIAN ŁUKASZ            | 134 | BYDGOSZCZ TRIATHLON TEAM     | GDAŃSK           | POL | M30-39 | 00:13:24 | 00:03:54 | 00:34:05 | 00:01:24 | 00:25:06 |
| 41  | BENTKOWSKA NATALIA       | 179 | PRĄDOCIN                     | PRĄDOCIN         | POL | K18-29 | 00:14:08 | 00:03:23 | 00:35:55 | 00:01:33 | 00:22:12 |
| 42  | ZIELIŃSKI MICHAŁ         | 29  | HOLMES PLACE                 | WARSZAWA         | POL | M30-39 | 00:14:52 | 00:02:51 | 00:33:39 | 00:01:05 | 00:23:06 |
| 43  | NAGÓRSKA ELA             | 200 | TRISPACE                     | BYDGOSZCZ        | POL | K40-49 | 00:14:55 | 00:02:53 | 00:33:38 | 00:01:01 | 00:23:15 |
| 44  | MENDEL MAGDALENA         | 81  | TRISPACE                     | BYDGOSZCZ        | POL | K18-29 | 00:14:54 | 00:02:56 | 00:33:35 | 00:01:01 | 00:24:50 |
| 45  | BURANDT MAGDALENA        | 211 | 3LIFE TEAM                   | OLSZTYN          | POL | K30-39 | 00:14:55 | 00:02:56 | 00:33:49 | 00:00:46 | 00:22:57 |
| 46  | BARCZEWSKI KRZYSZTOF     | 41  | BYDGOSZCZ TRIATHLON TEAM     | NIEMCZ           | POL | M40-49 | 00:15:14 | 00:02:40 | 00:33:34 | 00:01:06 | 00:24:26 |
| 47  | DADO EMIL                | 25  | CUKIERNIA STAROPOLSKA        | BYDGOSZCZ        | PHI | M30-39 | 00:14:50 | 00:03:04 | 00:31:23 | 00:01:17 | 00:23:36 |
| 48  | OLENDER PAWEŁ            | 33  | CAR4PARTS MRAĞOWO            | WARSZAWA         | POL | M40-49 | 00:15:11 | 00:02:45 | 00:35:06 | 00:00:55 | 00:21:54 |
| 49  | WAŁĘZA HUBERT            | 11  | KANAŁOWA TEAM                | BYDGOSZCZ        | POL | M30-39 | 00:14:38 | 00:03:20 | 00:35:44 | 00:01:06 | 00:23:08 |
| 50  | ZADROŻNY KUBA            | 189 |                              | WARSZAWA         | POL | M40-49 | 00:14:04 | 00:03:58 | 00:54:04 | 00:00:43 | 00:25:53 |
| 51  | BINKOWSKI ADRIAN         | 153 | CB163/PROFESSIONALHR         | GZIN             | POL | M30-39 | 00:15:30 | 00:02:43 | 00:32:15 | 00:01:22 | 00:22:03 |
| 52  | DADEJ RAFAŁ              | 59  |                              | GDYNIA           | POL | M40-49 | 00:15:41 | 00:02:37 | 00:32:57 | 00:01:05 | 00:21:50 |
| 53  | NAWROCKI MARCIN          | 67  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M30-39 | 00:15:15 | 00:03:17 | 00:34:06 | 00:01:05 | 00:24:16 |
| 54  | SPRYSZYŃSKI MICHAŁ       | 114 | TRIRODZINKA                  | BYDGOSZCZ        | POL | M30-39 | 00:15:17 | 00:03:18 | 00:34:04 | 00:00:56 | 00:20:49 |
| 55  | KRÓL KAMILA              | 206 |                              | STARGARD         | POL | K30-39 | 00:15:39 | 00:02:58 | 00:49:38 | 00:00:45 | 00:27:36 |
| 56  | BRZEZIŃSKI ŁUKASZ        | 175 | AMS                          | BYDGOSZCZ        | POL | M18-29 | 00:15:59 | 00:02:52 | 00:33:59 | 00:01:07 | 00:25:31 |
| 57  | PIEKARSKI WOJTEK         | 21  | TMS BEHAPIEK                 | BYDGOSZCZ        | POL | M40-49 | 00:15:15 | 00:03:37 | 00:34:16 | 00:01:33 | 00:24:09 |
| 58  | RÓŻAŁSKA ALEKSANDRA      | 156 | ETT ELBLĄG TRIATHLON TEAM    | ELBLĄG           | POL | K40-49 | 00:15:44 | 00:03:09 | 00:37:57 | 00:01:15 | 00:24:44 |
| 59  | GRACZYK-GRZYBOWSKA IŁONA | 91  | ACTI-VIT                     | BYDGOSZCZ        | POL | K30-39 | 00:15:51 | 00:03:02 | 00:36:59 | 00:00:59 | 00:24:11 |
| 60  | TOMASZEWSKI MARCIN       | 124 | MAO BRAKOWAO                 | BYDGOSZCZ        | POL | M40-49 | 00:15:57 | 00:02:57 | 00:34:12 | 00:01:40 | 00:25:04 |
| 61  | KOPIŃSKA-KRÓL MAGDALENA  | 80  | TRISPACE                     | BYDGOSZCZ        | POL | K40-49 | 00:15:55 | 00:02:59 | 00:36:31 | 00:01:25 | 00:27:10 |
| 62  | KUBIAK SŁAWOMIR          | 50  | BYDGOSZCZ                    | BYDGOSZCZ        | POL | M40-49 | 00:15:46 | 00:03:10 | 00:33:48 | 00:01:03 | 00:21:49 |
| 63  | ŚWIĘCICKI WOJCIECH       | 32  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ        | POL | M40-49 | 00:16:02 | 00:02:59 | 00:31:28 | 00:01:00 | 00:20:55 |
| 64  | STRZELECKA OLA           | 227 | LPP TEAM                     | GDAŃSK           | POL | K18-29 | 00:16:23 | 00:02:39 | 00:36:24 | 00:00:55 | 00:26:23 |
| 65  | WADZIŃSKA PAULINA        | 229 | TRISPACE                     | BYDGOSZCZ        | POL | K30-39 | 00:16:19 | 00:02:44 | 00:32:53 | 00:00:59 | 00:21:10 |
| 66  | SANKOWSKA EWELINA        | 83  |                              | GDYNIA           | POL | K40-49 | 00:15:23 | 00:03:41 | 00:41:16 | 00:00:55 | 00:26:05 |
| 67  | JARZEMBOWICZ AGATA       | 4   | TRINERGY TEAM                | PIASECZNO        | POL | K30-39 | 00:15:52 | 00:03:14 | 00:34:56 | 00:01:31 | 00:23:17 |
| 68  | ZDOBYŁAK KRZYSZTOF       | 66  | ORKAMASTERS IŁAWA            | LUBAWA           | POL | M30-39 | 00:15:45 | 00:03:21 | 00:36:02 | 00:01:03 | 00:23:54 |
| 69  | FIEGEL WOJCIECH          | 221 | BYLE PRZED TEAM              | BYDGOSZCZ        | POL | M40-49 | 00:15:54 | 00:03:12 | 00:33:18 | 00:01:09 | 00:25:54 |
| 70  | GRACZYKOWSKI ANDRZEJ     | 99  | NADTO SIĘ JADŁO              | BYDGOSZCZ        | POL | M40-49 | 00:15:53 | 00:03:15 | 00:35:40 | 00:01:52 | 00:29:55 |
| 71  | FABROWSKI DAWID          | 35  | PRACOWNIAFIZJOTERAPII        | BYDGOSZCZ        | POL | M30-39 | 00:15:19 | 00:03:55 | 00:36:05 | 00:01:18 | 00:26:36 |
| 72  | ŚWINIARSKI PIOTR         | 163 | CIEPŁE BAMBOSZE              | BYDGOSZCZ        | POL | M30-39 | 00:15:20 | 00:03:58 | 00:36:59 | 00:02:07 | 00:28:54 |
| 73  | ŁOŚ DARIUSZ              | 228 | ZAMOŚĆ                       | ZAMOŚĆ           | POL | M60-69 | 00:16:46 | 00:02:37 | 00:38:36 | 00:01:20 | 00:26:38 |
| 74  | BORKOWSKA SYLWIA         | 14  |                              | CHEŁM            | POL | K30-39 | 00:15:38 | 00:03:53 | 00:42:01 | 00:01:01 | 00:29:52 |
| 75  | SMEJA MARCIN             | 56  |                              | MAKSYMILIANOWO   | POL | M40-49 | 00:16:01 | 00:03:37 | 00:34:16 | 00:02:04 | 00:27:16 |
| 76  | KOWALSKI MAREK           | 194 |                              | NIEMCZ           | POL | M40-49 | 00:15:07 | 00:04:33 | 00:38:00 | 00:01:06 | 00:23:42 |
| 77  | RASZLIŃSKA MARIOLA       | 125 |                              | BYDGOSZCZ        | POL | K40-49 | 00:16:30 | 00:03:15 | 00:36:50 | 00:01:04 | 00:24:44 |
| 78  | BURSZTYŃSKI TOMASZ       | 30  |                              | BORÓWNO          | POL | M30-39 | 00:17:22 | 00:02:29 | 00:37:31 | 00:00:35 | 00:28:58 |
| 79  | NOWAK KRZYSZTOF          | 75  | TRIBA BOSIR BARCIN           | BARCIN           | POL | M30-39 | 00:15:10 | 00:04:42 | 00:37:07 | 00:01:41 | 00:26:41 |
| 80  | ROLEWICZ MICHAŁ          | 86  | KLINIKA TRIATHLONU BYDGOSZCZ | ŚLIWICE          | POL | M18-29 | 00:17:03 | 00:02:49 | 00:31:39 | 00:00:49 | 00:20:28 |
| 81  | GRZENIA JACEK            | 209 | MJG INVESTMENT               | NIEMCZ           | POL | M40-49 | 00:14:37 | 00:05:18 | 00:32:41 | 00:02:11 | 00:26:49 |
| 82  | KUBIAK TOMASZ            | 212 | DOBR CZ BLEGA                | DOBR CZ          | POL | M50-59 | 00:16:27 | 00:03:34 | 00:36:56 | 00:01:15 | 00:33:24 |
| 83  | BAŁA ARTUR               | 16  |                              | BYDGOSZCZ        | POL | M30-39 | 00:16:44 | 00:03:18 | 00:33:42 | 00:01:21 | 00:24:43 |
| 84  | STRYCZYŃSKI MAREK        | 51  | TRISPACE                     | BYDGOSZCZ        | POL | M30-39 | 00:16:29 | 00:03:34 | 00:39:32 | 00:01:52 | 00:32:19 |
| 85  | ANTOSZEWSKI MATEUSZ      | 213 | ARRK                         | BYDGOSZCZ        | POL | M18-29 | 00:16:30 | 00:03:34 | 00:33:47 | 00:01:02 | 00:23:13 |
| 86  | JENERAŁSKI MACIEJ        | 72  | VSTEAM                       | KRUSZY KRAJEŃSKI | POL | M40-49 | 00:17:18 | 00:02:51 | 00:34:58 | 00:00:52 | 00:24:15 |
| 87  | MAZURKIEWICZ MICHAŁ      | 73  |                              | BYDGOSZCZ        | POL | M30-39 | 00:17:13 | 00:02:58 | 00:35:17 | 00:01:00 | 00:25:59 |
| 88  | LESZCZYŃSKI MARIUSZ      | 69  |                              | INOWROCLAW       | POL | M40-49 | 00:16:15 | 00:03:59 | 00:33:42 | 00:01:06 | 00:28:11 |
| 89  | NAGOW MICHAŁ             | 190 |                              | BYDGOSZCZ        | POL | M40-49 | 00:17:13 | 00:03:02 | 00:35:44 | 00:01:35 | 00:23:39 |
| 90  | SZAŁKOWSKI PIOTR         | 13  | DZIAŁKI TEAM                 | POZNAŃ           | POL | M18-29 | 00:16:40 | 00:03:42 | 00:34:47 | 00:01:15 | 00:24:41 |
| 91  | KWIATOŃ MICHAŁ           | 78  |                              | BYDGOSZCZ        | POL | M18-29 | 00:16:53 | 00:03:29 | 00:32:25 | 00:01:17 | 00:28:35 |
| 92  | BUDZIK IRENEUSZ          | 223 | BOZITA POLSKA                | BYDGOSZCZ POLAND | POL | M40-49 | 00:17:16 | 00:03:06 | 00:33:01 | 00:01:06 | 00:23:13 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, 1 Fala c.d.**

