

## CROSS NA WRZOSACH - OKONEK - 10 KM

Organiser: Nadleśnictwo Okonek  
Date: 2018-08-25  
Place: Okonek  
Distance: 10.6 km  
Klasyfikacja wg czasów netto.



## CROSS NA WRZOSACH - OKONEK - 10 KM, OPEN

| POS | Name and surname          | No. | Club                       | City              | NAT | Cat.   | M. | F/M  | 5.3km    | Netto       | min/km | km/h |
|-----|---------------------------|-----|----------------------------|-------------------|-----|--------|----|------|----------|-------------|--------|------|
| 1   | WIRKUS ŁUKASZ             | 54  | LKBIMBRACI PETK            | SZCZECINEK        | POL | M30-39 | 1  | M 1  | 00:19:06 | 00:38:17.85 | 3:36   | 16.6 |
| 2   | CZECHOWICZ MIŁOSZ         | 6   | TRENUJ Z NAJLEPSZYMI       | PIŁA              | POL | M18-29 | 1  | M 2  | 00:19:20 | 00:39:37.34 | 3:44   | 16.1 |
| 3   | CERK ŁUKASZ               | 5   |                            | SZCZECINEK        | POL | M18-29 | 2  | M 3  | 00:19:57 | 00:40:00.28 | 3:46   | 15.9 |
| 4   | PERLIK TOMASZ             | 33  |                            | MIASTKO           | POL | M18-29 | 3  | M 4  | 00:19:47 | 00:41:01.24 | 3:52   | 15.5 |
| 5   | WIRKUS ANTONINA           | 55  | MKL SZCZECINEK             | SZCZECINEK        | POL | K30-39 | 1  | K 1  | 00:20:48 | 00:41:58.42 | 3:57   | 15.1 |
| 6   | GÓRA SYLWESTER            | 10  | #ZABIEGANINOCA             | OKONEK            | POL | M40-49 | 1  | M 5  | 00:21:57 | 00:43:57.16 | 4:08   | 14.5 |
| 7   | CENTKA MICHAŁ             | 4   | MAM TĘ MOC                 | ZŁOTÓW            | POL | M40-49 | 2  | M 6  | 00:21:42 | 00:44:04.64 | 4:09   | 14.4 |
| 8   | PIECHOTA MARIUSZ          | 34  | WATAHA WAŁCZ               | WAŁCZ             | POL | M50-59 | 1  | M 7  | 00:21:56 | 00:44:14.03 | 4:10   | 14.4 |
| 9   | ŚWIERAD PRZEMYSŁAW        | 45  | 100 BATALION ŁĄCZNOŚĆ      | WAŁCZ             | POL | M30-39 | 2  | M 8  | 00:22:10 | 00:44:26.50 | 4:11   | 14.3 |
| 10  | WERNER KAMILA             | 49  |                            | SZCZECINEK        | POL | K30-39 | 2  | K 2  | 00:21:57 | 00:44:41.35 | 4:12   | 14.2 |
| 11  | MICHAŁOWSKI DARIUSZ       | 30  |                            | CZARNE            | POL | M40-49 | 3  | M 9  | 00:22:58 | 00:46:45.24 | 4:24   | 13.6 |
| 12  | OSTROWSKI MARIAN          | 199 | SENIOR 54                  | ZŁOCENIEC         | POL | M60-69 | 1  | M 10 | 00:23:16 | 00:47:04.12 | 4:26   | 13.5 |
| 13  | TRZEPACZ GABRIELA         | 46  | 100 BATALION ŁĄCZNOŚCI     | MILEJÓW           | POL | K18-29 | 1  | K 3  | 00:23:46 | 00:48:34.47 | 4:35   | 13.1 |
| 14  | KOPCZAK GRZEGORZ          | 21  |                            | ZALESIE           | POL | M30-39 | 3  | M 11 | 00:24:07 | 00:48:54.83 | 4:36   | 13   |
| 15  | RUDNIK JERZY              | 53  | FLORIAN CHOJNICE           | CHOJNICE          | POL | M60-69 | 2  | M 12 | 00:24:18 | 00:49:33.88 | 4:40   | 12.8 |
| 16  | JAROSZ ROMAN              | 19  |                            | WAŁCZ             | POL | M50-59 | 2  | M 13 | 00:24:43 | 00:50:01.45 | 4:43   | 12.7 |
| 17  | ZADROŻNY SZYMON           | 52  | WATAHA WAŁCZ               | WAŁCZ             | POL | M40-49 | 4  | M 14 | 00:24:43 | 00:50:14.17 | 4:44   | 12.7 |
| 18  | JABŁOŃSKI ANDRZEJ         | 17  |                            | CZARNE            | POL | M40-49 | 5  | M 15 | 00:24:31 | 00:50:27.48 | 4:45   | 12.6 |
| 19  | SAWICKI LESZEK            | 40  | UZALEŻNIA MNIE TYLKO SPORT | KRAJENKA          | POL | M30-39 | 4  | M 16 | 00:24:38 | 00:50:28.23 | 4:45   | 12.6 |
| 20  | FIŁONOWICZ MONIKA         | 9   |                            | SZCZECINEK        | POL | K40-49 | 1  | K 4  | 00:24:26 | 00:50:33.68 | 4:46   | 12.6 |
| 21  | PRZYBYSZ ŁUKASZ           | 35  | #ZABIEGANINOCA             | OKONEK            | POL | M18-29 | 4  | M 17 | 00:24:45 | 00:51:01.30 | 4:48   | 12.5 |