| POS | Name and surname      | No. | Club                     | City               | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|--------------------------|--------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                          |                    |     |        | 0.75km   |          | 20km     |          | 5km      |
| 93  | CHILEWSKI ARKADIUSZ   | 192 | CB163                    | STRZELCE GÓRNE     | POL | M40-49 | 00:15:42 | 00:04:42 | 00:34:30 | 00:01:27 | 00:23:53 |
| 94  | BETHKE SŁAWOMIR       | 150 | TRISPACE                 | BYDGOSZCZ          | POL | M18-29 | 00:17:17 | 00:03:08 | 00:31:13 | 00:01:02 | 00:21:58 |
| 95  | KWIATKOWSKI JAKUB     | 57  |                          | BYDGOSZCZ          | POL | M18-29 | 00:16:56 | 00:03:31 | 00:35:13 | 00:01:10 | 00:24:06 |
| 96  | WIŚNIEWSKI ARNOLD     | 219 |                          | BRAK               | POL | M40-49 | 00:16:58 | 00:03:29 | 00:33:31 | 00:00:50 | 00:22:53 |
| 97  | BARANOWICZ BARTOSZ    | 172 | GLOBART MEBLE            | BYDGOSZCZ          | POL | M30-39 | 00:15:47 | 00:04:46 | 00:37:49 | 00:01:24 | 00:28:19 |
| 98  | RAUT WIESŁAW          | 168 | TRISPACE                 | BYDGOSZCZ          | POL | M70-79 | 00:15:57 | 00:04:44 | 00:38:12 | 00:01:45 | 00:26:45 |
| 99  | KUŹMA WOJCIECH        | 84  |                          | BYDGOSZCZ          | POL | M50-59 | 00:16:40 | 00:04:02 | 00:35:10 | 00:01:02 | 00:25:11 |
| 100 | SOBCZYŃSKI MICHAŁ     | 185 |                          | BYDGOSZCZ          | POL | M30-39 | 00:16:50 | 00:03:53 | 00:36:01 | 00:01:18 | 00:25:35 |
| 101 | FRAĆKOWIAK MARTA      | 178 | TEAM AKTYWNI Z CUKRZYCĄ  | MYŚLECINEK         | POL | K30-39 | 00:16:59 | 00:03:50 | 00:36:35 | 00:01:34 | 00:26:43 |
| 102 | RAK MARKUS            | 135 | BYDGOSZCZ TRIATHLON TEAM | CIELE              | POL | M30-39 | 00:15:53 | 00:04:58 | 00:36:38 | 00:01:33 | 00:27:33 |
| 103 | PIC DAWID             | 120 |                          | OSIELSKO           | POL | M18-29 | 00:17:27 | 00:03:25 | 00:35:39 | 00:01:50 | 00:22:30 |
| 104 | KOWANDA SŁAWOMIR      | 8   | ORKAMASTERS ŁAWA         | LUBAWA             | POL | M40-49 | 00:16:38 | 00:04:14 | 00:38:45 | 00:01:38 | 00:35:10 |
| 105 | SZATKOWSKI MARCIN     | 2   |                          | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:02:55 | 00:36:42 | 00:00:53 | 00:23:47 |
| 106 | PUDŁO MARCIN          | 28  |                          | GDAŃSK             | POL | M30-39 | 00:17:04 | 00:03:51 | 00:35:07 | 00:01:41 | 00:24:50 |
| 107 | DOŁHUN ADAM           | 58  | RUN PASJA BYDGOSZCZ      | BYDGOSZCZ          | POL | M30-39 | 00:17:55 | 00:03:05 | 00:34:41 | 00:01:14 | 00:26:48 |
| 108 | BETLEJEWSKI SEBASTIAN | 149 | CINKA TEAM               | BYDGOSZCZ          | POL | M30-39 | 00:17:40 | 00:03:21 | 00:36:52 | 00:00:40 | 00:31:54 |
| 109 | GNIŁKA ANDRZEJ        | 117 | BRAK                     | BYDGOSZCZ          | POL | M40-49 | 00:17:44 | 00:03:19 | 00:39:13 | 00:00:50 | 00:29:22 |
| 110 | FRYZEWSKI MICHAŁ      | 171 | POWERHOUSE BYDGOSZCZ     | BYDGOSZCZ          | POL | M40-49 | 00:16:00 | 00:05:04 | 00:40:25 | 00:01:37 | 00:31:19 |
| 111 | GRUBICH ARKADIUSZ     | 142 | BRACIA DALTON            | NIEMCZ             | POL | M40-49 | 00:17:46 | 00:03:19 | 00:35:43 | 00:01:17 | 00:24:06 |
| 112 | KOPERA TOMI           | 82  |                          | BYDGOSZCZ          | POL | M30-39 | 00:17:06 | 00:03:59 | 00:37:24 | 00:00:43 | 00:29:22 |
| 113 | TACIAK DAWID          | 113 | ATOS                     | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:08 | 00:33:14 | 00:01:02 | 00:20:29 |
| 114 | STĘPSKA MAŁGOSIA      | 12  | K.T.O. Z KRAKOWA         | KRAKÓW             | POL | K40-49 | 00:17:37 | 00:03:30 | 00:34:27 | 00:01:16 | 00:25:51 |
| 115 | HETEL BEATA           | 174 |                          | BYDGOSZCZ          | POL | K30-39 | 00:17:26 | 00:03:42 | 00:38:40 | 00:01:26 | 00:30:06 |
| 116 | JARZEMSKI MARCIN      | 158 | BYDGOSZCZ TRIATHLON TEAM | BYDGOSZCZ          | POL | M30-39 | 00:18:00 | 00:03:09 | 00:34:38 | 00:01:15 | 00:28:06 |
| 117 | NOWAKOWSKI KRZYSZTOF  | 105 |                          | BYDGOSZCZ          | POL | M30-39 | 00:16:22 | 00:04:51 | 00:34:33 | 00:01:25 | 00:24:03 |
| 118 | DULEBA DARIUSZ        | 196 | NOKIA BYDGOSZCZ          | BYDGOSZCZ          | POL | M30-39 | 00:17:45 | 00:03:29 | 00:32:16 | 00:01:07 | 00:22:54 |
| 119 | OŻÓG JAKUB            | 139 |                          | BYDGOSZCZ          | POL | M30-39 | 00:16:51 | 00:04:26 | 00:37:10 | 00:01:35 | 00:26:13 |
| 120 | OSTOLSKA SYLWIA       | 64  |                          | SZCZECIN           | POL | K40-49 | 00:17:07 | 00:04:12 | 00:37:55 | 00:00:42 | 00:28:43 |
| 121 | WOŹNIAK TOMASZ        | 210 | TRIDEA                   | GDANSK             | POL | M40-49 | 00:17:31 | 00:03:50 | 00:35:23 | 00:02:10 | 00:20:47 |
| 122 | GRUBA JACEK           | 10  | BRZOZA                   | M50-59             | POL | M50-59 | 00:17:04 | 00:04:19 | 00:35:20 | 00:01:34 | 00:26:52 |
| 123 | MICHALCZUK KRZYSZTOF  | 43  |                          | WARSZAWA           | POL | M30-39 | 00:16:43 | 00:04:41 | 00:36:40 | 00:02:03 | 00:26:10 |
| 124 | PAWĘTA MARCIN         | 45  |                          | BYDGOSZCZ          | POL | M30-39 | 00:17:30 | 00:03:55 | 00:33:06 | 00:00:40 | 00:21:21 |
| 125 | URBAŃSKI PAWEŁ        | 169 |                          | BYDGOSZCZ          | POL | M18-29 | 00:17:06 | 00:04:20 | 00:43:48 | 00:00:51 | 00:29:02 |
| 126 | SZUKAJ KAROL          | 15  | KANAŁOWA TEAM            | BYDGOSZCZ          | POL | M30-39 | 00:17:50 | 00:03:37 | 00:37:32 | 00:00:51 | 00:25:53 |
| 127 | DĘBIEC ANDRZEJ        | 123 |                          | NIEMCZ             | POL | M30-39 | 00:18:01 | 00:03:28 | 00:35:58 | 00:01:09 | 00:27:24 |
| 128 | WOŹNIAK ANNA          | 106 |                          | BYDGOSZCZ          | POL | K30-39 | 00:17:39 | 00:03:56 | 00:33:56 | 00:01:32 | 00:25:18 |
| 129 | GILL DANIEL           | 122 | BOGMAR                   | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:38 | 00:37:52 | 00:01:01 | 00:24:49 |
| 130 | LICZNIERSKA ALINA     | 126 |                          | PLENISKA           |     | K30-39 | 00:18:50 | 00:02:48 | 00:38:52 | 00:01:11 | 00:23:41 |
| 131 | KOSIŃSKI ROBERT       | 141 | NOKIA BYDGOSZCZ          | PAKOŚĆ             | POL | M30-39 | 00:17:59 | 00:03:42 | 00:36:07 | 00:01:28 | 00:31:46 |
| 132 | WOLSKI TOMASZ         | 164 | BYDGOSZCZ TRIATHLON TEAM | OSIELSKO           | POL | M18-29 | 00:18:49 | 00:02:55 | 00:36:42 | 00:01:17 | 00:24:42 |
| 133 | PODLEWSKA MICHALINA   | 90  |                          | UNISŁAW            | POL | K18-29 | 00:17:39 | 00:04:06 | 00:36:34 | 00:00:47 | 00:27:29 |
| 134 | DAMSKI BARTEK         | 22  |                          | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:03:46 | 00:38:04 | 00:01:39 | 00:25:51 |
| 135 | ŚWINIARSKA EWA        | 52  |                          | ALEKSANDRÓW ŁÓDZKI | POL | K30-39 | 00:18:06 | 00:03:47 | 00:33:44 | 00:01:49 | 00:27:56 |
| 136 | RÓŻAŃSKA JOWANKA      | 116 | BYDGOSZCZ TRIATHLON TEAM | BYDGOSZCZ          | POL | K40-49 | 00:18:32 | 00:03:23 | 00:38:02 | 00:01:37 | 00:36:13 |
| 137 | WERNER MICHAŁ         | 23  | GARDENFLORA MTB TEAM     | BYDGOSZCZ          | POL | M18-29 | 00:17:55 | 00:04:00 | 00:37:21 | 00:00:48 | 00:23:45 |
| 138 | BIEDZIAK PIOTR        | 98  | KANAŁOWA TEAM            | BYDGOSZCZ          | POL | M30-39 | 00:17:26 | 00:04:34 | 00:36:24 | 00:01:42 | 00:25:33 |
| 139 | KUTKA SZYMON          | 132 | RUN4FUN                  | BYDGOSZCZ          | POL | M30-39 | 00:17:54 | 00:04:09 | 00:34:41 | 00:01:27 | 00:26:01 |
| 140 | NOWICKI SŁAWOMIR      | 145 |                          | BYDGOSZCZ          | POL | M30-39 | 00:18:07 | 00:03:58 | 00:37:35 | 00:01:15 | 00:26:07 |
| 141 | KRUSZYŃSKA ANNA       | 7   | ORKAMASTERS ŁAWA         | LUBAWA             | POL | K40-49 | 00:18:18 | 00:03:50 | 00:40:40 | 00:01:43 | 00:32:43 |
| 142 | GOŁATA WOJCIECH       | 102 | WILCZA WATAHA            | DĄBROWA CHEŁMIŃSKA | POL | M30-39 | 00:17:56 | 00:04:14 | 00:35:20 | 00:00:55 | 00:21:55 |
| 143 | WOJDOWSKA MAGDALENA   | 186 |                          | MARKI              | POL | K18-29 | 00:17:59 | 00:04:16 | 00:42:17 | 00:02:30 | 00:38:15 |
| 144 | WĘGRZYŃSKA MONIKA     | 103 |                          | BYDGOSZCZ          | POL | K40-49 | 00:18:54 | 00:03:27 | 00:36:02 | 00:01:35 | 00:29:46 |
| 145 | HRYNIEWICZ AGNIESZKA  | 218 |                          | BRAK               | POL | K30-39 | 00:18:09 | 00:04:16 | 00:39:22 | 00:01:01 | 00:27:09 |
| 146 | MAGDZIARZ KATARZYNA   | 100 | KANCELARIA HMM           | BYDGOSZCZ          | POL | K30-39 | 00:18:41 | 00:03:47 | 00:38:40 | 00:01:53 | 00:25:58 |
| 147 | KWIATOŃ AGATA         | 42  | ----                     | WARSZAWA           | POL | K18-29 | 00:18:00 | 00:04:28 | 00:38:30 | 00:00:48 | 00:23:36 |
| 148 | ŚCIBAK WOJCIECH       | 119 | JFTC SU                  | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:04:27 | 00:42:23 | 00:00:56 | 00:23:10 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, 1 Fala c.d.**

| POS | Name and surname           | No. | Club                              | City                | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|----------------------------|-----|-----------------------------------|---------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                            |     |                                   |                     |     |        | 0.75km   |          | 20km     |          | 5km      |
| 149 | BYRZYKOWSKI WOJCIECH       | 44  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:41 | 00:03:49 | 00:37:03 | 00:00:54 | 00:27:44 |
| 150 | MICHALAK ROBERT            | 147 | GORDON RUN                        | BYDGOSZCZ           | POL | M30-39 | 00:18:03 | 00:04:28 | 00:36:03 | 00:01:56 | 00:26:47 |
| 151 | WROBEL MATEUSZ             | 138 |                                   | FABIANKI            | POL | M18-29 | 00:19:49 | 00:02:43 | 00:33:26 | 00:00:33 | 00:23:38 |
| 152 | CIESIELSKA SYLWIA          | 62  | WARSAW MASTERS TEAM               | WARSAWA             | POL | K18-29 | 00:17:51 | 00:04:46 | 00:38:09 | 00:01:30 | 00:29:58 |
| 153 | OSAK PAWEŁ                 | 1   |                                   | BYDGOSZCZ           | POL | M30-39 | 00:18:35 | 00:04:07 | 00:37:43 | 00:01:29 | 00:29:01 |
| 154 | TOMASZEK SEBASTIAN         | 85  | KLINIKA TRIATHLONU BYDGOSZCZ      | BYDGOSZCZ           | POL | M30-39 | 00:18:11 | 00:04:39 | 00:36:30 | 00:01:48 | 00:27:44 |
| 155 | JĘDRYCZKA AGNIESZKA        | 170 |                                   | OSIELSKO            | POL | K40-49 | 00:19:44 | 00:03:07 | 00:39:26 | 00:01:54 | 00:31:00 |
| 156 | URBAN RAFAŁ                | 217 |                                   | BUCZEK              | POL | M30-39 | 00:19:23 | 00:03:29 | 00:36:31 | 00:01:10 | 00:24:12 |
| 157 | TURNO SZYMON               | 151 | TURBO TEAM                        | UNISŁAW             | POL | M40-49 | 00:18:49 | 00:04:03 | 00:36:53 | 00:00:55 | 00:27:50 |
| 158 | POPEK MACIEJ               | 144 | ANETA TEAM                        | WŁOCLAWEK           | POL | M40-49 | 00:19:24 | 00:03:30 | 00:37:58 | 00:00:51 | 00:24:39 |
| 159 | SPRYSZYŃSKA MAGDALENA      | 115 | TRIRODZINKA                       | BYDGOSZCZ           | POL | K30-39 | 00:19:46 | 00:03:11 | 00:38:41 | 00:01:03 | 00:26:02 |
| 160 | JURECKA EWA                | 152 |                                   | JABŁONOWO POMORSKIE | POL | K50-59 | 00:19:09 | 00:03:52 | 00:40:47 | 00:01:56 | 00:30:48 |
| 161 | SIUDA MAREK                | 39  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:02 | 00:05:00 | 00:34:07 | 00:01:32 | 00:26:24 |
| 162 | POLIWDZIŃSKI MICHAŁ        | 97  | KS WISEŁKA BYDGOSZCZ-FORDON       | BYDGOSZCZ           | POL | M30-39 | 00:18:17 | 00:04:46 | 00:39:11 | 00:00:48 | 00:25:15 |
| 163 | RUTKOWSKA VIRGINIA         | 48  | ATOS/KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ           | POL | K30-39 | 00:18:15 | 00:04:50 | 00:39:13 | 00:01:30 | 00:30:31 |
| 164 | STACHOWIAK SEBASTIAN       | 74  | -                                 | SWARZEDZ            | POL | M40-49 | 00:18:53 | 00:04:13 | 00:34:22 | 00:01:42 | 00:30:57 |
| 165 | KRUCZKOWSKA - LASSAK ANITA | 26  |                                   | BYDGOSZCZ           | POL | K30-39 | 00:19:48 | 00:03:20 | 00:38:08 | 00:01:03 | 00:24:36 |
| 166 | KRUSZKA ŁUKASZ             | 70  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:35 | 00:04:33 | 00:37:21 | 00:01:25 | 00:22:38 |
| 167 | PINCZEWSKI ROBERT          | 96  | WARZELNIA LEJMIZA                 | SOLEC KUJAWSKI      | POL | M40-49 | 00:19:00 | 00:04:10 | 00:36:40 | 00:01:47 | 00:33:15 |
| 168 | ZATORSKI ROBERT            | 197 | SWIM2TRI                          | WARSAWA             | POL | M40-49 | 00:18:30 | 00:04:42 | 00:34:15 | 00:01:33 | 00:25:15 |
| 169 | CZAPIEWSKI KRZYSZTOF       | 193 |                                   | WARSAWA             | POL | M30-39 | 00:17:57 | 00:05:16 | 00:37:10 | 00:01:24 | 00:23:59 |
| 170 | SUCHODOLSKA AGNIESZKA      | 157 |                                   | ŻOŁĘDOWO            | POL | K40-49 | 00:19:54 | 00:03:30 | 00:44:04 | 00:00:58 | 00:30:30 |
| 171 | SZYCHOWSKI JAROSŁAW        | 3   | TKKF KOLEJARZ BYDGOSZCZ           | SICIENKO            | POL | M30-39 | 00:19:35 | 00:03:51 | 00:32:04 | 00:01:23 | 00:20:15 |
| 172 | CICHY ADAM                 | 131 | RUN4FUN                           | BYDGOSZCZ           | POL | M30-39 | 00:20:03 | 00:03:26 | 00:34:43 | 00:00:47 | 00:26:07 |
| 173 | KAMIŃSKA AGNIESZKA         | 93  | SAN ESCOBAR TRIATHLON TEAM        | BYDGOSZCZ           | POL | K40-49 | 00:18:47 | 00:04:48 | 00:37:30 | 00:01:29 | 00:27:54 |
| 174 | KATA MARTA                 | 224 | WITC                              | WARSAWA             | POL | K18-29 | 00:19:46 | 00:03:51 | 00:39:14 | 00:01:58 | 00:29:50 |
| 175 | BUŁKA RAFAŁ                | 195 |                                   | NIEMCZ              | POL | M40-49 | 00:18:42 | 00:04:56 | 00:37:01 | 00:01:58 | 00:32:08 |
| 176 | DOMEK ALEKSANDER           | 183 |                                   | BYDGOSZCZ           | POL | M30-39 | 00:19:09 | 00:04:33 | 00:41:07 | 00:02:14 | 00:25:30 |
| 177 | BUGALSKI WOJCIECH          | 68  |                                   | BYDGOSZCZ           | POL | M40-49 | 00:20:23 | 00:03:22 | 00:39:12 | 00:01:00 | 00:26:06 |
| 178 | SKRZYŃNIAK HUBERT          | 133 | INDYVIAL TEAM                     | ŁOCHOWO             | POL | M30-39 | 00:18:58 | 00:04:47 | 00:37:12 | 00:01:49 | 00:29:34 |
| 179 | BILSKA MAGDALENA           | 27  |                                   | GDAŃSK              | POL | K30-39 | 00:19:45 | 00:04:08 | 00:41:01 | 00:01:40 | 00:28:34 |
| 180 | KUBALEWSKI PAWEŁ           | 79  |                                   | BYDGOSZCZ           | POL | M18-29 | 00:18:44 | 00:05:09 | 00:38:33 | 00:01:50 | 00:27:57 |
| 181 | ŁUKASIEWICZ KRZYSZTOF      | 140 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:18:03 | 00:05:52 | 00:43:07 | 00:01:15 | 00:30:33 |
| 182 | CHMIEL DOROTA              | 34  | PTT DELTA                         | DZIERŻAZNA          | POL | K50-59 | 00:19:02 | 00:05:05 | 00:45:44 | 00:01:10 | 00:40:06 |
| 183 | KLISZEWSKI DAMIAN          | 220 | NOKIA                             | BYDGOSZCZ           | POL | M40-49 | 00:18:53 | 00:05:17 | 00:35:15 | 00:01:56 | 00:23:51 |
| 184 | SKIERA KRZYSZTOF           | 87  | KLINIKA TRIATHLONU BYDGOSZCZ      | BYDGOSZCZ           | POL | M40-49 | 00:20:35 | 00:03:39 | 00:35:19 | 00:01:30 | 00:25:16 |
| 185 | RYMARKIEWICZ MAŁGORZATA    | 101 |                                   | BYDGOSZCZ           | POL | K30-39 | 00:21:22 | 00:03:01 | 00:37:06 | 00:00:53 | 00:24:17 |
| 186 | MAJEWSKA KAROLINA          | 198 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:20:13 | 00:04:11 | 00:41:44 | 00:02:23 | 00:31:50 |
| 187 | KACZMAREK AGNIESZKA        | 173 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:19:50 | 00:04:42 | 00:41:52 | 00:01:20 | 00:35:51 |
| 188 | KOCZOROWSKA KAMILA         | 180 | KAMKOC                            | BYDGOSZCZ           | POL | K30-39 | 00:20:57 | 00:03:53 | 00:49:41 | 00:01:05 | 00:37:08 |
| 189 | KANOWNIK MICHAŁ            | 31  |                                   | WARSAWA             | POL | M40-49 | 00:19:54 | 00:05:06 | 00:41:01 | 00:02:08 | 00:27:06 |
| 190 | HAC MONIKA                 | 128 |                                   | ŁÓDŹ                | POL | K40-49 | 00:20:38 | 00:04:26 | 00:44:49 | 00:01:35 | 00:29:59 |
| 191 | MARCINKIEWICZ PIOTR        | 112 |                                   | BYDGOSZCZ           | POL | M40-49 | 00:19:20 | 00:05:49 | 00:41:40 | 00:01:29 | 00:28:01 |
| 192 | KAPEŁA JACEK               | 108 | KS WISEŁKA BYDGOSZCZ-FORDON       | BYDGOSZCZ           | POL | M40-49 | 00:20:58 | 00:04:17 | 00:39:49 | 00:00:42 | 00:28:57 |
| 193 | APPELT AGNIESZKA           | 110 |                                   | BYDGOSZCZ           | POL | K40-49 | 00:22:03 | 00:03:14 | 00:45:53 | 00:01:13 | 00:34:08 |
| 194 | PACZKOWSKI MIROŚŁAW        | 9   | CB 163                            | BYDGOSZCZ           | POL | M40-49 | 00:19:34 | 00:05:47 | 00:38:19 | 00:01:53 | 00:24:55 |
| 195 | TOMASZEWSKI MARCIN         | 187 |                                   | ŁOCHOWICE           | POL | M40-49 | 00:21:35 | 00:03:50 | 00:39:39 | 00:01:05 | 00:22:55 |
| 196 | KUBALEWSKA GRAŻYNA         | 182 |                                   | BYDGOSZCZ           | POL | K50-59 | 00:21:47 | 00:04:21 | 00:48:49 | 00:01:26 | 00:36:06 |
| 197 | LEWANDOWSKI JANUSZ         | 207 |                                   | TARNOWSKIE GÓRY     | POL | M40-49 | 00:21:50 | 00:04:22 | 00:38:35 | 00:01:59 | 00:25:27 |
| 198 | SZABO-MOSKAL JADWIGA       | 167 |                                   | BORÓWNO             | POL | K50-59 | 00:21:47 | 00:04:27 | 00:48:03 | 00:00:55 | 00:32:17 |
| 199 | BETKA MARTA                | 176 |                                   | DOBR CZ             | POL | K30-39 | 00:21:49 | 00:04:49 | 00:51:12 | 00:01:12 | 00:33:26 |
| 200 | HOFFMANN MICHAŁ            | 111 |                                   | TORUŃ               | POL | M40-49 | 00:21:43 | 00:05:06 | 00:48:59 | 00:01:06 | 00:34:24 |
| 201 | BINKOWSKI CZAREK           | 199 | BOGMAR OSTROMECKO                 | OSTROM              | POL | M40-49 | 00:21:33 | 00:05:50 | 00:38:48 | 00:02:48 | 00:26:50 |
| 202 | BRAC-WALCZYK MAŁGORZATA    | 36  | AKADEMIA BIEGANIA GRUDZIĄDZ       | DOLNA GRUPA         | POL | K60-69 | 00:22:48 | 00:04:36 | 00:46:04 | 00:01:14 | 00:34:58 |
| 203 | HACHAJ DAWID               | 154 | HACHAJ TEAM                       | LISEWO              | POL | M30-39 | 00:20:46 | 00:06:39 | 00:39:51 | 00:00:56 | 00:31:51 |
| 204 | BILSKI MARCIN              | 95  |                                   | BYDGOSZCZ           | POL | M30-39 | 00:24:08 | 00:03:35 | 00:37:06 | 00:01:27 | 00:25:58 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, 1 Fala c.d.**