| 22  | ŁAWNICZAK JUSTYNA         | 26  |                            | ZAKRZEWO          | POL | K30-39 | 3  | K 5  | 00:25:01 | 00:51:09.61 | 4:49   | 12.4 |
| 23  | ROKOSZ ŁUKASZ             | 37  |                            | SŁAWOBORZE        | POL | M30-39 | 5  | M 18 | 00:25:29 | 00:51:25.82 | 4:51   | 12.4 |
| 24  | RZADKIEWICZ ŁUKASZ        | 39  | OSP LOTYŃ                  | LOTYŃ             | POL | M18-29 | 5  | M 19 | 00:25:15 | 00:51:32.47 | 4:51   | 12.3 |
| 25  | GRABOWSKA MARTA           | 12  |                            | ZŁOTÓW            | POL | K18-29 | 2  | K 6  | 00:25:12 | 00:51:40.22 | 4:52   | 12.3 |
| 26  | ZDANOWSKI MARIAN          | 63  |                            | POZNAŃ            | POL | M60-69 | 3  | M 20 | 00:25:44 | 00:51:56.13 | 4:53   | 12.2 |
| 27  | HAŁKA OLA                 | 16  |                            | KOSZALIN          | POL | K18-29 | 3  | K 7  | 00:26:25 | 00:52:45.15 | 4:58   | 12.1 |
| 28  | SOKOŁOWSKI WOJCIECH       | 43  | CZARNE PANTERY             | PIŁA              | POL | M40-49 | 6  | M 21 | 00:26:23 | 00:53:26.97 | 5:02   | 11.9 |
| 29  | GUTOWSKA DOROTA           | 15  |                            | SZCZECINEK        | POL | K30-39 | 4  | K 8  | 00:26:28 | 00:53:51.24 | 5:04   | 11.8 |
| 30  | KRZEWIŃSKA MAŁGORZATA     | 24  | TKKF KOSZALIN              | KOSZALIN          | POL | K50-59 | 1  | K 9  | 00:26:22 | 00:54:05.08 | 5:06   | 11.8 |
| 31  | JAROSZ DARIUSZ            | 18  | TKKF KOSZALIN              | SUCHA KOSZALIŃSKA | POL | M40-49 | 7  | M 22 | 00:26:21 | 00:54:05.35 | 5:06   | 11.8 |
| 32  | KOWALCZYK MARIUSZ         | 23  |                            | KOSZALIN          | POL | M40-49 | 8  | M 23 | 00:26:11 | 00:54:27.30 | 5:08   | 11.7 |
| 33  | GRABOWSKI MAREK           | 13  |                            | ZŁOTÓW            | POL | M50-59 | 3  | M 24 | 00:26:47 | 00:54:53.43 | 5:10   | 11.6 |
| 34  | ŁEPEK KAMIL               | 27  | KAMARO TEAM                | DEBRZNO           | POL | M30-39 | 6  | M 25 | 00:27:56 | 00:55:59.10 | 5:16   | 11.4 |
| 35  | SŁAPCZYŃSKA MARTA         | 42  |                            | KALISZ POMORSKI   | POL | K18-29 | 4  | K 10 | 00:27:39 | 00:56:07.66 | 5:17   | 11.3 |
| 36  | KOPKIEWICZ KONRAD         | 22  | OSP LOTYŃ                  | LOTYŃ             | POL | M30-39 | 7  | M 26 | 00:26:59 | 00:56:57.43 | 5:22   | 11.2 |
| 37  | RUTKOWSKA ANNA            | 38  | WATAHA WAŁCZ               | WAŁCZ             | POL | K40-49 | 2  | K 11 | 00:27:21 | 00:56:58.96 | 5:22   | 11.2 |
| 38  | WAJDA WALDEMAR            | 48  | BORNE BIEGA                | BORNE SULINOWO    | POL | M40-49 | 9  | M 27 | 00:27:00 | 00:57:06.29 | 5:23   | 11.1 |
| 39  | SKOCZYŁAS BOŻENA          | 41  | BIEGAM BO LUBIĘ            | OKONEK            | POL | K40-49 | 3  | K 12 | 00:27:31 | 00:57:24.26 | 5:24   | 11.1 |
| 40  | GRZYSTEK MARCIN           | 14  |                            | SZCZECINEK        | POL | M30-39 | 8  | M 28 | 00:27:38 | 00:58:26.18 | 5:30   | 10.9 |
| 41  | BORKOWSKA-KOWALCZYK DARIA | 3   |                            | KOSZALIN          | POL | K30-39 | 5  | K 13 | 00:28:54 | 00:59:21.83 | 5:36   | 10.7 |
| 42  | KURŁOWICZ KRZYSZTOF       | 154 |                            | KOSZALIN          | POL | M40-49 | 10 | M 29 | 00:29:47 | 01:00:25.14 | 5:41   | 10.5 |
| 43  | TUBICZ BEATA              | 47  |                            | PIŁA              | POL | K40-49 | 4  | K 14 | 00:29:21 | 01:00:51.50 | 5:44   | 10.5 |
| 44  | GRABOWSKA ELŻBIETA        | 11  |                            | ZŁOTÓW            | POL | K50-59 | 2  | K 15 | 00:29:36 | 01:00:57.53 | 5:45   | 10.4 |
| 45  | DUDKIEWICZ LESZEK         | 8   | TKKF KOSZALIN              | KOSZALIN          | POL | M60-69 | 4  | M 30 | 00:30:01 | 01:01:12.66 | 5:46   | 10.4 |