| POS | Name and surname       | No. | Club                         | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |          |
|-----|------------------------|-----|------------------------------|-----------|-----|--------|----------|----------|----------|----------|----------|----------|
|     |                        |     |                              |           |     |        | 0.75km   |          | 20km     |          | 5km      |          |
| 205 | STRUGAŁA LIDIA         | 121 |                              | BYDGOSZCZ | POL | K40-49 | 00:22:20 | 00:05:43 | 00:44:42 | 00:00:51 | 00:30:13 |          |
| 206 | OSTRZYCKI SŁAWOMIR     | 130 |                              | BYDGOSZCZ | POL | M18-29 | 00:25:23 | 00:02:46 | 00:37:05 | 00:01:09 | 00:25:34 |          |
| 207 | JAROSIK AGNIESZKA      | 65  | FITLAMY                      | RZEPIN    | POL | K18-29 | 00:25:41 | 00:03:38 | 00:46:32 | 00:00:41 | 00:27:58 |          |
| 208 | SZATKOWSKA KAROLINA    | 109 |                              | BYDGOSZCZ | POL | K30-39 | 00:26:15 | 00:03:11 | 00:43:19 | 00:00:36 | 00:25:46 |          |
| 209 | JODKOWSKI RAFAŁ        | 107 |                              | BYDGOSZCZ | POL | M18-29 | 00:25:26 | 00:04:59 | 00:46:49 | 00:01:44 | 00:32:02 |          |
| 210 | JAGODZIŃSKI LESZEK     | 191 |                              | BYDGOSZCZ | POL | M40-49 | 00:26:58 | 00:04:08 | 00:41:37 | 00:01:46 | 00:29:23 |          |
| 211 | NOSKOWIAK-BAJNO ALICJA | 165 |                              | BORÓWNO   | POL | K30-39 | 00:28:06 | 00:05:17 | 00:51:00 | 00:01:28 | 00:41:15 |          |
| 212 | KLUZ SŁAWOMIR          | 166 |                              | BYDGOSZCZ | POL | M40-49 | 00:26:26 | 00:06:59 | 00:40:55 | 00:01:56 | 00:29:42 |          |
| 213 | BŁASZKIEWICZ MARZENA   | 162 |                              | BORÓWNO   | POL | K40-49 | 00:26:05 | 00:07:20 | 00:51:04 | 00:01:22 | 00:41:15 |          |
| 214 | SOBCZAK KRZYSZTOF      | 88  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M30-39 | 00:27:35 | 00:07:13 | 00:44:58 | 00:02:15 | 00:26:55 |          |
|     | CHMIELEWSKI TOMASZ     | 60  | AGAMED BYDGOSZCZ TRIATHLON   | BYDGOSZCZ | POL | M50-59 | 00:14:46 | DNF      | 00:02:08 | 00:33:53 | 00:01:36 | 00:00:00 |
|     | GOŁĘBIEWSKI MARCIN     | 188 | #BIEGAMIZBIERAM              | WARSZAWA  | POL | M30-39 | DNF      | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |          |
|     | WALESIAK MIKOŁAJ       | 214 | KTS IRONMAN                  | SUSZ      | POL | M40-49 | DNF      | 00:00:00 | 00:00:00 | 01:46:09 | 00:00:00 |          |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, K18-29**

| POS | Name and surname    | No. | Club                | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|---------------------|-----|---------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                     |     |                     |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | WŁÓDARCZAK AGATA    | 226 | TRISPACE            | BYDGOSZCZ | POL | K18-29 | 00:14:11 | 00:02:45 | 00:36:24 | 00:00:57 | 00:23:44 |
| 2   | PILIUKH MARHARYTA   | 76  | TRISPACE            | BYDGOSZCZ | UKR | K18-29 | 00:13:46 | 00:03:17 | 00:35:53 | 00:01:12 | 00:25:52 |
| 3   | BENTKOWSKA NATALIA  | 179 |                     | PRĄDOCIN  | POL | K18-29 | 00:14:08 | 00:03:23 | 00:35:55 | 00:01:33 | 00:22:12 |
| 4   | MENDEL MAGDALENA    | 81  | TRISPACE            | BYDGOSZCZ | POL | K18-29 | 00:14:54 | 00:02:56 | 00:33:35 | 00:01:01 | 00:24:50 |
| 5   | STRZELECKA OLA      | 227 | LPP TEAM            | GDAŃSK    | POL | K18-29 | 00:16:23 | 00:02:39 | 00:36:24 | 00:00:55 | 00:26:23 |
| 6   | PODLEWSKA MICHALINA | 90  |                     | UNISŁAW   | POL | K18-29 | 00:17:39 | 00:04:06 | 00:36:34 | 00:00:47 | 00:27:29 |
| 7   | WOJDOWSKA MAGDALENA | 186 |                     | MARKI     | POL | K18-29 | 00:17:59 | 00:04:16 | 00:42:17 | 00:02:30 | 00:38:15 |
| 8   | KWIATOŃ AGATA       | 42  | ----                | WARSZAWA  | POL | K18-29 | 00:18:00 | 00:04:28 | 00:38:30 | 00:00:48 | 00:23:36 |
| 9   | CIESIELSKA SYLWIA   | 62  | WARSAW MASTERS TEAM | WARSZAWA  | POL | K18-29 | 00:17:51 | 00:04:46 | 00:38:09 | 00:01:30 | 00:29:58 |
| 10  | KATA MARTA          | 224 | WITC                | WARSZAWA  | POL | K18-29 | 00:19:46 | 00:03:51 | 00:39:14 | 00:01:58 | 00:29:50 |
| 11  | JAROSIK AGNIESZKA   | 65  | FITLAMY             | RZEPIN    | POL | K18-29 | 00:25:41 | 00:03:38 | 00:46:32 | 00:00:41 | 00:27:58 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M18-29**

| POS | Name and surname       | No. | Club                         | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|------------------------|-----|------------------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                        |     |                              |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | MAAS OLIVER            | 40  | SOPREMA TSV TEAM MANN        |           | GER | M18-29 | 00:11:45 | 00:02:43 | 00:33:59 | 00:01:08 | 00:19:21 |
| 2   | ZAKRZEWSKI SZYMON      | 148 | MOGILNO TEAM                 | STAWISKA  | POL | M18-29 | 00:13:25 | 00:02:14 | 00:30:02 | 00:00:44 | 00:19:36 |
| 3   | GÓRSKI ANDRZEJ         | 61  | ORKAMASTERS IŁAWA            | LUBAWA    | POL | M18-29 | 00:12:54 | 00:02:52 | 00:34:36 | 00:00:57 | 00:21:40 |
| 4   | KOZBIAKOWSKI KLAUDIUSZ | 205 | TRISPACE                     | BYDGOSZCZ | POL | M18-29 | 00:13:30 | 00:02:23 | 00:32:49 | 00:01:08 | 00:21:27 |
| 5   | BASIŃSKI ŁUKASZ        | 143 | OLIMPIASPORT.PL              | BYDGOSZCZ | POL | M18-29 | 00:14:05 | 00:02:15 | 00:31:28 | 00:00:50 | 00:21:07 |
| 6   | SKORECKI ALEKSANDER    | 160 | BYDGOSZCZ TRIATHLON TEAM     | BYDGOSZCZ | POL | M18-29 | 00:13:57 | 00:02:37 | 00:32:07 | 00:00:45 | 00:22:04 |
| 7   | HILLER-SZALA OSKAR     | 159 |                              | BYDGOSZCZ | POL | M18-29 | 00:14:20 | 00:02:38 | 00:37:30 | 00:00:38 | 00:25:12 |
| 8   | DERDA PIOTR            | 6   |                              | BYDGOSZCZ | POL | M18-29 | 00:14:21 | 00:02:44 | 00:32:35 | 00:01:27 | 00:21:57 |
| 9   | BRZEZIŃSKI ŁUKASZ      | 175 | AMS                          | BYDGOSZCZ | POL | M18-29 | 00:15:59 | 00:02:52 | 00:33:59 | 00:01:07 | 00:25:31 |
| 10  | ROLEWICZ MICHAŁ        | 86  | KLINIKA TRIATHLONU BYDGOSZCZ | ŚLIWICE   | POL | M18-29 | 00:17:03 | 00:02:49 | 00:31:39 | 00:00:49 | 00:20:28 |
| 11  | ANTOSZEWSKI MATEUSZ    | 213 | ARRK                         | BYDGOSZCZ | POL | M18-29 | 00:16:30 | 00:03:34 | 00:33:47 | 00:01:02 | 00:23:13 |
| 12  | SZAŁKOWSKI PIOTR       | 13  | DZIAŁKI TEAM                 | POZNAŃ    | POL | M18-29 | 00:16:40 | 00:03:42 | 00:34:47 | 00:01:15 | 00:24:41 |
| 13  | KWIATOŃ MICHAŁ         | 78  |                              | BYDGOSZCZ | POL | M18-29 | 00:16:53 | 00:03:29 | 00:32:25 | 00:01:17 | 00:28:35 |
| 14  | BETHKE SŁAWOMIR        | 150 | TRISPACE                     | BYDGOSZCZ | POL | M18-29 | 00:17:17 | 00:03:08 | 00:31:13 | 00:01:02 | 00:21:58 |
| 15  | KWIATKOWSKI JAKUB      | 57  |                              | BYDGOSZCZ | POL | M18-29 | 00:16:56 | 00:03:31 | 00:35:13 | 00:01:10 | 00:24:06 |
| 16  | PIC DAWID              | 120 |                              | OSIELSKO  | POL | M18-29 | 00:17:27 | 00:03:25 | 00:35:39 | 00:01:50 | 00:25:30 |
| 17  | URBAŃSKI PAWEŁ         | 169 |                              | BYDGOSZCZ | POL | M18-29 | 00:17:06 | 00:04:20 | 00:43:48 | 00:00:51 | 00:29:02 |
| 18  | WOLSKI TOMASZ          | 164 | BYDGOSZCZ TRIATHLON TEAM     | OSIELSKO  | POL | M18-29 | 00:18:49 | 00:02:55 | 00:36:42 | 00:01:17 | 00:24:42 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M18-29 c.d.**

| POS | Name and surname   | No. | Club                 | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|--------------------|-----|----------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                    |     |                      |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 19  | WERNER MICHAŁ      | 23  | GARDENFLORA MTB TEAM | BYDGOSZCZ | POL | M18-29 | 00:17:55 | 00:04:00 | 00:37:21 | 00:00:48 | 00:23:45 |
| 20  | WROBEL MATEUSZ     | 138 |                      | FABIANKI  | POL | M18-29 | 00:19:49 | 00:02:43 | 00:33:26 | 00:00:33 | 00:23:38 |
| 21  | KUBALEWSKI PAWEŁ   | 79  |                      | BYDGOSZCZ | POL | M18-29 | 00:18:44 | 00:05:09 | 00:38:33 | 00:01:50 | 00:27:57 |
| 22  | OSTRZYCKI SŁAWOMIR | 130 |                      | BYDGOSZCZ | POL | M18-29 | 00:25:23 | 00:02:46 | 00:37:05 | 00:01:09 | 00:25:34 |
| 23  | JODKOWSKI RAFAŁ    | 107 |                      | BYDGOSZCZ | POL | M18-29 | 00:25:26 | 00:04:59 | 00:46:49 | 00:01:44 | 00:32:02 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, K30-39**

| POS | Name and surname           | No. | Club                              | City               | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|----------------------------|-----|-----------------------------------|--------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                            |     |                                   |                    |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | MAKSYMIOUK MARTA           | 47  | ETT- ELBLĄG TRIATHLON TEAM        | ELBLĄG             | POL | K30-39 | 00:13:13 | 00:02:15 | 00:32:26 | 00:00:52 | 00:20:55 |
| 2   | KOWALSKA ANGELIKA          | 63  | TRISPACE                          | PRZYLEKI           | POL | K30-39 | 00:14:08 | 00:02:33 | 00:33:30 | 00:00:48 | 00:23:06 |
| 3   | BURANDT MAGDALENA          | 211 | 3LIFE TEAM                        | OLSZTYN            | POL | K30-39 | 00:14:55 | 00:02:56 | 00:33:49 | 00:00:46 | 00:22:57 |
| 4   | KRÓL KAMILA                | 206 |                                   | STARGARD           | POL | K30-39 | 00:15:39 | 00:02:58 | 00:49:38 | 00:00:45 | 00:27:36 |
| 5   | GRACZYK-GRZYBOWSKA ILONA   | 91  | ACTI-VIT                          | BYDGOSZCZ          | POL | K30-39 | 00:15:51 | 00:03:02 | 00:36:59 | 00:00:59 | 00:24:11 |
| 6   | WADZIŃSKA PAULINA          | 229 | TRISPACE                          | BYDGOSZCZ          | POL | K30-39 | 00:16:19 | 00:02:44 | 00:32:53 | 00:00:59 | 00:21:10 |
| 7   | JARZEMBOWICZ AGATA         | 4   | TRINERGY TEAM                     | PIASECZNO          | POL | K30-39 | 00:15:52 | 00:03:14 | 00:34:56 | 00:01:31 | 00:23:17 |
| 8   | BORKOWSKA SYLWIA           | 14  |                                   | CHEŁM              | POL | K30-39 | 00:15:38 | 00:03:53 | 00:42:01 | 00:01:01 | 00:29:52 |
| 9   | FRĄCZKOWIAK MARTA          | 178 | TEAM AKTYWNI Z CUKRZYCĄ           | MYŚLECINEK         | POL | K30-39 | 00:16:59 | 00:03:50 | 00:36:35 | 00:01:34 | 00:26:43 |
| 10  | HETEL BEATA                | 174 |                                   | BYDGOSZCZ          | POL | K30-39 | 00:17:26 | 00:03:42 | 00:38:40 | 00:01:26 | 00:30:06 |
| 11  | WOŹNIAK ANNA               | 106 |                                   | BYDGOSZCZ          | POL | K30-39 | 00:17:39 | 00:03:56 | 00:33:56 | 00:01:32 | 00:25:18 |
| 12  | LICZNIERSKA ALINA          | 126 |                                   | PLENISKA           |     | K30-39 | 00:18:50 | 00:02:48 | 00:38:52 | 00:01:11 | 00:23:41 |
| 13  | ŚWINIARSKA EWA             | 52  |                                   | ALEKSANDRÓW ŁÓDZKI | POL | K30-39 | 00:18:06 | 00:03:47 | 00:33:44 | 00:01:49 | 00:27:56 |
| 14  | HRYNIEWICZ AGNIESZKA       | 218 |                                   | BRAK               | POL | K30-39 | 00:18:09 | 00:04:16 | 00:39:22 | 00:01:01 | 00:27:09 |
| 15  | MAGDZIARZ KATARZYNA        | 100 | KANCELARIA HMM                    | BYDGOSZCZ          | POL | K30-39 | 00:18:41 | 00:03:47 | 00:38:40 | 00:01:53 | 00:25:58 |
| 16  | SPRYSZYŃSKA MAGDALENA      | 115 | TRIRODZINKA                       | BYDGOSZCZ          | POL | K30-39 | 00:19:46 | 00:03:11 | 00:38:41 | 00:01:03 | 00:26:02 |
| 17  | RUTKOWSKA VIRGINIA         | 48  | ATOS/KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ          | POL | K30-39 | 00:18:15 | 00:04:50 | 00:39:13 | 00:01:30 | 00:30:31 |
| 18  | KRUCZKOWSKA - LASSAK ANITA | 26  |                                   | BYDGOSZCZ          | POL | K30-39 | 00:19:48 | 00:03:20 | 00:38:08 | 00:01:03 | 00:24:36 |
| 19  | BILSKA MAGDALENA           | 27  |                                   | GDAŃSK             | POL | K30-39 | 00:19:45 | 00:04:08 | 00:41:01 | 00:01:40 | 00:28:34 |
| 20  | RYMARKIEWICZ MAŁGORZATA    | 101 |                                   | BYDGOSZCZ          | POL | K30-39 | 00:21:22 | 00:03:01 | 00:37:06 | 00:00:53 | 00:24:17 |
| 21  | KOCZOROWSKA KAMILA         | 180 | KAMKOC                            | BYDGOSZCZ          | POL | K30-39 | 00:20:57 | 00:03:53 | 00:49:41 | 00:01:05 | 00:37:08 |
| 22  | BETKA MARTA                | 176 |                                   | DOBRCZ             | POL | K30-39 | 00:21:49 | 00:04:49 | 00:51:12 | 00:01:12 | 00:33:26 |
| 23  | SZATKOWSKA KAROLINA        | 109 |                                   | BYDGOSZCZ          | POL | K30-39 | 00:26:15 | 00:03:11 | 00:43:19 | 00:00:36 | 00:25:46 |
| 24  | NOSKOWIAK-BAJNO ALICJA     | 165 |                                   | BORÓWNO            | POL | K30-39 | 00:28:06 | 00:05:17 | 00:51:00 | 00:01:28 | 00:41:15 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M30-39**

| POS | Name and surname     | No. | Club                        | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|----------------------|-----|-----------------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                      |     |                             |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | ŁAWICKI MARCIN       | 24  | MKS POLKOWICE               | LUBIN     | POL | M30-39 | 00:09:43 | 00:01:57 | 00:27:36 | 00:00:46 | 00:17:42 |
| 2   | KOWALSKI TOMEK       | 208 | TRINERGY                    | WARSZAWA  | POL | M30-39 | 00:10:28 | 00:02:02 | 00:29:21 | 00:00:52 | 00:20:59 |
| 3   | KUBIŃSKI JAKUB       | 225 | ENEA BYDGOSZCZ TRIATHLON    | BYDGOSZCZ | POL | M30-39 | 00:10:53 | 00:01:55 | 00:28:53 | 00:00:43 | 00:20:05 |
| 4   | PIERNICKI KRZYSZTOF  | 184 | ENDURE TEAM                 | KARCZEMKI | POL | M30-39 | 00:11:07 | 00:01:58 | 00:29:31 | 00:00:40 | 00:20:37 |
| 5   | RÓŻALSKI PIOTR       | 55  | ETT - ELBLĄG TRIATHLON TEAM | ELBLĄG    | POL | M30-39 | 00:11:09 | 00:02:02 | 00:29:52 | 00:00:51 | 00:19:29 |
| 6   | BEDNARCZYK TOMASZ    | 54  |                             | LĘBORK    | POL | M30-39 | 00:11:27 | 00:02:15 | 00:30:59 | 00:00:46 | 00:19:14 |
| 7   | KAWCZYŃSKI PAWEŁ     | 46  | TRIDEA TEAM                 | GDYNIA    | POL | M30-39 | 00:11:29 | 00:02:51 | 00:33:02 | 00:01:21 | 00:24:48 |
| 8   | PUZIAK MARCIN        | 19  |                             | POZNAŃ    | POL | M30-39 | 00:12:51 | 00:02:41 | 00:34:37 | 00:01:03 | 00:23:38 |
| 9   | POLASIK MICHAŁ       | 129 | RUN4FUN                     | BYDGOSZCZ | POL | M30-39 | 00:12:26 | 00:03:07 | 00:32:49 | 00:00:54 | 00:22:14 |
| 10  | NOWICKI BARTOSZ      | 71  | AQUA+                       | BYDGOSZCZ | POL | M30-39 | 00:12:58 | 00:02:43 | 00:33:02 | 00:00:58 | 00:24:01 |
| 11  | MULLERT KAROL        | 201 | TRISPACE                    | BYDGOSZCZ | POL | M30-39 | 00:13:37 | 00:02:18 | 00:32:07 | 00:00:46 | 00:22:38 |
| 12  | HIPNAROWICZ GRZEGORZ | 89  | SPORTTREND                  | BYDGOSZCZ | POL | M30-39 | 00:13:38 | 00:02:33 | 00:33:47 | 00:01:16 | 00:24:13 |
| 13  | MICHAŁSKI MICHAŁ     | 202 |                             | BYDGOSZCZ | POL | M30-39 | 00:13:31 | 00:02:45 | 00:32:41 | 00:01:06 | 00:23:56 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M30-39 c.d.**