**CROSS NA WRZOSACH - OKONEK - 10 KM, OPEN c.d.**

| POS | Name and surname    | No. | Club                   | City           | NAT | Cat.   | M.<br>cat. | F/M  | 5.3km    | Netto       | min/km | km/h |
|-----|---------------------|-----|------------------------|----------------|-----|--------|------------|------|----------|-------------|--------|------|
| 46  | NAWROCKA ANNA       | 31  | NIETOPERZE KOSZALIN    | KOSZALIN       | POL | K18-29 | 5          | K 16 | 00:31:08 | 01:02:59.35 | 5:56   | 10.1 |
| 47  | WIELGUS JACEK       | 50  |                        | ZŁOTÓW         | POL | M40-49 | 11         | M 31 | 00:31:22 | 01:03:06.78 | 5:57   | 10.1 |
| 48  | BILL ŁUKASZ         | 2   |                        | BORNE SULINOWO | POL | M30-39 | 9          | M 32 | 00:30:18 | 01:03:11.54 | 5:57   | 10.1 |
| 49  | DEPTUŁA-BILL BOŻENA | 7   |                        | BORNE SULINOWO | POL | K30-39 | 6          | K 17 | 00:30:23 | 01:03:11.81 | 5:57   | 10.1 |
| 50  | KUBIAK DANUTA       | 25  | WK PTTK HUSARIA CZARNE | CZARNE         | POL | K60-69 | 1          | K 18 | 00:32:12 | 01:05:45.80 | 6:12   | 9.7  |
| 51  | REBIŚ MONIKA        | 36  | M&M                    | ZŁOTÓW         | POL | K18-29 | 6          | K 19 | 00:32:00 | 01:05:59.55 | 6:13   | 9.6  |
| 52  | TOPIŃSKI ALEKSY     | 28  |                        | OKONEK         | POL | M70+   | 1          | M 33 | 00:32:59 | 01:07:58.40 | 6:24   | 9.4  |
| 53  | PACHUC KAMILA       | 32  | RAGE RUN               | LIPKA          | POL | K18-29 | 7          | K 20 | 00:33:27 | 01:08:25.63 | 6:27   | 9.3  |
| 54  | MAŁYSZEWICZ TERESA  | 29  | KS BIAŁY BÓR           | BIAŁY BÓR      | POL | K50-59 | 3          | K 21 | 00:34:24 | 01:10:08.18 | 6:36   | 9.1  |