| POS | Name and surname      | No. | Club                         | City               | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|------------------------------|--------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                              |                    |     |        | 0.75km   |          | 20km     |          | 5km      |
| 14  | LEWANDOWSKI TOMASZ    | 17  | RCI BYDGOSZCZ                | BYDGOSZCZ          | POL | M30-39 | 00:13:42 | 00:02:45 | 00:32:31 | 00:00:53 | 00:20:56 |
| 15  | TADZIK WOJCIECH       | 38  | TECHNIKA ZWYCIĘSTWA          | BYDGOSZCZ          | POL | M30-39 | 00:13:55 | 00:02:57 | 00:34:39 | 00:00:49 | 00:21:36 |
| 16  | ZIELIŃSKI MACIEJ      | 5   |                              | BYDGOSZCZ          | POL | M30-39 | 00:14:39 | 00:02:25 | 00:30:26 | 00:00:51 | 00:25:13 |
| 17  | WAWRZYŃIAK MICHAŁ     | 94  | SAN ESCOBAR TRIATHLON TEAM   | SOLEC KUJAWSKI     | POL | M30-39 | 00:13:17 | 00:03:51 | 00:33:48 | 00:01:16 | 00:24:11 |
| 18  | KRZEMINSKI LUKASZ     | 155 |                              | BYDGOSZCZ          | POL | M30-39 | 00:13:32 | 00:03:38 | 00:33:31 | 00:01:46 | 00:25:26 |
| 19  | GRZYBOWSKI MACIEJ     | 92  |                              | BYDGOSZCZ          | POL | M30-39 | 00:13:58 | 00:03:15 | 00:34:39 | 00:00:56 | 00:22:17 |
| 20  | ŚLIWIŃSKI ŁUKASZ      | 136 | BOGMAR OSTROMECKO            | OSTROMECKO         | POL | M30-39 | 00:14:00 | 00:03:16 | 00:33:18 | 00:01:26 | 00:20:15 |
| 21  | JARZEMBOWICZ MACIEJ   | 177 | TRINERGY                     | PIASECZNO          | POL | M30-39 | 00:14:03 | 00:03:14 | 00:31:26 | 00:00:47 | 00:20:08 |
| 22  | BOCIAN ŁUKASZ         | 134 | BYDGOSZCZ TRIATHLON TEAM     | GDAŃSK             | POL | M30-39 | 00:13:24 | 00:03:54 | 00:34:05 | 00:01:24 | 00:25:06 |
| 23  | ZIELIŃSKI MICHAŁ      | 29  | HOLMES PLACE                 | WARSZAWA           | POL | M30-39 | 00:14:52 | 00:02:51 | 00:33:39 | 00:01:05 | 00:23:06 |
| 24  | DADO EMIL             | 25  | CUKIERNIA STAROPOLSKA        | BYDGOSZCZ          | PHI | M30-39 | 00:14:50 | 00:03:04 | 00:31:23 | 00:01:17 | 00:23:36 |
| 25  | WAŁĘŻA HUBERT         | 11  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:14:38 | 00:03:20 | 00:35:44 | 00:01:06 | 00:23:08 |
| 26  | BINKOWSKI ADRIAN      | 153 | CB163/PROFESSIONALHR         | GZIN               | POL | M30-39 | 00:15:30 | 00:02:43 | 00:32:15 | 00:01:22 | 00:22:03 |
| 27  | NAWROCKI MARCIN       | 67  | DELIKATESY RYBNE FISHKA.PL   | BYDGOSZCZ          | POL | M30-39 | 00:15:15 | 00:03:17 | 00:34:06 | 00:01:05 | 00:24:16 |
| 28  | SPRYSZYŃSKI MICHAŁ    | 114 | TRIRODZINKA                  | BYDGOSZCZ          | POL | M30-39 | 00:15:17 | 00:03:18 | 00:34:04 | 00:00:56 | 00:20:49 |
| 29  | ZDOBYŁAK KRZYSZTOF    | 66  | ORKAMASTERS IŁAWA            | LUBAWA             | POL | M30-39 | 00:15:45 | 00:03:21 | 00:36:02 | 00:01:03 | 00:23:54 |
| 30  | FABROWSKI DAWID       | 35  | PRACOWNIAFIZJOTERAPII        | BYDGOSZCZ          | POL | M30-39 | 00:15:19 | 00:03:55 | 00:36:05 | 00:01:18 | 00:26:36 |
| 31  | ŚWINIARSKI PIOTR      | 163 | CIEPŁE BAMBOSZE              | BYDGOSZCZ          | POL | M30-39 | 00:15:20 | 00:03:58 | 00:36:59 | 00:02:07 | 00:28:54 |
| 32  | BURSZTYŃSKI TOMASZ    | 30  | BORÓWNO                      | BYDGOSZCZ          | POL | M30-39 | 00:17:22 | 00:02:29 | 00:37:31 | 00:00:35 | 00:28:58 |
| 33  | NOWAK KRZYSZTOF       | 75  | TRIBA BOSIR BARCIN           | BARCIN             | POL | M30-39 | 00:15:10 | 00:04:42 | 00:37:07 | 00:01:41 | 00:26:41 |
| 34  | BAŁA ARTUR            | 16  |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:44 | 00:03:18 | 00:33:42 | 00:01:21 | 00:24:43 |
| 35  | STRYCYŃSKI MAREK      | 51  | TRISPACE                     | BYDGOSZCZ          | POL | M30-39 | 00:16:29 | 00:03:34 | 00:39:32 | 00:01:52 | 00:32:19 |
| 36  | MAZURKIEWICZ MICHAŁ   | 73  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:13 | 00:02:58 | 00:35:17 | 00:01:00 | 00:25:59 |
| 37  | BARANOWICZ BARTOSZ    | 172 | GLOBART MEBLE                | BYDGOSZCZ          | POL | M30-39 | 00:15:47 | 00:04:46 | 00:37:49 | 00:01:24 | 00:28:19 |
| 38  | SOBCZYŃSKI MICHAŁ     | 185 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:50 | 00:03:53 | 00:36:01 | 00:01:18 | 00:25:35 |
| 39  | RAK MARKUS            | 135 | BYDGOSZCZ TRIATHLON TEAM     | CIELE              | POL | M30-39 | 00:15:53 | 00:04:58 | 00:36:38 | 00:01:33 | 00:27:33 |
| 40  | SZATKOWSKI MARCIN     | 2   |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:02:55 | 00:36:42 | 00:00:53 | 00:23:47 |
| 41  | PUDŁO MARCIN          | 28  |                              | GDAŃSK             | POL | M30-39 | 00:17:04 | 00:03:51 | 00:35:07 | 00:01:41 | 00:24:50 |
| 42  | DOŁHUN ADAM           | 58  | RUN PASJA BYDGOSZCZ          | BYDGOSZCZ          | POL | M30-39 | 00:17:55 | 00:03:05 | 00:34:41 | 00:01:14 | 00:26:48 |
| 43  | BETLEJEWSKI SEBASTIAN | 149 | CINKA TEAM                   | BYDGOSZCZ          | POL | M30-39 | 00:17:40 | 00:03:21 | 00:36:52 | 00:00:40 | 00:31:54 |
| 44  | KOPERA TOMI           | 82  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:06 | 00:03:59 | 00:37:24 | 00:00:43 | 00:29:22 |
| 45  | TACIAK DAWID          | 113 | ATOS                         | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:08 | 00:33:14 | 00:01:02 | 00:20:29 |
| 46  | JARZEMSKI MARCIN      | 158 | BYDGOSZCZ TRIATHLON TEAM     | BYDGOSZCZ          | POL | M30-39 | 00:18:00 | 00:03:09 | 00:34:38 | 00:01:15 | 00:28:06 |
| 47  | NOWAKOWSKI KRZYSZTOF  | 105 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:22 | 00:04:51 | 00:34:33 | 00:01:25 | 00:24:03 |
| 48  | DULEBA DARIUSZ        | 196 | NOKIA BYDGOSZCZ              | BYDGOSZCZ          | POL | M30-39 | 00:17:45 | 00:03:29 | 00:32:16 | 00:01:07 | 00:22:54 |
| 49  | OŻÓG JAKUB            | 139 |                              | BYDGOSZCZ          | POL | M30-39 | 00:16:51 | 00:04:26 | 00:37:10 | 00:01:35 | 00:26:13 |
| 50  | MICHALCZUK KRZYSZTOF  | 43  |                              | WARSZAWA           | POL | M30-39 | 00:16:43 | 00:04:41 | 00:36:40 | 00:02:03 | 00:26:10 |
| 51  | PAWĘTA MARCIN         | 45  |                              | BYDGOSZCZ          | POL | M30-39 | 00:17:30 | 00:03:55 | 00:33:06 | 00:00:40 | 00:21:21 |
| 52  | SZUKAJ KAROL          | 15  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:50 | 00:03:37 | 00:37:32 | 00:00:51 | 00:25:53 |
| 53  | DĘBIEC ANDRZEJ        | 123 |                              | NIEMCZ             | POL | M30-39 | 00:18:01 | 00:03:28 | 00:35:58 | 00:01:09 | 00:27:24 |
| 54  | GILL DANIEL           | 122 | BOGMAR                       | BYDGOSZCZ          | POL | M30-39 | 00:17:58 | 00:03:38 | 00:37:52 | 00:01:01 | 00:24:49 |
| 55  | KOSIŃSKI ROBERT       | 141 | NOKIA BYDGOSZCZ              | PAKOŚĆ             | POL | M30-39 | 00:17:59 | 00:03:42 | 00:36:07 | 00:01:28 | 00:31:46 |
| 56  | DAMSKI BARTEK         | 22  |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:03:46 | 00:38:04 | 00:01:39 | 00:25:51 |
| 57  | BIEDZIAK PIOTR        | 98  | KANAŁOWA TEAM                | BYDGOSZCZ          | POL | M30-39 | 00:17:26 | 00:04:34 | 00:36:24 | 00:01:42 | 00:25:33 |
| 58  | KUTKA SZYMON          | 132 | RUN4FUN                      | BYDGOSZCZ          | POL | M30-39 | 00:17:54 | 00:04:09 | 00:34:41 | 00:01:27 | 00:26:01 |
| 59  | NOWICKI SŁAWOMIR      | 145 |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:07 | 00:03:58 | 00:37:35 | 00:01:15 | 00:26:07 |
| 60  | GOŁATA WOJCIECH       | 102 | WILCZA WATAHA                | DĄBROWA CHEŁMIŃSKA | POL | M30-39 | 00:17:56 | 00:04:14 | 00:35:20 | 00:00:55 | 00:21:55 |
| 61  | ŚCIBAK WOJCIECH       | 119 | JFTC SU                      | BYDGOSZCZ          | POL | M30-39 | 00:18:02 | 00:04:27 | 00:42:23 | 00:00:56 | 00:23:10 |
| 62  | MICHAŁAK ROBERT       | 147 | GORDON RUN                   | BYDGOSZCZ          | POL | M30-39 | 00:18:03 | 00:04:28 | 00:36:03 | 00:01:56 | 00:26:47 |
| 63  | OSAK PAWEŁ            | 1   |                              | BYDGOSZCZ          | POL | M30-39 | 00:18:35 | 00:04:07 | 00:37:43 | 00:01:29 | 00:29:01 |
| 64  | TOMASZEK SEBASTIAN    | 85  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ          | POL | M30-39 | 00:18:11 | 00:04:39 | 00:36:30 | 00:01:48 | 00:27:44 |
| 65  | URBAN RAFAŁ           | 217 |                              | BUCZEK             | POL | M30-39 | 00:19:23 | 00:03:29 | 00:36:31 | 00:01:10 | 00:24:12 |
| 66  | POLIWOŹIŃSKI MICHAŁ   | 97  | KS WISIELKA BYDGOSZCZ-FORDON | BYDGOSZCZ          | POL | M30-39 | 00:18:17 | 00:04:46 | 00:39:11 | 00:00:48 | 00:25:15 |
| 67  | CZAPIEWSKI KRZYSZTOF  | 193 |                              | WARSZAWA           | POL | M30-39 | 00:17:57 | 00:05:16 | 00:37:10 | 00:01:24 | 00:23:59 |
| 68  | SZYCHOWSKI JAROSŁAW   | 3   | TKKF KOLEJARZ BYDGOSZCZ      | SICIENKO           | POL | M30-39 | 00:19:35 | 00:03:51 | 00:32:04 | 00:01:23 | 00:20:15 |
| 69  | CICHY ADAM            | 131 | RUN4FUN                      | BYDGOSZCZ          | POL | M30-39 | 00:20:03 | 00:03:26 | 00:34:43 | 00:00:47 | 00:26:07 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M30-39 c.d.**

| POS | Name and surname   | No. | Club                         | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|--------------------|-----|------------------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                    |     |                              |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 70  | DOMEK ALEKSANDER   | 183 | BYDGOSZCZ                    | BYDGOSZCZ | POL | M30-39 | 00:19:09 | 00:04:33 | 00:41:07 | 00:02:14 | 00:25:30 |
| 71  | SKRZYNIARZ HUBERT  | 133 | INDYVIUAL TEAM               | ŁOCHOWO   | POL | M30-39 | 00:18:58 | 00:04:47 | 00:37:12 | 00:01:49 | 00:29:34 |
| 72  | HACHAJ DAWID       | 154 | HACHAJ TEAM                  | LISEWO    | POL | M30-39 | 00:20:46 | 00:06:39 | 00:39:51 | 00:00:56 | 00:31:51 |
| 73  | BILSKI MARCIN      | 95  | BYDGOSZCZ                    | BYDGOSZCZ | POL | M30-39 | 00:24:08 | 00:03:35 | 00:37:06 | 00:01:27 | 00:25:58 |
| 74  | SOBCZAK KRZYSZTOF  | 88  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M30-39 | 00:27:35 | 00:07:13 | 00:44:58 | 00:02:15 | 00:26:55 |
|     | GOŁĘBIEWSKI MARCIN | 188 | #BIEGAMIZBIERAM              | WARSZAWA  | POL | M30-39 | DNF      | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, K40-49**

| POS | Name and surname        | No. | Club                       | City      | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-------------------------|-----|----------------------------|-----------|-----|--------|----------|----------|----------|----------|----------|
|     |                         |     |                            |           |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | NAGÓRSKA ELA            | 200 | TRISPACE                   | BYDGOSZCZ | POL | K40-49 | 00:14:55 | 00:02:53 | 00:33:38 | 00:01:01 | 00:23:15 |
| 2   | RÓŻAŁSKA ALEKSANDRA     | 156 | ETT ELBLĄG TRIATHLON TEAM  | ELBLĄG    | POL | K40-49 | 00:15:44 | 00:03:09 | 00:37:57 | 00:01:15 | 00:24:44 |
| 3   | KOPIŃSKA-KRÓL MAGDALENA | 80  | TRISPACE                   | BYDGOSZCZ | POL | K40-49 | 00:15:55 | 00:02:59 | 00:36:31 | 00:01:25 | 00:27:10 |
| 4   | SANKOWSKA EWELINA       | 83  | GDYNIA                     | GDYNIA    | POL | K40-49 | 00:15:23 | 00:03:41 | 00:41:16 | 00:00:55 | 00:26:05 |
| 5   | RASZLIŃSKA MARIOLA      | 125 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:16:30 | 00:03:15 | 00:36:50 | 00:01:04 | 00:24:44 |
| 6   | STĘPSKA MAŁGOSIA        | 12  | K.T.O. Z KRAKOWA           | KRAKÓW    | POL | K40-49 | 00:17:37 | 00:03:30 | 00:34:27 | 00:01:16 | 00:25:51 |
| 7   | OSTOLSKA SYLWIA         | 64  | SZCZECIN                   | SZCZECIN  | POL | K40-49 | 00:17:07 | 00:04:12 | 00:37:55 | 00:00:42 | 00:28:43 |
| 8   | RÓŻAŃSKA JOWANKA        | 116 | BYDGOSZCZ TRIATHLON TEAM   | BYDGOSZCZ | POL | K40-49 | 00:18:32 | 00:03:23 | 00:38:02 | 00:01:37 | 00:36:13 |
| 9   | KRUSZYŃSKA ANNA         | 7   | ORKAMASTERS ŁAWA           | LUBAWA    | POL | K40-49 | 00:18:18 | 00:03:50 | 00:40:40 | 00:01:43 | 00:32:43 |
| 10  | WĘGRZYŃSKA MONIKA       | 103 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:18:54 | 00:03:27 | 00:36:02 | 00:01:35 | 00:29:46 |
| 11  | JĘDRYCZKA AGNIESZKA     | 170 | OSIELSKO                   | OSIELSKO  | POL | K40-49 | 00:19:44 | 00:03:07 | 00:39:26 | 00:01:54 | 00:31:00 |
| 12  | SUCHODOLSKA AGNIESZKA   | 157 | ŻOŁĘDOWO                   | ŻOŁĘDOWO  | POL | K40-49 | 00:19:54 | 00:03:30 | 00:44:04 | 00:00:58 | 00:30:30 |
| 13  | KAMIŃSKA AGNIESZKA      | 93  | SAN ESCOBAR TRIATHLON TEAM | BYDGOSZCZ | POL | K40-49 | 00:18:47 | 00:04:48 | 00:37:30 | 00:01:29 | 00:27:54 |
| 14  | MAJEWSKA KAROLINA       | 198 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:20:13 | 00:04:11 | 00:41:44 | 00:02:23 | 00:31:50 |
| 15  | KACZMAREK AGNIESZKA     | 173 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:19:50 | 00:04:42 | 00:41:52 | 00:01:20 | 00:35:51 |
| 16  | HAC MONIKA              | 128 | ŁÓDŹ                       | ŁÓDŹ      | POL | K40-49 | 00:20:38 | 00:04:26 | 00:44:49 | 00:01:35 | 00:29:59 |
| 17  | APPELT AGNIESZKA        | 110 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:22:03 | 00:03:14 | 00:45:53 | 00:01:13 | 00:34:08 |
| 18  | STRUGAŁA LIDIA          | 121 | BYDGOSZCZ                  | BYDGOSZCZ | POL | K40-49 | 00:22:20 | 00:05:43 | 00:44:42 | 00:00:51 | 00:30:13 |
| 19  | BŁASZKIEWICZ MARZENA    | 162 | BORÓWNO                    | BORÓWNO   | POL | K40-49 | 00:26:05 | 00:07:20 | 00:51:04 | 00:01:22 | 00:41:15 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M40-49**

| POS | Name and surname     | No. | Club                                 | City           | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|----------------------|-----|--------------------------------------|----------------|-----|--------|----------|----------|----------|----------|----------|
|     |                      |     |                                      |                |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | TOPCZEWSKI GRACJAN   | 18  | TRISPACE / BYDGOSZCZ TRIATHLON TEAM  | BYDGOSZCZ      | POL | M40-49 | 00:12:01 | 00:02:22 | 00:30:03 | 00:00:53 | 00:20:12 |
| 2   | LESISZ MACIEJ        | 230 | TRIADA NAMYSŁÓW                      | NAMYSŁÓW       |     | M40-49 | 00:11:46 | 00:02:46 | 00:30:30 | 00:00:49 | 00:22:10 |
| 3   | BARTKOWIAK DAWID     | 216 | BIURO RACHUNKOWE 'TRADEMARK DB' PIŁA | PIŁA           | POL | M40-49 | 00:12:56 | 00:02:14 | 00:30:49 | 00:00:48 | 00:21:08 |
| 4   | PIEKARSKI MAREK      | 20  | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M40-49 | 00:13:34 | 00:02:09 | 00:31:12 | 00:00:47 | 00:20:47 |
| 5   | KĄŁEK ARTUR          | 77  | KLINIKA TRIATHLONU BYDGOSZCZ         | BYDGOSZCZ      | POL | M40-49 | 00:13:43 | 00:03:03 | 00:31:59 | 00:01:00 | 00:22:23 |
| 6   | BYRTEK GRZEGORZ      | 104 | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M40-49 | 00:13:24 | 00:03:45 | 00:37:08 | 00:00:47 | 00:29:41 |
| 7   | BARCZEWSKI KRZYSZTOF | 41  | BYDGOSZCZ TRIATHLON TEAM             | NIEMCZ         | POL | M40-49 | 00:15:14 | 00:02:40 | 00:33:34 | 00:01:06 | 00:24:26 |
| 8   | OLENDER PAWEŁ        | 33  | CAR4PARTS MRAĞOWO                    | WARSZAWA       | POL | M40-49 | 00:15:11 | 00:02:45 | 00:35:06 | 00:00:55 | 00:21:54 |
| 9   | ZADROŻNY KUBA        | 189 | WARSZAWA                             | WARSZAWA       | POL | M40-49 | 00:14:04 | 00:03:58 | 00:54:04 | 00:00:43 | 00:25:53 |
| 10  | DADEJ RAFAŁ          | 59  | GDYNIA                               | GDYNIA         | POL | M40-49 | 00:15:41 | 00:02:37 | 00:32:57 | 00:01:05 | 00:21:50 |
| 11  | PIEKARSKI WOJTEK     | 21  | TMS BEHAPIEK                         | BYDGOSZCZ      | POL | M40-49 | 00:15:15 | 00:03:37 | 00:34:16 | 00:01:33 | 00:24:09 |
| 12  | TOMASZEWSKI MARCIN   | 124 | MAO BRAKOWAO                         | BYDGOSZCZ      | POL | M40-49 | 00:15:57 | 00:02:57 | 00:34:12 | 00:01:40 | 00:25:04 |
| 13  | KUBIAK SŁAWOMIR      | 50  | BYDGOSZCZ                            | BYDGOSZCZ      | POL | M40-49 | 00:15:46 | 00:03:10 | 00:33:48 | 00:01:03 | 00:21:49 |
| 14  | ŚWIĘCICKI WOJCIECH   | 32  | DELIKATESY RYBNE FISHKA.PL           | BYDGOSZCZ      | POL | M40-49 | 00:16:02 | 00:02:59 | 00:31:28 | 00:01:00 | 00:20:55 |
| 15  | FIEGEL WOJCIECH      | 221 | BYLE PRZED TEAM                      | BYDGOSZCZ      | POL | M40-49 | 00:15:54 | 00:03:12 | 00:33:18 | 00:01:09 | 00:25:54 |
| 16  | GRACZYKOWSKI ANDRZEJ | 99  | NADTO SIĘ JADŁO                      | BYDGOSZCZ      | POL | M40-49 | 00:15:53 | 00:03:15 | 00:35:40 | 00:01:52 | 00:29:55 |
| 17  | SMEJA MARCIN         | 56  | MAKSYMILIANOWO                       | MAKSYMILIANOWO | POL | M40-49 | 00:16:01 | 00:03:37 | 00:34:16 | 00:02:04 | 00:27:16 |



**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M40-49 c.d.**

| POS | Name and surname      | No. | Club                         | City             | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|-----------------------|-----|------------------------------|------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                       |     |                              |                  |     |        | 0.75km   |          | 20km     |          | 5km      |
| 18  | KOWALSKI MAREK        | 194 |                              | NIEMCZ           | POL | M40-49 | 00:15:07 | 00:04:33 | 00:38:00 | 00:01:06 | 00:23:42 |
| 19  | GRZENIA JACEK         | 209 | MJG INVESTMENT               | NIEMCZ           | POL | M40-49 | 00:14:37 | 00:05:18 | 00:32:41 | 00:02:11 | 00:26:49 |
| 20  | JENERALSKI MACIEJ     | 72  | VSTEAM                       | KRUSZY KRAJEŃSKI | POL | M40-49 | 00:17:18 | 00:02:51 | 00:34:58 | 00:00:52 | 00:24:15 |
| 21  | LESZCZYŃSKI MARIUSZ   | 69  |                              | INOWROCŁAW       | POL | M40-49 | 00:16:15 | 00:03:59 | 00:33:42 | 00:01:06 | 00:28:11 |
| 22  | NAGOW MICHAŁ          | 190 |                              | BYDGOSZCZ        | POL | M40-49 | 00:17:13 | 00:03:02 | 00:35:44 | 00:01:35 | 00:23:39 |
| 23  | BUDZIK IRENEUSZ       | 223 | BOZITA POLSKA                | BYDGOSZCZ POLAND | POL | M40-49 | 00:17:16 | 00:03:06 | 00:33:01 | 00:01:06 | 00:23:13 |
| 24  | CHILEWSKI ARKADIUSZ   | 192 | CB163                        | STRZELCE GÓRNE   | POL | M40-49 | 00:15:42 | 00:04:42 | 00:34:30 | 00:01:27 | 00:23:53 |
| 25  | WIŚNIEWSKI ARNOLD     | 219 |                              | BRAK             | POL | M40-49 | 00:16:58 | 00:03:29 | 00:33:31 | 00:00:50 | 00:22:53 |
| 26  | KOWANDA SŁAWOMIR      | 8   | ORKAMASTERS IŁAWA            | LUBAWA           | POL | M40-49 | 00:16:38 | 00:04:14 | 00:38:45 | 00:01:38 | 00:35:10 |
| 27  | GNIŁKA ANDRZEJ        | 117 | BRAK                         | BYDGOSZCZ        | POL | M40-49 | 00:17:44 | 00:03:19 | 00:39:13 | 00:00:50 | 00:29:22 |
| 28  | FRYZEWSKI MICHAŁ      | 171 | POWERHOUSE BYDGOSZCZ         | BYDGOSZCZ        | POL | M40-49 | 00:16:00 | 00:05:04 | 00:40:25 | 00:01:37 | 00:31:19 |
| 29  | GRUBICH ARKADIUSZ     | 142 | BRACIA DALTON                | NIEMCZ           | POL | M40-49 | 00:17:46 | 00:03:19 | 00:35:43 | 00:01:17 | 00:24:06 |
| 30  | WOZNIAK TOMASZ        | 210 | TRIDEA                       | GDANSK           | POL | M40-49 | 00:17:31 | 00:03:50 | 00:35:23 | 00:02:10 | 00:20:47 |
| 31  | BYRZYKOWSKI WOJCIECH  | 44  |                              | BYDGOSZCZ        | POL | M40-49 | 00:18:41 | 00:03:49 | 00:37:03 | 00:00:54 | 00:27:44 |
| 32  | TURNO SZYMON          | 151 | TURBO TEAM                   | UNISŁAW          | POL | M40-49 | 00:18:49 | 00:04:03 | 00:36:53 | 00:00:55 | 00:27:50 |
| 33  | POPEK MACIEJ          | 144 | ANETA TEAM                   | WŁOCŁAWEK        | POL | M40-49 | 00:19:24 | 00:03:30 | 00:37:58 | 00:00:51 | 00:24:39 |
| 34  | SIUDA MAREK           | 39  |                              | BYDGOSZCZ        | POL | M40-49 | 00:18:02 | 00:05:00 | 00:34:07 | 00:01:32 | 00:26:24 |
| 35  | STACHOWIAK SEBASTIAN  | 74  | -                            | SWARZEDZ         | POL | M40-49 | 00:18:53 | 00:04:13 | 00:34:22 | 00:01:42 | 00:30:57 |
| 36  | KRUSZKA ŁUKASZ        | 70  |                              | BYDGOSZCZ        | POL | M40-49 | 00:18:35 | 00:04:33 | 00:37:21 | 00:01:25 | 00:22:38 |
| 37  | PINCZEWSKI ROBERT     | 96  | WARZELNIA LEJMIZA            | SOLEC KUJAWSKI   | POL | M40-49 | 00:19:00 | 00:04:10 | 00:36:40 | 00:01:47 | 00:33:15 |
| 38  | ZATORSKI ROBERT       | 197 | SWIM2TRI                     | WARSZAWA         | POL | M40-49 | 00:18:30 | 00:04:42 | 00:34:15 | 00:01:33 | 00:25:15 |
| 39  | BUŁKA RAFAŁ           | 195 |                              | NIEMCZ           | POL | M40-49 | 00:18:42 | 00:04:56 | 00:37:01 | 00:01:58 | 00:32:08 |
| 40  | BUGALSKI WOJCIECH     | 68  |                              | BYDGOSZCZ        | POL | M40-49 | 00:20:23 | 00:03:22 | 00:39:12 | 00:01:00 | 00:26:06 |
| 41  | ŁUKASIEWICZ KRZYSZTOF | 140 |                              | BYDGOSZCZ        | POL | M40-49 | 00:18:03 | 00:05:52 | 00:43:07 | 00:01:15 | 00:30:33 |
| 42  | KLISZEWSKI DAMIAN     | 220 | NOKIA                        | BYDGOSZCZ        | POL | M40-49 | 00:18:53 | 00:05:17 | 00:35:15 | 00:01:56 | 00:23:51 |
| 43  | SKIERA KRZYSZTOF      | 87  | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ        | POL | M40-49 | 00:20:35 | 00:03:39 | 00:35:19 | 00:01:30 | 00:25:16 |
| 44  | KANOWNIK MICHAŁ       | 31  |                              | WARSZAWA         | POL | M40-49 | 00:19:54 | 00:05:06 | 00:41:01 | 00:02:08 | 00:27:06 |
| 45  | MARCINKIEWICZ PIOTR   | 112 |                              | BYDGOSZCZ        | POL | M40-49 | 00:19:20 | 00:05:49 | 00:41:40 | 00:01:29 | 00:28:01 |
| 46  | KAPELA JACEK          | 108 | KS WISŁKA BYDGOSZCZ-FORDON   | BYDGOSZCZ        | POL | M40-49 | 00:20:58 | 00:04:17 | 00:39:49 | 00:00:42 | 00:28:57 |
| 47  | PACZKOWSKI MIROSŁAW   | 9   | CB 163                       | BYDGOSZCZ        | POL | M40-49 | 00:19:34 | 00:05:47 | 00:38:19 | 00:01:53 | 00:24:55 |
| 48  | TOMASZEWSKI MARCIN    | 187 |                              | ŁOCHOWICE        | POL | M40-49 | 00:21:35 | 00:03:50 | 00:39:39 | 00:01:05 | 00:22:55 |
| 49  | LEWANDOWSKI JANUSZ    | 207 |                              | TARNOWSKIE GÓRY  | POL | M40-49 | 00:21:50 | 00:04:22 | 00:38:35 | 00:01:59 | 00:25:27 |
| 50  | HOFFMANN MICHAŁ       | 111 |                              | TORUŃ            | POL | M40-49 | 00:21:43 | 00:05:06 | 00:48:59 | 00:01:06 | 00:34:24 |
| 51  | BINKOWSKI CZAREK      | 199 | BOGMAR OSTROMECKO            | OSTROM           | POL | M40-49 | 00:21:33 | 00:05:50 | 00:38:48 | 00:02:48 | 00:26:50 |
| 52  | JĄGODZIŃSKI LESZEK    | 191 |                              | BYDGOSZCZ        | POL | M40-49 | 00:26:58 | 00:04:08 | 00:41:37 | 00:01:46 | 00:29:23 |
| 53  | KLUZ SŁAWOMIR         | 166 |                              | BYDGOSZCZ        | POL | M40-49 | 00:26:26 | 00:06:59 | 00:40:55 | 00:01:56 | 00:29:42 |
|     | WALESIAK MIKOŁAJ      | 214 | KTS IRONMAN                  | SUSZ             | POL | M40-49 | DNF      | 00:00:00 | 00:00:00 | 01:46:09 | 00:00:00 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, K50-59**

| POS | Name and surname     | No. | Club      | City                | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|----------------------|-----|-----------|---------------------|-----|--------|----------|----------|----------|----------|----------|
|     |                      |     |           |                     |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | JURECKA EWA          | 152 |           | JABŁONOWO POMORSKIE | POL | K50-59 | 00:19:09 | 00:03:52 | 00:40:47 | 00:01:56 | 00:30:48 |
| 2   | CHMIEL DOROTA        | 34  | PIT DELTA | DZIERŻAZNA          | POL | K50-59 | 00:19:02 | 00:05:05 | 00:45:44 | 00:01:10 | 00:40:06 |
| 3   | KUBALEWSKA GRAZYNA   | 182 |           | BYDGOSZCZ           | POL | K50-59 | 00:21:47 | 00:04:21 | 00:48:49 | 00:01:26 | 00:36:06 |
| 4   | SZABO-MOSKAL JADWIGA | 167 |           | BORÓWNO             | POL | K50-59 | 00:21:47 | 00:04:27 | 00:48:03 | 00:00:55 | 00:32:17 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M50-59**

| POS | Name and surname | No. | Club         | City   | NAT | Cat.   | Swimming | T1       | Cycling  | T2       | Race     |
|-----|------------------|-----|--------------|--------|-----|--------|----------|----------|----------|----------|----------|
|     |                  |     |              |        |     |        | 0.75km   |          | 20km     |          | 5km      |
| 1   | KUBIAK TOMASZ    | 212 | DOBRCZ BLEGA | DOBRCZ | POL | M50-59 | 00:16:27 | 00:03:34 | 00:36:56 | 00:01:15 | 00:33:24 |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M50-59 c.d.**

| POS | Name and surname   | No. | Club                       | City      | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km |
|-----|--------------------|-----|----------------------------|-----------|-----|--------|--------------------|----------|-----------------|----------|-------------|
| 2   | KUŻMA WOJCIECH     | 84  |                            | BYDGOSZCZ | POL | M50-59 | 00:16:40           | 00:04:02 | 00:35:10        | 00:01:02 | 00:25:11    |
| 3   | GRUBA JACEK        | 10  |                            | BRZOZA    | POL | M50-59 | 00:17:04           | 00:04:19 | 00:35:20        | 00:01:34 | 00:26:52    |
|     | CHMIELEWSKI TOMASZ | 60  | AGAMED BYDGOSZCZ TRIATHLON | BYDGOSZCZ | POL | M50-59 | 00:14:46 DNF       | 00:02:08 | 00:33:53        | 00:01:36 | 00:00:00    |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, K60-69**

| POS | Name and surname        | No. | Club                        | City        | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km |
|-----|-------------------------|-----|-----------------------------|-------------|-----|--------|--------------------|----------|-----------------|----------|-------------|
| 1   | BRAC-WALCZYK MAŁGORZATA | 36  | AKADEMIA BIEGANIA GRUDZIĄDZ | DOLNA GRUPA | POL | K60-69 | 00:22:48           | 00:04:36 | 00:46:04        | 00:01:14 | 00:34:58    |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M60-69**

| POS | Name and surname | No. | Club | City   | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km |
|-----|------------------|-----|------|--------|-----|--------|--------------------|----------|-----------------|----------|-------------|
| 1   | ŁOŚ DARIUSZ      | 228 |      | ZAMOŚĆ | POL | M60-69 | 00:16:46           | 00:02:37 | 00:38:36        | 00:01:20 | 00:26:38    |

**OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT, M70-79**

| POS | Name and surname | No. | Club     | City      | NAT | Cat.   | Swimming<br>0.75km | T1       | Cycling<br>20km | T2       | Race<br>5km |
|-----|------------------|-----|----------|-----------|-----|--------|--------------------|----------|-----------------|----------|-------------|
| 1   | RAUT WIESŁAW     | 168 | TRISPACE | BYDGOSZCZ | POL | M70-79 | 00:15:57           | 00:04:44 | 00:38:12        | 00:01:45 | 00:26:45    |